International Consensus Criteria for Pediatric Sepsis and Septic Shock The Phoenix Pediatric Sepsis Criteria

Luregn J Schlapbach*, MD, PhD1,2; R Scott Watson*, MD, MPH3,4 (corresponding); Lauren R. Sorce*, PhD, RN, CPNP-AC/PC5,6; Andrew C. Argent*, MD, MBBCh, MMed 7,8; Kusum Menon, MD9,10; Mark W. Hall, MD11, 12; Samuel Akech, MBChB, MMED13; David J. Albers, PhD14,15; Elizabeth R. Alpern, MD, MSCE16; Fran Balamuth MD, PhD, MSCE17,18; Melania Bembea, MD, PhD19; Paolo Biban, MD20; Enitan D Carrol, MBChB, MD21; Kathleen Chiotos, MD22,23; Mohammod Jobayer Chisti, MBBS, MMed, PhD24; Peter E. DeWitt, PhD25; Idris Evans, MD, MSc26,27; Cláudio Flauzino de Oliveira, MD, PhD28,29; Christopher M. Horvat, MD, MHA26;27; David Inwald MB, PhD30; Paul Ishimine, MD31; Juan Camilo Jaramillo-Bustamante, MD32,33; Michael Levin, MD, PhD34,35; Rakesh Lodha, MD36; Blake Martin, MD37,38; Simon Nadel, MBBS39,40; Satoshi Nakagawa, MD41: Mark J Peters, PhD42,43: Adrienne G. Randolph, MD, MS44,45: Suchitra Raniit, MD46; Margaret A. Rebull, MA37; Seth Russell, MS37; Halden F. Scott, MD, MSCS47,48; Daniela Carla de Souza, MD, PHD29,49,50; Pierre Tissieres, MD, DSc51; Scott L. Weiss, MD52,53; Matthew O Wiens, PharmD, PhD54,44; James L. Wynn, MD56; Niranjan Kissoon, MD57; Jerry J. Zimmerman, MD, PhD3,4; L. Nelson Sanchez-Pinto**, MD, MBI5,58; Tellen D. Bennett**, MD, MS14,59 on behalf of the Society of Critical Care Medicine Pediatric Sepsis Definition Task Force (eTable)

*Equally contributed

**Equally contributed

1 Department of Intensive Care and Neonatology, and Children's Research Center,

- University Children's Hospital Zurich, University of Zurich, Zurich, Switzerland
- 2 Child Health Research Centre, The University of Queensland, Brisbane, Australia
- 3 Department of Pediatrics, University of Washington; Seattle

4 Center for Child Health, Behavior, and Development and Pediatric Critical Care, Seattle Children's; Seattle, Washington, USA

5 Ann & Robert H. Lurie Children's Hospital, Chicago, USA

6 Department of Pediatrics, Northwestern University Feinberg School of Medicine, Chicago, USA

7 Department of Paediatrics and Child Health, Red Cross War Memorial Children's Hospital, Cape Town, South Africa

8 University of Cape Town, Cape Town, South Africa

9 Department of Pediatrics, Children's Hospital of Eastern Ontario, Ontario, Canada 10 University of Ottawa, Ontario, Canada

11 Division of Critical Care Medicine, Nationwide Children's Hospital, Columbus, Ohio, USA

12 The Ohio State University College of Medicine, Columbus, Ohio, USA

13 Kenya Medical Research Institute (KEMRI)-Wellcome Trust Research Programme, Nairobi, Kenya

14 Departments of Biomedical Informatics, Bioengineering, Biostatistics and Informatics, University of Colorado School of Medicine; Aurora, CO, USA

15 Department of Biomedical Informatics, Columbia University, New York, NY, USA

16 Division of Emergency Medicine, Department of Pediatrics, Ann & Robert H. Lurie Children's Hospital of Chicago, Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA

17 Department of Pediatrics, University of Pennsylvania, Perelman School of Medicine, Philadelphia, Pennsylvania, USA

18 Division of Emergency Medicine, Children's Hospital of Philadelphia, Philadelphia, Pennsylvania, USA

19 Department of Anesthesiology and Critical Care Medicine, Johns Hopkins University School of Medicine, Baltimore, Maryland, USA

20 Pediatric Intensive Care Unit, Verona University Hospital, Verona, Italy

21 University of Liverpool, Department of Clinical Infection, Microbiology and

Immunology, Institute of Infection, Veterinary and Ecological Sciences, Liverpool, United Kingdom

22 Department of Anesthesiology and Critical Care, Perelman School of Medicine at the University of Pennsylvania, Philadelphia, Pennsylvania, USA

23 Divisions of Critical Care Medicine and Infectious Diseases, Children's Hospital of Philadelphia, Philadelphia, Pennsylvania, USA

24 ICU, Dhaka Hospital, International Centre for Diarroeal Disease Research, Dhaka, Bangladesh

25 Departments of Biomedical Informatics, University of Colorado School of Medicine, Aurora, CO, USA

26 Department of Critical Care Medicine, University of Pittsburgh School of Medicine, Pittsburgh, Pennsylvania, USA

27 The Clinical Research, Investigation, and Systems Modeling of Acute Illness (CRISMA) Center, Pittsburgh, Pennsylvania, USA

28 AMIB - Associação de Medicina Intensiva Brasileira, São Paulo, Brazil

29 LASI – Latin American Institute of Sepsis, São Paulo, Brazil

30 Paediatric Intensive Care, Cambridge University Hospitals NHS Foundation Trust, Cambridge, United Kingdom

31 Departments of Emergency Medicine and Pediatrics, University of California, San Diego School of Medicine, La Jolla, California, USA

32 PICU General Hospital General de Medellín "Luz Castro de Gutiérrez" and Hospital Pablo Tobón Uribe, Medellín, Colombia

