

# Comparative effects of calcium channel blockers and indomethacin on insulin secretion and blood pressure increase derived from $\alpha_1$ -adrenoceptor stimulation in the rabbit

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- 1 In conscious, fasted rabbits the intravenous infusion of the  $\alpha_1$ -adrenoceptor agonist, amidephrine (3 and 10  $\mu\text{g kg}^{-1} \text{min}^{-1}$ ) induced a dose related increase in insulin plasma levels. This effect was accompanied by a minor hypo- or hyperglycaemic response, depending on the dose of agonist infused.
- 2 A dose related increase in mean arterial pressure and reduction in heart rate were also found after amidephrine administration.
- 3 The insulin secretory response to amidephrine was not prevented in rabbits previously treated with atropine (5.26  $\mu\text{g kg}^{-1} \text{min}^{-1}$ ). However, in the presence of muscarinic receptor blockade the bradycardic effect of amidephrine was either suppressed or attenuated.
- 4 Pretreatment with the calcium channel antagonist elgodipine (35  $\text{ng kg}^{-1} \text{min}^{-1}$ ) or with indomethacin (0.66  $\text{mg kg}^{-1} \text{min}^{-1}$ ) clearly blocked the effect of amidephrine on insulin secretion.
- 5 The haemodynamic changes induced by amidephrine were preserved in the presence of either verapamil (0.17  $\mu\text{g kg}^{-1} \text{min}^{-1}$ ) or indomethacin, whereas the hypertensive response was antagonized by elgodipine.
- 6 Our results suggest that the metabolic and haemodynamic changes mediated by amidephrine are two independent effects, insulin secretion requiring the presence of extracellular calcium and the synthesis of arachidonic acid metabolites.

## Introduction

Selective stimulation of  $\alpha_1$  or  $\beta$ -adrenoceptors induces a significant increase in the levels of plasma immunoreactive insulin (IRI) in conscious rabbits (Moratinos, Carpena, de Pablos & Reverts, 1988). The role of  $\beta$ -adrenoceptors in insulin secretion is well documented, the response resulting from the preferential stimulation of  $\beta_2$ -adrenoceptors (John, Doxey, Walter & Reid, 1990) with subsequent production of cyclic AMP (Malaisse, Malaisse-Lagae & Mayhew, 1967). The pivotal role played by  $\text{Ca}^{2+}$  in insulin secretion (Malaisse, 1990) is also well established, as is the calcium dependency of  $\alpha_1$ -adrenoceptor-mediated responses, including insulin release from an insulin secreting cell line (Ullrich & Wollheim, 1985). An increase in intracellular calcium could be supported by  $\text{Ca}^{2+}$  influx (Rooney, Jass & Thomas, 1989), because the calcium channel blocker verapamil suppressed the increase in insulin secretion induced by

the  $\alpha_1$ -adrenoceptor agonist amidephrine (García-Barrado, Reverte & Moratinos, 1992). Therefore, it would be of interest to test, in conscious rabbits, the effect of a more selective calcium channel antagonist, elgodipine (a recent dehydropyridine derivate (Román, de Miguál, Giraldez & Galiano, 1990)) on the amidephrine-induced excitatory response.

Several studies have demonstrated the regulatory influences exerted by arachidonate and arachidonic acid metabolites on insulin release (Turk, Gross & Ramanadham, 1993).  $\text{PGE}_2$ , by decreasing cAMP levels, would inhibit insulin release, whereas  $\text{PGI}_2$ , acting in an opposite way, would induce insulin secretion (Heaney & Larkins, 1981; Robertson *et al.*, 1987). Interestingly, 6-keto- $\text{PGF}_{1\alpha}$ , which is produced by spontaneous degradation of prostacyclin, seems to be a major islet metabolic product (Tadayyon, Bonney & Green, 1990), its synthesis being stimulated in peripheral tissues (Negibil & Malik 1992a) by  $\alpha_1$ -adrenoceptor agonists. Therefore, it seemed

pertinent to check the effect of the cyclo-oxygenase inhibitor indomethacin on the amidephrine-induced insulin secretory response.

Finally, considering that haemodynamic changes induced by amidephrine could induce a reflex vagal response with subsequent insulin release (Holst, Gronholt, Schaffalitzky & Fahrenkrug, 1981; Ahren & Taborsky, 1986) the metabolic effects of the agonist were challenged in the presence of muscarinic blockade. As the drugs employed in the present work could introduce haemodynamic alterations their effects on blood pressure and heart rate in conscious rabbits were recorded.

A preliminary account of this work has been published previously in abstract form (Reverte, Moratinos & Garcia-Barrado, 1994).

## Methods

### Animals

The experiments were performed in male New Zealand white rabbits aged from 7 to 12 months (body weight between 2.8 and 3.8 kg) and fasted for 24 h before the experiments.

### Measurement of plasma glucose and insulin levels

The experimental design has been fully described in earlier publications (Moratinos *et al.*, 1988; García-Barrado *et al.*, 1992). Briefly, arterial blood was sampled by use of an indwelling cannula placed in the central artery of one ear. Two control samples, separated by an interval of 30 min were always taken to ensure reliable basal measurements before beginning drug infusion. Drug solutions (unless stated otherwise, see below) were infused at a constant rate ( $0.15 \text{ ml min}^{-1}$ ) for 30 min through an indwelling cannula in the marginal vein of the contralateral ear. The arterial cannula was kept functional by a slow constant infusion of physiological saline solution ( $0.07 \text{ ml min}^{-1}$ ). Resting intervals of 2 weeks between two consecutive experiments on the same animal were used in order to avoid the side-effects of arterial blood sampling.

### Analyses

Plasma glucose was estimated by means of the glucose oxidase procedure using a kit from Boehringer-Mannheim, Germany. Immunoreactive insulin (IRI) was determined by using an INSI-PR (CIS-Radioquímica, Spain) radioimmunoassay kit (with human insulin as standard); the detection limit was  $3 \mu\text{IU ml}^{-1}$ .

