



THE BEAR ESSENTIALS

BE involved. BE active. BE informed. BE you.

ANKENY CAMPUS

EVENTS



BLOOD DRIVE
The blood you give can save another life

Monday, 29 January 2024
10:35 AM - 3:30 PM

📍 DMACC Ankeny Campus - Bldg. 5
2006 S Ankeny Blvd, Ankeny, IA 50023

You can sign up with the link or the QR code

https://donor.lifeservebloodcenter.org/donor/schedules/drive_schedule/184479

Spring INTO DMACC

WED., JAN. 24TH

11 TO 1

BLDG. 5 - STUDENT CTR.

COME VISIT WITH CLUBS & DEPARTMENTS! FIND OUT ALL DMACC HAS TO OFFER!



STUDENT LIFE

NATIONAL PUZZLE DAY



Mon., Jan. 29th

11 to 1

Bldg. 5



Join the first:

Fellowship Club Meeting

Wednesday, Jan. 24

12:15p - 12:45p

Room 213W

Enjoy free lunch and fellowship!
Bring a friend!



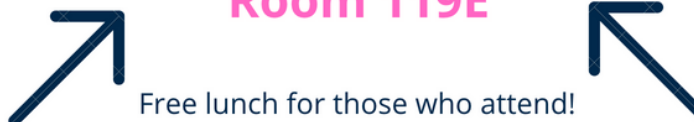
Join us for the next:

CLUB WEST MEETING

Monday, January 29th

12:15p - 12:45p

Room 119E



Free lunch for those who attend!
Everyone is encouraged to join in on the fun!

WEST CAMPUS

EVENTS

CLUB WEST PRESENTS

MAKE YOUR OWN TRAIL MIX

TUESDAY, JAN. 23RD

11:15A - 12:45P

IN THE ELLIPSE

COME GRAB A BAG AND FILL
IT WITH YOUR FAVORITE
SNACKS!

National Puzzle Day



Monday, January 29th
is National Puzzle Day!

Spend a few minutes this
week (Jan 29 - Feb 2) and
work on putting together a
puzzle! It's a great way to
decompress, hang out with
friends, and improve memory!

You can find the puzzle in the
Ellipse!



BOONE CAMPUS EVENTS

The logo for DMACC Bears, featuring a black bear's head with its mouth open, roaring, set within a white outline. The letters 'DMACC' are in a bold, blue, sans-serif font above the bear's head, and the word 'BEARS' is in a white, bold, sans-serif font inside a black rectangular box below the bear's head.

Keep up with
DMACC Athletics
and come cheer on
the DMACC BEARS
at the Boone
Campus!

The logo for DMACC Bears, featuring a black bear's head with its mouth open, roaring, set within a white outline. The letters 'DMACC' are in a bold, blue, sans-serif font above the bear's head, and the word 'BEARS' is in a white, bold, sans-serif font inside a black rectangular box below the bear's head.

BASKETBALL
RED-OUT
for Heart Attack & Stroke Awareness

JANUARY 27
1 & 3 PM
THE DEN


NEWTON CAMPUS

EVENTS

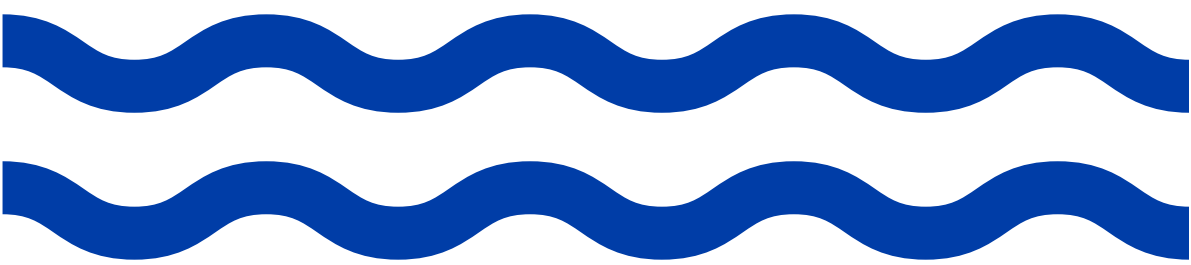


**FREE
POPCORN**

Stop by the front lobby Monday, January 22nd and grab some popcorn and your favorite candy mix-ins.



