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**Making diabetes care fit: insights, strategies and support**  
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**Citation**

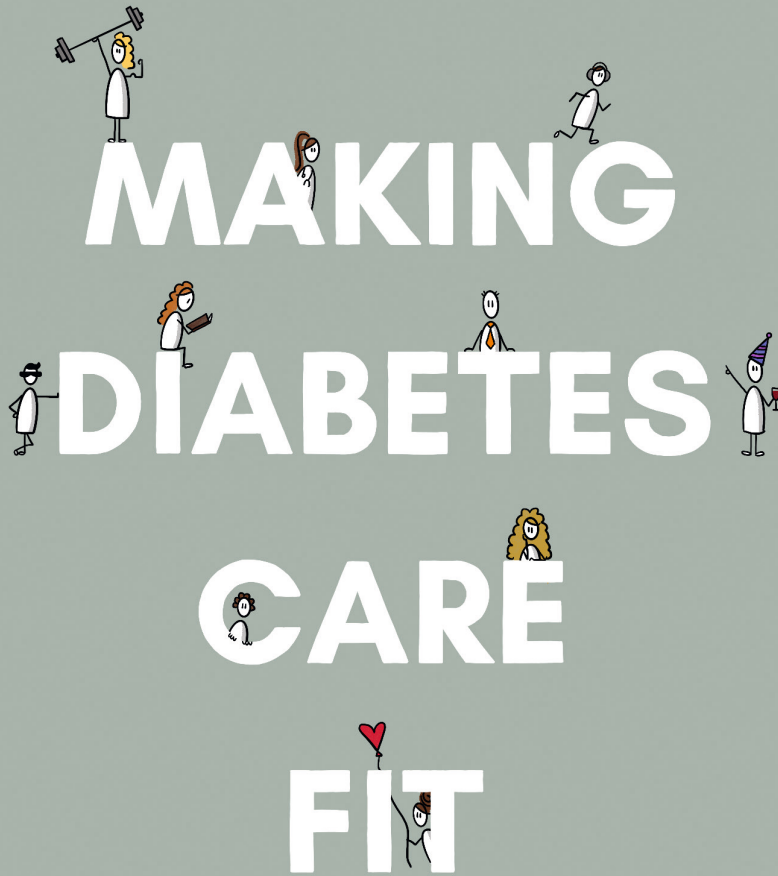
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**MAKING  
DIABETES  
CARE  
FIT**

The title is presented in a large, white, sans-serif font, with each word on a new line. The words are 'MAKING', 'DIABETES', 'CARE', and 'FIT'. Several cartoon characters are integrated into the text: a woman with a barbell on top of 'MAKING', a woman on the 'I' of 'DIABETES', a man on the 'E' of 'DIABETES', a man on the 'A' of 'CARE', a woman on the 'R' of 'CARE', a man on the 'I' of 'FIT', and a man holding a red heart on the 'T' of 'FIT'. There are also characters on the left and right sides of the 'DIABETES' line.

**Insights, strategies and support**

**MEREL MARIA RUISSEN**