### Drugs

Fresh stock solutions of amidephrine mesylate (Bristol-Myer, USA) were prepared daily. The

appropriate dilutions were made in saline just before infusion. D(+)-glucose was obtained from Sigma (Spain). The calcium channel blockers, indomethacin and atropine were diluted in saline and administered immediately after withdrawal of the second control sample. Verapamil hydrochloride (Knoll, Spain) and elgodipine (a gift from Dr A. Galiano, Instituto de Investigación y Desarrollo Químico Biológico, S.A. Spain) were infused for 30 min just before commencing the administration of agonist or saline. Indomethacin (as the sodium salt; Merck Sharp & Dohme, Spain) was infused for 15 min; an interval of 45 min was then allowed before agonist administration. Atropine sulphate (B. Braun Medical, S.A. Spain) was initially infused alone for 15 min, the infusion being maintained for a subsequent 30 min during the infusion of the  $\alpha_1$ -adrenoceptor agonist amidephrine (both marginal ear veins were used in this type of experiment). All drug concentrations are expressed in terms of the free base.

### Cardiovascular studies

For studies in conscious animals a catheter was placed in the central artery of the ear; the catheter was connected to a Viggo transducer coupled to a polygraph (model 400b, Letica, Spain) for blood pressure (BP) recording. Heart rate (HR) was calculated from the blood pressure signal. A resting period of at least 30 min was allowed before commencing the experiment. The cardiovascular parameters were recorded during a 5 min period before (10 min), during (30 min) and after (15 min) the i.v. infusion of either saline or amidephrine. When studying the effects of atropine, the calcium channel blockers and indomethacin, whether by themselves or against amidephrine, the protocol described above was adhered to. Blood pressure and heart rate were monitored at 5 min intervals throughout the experiment. Drugs were infused into the marginal vein of the contralateral ear at a rate of  $0.075 \text{ ml min}^{-1}$ . At the beginning of each experiment rabbits received sodium heparin ( $500 \text{ IU ml}^{-1}$ ) as an i.v. bolus.

### Statistics and data analysis

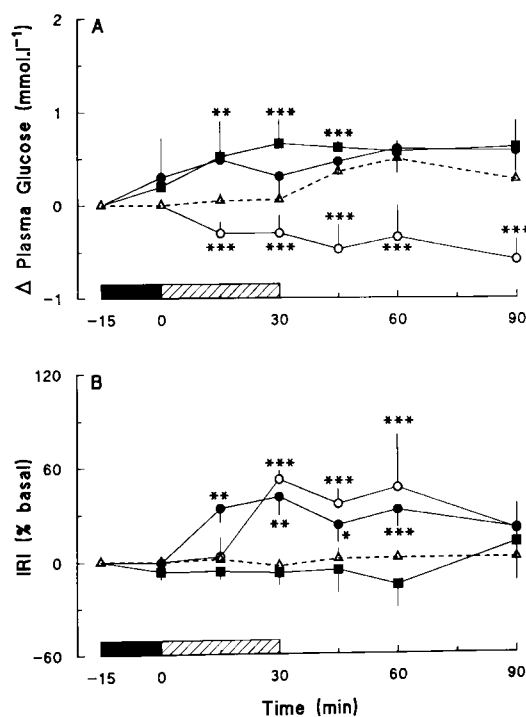
Changes in blood glucose, plasma insulin, mean arterial pressure (MAP) and heart rate (HR) from at least five rabbits are expressed as means  $\pm$  SEM. Statistical analyses employed were the one-way analysis of variance and the Newman-Keuls test. Changes in IRI were referred as a percent of mean control.

## Results

### Effects of selective stimulation of $\alpha_1$ -adrenoceptors on insulin and plasma glucose levels

The i.v. infusion of 3 and  $10 \mu\text{g kg}^{-1} \text{ min}^{-1}$  of the very selective  $\alpha_1$ -adrenoceptor agonist amidephrine

(Moratinos *et al.*, 1988) induced a dose-related increase in plasma insulin levels (Figs 1b and 2b). Peak effects appeared at 30 min ( $\Delta = 52.30 \pm 5.80\%$ ,  $n = 5$ ,  $P < 0.001$  vs.  $-2.90 \pm 2.85\%$ ,  $n = 7$  in saline treated animals), and 45 min ( $\Delta = 115.80 \pm 36.40\%$ ,  $n = 8$ ,  $P < 0.001$  vs.  $1.26 \pm 6.72\%$ ,  $n = 7$ , in saline treated rabbits). Preinfusion plasma values were:  $11.10 \pm 1.25 \mu\text{IU ml}^{-1}$ , for saline treated animals;  $7.15 \pm 1.40 \mu\text{IU ml}^{-1}$ , for animals that received  $3 \mu\text{g kg}^{-1} \text{min}^{-1}$  amidephrine; and  $6.00 \pm 0.57 \mu\text{IU ml}^{-1}$ , for animals that received  $10 \mu\text{g kg}^{-1} \text{min}^{-1}$  amidephrine. At the low infusion rate amidephrine evoked a mild, though significant, hypoglycaemia (Fig. 1a,  $\Delta$  at 45 min =  $-0.47 \pm 0.26 \text{ mM}$ ,  $n = 8$ ,  $P < 0.001$ , vs.  $0.36 \pm 0.06 \text{ mM}$ ,  $n = 13$  in saline treated animals). At the higher dose amidephrine induced a minor, short-lasting rise in blood glucose (Fig. 2a;  $\Delta$  values at 30 min were:  $0.06 \pm 0.13 \text{ mM}$ ,  $n = 12$ , in