Join us on Monday's, 12:10 pm - 12:50 pm for a time of Christian Fellowship. Meeting in Room 143. Student's, Staff, and Faculty are all welcome. Contact Dan Ehler, daehler@dmacc.edu for more information.



ARE YOU GETTING THE BEAR ESSENTIALS NEWSLETTER IN YOUR INBOX?



**WHAT ARE YOU
WAITING FOR?
SCAN NOW!**





ANDY NELSON

arnelson@dmacc.edu



Sports Leagues

| EVENT | REGISTRATION DEADLINE | PLAY BEGINS | PLAY ENDS |
|------------------------------|------------------------------|-----------------------|----------------------|
| Indoor Volleyball 4v4 League | Tuesday, January 16 | Monday, January 22 | Monday, April 1 |
| Ping Pong Tournament | Tuesday, January 16 | Tuesday, January 23 | Tuesday, January 23 |
| Short Ct. Basketball League | Wednesday, January 17 | Wednesday, January 24 | Wednesday, April 3 |
| Billiards Tournament | Tuesday, January 23 | Tuesday, January 30 | Tuesday, January 30 |
| Pickleball Tournament | Tuesday, January 30 | Tuesday, February 6 | Tuesday, February 6 |
| Wallyball Tournament | Tuesday, February 6 | Tuesday, February 13 | Tuesday, February 13 |
| Badminton Tournament | Tuesday, February 13 | Tuesday, February 20 | Tuesday, February 20 |
| Broomball Tournament | Tuesday, February 20 | Tuesday, February 27 | Tuesday, February 27 |
| Texas Hold'em Tournament | Tuesday, February 27 | Tuesday, March 5 | Tuesday, March 5 |
| Water Volleyball Tournament | Tuesday, March 19 | Tuesday, March 26 | Tuesday, March 26 |
| Disc Golf Tournament | Wednesday, April 3 | Wednesday, April 10 | Wednesday, April 10 |
| Golf Tournament | Tuesday, April 23 | Tuesday, April 30 | Tuesday, April 30 |

eSports Leagues & Tournaments

| EVENT | REGISTRATION DEADLINE | PLAY BEGINS | PLAY ENDS |
|----------------------------------|------------------------------|--------------------|------------------|
| Counter-Strike: Global Offensive | TBD | | |
| Call of Duty: Warzone | TBD | | |
| Dota 2 | TBD | | |
| Overwatch 2 | TBD | | |
| Arena of Valor | TBD | | |
| FFA | TBD | | |

Special Events & Tournaments

| EVENT | REGISTRATION DEADLINE | PLAY BEGINS | PLAY ENDS |
|---|------------------------------|--------------------|-------------------|
| DMACC Madness – 3-Point Contest, Free Throw Contest, Dunk Contest | Wednesday, March 6 | Tuesday, March 19 | Tuesday, March 19 |
| NCAA Brackets | Wednesday, March 20 | Thursday, March 21 | Monday, April 8 |
| Capture the Flag | Tuesday, March 26 | Tuesday, April 2 | Tuesday, April 2 |
| Retro Game Night | n/a | Monday, April 8 | Monday, April 8 |
| Glow In the Dark Dodgeball | Wednesday, April 3 | Tuesday, April 9 | Tuesday, April 9 |

IMLEAGUES.COM



You will need an IMLeagues account to participate in DMACC Intramurals. Follow the directions located on the backside of this flyer to sign-up. Please remember to use your DMACC email address and that you need to be a current DMACC student (taking 6+ credits), faculty or staff to participate. If you have any questions please email Campus Recreation Coordinator, Andy Nelson at arnelson@dmacc.edu.