33 Red Colaborativa Pediátrica de Latinoamérica (LARed Network)

34 Section of Paediatric Infectious Diseases, Department of Infectious Diseases, Imperial College London; London, UK

35 Department of Paediatrics, St Mary's Hospital, Imperial College Healthcare NHS Trust, London, UK

36 Department of Pediatrics, All India Institute of Medical Sciences, New Delhi, India

37 Departments of Pediatrics (Critical Care Medicine) and Biomedical Informatics and Pediatrics (Critical Care Medicine), University of Colorado School of Medicine; Aurora, CO,

USA

38 Pediatric Intensive Care Unit, Children's Hospital Colorado, Aurora, CO, USA

39 Paediatric Intensive Care, St Mary's Hospital, London, United Kingdom

40 Imperial College London, London, United Kingdom

41 Critical Care Medicine, National Center for Child Health and Development, Tokyo, Japan 42 University College London Great Ormond St Institute of Child Health, London, United Kingdom

43 NIHR Biomedical Research Centre London, London, United Kingdom

44 Department of Anesthesiology, Critical Care and Pain Medicine, Boston Children's Hospital, Boston, MA, USA

45 Departments of Anaesthesia and Pediatrics, Harvard Medical School, Boston, Massachusetts, USA 46 Pediatric Intensive Care Unit, Apollo Children's Hospital, Chennai, India

47 Department of Pediatrics ,(Section of Pediatric Emergency Medicine), University of Colorado School of Medicine, Aurora, Colorado, USA

48 Emergency Department, Children's Hospital Colorado, Aurora, Colorado, USA

49 Department of Pediatrics (PICU), Hospital Universitario, of the University of São Paulo, São Paulo, Brazil

50 Department of Pediatrics (PICU), Hospital Sírio Libanês, São Paulo, Brazil

51 Pediatric Intensive Care, AP-HP Paris Saclay University, Bicêtre Hospital, Le Kremlin-Bicêtre, France

52 Division of Critical Care, Department of Pediatrics, Nemours Children's Health, Wilmington, Delaware, USA

53 Sidney Kimmel Medical College at Thomas Jefferson University, Philadelphia, Pennsylvania, USA

54 Department of Anesthesiology, Pharmacology and Therapeutics, Faculty of Medicine, University of British Columbia, Vancouver, Canada

55 Institute for Global Health, BC Children's Hospital, Vancouver, Canada and Walimu, Uganda

56 Department of Pediatrics, University of Florida, Gainesville Florida, USA

57 Department of Pediatrics, University of British Columbia, Vancouver, Canada

58 Department of Pediatrics (Critical Care) and Preventive Medicine (Health & Biomedical Informatics), Northwestern University Feinberg School of Medicine; Chicago, IL, USA 59 Pediatric Intensive Care Unit, Children's Hospital Colorado, Aurora, CO, USA

Word count: 3090

Key words: Sepsis; septic shock; critical illness; critical care; infection; organ dysfunction

Correspondence:

R. Scott Watson, MD, MPH 4800 Sand Point Way NE M/S FA.2.112 Seattle, WA 98105 Scott.Watson@seattlechildrens.org Voice: 206-987-5391

Revision date: December 3122, 2023

Key Points

Question: How should children with suspected infection at higher risk of mortality, indicative of sepsis, be identified?

Findings: Using an international survey, systematic review, analysis of >3 million pediatric healthcare encounters, and consensus process, new criteria for sepsis and septic shock in children were developed. Pediatric sepsis in children with suspected infection <18 years of age was definedidentified by \geq 2 points in the novel Phoenix Sepsis Score, including dysfunction of the respiratory, cardiovascular, coagulation, and/or neurologic systems; and septic shock was <u>defined as</u>-sepsis with \geq 1 cardiovascular point in the Phoenix Sepsis Score.

Meaning: The new criteria for pediatric sepsis and septic shock are globally applicable.

Abstract

Importance: Sepsis is a leading cause of death among children worldwide. Current pediatric-specific criteria for sepsis were published in 2005 based on expert opinion. In 2016, Sepsis-3 defined sepsis as life-threatening organ dysfunction caused by a dysregulated host response to infection, but it excluded children.

Objective: To update and evaluate criteria for sepsis and septic shock in children.

Evidence Review: The Society of Critical Care Medicine (SCCM) convened a task force of 35 pediatric experts in critical care, emergency medicine, infectious diseases, general pediatrics, nursing, public health, and neonatology from 6 continents. Using evidence from an international survey, systematic review and meta-analysis, and <u>a new organ dysfunction</u> score developed based on <u>analysis of</u>>3 million electronic health record encounters from 10 sites on 4 continents, a modified Delphi consensus process was employed to develop criteria (endorsed by XX societies listed in the Acknowledgements).

Findings: Based on survey data, most pediatric providers used "sepsis" to refer to infection with life-threatening organ dysfunction, which differed from prior pediatric sepsis criteria that used systemic inflammatory response syndrome (SIRS) criteria, which have poor predictive properties, and included the redundant term, "severe sepsis". The SCCM task force recommends that sepsis in children is <u>definedidentified by-as-</u>a Phoenix Sepsis Score ≥ 2 points in children with suspected infection, which indicates potentially life-threatening dysfunction of the respiratory, cardiovascular, coagulation, and/or neurologic systems. Children with a Phoenix Sepsis Score ≥ 2 points had in-hospital mortality of 7.1% in higher resource settings and 28.5% in lower resource settings, more than 8 times that of children with suspected infection not meeting these criteria. Mortality was higher in children who had organ dysfunction in 1 of 4 organ systems (respiratory, cardiovascular, coagulation, and/or neurologic) that was not the primary site of infection. Septic shock was defined as children with sepsis who had cardiovascular dysfunction, <u>indicated by-and</u> \geq 1 cardiovascular point in the Phoenix Sepsis Score, which included severe hypotension for age, blood lactate >5 mmol/L, or need for vasoactive medication. Children with septic shock had an in-hospital mortality rate of 10.8% and 33.5% in higher and lower resource settings, respectively.

