

29 **Abstract**

30 *Pseudomonas aeruginosa* is a cause of chronic respiratory tract infections in people with
31 cystic fibrosis (CF), non-CF bronchiectasis and chronic obstructive pulmonary disease.
32 Prolonged infection allows accumulation of mutations and horizontal gene transfer,
33 increasing the likelihood of adaptive phenotypic traits. Adaptation is proposed to arise first in
34 bacterial populations colonising upper airway environments. Here, we model this process
35 using an experimental evolution approach. *P. aeruginosa* PAO1, which is not airway
36 adapted, was serially passaged, separately, in media chemically reflective of upper or lower
37 airway environments. To explore whether the CF environment selects for unique traits, we
38 separately passaged PAO1 in airway-mimicking media with or without CF-specific factors.
39 Our findings demonstrated that all airway environments – sinus and lungs, under CF and
40 non-CF conditions – selected for loss of twitching motility, increased resistance to multiple
41 antibiotic classes and a hyper-biofilm phenotype. These traits conferred increased airway
42 colonisation potential in an *in vivo* model. CF-like conditions exerted stronger selective
43 pressures, leading to emergence of more pronounced phenotypes. Loss of twitching was
44 associated with mutations in type IV pili genes. Type IV pili mediate surface attachment,
45 twitching and induction of cAMP signalling. We additionally identified multiple evolutionary
46 routes to increased biofilm formation involving regulation of cyclic-di-GMP signalling. These
47 included loss of function mutations in *bifA* and *dipA* phosphodiesterase genes and activating
48 mutations in the *siaA* phosphatase. These data highlight that airway environments select for
49 traits associated with sessile lifestyles and suggest upper airway niches support emergence
50 of phenotypes that promote establishment of lung infection.

51 **Keywords**

52 *Pseudomonas aeruginosa*; respiratory tract infection; within-host evolution; cyclic-di-GMP;
53 cystic fibrosis
54

55 Introduction

56 Chronic respiratory tract infection with *Pseudomonas aeruginosa* is associated with a
57 process of within-host adaptation that leads to the emergence of one or more of a
58 characteristic set of bacterial phenotypes, including slow growth, increased biofilm formation
59 and reduced motility (1, 2). These traits contribute to the enhanced antimicrobial resistance
60 that is a feature of chronic *P. aeruginosa* infection (3). Our understanding of *P. aeruginosa*
61 adaptation and evolution within the airways comes from longitudinal sampling of sputum in
62 chronically infected individuals, especially those with cystic fibrosis (CF) (2, 4, 5). Less is
63 known about adaptation in the context of other respiratory conditions, such as chronic
64 obstructive pulmonary disease (COPD) or non-CF bronchiectasis (NCFB), despite the
65 prevalence of *P. aeruginosa* infections in these patient groups (6, 7). Biofilm-promoting
66 mutations have been identified in isolates from non-CF bronchiectasis (1, 8) and
67 pathoadaptive mutations commonly associated with CF isolates have also been described in
68 those from COPD (9).

69
70 Transmissible lineages of host-adapted *P. aeruginosa* circulate amongst those with impaired
71 airway defences, but environmental isolates are also capable of establishing respiratory tract
72 infection and the phylogeny of *P. aeruginosa* causing infection in people with CF largely
73 overlays that of the species more broadly (10). Data from both clinical and experimental
74 studies suggest that, following initial colonisation of the respiratory tract by an environmental
75 *P. aeruginosa* isolate, a period of rapid adaptation to host conditions takes place within upper
76 airway niches, principally the paranasal sinuses, before the onset of chronic lung infection
77 (11-14). Upper respiratory tract environments act as a protective niche, with little immune
78 surveillance and a nutrient landscape supporting a quiescent lifestyle (14). Paired upper and
79 lower airway isolates from individual patients are often genetically indistinguishable (15, 16),
80 but little is known about the drivers of the adaptive evolutionary processes taking place in the
81 sinuses, prior to establishment of lung infection.

82

111 culture, a sweep of colonies was resuspended in 5-10 ml Luria-Bertani (Miller) (LB) broth
112 before incubation at 37°C, shaking at 180 rpm in a Stuart SI500 (Stuart Equipment, USA)
113 incubator.

114

115 **Airway-mimicking media**

116 Sinus media (SM), lung media (LM), CF sinus media (CFSM) and CF lung media (CFLM)
117 were prepared as previously described (17). CF media differ from SM and LM due to higher
118 concentrations of mucin, DNA, free amino acids and host-derived antimicrobials. Glucose is
119 added to reflect effects of CF-associated diabetes and bile salts are introduced to capture
120 effects of gastro-oesophageal reflux disease (GERD), a common CF co-morbidity. Sinus
121 media has lower protein and polyamine concentrations than lung media. Non-CF airway
122 media (SM, LM) are Newtonian fluids, whilst CF media (CFSM, CFLM) are more viscous
123 (17). All media support growth of planktonic bacteria, as well as suspended aggregates and
124 biofilms attached to the vessel wall. Sinus media are cultured at 34°C, 0% CO₂, lung media
125 cultures were incubated at 37°C, 5% CO₂. Gentle shaking (150 rpm) was employed during
126 culture. Freshly prepared media were divided into 50 ml single use aliquots and stored at -
127 80°C until use.

128

129 **Experimental evolution of PAO1 in airway-mimicking media**

130 PAO1 was streaked onto TSA and incubated at 37°C for 18 h. To obtain five independent
131 founder populations for experimental evolution, five individual colonies were selected, and
132 each inoculated in 10 ml LB and cultured for 18 h at 37°C. Cultures were adjusted to OD₆₀₀
133 0.05 +/- 0.01 and 200 µl of each of the five independent cultures was added to four universal
134 glass tubes containing 10 ml of SM, LM, CFSM and CFLM, respectively. This resulted in 20
135 independently evolving populations (5 per media). After 48 h under niche-appropriate
136 conditions, cultures were disrupted by addition of 10 ml Sputasol (Thermo Fisher) and
137 thoroughly homogenised to ensure mixing of planktonic populations and those in pellicle
138 biofilms or attached to the wall of culture vessels. Subculture into fresh media was then

139 performed by transferring 100 μ l (1%) into 10 ml airway-mimicking media. Each population
140 was passaged 20 times, giving a total evolution time of 40 days. Every fifth passage,
141 cultures were plated on Tryptone Congo red/Coomassie blue Agar (TCCA), prepared by
142 mixing 20 mg/L Coomassie blue (Sigma-Aldrich), 40 mg/L Congo red (Sigma-Aldrich), 10 g/L
143 Tryptone (Sigma-Aldrich) and 12 g/L Bacto agar (Fisher-Scientific) in distilled water and
144 autoclaving at 121°C for 15 mins. Plates were incubated at 37°C for 24 h and for a further 48
145 h at room temperature to allow the colonies to uptake the dyes. Bacterial cultures from every
146 fifth passage were stored on cryovial beads (Pro-Lab) for further use. Cultures were
147 confirmed free of contamination at each transfer by plating onto agar.

148

149 **Growth curves**

150 Evolved populations (passage 20) and ancestors were cultured overnight in 5 ml LB and
151 adjusted to OD600 0.05 +/- 0.01 in LB. 200 μ l/well cultures were incubated in U-bottomed
152 96-well plates (Greiner) for 24 h. OD600 was measured at 10 min intervals using a Fluostar
153 Omega microplate reader (BMG Labtech), with 15 seconds shaking prior to each
154 measurement. LB-only controls were included in all assay runs, to confirm sterility of culture
155 media. Growth curves were analysed using the GrowthcurveR package in R studio (20).
156 AUC_I, generation time and carrying capacity were calculated using 24 h growth curve data.

