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Unraveling the rhythm of depression

Minaeva, Olga

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Unraveling the Rhythm of Depression

Exploring Physical Activity, Sleep, and Circadian Markers
for Depression Detection and Prediction

Olga Minaeva

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university of groningen

Unraveling the rhythm of depression

Exploring physical activity, sleep, and circadian markers for depression detection and prediction

PhD thesis

to obtain the degree of PhD at the
University of Groningen
on the authority of the
Rector Magnificus Prof. J.M.A. Scherpen
and in accordance with
the decision by the College of Deans.

This thesis will be defended in public on

Wednesday 24 January 2024 at 16.15 hours

by

Olga Viacheslavovna Minaeva

born on 10 August 1992
in Tula, Russia

Supervisors
Dr. H. Riese
Prof. M.C. Wichers

Co-supervisor
Dr. S.H. Booij

Assessment Committee
Prof. E. van Someren
Prof. A. Lichtwarck-Aschoff
Prof. M.J. van Tol

Посвящается моим родителям, которые не побоялись отпустить меня следовать за мечтой

Dedicated to my parents, who were not afraid to let me go to pursue my dream

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