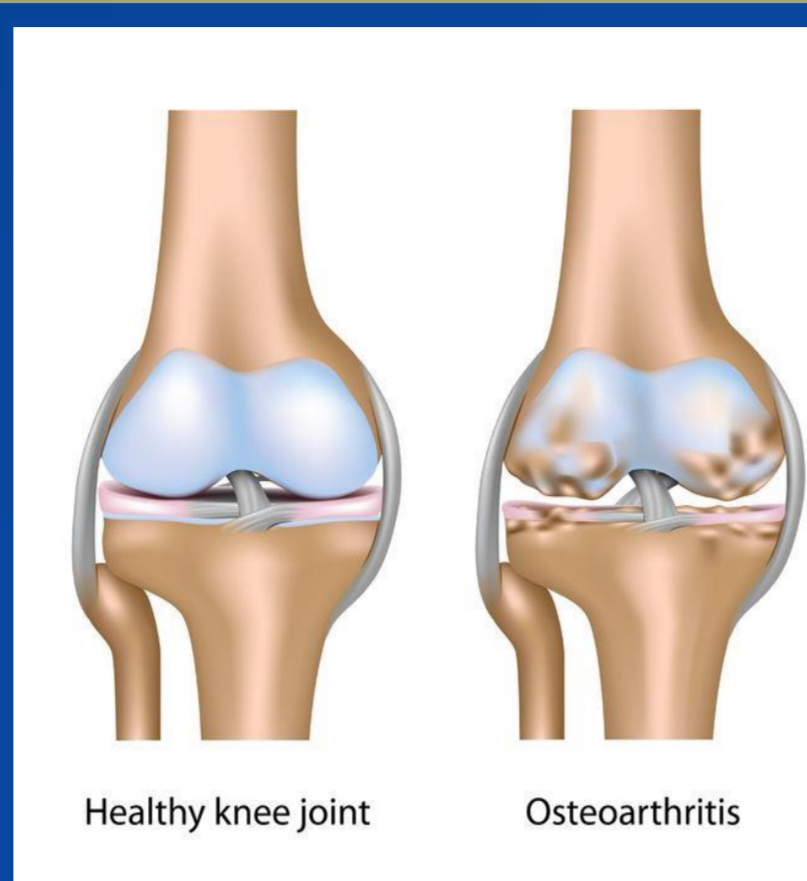


## Background

Osteoarthritis (OA) is the most common form of arthritis and chronic degenerative joint disease. It is characterized by subchondral bone sclerosis, synovial membrane inflammation and progressive cartilage degradation. All these alterations result in chronic pain, functional loss and, eventually, permanent disability [1]. Currently, there is no disease-modifying drug available to reverse the progression of the OA and conventional therapies provide only a temporary relief from the symptoms. Considering the localized nature of the disease, the direct injection of therapeutic agents into the joint cavity is a clinically valuable approach. However, intra-articular treatments can be rapidly cleared through the synovial vasculature (small molecules) or lymphatic drainage (macromolecule). In this context, the development of drug delivery systems, that can act as biometarial depot, represents a promising strategy for OA management.