Conclusions and relevance: The Phoenix Pediatric Sepsis Criteria for sepsis and septic shock in children w<u>ereas</u> derived and validated by the international SCCM Pediatric Sepsis Definition Task Force using a large international database and survey, systematic review and meta-analysis, and modified Delphi consensus approach. A Phoenix Pediatric Sepsis Score of \geq 2 identified potentially life-threatening organ dysfunction in children <18 years of age with infection, and its use has the potential to improve clinical care, epidemiological assessment, and research in pediatric sepsis and septic shock around the world.

In 2017, an estimated 25 million children experienced sepsis worldwide, leading to over 3 1 million deaths.¹ Many pediatric survivors of sepsis have ongoing physical, cognitive, 2 emotional, and psychological sequelae, which may have long-term effects on them and their 3 families.²⁻⁴ The burden risk of developing sepsis during the early years of life exceeds that of 4 any other age group, with the most disproportionate effect among children in lower resource 5 settings.5 The World Health Organization resolution on sepsis called for dedicated efforts to 6 7 improve diagnosis, prevention, and management of sepsis, all of which require use of criteria that accurately identify those with infection who are at high risk of adverse outcomes and 8 death.^{6,7} However, such criteria are lacking for children. 9

The most recent operational criteria specific to pediatric sepsis were published in 2005 by the 10 International Pediatric Sepsis Consensus Conference (IPSCC) and have been widely 11 incorporated in clinical, research, quality improvement, and policy efforts.^{8,9} Similar to 12 criteria for adult sepsis at the time (Sepsis-2),¹⁰ the IPSCC criteria were based on expert 13 opinion and characterized sepsis as suspected or confirmed infection in the presence of the 14 systemic inflammatory response syndrome (SIRS). Severe sepsis was defined as sepsis with 15 16 cardiovascular or respiratory organ dysfunction or dysfunction of ≥ 2 other organ systems. Septic shock was defined as sepsis with hypotension, need for inotropesvasoactive 17 medications, or evidence of impaired perfusion despite resuscitation with >40 mL/kg 18 intravenous fluid boluses. 19

In 2016, the Third International Consensus Conference for Sepsis and Septic Shock (Sepsis-3) revised criteria for sepsis and septic shock in adults used data from nearly 150,000 patients with suspected infection in the U.S. and Germany.¹¹ The Sepsis-3 definition differentiated sepsis from uncomplicated infection by the presence of life-threatening organ dysfunction caused by a dysregulated host response to infection and <u>definedidentified</u> sepsis <u>as-using</u> an increase in the Sequential Organ Failure Assessment (SOFA) score by ≥ 2 points in patients with suspected infection.¹² Septic shock was <u>definedidentified as in sepsis-septic patients</u> with vasopressor use to maintain mean arterial blood pressure ≥ 65 mm Hg and serum lactate level >2 mmol/L in the absence of hypovolemia.¹³ These criteria were not developed with pediatric data nor validated or broadly adapted for children.

Sepsis in children has important differences from that in adults, including age-specific
variability of vital signs, developmental age-dependent immune function, and differences in
pediatric-specific comorbidities, epidemiology, and outcomes.¹⁴⁻¹⁷ Due to the high morbidity
and mortality caused by sepsis in children worldwide, sepsis criteria should be derived and
validated specifically <u>for</u> diagnosis in children.

35 Limitations of current criteria for sepsis in children

The IPSCC criteria for pediatric sepsis include many children with mild illness severity, and 36 37 recent literature supports that SIRS criteria do not reliably identify children with infection at risk for poor outcomes.^{18,19} Furthermore, studies have reported discrepancies in how the 38 criteria are applied clinically, which limiting accurate characterization of sepsis disease 39 burden.²⁰ Finally, the global applicability of IPSCC criteria for populations in lower resource 40 settings, where disease burden remains greatest, has not been rigorously evaluated.²¹⁻²³ 41 Insights from the process of developing and validating Sepsis-3 in adults and subsequent 42 validation studies provided guidance to inform the revision of pediatric sepsis criteria.^{24,25} 43 Sepsis criteria for children should be based on robust, readily available data from diverse 44

clinical settings. Sepsis-3 used the pre-existing SOFA score, but the sensitivity and positive
predictive value of pediatric organ dysfunction scores²⁶⁻²⁹ for children with infection, are
unclear.³⁰ In addition, while sepsis research <u>in adults</u> has focused on patients requiring
intensive care, 80% of pediatric patients with sepsis initially present to emergency

49 department (ED) or regular inpatient care settings. Therefore, data spanning the entire

50 hospital care continuum should be considered in pediatric patients with sepsis.³¹

51 The process of developing and validating new criteria for sepsis in children

52 This manuscript followed the Guidelines on Modifying the Definition of Diseases³². A task force was assembled in 2019 by the Society of Critical Care Medicine (SCCM) to update 53 54 criteria for pediatric sepsis (eTable 1). A diverse panel in terms of discipline, gender, and 55 healthcare setting was considered essential. Pediatric experts in intensive care, emergency medicine, infectious diseases, general pediatrics, informatics, nursing, neonatology, and 56 research were approached based on their expertise and experience in sepsis, ensuring that 57 healthcare settings with different resources and geography on 6 continents were represented. 58 59 The task force included 35 nurse and physician experts from Australia, Bangladesh, Brazil, Canada, France, India, Italy, Japan, Switzerland, South Africa, United Kingdom, and the 60 United States. 61

