

# COLLABORATIVE HEALTHCARE

INTERPROFESSIONAL PRACTICE, EDUCATION, AND EVALUATION



## Meet an IPE/CP Staff Champion from Thomas Jefferson University

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#### **Briefly describe your work with/related to JCIPE:**

In June 2021, the Integrated Behavioral Health (IBH) team was invited by JCIPE to pilot a new series of interprofessional sessions for primary care teams utilizing the [ECHO \(Extension for Community Healthcare Outcomes\)](#). This model has been utilized and researched worldwide to help with disseminating information across various subject matters within healthcare, with the goal of decreasing health disparities. Through use of subject matter experts, brief didactic education, and case consultations, communities of learners come together to enhance patient care and health outcomes.

The IBH team, which consists of clinicians from behavioral health, primary care, nutrition, occupational therapy, psychiatry, pharmacy, and physical therapy, has collaborated with JCIPE to deliver 5 ECHO series on topics including diabetes, insomnia, chronic pain, weight management, mood disorders, and ADHD.

#### **What excites you about this work?**

Both personally and professionally, I believe we are unable to work in silos as subject experts because growth and innovation in patient

care comes from collaboration and teamwork. The work that we do with the JCIPE IBH ECHO is so very exciting. It engages whole teams within our Primary Care system at Jefferson Health and allows us to come together as a community of learners to grow and develop skills which can/will help our patients. The responses we get at the conclusion of each ECHO series are incredible. Members of our Jefferson community feel invigorated by the knowledge gained and the interprofessional connections cultivated by this model.

#### **Why is IPE/CP important to you?**

The importance of continuing to grow and learn together as an interprofessional team is fundamental to the work that I value and am committed to doing each and every day. As a Behavioral Health Consultant, I work directly alongside the Primary Care team to help deliver the best patient care, reduce mental and behavioral health stigma, and increase patient health equity. Finding spaces where we can come together as a team to learn is instrumental to continued meaningful work.