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Unraveling the rhythm of depression

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Unraveling the Rhythm of Depression

Exploring Physical Activity, Sleep, and Circadian Markers for Depression Detection and Prediction

Olga Minaeva

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Unraveling the rhythm of depression

Exploring physical activity, sleep, and circadian markers for depression detection and prediction

PhD thesis

to obtain the degree of PhD at the
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on the authority of the
Rector Magnificus Prof. J.M.A. Scherpen
and in accordance with
the decision by the College of Deans.

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Wednesday 24 January 2024 at 16.15 hours

by

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Посвящается моши родительм, которые не побоялись отпустить меня следовать за мегтой

Dedicated to my parents, who were not afraid to let me go to pursue my dream

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