

Article

Investigation of Irrigation Water Requirement and Evapotranspiration for Water Resource Management in Southern Punjab, Pakistan

Sajjad Hussain ^{1,*}, Muhammad Mubeen ¹, Wajid Nasim ^{2,*} , Shah Fahad ³, Musaddiq Ali ¹, Muhammad Azhar Ehsan ⁴ and Ali Raza ⁵ 

¹ Department of Environmental Sciences, COMSATS University Islamabad, Vehari Campus, Vehari 61100, Pakistan

² Department of Agronomy, Faculty of Agriculture and Environment, The Islamia University of Bahawalpur, Bahawalpur 63100, Pakistan

³ Department of Agronomy, Abdul Wali Khan University Mardan, Mardan 23200, Pakistan

⁴ International Research Institute for Climate and Society, Earth Institute at Columbia University, Palisades, New York, NY 10964, USA

⁵ School of Agriculture Engineering, Jiangsu University, Zhenjiang 212013, China

* Correspondence: mc190401094@vu.edu.pk (S.H.); wajid.nasim@iub.edu.pk (W.N.)

Abstract: Water scarcity and water quality degradation are exacerbated by climate change in all countries, including Pakistan. The use of water in agriculture is one of the most predominant resources, so reducing consumption and improving resource management is of utmost importance. In the past few decades, excessive irrigation has led to severe water scarcity and reduced water quality. This study determined the irrigation requirements for cotton, rice, and wheat, using the CROPWAT model in Southern Punjab (Multan District). In the study area, evapotranspiration ranged from 1.8 to 10.24 mm/day, while effective rainfall ranged from 2 to 31.3 mm. Rice, cotton, and wheat each required 996.4, 623.3, and 209.5 mm of irrigation, respectively. Among rice, cotton, and wheat, the total net irrigation was 72.4, 67.8, and 44.1 mm, respectively, while the total gross irrigation was 103.5, 99.8, and 63 mm. The CROPWAT model showed a moderately useful result for identifying irrigation needs in Southern Punjab. The study emphasizes the need for groundwater harvesting and water management technologies to implement a water management system that reduces water shortages.

Keywords: climate change; evapotranspiration; irrigation water management; land cover changes; agricultural irrigation requirement



Citation: Hussain, S.; Mubeen, M.; Nasim, W.; Fahad, S.; Ali, M.; Ehsan, M.A.; Raza, A. Investigation of Irrigation Water Requirement and Evapotranspiration for Water Resource Management in Southern Punjab, Pakistan. *Sustainability* **2023**, *15*, 1768. <https://doi.org/10.3390/su15031768>

Academic Editors: Salim Heddam and Sungwon Kim

Received: 29 December 2022

Revised: 11 January 2023

Accepted: 14 January 2023

Published: 17 January 2023



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1. Introduction

Due to increasing water needs all over the world, water has become a valuable resource in a variety of fields, including agriculture irrigation, hydropower, and water supply [1]. In many parts of the world, water demands are increasing along with population growth, yet fresh water resources are becoming scarcer. [2]. The arid climate in the southern Punjab of Pakistan makes wheat, cotton, rice, and sugarcane difficult to grow due to low precipitation rates [3], limited water, and high evapotranspiration. For planning, building, operating, and managing farm systems, an accurate assessment of crop water requirements (CWR) is necessary [4–6]. An accurate assessment of CWR can help to maintain the economically efficient use of water supplies for irrigation. The sustainability of irrigation water is greatly influenced by ET (evapotranspiration) resources [7,8].

The CROPWAT model can play a significant role in developing practical recommendations for boosting yield output in conditions of limited water [9]. The CROPWAT model is used to calculate the water requirements, as well as irrigation planning for important crops,

including sugarcane, wheat, cotton, and rice, among others [10]. It enables the development of recommendations for better irrigation techniques, the management of irrigation schedules under various water utilization needs, and the calculation of productivity under rainfed conditions or shortfall watering [11]. The expected yield loss is driven by climate conditions and water pressure [12]. The simulation results suggest that the primary yield reduction occurred in the developing stage in both rainfed and irrigated situations [13,14]. CROPWAT software is an important practice used by various scientists for the valuation of CWR and crop evapotranspiration, as well as irrigation scheduling [15]. These software programs were introduced by the FAO (Food and Agriculture Organization) to identify the CWR and irrigation scheduling and management [16–19].

Pakistan has one of the highest population growth rates in the world [20–22]. Increasing the population in urban areas being observed worldwide is most striking in developing countries [23], for example, Pakistan, where several urban centers have sprung up during the last few years [24–27]. Previously, a number of studies were conducted on urban growth of some Pakistani districts, e.g., Multan, Lahore and Faisalabad, and these studies have discussed the cities in terms of open spaces, housing types, building density, city layout, as well as functional characteristics [28–32]. A region's cropping patterns are very much affected by the historical, socioeconomic, political and geo-climatic elements [33–37].

Since ancient times, Punjab has been referred to as the “land of the five rivers” [38,39]. For many farmlands in Punjab, water does not arrive in a timely way or in sufficient quantities to reach the crops [40,41]. Because of insufficient levelling, less awareness, as well as poor water management techniques, water is frequently not delivered properly to the flood-irrigated areas in Punjab [42–44]. Punjab's primary user of water is agriculture; hence, irrigation systems need to be managed and modernized effectively by carefully assessing water system requirements [45]. To meet the demand for irrigation, it is important to understand the crop water required (CWRs), as well as irrigation scheduling. In the current study, using ArcGIS and CROPWAT tools, we analyzed the evapotranspiration (ET) and crop water requirements, as well as the irrigation scheduling of the main crops (cotton, rice, and wheat) in the Multan District of Pakistan.

2. Materials and Method

2.1. Study Area

This study was conducted in the Multan District of Pakistan. Multan is one of the oldest cities in Pakistan's Southern Punjab. Multan City, which has four tehsils (Shujaabad, Jalapur Pirwala, Multan City, and Multan Saddar), serves as the district headquarters (Figure 1). This region is roughly located between 70°58'34" to 71°43'25" longitude and 29°19'11" to 30°28'16" latitude. Multan District is primarily a flat and agricultural territory, bounded on the west by the Chenab River. Due to their proximity to the Chenab River, the tehsils of Shujaabad and Multan Saddar regularly flood during the monsoon season. Multan's climate is arid, with severe winters and heated summers. The highest temperature ever recorded was 50 °C (122 °F), while the average least temperature is 4.5 °C (40.1 °F).

2.2. Satellite Data and Image Classification

Landsat 4, 5 TM (Thematic Mapper) for the year 1990, as well as Landsat 8 for the year 2020 were used to examine changes in land cover using the USGS (United States Geological Survey) website (earthexplorer.usgs.gov). Software ERDAS Imagine 15 was used to pre-process the data for layer stacking, mosaicking, and image sub-setting. The changes in land cover were discovered using a supervised classification algorithm after pre-processing using ArcGIS 10.6.

