

Article Transcending conventional biometry frontiers: Diffusive Dynamics PPG Biometry

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- 1 Abstract: This paper presents the first PPG dynamic-based biometric authentication system
- with a Siamese convolutional neural network. Our method extracts the PPG signal's biometric
- ³ characteristics from its diffusive dynamics, characterized by geometric patterns in the (p, q)-planes
- 4 specific to the 0–1 test. PPG signal diffusive dynamics are strongly dependent on the vascular bed's
- 5 biostructure, unique to each individual. The dynamic characteristics of the PPG signal are more
- 6 stable over time than its morphological features, particularly in the presence of psychosomatic
- 7 conditions. Besides its robustness, our biometric method is anti-spoofing, given the complex
- nature of the blood network. Our proposal trains using a national research study database with 40
- real-world PPG signals measured with commercial equipment. Biometric system results for input
- 10 data, raw and preprocessed, are studied and compared with eight primary biometric methods
- related to PPG, achieving the best Equal Error Rate (ERR) and processing times with a single
- 12 attempt, among all of them.
- 13 Keywords: Biometric system; PPG signal dynamic; 0–1 test; CNN architecture; Pattern analysis

14 1. Introduction

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The relentless outbreak of the pandemic in our lives has put the globalized world in check. Paralysis to which economies across the globe drive reverse, in many cases, by the spread of a latent wave for decades: digitization society. Life will be conditioned by new technologies, an entire online ecosystem whose real impact remains a chimera even among those experts who timidly venture with hasty forecasts [1–3].

The role that technology will play in future societies is unquestionable. However, this profound metamorphosis carries challenges that digital platforms themselves have to face. One of them is to keep the identities of the users of the different services protected, that is, to avoid identity theft so that it can unequivocally verify that a user is who they say they are and not an impostor intruder with clearly fraudulent purposes. Today, the most secure authentication mechanisms are base on biometric methods [4]. Compared to traditional access passwords, the different biometric identification systems are reliable and free the user from memorizing numerous keys [5]. The only access password lies in the user's anatomical characteristic, supposedly exclusive and non-transferable, whose emulation is extremely problematic even for the most seasoned intruders. Face, voice, iris, palm, and finger recognition are already a reality that safeguards socioeconomic transactions [6–8].

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The conventional biometric systems focus on the analysis of physical character-32 istics of an individual, in some cases, highly sensitive to involuntary morphological 33 disturbances—see, for example, a cut on the fingertip undergoes a fingerprint analysis—. 34 By contrast, biological signals lend themselves to a more robust biometric examination. Besides morphological details of the biological signal waveform, dynamic peculiarities 36 by the expected functional response of the physiological system of interest are evaluated. In recent decades, the preliminary diagnostic examination of an individual's state 38 of health and its follow-up has been entrusted on many occasions to the clinical analysis, 30 through non-invasive methods, of the biological signals generated by the human body. 40 More recently, with Body Sensor Networks (BSN) and thanks to health informatics's 41 rapid development [9,10]. Among the different biological signals usually measured 42 today, one particularly deserves special consideration, the photoplethysmographic (PPG) 43 signal [11,12]. 44 Since Alrick Hertzman, an American physiologist, devised the first photoelectric 45 photoplethysmograph in 1937 [13], although rudimentary, recent technological advances provide devices, as modern pulse oximeters, increasingly smaller, lighter, and with a 47 marked tendency to market themselves as wireless devices at a very affordable price [14,15]. An essential aspect of the PPG technique lies in its low sensitivity to the sen-49 sors' location, which gives versatility to photoplethy smography for its application in many areas, such as health, sports, or the agri-food industry. Appearance due to the 51 electronic simplicity, the cost-benefit ratio, the ease of signal acquisition, and, mainly, 52 its non-invasive character [16-18]. Unlike other biological signals that require bulky 53 measurement equipment, or even accessories, such as gels (EEG) or electrodes (ECG), the PPG signal requires relatively modest electronics. Uncomplicated electronics and 55 optoelectronics, encourage the construction of small pulse oximeters, easily integrable into smart devices [19]. A pulse oximeter consists of a light emitter and a photodetector. 57 The photodetector senses changes in light absorption resulting from arterial blood pulses 58 (pulse signal or PPG) when a light beam passes through or reflects in human tissue [20]. 59 The PPG signal is widely used in clinical settings to monitor physiological param-60 eters related to the cardiorespiratory system [21]. It is complex. It is composed of an 61 AC component—peripheral pulse synchronizes to each heartbeat—; and a quasi-DC 62 part that varies slowly due to respiration, vasomotor activity, and vasoconstrictor waves 63 [22]. The mutual coupling between the different components is intricate and operates at 64 different timescales to regulate blood volume based on physiological needs.

66 PPG biometric system—State of the art

The development of biometrics during the 20th century—according to its definition in [23]: "Measurable physical characteristics or personal behavioral traits used to identify or verify the identity of an individual"—began by conforming to the old paradigm of facial recognition and fingerprints. Nevertheless, continued progress in the area of image processing and analysis has fostered the exploration of more sophisticated biometric system designs [24,25] (for a known review of classical biometric approaches and their evolution over time, readers are referred to [26]).

So far, in the 21st century, the development of biometric pattern recognition systems have evolved enormously, broadening its application spectrum in the context of morphological analysis, as reflected between the proposal of the anatomical characterization of the hand geometry in [8] and the made by [27] concerning 3D palmprint modelling. The same is true for other biostructure patterns as disparate as geometric characterization of ear [28], of iris [29], of the eye as a multimodal biometric system [30], of face detection [31], of the distribution of veins in a finger [32] or on the wrist [33], and also on 3D fingerprint identification [34].

However, in this century particular attention must be paid to the use of biological signals like biometric markers, in addition to morphological and behavioral character-

istics. In this regard, worth highlighting biometrics studies involving the analysis of

electrocardiographic (ECG) and encephalographic (EEG) signals [35]; to which could

⁸⁶ be added biometric applications that obtain the biological signals from: galvanic re-

sponse of skin (GSR), electromyogram (EMG) [10], electrooculography (EOG), and

mechanomyogram (MMG), among others [36].