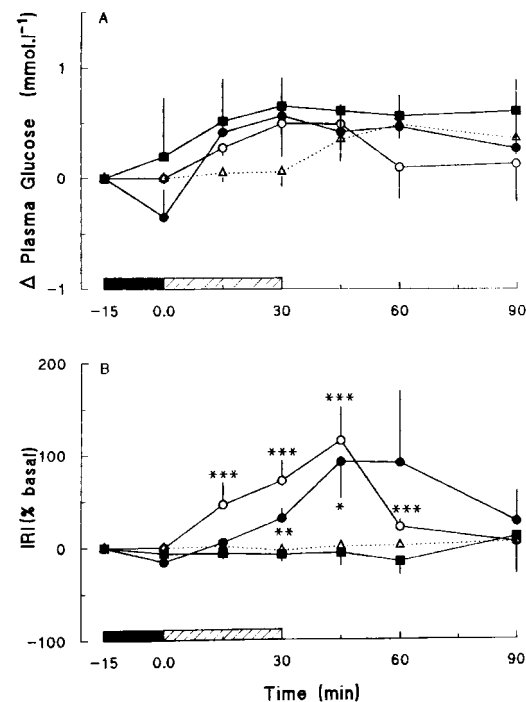


**Figure 1** The effects of amidephrine ( $3 \mu\text{g kg}^{-1} \text{min}^{-1}$ ) on plasma glucose (A) and immunoreactive insulin levels (IRI) (B) in the absence (○) and presence (●) of atropine in fasted rabbits. The  $\alpha_1$ -adrenoceptor agonist or saline ( $\Delta$ ) were infused at a constant rate of  $0.15 \text{ ml min}^{-1}$  over a period of 30 min (cross-hatched bar). Atropine was infused at a rate of  $5.26 \mu\text{g kg}^{-1} \text{min}^{-1}$  over 45 min as follows: alone for an initial 15 min period (black bar), then simultaneously with amidephrine for another 30 min (cross-hatched bar). The effects of atropine by itself (a 45 min infusion, ■) on both parameters are also shown. Ordinate scales:  $\Delta \text{ mmol l}^{-1}$  plasma glucose refers to the variations from control values. Values of IRI levels are expressed as a % change from the control level (control = %). Mean responses from at least five rabbits are represented. Vertical lines indicate SEM. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ , values significantly different from those seen on infusing saline.

saline treated rabbits; and  $0.50 \pm 0.30 \text{ mM}$ ,  $n = 6$ , in drug treated rabbits;  $P < 0.05$ ). Pre-infusion fasting blood glucose levels for the different groups ranged between  $4.95 \pm 0.21 \text{ mM}$  and  $5.70 \pm 0.15 \text{ mM}$ .

The insulin secretory response exerted by amidephrine was not modified in those animals exposed to a simultaneous administration of atropine ( $5.26 \mu\text{g kg}^{-1} \text{min}^{-1}$ , for 45 min). Peak effects after the lower and higher amidephrine doses in the presence of atropine were, respectively,  $41.20 \pm 11.9\%$ ,  $n = 7$ , (Fig. 1b) and  $92.80 \pm 35.50\%$ ,  $n = 6$  (Fig. 2b). The muscarinic receptor antagonist when infused alone did not alter basal insulin plasma levels. (Preinfusion plasma levels in these experimental designs ranged between  $10.50 \pm 1.03$  and  $11.30 \pm 1.40 \mu\text{IU ml}^{-1}$ ).

Atropine by itself moderately raised blood glucose ( $\Delta$  at 30 min was  $0.66 \pm 0.26 \text{ mM}$ ,  $n = 5$ ,  $P < 0.001$  vs.  $0.06 \pm 0.13 \text{ mM}$ ,  $n = 13$  in saline control rabbits; Fig. 1a). In the presence of atropine, changes in blood glucose found with amidephrine did not differ from those induced by the muscarinic antagonist alone. Pre-infusion plasma glucose levels ranged between  $5.80 \pm 0.40 \text{ mM}$  (for atropine) and  $6.30 \pm 0.30 \text{ mM}$



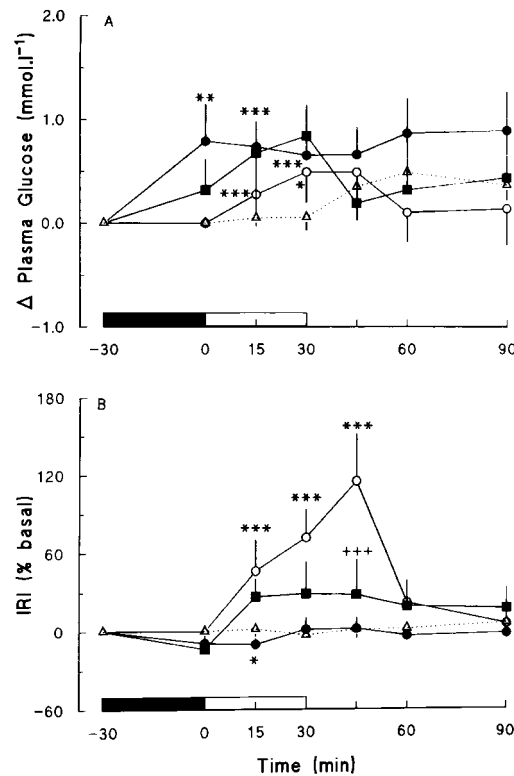
**Figure 2** The effects of amidephrine ( $10 \mu\text{g kg}^{-1} \text{min}^{-1}$ ) on plasma glucose (A) and IRI levels (B) in the absence (○) and presence (●) of atropine in fasted rabbits. The  $\alpha_1$ -adrenoceptor agonist or saline ( $\Delta$ ) were infused at a constant rate of  $0.15 \text{ ml min}^{-1}$  over a period of 30 min (cross-hatched bar). Atropine was infused at a rate of  $5.26 \mu\text{g kg}^{-1} \text{min}^{-1}$  over 45 min as follows: alone for an initial 15 min period (black bar), then simultaneously with amidephrine for another 30 min (cross-hatched bar). The effects of atropine by itself (a 45 min infusion, ■) on both parameters are also shown. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ , values significantly different from saline.

(for those animals treated with lower amidephrine dose in the presence of the antagonist).

#### Metabolic effects of amidephrine in the presence of elgodipine

The i.v. infusion of  $35 \text{ ng kg}^{-1} \text{ min}^{-1}$  elgodipine evoked a minor and transient reduction in insulin plasma levels ( $\Delta$  at 15 min =  $-10.20 \pm 4.35\%$ ,  $n = 5$ ,  $P < 0.05$  when compared with  $1.50 \pm 5.60\%$ ,  $n = 7$  in saline control animals), but a moderate increase in blood glucose (Fig. 3) ( $\Delta$  at 15 min =  $0.75 \pm 0.25 \text{ mM}$ ,  $n = 9$ ,  $P < 0.001$  vs.  $0.05 \pm 0.08 \text{ mM}$ ,  $n = 14$ , in saline control animals). Preinfusion plasma values of insulin and glucose for elgodipine treated rabbits were  $7.90 \pm 1.80 \text{ } \mu\text{IU ml}^{-1}$ , and  $5.90 \pm 0.08 \text{ mM}$ , respectively.