157

158

159 **DNA sequencing and variant calling**

160 Populations of the five PAO1 ancestor colonies and passage 1, 5, 10, 15, and 20
161 populations from each condition were grown overnight in 5 ml LB and DNA extracted using
162 the Wizard Genomic DNA Purification Kit (Promega), according to manufacturer's
163 instructions. DNA sample concentration and purity were determined by Nanodrop and Qubit
164 (Life Technologies). Samples at 30 ng/ μ l in nuclease-free water were submitted to
165 MicrobesNG (Birmingham, UK) for library preparation and short-read sequencing with 30x

166 coverage, using the NovaSeq 6000 platform (Illumina) with 2 x 250 base pair kits. Reads
167 were mapped against a PAO1 reference genome (GCF_000006765.1) and variants were
168 called using Breseq (21), in population mode, using default parameters. Variants identified in
169 the five ancestor PAO1 populations were excluded from subsequent analysis.

170

171 **Competition assays**

172 Overnight cultures of a gentamicin-resistant PAO1, labelled using a mini-Tn7 transposon
173 (22), the ancestor PAO1 populations and endpoint (passage 20) experimentally evolved
174 populations were diluted to OD600 of 0.05 +/- 0.01. The five independent populations from
175 each condition were pooled together (e.g. Ancestor populations 1-5 were pooled, SM
176 populations 1-5 were pooled), yielding 5 pooled cultures (ancestor PAO1, SM-evolved, LM-
177 evolved, CFSM-evolved, CFLM-evolved). 50 µl of each pooled culture and 50 µl of the
178 gentamicin-resistant PAO1 culture were then mixed and diluted 1:100 in the appropriate
179 media. Competitions were; gentamicin-resistant PAO1 vs PAO1 ancestors in LB,
180 gentamicin-resistant PAO1 vs SM-evolved populations in SM, gentamicin-resistant PAO1 vs
181 LM-evolved populations in LM, gentamicin-resistant PAO1 vs CFSM-evolved populations in
182 CFSM, gentamicin-resistant PAO1 vs CFLM-evolved populations in CFLM. Input populations
183 (time zero) and 24 h cultures under niche-specific conditions were serially diluted onto
184 nonselective (LA) and selective (LA + 10 µg/ml gentamicin) agar. Individual (non-competing)
185 cultures of each strain or population were included in each experiment to confirm appropriate
186 fitness of starting cultures. Plates were incubated at 37°C overnight and colony forming units
187 determined. The number of colonies on the gentamicin-containing plates were subtracted
188 from the colony count from the no antibiotic plates to estimate the colony number of each
189 strain. Total population density change per population per media was estimated as the
190 Malthusian growth parameter (m): $\ln(\text{final density}/\text{start density})$. The result of the gentamicin-
191 resistant PAO1 vs PAO1 ancestor competition was used to quantify the fitness defect
192 associated with carrying the gentamicin resistance cassette. This was measured as a fitness
193 coefficient (w) for the gentamicin-resistant PAO1 of 0.61. The results of competition assays

194 between evolved populations and the gentamicin-resistant PAO1 were therefore adjusted by
195 a factor of 0.61. Fitness coefficients (w) were determined for pooled populations from each
196 of the four media vs the ancestor in that same media. Individual competitions vs gentamicin-
197 resistant PAO1 were additionally undertaken for each independently evolved population,
198 both in the media within which they were evolved and in nutrient broth (LB). Data were
199 processed as described for the pooled population competitions.

200

201 **Mouse inhalation infection model**

202 Female BALB/c mice (7-8 weeks old) were purchased from Charles River UK. Animals were
203 anaesthetized with O₂/isoflurane and infected intranasally with a fresh, mid-log phase dose
204 of 2×10^6 colony forming units in 50 μ l PBS of PAO1 ancestor population 4 or its endpoint
205 populations evolved under each of the four media conditions. Mice did not develop visible
206 disease signs and were culled at predetermined times post infection (days 1, 3 and 5), by
207 cervical dislocation. Lungs and upper respiratory tract tissue (nasopharynx and sinuses)
208 were removed, processed with a hand-held tissue homogeniser and serially diluted onto
209 Pseudomonas selective agar for determination of infection burden.

210

211 **Twitching motility assay**

212 Colonies were stabbed to the bottom of an LB agar plate, using a pipette tip, and incubated
213 for 24 h. A sterile pipette tip was stabbed to the bottom of a separate plate, as a negative
214 control. Agar was removed with forceps and 10 ml 0.25% (w/v) crystal violet (CV) (Sigma-
215 Aldrich) added to plates for 30 mins, staining the area of bacterial growth. CV was removed,
216 and plates rinsed with water. The diameter of bacterial growth was measured at the widest
217 point. Diameters <5 mm were considered twitching impaired.

218

219 **Surface-attached biofilm assay**

220 Overnight liquid cultures were diluted 1:100 in airway-mimicking media and 180 μ l was
221 added to U-bottomed polystyrene 96-well microtiter plate (Greiner). To minimise edge-

222 effects, perimeter wells were filled with sterile PBS. Airway-mimicking media alone was used
223 as a negative control. Following 3 days static growth under niche-specific conditions,
224 supernatant (containing non-adhered cells) was removed and plates were rinsed with PBS.
225 200 μ l of CV (0.5%) was added to each well and incubated for 20 mins before washing
226 under running water. CV was solubilised in 200 μ l 100% ethanol (Sigma-Aldrich) and
227 incubated for 30 mins. Absorbance was measured at OD₆₀₀ using a BMG plate reader.
228 Comparable biofilm phenotypes for our in-house PAO1 and the PAO1 from the transposon
229 library were confirmed, prior to use of transposon mutants (Supplementary Figure 1).

230

231 **Pellicle biofilm assay**

232 Overnight LB liquid cultures at OD₆₀₀ 0.05 +/- 0.01 were diluted in airway-mimicking media
233 (1:100) to a volume of 10 ml in glass universal tubes. Airway-mimicking media alone was
234 used as a negative control. Cultures were incubated under niche-specific conditions for 3
235 days, shaking at 75 rpm, after which biofilms were disrupted using 250 μ l of 100 mg/ml
236 cellulase (diluted in 0.05 M citrate buffer [9.6 g/l Citrate.H₂O (VWR)] in water, pH adjusted to
237 4.6 with NaOH) and incubated under oxic conditions, 37°C, shaking at 150 rpm, for 1 h.
238 Manual pipetting ensured complete disruption of biofilms before transfer to 96-well plates.
239 Metabolic activity was measured by addition of 10 μ l of 0.02 % (v/v) resazurin (Sigma-
240 Aldrich) in distilled water and incubation for 2 h at niche-specific temperatures, shaking at
241 150 rpm. Fluorescence was measured at excitation wavelength 540 nm and emission
242 wavelength 590 nm in a Fluostar Omega microplate reader. Comparable biofilm phenotypes
243 for our in-house PAO1 and the PAO1 from the transposon library were confirmed, prior to
244 use of transposon mutants (Supplementary Figure 1).

245

246 **Gene expression analysis**

247 Bacteria were grown until early stationary phase in LB (12 h) or CFLM (18 h). TRI reagent
248 (ZYMO Research) was added and incubated for 5–10 min at room temperature. Bacteria
249 were pelleted by centrifugation and RNA isolated using the Direct Zol RNA Microprep kit

250 (ZYMO Research), according to the manufacturer's instructions with DNase1 digestion. RNA
251 was quantified at OD₂₆₀ using the NanoDrop8000 UV-vis Spectrophotometer (Thermo
252 Scientific). Purity was determined by 260/280 nm ratio (target 1.8-2.0). First-strand cDNA
253 synthesis was performed using iScript cDNA synthesis kit (BIO-RAD: 1708891). 2.5 ng RNA
254 was incubated in a thermocycler (Applied Biosystem) for 5 min at 25°C, 30 min at 42°C and
255 then 5 min at 85°C. A no reverse transcriptase control was included for assessment of DNA
256 contamination. cDNA was stored at -20°C until further use.