Over the years, technological advances have simplified the acquisition of biological 89 data; somehow, traditional biometric systems (TBS) have been increasingly giving way to wearable biometric systems (WBS) and, thus, to new methodological approaches to com-91 puting and validating biometric patterns [37]. Accordingly, new biometric technologies 92 are gradually abandoning the rigidity imposed by a stationary and static analysis of 93 biometric patterns [38] towards biometric patterns adapted to the variations that the biological signals may undergo over time—the so-called *adaptive biometric systems* [39]—. 95 In the particular case of the PPG signal, biometric patterns are strongly conditioned to Qŕ physiological alterations, such as physical activity, emotional states, and time intervals 97 in which measurements do. An apart from the impact of the different noise sources coupled in the PPG signal acquisition procedure [19], mainly when the PPG signal is obtained from a camera or of wrist-worn PPG collected in an ambulant environment 100 [40]. 101

Focussing now on the matter at hand, the first documented reference to the PPG-102 based biometric system dates back to Gu et al.'s research work in 2003 [41]. In all the 103 works that use the PPG signal as a biometric reference, specific biomarkers correspond to 104 features implicitly or explicitly extracted from the signal waveform. For example, time-105 domain features acquired from PPG signal's first and second derivatives for biometric 106 identification [42], or approximating each PPG signal as a sum of Gaussians, and using the parameters in a discriminant analysis framework to distinguish individuals [43], 108 or also defining the waveform of the PPG signal in five consecutive PPG cycles [44], 109 from 22 cycles [45] or from 100 cycles [73] parametrically. One of the latest works is 110 related to the non-fiducial and fiducial approaches for feature extraction with supervised 111 and unsupervised machine learning classification techniques [46], recently expanded 112 with other multifeature classification techniques [71,72]. Another on the simultaneous 113 PPG signal acquisition using different wavelengths allows the video camera detectors 114 to extract the color segment (e.g., red, green, and blue) [47]. In all PPG-based biometric 115 models, a negative aspect is a non-stationary nature of the PPG signal over time, which 116 prevents the stable identification of an individual's biometric patterns. 117

118 PPG biometric system—Proposal

In this work, we use the PPG signal dynamics as a biometric reference of any 119 individual. In this sense, we focus our attention on the geometric distribution of the 120 PPG signal's diffusive behavior, according to the (p,q)-plane proposed by the 0–1 test 121 [48–50]. We feel that the PPG signal's diffusive dynamics are unique to each individual 122 since the diffusion constant of blood flow is subject to the structural configuration 123 with which each individual has been endowed [51]. A whole complex network of 124 arterioles and capillaries transports blood from the heart to the rest of the body thanks 125 to the heart's driving force and synchronized with the respiratory rhythm. Although 126 variations in the PPG signal's diffusive dynamics can indeed hide point or progressive pathological abnormalities, such as physiological deterioration resulting from ageing, 128 specific congenital characteristics remain practically unchanged. 129

Each subject's credentials and identity are collected in blood flow dynamics through 130 the peripheral capillary network. Its falsification is very difficult because of capillary 131 network's intricacy and the complexity which involves blood flow driven by the car-132 diorespiratory system. Furthermore, significant detail is that any biometric system based 133 on verifying PPG signal's diffusive dynamics requires the individual's vital integrity. 134 Someone, not without a negligible effort, could imitate the particular capillary mor-135 phology of an artificial finger. Still, it would be practically impossible to reproduce the 136 diffusive dynamics that blood flow undergoes when circulating through that capillary 137

structure, given the contribution of many subsystems that do nonlinearly make up thecardiovascular system.

The paper organizes as follows. Section 2 describes the two fundamental concepts 140 that apply for the first time on biometry. The mathematical framework of the 0–1 test, 141 which underpins the biometric potential of the geometric patterns traced by the PPG 142 signal's diffusive behavior, is in subsection 2.1; and subsection 2.2 explains our novel proposal for a biometric classifier based on convolutional neural networks in detail. 144 Section 3 is about the data, optimizer, and logic error employed in the experiment; it 145 includes a brief description of the parameters used to evaluate the system. Section 4 146 shows the obtained results, both graphically and numerically, for various experimental 147 settings. Also, in this section, we analyze and interpret the obtained results. Finally, in 148 section 5, we shortly outline the conclusions drawn from this study, which serve as the 149 basis for future work. 150

151 2. Method

In PPG-based biometrics within the deep neural network (DNN) framework, as a general concept of the system, we propose a biometric system based on the diffusive dynamics of the PPG signal with a DNN design adapted to diffusive images and a specific biometrics method. Our proposal technically rests on the 0–1 test [52] and the Siamese residual network structures.

157 2.1. 0–1 test

In the analysis of dynamical systems, one of the key aspects is to characterize the dynamic behavior present in the physical system's response under study. The response dynamics do not provide direct relevant information on the internal physical structure from which the response derives. Still, it does provide at least its operational complexity, which is crucial in evaluating its correct functioning and its more or less adaptability to unforeseen situations in the context of physiological systems.

In an experimental setting, observables are usually obtained from the physical system under consideration so that the observables are making measurements at regular time intervals. An observable is any physical quantity that can be measured. The measurements or observations themselves in what is known as time sequences (time series), and then each observable gives rise to a scalar time sequence (scalar time series).

We could define a state vector in phase space if we measured all the observables contributing to given dynamical system evolution. In physiological systems, it is widespread to work with univariate time series or scalar time series, in which only the measurements of an observable are available. With a single observable, it is possible to obtain information on the system's state since each usually contains information from the others, given the mutual coupling between them, whether linear or non-linear.

