

Citation for published version:

Smith, J, Greaves, CJ, Thompson, JL, Jones, M, Armstrong, R, Coleman, SL, Kok, M, Solomon-Moore, E, Taylor, RS & Abraham, C 2015, 'Community-based Prevention of Diabetes (ComPoD): A randomised, waiting list controlled trial of the Living Well, Taking Control programme', 11th UKSBM Annual Scientific Meeting: 'Biology, Behaviour & Environment', 8/12/15 - 9/12/15.

Publication date:
2015

[Link to publication](#)

Publisher Rights
Unspecified

University of Bath

Alternative formats

If you require this document in an alternative format, please contact:
openaccess@bath.ac.uk

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

Take down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

UKSBM Timetable Tuesday 8th December 2015

Time	Session	Speaker/Chair	Room
09:00	Registration	Tuesday 8th December 2015	Gateshead Foyer
09:45	Welcome and Early Career Awards	Dr Chris Bundy, President, UKSBM Professor Eileen Kaner, Chair of the Scientific Committee	Gateshead Suite
10:15	Keynote	Dr Charlie Foster Recruitment - the real challenge of changing behaviour?	Gateshead Suite
11:05	Parallel Session A	<i>Symposium:</i> Bridging the evidence to practice gap: implementing brief behavioural interventions for risky alcohol consumption in primary healthcare and beyond	Pipewellgate
		<i>Symposium:</i> Psychobiological stress: mechanisms, health and wellbeing	Gateshead Suite
		<i>Parallel Session Themes:</i> 1. Weight Management 1 2. Smoking Cessation 3. Alcohol 1 4. Managing Long-Term Conditions	Boardroom Room 6, 7 & 8 Room 1 Room 2
12:20	Lunch & Meetings	Private NPRI meeting	Pipewellgate
		All other delegates eat lunch and network	Gateshead Foyer
13:30	Prize Winning Presentations	★ Rosie McEachan: Positive effects of green space on depression in pregnancy: towards environmental interventions for health ★ Dr Jody Quigley: Childhood self-control predicts smoking throughout life: Evidence from 15,000 cohort study participants	Gateshead Suite
14:10	Parallel Session B	<i>Symposium:</i> Carrots and sticks for childhood jabs: do financial incentives or school entry policies increase uptake of preschool vaccinations and how acceptable are they?	Pipewellgate
		<i>Symposium:</i> The Bristol Girls Dance Project: results of a dance-based cluster-RCT for Year 7 girls and implications for future research	Gateshead Suite
		<i>Parallel Session Themes:</i> 1. Eating and Drinking 2. Public Health 3. Delivering Healthcare 4. Theory, Frameworks and Methodology	Room 6, 7 & 8 Room 1 Boardroom Room 2
15:25	Poster Tours & Refreshments	<i>Interactive Poster Parallel Session Themes:</i> - Alcohol, smoking & substance use - Maternal health - Children, young people, and parents - Healthcare practice - Digital technology - Person perspective - Public health - Lifestyle interventions in clinical populations	Gateshead Foyer
16:20	Keynote	Professor Angela Clow Links between aging, cortisol secretion and cognitive function	Gateshead Suite
17:10		Tribute to Jane Wardle Robert West	Gateshead Suite
17:20	UKSBM AGM	UKSBM AGM Members	Gateshead Suite
19:30		Wine Reception and Dinner Evening Entertainment	BALTIC Centre for Contemporary Art (Offsite)

