

1 **The role of bottom friction in mediating the response of the Weddell Gyre**
2 **circulation to changes in surface stress and buoyancy fluxes**

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18 ABSTRACT: The Weddell Gyre is one of the dominant features of the Southern Ocean circulation
19 and its dynamics have been linked to processes of climatic relevance. Variability in the strength
20 of the gyre's horizontal transport has been linked to heat transport towards the Antarctic margins
21 and changes in the properties and rates of export of bottom waters from the Weddell Sea region to
22 the abyssal global ocean. However, the precise physical mechanisms that force variability in the
23 Weddell's lateral circulation across different timescales remain unknown. In this study, we use a
24 barotropic vorticity budget from a high-resolution model simulation to attribute changes in gyre
25 strength to variability in possible driving processes. We find that the Weddell Gyre's circulation is
26 sensitive to bottom friction associated with the overflowing dense waters at its western boundary.
27 In particular, an increase in the production of dense waters at the southwestern continental shelf
28 strengthens the bottom flow at the gyre's western boundary, yet this drives a weakening of the
29 depth-integrated barotropic circulation via increased bottom friction. Strengthening surface winds
30 initially accelerates the gyre, but within a few years the response reverses once dense water
31 production and export increases. These results reveal that the gyre can weaken in response to
32 stronger surface winds, putting into question the traditional assumption of a direct relationship
33 between surface stress and gyre strength in regions where overflowing dense water forms part of
34 the depth-integrated flow.

35 **1. Introduction**

36 *a. The Weddell Gyre*

37 The Weddell Gyre (Figure 1), located in the Southern Ocean south of the Antarctic Circumpolar
38 Current (ACC), is a dynamically complex region that sets the scene for a variety of processes
39 that influence the global climate (Vernet et al. 2019). The gyre's horizontal circulation acts as a
40 buffer, separating the relatively warm waters of the ACC from the colder continental margin. This
41 mediating role is particularly important in the context of heat transport towards the ice shelves
42 (Narayanan et al. 2023; Naveira Garabato et al. 2016; Wilson et al. 2022), as well as bottom water
43 formation and export, a process that sequesters atmospheric carbon to store it in the abyssal ocean
44 (Meredith 2013; Purkey et al. 2018). Moreover, the Weddell Gyre's circulation has been linked to
45 polynya occurrence (Zhou et al. 2022) as well as sea ice formation and advection (Morioka and
46 Behera 2021). However, despite its influential role in regional and global processes, the dynamics
47 and drivers of variability of the Weddell Gyre's circulation remain poorly understood.

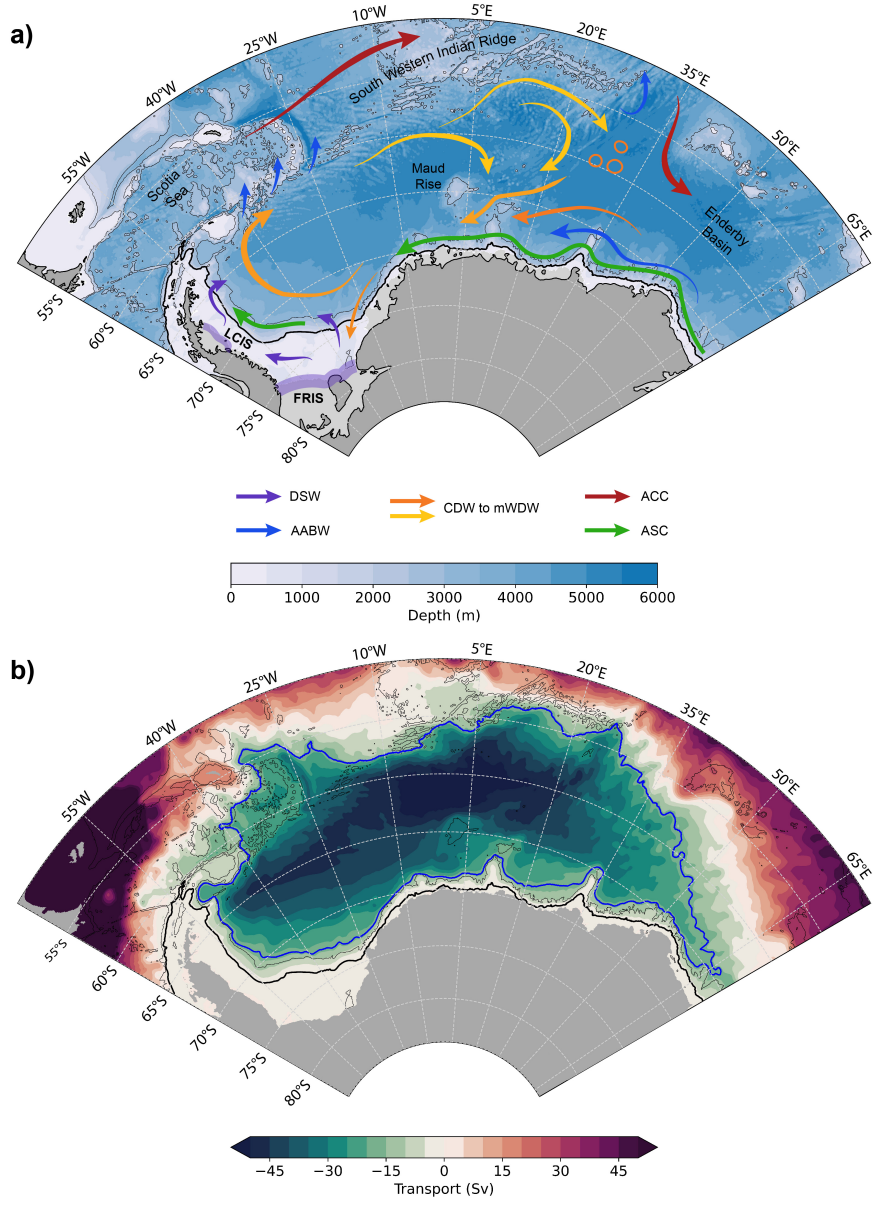
48 One of the few locations of Dense Shelf Water (DSW) production around the Antarctic margins is
49 at the southwestern continental shelf in the proximity of the Filchner Ronne-Ice Shelf, both within
50 ice shelf cavities and open ocean. DSW is a precursor of Antarctic Bottom Water (AABW) that is
51 formed from water masses that have been advected within the Weddell Gyre's circulation (Foster
52 and Carmack 1976; Narayanan et al. 2019). A fraction of the DSW formed in the continental
53 shelf overflows into the Weddell Gyre, becomes entrained with ambient waters and follows the
54 gyre's circulation northwards (Solodoch et al. 2022). Whilst the densest portion of these waters
55 remain within the gyre, a lighter fraction is able to escape via narrow passages into the Scotia
56 Sea to fill the global abyssal ocean (e.g., Naveira Garabato et al. 2019) and is hereafter referred
57 to as AABW. The rates and properties of AABW export to the global ocean have been suggested
58 to be partly determined by the Weddell Gyre itself, with changes in its volume, temperature and
59 salinity linked to changes in the strength of the gyre's horizontal transport (Gordon et al. 2010;
60 Meredith et al. 2011; Meijers et al. 2016; Gordon et al. 2020). The exact mechanism by which
61 gyre strength is linked to export is not yet fully understood, with different arguments proposing
62 wind-driven changes to the baroclinicity of the gyre (Meredith et al. 2008), barotropic accelerations

63 of its boundary currents (Meredith et al. 2011; Meijers et al. 2016) and changes in production or
64 export from the continental shelf (Abrahamsen et al. 2019).

