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The Global Hidradenitis Suppurativa Atlas (GHISA) Methodology Combining Global Proportions in a Pooled Analysis

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Short Title: Methodology of GHISA global prevalence studies

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1 **Abstract**

2 Data concerning the global burden of Hidradenitis Suppurativa (HS) are limited. Reported
3 prevalence estimates varies between 0.0003% and 4.1%, and data from various geographical
4 regions are missing. Previously reported prevalence rates have been limited by the
5 methodological approach and source of data. This has resulted in great heterogeneity as
6 prevalence data from physician diagnosed cases poorly match those of self-reported disease.

7 The Global Hidradenitis Suppurativa Atlas (GHiSA) introduces an innovative
8 approach to determining the global prevalence of HS. This approach involves using a
9 previously validated questionnaire to screen apparently healthy adults accompanying a patient
10 to a non-dermatological out-patient clinic visit in a hospital. The screening questionnaire is
11 combined with a physician-based in-person validation of the participants who screen positive.
12 Ten percent of the screen-negative participants are also clinically assessed to verify their
13 status. The GHiSA Global Prevalence studies are currently running simultaneously in more
14 than 61+ countries (78 centers) across six continents (Africa, Europe, Australia, North
15 America, South America, Asia). The novel standardization of the Global Prevalence studies
16 conducted through GHiSA enables direct international comparisons, which were previously
17 not possible due to substantial heterogeneity in past HS prevalence studies.

18

19 *A short Abstract should summarize the main points and reflect the content of the article. It should be*
20 *written in a clear and concise way and be unstructured. Abbreviations used in the main text may be*
21 *introduced and used. Use neither bibliographic references nor references to figures or tables in the*
22 *Abstract.*

23

24 Please refer to the Author Guidelines for more information about the maximum accepted word
25 count of the Abstract in your chosen journal. Where no specific word count is provided, an abstract
26 of between 200-400 words is permitted.

27 **Introduction**

28 Hidradenitis Suppurativa (HS) is a painful and scarring skin disease clinically identified by
29 recurrent inflammatory nodules, sinus tracts and/scarring in the inverse regions of the body
30 occurring more than 2-3 x/ 6 months. To qualify for the diagnosis of HS, all three components
31 need to be met (1). A large proportion of patients show persistent or progressive disease over
32 time. (2) This makes the diagnostic delay of HS is a global concern, as the time from the onset
33 of symptoms to final diagnosis has been reported to be around 7.2 – 10.2 years. (3) This
34 number is significantly higher than the 1.6 years experienced by patients with psoriasis (4).
35 The global delay in diagnosis is partly due to a lack of awareness and recognition by
36 healthcare professionals (5, 6). Furthermore, it is widely acknowledged that there is a
37 continued unmet need for treatment in HS in spite of recent advances. It is speculated that
38 these factors form a mutually supportive negative pathway to the detriment of patients with
39 the disease.

40 Furthermore, knowledge concerning the global burden of the disease is limited (7).
41 Systematic data on global disease prevalence are conflicting, as it has been reported with a
42 wide variation (0.0003% to 4.1%) (7, 8) A meta-analysis by Jfri et al (7) reported the global
43 prevalence to be 0.4%. However, the reported prevalence needs to be interpreted with caution,
44 as most of the available prevalence data on HS originate from Europe, the US and Australia.
45 Data from large parts of the world are therefore scarce or non-existent.

46 Past methods to assess the prevalence of HS include register-based studies focusing
47 mostly on medical records or diagnostic codes, validated diagnostic questionnaires resulting
48 in self-reported diagnosis, and in-person validation (7, 8). The heterogeneity in study design,
49 screened population, sampling procedure, and methods to diagnose HS make direct
50 comparisons between various regions/countries very challenging. Studying geographical

51 variations in disease prevalence is important and may provide clues and inputs for further
52 investigations into etiology, risk factors, and resource allocation (9, 10).

53 The Global Hidradenitis Suppurativa Atlas (GHiSA) (<https://ghisa.org>) introduces an
54 innovative approach to determining the global epidemiology of HS. The methodology follows
55 the approach previously invented and validated by Vinding et al and Esmann et al (11, 12).

56 The invented screening questionnaire has a high sensitivity/specificity and has previously
57 been validated in Denmark, Singapore, Greenland, and Ghana (13-16).

58

59 **Methods/Design**

60

61 *The Methods/Design section should clearly list and describe the method, technique or*
62 *procedure, with an emphasis on the novel aspects*

63

64 The prospective GHiSA study is designed as a series of descriptive cross-sectional studies
65 across 61 countries/six continents. The diagnosis of HS is as previously mentioned based on
66 three mandatory clinical criteria (17). These clear clinical criteria enable screening through a
67 questionnaire. One of such has previously been created and validated by Vinding and Esmann
68 et al (11, 12). The questionnaire consists of two simple questions: i) *'Have you had outbreaks*
69 *of boils during the last 6 months'* and ii) *'Have you for the past 6 months had 2 or more*
70 *boils/abscesses in any of the below locations with five different location options [axilla, groin,*
71 *genitals, under the breasts and other locations (not specified), e.g., perianal, neck and*
72 *abdomen]'* (11).

