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Letter to the Editor

## Timely diagnosis of Wilson's disease using whole exome sequencing

**Keywords:**

Wilson's disease  
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ATP7B gene  
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**1. Main text**

Wilson's disease (WD) is a rare inborn error of copper metabolism caused by mutations in *ATP7B* gene. Although there is no genetic heterogeneity in WD etiology, the widespread clinical presentation of WD makes its diagnosis not always straightforward, particularly when atypical symptoms are present and a number of differential diagnoses must be considered [1]. Since it is a potentially treatable disorder, the prognosis of WD rests in a confirmatory and timely diagnosis leading to prompt therapy [1,2]. Exome sequencing has proved to be useful for the diagnosis of several neurogenetic disorders, enhancing the ability to identify the causative genetic defect in patients with complex phenotypes. Moreover, the cost and time needed to reach a proper diagnosis is reduced [3]. We report the phenotype and genotype of a patient with WD who, by means of exome sequencing, was diagnosed with the disease, with two novel *ATP7B* mutations being identified.

A 25-year-old woman, born of non-consanguineous parents, was admitted to our center with a 6-month history of progressive irritability, personality changes, depression, emotional lability, unmotivated laughter and slow speech. Involuntary movements in the left hand, abnormal posture of lower limbs and impairment of gait were also observed. On neurological examination, the patient was alert, with Mini-Mental State of 23/30 and Montreal cognitive assessment test (MOCA) of 20/30. Speech was slow; a moderate-severe dysarthria was present. Except for slow conjugate eye movements and square wave jerks, cranial nerves were normal. We found increased deep tendon reflexes in lower limbs, bilateral Hoffman's sign, left ankle clonus and a mild right brachio-cubital paresis. She presented slow and rhythmic involuntary movements in the left upper limb, suggestive of stereotyped movements and a dystonic posture in internal rotation of both lower limbs (video: segment 1).

Supplementary video related to this article can be found at <http://dx.doi.org/10.1016/j.parkreldis.2015.09.031>.

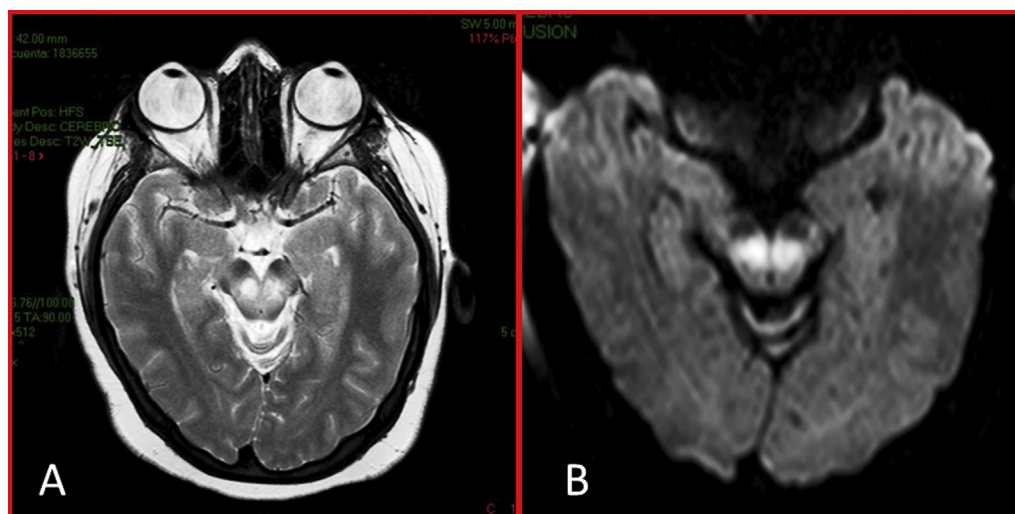
A decreased ceruloplasmin (18 mg/dl) and a mildly increased urinary copper excretion (84.80 ug/24 h) in the presence of normal

total serum copper levels (71.1 ug/dl) were found. The rest of routine laboratory tests were normal. Ophthalmologic evaluation did not show the presence of Kayser-Fleischer's rings. The MRI showed increased signal intensity on T2/FLAIR bilaterally and symmetrically in putamen, caudate nucleus, posterior limb of the internal capsule, tectum mesencephalon, pons and red nucleus. A remarkable diffusion restriction in both putamen and red nucleus was observed (Fig. 1).

Based on radiological findings - albeit atypical but suggestive of WD- and the evidence of low serum copper as well as an increased urinary copper excretion, a probable diagnosis of WD was postulated. Empirical treatment with D-Penicillamine was initiated. In order to confirm the diagnosis, we performed a targeted *ATP7B* sequencing, looking for the presence of the common *His1069Gln* mutation. However, the mutation remained undetected. Consequently, a so-called rapid exome sequencing was performed using an amplicon assay in an Ion Proton platform, revealing compound heterozygosity for two *ATP7B* novel mutations (*NM\_000053:c.2165T > A:p.L722Q* and *c.3704G > A:p.G1235D*). A month after penicillamine therapy onset, the patient showed an improvement in cognitive functions, gait and dysarthria in concordance with an adequate decoppering (video: segment 2).

We have presented a WD patient with predominant psychiatric symptoms and a wide spectrum of neurological manifestations without Kaiser Fleisher rings. The patient's MRI showed atypical neuroimaging findings characterized by the so-called giant panda sign but with restriction in DWI. We illustrate how exome sequencing was useful for confirming a molecular diagnosis, which allowed a prompt therapy. Previous reports have shown the presence of restriction in the DWI of WD patients, correlating diffusion changes with clinical severity. On the other hand, restricted diffusion may be seen at early stages of the disease, with a return to normal diffusivity after necrosis and spongiform degeneration have occurred [4]. The observed pattern on MRI, along with the absence of Kaiser-Fleisher rings, is likely to reveal early stages of the disease in our patient. Delays in the diagnosis of WD are more frequent in patients with neuro-psychiatric presentations than in those with hepatic affection. A mean time to diagnosis of about 3 years has been reported in patients showing neuropsychiatric symptoms at onset. Early diagnosis leading to prompt therapy is crucial in stopping the progression of the disease [2]. Exome sequencing can be performed in a few days at a cost no greater than what it takes to sequence a small number of candidate genes [3,5]. In summary, we have highlighted the use of next generation sequencing as a fast tool for confirming a WD diagnosis and have reported two novel *ATP7B* mutations, thus expanding the spectrum of mutations causing WD.

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**Fig. 1.** Brain MRI showing high signal on axial T2 (A) with a noteworthy diffusion restriction (B) in both red nucleus (Bright Panda Sign). (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

#### Declaration of interest

Marcelo Kauffman is researcher in CONICET and Gobierno de la Ciudad de Buenos Aires. Sergio Rodríguez-Quiroga has a fellowship from Gobierno de la Ciudad de Buenos Aires.

The rest of the authors declare that they have no conflict of interest.

#### Author's contributions

**Protocol draft and execution:** SRQ, JR, TA, MC, DGM, NM, NG, MK.

**Manuscript draft:** SRQ, JR, TA, NG, MK.

**Review and Critique:** SRQ, JR, TA, MC, DGM, NM, NG, MK.

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