The 0–1 test's initial motivation was to have a method applied directly to a scalar 175 time series to identify the presence of chaotic dynamics without resorting to other, more 176 complicated techniques requiring a deep level of knowledge for its correct application 177 and interpretation [48,49,53]. Given its easy implementation, its increasing popularity 178 has sparked the interest of countless scientific disciplines in an excessive race to detect 179 chaos anywhere [50]. However, beyond the initial scope of the 0–1 test and its many 180 applications, one of the steps of the test is surprisingly useful in the field of biometrics; 181 specifically, the auxiliary trajectory of the two-dimensional Euclidean group (the Fourier 182 *transform series*), or p-q diagram or (p,q)-plane [52], which underlies the dynamics of the physical system. 184

The 0–1 test cornerstone construction of an extended dynamic serves a two-dimensional Euclidean group SE(2) [52]. The elements of SE(2) form rigid displacements, that is, a translation and a rotation, in some two-dimensional affine Euclidean plane—the (p,q)-plane—that, in principle, it does not relate in topological terms to the state space in which the dynamics of the system unfold. However, parameters that characterize The 0–1 test requires as input a scalar time series of *N* observations s(n), for n =1,2,...,*N*, where s(n) is a one-dimensional observable of the underlying dynamical system. According to the rigid transformations' parameterization, the extension of the dynamics characterized by s(n) forces to define three scalar quantities (p,q,ϕ) . An element or point on the (p,q)-plane is defined by its position on the plane, whose coordinates are (p,q), although its evolution, a change in coordinates, is driven (*forcing term*) by the dynamic evolution of s(n) according to

$$p_{n+1} = p_n + s(n) \cos \phi_n,$$

$$q_{n+1} = q_n + s(n) \sin \phi_n,$$

$$\phi_{n+1} = c + \alpha s(n),$$
(1)

²⁰¹ where parameters $c, \alpha \in \mathbb{R}$.

The evolution of any point on the (p,q)-plane describes a trajectory called the auxiliary trajectory since it reproduces an indirect or complementary evolution of the true dynamics observed in the system. The auxiliary trajectory involves an angular rotation ϕ_n with respect to a circumference of radius s(n) centered on the point (p_n, q_n) ,

²⁰⁶ as shown in Figure 1.



Figure 1. Descriptive construction of the auxiliary trajectory in the (p, q)-plane.

Somehow the auxiliary trajectory derives from a diffusive process in which the diffusion dynamics are forced or driven by the s(n) observations. In the presence of noise, for dynamic simplicity, α usually assigns a value of 0 [49,53] so that Equation (1) reformulates as

$$p_n = \sum_{k=1}^n s(k) \cos(kc),$$

$$q_n = \sum_{k=1}^n s(k) \sin(kc),$$

$$\phi_n = cn,$$
(2)

where the angle of rotation ϕ_n increases at a uniform rate governed by the value of *c*. Furthermore, since the parameter *c* participates in the trigonometric function's argument, it is pertinent that $c \in [0, 2\pi)$.

Although the theory underlying the dynamic extensions is based on the dynamics' 214 asymptotic behavior, an interesting consequence of this focuses on the limited nature 215 of auxiliary trajectories in the (p,q)-plane. That is, how the auxiliary trajectory evolves 216 spatially in the (p,q)-plane if the trajectory is circumscribed in an area delimited or 217 inexorably diffuses in the same way that a Brownian motion unfolds [53]. The 0–1 218 test quantifies, by the computation of an indicator, whether the auxiliary trajectory is 219 bounded. It reflects the presence of regular dynamics or not sublinearly bounded, which 220 manifests chaotic dynamics. This inductive argument is the basis of the 0–1 test; a more 221 in-depth description goes beyond this paper's purpose. Readers are referred to this 222 method's original work, widely referred to in the scientific literature in the last decade 223 [48,49,53,54]. 224

The auxiliary trajectories must be for a range of values of the parameter *c* that 225 prevents the appearance of spurious phenomena, as already stated in another article [51]. 226 The dynamic richness of the auxiliary trajectories of the PPG signals reveals the inherent 227 functional complexity to signal dynamics, to which multiple conveniently coupled 228 physiological subsystems contribute. The coordinated action of these subsystems is 22 responsible for homeostatic regulation of the cardiorespiratory system at all times. 230 However, despite the certain global similarity that the auxiliary trajectories of PPG 231 signals may have at first glance, closer scrutiny of each individual shows distinctive 232 signs. These signs could hide more or less diagnostic severe pathologies, and, more 233 invariably, the inalienable character of the anatomical and functional configuration of 234 each subject's cardiorespiratory system. 235

As far as we know, diffusive dynamics, the cornerstone of the 0–1 test, of a biological signal have never been used to extract biometric characteristics, which gives this work a new operational perspective in physiological biometrics.

239 2.2. Classifier

This paper explores an approach based on convolutional neural networks to identify 240 users through their PPG signals. The proposed system receives two-time segments (user 241 A and user B) of PPG signals, each time segments with three segments of 1,000 points 242 on each (4 seconds), as input. The first-time segment is the standard segment, and the 243 second time segment of the user to compare. The system delivers a matching score 244 normalized to the interval [0,1], which defines the degree of agreement between the 245 two incoming PPG segments. If the two input segments belong to the same user, the 246 matching score is closer to 1; if not, the matching score is closer to 0. 247



Figure 2. System's architecture schematic overview (a zoomed view is shown in Appendix A).

248 Architecture

This paper proposes a non-conventional network, as we can see in Figure 2, with an architecture based on a Siamese network whose main trunk is characterized by a fullyconnected encoder. It is a multiscale architecture with residual connections according to the guidelines of Szegedy *et al.* [55]. Fully connected encoder architectures are those

traditionally used in classification tasks such as [56,57]. It is well-known for its use in

- ²⁵⁴ one-shot learning and image verification [58] in the Siamese configuration. To these
- layers and architectures, somewhat better known in the field, is adding a layer to the
- ²⁵⁶ system that performs preprocessing based on the diffusive behavior peculiar to the PPG
 - signal dynamics [51] highlighted as a new contribution to this paper.