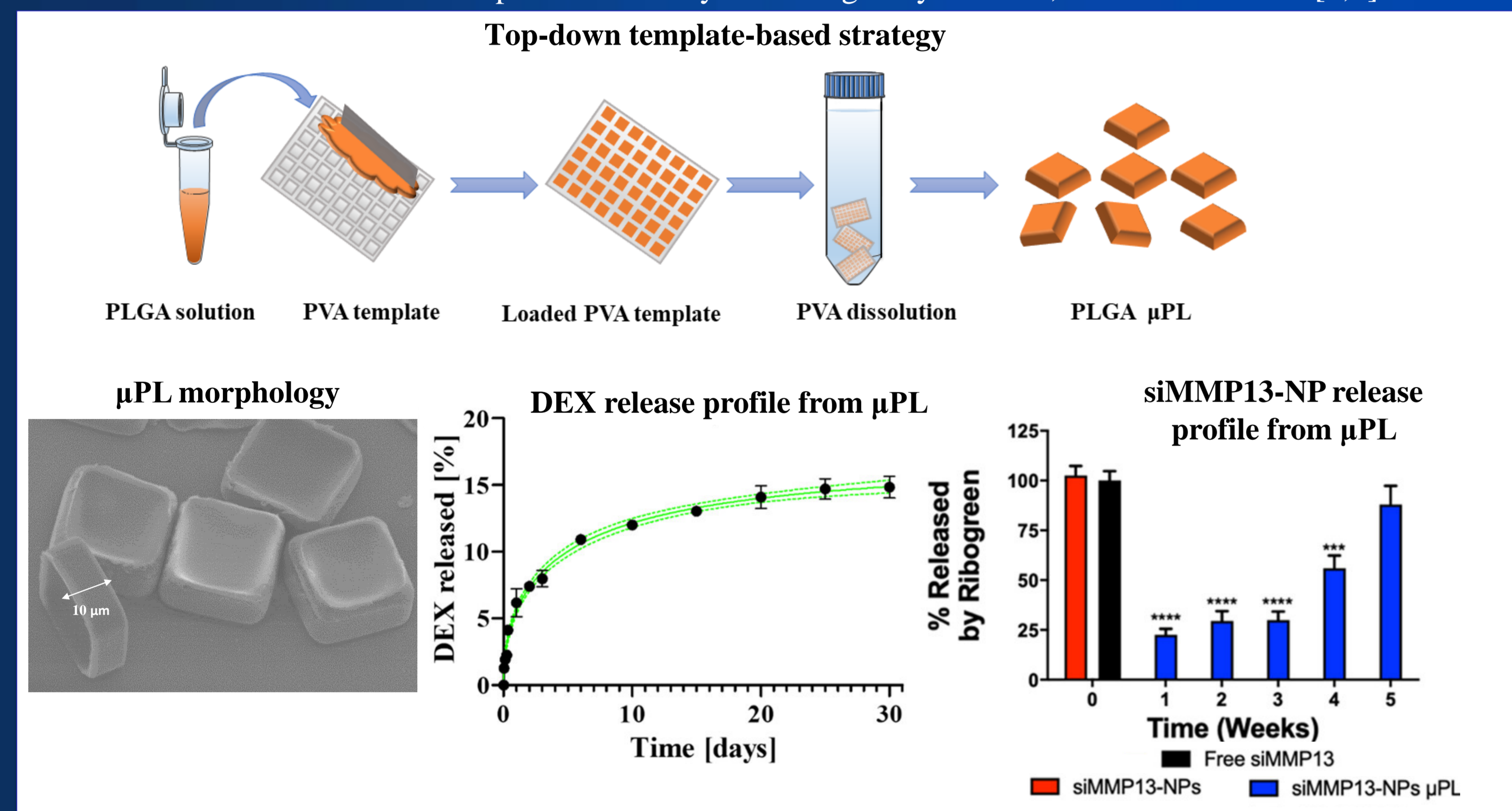


## Research goal

Development of an intra-articular delivery system for OA treatment, able to provide a controlled and/or sustained drug release, enabling long-term treatment with a reduced number of injections.