62 A three-pronged approach (eMethods 1) was used to develop the new criteria, including 1) a global survey of 2835 clinicians, ³³ 2) a systematic review and meta-analysis (eMethods 63 3),^{34,35} and 3) a data-driven derivation and validation study,³⁶ which culminated in a modified 64 Delphi consensus process by the entire task force. At each step, the task force included data 65 66 from lower and higher resource settings and considered the unique and shared challenges 67 related to limited resources and needs related to resource context (eMethods 2). The global 68 survey and systematic review informed the design of the derivation and validation study, the 69 results of which were used in the consensus process to arrive at the final criteria for pediatric 70 sepsis. During the consensus process, results of analyses were presented to the members of 71 the task force for review, discussion, and voting using REDCap surveys. Consensus was defined as >80% agreement of >80% of the task force members for any given question. If 72

73	this threshold was not reached, further discussion (and data analysis where necessary) ensued,
74	followed by additional rounds of voting until consensus was reached (eMethods 4). Preterm
75	neonates (less than 37 weeks gestation at birth) and newborns who remained hospitalized
76	after birth were excluded due to challenges with defining organ dysfunction in babies born
77	prematurely and because of the unique context of perinatally acquired infections. ^{37,38}
78	The global survey highlighted concern about inconsistent availability of diagnostic tests and
79	therapeutic tools across settings and a need for new criteria applicable to clinical care,
80	benchmarking, quality improvement, epidemiology, and research. ³³ The survey also
81	confirmed the preferred use of the term "sepsis" by pediatric clinicians to refer toidentify
82	children with infection-associated organ dysfunction rather than with infection-associated
83	SIRS, indicating widespread adoption of the Sepsis-3 conceptual framework.
84	The systematic review and meta-analysis examined the association of individual clinical and
85	laboratory criteria with the development of sepsis or increased risk for adverse outcomes,
86	including organ dysfunction scores. ³⁴ This confirmed the choice of using validated measures

87 of organ dysfunction for the development of sepsis and septic shock criteria for children.

An international, multicenter electronic health record database was developed using data 88 89 from health systems in 6 higher resource sites (all in the US) and 4 lower resource sites in 90 Bangladesh, China, Colombia and Kenya. This database included >3 million hospital 91 encounters of patients aged <18 years across various hospital locations (e.g., emergency 92 department, regular inpatient care area, ICU), excluding birth hospitalizations and children with post-conceptional age <37 weeks.³⁶ Data from each encounter were available from 93 94 presentation through discharge or death; and were divided into derivation and validation 95 datasets, stratified by resource setting (higher vs. lower). The Sepsis-3 conceptual definitions of sepsis as life-threatening organ dysfunction caused by infection and septic shock as sepsis 96

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97	leading to cardiovascular dysfunction, ¹² broadly acceptable in a global survey of clinicians
98	and researchers caring for children, ³³ were used as starting points by the task force.
99	The organ-specific subscores of 8 existing pediatric organ dysfunction scores ²⁶⁻²⁹ were
100	calculated using data from the first 24 hours of presentation to the hospital and compared to
101	ascertain those best discriminating in-hospital mortality (including in the emergency
102	department) among children with suspected infection, defined as those receiving systemic
103	antimicrobials and undergoing microbiological testing. The best-performing subscores were
104	used as inputs in stacked regression models to determine their association with in-hospital
105	mortality. ³⁶ When subscores performed similarly, the task force voted to determine which to
106	include in the final models.
107	The final model, which incorporated levels of dysfunction for 4 organ systems
108	(cardiovascular, respiratory, neurological, and coagulation), had comparable performance to a
109	score generated from an 8-organ system model that also included renal, hepatic, endocrine,
110	and immunological dysfunction (Phoenix-8 score ³⁶). The final 4-organ system model was
111	supported by the task force based on performance and parsimony, and was translated into an
 112	integer-based score, the Phoenix Sepsis Score, (Table) to optimize utility. Thresholds in the
113	score for sepsis and septic shock were set through the consensus process involving the entire
114	task force, based on sensitivity and positive predictive value. Once completed, the
115	recommendations were circulated to endorsing societies.

116 **Results/recommendations**

- 117 Criteria to identify children with sepsis
- 118 Sepsis in children was definedidentified usingby the Phoenix Pediatric Sepsis Criteria, which
- 119 was ≥ 2 points in the novel-Phoenix Sepsis Score, indicating potentially life-threatening organ

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120	dysfunction of the respiratory, cardiovascular, coagulation, and/or neurologic systems in
121	children with suspected or confirmed infection (see Table, Box 1, eTable 2 and eTable 3).
122	Children with suspected infection in the first 24 hours of presentation had in-hospital
123	mortality of 0.7% (1,049/144,379) in higher resource settings and 3.6% (1,016/28,605) in
124	lower resource settings. Among these children, a Phoenix Sepsis Score ≥ 2 in the first 24
125	hours of presentation occurred in 7.1% (10,243/144,379) in higher resource settings and 5.4%
126	(1,549/28,605) in lower resource settings and identified children at a higher risk of death (in-
127	hospital mortality 7.1% [726/10,243] in higher resource settings and 28.5% [441/1,549] in
128	lower resource settings). The threshold of Phoenix Sepsis Score ≥ 2 points had higher
129	positive predictive value and higher or comparable sensitivity for in-hospital mortality in
130	children with confirmed or suspected infection in the first 24 hours when compared with the
131	IPSCC definition of sepsis (i.e., SIRS with suspected or confirmed infection) and severe
132	sepsis (i.e., IPSCC sepsis with IPSCC-based organ dysfunction criteria) in the main analysis
133	and in multiple sensitivity analyses. ³⁶