Layer number	Туре	Output size	Configuration
1 _A	Input	(1000,3)	
1 _B	Input	(1000,3)	
2	0–1 test preprocessing	2 · (299, 299, 3)	Siamese
3	Stem	2 · (35, 35, 256)	Siamese
4	$5 \times$ Inception-ResNet-A	2 · (35, 35, 256)	Siamese
5	Reduction-A	2 · (17, 17, 896)	Siamese
6	10× Inception-Resnet-B	2 · (17, 17, 896)	Siamese
7	Reduction-B	2 · (8, 8, 1792)	Siamese
8	$5 \times$ Inception-Resnet-C	2 · (8, 8, 1792)	Siamese
9	Similarity function	(8, 8, 1792)	
11	Flatten	114688	
12	Dense	1	
13	Sigmoidal activation	1	

Table 1. Detailed architecture of the proposed CNN.

The branch of Siamese network architecture is an Inception-ResNet-V1 [55] due to its recognized capacity as a classifier and its characteristics compared to its previous versions and competing networks:

- Reduction of architectural bottlenecks [59,60] because the neural network works better if the dimensional input changes are not too drastic. Large dimensional changes can cause a significant loss of information called a "representational bottleneck".
- Use of factoring methods to reduce the computational complexity of the convolutions used [61].
- Use of residual connections between the inputs and outputs of the blocks used [62].
 These connections prevent the loss of information and improve the stability of the
 gradients when training.
- Use of batch normalization to immunize the network to some extent against scale changes, reduce training time, and avoid covariance displacement [63].

The basic structure of the proposed system takes the form of a network combin-271 ing 1D information (PPG signals) and 2D information ((p, q)-planes of PPG segments). 272 This structure contains two distinct phases. The first phase consists of a preprocessing 273 layer based on the characteristic (p, q)-planes of the 0–1 test. This phase will have as 274 input six segments of the PPG signal from two users, three belonging to a registered 275 user $\mathcal{P}_{r1}, \mathcal{P}_{r2}, \mathcal{P}_{r3}$, and the rest to a candidate user $\mathcal{P}_{c1}, \mathcal{P}_{c2}, \mathcal{P}_{c3}$, not necessarily differ-276 ent. Once these signal segments enter the 0–1 test preprocessing layer, their signals 277 are featured with this process, and six output matrices are obtained I_{r1} , I_{r2} , I_{r3} , and 278 $\mathcal{I}_{c1}, \mathcal{I}_{c2}, \mathcal{I}_{c3}$, which can be represented as an image $\mathcal{I} = [\mathcal{I}_1, \mathcal{I}_2, \mathcal{I}_3]$, representing the 279 patterns corresponding to the PPG signals of those users. 280

The second phase will use as input these six output matrices obtained in the previ-281 ous phase, in two matrices with three channels each, since each user has three matrices 282 assigned to him. This phase consists of a Siamese network whose architecture is based 283 on [55]. This network will use a single coding branch to process the two input matrices 284 separately, with the same trunk and sharing the same weights. Some coded output fea-285 tures \mathcal{F}_r and \mathcal{F}_c will be obtained for each of the input matrices. Once features obtain, a relation function of these characteristics quantifies the error between them and quantifies 287 how similar these users are to each other. This error function represents the L^1 -norm 288 between the vectors of characteristics previously obtained. Once the L^1 -norm standard 289 obtains between the characteristics vectors, these will go through a final fully-connected 290 binary classification layer. A sigmoidal activation is used to obtain a final \mathcal{C} matching 291 score between 0 and 1, quantifying how similar or different the evaluated users are. The 292 architecture can observe in detail in Table 1, where the sub-blocks that belong to the 293 original Inception-ResNet architecture can be found in the seminal paper [55]. 294

295 3. Material and Methodology

The used database comes from 40 students between 18 and 30 years old, non-regular consumers of psychotropic substances, alcohol, or tobacco. The students were selected to participate in a national research study to assess how stress reflects in biological signals [64,65]. Signals were captured from the middle finger of the left hand and sampled at a frequency of 250 Hz [64], with the psychophysiological telemetric system "Rehacor-T" version "Mini" from Medicom MTD Ltd [64].

302 3.1. Preprocessing

In practice, the PPG signal is usually impaired by many common noise sources 303 during the signal acquisition process, such as motion artifacts, sensor movements, 304 breathing, etc., and the discretization error (truncation error) involved in normalizing 305 the input signal amplitudes. A common and direct mechanism to mitigate noise is to 306 submit the PPG signal to a bandpass filter. For filtered PPG signals, it uses a Butterworth 307 bandpass filter tuned to different cutoff frequencies. Anything below 0.5 Hz can be 308 attributed to baseline wandering, while anything above 8 Hz is high-frequency noise [66], though some studies have reported clinical information up to 15 Hz [16,67]. To examine 310 the impact that this early preprocessing has on the learning and the final performances 31 of our biometric system, it studies the following variations: 312

- Raw data: in this first mode, the PPG signals are not pre-processed and transferred directly, as they were acquired, to the 0–1 test preprocessing layer (see Figure 2), where once segmented, they convert to diffusive geometric maps.
- Filtered data [0.1–8 Hz]: in this second mode, the PPG signals, before moving to
 the 0–1 test preprocessing layer, are filtered with a Butterworth bandpass filter with
 cutoff frequencies at 0.1 and 8 Hz, and the amplitudes are not normalized.
- 310 3. Filtered data [0.5–8 Hz]: in this third mode, the PPG signals, before moving to the 320 0–1 test preprocessing layer, are filtered with a Butterworth bandpass filter with 321 state for a set 0.5 and 8 LTz and the amplitudes are not normalized
- cutoff frequencies at 0.5 and 8 Hz, and the amplitudes are not normalized. Filtered data [0.5–8 Hz] and normalized: in the latter mode, the PPG signals
- Filtered data [0.5–8 Hz] and normalized: in the latter mode, the PPG signals, before moving to the 0–1 test preprocessing layer, are filtered with a Butterworth bandpass filter with cutoff frequencies at 0.5 and 8 Hz, and the amplitudes normalized to the [0, 1] interval.