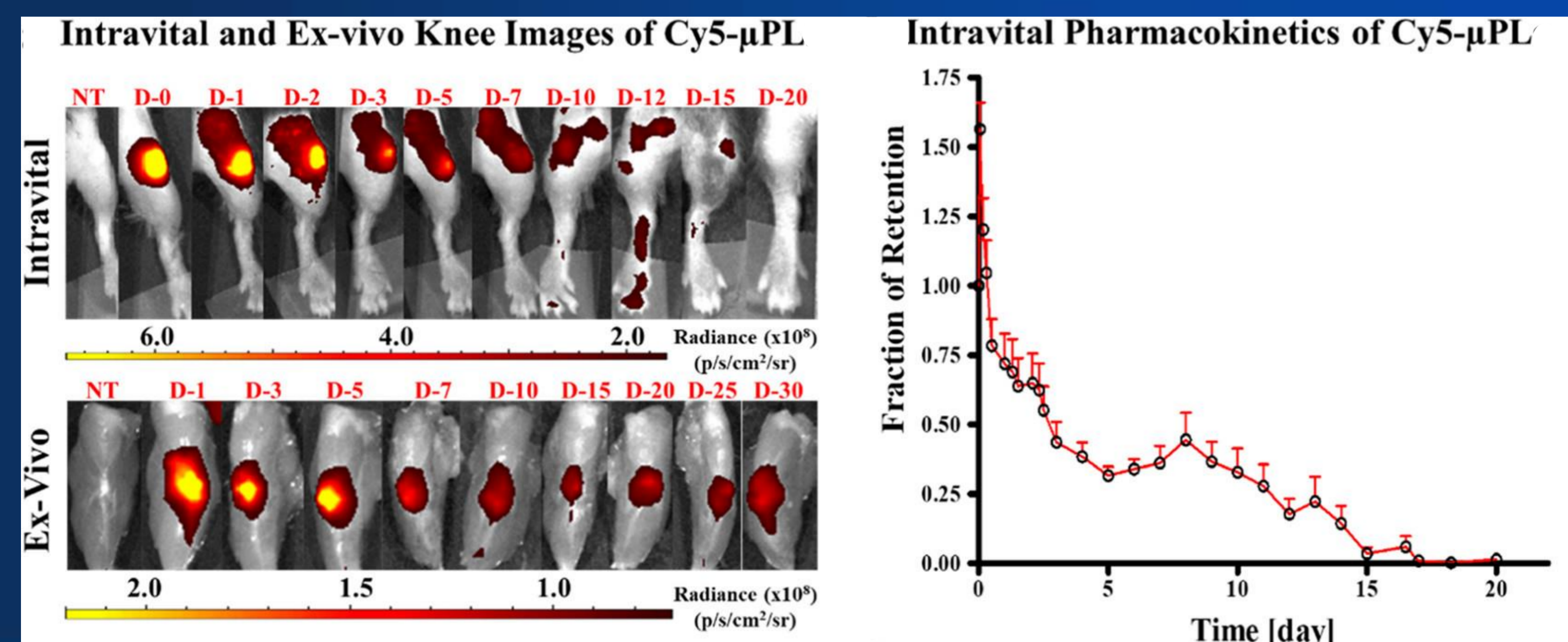
## Fabrication and characterization of PLGA $\mu$ PL

PLGA (poly(D,L-lactide-co-glycolide) microPLates ( $\mu$ PL), fabricated using a top-down approach, have been loaded with different cargo, including the anti-inflammatory molecule dexamethasone (DEX) and matrix metalloproteinase 13 (MMP-13) RNA interference nanoparticles (siMMP13-NPs). Note that MMP13 is upregulated in OA and degrades the key cartilage structural protein type II collagen. Both formulations achieved continuous release over a period of 30 days in biologically relevant, confined volumes [2,3].