The calcium antagonist blocked the insulin secretory response induced by  $10 \text{ } \mu\text{g kg}^{-1} \text{ min}^{-1}$  amidephrine (Fig. 3b) ( $\Delta$  values at 45 min in the absence and presence of elgodipine were, respectively,  $115.80 \pm 36.40\%$ ,



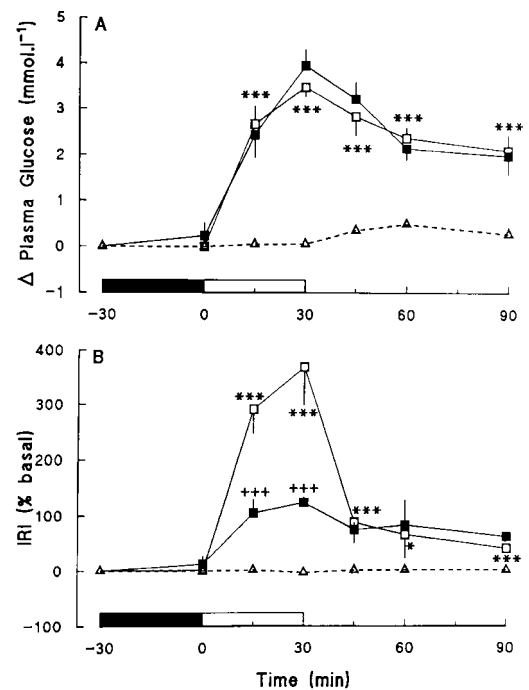
**Figure 3** Changes in plasma glucose (A) and IRI (B) levels induced by amidephrine ( $10 \text{ } \mu\text{g kg}^{-1} \text{ min}^{-1}$ ) when infused alone ( $\circ$ ) or in the presence of elgodipine ( $35 \text{ ng kg}^{-1} \text{ min}^{-1}$ ) ( $\blacksquare$ ) in fasted rabbits. The effects of elgodipine by itself are also presented ( $\bullet$ ). The calcium antagonist was infused for 30 min (black bar), immediately followed by a 30 min infusion of either the agonist or saline (open bar). \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ , values significantly different from those seen on infusing saline ( $\Delta$ ), +++ $P < 0.001$ , when the level of significance was calculated between both experimental groups, calcium channel blocker treated, and non-treated animals.

$n = 8$ , and  $28.30 \pm 26.90\%$ ,  $n = 8$ ;  $P < 0.001$ ). Pre-infusion absolute values for those animals challenged in the presence of the calcium antagonist were  $10.93 \pm 1.20 \text{ } \mu\text{IU ml}^{-1}$ . However, changes in plasma glucose did not differ much from those found in rabbits treated either with amidephrine or elgodipine alone (Fig. 3a). The pre-infusion plasma value in this experimental setting was  $6.38 \pm 0.40 \text{ mM}$  for elgodipine treated rabbits.

#### The effect of calcium channel blockers on glucose induced insulin secretion

Previous work had shown that verapamil ( $0.17 \text{ } \mu\text{g kg}^{-1} \text{ min}^{-1}$ ) also abolished the excitatory secretory response induced by amidephrine (García-Barrado *et al.*, 1992). The selectivity of verapamil for calcium channels at this particular infusion rate was tested in animals challenged with a glucose load.

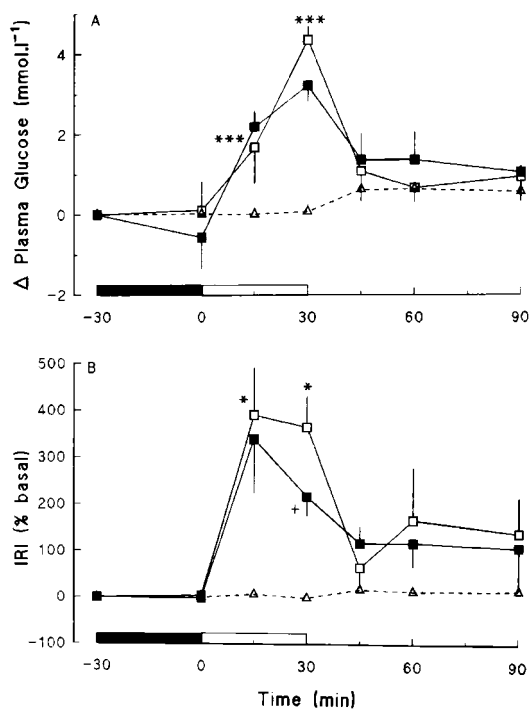
The iv infusion of a glucose load ( $10 \text{ mg kg}^{-1} \text{ min}^{-1}$ ) evoked the expected increases in plasma glucose (Fig. 4) ( $\Delta$  at 30 min was  $3.87 \pm 0.25 \text{ mM}$ ,  $n = 6$ ,  $P < 0.001$  vs.  $0.06 \pm 0.13 \text{ mM}$ ,  $n = 14$  in saline treated rabbits). The pre-infusion absolute value for glucose treated animals was  $5.4 \pm 0.20 \text{ mM}$ . The



**Figure 4** The effects of a glucose load ( $10 \text{ mg kg}^{-1} \text{ min}^{-1}$ ) on plasma glucose (A) and IRI (B) levels in the absence ( $\square$ ) and presence of verapamil ( $0.17 \text{ } \mu\text{g kg}^{-1} \text{ min}^{-1}$ ,  $\blacksquare$ ) in fasted rabbits. Glucose was infused at a constant rate of  $0.15 \text{ ml min}^{-1}$ . The experimental design was as described in Fig. 3, but with glucose acting as an agonist. \* $P < 0.05$ , \*\*\* $P < 0.001$ , values significantly different from saline ( $\Delta$ ). +++ $P < 0.001$ , when the statistical significance was calculated between both experimental groups, verapamil treated and non-treated animals.

glucose load also increased circulating insulin ( $\Delta$  at 30 min was  $370.10 \pm 70.70\%$ ,  $n = 7$ ,  $P < 0.001$  vs.  $-2.90 \pm 2.86\%$ ,  $n = 7$  in saline control animals). The pre-infusion absolute value for glucose treated animals was  $5.60 \pm 0.90 \mu\text{IU ml}^{-1}$ ). Pretreatment with verapamil reduced the insulin secretory response just within the 30 min of glucose infusion (Fig. 4) ( $\Delta$  at 30 min in the presence of verapamil was  $125.32 \pm 10.00\%$ ,  $n = 8$ ,  $P < 0.001$  when compared with animals treated with glucose alone) although the resulting hyperglycaemia was very similar in verapamil treated and non-treated animals. Pre-infusion plasma insulin and glucose values were  $10.10 \pm 1.30 \mu\text{IU ml}^{-1}$  and  $6.10 \pm 0.30 \text{ mM}$ , respectively.