326 3.2. Training

The used data for training are PPG signals obtained for 10 minutes from different individuals with a sampling frequency of 250 Hz in all of them. Each signal separates into 150 randomly chosen segments (4 s each, which means 1000 points segment). Each segment generates an image with the 0–1 test. If a database of 40 individuals is used, there are 6000 different PPG segments with all users, and taking three images per user, results in $\frac{6000}{3}$ possible training combinations. All PPG segments are divided into training, validation, and test sets, composed of 60%, 20%, and 20%, respectively, of the database's data. Division ranges commonly are chosen to ensure that almost half of the data uses for evaluation.

The problem to be solved by this system is a binary classification problem with 336 only two possible classes: class 0 indicates that the input PPG segments of branch A and 337 branch B do not belong to the same user; class 1 indicates that these segments belong 338 to the same user. Each of the predefined training segments, generated with a specific output label, links these input segments A and B to an output classification, allowing the 340 system to learn how to differentiate or associate the input segments of different users. 341 Once in the training process, a random batch generator will use allowing choose 3 PPG 342 signal segments belonging to user A from among the 40 PPG signals used and another 3 PPG signal segments belonging to user B, once again randomized, so that if these two 344 users coincide an output label will be applying with class 1. At the same time, if not, it 345 will be associated with class 0. This generator allows guaranteeing the highest possible 346 variability, greatly enriching the training and providing it with generality. Once the 347 batches generate, an Adam optimizer is using to train the system to recognize similar 348 users. 349

350 3.3. Optimizer

The used optimizer is *Adam* or Adaptive Moment Estimation [68]. This optimizer is an excellent alternative to the conventional Stochastic Gradient Descent (SGD). It combines the advantages of two previous alternatives [69,70], creating a new approach that uses the averages of the first and second moments of the gradient to adapt the learning rate dynamically.

The training ratio parameter, which indicates the learning rate—how much and how fast the system learns in each period—is crucial and can produce great learning problems if it does not choose correctly. A very high learning rate can produce divergence in training, while a meager rate can easily fall into local training minima or take a long time to complete. When we talk about *Adam*'s adaptive capability, we mean that it starts with a user-defined learning rate, and after, it modifies the learning rate through unsupervised training. This capability allows using an adaptive training ratio that depends strongly on the batch size and how noisy the input is. The training ratio initially used is 10^{-4} .

In addition to *Adam*'s functionality, a callback called early stopping is employed 364 in this training. This tool allows the best weight settings to save that the system has 365 achieved throughout the training. In order to achieve this, the training session uses the 366 validation metrics and losses obtained after evaluating the model in each period to save the better-trained weights of the training and avoid undesired effects, like overfitting. 368 We have to recall that the training sessions were carried out using 100 epochs and a 369 batch size of 5 samples. However, a predefined number of epochs used, as we have 370 commented before, the early stopping will keep the best of them. The total training time 371 on a GPU NVIDIA GeForce GTX 1080 has been of 9 hours. 372

373 3.4. Loss function

The proposed convolutional neural network uses as input two PPG signal seg-374 ments \mathcal{I}_a and \mathcal{I}_b , while as output, it uses a binary classification vector \mathcal{C} . This binary 375 classification task's proposed loss function is the cross-entropy (CE), as indicated in 376 Equation (3), which evaluates the differences between *Ground Truth* and predictions to 377 provide an output score associated with the input signals' similarity. In classical machine 378 learning, this loss function has been widely used to solve the problems associated with a 379 binary classification between distributions, being d(x) the correct distribution and d(x)380 the estimated one, in such a way that it allows to associate a similarity score for those distributions. 382

$$\operatorname{CE}\left(d,\hat{d}\right) = -\sum_{\forall x} d(x) \log\left(\hat{d}(x)\right). \tag{3}$$

Binary cross-entropy measures the classifier's capacity understudy, whose output is a classification level that associates the input to the distribution of interest. The more this classification level decreases, the more the cross-entropy losses increase. The perfect classifier would have zero cross-entropy with a maximum classification level. Usually, this loss function is used in neural networks accompanied by an output activation according to it. In binary cross-entropy, the activation is a sigmoid function, which places the output score level in the interval [0, 1], with a smooth transition.

390 3.5. Metrics

Once the modalities in which the experimentation will carry out are fixing, the metrics used to evaluate the proposed system's performance are explained:

Precision-Recall curve. The precision-recall curve depicts the precision vs. the 393 sensitivity (recall) for different operating points (matching score or threshold values). 394 The closer the curve is to the upper right corner (the area under the curve is closer to 395 1), the more precise and sensitive the system behaves. The accuracy evaluates how often the output is correct (positive). An accurate system is very finicky, validating 397 a legitimate user, i.e., in an accurate system, it is unlikely that an intrusive user will 398 be admitted as valid, but it is also possible that legitimate users will be rejected 399 (false negatives). Sensitivity assesses how permissive the system is, i.e., in a highly sensitive system, it is improbable that a valid user will be rejected, but it is also 401 possible that unregistered users will be admitted as valid (false positives). 402

ROC (Receiver Operating Characteristic) curve. The ROC curve depicts sensitivity
 vs. FPR (false positive rate). The closer the curve is to the upper left corner (the
 area under the curve is closer to 1), the more sensitive the system behaves without
 increasing FPR. In short, the ROC curve graphically represents TPR (true positive
 rate) vs. FPR (false positive rate) for different operating points (matching score or
 threshold values).

F₁ score-Threshold curve. The F₁ score-Threshold curve complements the information provided by the precision-recall curve. F₁ score is a joint and overall metric that brings together the Precision and Recall values in a unique metric (precision and recall harmonic mean) that allows us to estimate the stability of the system's performance for different threshold values. In a stable and high-performance system, the range of threshold values for which the curve remains almost constant and close to 1 is virtually a flat line over the whole range.

Equal Error Rate (EER). The equal error rate or crossover error rate (CER) is a metric concerning biometric authentication systems that determines a working threshold where FPR (false positive rate) and FNR (false negative rate) are the same. The point where these decision errors cross define the working point, and the lower the crossover rate, the higher the system's accuracy. At the experimental level, EER

is used as a metric to compare different biometric authentication techniques.