73 The GHiSA methodological approach relies on the above mentioned questionnaire as
74 modified by Vinding et al (11), but distinguishes itself by the recruitment process of the

75 participants, target process, and subsequent validation, whereby it achieves an estimate of HS
76 in a cohort representative of the background population from where the sample is drawn.

77 The source population is apparently healthy adults (> 18 years of age) accompanying a
78 patient undergoing care in an internal medicine, surgery, ophthalmology, ear-nose -and throat,
79 pediatric, family medicine, or rheumatology outpatient clinic at a hospital. The department of
80 dermatology is excluded as a possible recruitment site. This is due to high risk of bias as a
81 genetic component of the disease has been revealed, and as most accompanying persons tend
82 to be family members (18, 19). All apparently healthy accompanying adults, who are willing
83 to participate, are eligible for inclusion. This novel target population allows a random sample
84 from the general population to be screened. Vulnerable populations including pregnant
85 women, and patients who are not able to consent to participation, e.g., unconscious, minors
86 (<18 years of age), psychiatric patients, previously included participants are also excluded.
87 Consequently, the source population described above should adequately reflect the target
88 population of apparently healthy adults serviced by the hospital that constitute the local
89 recruitment center.

90 Consecutive apparently healthy adults are invited to answer a screening questionnaire
91 until the desired sample size is attained. The screening questionnaire will prior to study
92 initiation be translated into the appropriate local language. For centers to represent a unique
93 reporting unit, and for the findings to reach substantial power, every center will seek to enroll
94 1000 individuals, with a sample size of 500 being the minimum (Fig. 1); pragmatically
95 evaluated to represent a reasonable precision around the individual proportion estimate.
96 Furthermore, socio-demographic data will be obtained using a supplementary questionnaire,
97 as it will allow for further sub-analyses. Those who screen positive for HS will be clinically
98 examined by an HS experienced physician to clinically verify presence of any self-reported
99 disease and to make the final diagnosis. In addition, in order to gauge the diagnostic accuracy

100 of the screening questionnaire (the calculated sensitivity, specificity, positive predictive value,
101 and negative predictive value), the axilla of 10% of the screen negatives will randomly be
102 examined for signs of HS. Clinical photographs will also be taken following informed
103 consent. The screening questionnaire (11) will serve as the index test, and the clinical
104 evaluation by a physician will serve as the reference standard. All data will be collected
105 anonymously. The data will be typed into an excel spreadsheet twice by two independent
106 investigators for quality control.

107 The primary objective is to estimate the point-prevalence of HS in a series of
108 populations sampled from all the participating countries; the point-prevalence of HS is as
109 estimated n_{HS} / N_{Total} (i.e., the ratio between number of HS cases and the sample size).
110 Secondary objectives include the diagnostic accuracy of the screening questionnaire. The
111 contextual impact of sociodemographic data: sex, age, ethnicity, body mass index (BMI), and
112 smoking status, will also be explored.

113 The global prevalence will be based on the collected (and reported) individual local
114 proportions. When combining proportions in a proportional meta-analysis, there is at least one
115 important issue based on the fact that prevalence data will always fall between the values of
116 zero and one, which is important when considering the pooling of proportional data in a
117 proportional meta-analysis. The 95% confidence limits will likely fall outside of the
118 established zero to one range; this may impact on the readability and presentation of the
119 pooled data as a forest-plot (20). We will apply a logit transformation to solve the problem of
120 confidence interval estimates falling outside the zero to one. While performing a proportional
121 meta-analysis using a fixed-effect model is possible, the assumptions supporting this model is
122 questionable. Thus, the primary proportional meta-analysis model will be performed using a
123 random-effects model with 95% CIs, as well as the 95% prediction interval. Once the meta-
124 analysis has been performed on the transformed proportions, a back-transformation will be
125 applied.

126

127 **Discussion/Conclusion**

128 *The Discussion/Conclusion should provide an evaluation of the method, technique or procedure, and*
129 *there should be a clear discussion of the implications, significance, and novelty of the method*
130 *presented.*

131 Disease prevalence influences diagnostic acumen in any given consultation, and this in turn
132 affects patient care. Accurate disease prevalence data furthermore helps policymakers and
133 healthcare professionals to correctly allocate and prioritize resources. This may in turn lead to
134 a more comprehensive public health planning. (21, 22) Accurate prevalence data can
135 furthermore support global awareness, which may inspire additional investigations into the
136 disease.