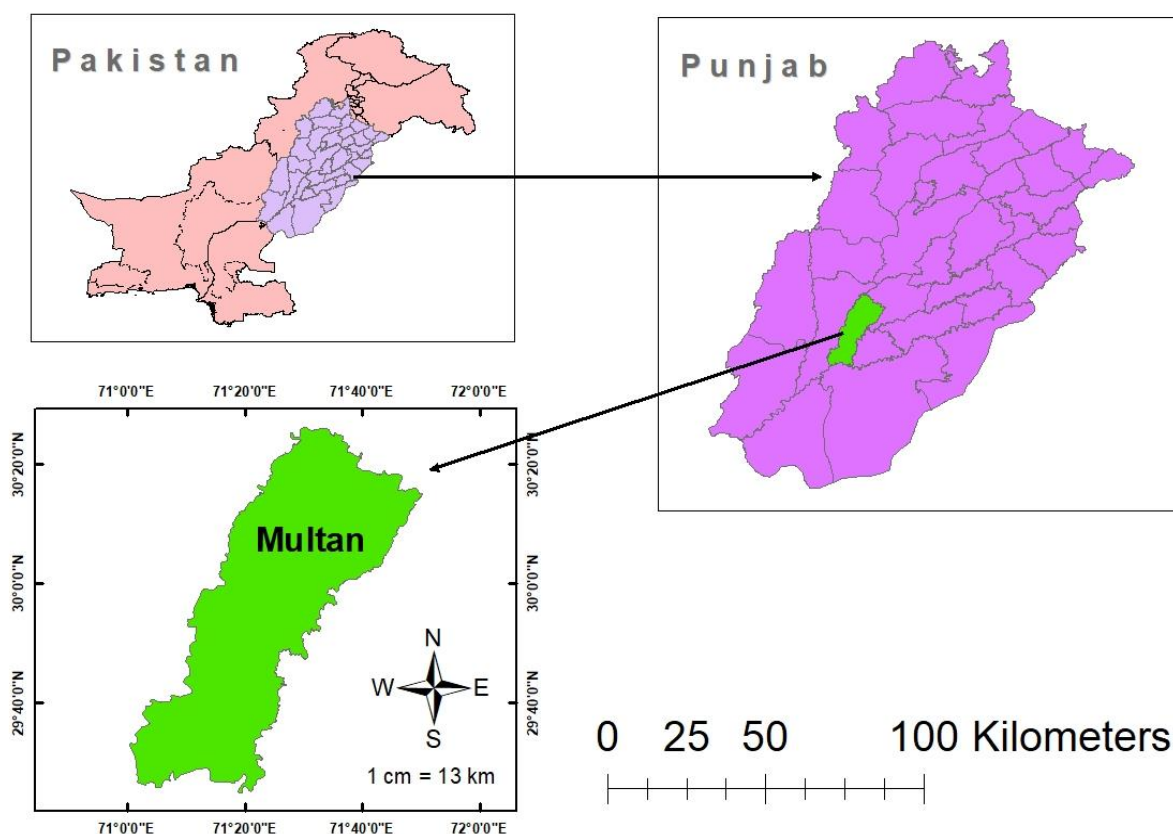


Figure 1. Location of study area (Multan District).

2.3. CROPWAT 8.0 Model Description

The FAO created CROPWAT 8.0, software based on a variety of equations, to determine irrigation schedule, irrigation water requirements, reference evapotranspiration (ET_0), and CWR using diverse climatic data [46]. This system includes standard information for diverse crop capabilities, soil properties, and nearby climate. It aids in the optimization of irrigation scheduling, as well as the calculation of plan water supply for distinctive crop types under irrigated situations [47].

2.4. Data Requirement

The CROPWAT requires the use of four different types of data: rainfall data, climate data, and soil, as well as crop data [48]. The CLIMWAT 2.0 climatic database, which can be used in conjunction with the CROPWAT software to calculate IRs for various crops for a variety of meteorological places, was used to collect the meteorological data from 1990 to 2020 [49]. CLIMWAT includes the location's coordinates and altitude together with seven consecutive months' climatic parameters. These metrics include the monthly wind speed (km/h), minimum and maximum temperatures (in degrees Celsius), sunlight hours (in hours), mean relative humidity (in percentage), rainfall data (in millimeters), and effective rainfall (in millimeters).

The FAO Manual [50] information included the rooting depth, yield response factor, critical depletion, crop coefficient, and duration of crop growth stages for the crops of white maize, wheat, tomatoes, and barley, which were incorporated to the CROPWAT software [51]. The CROPWAT 8.0 model's soil parameters provide precise data on the soil close to the climate station, such as the maximum rooting depth, the initial moisture depletion, the total amount of moisture that is available, and the maximum rate of rain penetration [46]. According to FAO standards, the soil in the study area is classified as medium types.

2.5. Reference Evapotranspiration (ET_0)

Evapotranspiration is the term for the simultaneous loss of water by transpiration (from the surface of plants) and evaporation (from the surface of the soil). The ET_0 is the rate of ET from a hypothetical crop with albedo of 0.23, height of 0.12 m, and fixed canopy resistance of 70 sm^{-1} [52]. The FAO Penman–Monteith equation, which derives the majority of its parameters from meteorological data, is used by the CROPWAT model to calculate ET :

$$ET = \frac{\Delta(Rn - G) + PaCp \frac{(es - ea)}{ra}}{\Delta + \gamma(1 + \frac{rs}{rs})} \quad (1)$$

where $(es - ea)$ is the vapor pressure deficiency of the soil, Rn is the net radiation, G is the soil heat flux, Pa is the average of air density at constant pressure, Cp is the air's specific heat, γ is psychrometric constant, rs (surface resistances) and ra (aerodynamic resistances), and Δ is the slope of air temperature and vapor pressure [53].

The "bulk" rs and ra are calculated using the standard height for wind speed and theoretical crop characteristics, respectively. ET_0 can be expressed as the following equation:

$$ET_0 = \frac{0.408\Delta(Rn - G) + \gamma \frac{900}{T+273} u_2 (es - ea)}{\Delta + \gamma(1 + 0.34u_2)} \quad (2)$$

where ET_0 is the reference evapotranspiration (mm/day), es and ea are the saturation, actual vapor pressure (kPa), T is the average temperature ($^{\circ}\text{C}$) at 2 m height, and u_2 is the wind speed at 2 m height (ms^{-1}).

2.6. Crop Water Requirement (CWR)

The amount of water needed for crops is determined by the rate of ET in mm/day and is equal to the amount of water lost from a planted field by ET . CWR is estimated using crop evapotranspiration (ET_c), which may be computed using the following equation [54]:

$$ET_c = K_c \times ET_0 \quad (3)$$

where K_c denotes the crop coefficient. It is the crop ET_c to ET_0 ratio, as well as its reflection of an integration of the impacts of 4 fundamental properties that distinguish the crop from reference grass. It encompasses albedo (reflectance) of soil evaporation, crop height, crop-soil surface, and canopy resistance. The crop's K_c will change during the growing period, which may be classified into 4 separate stages: beginning, crop development, mid-season, and late season, as a result of ET variations over the developmental stages.