UKSBM Timetable Wednesday 9th December 2015

Time	Session	Speaker/Chair	Room
08:30	Registration	Wednesday 9th December 2015	Gateshead Foyer
09:00	Keynote	Professor Steve Cummins Improving population health: the challenge of environmental interventions	Gateshead Suite
09:50	Parallel Session C	<i>Symposium:</i> Implementing evidence based guidelines for public health in local authorities	Pipewellgate
		<i>Structured Discussion:</i> Downsizing: how can the behavioural sciences inform public health efforts to reduce portion size?	Gateshead Suite
		<i>Parallel Session Themes:</i> 1. Alcohol 2 2. Children and Young People 3. Prevention 4. Pregnancy and Maternal Health	Room 1 Boardroom Room 2 Room 6, 7 & 8
11.05	Poster Tours & Refreshments	<i>Interactive Poster Parallel Session Themes:</i> - Lifestyle interventions in clinical populations - Person perspective - Eating and weight management - Using medicines - Children, young people and parents - Digital technology - Healthcare practice - Public health	Gateshead Foyer
12:00	Parallel Session D	<i>NPRI Workshop:</i> Knowledge translation	Pipewellgate
		<i>Symposium:</i> Monitoring alcohol consumption in England: The Alcohol Toolkit Study	Gateshead Suite
		<i>Parallel Session Themes:</i> 1. Physical Activity and Sedentary Behaviour 2. Primary Care 3. Weight Management 2 4. Rehabilitation and Self-Care	Room 1 Room 6, 7 & 8 Boardroom Room 2
13:15	Lunch & Meetings	UKSBM Early Career Network Meeting	Pipewellgate
		All other delegates eat lunch and network	Gateshead Foyer
14:25	Parallel Session E	<i>Symposium:</i> The New NHS England/NHS Scotland competence framework for psychological interventions for people with Long Term Conditions (LTC) and Medically Unexplained Symptoms (MUS): Implications for research and practice	Gateshead Suite
		<i>Structured Discussion:</i> SWOTting up on exercise referral - how do we instigate behavioural change?	Pipewellgate
		<i>Workshop:</i> Funding for behavioural research. By Cancer Research UK, Wellcome Trust, MRC and NIHR	Room 1
		<i>Parallel Session Themes:</i> 1. Alcohol 3 2. Adherence and Attendance 3. Personal beliefs, cognitions and self-control	Room 2 Room 6, 7 & 8 Boardroom
15:40	Break	Refreshment break and exhibition	Gateshead Foyer
16:10	NPRI Keynote	Professor Falko Sniehotta Preventing weight regain after successful weight loss: Individual and population perspectives	Gateshead Suite
17:00	Close	Best Poster Prize. Goodbye and hello from the 2016 hosts	Gateshead Suite

Day 1 - Tuesday 8th December 2015 - Parallel Session A, 11:05-12:20

Chair	Prof Eileen Kaner	Dr Mark Wetherell	Prof Falko Sniehotta	Prof Robert West	Dr Richard Cooke	Dr Rachael Powell
Room	Pipewellgate	Gateshead Suite	Boardroom	Room 6, 7 & 8	Room 1	Room 2
	Symposium	Symposium	Weight Management 1	Smoking Cessation	Alcohol 1	Managing Long-Term Conditions
11:05 - 11:20	Bridging the evidence to practice gap: implementing brief behavioural interventions for risky alcohol consumption in primary healthcare and beyond	Psychobiological stress: mechanisms, health and wellbeing Prof Angela Clow, Dr Michael Smith, Prof Daryl O'Connor	Perceived weight status and risk of weight gain across life in US and UK adults Dr Michael Daly	Recall of e-cigarette advertising and point of sale displays by 12-17 year olds and relationship to intention to use e-cigarettes in next 6 months Dr Catherine Best	Drowning in data: 7,500 responses to a text message intervention Prof Iain Crombie	Can theory-based written resources improve illness coherence without increasing anxiety in people with psoriasis? Findings from the IMPACT patient intervention feasibility study. Karen Kane
11:23 - 11:38	Dr Amy O'Donnell, Colin Angus, Dr Niamh Fitzgerald, Bernd Schulte Discussant: Prof Eileen Kaner		Treatment fidelity in a health advisor led weight-loss intervention: exploring the CAMWEL trial Dr Emma Godfrey	Real-world uptake of a tailored text message smoking cessation programme for pregnant smokers (MiQuit) in non-clinical settings Dr Joanne Emery	The measurable effect of alcohol licensing policy intensity on local alcohol-related hospital admission rates in England. Dr Frank de Vocht	A qualitative study of health-seeking behaviour in patients with psoriasis Dr Jacqueline Simpson
11:42 - 11:57			Health, not weight loss, focused programmes (HNWL) versus conventional weight loss programmes (CWL) for cardiovascular risk factors: A Cochrane review Nazanin Khasteganan	A qualitative investigation into the barriers and facilitators to smoking cessation during pregnancy from three perspectives - pregnant women, their partners and healthcare professionals Dr Felix Naughton	How do we control an unsuitable tendency? The effects of Cue Avoidance training and Inhibitory Control training on alcohol consumption in the laboratory. Lisa Di Lemma	Natalia Subjective sleep quality and next-day fatigue in chronic fatigue syndrome (CFS): A daily diary study. Prof Alison Wearden
12:01 - 12:16			Development and optimisation of a self-regulation-based intervention to aid the transition from weight loss to weight loss maintenance Dr Kirby Sainsbury	Impact of advertisements promoting candy-like flavoured e-cigarettes on appeal of tobacco smoking amongst children: an experimental study Dr Milica Vasiljevic	The Effect of an Appearance versus Health Framed Alcohol Awareness Message on Online User Engagement and Behaviour Anna Sallis	Identifying key biopsychosocial barriers for people with primary Sjögren's syndrome to carrying out every-day behaviours across life situations: a group concept mapping study Katie Hackett