When the glucose load was explored in elgodipine pre-treated rabbits, the calcium antagonist transiently attenuated the insulin secretory response induced by the nutrient (Fig. 5) ( $\Delta$  values at 30 min in the absence and presence of elgodipine were, respectively,  $362.7 \pm 65.0\%$ ,  $n = 6$ , vs.  $215.60 \pm 40.1\%$ ,  $n = 6$ ,  $P < 0.05$ ). Pre-infusion plasma insulin values for saline and glucose treated animals were:  $12.6 \pm 1.6 \mu\text{IU ml}^{-1}$ ,  $7.95 \pm 2.8 \mu\text{IU ml}^{-1}$ , and  $10.20 \pm 2.55 \mu\text{IU ml}^{-1}$ . Plasma glucose levels found after the glucose challenge were not altered by

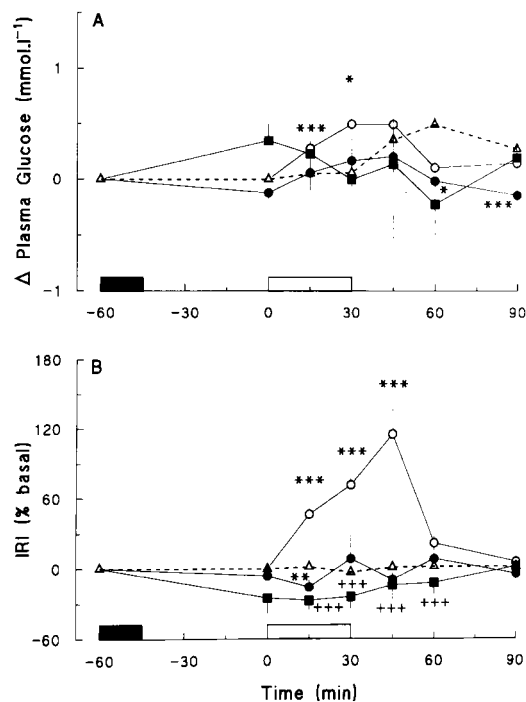


**Figure 5** The effects of a glucose load ( $10 \text{ mg kg}^{-1} \text{ min}^{-1}$ ) on plasma glucose (A) and IRI (B) levels in the absence ( $\square$ ) and presence of elgodipine ( $35 \text{ ng kg}^{-1} \text{ min}^{-1}$ ,  $\blacksquare$ ) in fasted rabbits. The experimental design was as described in Fig. 3, but with glucose acting as an agonist. \* $P < 0.05$ , \*\*\* $P < 0.001$ , values significantly different from saline ( $\Delta$ ). + $P < 0.05$ , when the statistical significance was calculated between both experimental groups, elgodipine treated and non-treated animals.

previous treatment with elgodipine. Preinfusion plasma glucose values in these experimental designs ranged between  $4.66 \pm 0.20 \text{ mM}$  and  $5.85 \pm 0.26 \text{ mM}$ .

#### Effects of indomethacin on amideprine-induced insulin secretion

A dose of indomethacin ( $0.66 \text{ mg kg}^{-1} \text{ min}^{-1}$ ) that was able to block the increase in plasma levels of 6-ketoPGF<sub>1 $\alpha$</sub>  and TxB<sub>2</sub> in the rabbit (Bottje *et al.*, 1991) has been used in these experiments. Indomethacin by itself introduced late minor changes in plasma glucose levels, and transiently reduced plasma insulin (Fig. 6) ( $\Delta$  at 15 min =  $-15.87 \pm 6.52\%$ ,  $n = 6$ ,  $P < 0.01$  vs.  $1.51 \pm 5.60\%$ ,  $n = 7$  in saline treated animals). Indomethacin blocked the  $\alpha_1$ -adrenoceptor mediated insulin secretory rise ( $\Delta$  at 45 min in the presence of the cyclo-oxygenase inhibitor was  $-13.80 \pm 14.23\%$   $n = 6$ ,  $P < 0.001$ ). In this experimental design the pre-infusion plasma insulin level was  $7.75 \pm 1.70 \mu\text{IU ml}^{-1}$ , whereas the initial value of  $6.11 \pm 0.85 \mu\text{IU ml}^{-1}$  was measured in animals receiving indomethacin alone. The levels of



**Figure 6** Changes in plasma glucose (A) and IRI (B) levels induced by amideprine ( $10 \mu\text{g kg}^{-1} \text{ min}^{-1}$ ) when infused alone ( $\circ$ ) or in the presence of indomethacin ( $0.66 \text{ mg kg}^{-1} \text{ min}^{-1}$ ) ( $\blacksquare$ ). The cyclo-oxygenase inhibitor was infused for 15 min (black bar). Forty five min later, agonist infusion began (open bar). The effects of indomethacin by itself on both parameters are also shown ( $\bullet$ ) \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ , values significantly different from saline ( $\Delta$ ). +++ $P < 0.001$  when the level of significance was calculated between groups treated with amideprine either in the absence or the presence of indomethacin.

circulating insulin were slightly inhibited during the 30 min amidephrine infusion. No significant increase in plasma glucose was recorded. (Pre-infusion values in these experiments ranged between  $6.20 \pm 0.11$  mM and  $5.10 \pm 0.20$  mM.)