2.7. Irrigation Water Requirement (IR)

By using the following equation, the CROPWAT Model can calculate the daily water balance of the root zone as far as root zone depletion at the end of the day [55]:

$$D_{r,i} = D_{r,i-1} - (P - RO_i) - I_i - CR_i + ET_{ci} + DP_i \quad (4)$$

where $D_{r,i}$ is the root zone depletion at the day's end i (mm), $D_{r,i-1}$ is the water content in the root zone in last day's (mm), P_i is rainfall on day i (mm), I_i is the net irrigation depth on day i , RO_i is the surface soil runoff on day i (mm), ET_{ci} is the crop evapotranspiration on day i (mm), CR_i is the capillary rise from the groundwater on day i (mm), and DP_i is the lost water of the root zone on day i (mm).

2.8. Irrigation Schedule

The optimum quantity of water to irrigate, as well as the right time to water are determined by irrigation scheduling. The CROPWAT model computes the CWR, ET_0 , and IRs to create irrigation plans for various administrative scenarios and water supply strategies [56]. Figure 2 shows the detail of the methodology.

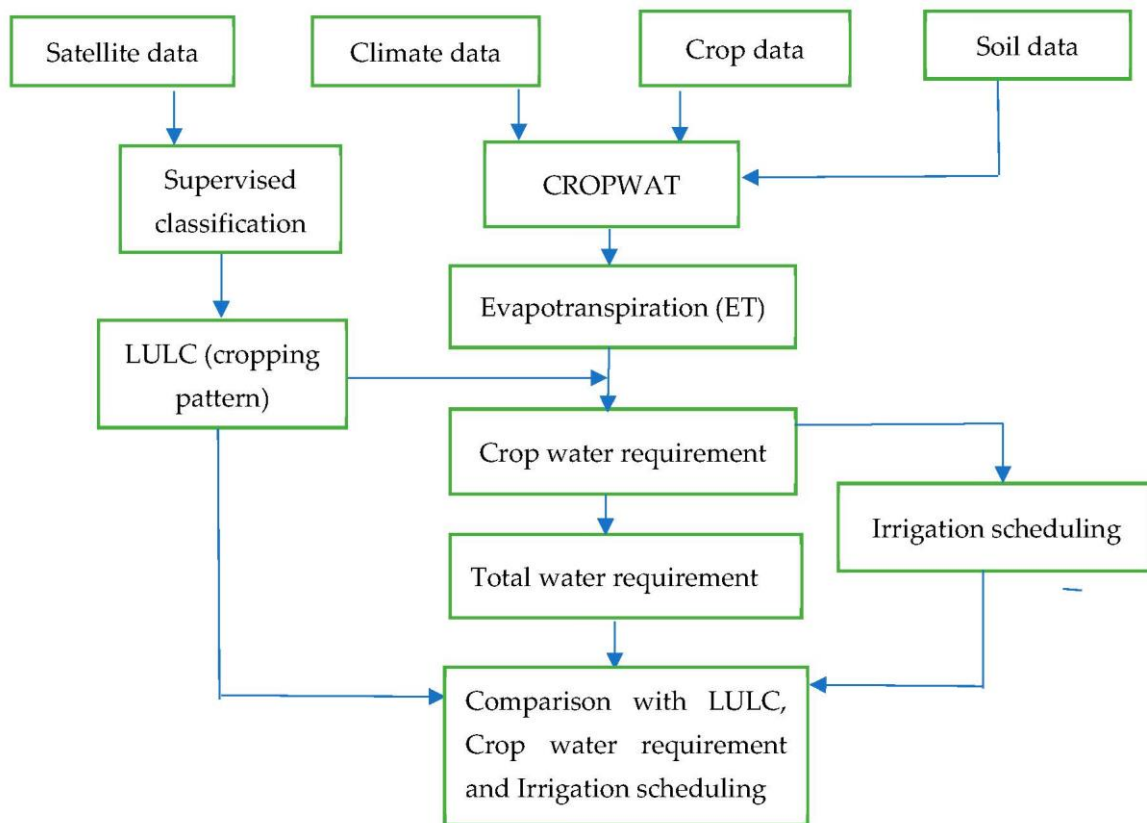


Figure 2. Flow chart for methodology.

3. Results

3.1. Urbanization and Land Cover Changes

Urban growth has been a main part of the research of geographic information system (GIS), as well as remote sensing (RS) all over the world [57]. Therefore, the use of RS and GIS applications provided an excellent monitoring and mapping of urban growth. These RS and GIS technologies, e.g., geo-informatics advanced techniques, have played a significant role in identifying the patterns and sustainable management of urbanization. Moreover, population data were used to expand the results obtained through image analysis. The “Built-up area” in 1990 occupied 28,246 Ha (7.74%) of all the classes. However, in 2020, the built-up area increased, 57,581 Ha (15.78%), as compared to 1990 (Table 1). However, between 1990 and 2020, there was a significant growth in “built-up area” (increased to 8%). The vegetation area occupied 301,244 Ha (82.53%) during 1990, which was decreased, 286,023 Ha (78.36%), during 2020 in the study area (Figure 3).

Table 1. LULC area distribution of District Multan from 1990 to 2020.

| LULC Classes | 1990 | | 2020 | | Change 1990–2020 | |
|-----------------|------------|----------|------------|----------|------------------|----------|
| | Area (ha.) | Area (%) | Area (ha.) | Area (%) | Area (ha.) | Area (%) |
| Vegetation area | 301,244 | 82.53 | 286,023 | 78.36 | −152 | −4.17 |
| Built-up area | 28,246 | 7.74 | 57,581 | 15.78 | 29,335 | 8.037 |
| Water bodies | 5286 | 1.45 | 3219 | 0.88 | −2067 | −0.57 |
| Bare soil | 30,236 | 8.28 | 18,189 | 4.98 | −12,047 | −3.3 |
| Total | 365,012 | 100 | 365,012 | 100 | | |