134 *Criteria to identify children with septic shock*

135 Pediatric septic shock was defined indicated by as sepsis and ≥ 1 point in the cardiovascular component of the Phoenix Sepsis Score (i.e., severe hypotension for age, blood lactate >5 136 mmol/L, or receipt of vasoactive medication). Because vasoactive medications may not be 137 available in some clinical settings,³⁹ this approach allowed the identification of septic shock 138 in the absence of such resources. The prevalence of septic shock among children with sepsis 139 was 53.7% (5,502/10,243) in higher resource settings and 81.3% (1,260/1,549) in lower 140 141 resource settings and was associated with in-hospital mortality of 10.8% (593/5,502) and 33.5% (422/1,260), respectively. 142

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143 Organ dysfunction remote from the primary site of infection

144	Children meeting Phoenix Pediatric Sepsis Criteria included those with organ dysfunction
145	limited to the primary infected organ (e.g., isolated respiratory dysfunction in a child with
146	pneumonia), and those with Phoenix Sepsis scores that indicated organ dysfunction remote
147	from the primary site of infection (e.g. respiratory dysfunction in a child with meningitis).
148	However, children with sepsis and organ dysfunction remote from the primary site of
149	infection, which includes patients with septic shock and multi-organ dysfunction, represent
150	an important, distinct subset of children with sepsis (eFigures 1 and 2). Children with sepsis
 151	and remote organ dysfunction had higher mortality (8.0% [700/8,728] vs 32.3% [427/1,320]
152	in higher and lower resource settings, respectively) and represented 85.2% (8,728/10,243) vs
153	85.2% (1,320/1,549) of children with sepsis in higher and lower resource settings,
154	respectively. In contrast, children with a Phoenix Sepsis Score ≥ 2 who had organ
155	dysfunction limited to the primary site of infection had a mortality of 1.7% vs 6.1% in higher
156	and lower resource settings, respectively.

157 Discussion

158 Main findings

159 The new Phoenix Pediatric Sepsis Criteria for pediatric sepsis and septic shock, developed with an international survey, a systematic review, analyses of >3 million pediatric encounters, 160 161 and a modified Delphi consensus process, were designed to reliably identify children with 162 sepsis for the purpose of clinical care, benchmarking, quality improvement, epidemiology, and research in pediatric sepsis. The methodology used to develop the criteria leveraged 163 knowledge gained by the Sepsis-3 process while incorporating novel elements, utilizing a 164 165 globally diverse task force and relying on data from diverse healthcare systems. The results 166 demonstrate that SIRS should no longer be used to diagnose sepsis in children, and, as any

167	life-threatening condition is severe, the term severe sepsis is redundant. The Phoenix
168	Pediatric Sepsis criteria were intended to be globally applicable and were named in reference
169	to the symbolic meaning of the phoenix and <u>Phoenix, Arizona, the place</u> where the criteria
170	were presented during at the 2024 SCCM Congress.

171 Considerations for use of the Phoenix Pediatric Sepsis Criteria

In recent years, many health care institutions caring for adults have implemented SOFAbased extraction procedures in their electronic health care records to identify patients with
sepsis, improve sepsis care, and facilitate more accurate coding and billing.⁴⁰ The Phoenix
Sepsis Score could achieve the same goals for children across diverse settings. Of note, use
of the score may affect estimates of the prevalence of sepsis in children depending on care
practices and resource availability, particularly related to laboratory evaluation of children
with suspected infection.

179 Considerations for organ dysfunctions not included in the Phoenix Sepsis Score

The Phoenix Sepsis Score incorporated sepsis-defining organ dysfunction associated with 180 181 increased risk of death. Although this score only included 4 organ systems, the model was 182 had excellent sensitive with good positive predictive value when compared with the more 183 complex Phoenix-8 score-performance and good content and construct validity. The task 184 force prioritized parsimony, performance, and feasibility across different resourced settings and thus limited the number of organ systems used to differentiate sepsis and septic shock 185 186 from infection without sepsis. Although the 4 organs in the Phoenix Sepsis Score are most 187 commonly involved in sepsis, this does not diminish the crucial importance of other organ dysfunction, such as kidney failure⁴¹. in clinical care and research in terms of qualifying the 188 severity of sepsis, identifying children at risk of long term morbidity, and defining specific 189 subgroups that may require particular attention. Clinicians and researchers can identify and 190

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classify additional organ dysfunctions (e.g. kidney or hepatic dysfunction), with the Phoenix8 score.³⁶

193 Considerations for lower resource settings

194 The Phoenix Pediatric Sepsis Criteria accurately identified sepsisproved robust in datasets from lower resource settings,36 which should facilitate international dissemination and data 195 collection for future studies. The restriction to 4 organ systems reduces requirements for 196 laboratory investigation and data collection. While serum lactate was included in the Phoenix 197 198 Pediatric Sepsis score and may not available in some settings, the modeling and global survey provide rationale for its inclusion as an essential test whenever possible, even in lower 199 resource settings.²² The task force acknowledges that organ support such as mechanical 200 ventilation or vasoactive medications may not be available in some lower resource settings, in 201 202 which case other score items such as a low SaO2/FiO2 ratio or low mean arterial blood 203 pressure can be used. In addition, the availability of coagulation parameters may be limited in 204 areas of the world with fewer resources that than the many of the sites included in this study, 205 however there is enough redundancy in the score that it still performs well when coagulation 206 parameters are not reported.