*The cardiovascular effects of amidephrine in the absence and presence of atropine, calcium channel antagonists and indomethacin*

**Controls.** The different groups of animals were highly homogeneous regarding their average blood pressure and heart rate pre-infusion values. Analyses of variance showed significant differences in mean arterial pressure (MAP) only in those animals which later received the low amidephrine dose in the presence of atropine (Table 1,  $P < 0.05$ ), and in heart rate (HR) in rabbits treated either with elgodipine alone or the higher amidephrine dose in atropine pre-treated animals (Table 1,  $P < 0.05$ ). Throughout the experiment blood pressure fluctuated between  $72.0 \pm 3.0$  and  $76.2 \pm 1.8$  mmHg; and heart rate fluctuated between  $207 \pm 5$  and  $218 \pm 10$  beats  $\text{min}^{-1}$ , in saline treated animals.

**Responses to amidephrine.** Amidephrine increased blood pressure and induced bradycardia. At the lower infusion rate a significant increase in MAP was evident at 20 min ( $\Delta = 13 \pm 3$  mmHg,  $n = 6$ ), reaching a peak at the end of drug administration (Table 1). The reduction in heart rate appeared at 15 min ( $\Delta = -38 \pm 13$  beats  $\text{min}^{-1}$ ,  $n = 6$ ), with a

maximal fall at the end of amidephrine infusion (Table 1). In the presence of atropine, amidephrine did increase blood pressure (see peak effect at 30 min in Table 1), but the reduction in heart rate was completely suppressed (from 15 to 45 min, Table 1).

Amidephrine, at the higher infusion rate, evoked a rise in BP which was evident 10 min within the infusion ( $\Delta = 18.45 \pm 3.40$  mmHg) and reached a peak at 30 min (Table 1). The slowing in HR was already apparent after 10 min of drug administration ( $\Delta = -76.0 \pm 26.0$  beats  $\text{min}^{-1}$ ), being maximally decreased at the end of the infusion (Table 1). In the presence of atropine amidephrine did not increase blood pressure (see peak effect at 25 min in Table 1). However, a moderate and significant reduction in heart rate was still found during amidephrine infusion, although the bradycardia was certainly less severe (see changes at 25 min in Table 1). In these atropine pretreated animals the reduction in HR persisted 45 min after amidephrine administration ( $\Delta = -45.0 \pm 11.0$  beats  $\text{min}^{-1}$ ).

Elgodipine, which by itself evoked small fluctuations in both parameters, blunted the  $\alpha$ -adrenoceptor mediated hypertensive response. The observed reduction in heart rate did not differ from the effect described for amidephrine alone (Table 1). Whereas verapamil or indomethacin suppressed the insulin secretory rise induced by amidephrine neither drug blocked the effects of the agonist on BP and HR (Table 1). Verapamil, when infused alone, evoked minor changes in BP, with a transient significant

**Table 1.** Changes in mean arterial blood pressure (MAP) and heart rate (HR) of conscious rabbits induced by amidephrine when infused alone, or in the presence of drug antagonists

| Treatment  | MAP (mmHg)          |                  | HR (beats $\text{min}^{-1}$ ) |                |
|--|---------------------|------------------|-------------------------------|----------------|
|  | Baseline            | $\Delta$         | Baseline                      | $\Delta$       |
| Saline, 0.075 $\text{ml}^{-1} \text{min}^{-1}$   | 72.4 $\pm$ 2.8 (9)  | 3.70 $\pm$ 1.8   | 207 $\pm$ 5.8                 | 11 $\pm$ 10    |
| Amidephrine, 3 $\mu\text{g kg}^{-1} \text{min}^{-1}$   | 70.1 $\pm$ 4.4 (6)  | 17.20 $\pm$ 3.5* | 233 $\pm$ 23                  | -58 $\pm$ 12*  |
| Atropine, 5.26 $\mu\text{g kg}^{-1} \text{min}^{-1}$ +<br>Amidephrine, 3 $\mu\text{g kg}^{-1} \text{min}^{-1}$   | 92.3 $\pm$ 4.5 (5)  | 16.5 $\pm$ 8     | 226 $\pm$ 10                  | -5 $\pm$ 20†   |
| Amidephrine, 10 $\mu\text{g kg}^{-1} \text{min}^{-1}$  | 64.5 $\pm$ 5.2 (5)  | 32.3 $\pm$ 8.2*  | 200 $\pm$ 18                  | -102 $\pm$ 21  |
| Atropine, 5.26 $\mu\text{g kg}^{-1} \text{min}^{-1}$ +<br>Amidephrine, 10 $\mu\text{g kg}^{-1} \text{min}^{-1}$  | 64.4 $\pm$ 2 (10)   | 7.3 $\pm$ 3.3†   | 258 $\pm$ 20                  | -50 $\pm$ 16†  |
| Verapamil, 0.17 $\mu\text{g kg}^{-1} \text{min}^{-1}$  | 71.7 $\pm$ 3.4 (10) | -5.4 $\pm$ 7.8   | 230 $\pm$ 16                  | 5 $\pm$ 21     |
| Verapamil, 0.17 $\mu\text{g kg}^{-1} \text{min}^{-1}$ +<br>Amidephrine, 10 $\mu\text{g kg}^{-1} \text{min}^{-1}$ | 68.7 $\pm$ 6.6 (5)  | 20.5 $\pm$ 4*    | 231 $\pm$ 35                  | -109 $\pm$ 20* |
| Elgodipine, 35 $\text{ng kg}^{-1} \text{min}^{-1}$   | 69.7 $\pm$ 7 (5)    | -3.2 $\pm$ 7     | 268 $\pm$ 27                  | 22 $\pm$ 19    |
| Elgodipine, 35 $\text{ng kg}^{-1} \text{min}^{-1}$ +<br>Amidephrine, 10 $\mu\text{g kg}^{-1} \text{min}^{-1}$    | 72 $\pm$ 4 (5)      | -1.9 $\pm$ 7.5†  | 228 $\pm$ 8                   | -72 $\pm$ 11*  |
| Indomethacin, 0.66 $\text{mg kg}^{-1} \text{min}^{-1}$   | 65.2 $\pm$ 3 (7)    | -2.5 $\pm$ 3.2   | 218 $\pm$ 8                   | 1 $\pm$ 18     |
| Indomethacin, 0.66 $\text{mg kg}^{-1} \text{min}^{-1}$ +<br>Amidephrine, 3 $\mu\text{g kg}^{-1} \text{min}^{-1}$ | 63 $\pm$ 2.2 (5)    | 38.7 $\pm$ 5*    | 202.5 $\pm$ 24                | -85 $\pm$ 7*   |