137 Currently, GHiSA Global Prevalence studies are running simultaneously in 61 countries and
138 78 centers spread across six continents (Africa, Europe, Australia, North America, South
139 America, Asia). The screening questionnaire was previously validated in Denmark, Ghana
140 ,Singapore and Greenland (11, 14-16) and the studies indicated a high diagnostic power. The
141 sensitivity and specificity of the screening questionnaire was reported to be 0.9 & 0.97 in the
142 study by Vinding et al (Denmark, prevalence: 2.10%), 1 & 0.89 in the larger follow up study
143 by Hagan et al (Ghana, prevalence: 0.67%), and 1 & 0.66 in the study by Botvid et al
144 (Greenland, prevalence: 3.2%). Prevalence rates found in these studies were similar to
145 reported rates in Europe and Australia (8, 23). The prevalence rate of HS in Ghana is of
146 special interest, as speculations of racial differences with African Americans having higher
147 rates of the disease have been raised in the US (24, 25).

148 The target population of apparently healthy adults accompanying patients to the
149 outpatient clinic of a hospital enables a simple random sampling of the general population.
150 The exclusion of pregnant participants due to ethical concerns may bias the true prevalence
151 and should therefore be considered as a limitation. Selection bias should also be considered as
152 a limitation of this study. However, the in-person validation of the screen-positive participants

153 prevents a skewed prevalence estimate due to the high number of false positives. The
154 somewhat high number of false positives in Greenland (27/490) and Ghana (16/1476) (and
155 consequently the low to moderate positive predictive value) have so far been the strongest
156 critique (26). However, it is important to underscore that the sampling method employed
157 under GHiSA does not enrich the prevalence as it relies on random sampling through
158 apparently *healthy accompanying persons* not through patients. Participant thus range from
159 grandparents accompanying grandchildren to the pediatrics department to grandchildren
160 accompanying grandparents to the ophthalmology department. Furthermore, while the
161 positive predictive value of any test relies on the prevalence of the disease in the sample
162 population, that does not preclude the usage of the test in establishing the disease prevalence
163 in the given population. It simply requires a failsafe i.e., a way to distinguish between false
164 and true positives. The in-person validation provides such a failsafe. Finally, no false
165 negatives have been reported so far. This supports the usage of the questionnaire as a
166 screening tool.

167 Additionally, the questionnaire also collects basic data concerning risk factors such as
168 smoking and body mass index. This data is important to include in the interpretation of the
169 calculated prevalence. The simple setup of this innovative method is inviting, as participating
170 centers/countries without large national registries or with limited resources can still participate
171 and provide valuable information. Since prevalence data is missing from the majority of the
172 world, (7) the data from the GHiSA Global Prevalence Studies should be considered as a
173 reference point. Finally, the uniformity of the Global Prevalence studies conducted through
174 GHiSA enables direct international comparisons.

175

176 **Statements**

177 All papers must contain the following statements after the main body of the text and before the
178 reference list:

179 **Acknowledgement (optional)**

180 **Statement of Ethics**

181 Not relevant

182 **Conflict of Interest Statement**

183 **RC, RKA, CEM, HHVDZ, BV, PUI, JB, SMN, GV:** has no conflicts of interest to declare.

184 **FB:?**

185 **DB:** UCB Nordic has paid for congress participation. Has received teaching honoraria from UCB
186 Nordic.

187 **JRI:** receives a stipend as Editor-in-Chief of the British Journal of Dermatology and an authorship
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189 Cityryll, Novartis and UCB Pharma and has served on advisory boards for Insmed, Kymera
190 Therapeutics and Viela Bio. He is co-copyright holder of HiSQOL, Investigator Global Assessment and
191 Patient Global Assessment instruments for HS. His department receives income from copyright of the
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193 **DMLS:** has received honoraria as a consultant for advisory board meetings by AbbVie, Janssen,
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196 **NSC** has received fees from AbbVie, Johnson & Johnson, Sanofi, DKSH, Pfizer and Galderma for
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200 **CCZ** reports consultancy/advisory boards disease-relevant honoraria from AbbVie, Bayer, Incyte,
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215 shareholder of MyDermPortal.

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219 for JAMA Dermatology and an unpaid board member of the U.S. Hidradenitis Suppurativa
220 Foundation.

221 **AG** is an advisor for AbbVie, Aclaris Therapeutics, Anaptys Bio, Aristeia Therapeutics, Boehringer
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244 DB: conceptualization, literature review, manuscript write up and manuscript review

245 RC, GBEJ: conceptualization and drafted and/or critically revised the work

246 RKA, GV, CEM, SMN, DMLS, NSC, HHVDZ, CCZ, FB, BV, AA, PUI, IHH, JJR, HBN, AG, JB drafted and/or
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248 **Data Availability Statement**

249 **Not relevant**

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Figure Legends

Fig. 1. Sample size (per individual center).