207 Considerations for identification of children at risk of sepsis

The Phoenix Criteria for sepsis and septic shock were intended to <u>defineidentify</u> lifethreatening organ dysfunction due to infection in children. They were not designed for screening or early identification of children with suspected sepsis. Thus, it is imperative to continue to develop sepsis screening and early warning tools to correctly identify patients at higher risk of developing sepsis, in both outpatient and inpatient settings, which may lead to early interventions that could decrease the morbidity and mortality associated with pediatric

sepsis. The development of such tools is a future goal of the Pediatric Sepsis Definition Task 214 Force.42 215

- 216 Considerations for quality improvement and antimicrobial stewardship
- 217 The Phoenix Criteria have the potential to advance pediatric sepsis quality improvement
- initiatives,⁴³ although not all patients meeting these criteria will have bacterial infections 218
- (e.g., those with viral infections such as adenovirus or dengue). Appropriate process and 219
- 220 balancing measures-Efforts to enhance antimicrobial stewardship-efforts should therefore be
- 221 integrated into quality improvement work should therefore include both measures of timely
- 222 antibiotic administration as well as their appropriateness.44,45

235

Implications of organ dysfunction remote from the site of infection and development towards 223 phenotype-based sepsis criteria 224

225 After considerable discussion and debate, the task force defined sepsis as infection-associated organ dysfunction regardless of the site of infection. However, in terms of pathophysiology 226 and management, patients with isolated organ dysfunction due to local infection-related tissue 227 228 damage likely differ from those with organ dysfunction remote from the site of infection, e.g., those who have shock and/or multi-organ dysfunction, and a substantially higher mortality⁴⁶. 229 230 Children with this systemic form of sepsis may harbor distinct targets for translational and 231 clinical research to understand its evolution and optimal treatment, as well as care pathway 232 development, to understand its development and optimal treatment.⁴⁶ Given the 233 heterogeneity of sepsis, studies should be designed to incorporate phenotype-based criteria 234 that is reflective of individual biology and which may identify patient subgroups that are more likely to benefit from specific therapeutic interventions.⁴⁷⁻⁴⁹

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236 Limitations

First, the Phoenix Pediatric Sepsis Criteria inherently represent a simplification of the 237 complex biological processes leading to sepsis in children and the heterogeneity of the 238 condition in terms of host, pathogen, and contextual factors. Second, identification of 239 240 "infection" by proxy markers such as XX microbiological testing and YY antibiotics is affected by resource availability and local practice. Third, similar to Sepsis-3, we have not 241 attempted to characterize specific markers of dysregulated host response, nor have we 242 validated findings on datasets of higher biological resolution such as those including multi-243 omics data. Fourth, the data from higher resource settings were derived exclusively from 244 children's hospitals in the US, so they may not be representative of or generalizable to 245 246 children in other higher resource countries. Fifth, death as a primary endpoint in children 247 with infection, while pragmatic, does not account for infection-associated morbidity, and does not include the long-term effects on children and their families. Sixth, the 24-hour 248 249 presentation window used in the development of the criteria excluded children who developed sepsis as a result of healthcare-associated infections, and, conversely, may be wide 250 given the sometimes fulminant nature of pediatric sepsis.⁵⁰ Seventh, the temporal sequence 251 252 of infection followed by organ dysfunction and death does not prove causality, and the 253 eriteria dynamic measures of physiology may reflect deteriorating patients more accurately 254 than static/single time point assessments used in the criteria.were based on static features rather than dynamic features incorporating change over time. Eighth, the new criteria 255 incorporated treatments delivered in response to sepsis (e.g., vasoactive medications) and 256 may not have accounted for other therapies (e.g., sedation) that could have influenced organ 257 dysfunction. Ninth, preterm neonates and term newborns who were hospitalized directly 258 259 after birth were excluded from this study, so these pediatric sepsis criteria do not apply to those patients. 260

261 Conclusion

262	The Phoenix Pediatric Sepsis Criteria for sepsis and septic shock in children was-were
263	derived and validated by the international SCCM Pediatric Sepsis Definition Task Force
264	using a large international database and survey, systematic review and meta-analysis, and
265	modified Delphi consensus approach. A Phoenix Pediatric Sepsis Score of ≥ 2 identified
266	potentially life-threatening organ dysfunction in children <18 years of age with infection and
267	its use has the potential to improve clinical care, epidemiological assessment, and research in
268	pediatric sepsis and septic shock around the world.

269 Acknowledgements

- 270 The authors would like to thank Kathy Vermoch, Lori Harmon, and Lynn Retford at the
- 271 Society of Critical Care Medicine for their invaluable assistance throughout this project.
- 272 The authors would like to thank Rebeca Mozun, University Children's Hospital Zurich,
- 273 Switzerland, for help with creating the Figures.
- 274 The authors would also like to thank Clifford S. Deutschman, MS, MD and Derek C. Angus,
- MD, MPH for their providing invaluable guidance in developing and conducting the work of
 the task force.
- 277 Endorsing societies: To be populated after acceptance

278 Author contributions:

- 279 *Concept and design:* The project plan for the Pediatric Sepsis Definition Taskforce was
- 280 drafted by LJS, RSW, LRS, ACA, JJZ, and NK. The plan for the data analyses was designed
- 281 by TDB and LNS-P. The plan for the Delphi process was designed by KM.
- 282 Acquisition, analysis, or interpretation of data: TDB and LNS-P led data acquisition and
- analysis including the building of the harmonized international database used to develop and
- validate the new criteria. FB, MB, TDB, MJC, IE, CMH, JCJ-B, LNS-P, RSW, and SLW
- 285 curated data at contributing sites, performed data quality checks, and contributed to data
- 286 harmonization. TDB and LNS-P led a team including DJA, PED, BM, MNR, and SR who
- 287 conducted the harmonization and analysis of the data, including the Delphi process results,
- 288 with clinical and scientific contributions by RSW, LJS, HS, SLW, FB, and ERA, and KM.
- All Taskforce members contributed to weekly Delphi rounds focusing on the interpretation of

the data.