257

258 qRT-PCR was performed in duplicate using the GoTaq[®] qPCR Master Mix (Promega), as
259 per manufacturer's instructions. Reactions contained 2 µl cDNA and 0.2 µM forward and
260 reverse primers (Eurofins). Primer sequences: *siaA_F*_CTCCCACCACTACTACTTCAAC,
261 *siaA_R*_TGTTGCGCAGGGTATTGA, *rpoD_F*:GGGCGAAGAAAGGAAATGGT,
262 *rpoD_R*_CAGGTGGCGTAGGTGCAGA. Template-free and DNA polymerase-free controls
263 were included in each assay run. PCRs were performed on the BioRad CFX Connect Real
264 Time PCR System (BIORAD) using MicroAmp[™] Optical 96-Well Reaction Plates (Applied
265 Biosystems) under the following conditions; 2 min at 95°C followed by 40 cycles of 15 sec at
266 95°C and 1 min at 60°C. Analysis of relative gene expression of evolved populations vs
267 ancestor in airway-mimicking media or LB was performed using the 2^{-ΔΔCt} relative
268 quantification method.

269

270 **Antibiotic disc diffusion assay**

271 18h bacterial cultures in LB were adjusted to OD₆₀₀ 0.5. Muller Hinton agar (MHA) (Sigma-
272 Aldrich) plates were inoculated with by swabbing in three directions with a cotton swab.
273 Antibiotic discs were applied within 15 mins of inoculation and incubated at 37°C for 18 h.
274 Inhibition zone was determined by measuring the halo diameter around the disc.

275

276 **Statistics**

277 Unless otherwise stated, data were analysed by ANOVA with post-hoc analysis and
278 correction for multiple comparison testing. Ancestor populations were included in analysis
279 and used as the comparator group for post-hoc testing.

280

281 **Author Contributions**

282 D Ruhluel; formal analysis, investigation, data curation, writing – review and editing,
283 visualization, project administration. L Fisher; formal analysis. TE Barton; validation, formal
284 analysis, investigation. H Leighton; investigation. S Kumar; investigation, formal analysis. PA
285 Morillo; formal analysis, investigation. S O'Brien; conceptualization, methodology, formal
286 analysis, writing – review and editing, supervision. JL Fothergill; conceptualization,
287 methodology, formal analysis, resources, data curation, writing – review and editing,
288 supervision, project administration, funding acquisition. DR Neill; conceptualization,
289 methodology, formal analysis, investigation, resources, data curation, writing – original draft,
290 visualisation, supervision, project administration, funding acquisition.

291

292 **Results**

293 Experimental evolution of *P. aeruginosa* in airway-mimicking media

294 We developed bacterial growth media reflective of upper airway conditions (sinus media -
295 SM) and those of the lung (lung media – LM) (17). Both media can be modified by addition of
296 CF-specific factors, including bile salts and elevated concentrations of sugars and host-
297 derived antimicrobials, to give CF sinus media (CFSM) and CF lung media (CFLM). To
298 explore the process of adaptation to airway environments, we serially passaged a non-CF,
299 non-airway *P. aeruginosa* isolate (PAO1) in these four different media conditions. This was
300 performed in parallel, with five cultures prepared from five individual colonies, yielding five
301 populations each of SM-, LM-, CFSM- and CFLM-passaged PAO1. Each population was
302 cultured for a total of 40 days in airway-mimicking media, with transfer of 1% of the
303 population into fresh media, every 48 h.

304

333

334 To determine whether observed changes altered environment-specific fitness, pools of the
335 five independent populations from each condition were competed against the ancestor PAO1
336 in the media within which they had been evolved. All population pools showed increased
337 fitness ($W > 1$) within their respective media, with populations evolved in the two non-CF
338 environments showing the most pronounced fitness changes (Figure 2C) (SM $P = 0.0235$,
339 LM $P = 0.0010$, CFM $P = 0.0002$, CFLM $P = 0.1275$ vs $W = 1$ in one-tailed t test). In
340 competition experiments performed with each independent population, 13/20 showed
341 significantly enhanced fitness relative to the ancestor PAO1 in airway-mimicking media and
342 16/20 had a mean relative fitness greater than 1 (Supplementary Figure 3A). This fitness
343 advantage was either lost or severely diminished when competitions were performed in
344 nutrient broth (Supplementary Figure 3B).

345

346 We assessed the potential of evolved populations to colonise sinus and lung, in a mouse
347 model of *P. aeruginosa* infection that does not induce acute systemic disease (13). As ethical
348 considerations precluded testing all 20 populations, we assessed only those derived from
349 one of the original five PAO1 colonies. Endpoint (passage 20) populations evolved in each of
350 the four environments showed an enhanced ability to colonise both sinuses and lung (Figure
351 2D and E). In sinuses, all populations demonstrated enhanced colonisation density at day 5
352 post infection (Figure 2D) (two-way ANOVA, $P = 0.0190$, $F = 3.1$, $DF = 4, 105$), whilst in
353 lungs, the rate of bacterial clearance was more rapid for the ancestor as compared to the
354 evolved populations (Figure 2E) (two-way ANOVA, $P = 0.0016$, $F = 4.7$, $DF = 4, 105$). In line
355 with previous observations using airway-adapted *P. aeruginosa* in this murine infection
356 model, infection was largely cleared from the lungs by day 5 post-infection, but persisted in
357 nasopharynx (13).

358

359 Routes to adaptation in airway-adapted PAO1

360 A striking feature of the variants identified by population sequencing analysis of airway-
361 adapted PAO1 was the prevalence of mutations in genes encoding type IV pili (T4P)
362 components (Table 1). These included genes involved in pilus assembly (*pilB*, *pilN*),
363 retraction (*pilT*) and secretin channel formation (*pilQ*), as well as the minor pilin *pilE*.
364 However, few of the identified mutations were fixed in individual populations and the
365 changes included non-sense mutations, non-synonymous single nucleotide polymorphisms
366 (SNPs), deletions and changes in intergenic regions. To determine the collective impact of
367 these changes, we quantified twitching motility – a T4P-dependent phenotype – in airway-
368 adapted populations (Figure 3A). Significant twitching impairment was apparent across all
369 populations, but was most pronounced in those evolved in the CF-like environments (one-
370 way ANOVA, $P < 0.0001$, $F = 132.3$, $DF = 4, 20$).

371
372 Many airway-adapted populations acquired mutations in genes involved in cyclic-di-GMP
373 signalling (Table 1). Deletions in the cyclic-di-GMP phosphodiesterase-encoding gene *dipA*
374 were identified in two CFSM-adapted populations and one CFLM-adapted population, with
375 two other CFSM-adapted populations carrying *dipA* SNPs (non-sense and non-synonymous)
376 (Table 1). Deletions, non-sense mutations and non-synonymous SNPs were also identified in
377 a second phosphodiesterase gene, *bifA*, in three SM-adapted and four LM-adapted
378 populations. Finally, two CFLM-adapted populations acquired SNPs in the -10 site of the
379 promoter of *siaA*, which encodes a phosphatase that regulates cyclic-di-GMP signalling via
380 phosphorylation of the SiaC component of the SiaC-SiaD diguanylate cyclase complex (24).