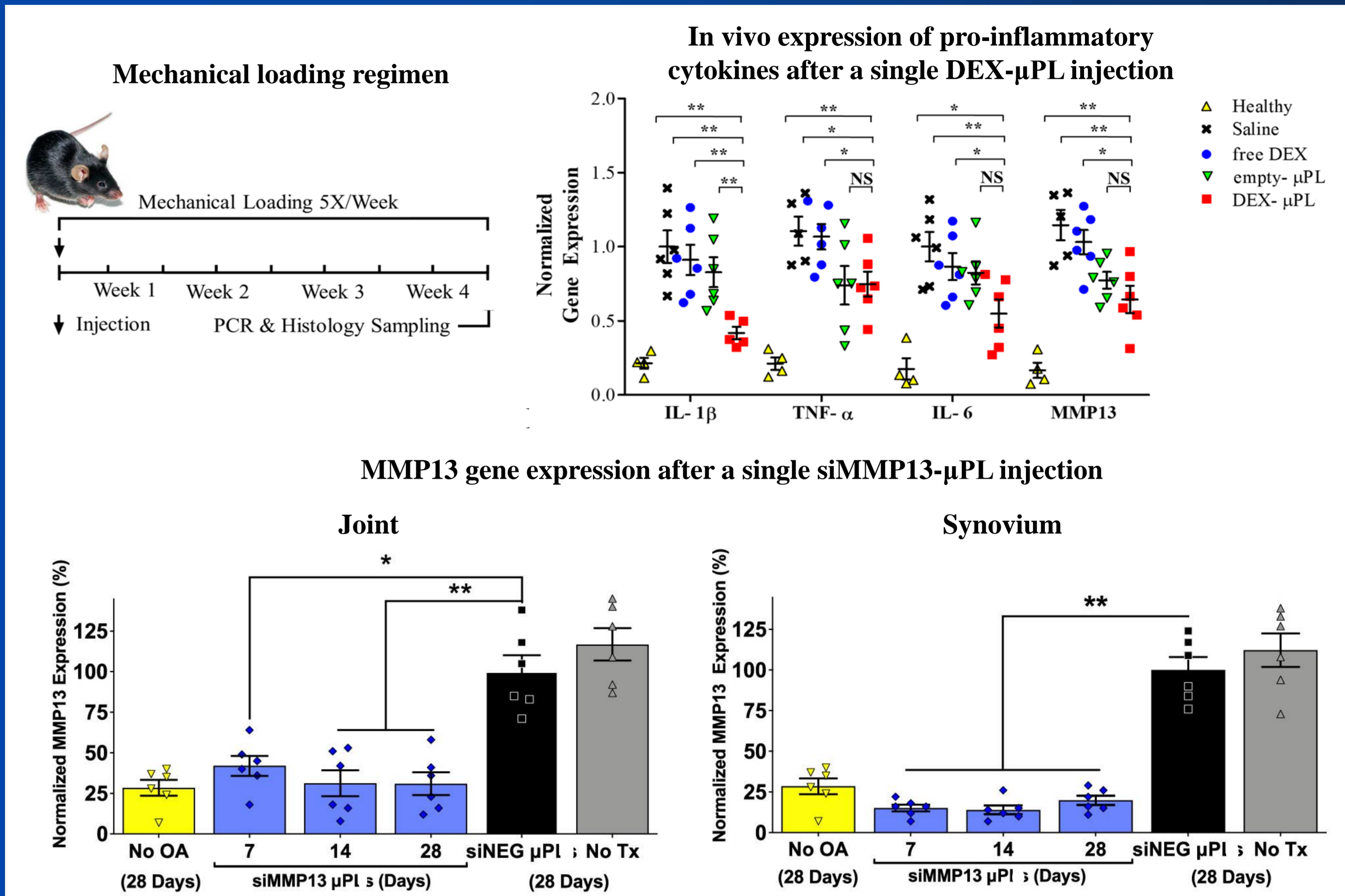
## In vivo pharmacokinetic study of Cy5- $\mu$ PL in a PTOA mouse model

After a single intra-articular injection of Cy5- $\mu$ PL into a cohort of mice with mechanically induced osteoarthritis (PTOA), a time course of intravital imaging, *ex vivo* imaging, and confocal microscopy analyses were performed: fluorescent  $\mu$ PL were detected in the joint for up to 30 days.