71 Unlike other ocean gyres, the Weddell lacks topographic constraints to the east, allowing for an
72 open eastern boundary (Figure 1a). The eastern boundary is a dynamic feature, located generally
73 between 30°E and 50°E and allows for zonal expansions/contractions of the gyre's area across
74 different time scales (Neme et al. 2021), as well as for significant import of different water masses
75 into the region via instabilities and the mean flow (Leach et al. 2011; Ryan et al. 2016). For example,
76 Circumpolar Deep Water (CDW) enters through the east and flows westward along the southern
77 limb of the Weddell Gyre, identifiable in temperature observations (Reeve et al. 2019). CDW is
78 transformed by mixing and upwelling within the Weddell Gyre and becomes an important source
79 of salinity for DSW formation (Nicholls et al. 2009). Both observations and model simulations
80 suggest that AABW also enters the region through the east, flowing westwards to join the bottom
81 waters overflowing the continental shelf in the vicinity of the Filchner-Ronne Ice Shelf (Couldrey
82 et al. 2013; Jullion et al. 2014; Solodoch et al. 2022).

83 The relation between Weddell Gyre strength and surface stress as a driving mechanism remains
84 elusive, in particular in connection to forced changes to gyre circulation (Neme et al. 2021; Auger
85 et al. 2022). One of the specific challenges in the region is the extensive presence of sea ice,
86 which substantially modifies the transfer of momentum at the ocean's surface (Dotto et al. 2018;
87 Naveira Garabato et al. 2019). Sea ice changes also lead to intense surface buoyancy fluxes, which
88 have been shown to be capable of setting a gyre circulation (Hogg and Gayen 2020) and influence
89 gyre strength (Wang and Meredith 2008). An additional complexity to the dynamics of the gyre
90 is the inclusion of the Antarctic Slope Current (ASC) at the southern and western boundaries (see
91 Thompson et al. 2018, for a review). The ASC is a quasi-circumpolar feature of the Antarctic
92 margin's ocean circulation and is subject to its own dynamics, which have been suggested to
93 influence the circulation of the gyre itself (Le Paih et al. 2020). Fahrbach et al. (2011) even suggest
94 that the northern and southern limb of the Weddell Gyre can vary independently in response to
95 different forcings.

96 In light of the influence of the Weddell Gyre's circulation on regional and global processes, it
97 is important to identify the mechanisms that force changes to the gyre's circulation. In particular,
98 we are interested in determining the adjustment processes behind the gyre's response to changes



65 FIG. 1. **a)** Schematic of the main circulation pathways, key water masses and topographic features of the
 66 Weddell Gyre region. DSW = Dense Shelf Water, AABW = Antarctic Bottom Water, CDW = Circumpolar Deep
 67 Water, mWDW = modified Warm Deep Water, ACC = Antarctic Circumpolar Current, ASC = Antarctic Slope
 68 Current, FRIS = Filchner-Ronne Ice Shelf, LCIS = Larsen C Ice Shelf. Black thick contour shows the 1000m
 69 isobath that follows the continental slope. **b)** Mean barotropic streamfunction for our control simulation (1 Sv =
 70 $10^6 \text{ m}^3 \text{ s}^{-1}$) with -17 Sv contour in blue.

99 in possible forcings. We do so by analysing the barotropic vorticity budget of the Weddell Gyre,
100 which is introduced in the following section.

101 *b. The barotropic vorticity budget in theories of gyre circulation*

102 A comprehensive study of the mechanisms that set the strength of the Weddell Gyre needs to
103 take into account the complex dynamics mentioned above. A useful dynamical framework from
104 which to address this question is the barotropic vorticity budget (hereafter referred to as BVB).
105 The BVB is derived from the momentum equations and can be used to determine what physical
106 mechanisms act as a source or sink of vorticity in a system. Textbook theories of gyre circulation
107 are derived from the vorticity balance under different assumptions. In one of the earliest solutions
108 to the BVB, Sverdrup (1947) assumes an inviscid, flat-bottomed ocean in a steady state away from
109 the western boundary, and recovers a mean state in which the input of vorticity by the wind is
110 balanced by meridional flow in the interior of the ocean. Subsequent theories looking to include
111 western boundary currents propose lateral or bottom friction, maintaining the flat-bottomed ocean
112 assumption (Stommel 1948; Munk 1950). An alternative solution proposed by Hughes (2000) that
113 does not rely on friction, shows that it is possible to achieve a closure of the circulation by allowing
114 a sloping wall at the western boundary. The wall, representing the continental slope, gives rise
115 to a new term in the vorticity balance called the bottom pressure torque (hereafter BPT) (Holland
116 1973). When integrated over latitude lines, the BPT balances the input of vorticity by the wind in
117 the ocean interior.

118 Numerical models allow calculation of the BVB without the need for assumptions such as an
119 inviscid or a flat-bottom ocean, making the budget a very useful diagnostic tool of the ocean
120 circulation. Hughes and De Cuevas (2001) use a numerical model to show that the BPT balances
121 the wind stress curl when integrated over zonal strips, confirming the Hughes (2000) argument.
122 While similar works show that the BPT-wind stress curl balance applies to the circulation of the
123 North Atlantic subtropical gyre (Yeager 2015; Schoonover et al. 2016), balances involving other
124 terms of the BVB dominate in other regions of the ocean (Sonnewald et al. 2019, 2023). In
125 particular, at high latitudes the influence of bottom friction, horizontal viscosity and nonlinear
126 effects becomes comparable to those of the bottom pressure torque and surface stress curl. Using
127 an eddy-resolving model, Le Corre et al. (2020) find that the interior of the subpolar gyre in the

128 North Atlantic is forced by the nonlinear terms, which advect vorticity from the boundary into the
129 interior, where it is balanced by the bottom drag curl.

130 In this work, we apply the barotropic vorticity budget framework in a high resolution ocean-sea
131 ice model in order to identify the physical mechanisms that determine the strength of the Weddell
132 Gyre’s horizontal circulation. Our aim is to clarify the processes that force variability in gyre
133 strength, and study the adjustments to the circulation following a perturbation in these forcings.
134 Section 2 details the model used and Section 3 the barotropic vorticity budget framework. In
135 Section 4 we describe our results and in Section 5 we summarize our main findings and discuss
136 implications and caveats. Section 6 presents the conclusions of this study.

137 **2. The Ocean Sea-ice Model**

138 This study uses a Southern Ocean regional configuration (PanAntarctic) of a coupled ocean/sea
139 ice model. The ocean component is version 6 of the Modular Ocean Model (MOM6) coupled with
140 version 2 of the Sea Ice Simulator (SIS2), developed by the Geophysical Fluid Dynamics Laboratory
141 (Adcroft et al. 2019; Griffies et al. 2020). The horizontal grid spacing of our PanAntarctic model
142 is 0.1° , which admits mesoscale eddies in our study region, but fails to fully resolve their features
143 given that the Rossby radius of deformation is less than 10 km (Hallberg 2013). For the vertical we
144 make use of 75 vertical layers with a z^* vertical coordinate (Adcroft and Campin 2004). The stress
145 at the ocean associated with bottom drag is quadratic, with a constant, non-dimensional bottom
146 drag coefficient of 0.003. In the horizontal, MOM6 uses Laplacian viscosity with Smagorinsky
147 biharmonic viscosity following Griffies and Hallberg (2000).

148 Our control simulation is forced at the surface with a prescribed atmosphere from JRA55-do
149 version 1.4 (Tsuji no et al. 2018) in a repeat year forcing configuration in which a 12-month period
150 (from May 1990 to April 1991) is cycled continuously. This 12-month period was chosen due to
151 the neutral state of several climate indices (e.g. El Niño-Southern Oscillation, Southern Annular
152 Mode; for more details see Stewart et al. 2020). Part of the forcing data set from JRA55-do is runoff,
153 which includes Antarctic calving and basal melt estimates from Depoorter et al. (2013). Freshwater
154 is applied at the surface, constant in time but with varying spatial distribution, amounting to a total
155 volume flux of 0.0847 Sv circumpolarly. The PanAntarctic model has an open northern boundary
156 condition located at 37°S that comes from daily temperature, salinity and velocity fields from a

157 global simulation of the Australian Community Climate and Earth System Simulator (ACCESS-
 158 OM2) (Kiss et al. 2020), which is forced with the same prescribed atmospheric state as the
 159 PanAntarctic simulation.