Day 1 - Tuesday 8th December 2015 - Parallel Session B, 14:10-15:25

Chair	Dr Jean Adams	Prof Russ Jago	Dr Eric Robinson	Prof Martin White	Dr Barbara Farquharson	Prof Susan Michie
Room	Pipewellgate	Gateshead Suite	Room 6, 7 & 8	Room 1	Boardroom	Room 2
	Symposium	Symposium	Eating and Drinking	Public Health	Delivering Healthcare	Theory, Frameworks and Methodology
14:10 - 14:25	Carrots and sticks for childhood jabs: do financial incentives or school entry policies increase uptake of preschool vaccinations and how acceptable are they?	The Bristol Girls Dance Project: results of a dance-based cluster-RCT for Year 7 girls and implications for future research	Tracking snacking: Real time contextual correlates of high calorie snacking Dr Julia Allan	How did the PRIMIT intervention change hand-hygiene behaviour in 19000 people? Dr Ben Ainsworth	Is there a role for patients and their relatives in monitoring, detecting and escalating clinical patient deterioration in hospital? A narrative review Abigail Albutt	A methodology for identifying links from behaviour change techniques to theoretical mechanisms of action Dr Rachel Carey
14:28 - 14:43	Rebekah McNaughton, Laura Ternent	Dr Mark Edwards, Dr Simon Sebire, Emma Bird	The impact of an implementation intention intervention to improve meal times and reduce jet lag in long-haul cabin crew Cristina Ruscitto	Reds are more important than greens: how UK supermarket shoppers use the different information on a traffic light nutrition label Asha Kaur	Attitudes towards health promotion practices in pre-registered nurses: relationship with body weight and self-perception Holly Blake	Attitudes towards the use of a modified consent procedure in a study to measure adherence to glaucoma therapy Heidi Cate
14:46 - 15:01			Portion, package or tableware size for changing selection and consumption of food, alcohol and tobacco: Cochrane systematic review Dr Gareth Hollands	Associations between supermarket in-store environments and dietary quality are moderated by educational attainment Dr Christina Vogel	Doctor-patient relationship and quality of life in Irritable Bowel Syndrome. Katrin Hulme	Do Self-Incentives and Self-Rewards Change Behaviour? A Systematic Review and Meta-Analysis Emma Brown
15:04 - 15:19			"If I miss out the crisps I can have an extra pint": challenges and opportunities in addressing overweight and alcohol Prof Iain Crombie	How can we help parents recognise an unhealthy body weight in their children? The 4 & UPP Study Dr Angela Jones	Theory-based process evaluation alongside the cluster randomised controlled 'IDEA' trial targeting multiple behaviour change in primary care clinicians' management of type 2 diabetes [ISRCTN66498413] Dr Justin Presseau	The development of a taxonomy of components for healthcare professional training interventions Dr Katherine Perryman