Following control measurements (baseline) the animals were treated as described. Drugs were administered over a 30 min period, although indomethacin and atropine were infused for 15 or 45 min, respectively. The values are means for  $n$  experiments (in parentheses).  $\Delta$  refers to the change in either parameter from control value. The peak effect, which normally appeared at the end of amidephrine infusion or 5 min earlier, is represented. \* $P < 0.05$ , values significantly different from saline treated animals † $P < 0.05$ , when the level of significance is calculated between animals treated with amidephrine in the absence or presence of the antagonist. For more details see text.

reduction 25 min after its administration ( $61.5 \pm 3.5$  mmHg vs.  $74.0 \pm 1.5$  mmHg in saline treated rabbits). In those rabbits treated with indomethacin, the BP pre-infusion value was of  $65.2 \pm 3.0$  mmHg. In the presence of drug, minor fluctuations of this parameter were recorded so that 60 min after its administration a value of  $64.4 \pm 4.5$  mmHg was measured (Table 1).

## Discussion

In conscious rabbits the i.v. infusion of the selective  $\alpha_1$ -adrenoceptor agonist, amidephrine, increased circulating insulin when administered alone, inducing a potentiated insulin secretory response if simultaneously infused with an equiactive dose of the  $\beta$ -adrenoceptor agonist, isoprenaline (Moratinos *et al.*, 1988). Interestingly, this potentiated response was suppressed by calcium channel blockers (García-Barrado *et al.*, 1992). The present work used lower doses of amidephrine, and confirms its ability as an insulin secretagogue as well as showing that the agonist effect is dose-related. At the lower infusion rate amidephrine induced a mild but maintained hypoglycaemia, whereas a minor transient increase in blood glucose was found after the larger dose. It is also known that phenylephrine administration induces a well sustained elevation in blood glucose in the rabbit (Moratinos, Olmedilla, de Pablos & Viguera, 1986). An increase in the dose of amidephrine was required to unmask the hyperglycaemic effect of this agonist, although its ability to stimulate insulin secretion would certainly buffer its own hyperglycaemic action. When comparing both  $\alpha_1$ -adrenoceptor agonists phenylephrine was more active in inducing hyperglycaemia, while amidephrine was more effective in provoking insulin release. These differences could be explained if each agonist stimulates a different population of  $\alpha_1$ -adrenoceptor subtypes. Indeed, whereas amidephrine induced insulin secretion, and elevations in lactate and plasma potassium were prazosin sensitive responses (Moratinos *et al.*, 1988; Reverte, García-Barrado & Moratinos, 1991a,b) the blood glucose increase and liver glycogenolysis stimulation derived from phenylephrine administration tended to be prazosin resistant effects (Moratinos *et al.*, 1986). Since a high density of low-affinity prazosin binding sites has been described recently in rabbit liver (Ohmura & Muramatsu, 1995) it is tempting to speculate that this receptor population is not easily amenable to amidephrine interaction and would make a significant contribution to liver glycogenolysis in these species.

Cardiovascular changes, such as an increase in blood pressure and a subsequent reflex vagal response, would be expected in response to the administration of an  $\alpha_1$ -adrenoceptor agonist. Thus, acetylcholine released from parasympathetic nerve terminals would induce insulin secretion (Holst *et al.*, 1981). Amidephrine, indeed, even at the lower

infusion rate, increased blood pressure and induced a significant reduction in heart rate. However, atropine, at a dose that blocked insulin secretion resulting from vagal stimulation (Ahrén & Taborky, 1986), antagonized the amidephrine-mediated bradycardia but not the insulin secretory response. In addition, at this particular concentration, amidephrine, when simultaneously infused with isoprenaline, induced a potentiated plasma insulin secretory rise (Reverte *et al.* 1994), even in the presence of a maintained tachycardia, (Palomero & Moratinos, unpublished data). We do not have a clear explanation for the antagonistic effect induced by atropine against the blood pressure response mediated by the higher amidephrine dose, although an inhibition of noradrenaline-induced contraction of rabbit aorta by this muscarinic blocker has been described (Satake *et al.*, 1992). Certainly in the absence of any significant increase in blood pressure a reflex mediated bradycardia could not be expected. The persistent reduction in heart rate would then be the result of a direct negative chronotropic response mediated by  $\alpha_1$ -adrenoceptor activation, as reported previously (Dukes & Williams, 1984; Saito, Suetsugu, Oku, Kuroda & Tanaka, 1994). However, although the bradycardic response was significantly attenuated, the insulin secretory rise was of the same magnitude in atropine treated and non-treated animals. It is also known that vagal activated responses could elicit the release of vasoactive intestinal polypeptide (VIP) and/or ATP, both of which are positive modulators of insulin secretion. (Wahl, Straub & Ammon, 1993; Hillaire-Buys, Chapel, Bertrand, Petit & Loubatières-Mariani, 1994). Interestingly, in the presence of 1 mg  $\text{kg}^{-1}$  hexamethonium, amidephrine ( $10 \mu\text{g kg}^{-1} \text{min}^{-1}$ ) was still able to increase IRI plasma levels (Moratinos & Reverte, unpublished observations), confirming the direct role played by  $\alpha_1$ -adrenoceptors on insulin secretion. Finally, it is conceivable that an increase in glucagon secretion derived from  $\alpha_1$ -adrenoceptor stimulation would subsequently elicit insulin release. However, phenylephrine, while elevating plasma glucagon levels in mice, failed to induce a rise in insulin secretion (Skoglund, Lundquist & Ahrén, 1987).

Considering the role played by the parasympathetic nervous system in glucose homeostasis (increased glycogen synthesis and reduction in glucose release from the liver; Nijijima, 1985) the effect of atropine on plasma glucose could well reflect the predominance of endogenous sympathetic tone in the presence of muscarinic blockade. Thus, a tendency for a modest hyperglycaemia would be released. This enhanced sympathetic activity, with the concomitant increase in glucagon levels (Ahrén, Veith & Taborsky, 1987), would be preserved during amidephrine infusion restraining the hypoglycaemic effect of the agonist.