160 After 35 years of spin up of the control simulation (CTRL), we carry out six different perturbation
 161 experiments. One set of perturbations doubles and halves the bottom friction coefficient (DRAG2x
 162 and DRAG0.5x respectively). A second set decreases and increases DSW formation rates by locally
 163 adding or removing 50% of meltwater (MW+ and MW- respectively). Note that in all experiments,
 164 this meltwater is applied at the surface as a runoff term, since the model has no resolved ice shelf
 165 cavities or iceberg redistribution. We apply the perturbation circumpolarly, without altering the
 166 spatial distribution of freshwater input in CTRL. For a final set of experiments, we increase and
 167 decrease surface wind speed by 10% (WIND+ and WIND- respectively) over the entire model
 168 domain for both the meridional and zonal components of the wind.

169 3. Barotropic vorticity budget

170 We obtain the BVB by depth-integrating the horizontal momentum equations and subsequently
 171 applying the curl operator. The complete steps are detailed in Appendix A, as developed in Khatri
 172 et al. (2023), and the resulting BVB is:

$$\begin{aligned}
 \underbrace{\beta V}_{\text{Planetary vorticity advection}} &= \underbrace{\frac{J(p_b, H)}{\rho_0}}_{\text{Bottom pressure torque}} - \underbrace{\frac{f Q_m}{\rho_0}}_{\text{Surface mass flux}} + \underbrace{f \partial_t \eta}_{\text{Sea level tendency}} - \underbrace{\hat{z} \cdot \nabla \times \mathcal{U}_t}_{\text{Rel. vorticity tendency}} \\
 &+ \underbrace{\frac{\hat{z} \cdot \nabla \times \tau_s}{\rho_0}}_{\text{Surface stress curl}} - \underbrace{\frac{\hat{z} \cdot \nabla \times \tau_b}{\rho_0}}_{\text{Bottom drag curl}} + \underbrace{\hat{z} \cdot \nabla \times \mathcal{A}}_{\text{Nonlinear terms}} + \underbrace{\hat{z} \cdot \nabla \times \mathcal{B}}_{\text{Horizontal viscosity}} \quad (1)
 \end{aligned}$$

173 where $\beta = \partial_y f$ is the meridional derivative of the Coriolis parameter and V is the depth-integrated
 174 meridional velocity. The bottom pressure torque is contained in $J(p_b, H)$, which is the Jacobian
 175 between bottom pressure, p_b , and bottom topography, H . Q_m is the mass flux across the ocean's
 176 surface, η is the free surface, and τ_s and τ_b are surface and bottom frictional stresses, respectively,
 177 with $\rho_0 = 1035 \text{ kg m}^{-3}$ the Boussinesq reference density. Surface stress takes into account the
 178 relative contributions of the air/ocean and sea ice/ocean stresses weighted by sea ice concentration.

179 \mathcal{U}_t is the vertically integrated velocity tendency and \mathcal{A} and \mathcal{B} are the vertically integrated nonlinear
 180 advection and horizontal viscosity terms, respectively. There is an alternative approach to calcu-
 181 late the BVB that performs a depth-averaging rather than a depth-integration of the momentum
 182 equations. Using the depth-averaged flow yields another version of the BVB that contains the
 183 JEBAR term (joint effect of baroclinicity and relief) which has been shown to misinterpret the
 184 interaction with the topography (Mertz and Wright 1992; Cane et al. 1998). We therefore choose
 185 the depth-integrated approach.

186 MOM6 uses an Arakawa C-grid, which has been shown to produce spurious bottom pressure
 187 torques in the vorticity budget originating from the Coriolis force and the representation of topogra-
 188 phy (Styles et al. 2022; Waldman and Giordani 2023). We employ the method developed in Khatri
 189 et al. (2023), which diagnoses the bottom pressure torque in a way that handles the numerical
 190 errors associated with the C-grid, rendering a physically sensible diagnostic (see Appendix B in
 191 Khatri et al. (2023)).

192 The terms in Equation (1) balance at all locations, and hence can be integrated spatially to
 193 determine the dominant terms associated with the barotropic vorticity. Different balances are
 194 established in different regions of the ocean (e.g., Sonnewald et al. 2019; Le Corre et al. 2020;
 195 Sonnewald et al. 2023) and results are highly dependent on how the integration boundaries are
 196 chosen. Stewart et al. (2021) study how different definitions of gyre boundary can impact the
 197 magnitude of the different terms in the integrated BVB. They find that integrating over latitude
 198 bands yields a dominating bottom pressure torque balancing surface stress (as in Hughes (2000)
 199 and Hughes and De Cuevas (2001)), whilst integrating within a given barotropic streamfunction
 200 contour highlights the importance of other terms in the budget such as bottom friction. Since the
 201 focus of this study is the dynamics of the Weddell Gyre, we choose to integrate the BVB within a
 202 barotropic streamfunction contour.

203 The large-scale and low frequency depth-integrated circulation is nearly non-divergent, in which
 204 case the barotropic streamfunction (Figure 1b), $U = -\hat{z} \times \nabla\psi$, can be diagnosed by

$$\psi(x, y) = \rho_0^{-1} \int_{y_0}^y U(x, y') dy' = \rho_0^{-1} \int_{y_0}^y \int_{-H}^{\eta} u(x, y', z) dz dy', \quad (2)$$

205 where U is the vertically integrated zonal velocity, $z = -H(x, y)$ is the ocean bottom, $z = \eta(x, y, t)$
 206 is the free surface, and the southern boundary for the integration, y_0 , is taken at the Antarctic

207 coastline. Given the above calculation, the streamfunction has negative values for the cyclonic
 208 Weddell Gyre (see Figure 1b). Note that this definition of streamfunction is of the opposite sign
 209 to the more general OMIP approach (Griffies et al. 2016), but is the one used in past studies of the
 210 Weddell Gyre (Vernet et al. 2019; Neme et al. 2021).

211 The integration (\mathcal{I}) of a term of the BVB budget (Ω) within the gyre's area, A , is

$$\mathcal{I}(t) = \int_A \Omega(t) dA. \quad (3)$$

212 We are interested in the time-evolution of Ω , as illustrated by the change of \mathcal{I} . Therefore, we
 213 choose a time-invariant area of integration, A , so that:

$$\partial_t \mathcal{I}(t) = \int_A \partial_t \Omega(t) dA \quad (4)$$

214 where A is defined using the -17 Sv contour from the barotropic streamfunction of the time-average
 215 of the CTRL simulation after spin-up (Figure 1b), which is the largest closed contour of circulation
 216 and represents the interior of the Weddell Gyre. We maintain the same area of integration across
 217 model simulations to facilitate the comparison between CTRL and the perturbation experiments.