Day 1 - Tuesday 8th December 2015 - Interactive Poster Parallel Session

Prof David French	Dr Paula Watson	Dr Tony Cassidy	Dr Angela Beattie
Alcohol, smoking & substance use	Healthcare practice	Maternal health	Children, young people, and parents
Poster Board 1: Development of a theory and evidence informed intervention to promote smoking cessation during pregnancy using narrative, text-messages and images as modes of delivery Dr Mary Steele	Poster Board 10: A systematic review of midwife-health visitor collaborative practices Maria Raisa Jessica (Ryc) Aquino	Poster Board 17: Experiences of lifestyle management and support during pregnancy: a qualitative study of the attitudes and experiences of pregnant women and healthcare professionals Caragh Flannery	Poster Board 23: Mentoring vulnerable excluded adolescents to achieve better health and well-being: results from the feasibility pilot randomised control trial (RCT) of the Breakthrough Mentoring Scheme Dr Angela Beattie
Poster Board 2: Assessing the association between smoking-related attentional bias and craving measured in the laboratory and in the natural environment Dr Rachna Begh	Poster Board 11: Theory-informed evaluation of two delivery approaches of a GP exercise referral scheme: a quasi-experimental trial Dr Paula Watson	Poster Board 18: UK newsprint media representations of guidance and emerging evidence on low level drinking during pregnancy: a content analysis Josh Berlyne	Poster Board 24: The impact on parents/carers of a brief school-based psychoeducational intervention to raise adolescent cancer awareness: a cluster randomised controlled trial Dr Gill Hubbard
Poster Board 3: Designing a process evaluation in the GASP (Groups for Alcohol-misusing Short-term Prisoners) Trial: assessing the influence of group characteristics, organisational and environmental factors Dr Rachel McNamara	Poster Board 12: Recruiting and retaining patient participants in general practices for a trial of brief opportunistic interventions delivered by GPs to motivate weight loss: are local nurses more effective? Sarah Tearne	Poster Board 19: Feasibility of a brief routine weight management intervention for postnatal women embedded within the national child immunisation programme Janice Ferguson	Poster Board 25: Interventions for children with movement impairments: a systematic review of behavioural ingredients, outcomes and mechanisms Dr Niina Kolehmainen
Poster Board 4: Improving the reliability of the visual probe task measure of attentional bias for substance-related cues Panagiotis Spanakis	Poster Board 13: A systematic review of the administration, scoring and classification methods of pain assessments in children and adolescents with chronic pain Rebecca Lee	Poster Board 20: Mam-Kind study: A novel peer-support intervention using Motivational Interviewing for breastfeeding maintenance: a UK feasibility study Dr Lauren Copeland	Poster Board 26: The RIGHT TRACKS study – feasibility of a lottery-based incentive scheme to promote active travel to school Samuel Ginja
Poster Board 5: The <i>ad-libitum</i> alcohol ‘taste test’: secondary analyses of potential confounds and construct validity Dr Andrew Jones	Poster Board 14: The Perceived Effectiveness of Training (PET) framework: A framework for designing high quality training interventions Dr Katherine Perryman	Poster Board 21: Fertility issues in young women with cancer - a qualitative synthesis of literature Aleksandra Sobota	Poster Board 27: Using intervention mapping to develop a home-based parental supervised toothbrushing intervention for young children Dr Kara Gray-Burrows
Poster Board 6 Effects of inhibition training on event-related potential markers of inhibitory control in heavy drinkers Dr Mrunal Bandawar	Poster Board 15 Can positively deviant elderly medical wards be identified using routinely collected safety data? Ruth Baxter	Poster Board 22: Psychosocial predictors of IVF success: A one year follow-up study Dr Tony Cassidy	

Please note all speakers, content and timings are subject to change

Day 1 - Tuesday 8th December 2015 - Interactive Poster Parallel Session

Prof David French	Dr Paula Watson		
Alcohol, smoking & substance use	Healthcare practice		
Poster Board 7: Evaluation of a brief personalised intervention for alcohol consumption in students Natasha Clarke	Poster Board 16: Behavioural predictors of Aseptic Technique performance by renal staff during haemodialysis Dr Vivien Swanson :		
Poster Board 8: Do alcohol treatment/public health and marketing experts think televised alcohol advertisements abide by Code of Broadcast Advertising rules? Prof David French			
Poster Board 9: Visual attention to brand and health information on alcohol packaging Inge Kersbergen			