Data from an insulin secreting cell line has shown that phenylephrine was able to increase intracellular  $\text{Ca}^{2+}$  and insulin release (Ullrich & Wollheim, 1985),

confirming the well established relation between  $\alpha_1$ -adrenoceptor stimulation and calcium mediated responses (Malaisse, 1990). Amidephrine acting on  $\beta$  cells depolarized by the ambient glucose concentration ( $\cong 5$  mM) could augment  $\text{Ca}^{2+}$  influx through voltage-dependent L-type  $\text{Ca}^{2+}$  channels. Suppression by calcium channel antagonists of the insulin secretory rise elicited by the higher amidephrine dose is thus consistent with present knowledge. The reported effect of verapamil (García-Barrado *et al.*, 1992) could not be ascribed to an interaction with  $\alpha_1$ -adrenoceptors because low doses were required to obtain the blockade (Reverte *et al.*, 1991b); and at the same concentration verapamil, as expected, clearly attenuated the insulin secretory response evoked by a glucose challenge (Ohta, Nelson, Nelson, Meglasson & Erecinsk, 1993; Skoglund, Gross, Ahren & Loubatières-Mariani, 1993). Similar results were found using elgodipine, a new second generation dihydropyridine derivative, which at the infusion rate used in the present study also attenuated glucose induced insulin secretion (at lower concentrations elgodipine could behave as an agonist, enhancing glucose induced insulin secretion (García-Barrado & Moratinos, unpublished observations). Therefore, extracellular calcium seems to be necessary for  $\alpha_1$ -adrenoceptor induced elevation of plasma IRI, supporting previous *in vivo* and *in vitro* studies (Fehmann, Stöckmann, Haverich & Crfeldt, 1988; García-Barrado *et al.*, 1992; Ohta *et al.*, 1993). Despite the marked effects on amidephrine-mediated insulin release, the calcium antagonist did not clearly modify its weak hyperglycaemic response, suggesting the poor ability of amidephrine to promote glucose release from rabbit liver.

At first sight, changes in plasma glucose found in rabbits exposed to a glucose challenge in the presence of  $\text{Ca}^{2+}$  antagonists are surprising. Conflicting reports have appeared regarding the effects of  $\text{Ca}^{2+}$  antagonists on glucose metabolism, because these drugs can impair glucose tolerance (Horl, Haag, Riegel & Heidland, 1987), they fail to produce any deleterious effect (Giordano, Matsuda, Sanders, Canessa & de Fronzo, 1995), or increase the rate of glucose transport into muscle fibres (Foot & Leighton, 1994).

Previous data had shown that *in vivo* pressor responses and vascular smooth muscle contraction mediated by  $\alpha_1$ -adrenoceptor agonists seemed to be resistant to inhibition by calcium channel blockers (Van Meel *et al.*, 1981; Cavero, Shepperson, Lefervre-Borg & Langer, 1983). Our results with verapamil would thus support such interpretation. However, later reports (and the present study) using more selective vascular calcium channel blockers indicate that both the increase in blood pressure and contraction of vascular smooth muscle derived from  $\alpha_1$ -adrenoceptor stimulation are dependent upon the entry of  $\text{Ca}^{2+}$  ions through dihydropyridine-sensitive  $\text{Ca}^{2+}$  channels (McGrath & O'Brien, 1987; Dunn, Daly, McGrath & Wilson, 1991; Noguera &

D'Ocon, 1993). The results found with elgodipine show again that in the absence of an increase in blood pressure amidephrine induced bradycardia. This reduction of heart rate could well be the result of a direct  $\alpha_1$ -adrenoceptor mediated response. Interestingly, despite the different effects on blood pressure both types of  $\text{Ca}^{2+}$  antagonists blocked amidephrine induced insulin secretion.

The results found in the presence of the cyclooxygenase inhibitor indomethacin, suggest that the amidephrine effect on insulin secretion is linked to prostaglandin synthesis. Prostaglandin production in response to  $\alpha_1$ -adrenoceptor stimulation has been described in several tissues, prostacyclin being the major product of arachidonic acid generated in this interaction (Nebigil & Malik, 1992a,b). It is also known that prostacyclin seems to be the main cyclooxygenase metabolite accumulated in the islets (Tadayyon *et al.*, 1990) and that prostacyclin itself can stimulate insulin release (Heaney & Larkins, 1981). However, in addition to prostacycline, lipoxigenase products and arachidonic acid itself are able to evoke insulin secretion (Drews, Garrino & Henguin, 1992; Ramanadham, Gross & Turk, 1992; Eddlestone, 1995). It cannot be excluded that indomethacin, at the dose used in the present work, could also inhibit phospholipase  $A_2$  and lipoxygenase activities (Turk, Colca, Kotagal & Daniel, 1984; Drews *et al.*, 1992), in this way suppressing the synthesis of most of these excitatory mediators (Schmitt *et al.*, 1980). Combined data using calcium channel antagonists and indomethacin would indicate that calcium influx through L-type calcium channels in response to amidephrine, would result in phospholipase  $A_2$  activation, arachidonic acid release, activation of the arachidonate cascade, and subsequent insulin secretion. However, reports about the effects of indomethacin and some other cyclo-oxygenase inhibitors on insulin secretion are not very consistent (Drews *et al.*, 1992). Lack of consistency could be the result of species variations and the nature of the secretagogue employed in the experiments (glucose instead of amidephrine).

On the other hand indomethacin failed to alter the effects of amidephrine on blood pressure and heart rate. Similarly, noradrenaline-induced contractile responses resistant to indomethacin have been described in a number of vascular tissues (Lamb, Schwartz, Rohn & Kaiser, 1994). Therefore, a lack of correlation between metabolic and haemodynamic responses is shown again.

In our opinion the findings reported in the present work indicate that in conscious rabbits amidephrine induces a dose related increase in insulin plasma levels. The response seems to require extracellular calcium and the synthesis of an arachidonic acid metabolite. As the ability of amidephrine to increase circulating insulin was atropine resistant, we suggest that stimulation of  $\alpha_1$ -adrenoceptors directly mediates insulin release *in vivo*.



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