218 When calculating the BVB in Equation (1), the planetary vorticity advection, surface mass flux
 219 and sea level tendency terms are derived from $\nabla \cdot (f\mathbf{U})$ (see Appendix A). Using the divergence
 220 theorem, we can write the area integral of a divergence, in this case $\nabla \cdot (f\mathbf{U})$, as the flux of the
 221 corresponding vector field integrated along the boundary, such that:

$$\begin{aligned} \int_A \nabla \cdot (f\mathbf{U}) dA &= \int_{S_\psi} f\mathbf{U} \cdot \hat{\mathbf{n}} dS_\psi \\ &= \int_A (\beta V + f \frac{Q_m}{\rho_0} + f \partial_t \eta) dA \end{aligned} \quad (5)$$

222 Upon integration within a closed streamline, $\int_{S_\psi} f\mathbf{U} \cdot \hat{\mathbf{n}} dS_\psi = 0$, and if the surface mass flux and
 223 sea level tendency terms are also small, then $\int_A \beta V dA \approx 0$. We verify that indeed, the contributions
 224 of fQ_m/ρ_0 and $f\partial_t \eta$ are negligible in our simulations (see Figures 3, 4) so that $\nabla \cdot (f\mathbf{U}) \approx \beta V$
 225 and we expect its integration within the -17 Sv contour to be zero for the time mean of our
 226 CTRL simulation used to define the area A . In the perturbation experiments, small expansions,
 227 contractions or displacements of the -17 Sv contour will yield a non-zero βV integration. In

228 addition to the Weddell Gyre interior, we define a coastal boundary region using the 1000m isobath
229 as its shoreward limit, and the -17 Sv contour of the Weddell Gyre boundary as its offshore limit.
230 We refer to the western boundary as the portion west of 25°W of the coastal boundary. These areas
231 are depicted in Figure 4a.

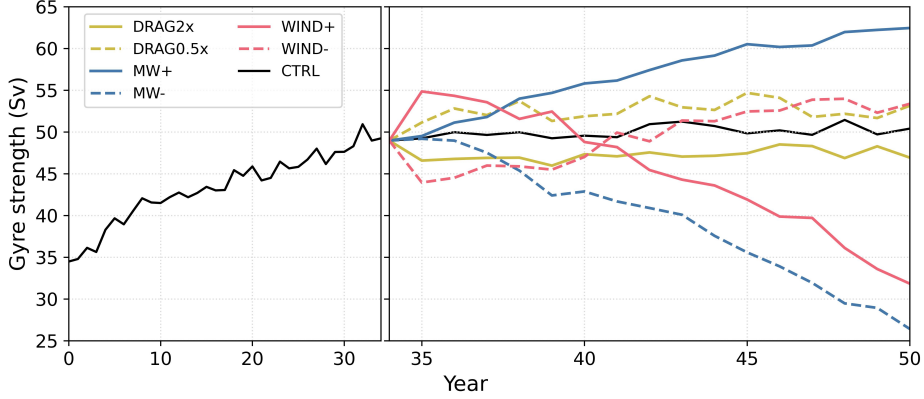
232 4. Results

233 In the following sections we describe the time-mean vorticity balance of the CTRL simulation
234 post spin-up (years 35 to 50 in Figure 2) and follow with the response of the barotropic vorticity
235 balance in the perturbation experiments that change the bottom drag coefficient (DRAG0.5x and
236 DRAG2x), meltwater input (MW- and MW+) and surface wind speeds (WIND- and WIND+) in
237 connection with the changes to gyre strength. We finalize with an analysis of the increase in gyre
238 strength during the spin-up period of our CTRL simulation, aided by the insight gained with the
239 perturbation experiments.

240 a. Control simulation

241 We define gyre strength as the absolute value of the minimum of ψ , which represents the total
242 transport between the Antarctic continent and the center of the gyre. During the spin-up of our
243 CTRL simulation, gyre strength increases from an initial value of 35 Sv to roughly 50 Sv average
244 transport after 35 years (Figure 2).

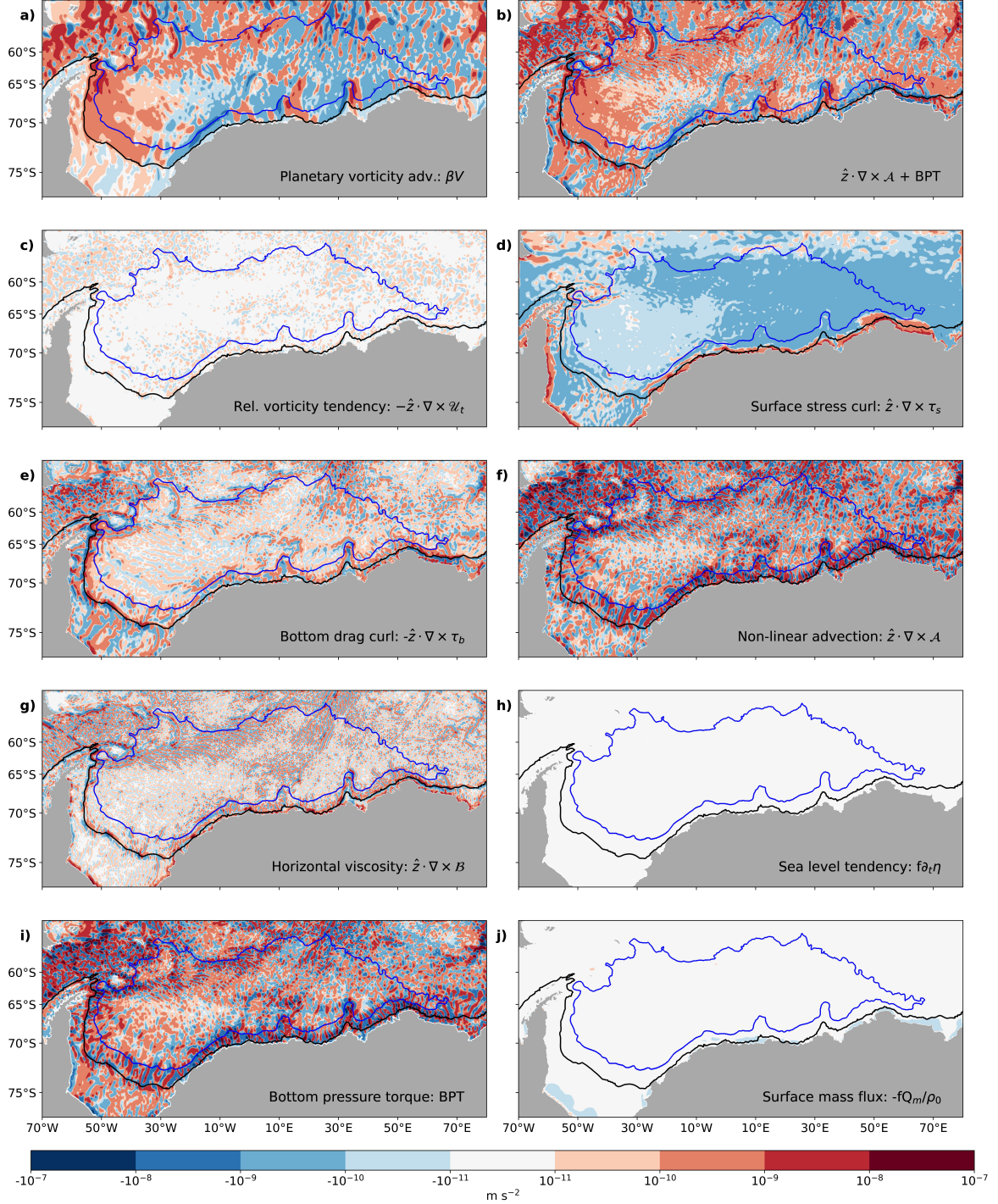
251 We calculate the time-mean BVB terms from Equation (1) for the CTRL simulation after spin-
252 up, shown in Figure 3, and check budget closure by computing the sum of the terms on the
253 RHS of Equation (1) and verifying that the residual with respect to βV is of the order of the
254 machine precision error (not shown). The maps in Figure 3 allow for the identification of areas of
255 significance for each of the terms. Since the Weddell Gyre has a cyclonic (clockwise) circulation
256 structure, negative values in the BVB terms represent sources of cyclonic vorticity while positive
257 values represent sinks. Surface stress curl ($\hat{z} \cdot \nabla \times \tau_s$, Figure 3d) is the only term that ubiquitously
258 acts as a source of cyclonic vorticity throughout the gyre's extent, while the rest of the terms
259 display large spatial variability in their role as source/sink. The advection of planetary vorticity
260 (βV , Figure 3a), roughly shows the northward flow confined to the western region of the gyre and
261 the southward return flow to the east. The frictional terms, both with the bottom ($-\hat{z} \cdot \nabla \times \tau_b$, Figure