**DON'T MISS OUR EVENTS!
SUBSCRIBE TODAY!**



INTRAMURAL

BASKETBALL LEAGUE

**WEDNESDAY NIGHTS
CO-ED SHORT COURT LEAGUE**

REGISTER AT WWW.IMLEAGUES.COM
USING YOUR DMACC EMAIL ADDRESS

REGISTRATION DEADLINE: THURSDAY, JANUARY 25
PLAY BEGINS: WEDNESDAY, JANUARY 31

QUESTIONS CONTACT:
CAMPUS RECREATION COORDINATOR,
ANDY NELSON AT ARNELSON@DMACC.EDU

D | CAMPUS RECREATION

D | CAMPUS RECREATION

**INTRAMURAL
VOLLEYBALL
LEAGUE**

REGISTER AT
WWW.IMLEAGUES.COM

REGISTRATION DEADLINE: WEDNESDAY, JANUARY 24
PLAY BEGINS: MONDAY, JANUARY 29

CO-ED LEAGUE ON MONDAY NIGHTS
QUESTIONS CONTACT: CAMPUS RECREATION COORDINATOR,
ANDY NELSON AT ARNELSON@DMACC.EDU



DMACC ESPORTS ARENA HOURS

MONDAY 4:00PM-9:00PM
TUESDAY 4:00PM-9:00PM
WEDNESDAY 4:00PM-9:00PM
THURSDAY 4:00PM-9:00PM
FRIDAY 4:00PM-9:00PM



ONLINE RESERVATIONS

QUESTIONS CONTACT:
ANDY NELSON
ARNELSON@DMACC.EDU



WE NEED YOUR FEEDBACK! SCAN THE CODE AND FILL OUT THE SURVEY!



WE ARE HIRING

OPEN POSITIONS

- SCOREBOARD KEEPER <<
- OFFICIAL <<
- CAMPUS REC LEAD <<

APPLY NOW

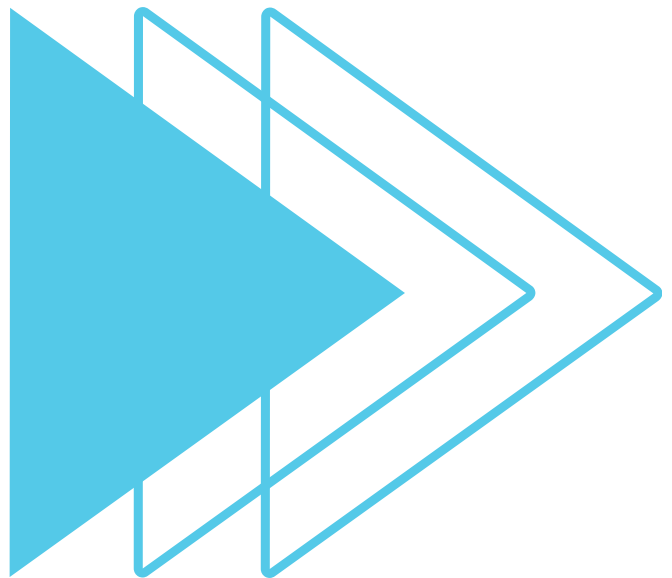
[HTTPS://JOBS.DMACC.EDU/POSTINGS/
6009](https://jobs.dmacc.edu/postings/6009)



CAMPUS
RECREATION



campus RECREATION





WANT TO STUDY ABROAD IN SPRING 2025? START PLANNING NOW!

Come to one of our upcoming info meetings. You'll learn about how the program is structured, how to pay for your trip, and what you can learn from studying in one of Europe's most diverse, vibrant cities.

SPRING MEETINGS:

MON., JAN. 29TH, 3-3:30, VIA ZOOM

WED., FEB. 7TH, 6-6:30PM, VIA ZOOM

FRI., FEB. 26, 12:15-12:45PM, VIA ZOOM

To register, please email Bethany Sweeney, the Study Abroad Coordinator, at besweeney@dmacc.edu with your name, pronouns, the email address you check most often, your major/program of study, and the info session you'd like to attend. Dates and times are listed below. All info sessions will be held over Zoom, and you'll receive an invitation to your session of choice once you email Bethany.

Please Join Us

At Midweek

Snacks, live worship,
a Student's Testimony,
and a message from
God's Word

Thursdays

January 18th and 25th

from 7pm-9pm

in the Simon Estes Hall

ANKENY CAMPUS



** Auditions **

FOR:

HEAD OVER HEELS

Songs of The Go-Go's

Based on 'The Arcadia' by Sir Philip Sidney

Conceived and Original Book by Jeff Whitty

Adapted by James Magruder

Performances are 3/25 - 4/6

WHEN: Monday, **January 22** & Tuesday,
January 23 from 6-9pm

WHERE: *Monday (1/22)* in the **Viking Theatre**, Grand View University Student Center
Tuesday (1/23) in the **Black Box Theatre** in Building 5, DMACC Ankeny Campus

WHAT: Audition sides and song selections will be available on the Auditions page of our website

HOW: Sign up by filling out an Audition Form using the links on our website or via this QR Code



WHO: **Everyone** is encouraged to audition!

QUESTIONS? Email theatre@dmacc.edu and ask away!

Check us out on @DmaccTheatre and @GVTheatreArts