291

292	Drafting of the manuscript: LJS and RSW wrote the first draft of the manuscript with
293	contributions from LRS, ACA, KM, TDB, and LNS-P.
294	Critical review of the manuscript for important intellectual content: All authors contributed
295	to the work of the Taskforce and the Delphi process, provided revisions to the manuscript,
296	and reviewed and approved the final version.
297	Obtained Funding: JJZ, NK, LJS, and RSW obtained funding for the work through the
298	Society of Critical Care Medicine. TDB, LNS-P, RSW, LJS, HFS, SLW, FB, and ERA
299	obtained NIH funding.
300	Administrative, technical, or material support: LJS, RSW, ACA, LRS served as co-chairs,
301	and co-vice chairs of the Taskforce and together with SCCM staff were responsible for the
302	organization, minute taking, and conduct of the work.
303	
304	Pediatric Sepsis Definition Task Force Group Information: See eTable 1.
305	
306	Conflict of Interest Statements:
307	Enitan D Carrol has provided scientific advisory board expertise to Thermofisher, Biofire and
308	bioMerieux, but not received any personal fees. All funding paid directly to her employing
309	institution.
310	Kathleen Chiotos receives grant funding (to her institution) from the Centers for Disease
311	Control and Prevention, and within the past 24 months from the Agency for Healthcare
312	Research and Quality. She received funding for conference travel from the Society for
	Healthcare Epidemiology of America and the Infectious Diseases Society of America.

314	Mark Hall receives consultant fees paid from Abbvie for service on a Data Safety Monitoring
315	Board, licensing income from Kiadis for a product unrelated to sepsis, and study drug free of
316	charge for two clinical trials for which he is the Principal Investigator from Partner
317	Therapeutics and Sobi.
318	Adrienne G. Randolph is Chair of the International Sepsis Forum, which receives funding
319	from industry sponsors. She has provided advisory expertise to Volition on diagnostics
320	related to sepsis with compensation for travel. She receives royalties from UpToDate for
321	editorial duties related to pediatric sepsis.
322	Lauren R. Sorce is an elected member of the Executive Committee and serves as President-
323	elect of the Society of Critical Care Medicine (SCCM) 2023-2024 and President 2024-2025.
324	The research presented is that of the author and does not represent SCCM.
325	Luregn Schlapbach received support from the NOMIS foundation.
326	Daniela Carla de Souza is the current President of the Latin American Sepsis Institute (ILAS)
327	2022-2023 and served as Vice-President 2020-2021.
328	Pierre Tissieres has provided scientific advisory board expertise for Thermofisher, Baxter,

- 329 Sanofi, Paion, and have served as President of the European Society of Paediatric and
- 330 Neonatal Intensive Care (ESPNIC) 2019-2021 and past-President 2021-2023.
- Jerry Zimmerman receives research funding from Immunexpress, Seattle, WA and textbookroyalties from Elsevier Publishing.
- **Funding sources:** This work was supported by the Society of Critical Care Medicine and the
- 334 Eunice Kennedy Shriver National Institute of Child Health and Human Development
- 335 (NICHD) grant number R01HD105939 to TDB and LNS-P. LJS received support from the

- NOMIS foundation. The funding organizations had no role in the design and conduct of the
- 337 study; collection, management, analysis, and interpretation of the data; preparation, review,
- 338 or approval of the manuscript; nor decision to submit the manuscript for publication

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339 Table. The Phoenix Sepsis Score.

	0 points	1 point	2 points	3 points
Respiratory	P/F ≥400	P/F <400 on any	P/F 100-200 and	P/F <100 and
(0-3 points)	or	respiratory support ²	IMV	IMV
	S/F ¹ ≥292	or	or	or
		S/F ¹ <292 on any	S/F ¹ 148-220 and	S/F ¹ <148 and
		respiratory support	IMV	IMV
Cardiovascular		<u>1 point each (up to 3)</u>	2 points each (up	
(0-6 points)		for:	to 6) for:	
	 No vasoactive 	 1 vasoactive 	 ≥2 vasoactive 	
	medications ³	medication ³	medications ³	
	 Lactate⁴ ≤5 	 Lactate⁴ 5-10.9 	 Lactate⁴ ≥11 	
	mmol/L	mmol/L	mmol/L	
Age-based	• MAP ^{<u>5</u>} (mmHg)	• MAP ^{<u>5</u>} (mmHg)	• MAP ^{<u>5</u>} (mmHg)	
<1 month	>30	17-30	<17	
1 to 11 months	>38	25-38	<25	
1 to <2 years	>43	31-43	<31	
2 to <5 years	>44	32-44	<32	
5 to <12 years	>48	36-48	<36	
12 to 17 years	>51	38-51	<38	
Coagulation ⁶		1 point each (max. 2		
(0-2 points)		points) for:		
	 Platelets ≥100 	 Platelets <100 		
	K/µL	K/µL		
	• INR ^{<u>7</u>} ≤1.3	• INR ⁷ >1.3		
	• D-Dimer ≤2	• D-Dimer >2 mg/L		
	mg/L FEU	FEU		
	 Fibrinogen 	• Fibrinogen <100		
	≥100 mg/dL	mg/dL		
Neurologic ^{<u>8</u>}	• GCS ⁹ >10	GCS ⁹ ≤10	-Fixed pupils	
(0-2 points)	 Pupils reactive 		bilaterally	

340

Phoenix Pediatric Sepsis Criteria

- Sepsis: Suspected infection and Phoenix Sepsis Score ≥2 points
- Septic shock: Sepsis with ≥1 cardiovascular point(s)

341

P/F, PaO//FiO. ratio; S/F, SpO/FiO. ratio (only SpO. of 97% or less); *IMV*, invasive mechanical ventilation;
 MAP, mean arterial pressure; *INR*, international normalized ratio of prothrombin time; *GCS*, Glasgow coma
 scale score.