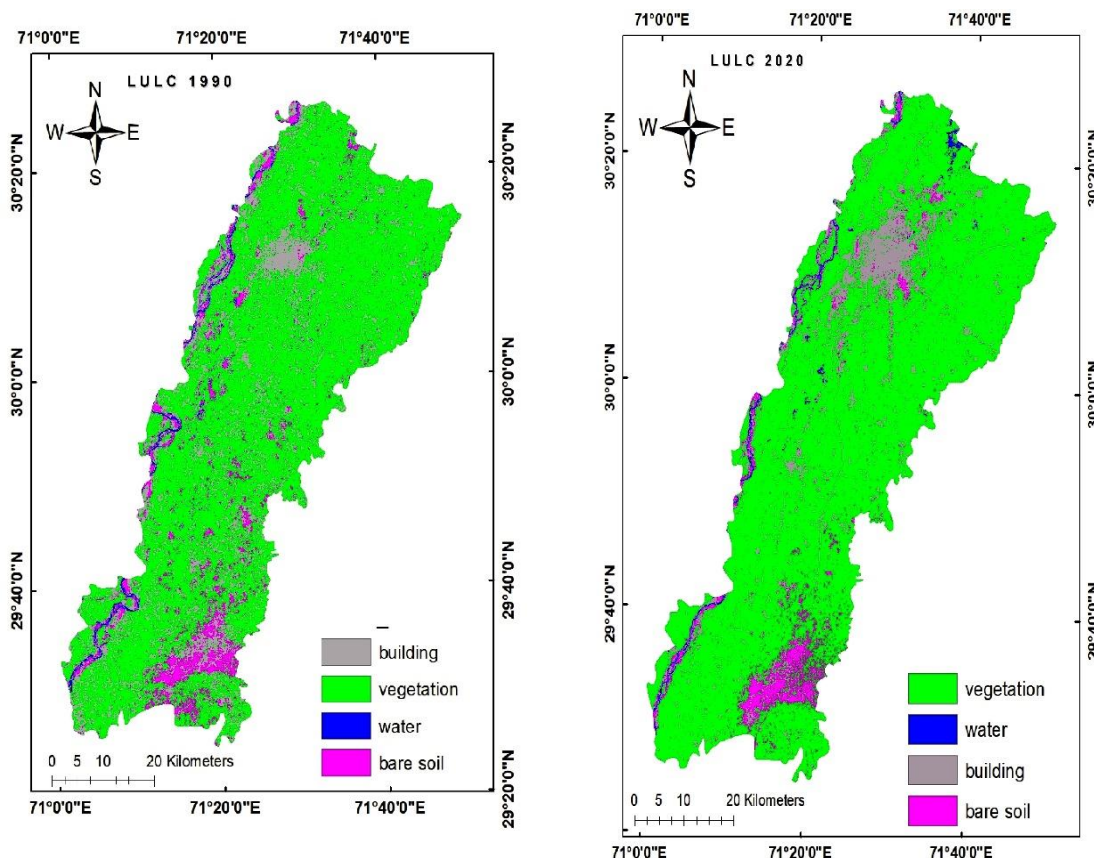


Figure 3. Map of LULC for the years 1990 and 2020 in District Multan.

The main development concentrated in the east, south and in the central portion. Multan’s population as a whole was 1.9 million in 1981; it climbed to 4.7 million in 2017, demonstrating a gain of more than 2.8 million people in the Multan District, which has contributed to the expansion of the urban area (Table 2). In 1981, the urban and rural populations were 0.7 M and 1.12 M, respectively, which shifted to 2 M and 2.6 M, respectively in 2017, showing that more than 3% of respondents migrated from the rural area to the urban area in District Multan. Many new colonies have been built in District Multan, which mostly contributed to the expansion of the urban area during the last few years. In the future, the expansion of Multan is projected to be administered by the building of different roads, mainly, M4 motorway and Vehari road. It is the additional reason that urban growth is expected to receive momentum if regeneration and redevelopment of central areas remain the policy priority of city administrators, particularly if industrial units moved to the new lands outside the urban area. As a result, the findings indicate that urbanization is the form of land use that has the biggest detrimental impact on water quality.

Table 2. District Multan census 1981 to 2017.

| Census | Urban | Rural | Total | Urban Ratio | Rural Ratio |
|------------------|-----------|-----------|-----------|-------------|-------------|
| 1981 | 797,484 | 1,172,591 | 1,970,075 | 40.48% | 59.52% |
| 1998 | 1,314,748 | 1,802,103 | 3,116,851 | 42.18% | 57.82% |
| 2017 | 2,058,290 | 2,686,819 | 4,745,109 | 43.38 | 56.62% |
| Change 1981–2017 | 1,260,806 | 1,514,228 | 2,775,034 | 3% | −3% |

3.2. Climate Change in Multan Region

The data submitted to the CLIMWAT and CROPWAT applications of Multan were division, crop kind, climatic station, soil type (clay and heavy), and cultivation date. By entering all of the data in the software, it estimated the meteorological factors, ET_0 , overall irrigation required, and effective rainfall for the crop under consideration. The next paragraph, tables, and charts demonstrate additional outcomes of CROPWAT. Table 3 comprises the climate data of the Multan region. The average annual rainfall of 30 years (1990–2020) and the CROPWAT rainfall from the USDA S.C. method are used here to estimate the effective rainfall and to calculate the water requirements and irrigation schedules for the four crops. As shown in Table 3, the results indicate that the average annual rainfall value was 180 mm and about 170 mm was effective rainfall.

Table 3. Using software CLIMWAT tool integrated into the CROPWAT, rainfalls, climate parameters, and ET_0 were determined on average for the years 1990 to 2020.

| Month | Min T | Max T | Humidity | Wind | Sun | Rad | ET ₀ | Rain | Eff Rain |
|-----------|-------|-------|----------|--------|------|------------------------|-----------------|------|----------|
| | °C | °C | % | km/Day | h | MJ/m ² /Day | mm/Day | mm | mm |
| January | 6.1 | 21.1 | 73 | 95 | 7.1 | 12.6 | 1.8 | 7 | 6.9 |
| February | 8.3 | 23.3 | 66 | 130 | 8.8 | 16.7 | 2.68 | 9 | 8.9 |
| March | 14.4 | 30 | 52 | 156 | 9.3 | 20.2 | 4.39 | 19 | 18.4 |
| April | 20 | 36.7 | 44 | 173 | 10.9 | 24.9 | 6.44 | 12 | 11.8 |
| May | 25.5 | 41.7 | 43 | 207 | 12.2 | 28 | 8.39 | 10 | 9.8 |
| June | 28.9 | 42.2 | 45 | 337 | 12.1 | 28.2 | 10.24 | 13 | 12.7 |
| July | 28.9 | 40 | 63 | 311 | 10 | 24.9 | 8.02 | 61 | 55 |
| August | 28.3 | 38.3 | 66 | 294 | 9.2 | 22.7 | 7.03 | 33 | 31.3 |
| September | 25 | 38.3 | 58 | 225 | 9 | 20.6 | 6.45 | 6 | 5.9 |
| October | 18.3 | 35.5 | 53 | 130 | 8.9 | 17.7 | 4.6 | 2 | 2 |
| November | 11.7 | 29.4 | 59 | 69 | 7.7 | 13.6 | 2.62 | 2 | 2 |
| December | 7.2 | 22.8 | 64 | 86 | 6.7 | 11.5 | 1.92 | 6 | 5.9 |
| Average | 18.6 | 33.3 | 57 | 184 | 9.3 | 20.1 | 5.38 | 180 | 170.7 |

3.3. Effective Rainfall Estimation and Reference Evapotranspiration

Alfalfa was used as the reference crop for estimating the ET_0 because it has a homogenous, actively growing grassy cover that totally shades the surface. The ET of the different crops (ET_c) can be calculated by regulating ET_0 using crop coefficient (K_c) using the following Equation [47]:

$$ET_0 = \frac{ET_c}{K_c} \quad (5)$$

The ET_0 readings for various months as determined by the CROPWAT software are as shown in Table 3. Summertime temperatures cause it to be high, and June had the greatest value (10.24 mm). Wintertime saw a decline, and January saw the lowest value (1.8 mm) because of the chilly weather. The yearly mean value was 5.38 mm. The variations in ET_0 values are a result of the changing meteorological conditions in the research region. In the dry seasons, the relationship of high temperatures, strong winds, and low relative humidity boosted evapotranspiration [49].