245 FIG. 2. Gyre strength (annual mean), calculated as the absolute value of the minimum of the barotropic
 246 streamfunction (Sv; $1 \text{ Sv} = 10^6 \text{ m}^3 \text{ sec}^{-1}$), for the control (CTRL) simulation (black) during the spin-up period
 247 (left panel, years 0 to 34) and for all simulations after the spin-up period (right panel, years 34 to 50). DRAG0.5X
 248 and DRAG2x represent the halved and doubled bottom drag coefficient experiments, MW- and MW+ the 50%
 249 reduction and increase in meltwater input experiments and WIND- and WIND+ the 10% reduction and increase
 250 in surface winds experiments respectively.

262 3e) and horizontal viscosity ($\hat{z} \cdot \nabla \times \mathcal{B}$, Figure 3g), display the largest magnitudes at the continental
 263 slope and other regions with large topographic gradients, such as South-West Indian Ridge.

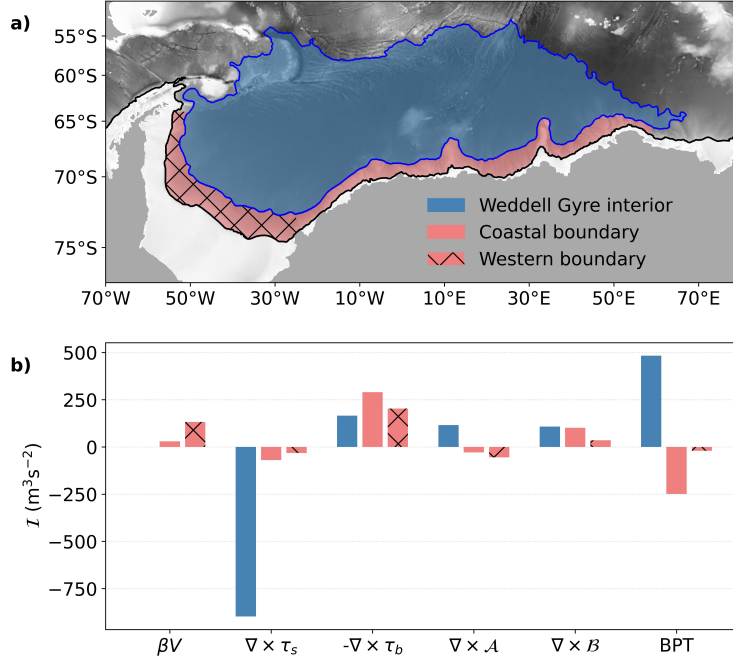
264 The bottom pressure torque (BPT, Figure 3i) and the nonlinear advection term ($\hat{z} \cdot \nabla \times \mathcal{A}$, Figure
 265 3f) display large spatial variability and small scale features several orders of magnitude larger
 266 than any of the other terms. Their sum (Figure 3b) resembles the βV term, consistent with the
 267 results of Le Corre et al. (2020) for the North Atlantic subpolar gyre. This resemblance increases
 268 with the size of the spatial filter due to the impact of filtering on the nonlinear advection terms,
 269 consistent with Hughes (2000) and Hughes and De Cuevas (2001), and explored in detail in Khatri
 270 et al. (2023). A sufficiently large filter length scale yields a balance resembling that of the coarse
 271 model of Yeager (2015), in which the BPT balances planetary vorticity advection. Khatri et al.
 272 (2023) provide a scaling argument, wherein the higher order derivatives included in the nonlinear
 273 advection term can only be compensated by those within the BPT term. Therefore, at small spatial
 274 scales characteristic of transient eddies and meanders, the meridional circulation is controlled
 275 primarily by the nonlinear advection terms and BPT (i.e. $\beta V \approx BPT + \hat{z} \cdot \nabla \times \mathcal{A}$). The residual
 276 from these two terms induces large-scale meridional motion in βV .



277 FIG. 3. Time-averaged maps of the terms in the BVB (Eq. 1) for the control simulation after spin-up (years 34 to
 278 50), and the sum of the nonlinear term ($\hat{z} \cdot \nabla \times \mathcal{A}$) plus the BPT term. Negative (blue) values are adding cyclonic
 279 (clockwise) vorticity to the gyre and positive (red) values remove it. Black contour shows the 1000m isobath and
 280 blue contour the Weddell Gyre's boundary defined as the -17 Sv contour of the barotropic streamfunction. All
 281 fields have been smoothed using a 1° Gaussian filter from Grooms et al. (2021) and Loose et al. (2022).

282 The rate of change of relative vorticity ($-\hat{z} \cdot \nabla \times \mathcal{U}_t$, Figure 3c), sea level tendency ($f \partial_t \eta$, Figure
283 3h) and surface mass flux ($-f Q_m / \rho_0$, Figure 3j) terms are locally small. These terms do not play
284 a significant role in the overall budget; therefore, we exclude them from the subsequent analysis.

285 The maps in Figure 3 are useful to identify areas of importance, but because of the high spatial
286 variability and varying orders of magnitude it is difficult to quantify which terms are involved in
287 the overall balance of the Weddell Gyre. Therefore, we integrate the terms in the budget, following
288 Equation 3, within three regions shown in Figure 4a. Note that the integration is performed on
289 the raw model output prior to any spatial filtering. The blue region depicts our definition of the
290 Weddell Gyre interior using the -17 Sv contour. Additionally, we integrate over a coastal boundary
291 between the 1000m isobath and the gyre's boundary (shown in pink) and a western subset of the
292 coastal boundary (in pink and hatching). Even though the coastal boundary thus defined is not
293 included within our definition of the Weddell Gyre interior, our calculation of the streamfunction
294 implies that the transport at the coastal boundary is included within the gyre strength (since the
295 Antarctic continent is the southern limit of integration in Equation (2)). This coastal boundary
296 region includes the Weddell's boundary current system and the ASC.



297 FIG. 4. **a)** Schematic of the areas of integration, with the Weddell Gyre interior defined by the -17 Sv contour
 298 of the barotropic streamfunction (light blue), the coastal region comprised between the 1000m isobath and the
 299 interior (pink), and a subset of the coastal region west of 25°W that represents the western boundary region
 300 (hatched pink). **b)** Integrated terms of the BVB of Equation (1) from the control simulation within each of the
 301 regions in **a)**. As in Figure 3, negative values represent sources of cyclonic (clockwise) vorticity and positive are
 302 sinks. The surface mass flux ($-fQ_m/\rho_0$), sea level tendency ($f\partial_t\eta$) and relative vorticity tendency ($-\hat{z} \cdot \nabla \times \mathcal{U}_T$)
 303 are excluded from **b)** because they are negligible in the main vorticity balance. Also, note that $\int \beta V dA \approx 0$ for
 304 the Weddell Gyre interior region given that it is defined by a mean streamline.