381
382 Cyclic-di-GMP regulates important cellular processes, including surface colonisation and
383 biofilm formation (25). We quantified the ability of airway-adapted populations to form both
384 surface attached biofilms (Figure 3B) and free-floating aggregates (Figure 3C). These
385 assays were performed in the media within which each population had been evolved. Those
386 passaged in CF-like media showed enhanced surface-attached biomass under those same
387 conditions (Figure 3B) (two-way ANOVA, population: $P < 0.0001$, $F = 24.8$, $DF = 1, 32$,

388 environment: $P = 0.0240$, $F = 3.6$, $DF = 3$, 32), whilst increased aggregate formation was
389 apparent only in populations evolved within non-CF lung media (LM) (Figure 3C) (two-way
390 ANOVA, population: $P = 0.0004$, $F = 15.3$, $DF = 1$, 32, environment: $P = 0.0011$, $F = 6.8$, DF
391 $= 3$, 32). At the level of the individually evolved populations, enhanced aggregate formation
392 was identified in those carrying mutations in cyclic-di-GMP regulating genes. SM-evolved
393 population 3 (33 base pair deletion in *bifA*, at 92% frequency) and LM-evolved populations 1
394 and 5 (non-sense *bifA* mutations at 69% and 100% frequency, respectively) showed
395 enhanced pellicle biofilm formation, relative to the ancestor PAO1 colonies from which they
396 were derived (Figure 4A,B). PAO1 carrying a transposon insertion in *bifA* (PAO1:PW8371,
397 PAO1:PW8372) showed a similar phenotype (Figure 4A,B). LM-evolved population 2 (4 base
398 pair deletion in *bifA*, at 90% frequency) was the only population harbouring a high frequency
399 *bifA* mutation that showed no apparent change in free-floating biofilm formation.

400

401 CF5M-evolved populations 1, 2, 3 and 5, each of which carried mutations in the *dipA*
402 phosphodiesterase, showed no evidence of increased propensity to form aggregates
403 (Supplementary Figure 4) but displayed enhanced surface-attached biofilm formation, as did
404 PAO1 with a transposon insertion in *dipA* (PAO1:PW9424, PAO1:PW9425) (Figure 4C).

405 CF5M population 1 harboured a SNP in *dipA*, at 48% frequency. CF5M population 2 had a
406 *dipA* nonsense mutation at 19% frequency, and populations 3 and 5 each contained unique
407 six base-pair deletions, present at 67% frequency. CFLM-evolved population 4 harboured a
408 *dipA* six base-pair deletion and a SNP in the predicted -10 site of the *siaA* phosphatase

409 promoter. The same *siaA* mutation was also observed in CFLM-evolved population 3. Both
410 populations showed enhanced surface-attached biofilm formation, relative to their ancestors
411 (Figure 4D). To determine whether the promoter SNP might influence this phenotype, we

412 quantified *siaA* expression in CFLM population 3. We observed environment-dependent
413 increases in *siaA* expression in the evolved population, relative to the ancestor, with little
414 difference in expression between the two populations when grown in standard laboratory
415 media (two-tailed t test with Welch's correction vs ancestor, $P = 0.7312$, $DF = 4$), but

416 significantly increased expression in the adapted PAO1 when grown in CFLM (two-tailed t
417 test with Welch's correction vs ancestor, $P = 0.0359$, $DF = 4$) (Figure 4E).

418

419 Although no antibiotics were added to cultures during the experimental evolution process,
420 previous studies suggest that certain ecological contexts select for traits conferring
421 antimicrobial resistance or susceptibility, independently of antimicrobial exposure (11, 26).
422 We quantified resistance to five antimicrobials in evolved populations, using disc diffusion
423 assays (Figure 5). We observed significant increases in resistance of the evolved
424 populations to fluoroquinolones (Figure 5A,B), carbapenems (Figure 5C,D) and a
425 cephalosporin (Figure 5E) (one way ANOVA, $DF = 4, 20$ for all, ciprofloxacin $P < 0.0001$, $F =$
426 36.7 , levofloxacin $P < 0.0001$, $F = 11.9$, meropenem $p < 0.0001$, $F = 17.4$, doripenem $P =$
427 0.0001 , $F = 10.4$, ceftazidime $P < 0.0001$, $F = 60.3$). In some cases, these changes resulted
428 in populations crossing clinical breakpoints for resistance. The populations evolved under CF
429 lung-like conditions displayed the highest level of resistance to 4 of the 5 agents tested.

430

431 Discussion

432 *P. aeruginosa* establishes chronic infections across a spectrum of respiratory disorders,
433 including CF, NCFB and COPD. Understanding of *P. aeruginosa* adaptation and evolution
434 within the CF lung has progressed significantly (2), aided by a patient community that is
435 familiar and comfortable with participation in research, but also by efforts from across the
436 research community to develop laboratory models reflective of CF airway conditions.
437 Sputum mimics, capturing the chemical and physical properties of CF sputum have been
438 extensively used in the study of CF infection (17, 27-29). Comparable models for study of
439 COPD and NCFB are scarce, and less is known about how adaptive evolutionary processes
440 play out in non-CF airway environments. Broad clinical definitions of COPD and NCFB has
441 made defining the associated respiratory environments challenging, although there has been
442 notable recent progress (30-32).

443

444 To expand the pool of available sputum mimics, we included representation of upper airway
445 environments and non-CF respiratory conditions (17). We used those media to compare *P.*
446 *aeruginosa* adaptations across different airway contexts. Our findings highlight multiple
447 evolutionary routes to emergence of generalisable airway adaptations. Biofilm formation,
448 loss of motility, wrinkly colony morphotypes and increased AMR were features of PAO1
449 evolved within each of the four respiratory environments. The wrinkly colony phenotype is a
450 common adaptation to respiratory niches, aiding in oxygen and nutrient transport across
451 biofilm surfaces (33-35). Its appearance under all four conditions reinforces the notion that
452 both upper and lower respiratory tract select for biofilm modes of growth.

453

454 Although motility, AMR and morphology phenotypes associated with *P. aeruginosa*
455 adaptation to CF airways were observed in our study, we saw little evidence of the slow
456 growth that has been described as a feature of CF isolates (36-38). Longitudinal CF isolate
457 sampling has demonstrated that there are multiple evolutionary routes to airway persistence,
458 not all of which are associated with slow growth (39). The short duration of the evolution
459 study undertaken here might have been insufficient for growth-attenuated mutants to
460 emerge. Alternatively, if altered growth phenotypes were environment-specific then they may
461 have been missed, as growth rate determination was performed in LB. However, the slow
462 growing phenotype of *P. aeruginosa* isolates from CF is observable in nutrient broth(37). The
463 minor growth phenotypes that were observed here, of increased productivity but decreased
464 carrying capacity in SM-evolved populations and decreased generation time in LM-evolved
465 populations, were not readily explainable by the presence of fixed mutations in those
466 populations. Sub-populations carrying low-frequency mutations conferring improved
467 substrate uptake and utilisation or decreased production of metabolically costly resources
468 might have outcompeted other clones within each population. Follow up studies will be
469 required to investigate this possibility.