Tables 4–6 show, through the growth phases, that the ET_c increased, and then at the latter stages, it somewhat decreased. The fluctuations seen here may be a result of the crop coefficient, as demonstrated in Equation (3). Even though the K_c changed just a little, it was never consistent during any stage of development, which also reflects the seasonal crop water requirements [50]. The ET_c readings were seen to be higher in the middle of all four crops, lower at the beginning, and finish when the crops were at their most productive stage. Productive rainfall, which is used to assess CWR, is the portion of precipitation that is successfully utilized by the crop following losses due to surface runoff and deep filtering. The primary characteristics of precipitation are its quantity, intensity and frequency, all of which vary in time and space. Planning its full utilization requires precise awareness of

these three characteristics. Tables 4–6 show that wheat, cotton and rice have successfully utilized 37.7%, 113.9%, and 102.6% of the rainfall, respectively.

Table 4. Detail of the ET_c , effective rainfall and CWR for wheat.

| Month | Decade | Stage | Kc | ET_c | ET_c | Eff Rain | Irr. Req. |
|-------|--------|-------|-------|--------|--------|----------|-----------|
| | | | Coeff | mm/Day | mm/Dec | | |
| Nov | 2 | Init | 0.3 | 0.76 | 4.5 | 0.3 | 4.3 |
| Nov | 3 | Init | 0.3 | 0.7 | 7 | 1 | 5.9 |
| Dec | 1 | Init | 0.3 | 0.65 | 6.5 | 1.6 | 4.8 |
| Dec | 2 | Deve | 0.36 | 0.69 | 6.9 | 2.1 | 4.8 |
| Dec | 3 | Deve | 0.64 | 1.2 | 13.2 | 2.2 | 11.1 |
| Jan | 1 | Deve | 0.94 | 1.66 | 16.6 | 2.2 | 14.4 |
| Jan | 2 | Mid | 1.14 | 1.94 | 19.4 | 2.3 | 17.1 |
| Jan | 3 | Mid | 1.15 | 2.33 | 25.6 | 2.5 | 23.1 |
| Feb | 1 | Mid | 1.15 | 2.74 | 27.4 | 2.5 | 24.9 |
| Feb | 2 | Mid | 1.15 | 3.08 | 30.8 | 2.7 | 28.1 |
| Feb | 3 | Late | 1.08 | 3.5 | 28 | 3.8 | 24.1 |
| Mar | 1 | Late | 0.82 | 3.15 | 31.5 | 5.6 | 25.9 |
| Mar | 2 | Late | 0.54 | 2.38 | 23.8 | 6.9 | 16.9 |
| Mar | 3 | Late | 0.34 | 1.74 | 7 | 2.1 | 4 |
| | | | | | 248.1 | 37.8 | 209.5 |

Table 5. Detail of the ET_c , effective rainfall and CWR for cotton.

| Month | Decade | Stage | Kc | ET_c | ET_c | Eff Rain | Irr. Req. |
|-------|--------|-------|-------|--------|--------|----------|-----------|
| | | | Coeff | mm/Day | mm/Dec | | |
| May | 2 | Init | 0.35 | 2.94 | 17.6 | 1.8 | 16.1 |
| May | 3 | Init | 0.35 | 3.15 | 34.7 | 3.5 | 31.2 |
| Jun | 1 | Init | 0.35 | 3.49 | 34.9 | 2.7 | 32.2 |
| Jun | 2 | Deve | 0.4 | 4.28 | 42.8 | 2.4 | 40.4 |
| Jun | 3 | Deve | 0.56 | 5.55 | 55.5 | 7.7 | 47.8 |
| Jul | 1 | Deve | 0.74 | 6.4 | 64 | 15.7 | 48.3 |
| Jul | 2 | Deve | 0.91 | 7.19 | 71.9 | 21.4 | 50.5 |
| Jul | 3 | Deve | 1.09 | 8.3 | 91.3 | 17.8 | 73.5 |
| Aug | 1 | Mid | 1.21 | 8.89 | 88.9 | 13.1 | 75.8 |
| Aug | 2 | Mid | 1.21 | 8.5 | 85 | 10.5 | 74.6 |
| Aug | 3 | Mid | 1.21 | 8.27 | 91 | 7.6 | 83.3 |
| Sep | 1 | Mid | 1.21 | 8.12 | 81.2 | 4.1 | 77 |
| Sep | 2 | Mid | 1.21 | 7.92 | 79.2 | 1 | 78.3 |
| Sep | 3 | Mid | 1.21 | 7.13 | 71.3 | 0.9 | 70.5 |
| Oct | 1 | Late | 1.16 | 6.05 | 60.5 | 1 | 59.5 |
| Oct | 2 | Late | 1.05 | 4.83 | 48.3 | 0.5 | 47.7 |
| Oct | 3 | Late | 0.93 | 3.68 | 40.5 | 0.6 | 39.9 |
| Nov | 1 | Late | 0.82 | 2.63 | 26.3 | 0.6 | 25.7 |
| Nov | 2 | Late | 0.71 | 1.79 | 17.9 | 0.5 | 17.3 |
| Nov | 3 | Late | 0.63 | 1.45 | 7.3 | 0.5 | 6.8 |
| | | | | | 1110 | 113.9 | 996.4 |

Table 6. Detail of the ET_c , effective rainfall and CWR for rice.

| Month | Decade | Stage | Kc | ET_c | ET_c | Eff Rain | Irr. Req. |
|-------|--------|-------|-------|--------|--------|----------|-----------|
| | | | Coeff | mm/Day | Mm/Dec | | |
| Jun | 2 | Init | 0.3 | 3.22 | 19.3 | 1.4 | 18.1 |
| Jun | 3 | Init | 0.3 | 2.95 | 29.5 | 7.7 | 21.8 |
| Jul | 1 | Deve | 0.35 | 3.08 | 30.8 | 15.7 | 15.1 |

Table 6. Cont.

| Month | Decade | Stage | Kc | ETc | ETc | Eff Rain | Irr. Req. |
|-------|--------|-------|-------|--------|--------|----------|-----------|
| | | | Coeff | mm/Day | Mm/Dec | mm/Dec | mm/Dec |
| Jul | 2 | Deve | 0.6 | 4.74 | 47.4 | 21.4 | 26 |
| Jul | 3 | Deve | 0.87 | 6.65 | 73.1 | 17.8 | 55.3 |
| Aug | 1 | Mid | 1.14 | 8.37 | 83.7 | 13.1 | 70.6 |
| Aug | 2 | Mid | 1.21 | 8.51 | 85.1 | 10.5 | 74.6 |
| Aug | 3 | Mid | 1.21 | 8.27 | 91 | 7.6 | 83.4 |
| Sep | 1 | Mid | 1.21 | 8.12 | 81.2 | 4.1 | 77.1 |
| Sep | 2 | Late | 1.19 | 7.81 | 78.1 | 1 | 77.2 |
| Sep | 3 | Late | 0.97 | 5.7 | 57 | 0.9 | 56.1 |
| Oct | 1 | Late | 0.68 | 3.54 | 35.4 | 1 | 34.4 |
| Oct | 2 | Late | 0.44 | 2 | 14 | 0.4 | 13.5 |
| | | | | | 725.8 | 102.6 | 623.2 |

3.4. Crop Water Requirement of Cotton, Wheat and Rice

The amount (or depth) of water required by the crop is equal to the water lost through ET. Depending on the location, temperature, soil type, cultivation technique, effective rain, etc., crops have varying water needs, and the total amount of water needed for crop development is not distributed evenly over the course of the crop's life. The three crops' irrigation requirements (IRs) for water in the Multan region are in the following order (mm/dec) unit:

$$\text{Cotton (996.4)} > \text{Rice (823.2)} > \text{Wheat (209.5)}$$

Tables 4–6 demonstrate CROPWAT's calculations of the effective rain and IR for cotton, wheat, and rice.