Usually, a high decision threshold identifies an accurate model with a very low FPR (false positive rate); a low threshold value indicates a high sensitivity (too permissive, 423 424 with a very low FNR (false negative rate)). The precision-recall and ROC curves help us to find the equilibrium threshold. In our case, the criteria for selecting the optimal 425 threshold comes from the EER, but the F1 score-Threshold curve tells us if variations of the optimal threshold upwards or downwards would dramatically affect the system 427 performance. Based on the results we will see later, the precision-recall and ROC curves' 128 equilibrium threshold would not be so critical, as the system's stability has a wide 429 operating margin for a not insignificant range of working thresholds. 430

431 4. Results and discussion

In this section, we show the biometric potential of the diffusive dynamics of the 432 PPG signal. To do this, we explore its operational feasibility under different experimental 433 conditions to mimic its effectiveness in possible real-life scenarios. As an authentication 434 mechanism [5], the biometric architecture consists of two stages: in the first phase, the 435 enrollment phase, 12 s of PPG signal are acquired from each individual using a pulse 436 oximeter. These signal fractions are preprocessing to obtain several (p, q)-planes repre-437 sentative of each subject, PPG signal's diffusive behavior, obtained from the 0-1 test as the biometric pattern. From these (p,q)-planes, the neural network extracts 51,200 char-439 acteristics that encapsulate each individual's biometric pattern and conveniently store 440 them in memory. Afterward, in *the verification phase*, 12 s PPG signal is acquired from 441 anyone who wishes to verify their identity, proceeding to their preprocessing. Through a classifier and their comparison with the rest of the registered biometric patterns, it 443 authenticates the user's identity that requests it. The use of 12 s of PPG signal in each of 444 the phases of the system is because it is the time necessary to obtain three consecutive 445 segments of PPG signal (4 s or 1000 points each one), with their respective (p, q)-planes 446 from the user, to be recorded or verified. Additionally, 12 s to verify a user's identity 447 enables applying this system in real environments, since, with this not too long time, 448 achieves accuracy above 90%. 449

450 4.1. Experimental conditions

We present two different modalities of experiments that differ in how the database of the PPG signal from various individuals is used for training. We use the whole signal in the first modality, with randomized segments, from 60% of users for training and the 40% remaining for testing. This approximation allows us to show the system's generalization capacity, with better applicability to real systems, showing its results in new user patterns isolated from the trained users.

The second modality, the most used in the published biometry papers [5,19,42–47], uses 60% of all data, with the segments randomly taken between and from all users, for training and 40% for testing, and this means that the used patterns are isolated but belongs to the same users, which leads to a certain extent to the presence of similarities.



Figure 3. Minimum Equal Error Rate (EER) for different input PPG signal preprocessing modalities. The inset shows the entire EER curves as well as FPR (false positive rate) and FNR (false negative rate) trends for different threshold values.

461 4.1.1. Leaving 40% of users out of training

In this first experiment, the training set is 60% of users, and the testing set the other

40% of users. In this way, the network is trained with 24 users and tested with 16 users

- ⁴⁶⁴ never seen before. This experiment allows us to completely isolate 16 users so that the
- network has never seen a similar pattern in the training phase. Therefore, the register of
- authorized users does not record the biometrics ID of the 16 users who keep out.



Figure 4. Functional efficiency curves in case leaving 40% of users out of training. The working points of the EER curve (see Figure 3) are tagged with the symbol \bullet : (a) Precision-Recall curve; (b) ROC curve; (c) F₁ score-Threshold curve.

Figure 3 shows the different EERs for all the input PPG signal modalities used (cf. § 3.1). For raw data and filtered data in the range of 0.1 to 8 Hz, the network's discriminating power is penalized by the noise present in the signal, distorting and blurs the diffusive geometrical patterns in the (p, q)-planes. As filtering narrows its bandpass in the range of 0.5 to 8 Hz, the impact of noise is attenuated, and the diffusive geometric

- ⁴⁷² pattern becomes clearer, allowing the network to discriminate between different users'
- $_{473}$ biometric patterns more easily. If besides, PPG signal is normalized to [0, 1] interval, once
- 474 filtered in the range of 0.5 to 8 Hz, the EER has a slight reduction. This effect is because
- the signal's normalization improves the numerical quantification, and the diffusive
- geometric patterns trace a better structural resolution, making it easier to extract the
- 477 biometric features.

Table 2. Performance metrics for all the input PPG signals modalities used in case leaving 40% of users out of training. The thresholds refer to the optimal classification thresholds where EER is minimal for each modality (preprocessing) considered.

RAW DATA						
Precision	Recall	F ₁ score	Threshold	Equal Error Rate (EER)		
0.82	0.82	0.82	0.48	0.22		
FILTERED DATA [0.1–8 HZ]						
Precision	Recall	F ₁ score	Threshold	Equal Error Rate (EER)		
0.80	0.80	0.80	0.37	0.23		
FILTERED DATA [0.5–8 HZ]						
Precision	Recall	F ₁ score	Threshold	Id Equal Error Rate (EER)		
0.89	0.89	0.89	0.40	0.19		
FILTERED DATA $[0.5-8 \text{ Hz}]$ and normalized in $[0,1]$ interval						
Precision	Recall	\mathbf{F}_1 score	Threshold	Equal Error Rate (EER)		
0.90	0.90	0.90	0.73	0.18		

From the EER curve can be measured the working points for each of the prepro-478 cessing modes. These working points can use to obtain other performance measures, 479 as shown in Figures 4(a)–(c). For raw data and filtered data in the range of 0.1 to 8 Hz, 480 the functional efficiency curves, Precision-Recall, ROC, and F_1 score-Threshold curves, 481 behave quite similarly. However, the filtering in the range of 0.5 to 8 Hz, as illustrated in Figures 4(a)-(c), provides a significant enhancement in system operating performance, 483 especially about the stability of the working point, pointed out by the F_1 score-Threshold 484 curve, much higher than the raw data and filtered data in the range of 0.1 to 8 Hz. Unlike 485 in terms of the EER curve in functional efficiency curves, the benefit of [0, 1] interval 486 normalization, once filtering the data in the range of 0.5 to 8 Hz, is remarkable. On the one hand, there is a marked improvement in performance for high thresholds, and, on 488 the other hand, in the F_1 score-Threshold curve, the working point is much more stable 489 than in any other mode. 490

Table 2 shows the performance metrics of the experiment whereby 40% of users are left out of training.