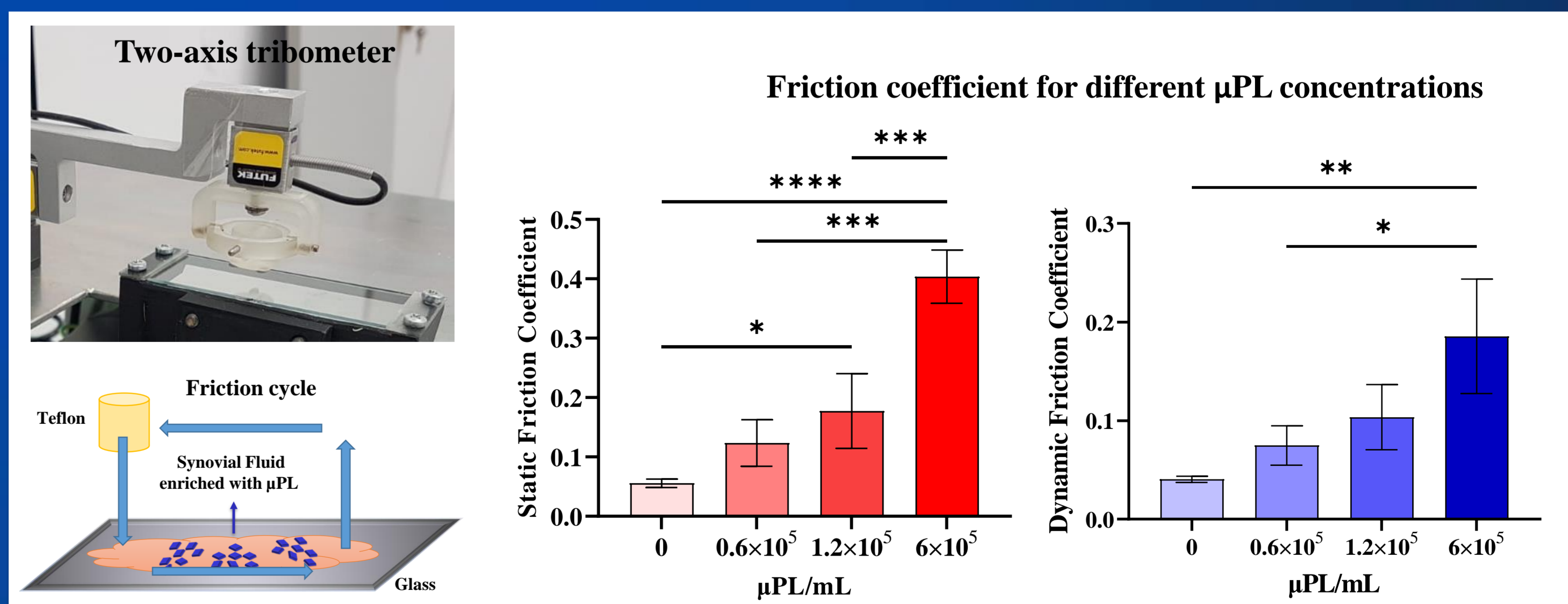
## $\mu$ PL therapeutic efficacy in a PTOA mouse model

A single injection of DEX- $\mu$ PL decreased the expression of IL-1 $\beta$ , TNF- $\alpha$ , IL-6 and MMP-13 by approximately half compared to free DEX at 4 weeks post-treatment in a PTOA mouse model. In the same animal model treatment with siNP- $\mu$ PL against MMP13 (siMMP13- $\mu$ PL) provided potent (65–75%) MMP13 gene expression knockdown and reduced MMP13 protein production in joint tissues through 28 days.



## $\mu$ PL Tribological behavior

The tribological properties of the  $\mu$ PL were evaluated by using a customized two-axis tribometer designed and constructed at Azrieli College of Engineering Jerusalem. In this device, the micro-particles were suspended within artificial synovial fluid (SF) and squeezed in between two rigid surfaces (a flat Teflon pressed against a flat rigid glass) during sliding. Specifically, the SF was mixed with increasing amounts of particles to obtain different concentration and the friction coefficient was measured on the tribometer. Data showed that the friction coefficients (static and dynamic) increased with the local  $\mu$ PL concentration but, at sufficiently low concentration ( $0.6 \times 10^5$   $\mu$ PL/mL), no statistically significant change in friction was observed. Under these conditions,  $\mu$ PL could protect the surface of the articular cartilage acting as cushions.



## Conclusion

In conclusion, shaped-defined Mpl, fabricated using a top-down approach, can be used as injectable drug delivery systems for OA treatment, able to act on both biomechanical and pharmacological disease aspects.