3.5. Irrigation Scheduling and Net Irrigation Requirement (NIR)

Improved irrigation management in major crops results from understanding the irrigation scheduling and crop water requirements. The goal of water management for irrigation is to efficiently and deliberately regulate the quantity, frequency, and rate of irrigation. Tables 7–9 and Figures 4–6 describe the wheat, cotton, and rice crops' field crop irrigation schedules. For wheat, 103.5 mm and 72.4 mm, for cotton, 99.8 mm and 67.8 mm, and for rice, 63 mm and 44.1 mm, respectively, are the average gross irrigations, as well as the average net irrigations. For rice, there are 12 irrigation schedules, 21 for cotton, and 5 for wheat. The NIR is the amount of water required to fill the soil's field capacity or amount of water necessary for the crop to grow. NIR is influenced by the weather and cropping schedule. To convert the NIR into the net irrigation requirement, information about irrigation efficiency is required. When applying and transporting irrigation water, several losses, including runoff, seepage, evaporation and percolation, occur. [58]. Water is necessary for some processes, including leaching, transplanting and soil preparation. Therefore, ET losses from applying water for these reasons are included in CWR as Equation (6).

$$NIR = ET_c - Eff.rain \quad (6)$$

Table 7. Irrigation schedules for wheat.

| Date | Day | Stage | Rain | Ks | Eta | Depl | Net Irr | Deficit | Loss | Gr. Irr | Flow |
|--------|-----|-------|------|--------|-----|------|---------|---------|------|---------|--------|
| | | | mm | Fract. | % | % | mm | mm | mm | mm | l/s/ha |
| 2-Jan | 49 | Dev | 0 | 1 | 100 | 55 | 34.2 | 0 | 0 | 48.9 | 0.12 |
| 25-Jan | 72 | Mid | 0 | 1 | 100 | 55 | 39.6 | 0 | 0 | 56.6 | 0.28 |
| 11-Feb | 89 | Mid | 0 | 1 | 100 | 56 | 40.7 | 0 | 0 | 58.1 | 0.4 |
| 26-Feb | 104 | End | 0 | 1 | 100 | 61 | 44.1 | 0 | 0 | 63 | 0.49 |
| 24-Mar | End | End | 0 | 1 | 0 | 72 | | | | | |

Table 8. Irrigation schedules for cotton.

| Date | Day | Stage | Rain | Ks | Eta | Depl | Net Irr | Deficit | Loss | Gr. Irr | Flow |
|--------|-----|-------|------|--------|-----|------|---------|---------|------|---------|--------|
| | | | mm | Fract. | % | % | mm | mm | mm | mm | l/s/ha |
| 20-May | 6 | Init | 0 | 1 | 100 | 70 | 16.1 | 0 | 0 | 22.9 | 0.44 |
| 28-May | 14 | Init | 0 | 1 | 100 | 73 | 21.7 | 0 | 0 | 31 | 0.45 |
| 5-Jun | 22 | Init | 0 | 1 | 100 | 71 | 25.6 | 0 | 0 | 36.6 | 0.53 |
| 13-Jun | 30 | Init | 1.1 | 1 | 100 | 65 | 27.8 | 0 | 0 | 39.8 | 0.58 |
| 21-Jun | 38 | Dev | 0 | 1 | 100 | 70 | 34.4 | 0 | 0 | 49.1 | 0.71 |
| 30-Jun | 47 | Dev | 0 | 1 | 100 | 73 | 41.7 | 0 | 0 | 59.6 | 0.77 |
| 10-Jul | 57 | Dev | 0 | 1 | 100 | 72 | 46.6 | 0 | 0 | 66.6 | 0.77 |
| 20-Jul | 67 | Dev | 0 | 1 | 100 | 65 | 48 | 0 | 0 | 68.5 | 0.79 |
| 29-Jul | 76 | Dev | 0 | 1 | 100 | 68 | 55.1 | 0 | 0 | 78.7 | 1.01 |
| 6-Aug | 84 | Mid | 0 | 1 | 100 | 75 | 62.9 | 0 | 0 | 89.8 | 1.3 |
| 13-Aug | 91 | Mid | 5.5 | 1 | 100 | 66 | 55.6 | 0 | 0 | 79.4 | 1.31 |
| 21-Aug | 99 | Mid | 0 | 1 | 100 | 74 | 62.3 | 0 | 0 | 89 | 1.29 |
| 29-Aug | 107 | Mid | 0 | 1 | 100 | 69 | 58.2 | 0 | 0 | 83.1 | 1.2 |
| 5-Sep | 114 | Mid | 0 | 1 | 100 | 65 | 55 | 0 | 0 | 78.5 | 1.3 |
| 13-Sep | 122 | Mid | 0.5 | 1 | 100 | 73 | 61.7 | 0 | 0 | 88.2 | 1.28 |
| 20-Sep | 129 | Mid | 0 | 1 | 100 | 65 | 55 | 0 | 0 | 78.6 | 1.3 |
| 28-Sep | 137 | Mid | 0 | 1 | 100 | 67 | 56.2 | 0 | 0 | 80.3 | 1.16 |
| 8-Oct | 147 | End | 0 | 1 | 100 | 73 | 61.6 | 0 | 0 | 88.1 | 1.02 |
| 21-Oct | 160 | End | 0 | 1 | 100 | 76 | 63.5 | 0 | 0 | 90.7 | 0.81 |
| 16-Nov | 186 | End | 0 | 1 | 100 | 86 | 72.4 | 0 | 0 | 103.5 | 0.46 |
| 25-Nov | End | End | 0 | 1 | 0 | 15 | | | | | |

Table 9. Irrigation schedules for rice.