Day 1 - Tuesday 8th December 2015 - Interactive Poster Parallel Session

Dr Ian Kellar Digital technology	Heather Moore Person perspective	Dr Nicola O'Brien Public health	Prof Annie S Anderson Lifestyle interventions in clinical populations
Poster Board 28: Randomised controlled trial of a tailored SMS text-message intervention (MiQuit) for pregnant smokers in routine antenatal care Dr Katharine Foster	Poster Board 33: Psychological profile of individuals presenting with chronic cough Katrin Hulme	Poster Board 39: A pilot randomised controlled trial of a web-based lifestyle intervention 'LEAP' to promote health and wellbeing in retirement Dr Nicola O'Brien	Poster Board 43: TreatWELL - A feasibility study to assess the delivery of a lifestyle intervention for colorectal cancer patients undergoing potentially curative treatment Prof Annie Anderson
Poster Board 29: A web-based and mobile health social support intervention to promote adherence to inhaled asthma medications: randomized controlled trial Dr Ian Kellar	Poster Board 34: The double dividend of safety: reducing risks beyond individual control may lead to increased healthy behaviour Dr Gillian Pepper	Poster Board 40: Transition from community dwelling to retirement village in older adults: cognitive functioning and psychological health outcomes Dr Richard Cooke	Poster Board 44: Management of smoking in UK primary care in patients diagnosed with bladder, lung and head & neck cancer compared with coronary heart disease (CHD): a Clinical Practice Research Database (CPRD) study Dr Amanda Farley
Poster Board 30: Working with service users and providers to create a user-friendly resource: the Digital Heart Manual Dr Carolyn Deighan	Poster Board 35: Patient's experiences of minimally-invasive surgical treatment for Leg Ulcers: The role of agency Philippa Tollow	Poster Board 41: Evaluating the impact of a community-based cancer awareness roadshow on knowledge, attitudes and behaviors Kirstie Osborne	Poster Board 45: The effectiveness of a physical activity consultation service delivered within routine diabetes care Dr Lynsay Matthews
Poster Board 31: Apps and Medication Adherence: A Content Analysis Eimear Morrissey	Poster Board 36: How might cognitive difficulties affect the clinical care of patients with mitochondrial disease? Dr Heather Moore	Poster Board 42: Determinants of physical activity amongst UK community-dwelling older adults Kieran Ayling	
Poster Board 32 Text messaging to encourage uptake of HIV testing amongst African communities: findings from a theory-based feasibility study Dr Holly Blake	Poster Board 37 Do executive function and impulsivity predict adolescent health behaviour after accounting for intelligence? Findings from the ALSPAC cohort Dr Kaidy Stautz		
	Poster Board 38 The Role of Self-Efficacy in the Initiation and Maintenance of Physical Activity: A Systematic Review Mei Yee Tang		

Day 2 - Wednesday 9th December 2015 - Parallel Session C, 09:50-11:05

Chair	Prof Susan Michie	Prof Susan Jebb	Prof Eileen Kaner	Dr Tony Cassidy	Dr Jean Adams	Prof Mark Pearce
Room	Pipewellgate	Gateshead Suite	Room 1	Boardroom	Room 2	Room 6, 7 & 8
	Symposium	Structured Discussion	Alcohol 2	Children and Young People	Prevention	Pregnancy and Maternal Health
09:50 - 10:05	<p>Implementing evidence based guidelines for public health in local authorities</p> <p>Prof Mark Petticrew, Prof Mike Kelly, Prof Susan Michie</p>	<p>Downsizing: how can the behavioural sciences inform public health efforts to reduce portion size?</p> <p>Dr Eric Robinson, Prof Peter Rogers, Prof Theresa Marteau</p>	<p>Personalised digital interventions for reducing hazardous and harmful alcohol consumption in community-dwelling populations</p> <p>Colin Muirhead</p>	<p>Qualitative synthesis of young people's views of sex and relationship education (SRE)</p> <p>Dr Pandora Pound</p>	<p>A systematic review of the effectiveness of peer support to reduce cardiovascular risk</p> <p>Dr Claire McEvoy</p>	<p>Evaluation of the implementation of a complex intervention (babyClear©) to promote increased smoking cessation rates among pregnant women in maternity care</p> <p>Dr Ruth Bell</p>
10:08 - 10:23	<p>Discussant: Prof Martin White</p>		<p>Behaviour change techniques used in digital interventions to reduce excessive alcohol consumption</p> <p>David Crane</p>	<p>What factors to target to increase physical activity behaviours in children with disabilities? A cross-sectional mixed methods study</p> <p>Dr Niina Kolehmainen</p>	<p>Increasing uptake of NHS Health Checks - Findings from two pragmatic randomised controlled trials</p> <p>Anna Sallis</p>	<p>Interest in and use of smoking cessation support across pregnancy and after delivery</p> <p>Dr Felix Naughton</p>
10:26 - 10:41			<p>Theory content of digital interventions for reducing alcohol consumption: a systematic review</p> <p>Claire Garnett</p>	<p>Are parental motivations to exercise and aspirations for health associated with the physical activity behaviour of parents and their children?</p> <p>Dr Emma Solomon</p>	<p>The Community-based Prevention of Diabetes (ComPoD) study: a randomised, waiting list controlled trial of the voluntary sector-led Living Well, Taking Control (LWTC) programme</p> <p>Dr Jane Smith</p>	<p>Using the Behaviour Change Wheel to develop a psychological intervention to maintain breastfeeding</p> <p>Catriona Snodin</p>
10:44 - 11:01			<p>Acceptability of and engagement with digital interventions for reducing hazardous or harmful alcohol consumption in community-dwelling populations: a systematic review</p> <p>Fiona Beyer</p>	<p>Can't play, won't play: longitudinal changes in perceived barriers to participation in sports clubs across the child-adolescent transition</p> <p>Dr Laura Basterfield</p>	<p>Socioeconomic differences in symptom appraisal and help-seeking for breast changes in the UK: A qualitative comparison study</p> <p>Dr Afrodita Marcu</p>	<p>Long term impact of the Healthy Eating and Lifestyle in Pregnancy (HELP) trial: participants' experiences two years on</p> <p>Dunla Gallagher</p>