493 4.1.2. Leaving 40% of data out of training

In the second experiment, the training set is 60% of the total data, including all users and all users' segments. The testing set is with the remaining 40% of the data, which means that the network handles (p, q)-planes for all users in the training phase, but in a different way than they will be treated for testing, even though they are undoubtedly related to the specific users' biometric patterns.

This experimental framework establishes a particular environment where the registered users' database is known and new user registrations do not contemplate. All users are well known to the network as they have previously registered.



Figure 5. Minimum Equal Error Rate (EER) for different input PPG signal preprocessing modalities. The inset shows the entire EER curves as well as FPR (false positive rate) and FNR (false negative rate) trends for different threshold values.

Figure 5 shows the different EERs for all the input PPG signals modalities used (cf. § 3.1). For raw data and filtered data in the range of 0.1 to 8 Hz, the network's discriminating power is similar to that obtained in the preceding experimental framework (cf. § 4.1.1, Figure 3). The noise present in the signal, which distorts and blurs the diffusive geometrical patterns in the (p, q)-planes, is a critical constraint on the biometrics system's operational capability.

Nevertheless, contrary to what appears in Figure 3, for filtering in the range of 0.5 to 8 Hz, the network offers high efficiency, with a significant reduction of EER. If, additionally to PPG signal normalization in the interval [0, 1], it applies a filter in the range of 0.5 to 8 Hz, it reaches the lowest EER, very close to zero (6%, as indicated in Table 3). With such credentials, it is clear how proper preprocessing of incoming PPG signals can positively influence the ultimate performance of the biometric system.

From the EER curve can be measured the working points for each of the prepro-514 cessing modes. These working points can use to obtain other performance measures, 515 as shown in Figures 6(a)-(c). For raw data and filtered data in the range of 0.1 to 8 Hz, 516 the functional efficiency curves (Precision-Recall, ROC, and F_1 score-Threshold curves) behave almost identical for classification purposes. Otherwise, when filtering in the 518 range of 0.5 to 8 Hz is applied to the input data, a qualitative leap obtains in terms of 519 operational performance, notably about the smooth stability of the F_1 score-Threshold 520 curve (see Figure 6(c)). Additionally, normalizing the data to [0, 1] interval, once filtering 521 the data in the range of 0.5 to 8 Hz, enables the network to operate as a quasi-optimal 522 behavior similar to a perfect classifier. 523

Table 3 shows the experiment's performance metrics, whereby 40% of data are 524 left out of training. Finally, we compare in Table 4 performance metrics with other 525 PPG-based biometric methods to consolidate the potential viability attributable to our 526 biometric authentication system. Ratings shown in Table 4 are merely indicative and 527 are limited to the achievements obtained in different experimental scenarios and with 528 different databases. Unfortunately, there is no common roadmap available for the 529 different PPG-based methods to communicate the obtained results. However, always with the utmost respect for the work carried out by authors, we chose to report the best 531 performances when there is not enough information available to conduct a comparison 532 that is as fair as possible on equal terms. 533

As Spachos *et al.* noted [44], the performance of PPG signal acquisition equipment and the environmental conditions when acquiring the signals impact any biometric authentication system's operational feasibility. So far, most PPG-based biometric sys-

- tems, as listed in Table 4, extract the representative features of an individual from the morphology of the PPG signal, either directly from the acquired PPG signal itself or with time or frequency domain transformations. Accordingly, the vulnerability of the morphology of the PPG signal to the physical state of the subject and the environmental and instrumental can divide a signal conviction are used protection.
- and instrumental conditions in the signal acquisition process restrict its field of applica-
- tion to biometric environments where very stable conditions are guaranteed, namely,
 when PPG signals, in enrollment and testing phases, were collected under controlled
- environment and with accurate sensors.



Figure 6. Functional efficiency curves in case leaving 40% of data out of training. The working points of the EER curve (see Figure 5) are tagged with the symbol \bullet : (a) Precision-Recall curve; (b) ROC curve; (c) F₁ score-Threshold curve.

RAW DATA						
Precision	Recall	F ₁ score	Threshold	Equal Error Rate (EER)		
0.86	0.86	0.86	0.53	0.21		
FILTERED DATA [0.1–8 HZ]						
Precision	Recall	F ₁ score	Threshold	Equal Error Rate (EER)		
0.82	0.82	0.82	0.57	0.22		
FILTERED DATA [0.5–8 HZ]						
Precision	Recall	F ₁ score	Threshold	d Equal Error Rate (EER)		
0.93	0.93	0.93	0.68	0.11		
FILTERED DATA [0.5–8 Hz] AND NORMALIZED IN [0,1] INTERVAL						
Precision	Recall	F ₁ score	Threshold	Equal Error Rate (EER)		
0.97	0.97	0.97	0.34	0.06		

Table 3. Performance metrics for all the input PPG signals modalities used in case leaving 40% of data out of training. The thresholds refer to the optimal classification thresholds where EER is minimal for each modality (preprocessing) considered.

In the light of the above, the inherent biometric limitations of PPG signal morphology are not reflected in the methods collected in Table 4, where an in-depth analysis reveals the high variability experienced by the parameter EER, degrading its expectations, a priori of the most promising, when PPG signals acquired under different

549 conditions.

Table 4. The performance of recognition systems based on PPG with state-of-the-art methods compare. Claimed error rates (EERs) involve that in the trial, three attempts were allowed. Acquisition and processing time refers to the system's time to identify whether the user is valid or not.