305 The integration \mathcal{I} of the terms in the BVB for the time-average of the CTRL simulation is shown
 306 in Figure 4b for the regions marked in Figure 4a. Within the gyre interior the only source of
 307 cyclonic vorticity is the surface stress curl term, which is balanced primarily by the interactions
 308 with topography associated mainly with the BPT and smaller contributions from the bottom drag
 309 curl. The nonlinear and horizontal viscosity terms play a secondary role as sinks of cyclonic
 310 vorticity. The rest of the terms in Equation (1) are not significant in the mean balance. Particularly,
 311 when integrated within a closed streamline the planetary advection term vanishes for the reasons
 312 outlined in Section 3. The role of bottom friction as a sink of cyclonic vorticity gains importance
 313 at the coastal boundary, especially in the western region. This result is to be expected due to the

314 proximity of the continental slope and the presence of the bottom-intensified ASC regime that
315 characterises regions with DSW overflow (Huneke et al. 2022) and is therefore subject to larger
316 bottom drag.

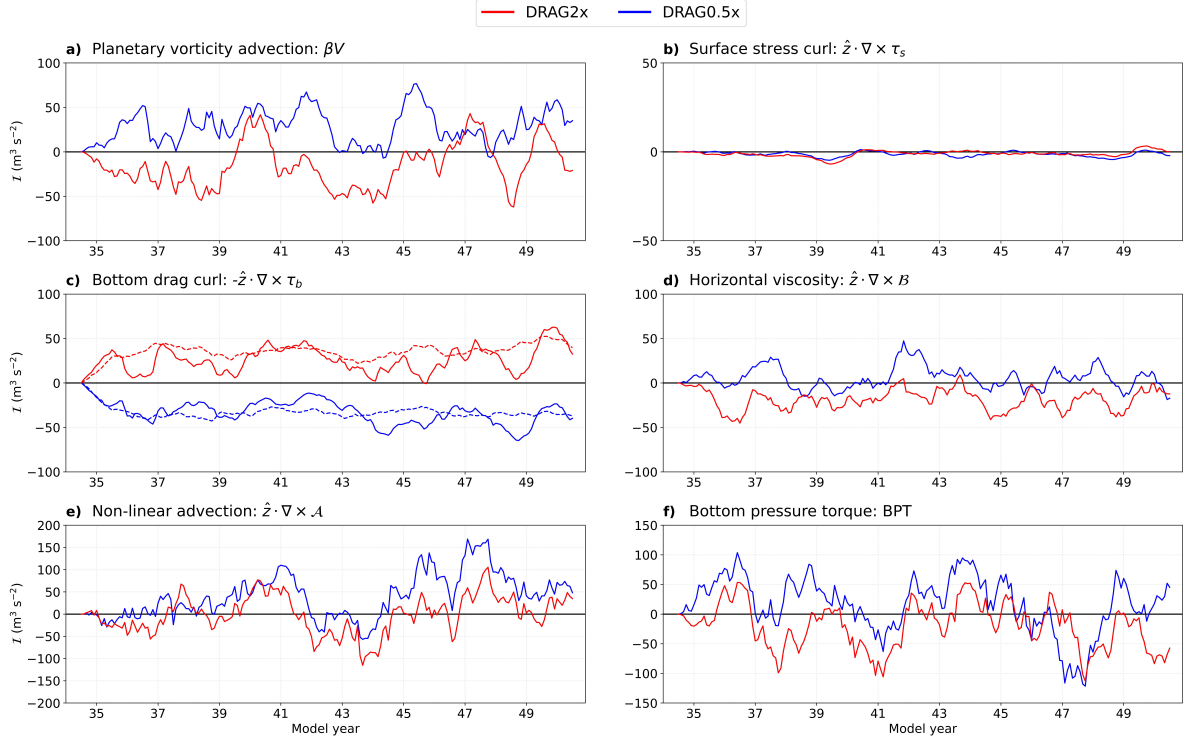
317 The following sections focus on the response of gyre strength to different perturbations designed
318 to explore forced changes in the gyre’s horizontal transport. We focus on the time-varying terms
319 integrated within the Weddell Gyre area rather than on a time-averaged state.

320 *b. Role of bottom drag*

321 We explore the sensitivity of the gyre strength to the bottom drag curl by changing the bottom drag
322 coefficient (halving the coefficient in DRAG0.5x and doubling it in DRAG2x). Not surprisingly,
323 halving the bottom drag coefficient increases the Weddell Gyre strength and conversely, doubling
324 the coefficient decreases its strength (Figure 2). The increase/decrease is small in magnitude
325 (between 2 and 3 Sv difference with respect to roughly 50 Sv in CTRL), and is achieved during
326 the first few years of the simulation. We integrate the terms in the BVB within the Weddell Gyre
327 interior, which are shown in Figure 5 as anomalies with respect to CTRL. Because most of
328 these terms represent sinks of cyclonic vorticity for the Weddell Gyre (Figure 4b), positive values
329 represent an increase in their role as sinks and negative values a decrease. The exception is surface
330 stress curl, where negative values represent an increase in its role as a source of cyclonic vorticity.

331 The advection of planetary vorticity (Figure 5a) displays non-zero anomalies within the Wed-
332 dell Gyre because there are slight displacements of the -17 Sv contour associated with expan-
333 sions/contractions of the gyre that, unlike in the time-averaged BVB, yield a non-zero integration.
334 There are also negligible variations in the surface stress curl (Figure 5b) because surface stress is
335 computed using relative surface velocities and is thus dependent on the ocean’s surface speed, but
336 the overall role of this term as a source of cyclonic vorticity remains unchanged with respect to
337 CTRL. The bottom drag curl anomalies (Figure 5c) show an increase in its role as sink of cyclonic
338 vorticity for the increased bottom drag coefficient experiment, DRAG2x, with a symmetric and
339 opposite decrease in the DRAG0.5x experiment. In other words, increasing the bottom drag coeffi-
340 cient increases the bottom drag curl’s efficiency as a sink of cyclonic vorticity for the Weddell Gyre,
341 with the opposite response in DRAG0.5x. The changes to bottom friction also alter the bottom
342 boundary flows, which are felt near large topographic gradients by the horizontal viscous terms

343 (Figure 5d). With an increased bottom drag, the bottom flow weakens and so does the horizontal
 344 shear, reducing the role of $\hat{z} \cdot \nabla \times \mathcal{B}$ as a sink of cyclonic vorticity in DRAG2X and conversely for
 345 the DRAG0.5x experiment. Finally, although the nonlinear advection and BPT (Figure 5e and f
 346 respectively) display large variability, there is no clear net change in their role as source or sink
 347 with respect to CTRL.



348 FIG. 5. Anomalies with respect to control of the BVB terms area integrated within the Weddell Gyre interior
 349 (blue region in Figure 4a) for the halved (DRAG0.5x) and doubled (DRAG2x) bottom drag coefficient simulations
 350 in blue and red respectively. For the bottom drag curl term in panel c) integration within the western boundary
 351 (hatched pink region in Figure 4a) is included in dashed lines. A 12-month running mean has been applied to
 352 all time series. Note that the vertical extent of each panel is different, but that the grid intervals are the same.
 353 Furthermore, positive values decrease the cyclonic (clockwise) Weddell Gyre strength relative to the CTRL
 354 experiment.