Day 2 - Wednesday 9th December 2015 - Parallel Session D, 12:00-13:15

Chair	TBC	Prof Susan Michie	Dr Stephan Dombrowski	Dr Tracy Finch	Dr Michael Daly	Prof Alison Wearden
Room	Pipewellgate	Gateshead Suite	Room 1	Room 6, 7 & 8	Boardroom	Room 2
	NPRI Workshop	Symposium	Physical Activity and Sedentary Behaviour	Primary Care	Weight Management 2	Rehabilitation and Self-Care
12:00 - 12:15	Knowledge translation	Monitoring alcohol consumption in England: The Alcohol Toolkit Study Dr Emma Beard, Frank de Vocht, Colin Angus, Dr Jamie Brown	Do web-based competitions promote physical activity? A randomised controlled trial Dr Andrew Prestwich	Reducing antibiotic prescriptions in general practice at low cost using behavioural insights: a pragmatic national randomised controlled trial Tim Chadborn	Protocol and baseline characteristics of the NULevel randomised, controlled trial of a scalable, technology-assisted weight loss maintenance intervention for obese adults after clinically significant weight loss Dr Vera Araujo-Soares	The feasibility and acceptability of referral of post-surgical colorectal cancer survivors to cardiac rehabilitation: A pilot randomised controlled trial with embedded qualitative study Dr Gill Hubbard
12:18 - 12:33			Real-time associations between executive function and sedentary behaviour in daily life Dr Daniel Powell	The Influence of GPs' Communication Strategies on Patient Participation in Decision-Making Dr Rachel Adams	The Weight Loss Maintenance in Adults (WILMA) trial: mediators of weight maintenance outcomes Dr Sharon Simpson	Working-age cardiac rehabilitation attendees, experiences and illness perceptions - a gender-sensitive qualitative synthesis Rachel Nutt
12:36 - 12:51			Individual and structural influences on parent's transport choices for the school run: a qualitative interview study Dr Sara Ahern	The impact of the 2012 revision to the UK primary care pay-for-performance system on general practitioners' provision of smoking cessation support Prof Paul Aveyard	Promoting fidelity in a behavioural intervention - The Baby Milk Trial Ann-Marie Wardell	The impact of psychological preparation on postoperative outcomes for adults undergoing elective surgery: A systematic review Dr Rachael Powell
12:54 - 13:09			Determinants of active ageing in rural England Jolanthe de Koning	Training healthcare professionals in motivational interviewing to optimise psoriasis self-management: The IMPACT study practitioner intervention Dr Anna Chisholm	Impact of enhanced National Child Measurement Programme feedback letters to parents of overweight children on uptake of weight management services – A Cluster Randomised Controlled Trial across schools in 3 English counties Karen Tan	Using mixed methods case-series evaluation in the development of a guided self-management hybrid CBT and ACT intervention for Multiple Sclerosis pain Anthony Harrison