PPG-based biometric recognition method	Equal Error Rate (EER) (%)	Rank-1 accuracy (%)	Acquisition and processing time (s)
Yang et al. 2021 [71]	2.36	99.69	600.027
Yang et al. 2020 [72]		99.92	480.44
Lee et al. 2019 [73]	—	99.00	_
Sancho et al. 2018 [5]	6.9		21.35
Patil et al. 2018 [47]	23.34	86.67	—
Yadav et al. 2018 [19]	2.82		
Karimian <i>et al.</i> 2017 [46]	3.91	99.44	
Sarkar <i>et al.</i> 2016 [43]	_	90.53	14.00
Lee and Kim 2015 [45]	3.7	96.04	_
Kavsaoğlu <i>et al.</i> 2014 [42]	—	94.44	13.50
Spachos et al. 2011 [44]	12.75		
Our approach	2.02	97.00	12.01

So, in Yang et al. [71], the best EER is 2.36 with maximum rank-1 accuracy of 99.69%, 550 evaluated on different datasets, but 10 minutes of PPG signal are required, against the 551 12 seconds of our approach. Moreover, as a reference, in Yang et al. [71] the internal 552 computation time for the authentication process, once the data store, is about 27 ms, 553 while it is 10 ms in our system. In Yang *et al.* [72], with 8 minutes of PPG signal required, 554 a maximum rank-1 accuracy of 99.92% is achieved on three different datasets, but at the expense of an internal computation time for the authentication process of 0.44 s. In 556 Lee et al. [73], the maximum rank-1 accuracy is 99%, evaluated on a dataset containing 557 42 PPG signals, with roughly 2.5 minutes of PPG signal required. Either way, all three 558 proposals do not show analysis on different time-lapses or different states. In this con-559 nection, in Sancho *et al.* [5], the range of percentage variation of EER is 13.9 (from 6.9 to 560 20.8%) when evaluated on different time-lapses. In Yadav et al. [19], the mean EER is 2.82, 561 evaluated on different states and datasets, or in Spachos et al. [44], it is 12.75, evaluated 562 on different datasets. In the other methods, only the method's potential is evaluated 563 focusing on the research approach, rather than as a feasible real biometric solution, such 564 as in Karimian et al. [46], where the proposed solution provides an Error Rate and rank-1 565 accuracy of 3.91% y 99.44%, respectively, but 8 minutes of PPG signal are required, 566 against the 12 seconds of our approach. Either way, and because all of them use PPG 567 individual cycles, exogenous and endogenous factors in the PPG signal's morphological fluctuations may discourage its use in wearable biometric systems, as consistent and 569 reliable results with proper operations could not guarantee. Our approach holds the best 570 EER of all methods, with a 17% margin over the second-best result [71]. Our method is 571 fifth in precision, the best being that obtained in the report of Yang *et al.* [72]. Finally, in terms of acquisition and processing time, from all the available time values reported by 573 the studies, our method holds first place with 12.01 seconds. In this sense, it is worth 574 highlighting that our approach does not require new training every time a new user 575 registers; only the user's template pattern to register is needed, which only takes 12 576 seconds to record. 577

The present proposal opens up a new line of work in PPG-based biometry. The 578 study of its diffusion dynamics replaces the analysis of the PPG signal's morphology, 579 our (p,q)-planes, highly dependent on the vascular bed's biostructure, an intricate 580 network of tiny blood vessels that branches through body tissues. While deteriorating 581 with age and/or with certain cardiovascular diseases, this vascular microstructure is 582 unique to each individual and maintains a reasonably regular and stable diffusive 583 conductivity over time, making this an excellent biometric marker. Preliminary trials 584 with our biometric authentication system yielded similar performance ratings, with EER and rank-1 accuracy, with one attempt, in the range of about 6% and 97%, respectively, 586 when users, initially registered in a relaxed state, were successfully identified about 30 587 days later under stress-induced conditions. 588

589 5. Conclusions

Over the past ten years, the easily accessible PPG signal has attracted those involved in biometric security. Most PPG-based biometric solutions define the biometric signature out of certain features of the PPG signal morphology. Nevertheless, the high variability of the PPG signal morphology, in reaction to changes in measurement conditions and the individual's psychophysical state, is hampering its adoption as a biometric solution in wearable devices.

In this research work, still in progress, we propose a robust PPG-based biometric authentication system based on the diffusive dynamics of the PPG signal, arguably very stable in changing environments, instead of morphological aspects of the signal. Our biometrics approach is based upon Siamese convolutional neural networks, easily integrated into embedded environments that can reach high speeds in the identification process. An error rate, rank-1 accuracy, and enrollment time of 2%, 97%, and 12 s, respectively, makes our proposal the best among the eleven compared state-of-the-art methods in terms of EER and processing time and the fifth-best proposal in terms of
 rank-1 accuracy, indicating a great significance and potential viability as a real-world
 biometric system.

With an enrollment time of 12 s, we truly feel that our technical approach can become a real low-cost technological solution. Built-in in miniaturized Tensor Processing 607 Units (TPUs) customized for particular use in wearable biometric systems since once the network has been suitably trained, the authentication methodology does not require 609 successive retraining for reliable serving. Moreover, the memory requirements for 610 storing users' biometric templates, around 120 kB, pose no apparent constraints on the 611 authorized user database's portable logistics. With different hardware and software 612 solutions, our efforts aim at reducing PPG signal acquisition time, more in step with 613 the average comparison time, about 10 ms, verifying a user's biometric credentials 614 requesting access to the system. 615

Future work involves expanding the dataset with different physiological conditions, but preliminary results with the same individuals under stress conditions and on different days suggest a good operational consistency in the authentication process.

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Informed Consent Statement: The study includes 40 students from Universidad Politécnica de Madrid (UPM), between age 18 and 30 years old. All signals captured from the middle finger of the left hand and sampled at a frequency of 250 Hz, say, sampling time $\Delta t = 4$ ms. The UPM Ethics Committee approved the study protocol. Participants gave their written informed consent. They were instructed to avoid using any psychotropic substance, alcohol, or tobacco, avoid physical exercise 24 hours before each session, get up two hours before starting the sessions, and consume a light breakfast without coffee or tea.

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⁶⁴¹ Appendix A. Magnified Figure 2

Figure A1. System's architecture schematic overview (zoomed view of Figure 2).

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