| Date | Day | Stage | Rain | Ks | Eta | Depl | Net Irr | Deficit | Loss | Gr. Irr | Flow |
|--------|-----|-------|------|--------|-----|------|---------|---------|------|---------|--------|
| | | | mm | Fract. | % | % | mm | mm | mm | mm | l/s/ha |
| 22-Jun | 8 | Init | 0 | 1 | 100 | 60 | 24.1 | 0 | 0 | 34.5 | 0.5 |
| 11-Jul | 27 | Dev | 0 | 1 | 100 | 58 | 37.6 | 0 | 0 | 53.8 | 0.33 |
| 25-Jul | 41 | Dev | 0 | 1 | 100 | 60 | 49.4 | 0 | 0 | 70.5 | 0.58 |
| 4-Aug | 51 | Dev | 0 | 1 | 100 | 63 | 59.6 | 0 | 0 | 85.2 | 0.99 |
| 12-Aug | 59 | Mid | 0 | 1 | 100 | 60 | 60.2 | 0 | 0 | 86 | 1.24 |
| 20-Aug | 67 | Mid | 0 | 1 | 100 | 63 | 62.6 | 0 | 0 | 89.4 | 1.29 |
| 28-Aug | 75 | Mid | 0 | 1 | 100 | 58 | 58.2 | 0 | 0 | 83.1 | 1.2 |
| 4-Sep | 82 | Mid | 0 | 1 | 100 | 55 | 55.2 | 0 | 0 | 78.8 | 1.3 |
| 12-Sep | 90 | Mid | 0 | 1 | 100 | 62 | 62.2 | 0 | 0 | 88.9 | 1.29 |
| 20-Sep | 98 | End | 0 | 1 | 100 | 62 | 62 | 0 | 0 | 88.6 | 1.28 |
| 4-Oct | 112 | End | 0 | 1 | 100 | 70 | 69.8 | 0 | 0 | 99.8 | 0.82 |
| 17-Oct | End | End | 0 | 1 | 100 | 32 | | | | | |

Farmers may pick the sort of crops to cultivate based on the water resources available with the use of this type of study. The term “total available moisture” (TAM) in the figures above refers to the entire amount of water that is accessible to the crop. The plant may obtain the amount of water from the root zone without experiencing water stress or immediate access to water (TAM).

In Southern Punjab, agriculture plays a significant role in the national economy. It served as Punjab’s main economic driver. There is currently a heated discussion regarding the direction Punjab agriculture should take in order to revive and contribute to the country, taking into account the growing competition on a national and regional level for limited water resources, as well as the difficulties posed by climate change.

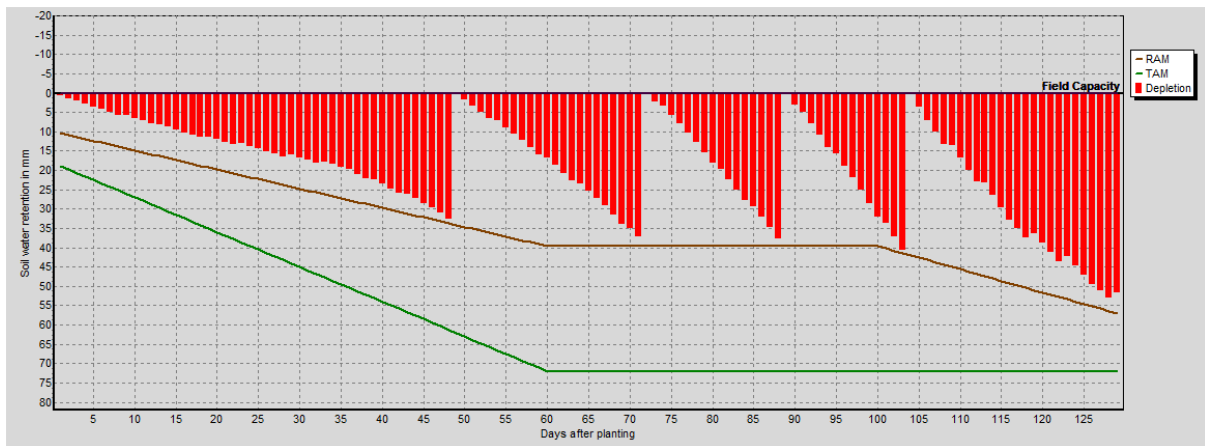


Figure 4. Irrigation schedules for wheat.

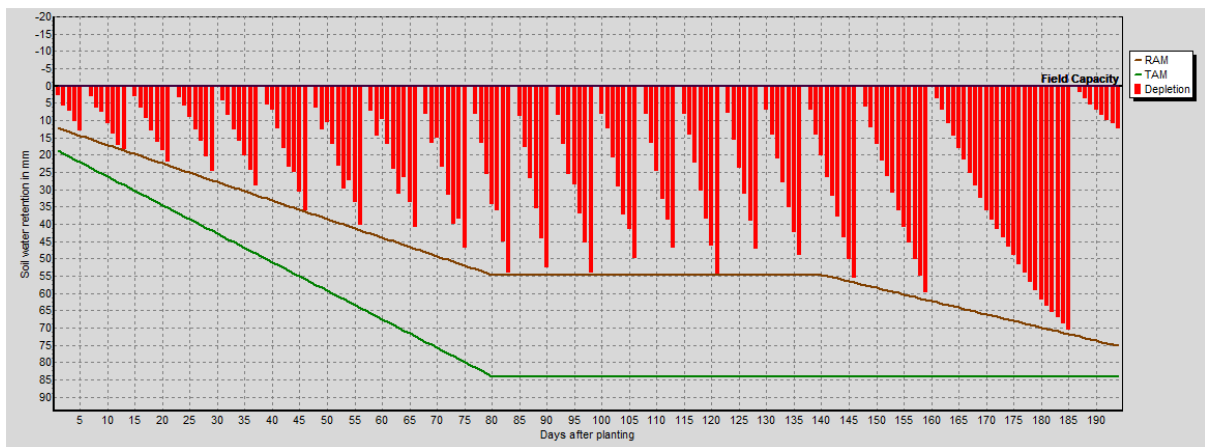


Figure 5. Irrigation scheduling for cotton.

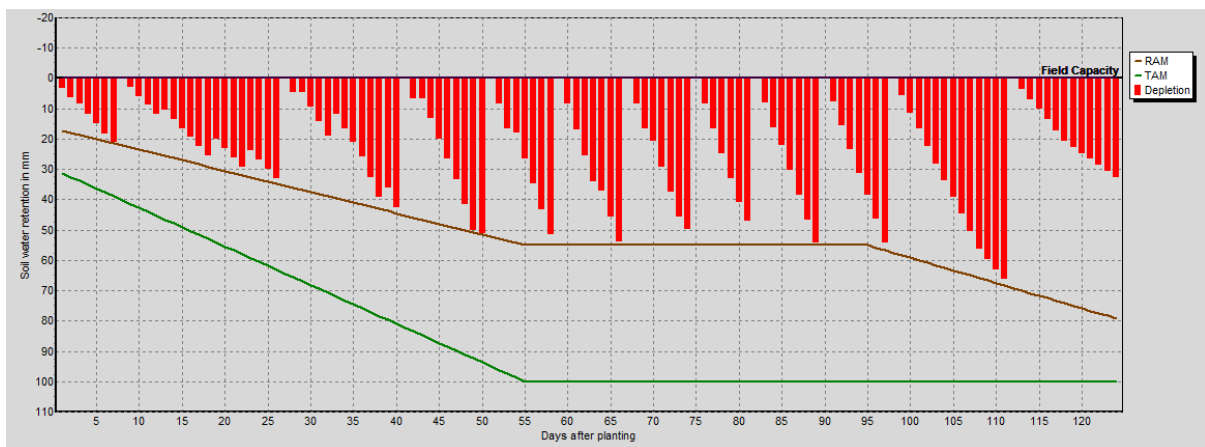


Figure 6. Irrigation schedules for rice.