470

471 The strength of selection differed between CF and non-CF niches. Populations evolved
472 under CF sinus or CF lung-like conditions were the least motile, formed the most robust
473 surface-attached biofilms and showed the most consistent increases in resistance to multiple
474 classes of antimicrobials. Emergence of these traits under CF conditions is in line with
475 previous observations in sputum mimics and with clinical isolates (40-43). Despite the more
476 pronounced phenotypic changes under CF conditions, the populations evolved under non-
477 CF airway conditions showed the greatest increases in environment-specific fitness during
478 competition experiments. This might reflect a limit to the achievable fitness (that is, growth
479 rate), under CF conditions, within the experimental timeframe. CF media contain high
480 concentrations of host-derived antimicrobials and other stress factors that limit growth.
481 Evolved populations from all four conditions showed evidence of increased colonisation
482 potential in a respiratory infection mouse model, albeit in a non-diseased airway context.
483 Comparison of relative fitness of populations in a CF airway infection model could provide
484 further insights into environment-specific adaptations.
485
486 Chemical second messengers play important roles in bacterial biological processes,
487 including surface attachment and virulence (44). Mutations in genes encoding products
488 involved in second messenger signalling were frequently observed in this study. Type IV pili
489 (T4P) mediate surface attachment and twitching motility and act as mechanochemical stimuli
490 for cAMP production. *P. aeruginosa* lacking the ability to retract T4P (*pilT* mutants) and those
491 unable to form functional pili (those lacking the PilB ATPase) are attenuated in cAMP
492 signalling and have a consequent defect in virulence traits, including quorum sensing and
493 type II and III secretion, that are regulated by the cAMP-responsive transcription factor Vfr
494 (45). We identified mutations in *pilB*, *pilE*, *pilN*, *pilQ* and *pilT* and found that all four
495 respiratory environments selected for loss of twitching motility. Non-motile phenotypes are
496 frequently observed in isolates from chronic respiratory infection (41). Although T4P are
497 important for initial surface attachment, bacteria that are horizontally oriented across a
498 surface are more likely to remain attached if they lack type T4P, a phenomenon ascribed to

527
528 Regulation of c-di-GMP signalling involves coordination of the activities of the diguanylate
529 cyclases, which synthesise the second messenger, and phosphodiesterases that promote its
530 degradation. Loss of BifA phosphodiesterase activity leads to a hyperbiofilm phenotype, due
531 to reduced capacity to lower intracellular c-di-GMP (57). We observed loss of function
532 mutations in *bifA* under non-CF conditions and mutations in another phosphodiesterase,
533 *dipA*, in populations evolved in CF sinus or lung media. The genetic switch controlling *P.*
534 *aeruginosa* surface colonisation is mediated by inhibition of BifA, triggered through HecE
535 activity under conditions of nutrient limitation or elevated temperature (55). Loss of BifA
536 function in airway-adapted *P. aeruginosa* might fix cells into a regulatory mode geared
537 towards surface-attachment and a sessile lifestyle. A high frequency of non-sense mutations
538 in *bifA* has been reported in *P. aeruginosa* isolated from NCFB (1).

539
540 We identified SNPs proximal to the transcriptional start site of *siaA*, encoding a phosphatase
541 that removes inhibitory phosphate groups from SiaC, promoting diguanylate cyclase c-di-
542 GMP synthesis (24). The SNPs changed the predicted *siaA* promoter -10 site from CACAAT
543 to CATAAT (CFLM population 3) or TACAAT (CFLM population 4), in both cases bringing the
544 sequence nearer to the sigma-70 promoter consensus -10 sequence (TATAAT). We
545 observed increased expression of *siaA* in CFLM population 3, suggesting the SNP might
546 facilitate more efficient RNA polymerase holoenzyme binding. The upregulation was
547 environment-specific, with a more pronounced increase under CF-like conditions than in
548 standard bacterial growth media (LB). Follow up studies will determine how environmental
549 sensing might regulate expression at this locus. We also observed multiple low-frequency
550 mutations in *wsp* genes under all airway conditions (*wspABCEF*) (Supplementary Table 1).
551 These loci have been implicated in the regulation of biofilm formation and cyclic-di-GMP
552 production (58), and mutations have been recorded in CF isolates (59).

553

554 Aside from the clear evidence of selection for mutations in second messenger signalling
555 systems, we observed some low frequency mutations in other loci that have been associated
556 with *P. aeruginosa* adaptation to infection-relevant conditions in previous experimental
557 evolution studies (52, 60). Genes associated with iron uptake were frequently mutated,
558 including pyoverdine (*pvd*) and pyochelin (*pch*) genes, and an iron transporter (*feoB*). These
559 mutations arose under all experimental conditions and were generally found at low
560 frequencies (Supplementary Table 1). Low frequency mutations in *pvd* genes, perhaps
561 indicative of social cheats, have been observed in host environments of low spatial structure,
562 with higher frequencies of mutation at these loci only sustainable in the absence of host
563 factors (52).

564

565 The emergence of hypermutator and mucoid phenotypes have been frequently associated
566 with adaptation in *P. aeruginosa*, including in a CF airway context (59, 61). We did not
567 directly assess these phenotypes, but the associated mutations were rare. We identified a
568 non-synonymous SNP in *mutS* in one CFLM-evolved lineage, and a synonymous SNP in
569 *mutL* in an SM-evolved lineage. Mismatch repair gene mutations in *mutS* and *mutL* are the
570 most common causes of hypermutability in *P. aeruginosa* isolates (62). Similarly, there was
571 little evidence of selection for mucoidy in the airway-mimicking media, with only two low
572 frequency mutations identified in *mucB*, encoding a negative regulator of the AlgU alternative
573 sigma factor that controls alginate biosynthesis (63). Mutations in *mucB*, and more
574 commonly *mucA*, that confer a mucoid phenotype are a feature of *P. aeruginosa* isolates
575 from CF (59, 64, 65).

576

577 Mutations in quorum sensing (QS) loci are common amongst airway *P. aeruginosa* isolates
578 (59, 66). The success of clones carrying such mutations derives from social exploitation of
579 QS signals, and therefore requires their coexistence with QS wild type lineages, limiting the
580 frequency of QS mutants that can be supported in a population (67). We observed no *lasR*
581 mutations under any of the airway-mimicking conditions, and found only a single mutation

610 adaptation to both upper and lower airway environments, under CF and non-CF conditions.
611 A recurring feature of the evolutionary routes to adaptation was mutations in genes
612 regulating second messenger signalling. This included both those directly promoting c-di-
613 GMP signalling (*bifA*, *dipA*, *siaA*) and those that do so through inhibition of cAMP signalling
614 (*pil* genes). Such mutations likely represent adaptations to a sessile lifestyle that might
615 promote chronicity of infection at the expense of pioneering or environmental dispersal
616 phenotypes.

617

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624 Henry Dale fellowship (204457/Z/16/Z).

625

626 **Competing Interests**

627 The authors declare no competing financial interests.

628

629 **Data Availability**

630 DNA sequence data is available at NCBI Bioproject PRJNA1049764. The remaining
631 datasets generated during and/or analysed during the current study are available from the
632 corresponding author on reasonable request.

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818 alternative sigma factor (sigma E). Proc Natl Acad Sci U S A. 1995;92(17):7941-5.

853 **Figure Legends**

854

855 **Table 1. Variants in type IV pili and cyclic-di-GMP regulation genes in PAO1 evolved**

856 **under airway-mimicking conditions.** Variants were identified with Breseq. Locus tags are

857 from PAO1 (GCF_000006765.1). Position is relative to the origin of replication. * indicates

858 introduction of a premature stop codon. Non-syn, non-synonymous. SNP, single nucleotide

859 polymorphism. bp, base pair. SM and LM are sinus media and lung media, respectively. The