Please note all speakers, content and timings are subject to change

Day 2 - Wednesday 9th December 2015 - Parallel Session E, 14:25-15:40

Chair	Prof Alison Wearden and Prof Rona Moss-Morris	Dr Paula Watson	Lucy Davies	TBC	Dr Claire Easthall	Dr Rosie McEachan
Room	Gateshead Suite	Pipewellgate	Room 1	Room 2	Room 6, 7 & 8	Boardroom
	Symposium	Structured Discussion	Workshop	Alcohol 3	Adherence and Attendance	Personal beliefs, cognitions and self-control
14:25 - 14:40	The New NHS England/NHS Scotland competence framework for psychological interventions for people with Long Term Conditions (LTC) and Medically Unexplained Symptoms (MUS): Implications for research and practice Dr Chris Bundy, Dr Vivien Swanson	SWOTting up on exercise referral – how do we instigate behavioural change? Dr Paula Watson, Dr Rebecca Murphy, Prof Adrian Taylor Discussant: Dr Christopher Gidlow	Funding for behavioural research By Cancer Research UK, Wellcome Trust, MRC and NIHR Lucy Davies, João Rangel de Almeida, Martin White	The effect of beliefs about alcohol on inhibitory control and the alcohol priming effect Graeme Knibb	Adherence to combination antiretroviral therapy for HIV in rural Tanzania: Application of an extended Theory of Planned Behaviour model Dr Kasia Banas	Telling a story to change behaviour: evaluation of a narrative based intervention Dr Linda Irvine
14:43 - 14:58				Exploring the Antecedents of Student Binge Drinking Ellen Lynch	Effectiveness and cost-effectiveness of the Adherence Improving self-Management Strategy (AIMS) in HIV-care Prof Marijn de Bruin	Resilience predicts the maintenance of health behaviour change: A six month longitudinal study of New Year resolutions Catriona Snodin
15:01 - 15:16				Is attentional bias to conditioned stimuli at the expense of unconditioned stimuli (sign-tracking) associated with greater alcohol consumption in social drinkers? Jay Duckworth	Effects of interventions promoting monitoring of medication use and brief messaging on medication adherence for people with type 2 diabetes: systematic review of randomised trials Prof David French	Childhood self-control and mortality by midlife Dr Michael Daly
15:19 - 15:34				Immediate effects of alcohol marketing communications on consumption and cognition: A systematic review and meta-analysis of experimental studies Dr Kaidy Stautz	Anticipated regret to increase uptake of colorectal cancer screening (ARTICS): a randomised controlled trial Prof Ronan O'Carroll	Factors associated with fatigue in haemodialysis patients: the importance of patients' cognitions and behaviours Dr Joseph Chilcot

Day 2 - Wednesday 9th December 2015 - Interactive Poster Parallel Session

Dr Bronia Arnott	Chair TBC	Prof Adrian Taylor	Jennifer McAnuff
Public health	Healthcare practice	Digital technology	Children, young people, and parents
Poster Board 1: Profiling offshore workers' engagement in self care: opportunities for behaviour change interventions Kathrine Gibson Smith	Poster Board 11 Barriers and determinants of pre-registered nurses and medics participation in physical activity Dr Holly Blake	Poster Board 18: The effectiveness of technological supports in healthcare professional behaviour change: A realist literature review Dr Chris Keyworth	Poster Board 24: An intervention-development study to support participation in leisure in 8-12 year-old children with disabilities Jennifer McAnuff
Poster Board 2: The effectiveness of environmental interventions into the use of green space: a systematic review Hannah Roberts	Poster Board 12: An investigation of the factors influencing physical activity among midwives Dr Deirdre Holly	Poster Board 19: Evaluation of an internet-based weight loss intervention Dr Anna Sherrington	Poster Board 25: Validation of a questionnaire on the mode of commuting to school in Spanish adolescents Manuel Herrador-Colmenero
Poster Board 3: Subjective access to sports facilities and being physically active: relationship with socioeconomic status and obesity Kofi Antwi	Poster Board 13: Beyond the trial: Encouraging behaviour change using motivational interviewing in the real world Dr Fiona McMaster	Poster Board 20: Usage analysis of a web-based weight management intervention using a novel visualisation tool Dr Mary Steele	Poster Board 26: Process evaluation of the RIGHT TRACKS study: a feasibility test of an incentive scheme to promote active travel to school Samuel Ginja
Poster Board 4: Work in Progress: What can we learn about how to improve uptake of bowel cancer screening from higher rates of uptake in breast and cervical screening programmes? Marie Kotzur	Poster Board 14: Introducing audit and feedback in an allied health service for children Jennifer McAnuff	Poster Board 21: Can adding web-based support to UK primary care exercise referral schemes improve patients' physical activity levels? Intervention development for the e-coachER study Prof Adrian Taylor	Poster Board 27: Does an enhanced NCMP feedback letter change parental perceptions of child weight status and their behaviours and intentions towards healthy weight maintenance? A survey of NCMP parents Karen Tan
Poster Board 5: Who, where, when: the demographic and geographic distribution of bicycle crashes in West Yorkshire Dr Ian Kellar	Poster Board 15: Exploring what clinical positional leaders describe as affecting behaviour change Michael Sykes	Poster Board 22: Insight on goal setting, self-monitoring and social support by participants in the <i>HelpMeDolt!</i> feasibility trial Juliana Pugmire	Poster Board 28: Determinants of changes in sitting time and sitting fragmentation from age 12 to 15 years Dr Xanne Janssen
Poster Board 6: Understanding the factors associated with low and high intention to change transport behaviours: A qualitative study Dr Bronia Arnott	Poster Board 16: Behaviour change during audit and feedback in dementia care: A systematic review of the impacts upon effectiveness Michael Sykes	Poster Board 23: The <i>HelpMeDolt!</i> Feasibility Trial: Study Protocol Dr Sharon Simpson	
Poster Board 7: The effect of social pressure on response to a CLASSIC health cohort questionnaire: a randomised controlled trial Dr Sarah Cotterill	Poster Board 17: Implementing routine outcome measurement in clinical practice Catherine Duff		