4. Discussion

The main objective of this research, irrigation water requirement and evapotranspiration for the main crops have been determined using the ArcGIS 10.6 and CROPWAT 8.0 software in Southern Punjab, Pakistan. The relation of freshwater flows and higher temperatures caused by climate change is anticipated to have an influence on both the amount and quality of water [59]. The water quality of rivers is likely to be negatively

impacted by both growing urbanization and climate change. This could have important economic repercussions for the societies that depend on rivers, both directly through their use and indirectly through water-dependent industries such as agriculture.

According to Hussain et al. [25], rapid expansion in urban areas is often perceived as an indicator of the commercial growth; together, it impacts on environmental services and resources. These effects may consist of a loss of biodiversity, decrease in vegetation area, effect of urban heat island, emissions of greenhouse gases and spatial separation of natural environments, soil, light, water, as well as noise pollution [37,41]. According to our study, between 1990 and 2020, there was a significant growth in “build-up area” (increased to 8%). As a result, the findings indicate that urbanization is the form of land use that has the biggest detrimental impact on water quality.

Another perception of drop in agricultural yield is also congruent with scientific research conducted by Schnepf [60], where they have shown that 1°C increase in temperature can lead to 3–6% reduction in yield of various crops (e.g., wheat, rice, maize and soybean). The perception of farmers on the change in crop patterns is also in agreement with the ground reality of installing sugar mills in cotton areas of Punjab [9,18], which has led to a shift from growing cotton to growing sugarcane. Moreover, the perceived LULC changes are in accordance with recent studies such as Hussain et al. [21] and Waleed et al. [21]. These studies have shown that rapid LULC changes are taking place at national and local levels in Pakistan. In the survey, a greater fraction of farmers agrees that climate change can be mitigated. Regarding the rainfall intensity, respondents’ perception is in agreement with local increase in the precipitation in recent years [61,62]. However, Wahaj et al. [63] show that the average rainfall intensity has declined for the whole country over the study period of seven years (i.e., 2010–2017). The perception of the respondent on the decrease in the rainfall events is also corroborated from the data presented by Ewaid et al. [62], where it is shown that the rainfall frequency has decreased causing an increase in the number of dry days. The study’s findings revealed that ET_0 ranged from 1.8 to 10.24 mm/day, while effective rainfall ranged from 2 to 31.3 mm in the Multan Region. Irrigation requirement for wheat, cotton, and rice were 209.5, 996.4, and 623.2 mm/dec, respectively. Crop water consumption is higher during the dry seasons (autumn and summer) and lower during the wet seasons (spring and winter).

The entire evaluation of this study revealed that the watershed has a water supply and demand disparity. Due to the lack of an effective irrigation committee and water management system, there is also a lot of conflict among users. The usage of conventional irrigation systems, which waste water and reduce water use efficiency, is the other issue in the watershed. Therefore, alternative water supply sources, including water harvesting technologies, should be researched, as well as various agricultural water management solutions should be put into practice in order to overcome the water deficit [64]. Additionally, alternative irrigation techniques, such as drip irrigation, should be established in the region, and irrigation scheduling should be used to increase the efficiency of irrigation water. There were similar findings from other studies on issues with water management; a lack of water availability and disputes between water users were also revealed. One of the difficulties in allocating water is the water demand brought on by the fast growth of the population and the rising need for agricultural irrigation. As a result of the tremendous demands placed on water resources and their unprecedented effects on socioeconomic development, this rapid rate of increase has serious repercussions. One of the issues in the river basins is a shortage of water. The main causes are the increased demand for fresh water caused by population development, the deteriorated water quality and contamination of surface and groundwater sources, and the loss of prospective fresh water supply sources brought on by outdated and inefficient water management techniques. Conflicts frequently occur when several river users compete for a constrained source of water [65].

There are other factors involved in water scarcity besides availability. It is a very contentious global problem that some have predicted may lead to the world’s next fatal conflicts, including the vice president of the World Bank. There are connections among

many water issues in Northern Africa. Drinking water is frequently in scarce supply, precipitation is infrequent and uncertain, and the current infrastructure causes massive water losses through evaporation. In certain metropolitan locations, inhabitants only receive water once every 3 days. In other regions of the continent, the United Nations believe that patterns of unsustainable water usage, inadequate management, pollution, rising demand, and rapid population increase are to blame for a number of conflicts. According to UN predictions, by 2025, one in two Africans will reside in nations with water shortages [66,67]. In irrigation plans in the Southern Punjab Province, there are significant water losses. The majority of the time, earth canals and ditches used to distribute water to farmers' fields are very badly maintained and suffer significant water loss through flow, infiltration, and leakage.

5. Conclusions

In this study, irrigation water requirement and evapotranspiration for the main crops have been determined using the ArcGIS 10.6 and CROPWAT 8.0 software in Southern Punjab, Pakistan. According to our finding, the build-up area increased, 57,581 Ha (15.78%), as compared to 1990. Urbanization is finished by the expansion of roadways, residences, and commercial and industrial structures. The total net irrigation and total gross irrigation were 72.4 mm and 103.5 mm for cotton, 67.8 mm and 99.8 mm for rice, and 44.1 mm and 63 mm for wheat. A few stream courses were altered to make room for new development. There may be some deep large-capacity wells that industries dig. Since less water will permeate the earth as a result of more pavement, there will be less water available to replenish the subsurface water table. The water table will drop as a result. Several existing wells can dry up because they are not deep enough to draw water from. Evapotranspiration ranged from 1.8 to 10.24 mm/day, while effective rainfall ranged from 2 to 31.3 mm in the study area. Irrigation requirements for cotton, rice, and wheat were 996.4, 623.3, and 209.5 mm/dec respectively. Due to this research area's seasonal and biological characteristics, it is clear that irrigation scheduling and CWR were unique to the Multan territory. Cotton, the summer crop, required higher evapotranspiration, water, and frequent watering plans than the three main crops in the following order:

Cotton (996.4) > Rice (823.2) > Wheat (209.5)

The main results of the research increase our information of several important crops in the Multan region's water needs, which can assist in the improvement of the water resources and yield through advanced technology based on these results. To calculate CWRs for all parts of Pakistan that lack such research, a thorough plan should be created. Additionally, there are no guidelines or regulations for managing the watershed or using the river appropriately. In irrigation plans in the Southern Punjab Province, there are significant water losses. Therefore, alternative water supply sources, including water harvesting technologies, should be researched, as well as various agricultural water management solutions should be put into practice in order to overcome the water deficit. Moreover, various irrigation techniques, such as drip irrigation, should be enhanced in the region to increase irrigation water efficiency. The findings of this research may be employed as a guidance for farmers to choose the quantity and frequency of irrigation for the crops being investigated, as well as by water resource planners for future planning, helping to conserve water in fulfilling the crop water requirements.

Author Contributions: Conceptualization: S.H., M.A.E. and W.N.; methodology, M.M., S.H. and A.R.; formal analysis, M.M., S.F., M.A.E. and M.A.; writing—original draft preparation, M.M., S.F., W.N. and A.R.; writing—review and editing, M.M., S.F. and A.R.; supervision, S.H. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: The datasets used and/or analyzed during the current study are available in the article from the corresponding author on request.

Conflicts of Interest: The authors declare no conflict of interest.

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