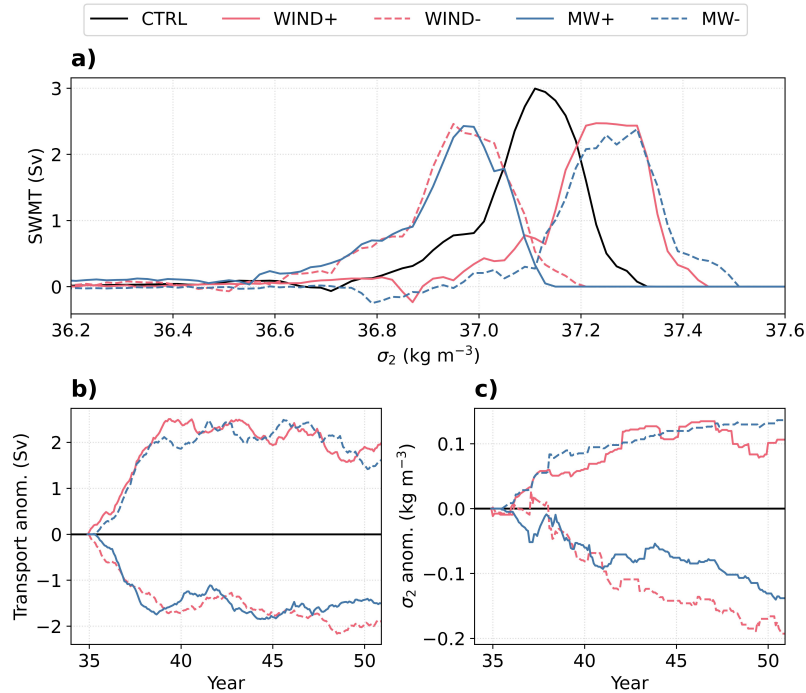
355 We also integrate the bottom drag curl within the western boundary region (dashed lines in Figure
 356 5c), since we have identified this to be an area subject to important bottom friction in connection
 357 with DSW overflows (Figure 4b). Because the integration \mathcal{I} depends on the size of the area A , and
 358 the area of the western boundary is much smaller than the area within the gyre interior, the changes

359 in the bottom drag curl term at the western boundary are actually larger than in the interior. This
360 result highlights the sensitivity of regions with DSW export to bottom friction.

361 The DRAG perturbation experiments are explicitly targeted at addressing the role of bottom
362 friction in the Weddell Gyre's circulation. By looking at the changes relative to CTRL of the BVB
363 terms integrated within different areas of the gyre, we are able to link changes in the bottom drag
364 curl to changes in gyre strength, as well as identify the region where those changes are dominant:
365 namely the western boundary current system. In this region, DSW export is associated with a
366 significant bottom-intensified flow, making the circulation particularly sensitive to bottom friction.
367 We next consider a subsequent suite of perturbations aimed at achieving changes in bottom drag at
368 the western boundary by changing the bottom flow through perturbations to DSW production and
369 export.

370 *c. Role of Dense Shelf Water overflows*

371 For the MW perturbation experiments, we increase (MW+) and decrease (MW-) meltwater input
372 at the surface around the Antarctic margin by 50%. Changes in meltwater input impact surface
373 water mass transformations at the continental shelf, and subsequently the formation rates and
374 characteristics of DSW. Figure 6a shows surface water mass transformation in the Weddell's south
375 western continental shelf in the vicinity of the Filchner-Ronne Ice Shelf for the CTRL simulation
376 and MW experiments. Increasing MW input shifts the density of the waters produced on the shelf to
377 lighter varieties and in turn, the export of DSW across the 1000m isobath to the open abyssal ocean
378 is reduced in volume and density (Figure 6b and c respectively). Conversely, removing meltwater
379 input shifts surface water mass transformation towards denser classes of DSW and increases the
380 volume and density of export across the continental slope.

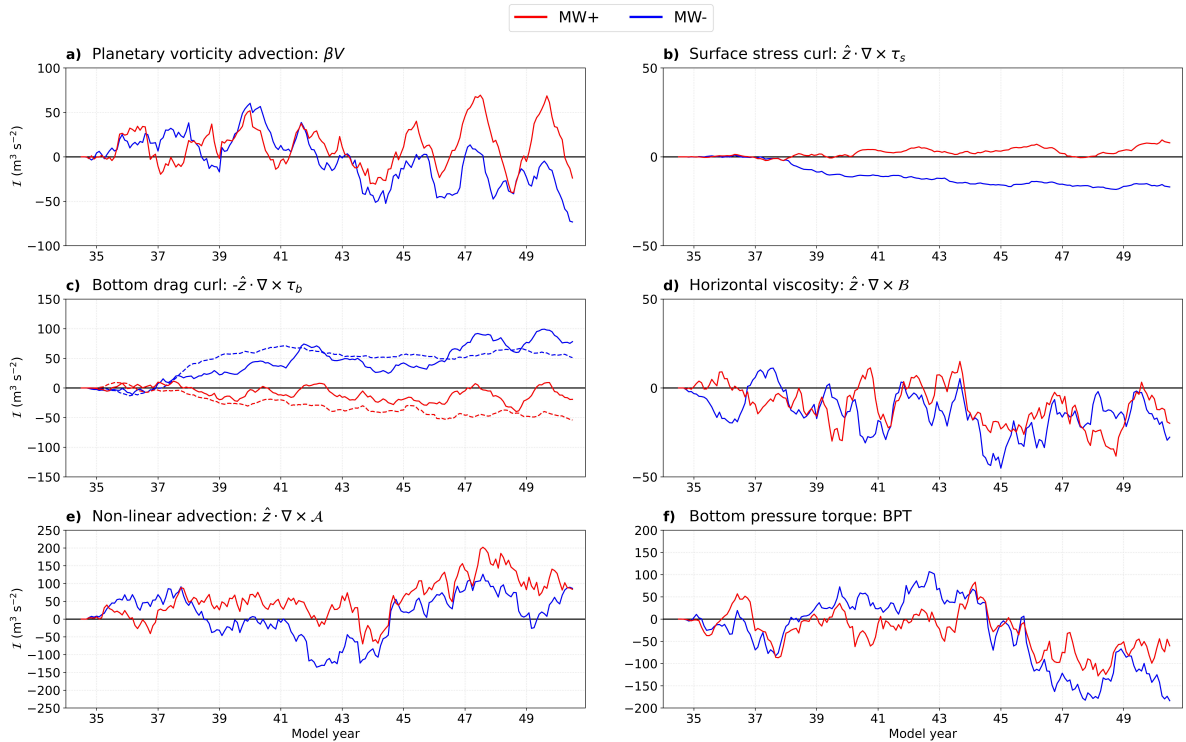


381 FIG. 6. **a)** Surface water mass transformation at the Weddell’s southwestern continental shelf calculated from
 382 heat and salt fluxes (Newsom et al. 2016) for the control simulation (CTRL), increased (MW+) and decreased
 383 (MW-) meltwater experiments as well as the increased (WIND+) and reduced (WIND-) surface wind velocities
 384 experiments. **b)** DSW export across the 1000m isobath as anomalies with respect to CTRL, calculated following
 385 Morrison et al. (2023) as the off-shore volume transport across the 1000m isobath, first integrated along the
 386 isobath and then cumulatively summed across density layers from the densest layer up to the density layer where
 387 the cumulative transport is maximum. The density threshold used for **b)** are shown in **c)** as anomalies with
 388 respect to CTRL.

389 Gyre strength displays monotonic trends in the MW experiments, with a trend towards a stronger
 390 gyre in MW+ and a weaker gyre in MW- (Figure 2). Unlike the DRAG experiments, the response is
 391 not symmetric between MW+ and MW-, with the latter inducing a stronger trend in gyre strength.
 392 The anomalies with respect to CTRL of the integrated terms of the BVB budget are shown in Figure
 393 7. In the MW- experiment, the weakening of the gyre drives a contraction of the -17 Sv contour
 394 (not shown) that impacts the planetary vorticity advection and surface stress curl terms (Figure 7a
 395 and b respectively). The contraction of the area is associated with reduced ocean surface velocities,
 396 which implies an increase in the relative surface stress and therefore an increase in the role of

397 surface stress as source of cyclonic vorticity (blue line in Figure 7b). In the MW+ experiment,
 398 there is little change in the position of the -17 Sv contour, and therefore the changes to surface
 399 stress curl are negligible compared to MW-.

