

9:00-10:00 (Western European Time - WET)

SESSION 6: Medically Assisted Procreation and Pregnancy Interruption | MESA 6: Procriação medicamente assistida e Interrupção da Gravidez

Moderators | Moderadores: Maria Raúl e Maria Jesus Correia

1. Working Group and Intervision in Psychology in Medically Assisted Procreation - GIPPMA [Grupo de Trabalho e Interversão em Psicologia na Procriação Medicamente Assistida - GIPPMA]

Emanuela Lopes¹, Maria Raul Xavier², Anita Mendes Pinto³, Salomé Reis⁴, Sandra Santos⁵, Sara Barros⁵, Vânia Jorge Catarino⁵, Zelia Malta³

¹*Unidade de Psicologia Clínica e da Saúde, Hospital Senhora da Oliveira EPE, Guimarães, Portugal*

²*Universidade Católica Portuguesa, Faculdade de Educação e Psicologia, Centro de Investigação para o Desenvolvimento Humano (CEDH), Porto, Portugal*

³*Serviço de Psicologia, Centro Hospitalar de Entre Douro e Vouga, Santa Maria da Feira, Portugal*

⁴*Serviço de Psicologia, Centro Hospitalar e Universitário de S. João, Porto, Portugal*

⁵*Unidade de Psicologia, Centro Hospitalar do Médio Ave, Famalicão, Portugal*

emanuelalopes@hospitaldeguimaraes.min-saude.pt, mxavier@ucp.pt, anita.pinto@chedv.min-saude.pt,

salome_sol@hotmail.com, sandrasantos@chma.min-saude.pt, sara.barros@chma.min-saude.pt,

vania.catarino@chma.min-saude.pt, zelia.malta@chedv.min-saude.pt

Abstract

With a view to improving provision of care in the field of Psychology in the context of Medically Assisted Procreation (PMA), the GIPPMA - Working Group and Intervision in Psychology at PMA was created in 2019. This informal group includes Psychologists who carry out their work activities in a hospital of the SNS (North Zone) and a professor/researcher. The GIPPMA emerged on the personal initiative of these professionals with the central assumption of creating a shared practical approach, overcoming some of the difficulties present in clinical practice.

The group's objectives are: to build standardized psychological protocols in the field of PMA (pre-treatment evaluation, treatment and post-treatment protocols), as well as to develop, evaluate and propose work initiatives aimed at disseminating solutions and good practices in this area. GIPPMA has been emphasizing joint scientific research, seeking to contribute to knowledge on the subject, crucial as a basis for intervention. Similar to other areas of Psychology, which are undergoing rapid development and change, requiring professionals to be constantly updated/trained, this group also includes Clinical Intervision. Taking advantage of the geographical proximity and formal relations between institutions and following what the Portuguese Psychologists Association has been highlighting, GIPPMA considers this area of its activity as relevant in promoting well-being and self-care of professionals, in facilitating training and continuous development, as well as a safe and quality professional practice.

Keywords: Infertility, Medically Assisted Procreation, Psychological Care

2. Sociodemographic characteristics, (in)fertility and psychological impact on women and men undergoing Fertility Treatments [Características sociodemográficas, (in)fertilidade e impacto psicológico em mulheres e homens que recorrem à PMA]

Maria Raul Xavier¹, Salomé Reis², Emanuela Lopes³, Inês Capela⁴, Joana Caldas⁴, Rita Mendonça⁴, Mariana Pinho⁴

¹*Universidade Católica Portuguesa, Faculdade de Educação e Psicologia, Centro de Investigação para o Desenvolvimento Humano (CEDH), Porto, Portugal*

²*Serviço de Psicologia, Centro Hospitalar e Universitário de S. João, Porto, Portugal*

³*Unidade de Psicologia Clínica e da Saúde, Hospital Senhora da Oliveira EPE, Guimarães, Portugal*