860 CF prefix indicates supplementation of media with cystic-fibrosis media components.

861 Frequency represents the prevalence of the identified gene variant in the total population.

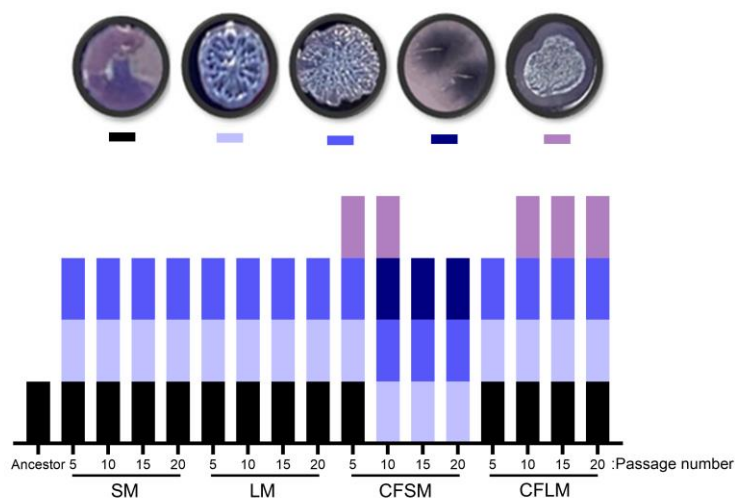
Gene	Locus	Function	Mutation	Mutation Class	Position	Population	Frequency (%)
<i>siaA</i>	PA0172	biofilm regulation protein phosphatase	G→A	Intergenic	196835	CFLM 3	78
			G→A	Intergenic	196837	CFLM 4	44
<i>bifA</i>	PA4367	cyclic di-GMP phosphodiesterase	Δ4bp	Deletion	4894798	SM 2	5
			Q306*	Nonsense SNP	4895374	SM 2	46
			Δ33bp	Deletion	4895962	SM 3	92
			W462*	Nonsense SNP	4895843	SM 5	14
			Q463*	Nonsense SNP	4895845	LM 1	69
			Δ4bp	Deletion	4894845	LM 2	90
			E551K	Non-syn SNP	4896109	LM 4	59
			Q226*	Nonsense SNP	4895254	LM 5	32
<i>dipA</i>	PA5017	cyclic di-GMP phosphodiesterase	Q302*	Nonsense SNP	4895362	LM 5	100
			I703T	Non-syn SNP	5643117	CFSM 1	48
			E310*	Nonsense SNP	5641937	CFSM 2	19
			Δ6bp	Deletion	5642857	CFSM 3	67
			Δ6bp	Deletion	5643154	CFSM 5	61
			Q413*	Nonsense SNP	5642246	CFLM 1	10
			Δ6bp	Deletion	5642857	CFLM 1	14
			Δ6bp	Deletion	5642857	CFLM 4	12
Δ18bp	Deletion	5642807	CFLM 5	17			
<i>pilB</i>	PA4526	type IV fimbrial biogenesis protein	R398H	Non-syn SNP	5070955	LM 1	39
			Q552*	Nonsense SNP	5071416	LM 1	17
			E476*	Nonsense SNP	5071188	CFSM 4	11
			D388A	Non-syn SNP	5070925	CFLM 3	73

<i>pilE</i>	PA4556	minor type IV pilin protein	T117P	Non-syn SNP	5104862	LM 1	31
<i>pilN</i>	PA5043	type IV fimbrial biogenesis protein	Δ13bp	Deletion	5679577	CFLM 1	81
			Δ13bp	Deletion	5679577	CFLM 3	21
			Δ13bp	Deletion	5679577	CFLM 5	13
<i>pilQ</i>	PA5040	type IV fimbrial biogenesis outer membrane protein	T605P	Non-syn SNP	5676046	SM 2	6
			Δ18bp	Deletion	5676088	SM 2	24
			T605P	Non-syn SNP	5676046	SM 4	100
			Δ1bp	Deletion	5676921	CFSM 1	9
			Δ1bp	Deletion	5676142	CFSM 5	100
			Δ18bp	Deletion	5676088	CFLM 2	100
			I452S	Non-syn SNP	5676504	CFLM 4	68
<i>pilT</i>	PA0395	twitching motility protein	Δ1bp	Deletion	5676142	CFLM 5	74
			Δ12bp	Deletion	437139	SM 1	8
			Δ15bp	Deletion	437539	SM 2	10
			H166N	Non-syn SNP	437065	SM 5	45
			Δ12bp	Deletion	437139	LM 4	46
			A288V	Non-syn SNP	437432	LM 4	31
			L256H	Non-syn SNP	437336	CFSM 5	13
			P197L	Non-syn SNP	437159	CFSM 3	19

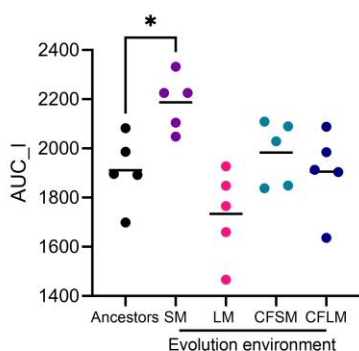
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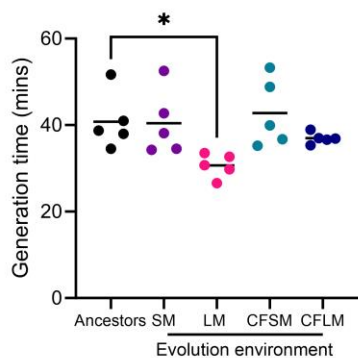
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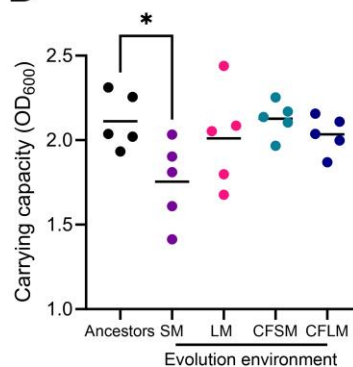
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865 **Figure 1. Experimental evolution of *P. aeruginosa* PAO1 in airway-mimicking media.**866 **(A)** Colony morphologies of PAO1 on TCCA agar. Five distinct colony morphologies were

867 observed during experimental evolution in airway-mimicking media. These are represented

868 as coloured blocks, with the ancestral PAO1 morphotype in black. Morphotypes were

869 assessed at passages 5, 10, 15, and 20, corresponding to days 10, 20, 30, and 40 of the

870 experiment. The growth dynamics of end-point (passage 20) populations, evolved under

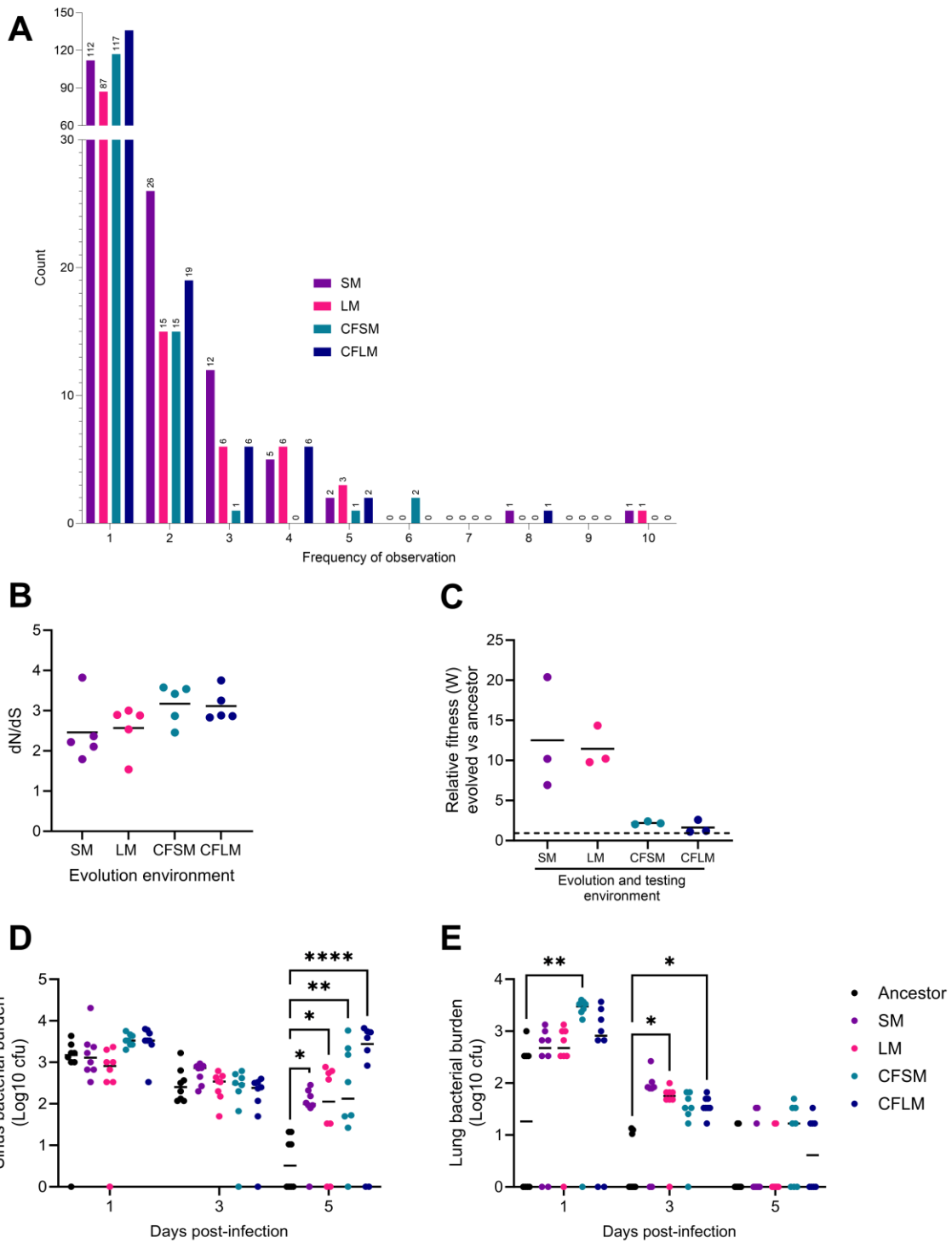
871 each condition, were determined in LB and area under the logistic curve **(B)**, generation time872 **(C)** and carrying capacity **(D)** quantified using the GrowthCurveR package in R. Each data