346 Notes for use: The score may be calculated in the absence of some variables (e.g., even if lactate level is not 347 measured and vasoactive medications are not used, a cardiovascular score can still be ascertained using blood 348 pressure). It is expected that laboratory tests and other measurements will be obtained at the discretion of the 349 medical team based on clinical judgment. Unmeasured variables contribute no points to the score. Ages are not 350 adjusted for prematurity, and the criteria do not apply to birth hospitalizations, children with post-conceptional 351 age <37 weeks, or those 18 years of age or older.</p>

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- ¹<u>S/F ratio is only calculated if SpO₂ is 97% or less.</u>
- 352 353
- 2 The respiratory dysfunction of 1 point can be assessed in any patient on oxygen, high flow, non-invasive positive pressure, or IMV respiratory support, and includes P/F <200 and S/F <220 in children who are not on 354 355 IMV.
- 356 ³<u>Vasoactive medications include any dose of epinephrine, norepinephrine, dopamine, dobutamine, milrinone,</u> 357 and/or vasopressin (for shock).
- 358 ⁴Lactate reference range is 0.5-2.2 mmol/L.
- 359
- ⁵S/F ratio is only calculated if SpO_i is 97% or less. Use measured MAP preferentially (invasive arterial if available or non-invasive oscillometric), and if measured MAP is not available, a calculated MAP (1/3*systolic
- 360 361 + 2/3*diastolic) may be used as an alternative. Lactate can be arterial or venous.
- 362 ⁶Lactate reference range is 0.5-2.2 mmol/L. Vasoactive medications include any dose of epinephrine,
- 363 norepinephrine, dopamine, dobutamine, milrinone, and/or vasopressin (for shock). The coagulation variables 364 reference ranges are: platelets 150-450 K/µL; D-Dimer <0.5 mg/L FEU; Fibrinogen 180-410 mg/dL.
- 365 ²The INR reference range is based on the local reference prothrombin time.
- 366 ⁸The neurologic dysfunction subscore was pragmatically validated in both sedated and non-sedated patients, and 367 those on and off IMV support.
- 368 ⁹The GCS measures level of consciousness based on verbal, eye, and motor response and ranges from 3 to 15,
- with a higher score indicating better neurological function. Ages are not adjusted for prematurity, and the 369
- 370 371 eriteria do not apply to birth hospitalizations, children with post-conceptional age <37 weeks, or those 18 years of age or older.

372

Box 1. Key Concepts for pediatric sepsis.

374	•	Pediatric sepsis criteria apply to children <18 years of age but are not applicable to
375		newborns or babies with post-conceptional age <37 weeks.
376	•	The former criteria based on systemic inflammatory response syndrome (SIRS)
377		should not be used to diagnose sepsis in children.
378	•	The former term "severe sepsis" should no longer be used, as sepsis is life-threatening
379		organ dysfunction associated with infection, and is thus indicative of a severe disease
380		state.
381	•	Life-threatening organ dysfunction in children with suspected or confirmed infection
382		can be identified in settings with different resources as a Phoenix Sepsis Score of at
383		least two points. The new Phoenix Sepsis Score is a composite four-organ system
384		model including criteria for cardiovascular, respiratory, neurological, coagulation
385		dysfunction.
386	•	Septic shock is a subset of sepsis where patients manifest cardiovascular dysfunction,
387		which is associated with higher mortality. Septic shock can be operationalized by a
388		cardiovascular subscore of at least 1 point of the Phoenix Sepsis Score in children
389		with sepsis.
390	•	Children with sepsis who manifest organ dysfunction remote from the site of infection
391		have a higher risk of death, suggesting life-threatening systemic processes.
392	•	These criteria may facilitate harmonized data collection on epidemiology of disease
393		globally and may serve to support clinical care, quality improvement, benchmarking,
394		and research to improve outcomes for children with sepsis.

396 Timely and accurate recognition of sepsis requires data-driven screening tools with ٠ reasonable precision and high sensitivity, which are adaptable to different healthcare 397 settings. While the Phoenix Pediatric Sepsis Criteria performed well across over 3 398 million pediatric encounters in different settings, future independent validation 399 (especially in lower resource, remote, and mixed healthcare settings) is warranted. 400 Work is also required to ensure such tools perform robustly across age groups and for 401 • 402 patients with chronic conditions such as technology dependance, congenital 403 conditions, or severe malnutrition. The unique developmental context of sepsis in preterm infants, as well as that of 404 • 405 perinatal infections, combined with difficulties in robust operationalization of organ dysfunction for this vulnerable patient group, necessitates efforts to validate sepsis 406 407 and septic shock criteria for preterm infants. 408 Children with sepsis who manifest organ dysfunction remote from the site of infection, including patients with septic shock and those with sepsis-associated multi-409 410 organ dysfunction, should be targeted by future trials. 411 Improved understanding of types of host response to infection associated with organ ٠

Box 2. Future directions and considerations for research.

395

- 412dysfunction, for example through multi-omics studies and harvesting of large EHR413datasets, is a prerequisite to decipher biological manifestations of dysregulated host414response(s) in sepsis, which then can inform the design of personalized approaches to415sepsis in children.
- The global challenges related to antimicrobial resistance demand investment to test
 efficacy and effectiveness of novel clinical and molecular markers which can reliably
 discriminate children evaluated for sepsis necessitating targeted antimicrobial therapy.

- 419 Figure. Proposed diagnostic flow to characterize patients using the new criteria for sepsis and
- 420 septic shock in children. Sepsis diagnosis is operationalized as 2 points or more on the
- 421 Phoenix Sepsis Score, and septic shock as sepsis with cardiovascular dysfunction (see Table).
- 422 Institutionally available procedures to identify deteriorating patients with infection should be
- 423 followed for screening. There is a need for data-driven tools to screen children at risk of
- 424 development of sepsis.

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