Day 2 - Wednesday 9th December 2015 - Interactive Poster Parallel Session

Dr Bronia Arnott			
Public health			
Poster Board 8: Social support and change in adiposity in the Whitehall II study Urszula Tymoszuk			
Poster Board 9: Measures of walking intensity in natural and urban environments: does your head match your heart? Dr Christopher Gidlow			
Poster Board 10: Dying to sit down: an analysis of sedentary behaviour and all-cause mortality using established epidemiological criteria of causality Prof Stuart Biddle			

Chair TBC	Chair TBC	Dr Gareth Hollands	Dr Aoife De Brun
Lifestyle interventions in clinical populations	Person perspective	Eating and weight management	Using medicines
Poster Board 29: The effectiveness of Information-Motivation-Behavioural skills model-based Diabetes Self-Management Education among patients with type 2 diabetes in Jordan (IMB-DSME): Trial Protocol Dr Holly Blake	Poster Board 33: Treatment attitudinal groups in patients with psoriasis using systemic treatments: findings from the Investigating Medication Adherence in Psoriasis study (iMAP) Dr Rachael Thorneloe	Poster Board 37: Pairing images of unhealthy and healthy foods with images of negative and positive health consequences: impact on attitudes and behavioural choice Dr Gareth Hollands	Poster Board 41: Coding patients' attributions of responses to Methotrexate (MTX): The development and application of of a reliable coding to patient diary data from a national cohort study (RAMS) Holly Hope
Poster Board 30: Changing Physical Activity Behaviour in People with Multiple Sclerosis: A Systematic Review Blathin Casey	Poster Board 34: 'Chronic cough, cause unknown': a qualitative study of patient perspectives of idiopathic cough Katrin Hulme	Poster Board 38: Adolescents and adult food portion sizes: an estimation and comparison of commonly consumed foods Dr Salwa Albar	Poster Board 42: Process evaluation in drugs trials within adult learning disability populations: a systematic review Elizabeth Randell
Poster Board 31: OPTIMISTIC case study: cognitive-behavioural treatment to reduce fatigue, increase activity and improve quality of life on a rare disease Dr Sandra Van Laar	Poster Board 35: Parenting experiences and early maladaptive schemas: Mediators to adjustment in a community sample of atopic dermatitis patients Dr Elli Kalaki	Poster Board 39: Who loses weight and keeps it off? A nationally-representative survey of overweight and obese adults in Portugal, Denmark and the UK Dr Elizabeth Evans	Poster Board 43: A study of patients' and GPs' attitudes towards delayed antibiotic and symptomatic treatment for suspected UTI Dr Sinead Duane
Poster Board 32: Development of an intervention to promote active school travel Samuel Ginja	Poster Board 36: Planning During Motivational Interviewing in Relation to Weight Loss Maintenance Dr Lauren Copeland	Poster Board 40: Taste and See: A preliminary investigation into a church-based, intuitive eating programme Riya Patel	