873 point represents an individually evolved population, with the five ancestral PAO1 colonies

874 shown in black. Statistical analysis was by one-way ANOVA with Dunnett's multiple

875 comparisons test. * = $P < 0.05$. Data in (B-D) are the per-population average of three
 876 independent experiments.

877



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879

880 **Figure 2. Evidence of niche-adaptation in experimentally evolved PAO1.** Short-read
881 Illumina sequencing of experimentally evolved populations was undertaken on populations at
882 passages 1, 5, 10, 15 and 20 (5 populations each, under 4 conditions, at 5 time points, plus
883 5 ancestor PAO1 colonies, giving 105 samples). Reads were mapped to an annotated PAO1
884 genome (GCF_000006765.1) and variants identified using Breseq. Variants present in the
885 ancestor colonies were excluded from subsequent analysis. **(A)** The number of variants
886 present at a frequency of >10% in individual populations and the number of times each
887 unique variant was observed. **(B)** Population-specific and environment-specific ratios of non-
888 synonymous to synonymous mutations (dN/dS) as an indicator of selection. Each data point
889 is an individual population. **(C)** Relative fitness of passage 20 populations vs PAO1 tagged
890 with a gentamicin resistance cassette, determined by a 24 h competition assay using the
891 media in which each set of populations had been evolved. For each environmental condition,
892 the five separately evolved populations were pooled. Relative fitness calculations were
893 performed by calculating the Malthusian parameter (growth rate; m) for each competitor as
894 $\ln(\text{final density}/\text{starting density})$ and by taking the ratio between PAO1 and evolved
895 populations ($m_{\text{PAO1}}/m_{\text{population}}$) to get a fitness coefficient (W). $W > 1$ (above dashed
896 line) represents enhanced fitness relative to the ancestor, under the conditions tested.
897 Calculations were adjusted to account for the fitness disparity between PAO1 and
898 gentamicin-resistant PAO1. Data are pooled from three independent experiments. **(D, E)**
899 Colony forming units recovered from **(D)** upper respiratory tract tissue (nasopharynx and
900 paranasal sinuses) and **(E)** lungs of BALB/c mice infected with PAO1 ancestor 4 or derived
901 populations evolved in each of the four airway-mimicking media. Data are from a single
902 experiment and each data point represents an individual mouse. Statistical analysis are by
903 two-way ANOVA with Dunnett's multiple comparison test, with the ancestor set as the
904 comparator group for each experimentally evolved population. * = $P < 0.05$, ** = $P < 0.01$, ****
905 = $P < 0.0001$.

906

908

909 **Figure 3. Loss of twitching motility and enhanced biofilm formation in airway-adapted**

910 **PAO1. (A)** Endpoint (passage 20) populations from each of the experimentally evolved

911 populations were stab inoculated onto LB agar. After overnight growth at 37°C, crystal violet

912 staining was used to visualise and quantify the diameter of bacterial growth. Each data point

913 represents an individual population and is the mean of three independent experiments.

914 Statistical analysis is by one-way ANOVA with Dunnett's multiple comparison test, with the

915 ancestor PAO1 set as the comparator group. **** = $P < 0.0001$. **(B)** Surface attached and **(C)**

916 pellicle biofilm formation by endpoint populations and the individual PAO1 colonies from

917 which they were evolved. Biofilm mass was determined by crystal **(B)** violet staining or **(C)**

918 resazurin-determined quantification of metabolic activity from 72 h cultures. Each population

919 was tested in the media within which it had been evolved. Ancestors were tested separately

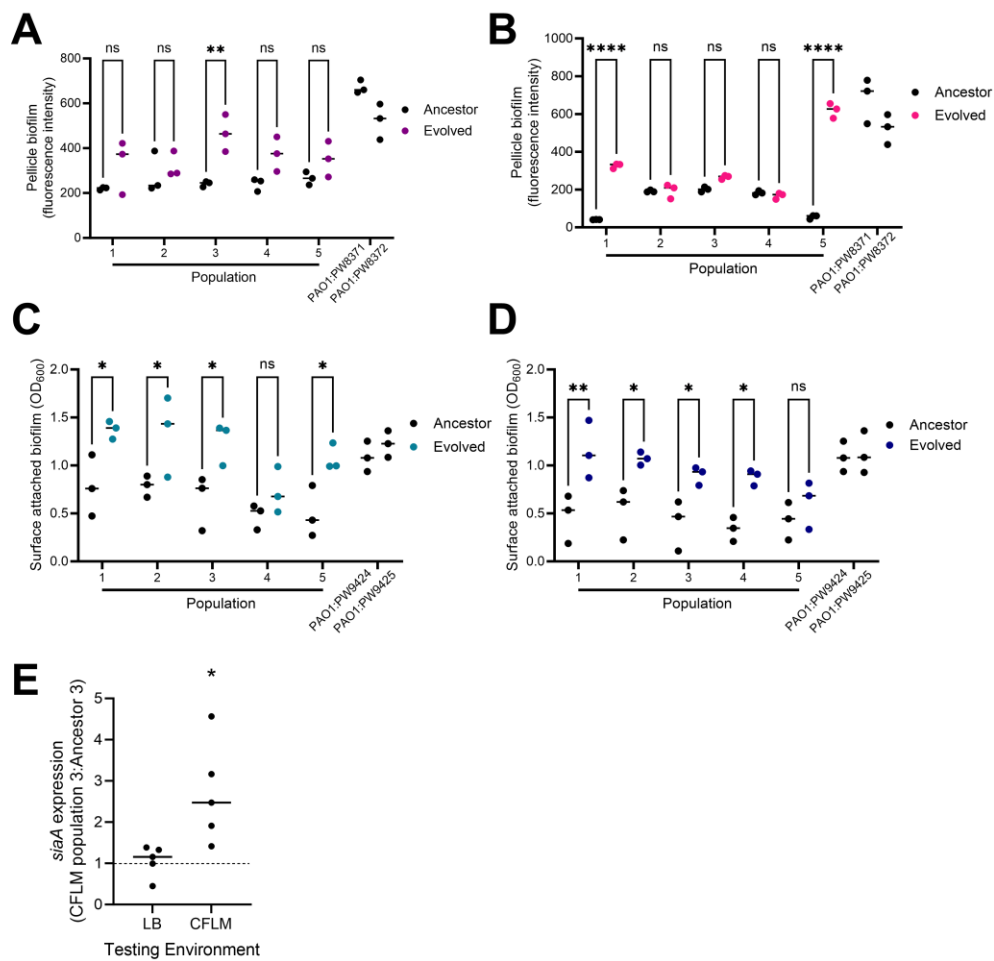
920 in each media. Lines link each evolved population to the ancestor from which it was derived.

921 P values were determined by two-way ANOVA with Sidak's multiple comparison test,

922 comparing evolved populations to ancestors within each test media. ** = $P < 0.01$, *** =

923 $P < 0.001$.

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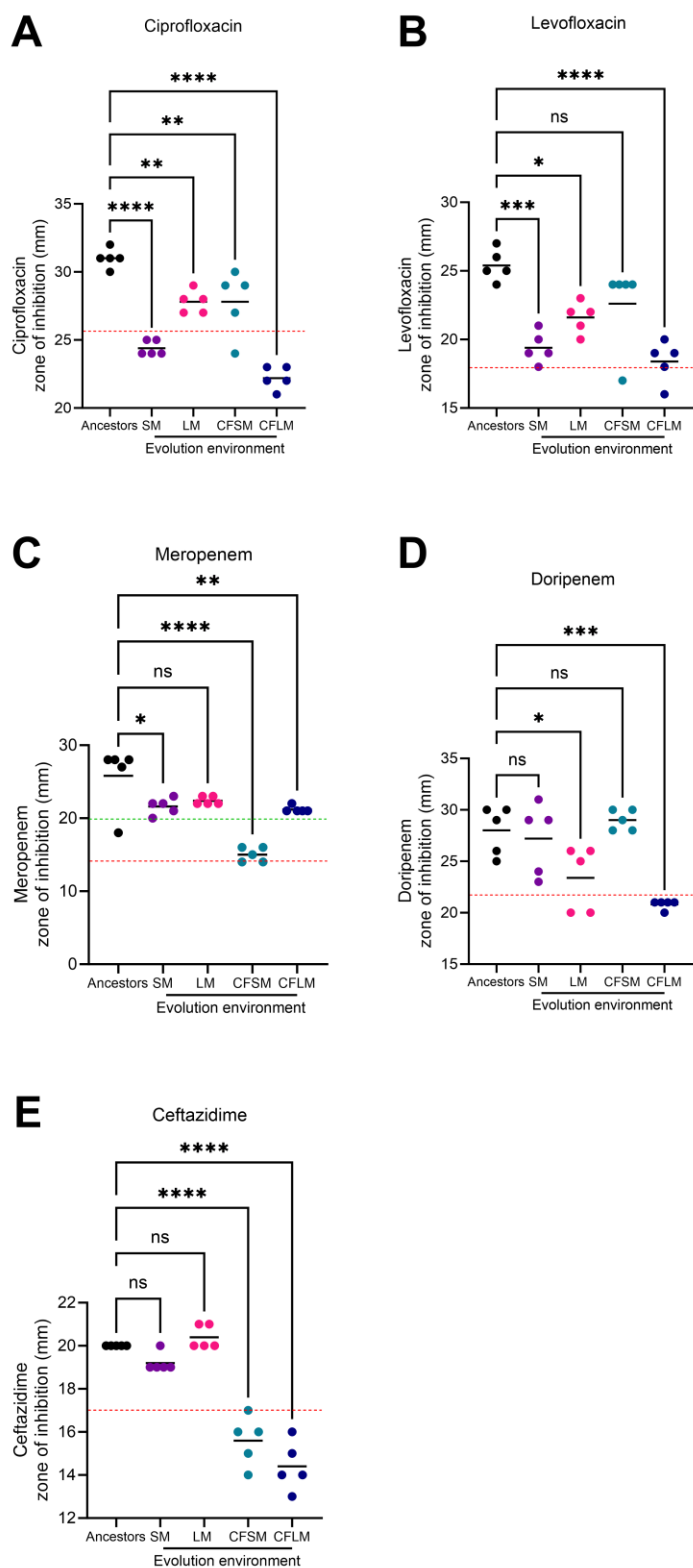
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927 **Figure 4. Association of mutations in genes involved in cyclic-di-GMP regulation with**

928 **biofilm phenotypes. Pellicle (A, B) and surface-attached (C, D) biofilm formation by**

929 individual populations evolved within and tested in **(A)** sinus media, **(B)** lung media, **(C)** CF
930 sinus media and **(D)** CF lung media. Each population was compared to its respective
931 ancestor in the same media. Each data point represents the mean of one biological
932 replicate. Four transposon mutants from the PAO1 transposon library were included in these
933 assays: PAO1:PW8371, PAO1:PW8372 (transposon insertions in *bifA*) and PAO1:PW9424,
934 PAO1:PW9425 (transposon insertion in *dipA*). *P* values were determined by two-way ANOVA
935 with Sidak's multiple comparison test, comparing evolved populations to their respective
936 ancestors. Ns = $P > 0.05$, * = $P < 0.05$, ** = $P < 0.01$, **** = $P < 0.0001$ for pairwise comparisons.
937 **(E)** Expression of *siaA* in CFLM-evolved population 3, relative to its PAO1 ancestor when
938 grown in LB and CFLM. Expression was determined by qRT-PCR and analysed using the $2^{-\Delta\Delta Ct}$
939 $\Delta\Delta Ct$ method, with *rpoD* as the housekeeping gene. Each data point is the mean of individual
940 biological replicates. * = $P < 0.05$ in two-tailed T test with Welch's correction vs ancestor 3.
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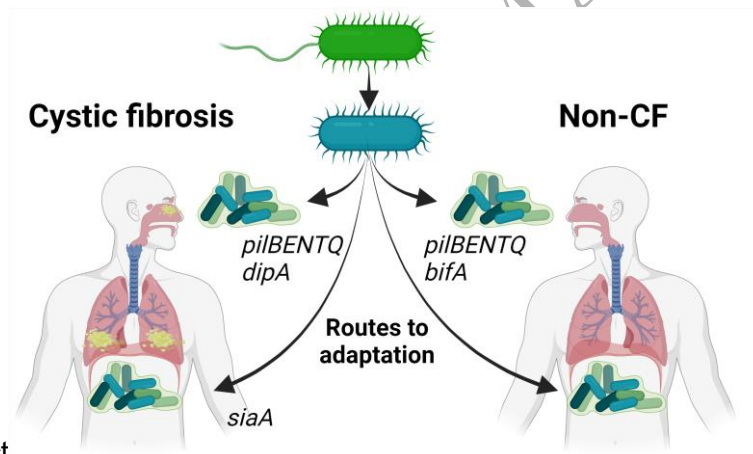
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944 **Figure 5. Increased antimicrobial resistance in airway-adapted PAO1.** Antimicrobial

945 resistance against (A) ciprofloxacin, (B) levofloxacin, (C) meropenem, (D) doripenem, and

946 (E) ceftaidime was determined by disc diffusion assay. Each data point represents an
947 independently evolved population (coloured circles) or the five ancestral PAO1 colonies from
948 which they were derived (black circles). Each data point is the mean of three independent
949 biological experiments. Dashed lines represent clinical breakpoints for sensitivity (green) or
950 resistance (red), as defined by EUCAST (v13.1). Cut-offs for ciprofloxacin, levofloxacin,
951 doripenem and ceftazidime sensitivity are 50 mm. *P* values were determined by one-way
952 ANOVA with Dunnett's multiple comparison test, with the ancestor set as the comparator
953 column. Ns = $P > 0.05$, * = $P < 0.05$, ** = $P < 0.01$, *** = $P < 0.001$, **** = $P < 0.0001$ for pairwise
954 comparisons.

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961 Graphical Abstract