400 As expected from the changes in DSW export, the MW- experiments show marked changes in
 401 the bottom drag curl term (Figure 7c). For the MW- experiment, there is an increase in the role
 402 of the bottom drag curl as sink of cyclonic vorticity that is linked to the increased export of DSW
 403 and enhanced bottom friction. The changes in the bottom drag curl term integrated at the western
 404 boundary region are of similar magnitude as the integration in the gyre interior. As detailed for the
 405 DRAG experiments, similar magnitudes in the integration indicate larger changes in bottom drag
 406 at the western boundary than the interior.

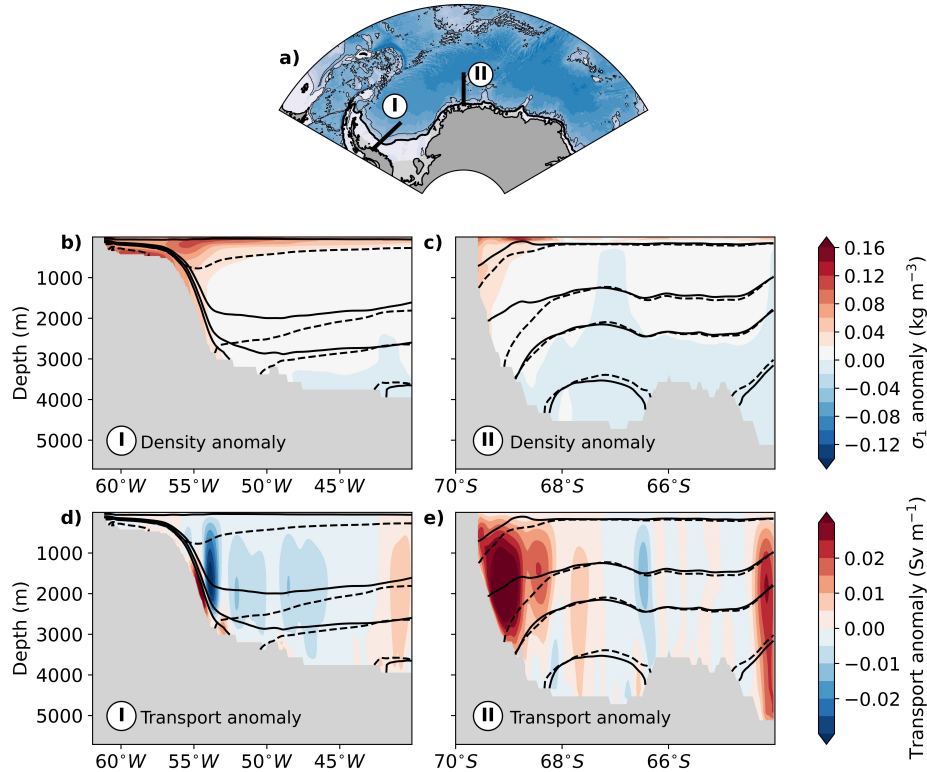


407 FIG. 7. Anomalies with respect to control of the BVB terms integrated within the Weddell Gyre interior
 408 (blue region in Figure 4a) for the reduced (MW-) and increased (MW+) meltwater simulations in blue and red
 409 respectively. For the bottom drag curl term in panel c) the integration within the western boundary (hatched pink
 410 region in Figure 4a) is included in dashed lines. A 12-month running mean has been applied to all time series.
 411 Note that the extent of each panel is different, but that the grid intervals have been kept the same.

412 Figure 8 shows cross sections of potential density and transport at two different locations. In
413 Figures 8b and d, the cross section is located within a region with DSW overflows within the western
414 boundary. The strengthened overflow is visible in the increase in densities along the continental
415 slope (Figure 8b) and in the increased northward transport at the bottom (Figure 8d). Above the
416 stronger bottom layer, there is a weakening of the northward transport, associated with the decrease
417 in bottom friction and a decrease in the isopycnal tilt towards the coast, where isopycnals that
418 previously outcropped onto the continental slope now display a connection with the shelf. The
419 other cross sections in Figure 8c and e are located at the Greenwich Meridian, in a region of the
420 gyre's boundary current system that is not subject to DSW overflows. The removal of meltwater
421 at the boundaries lifts the isopycnals and reduces their tilt, weakening the westward transport
422 throughout the water column. Overall, these cross sections show that the changes in the circulation
423 are concentrated at the boundaries rather than in the gyre interior.

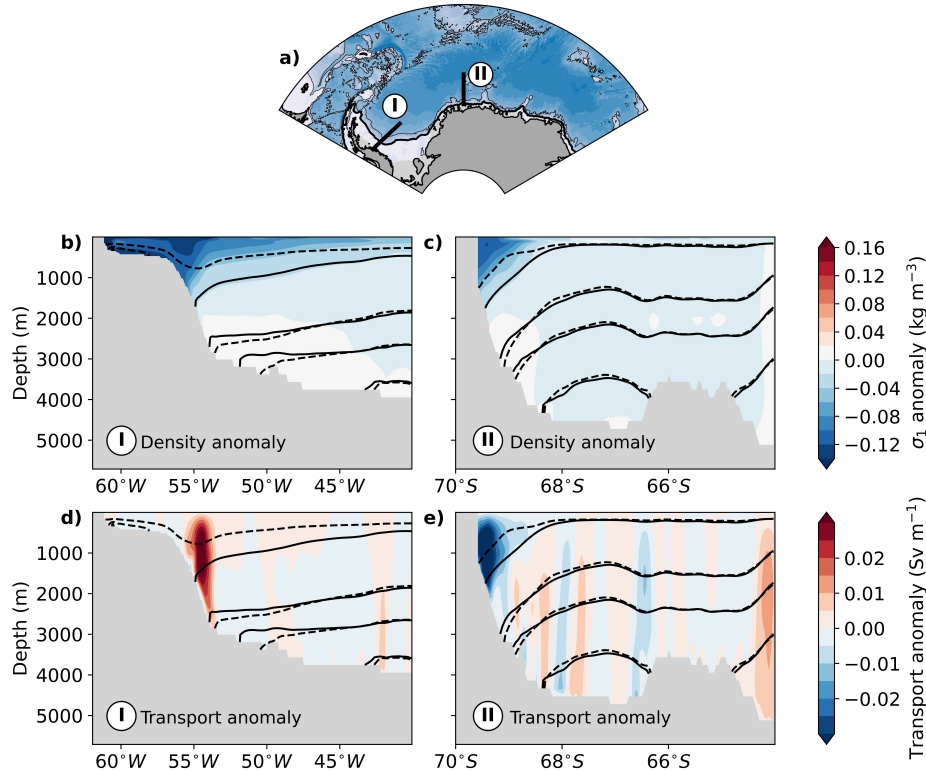
429 The MW+ experiment shows the opposite response in the bottom drag curl term compared to
430 MW-, with a decrease in the role of bottom drag curl as a sink of cyclonic vorticity that is again
431 larger for the western boundary (Figure 7c). This response is dampened in MW+ compared to
432 MW- because in this case, a decrease in DSW export and a shift towards lighter densities means
433 that the response is confined to shallower layers and is not penetrating as deep as in MW-. The
434 asymmetry in the response to DSW overflow is behind the asymmetry in gyre strength changes
435 (Figure 2).

441 For the MW+ simulation, cross-sections within the western boundary show the reduced connec-
442 tion between the continental shelf and the open ocean. The reduction in DSW export is visible in a
443 thin layer of weaker northward transport at the bottom (Figure 9d) and an increase in isopycnal tilt
444 (Figure 9b). Isopycnals that in CTRL connect the shelf and the deeper ocean, in MW+ intersect
445 with the slope. The increase in isopycnal tilt, together with reduced bottom friction, drive an overall
446 increase in the northward transport throughout the water column (Figure 9d). Outside of DSW
447 export regions, increasing meltwater input pushes the isopycnals downwards toward the coast,
448 increasing the horizontal density gradient, thus increasing the westward transport at the southern
449 boundary in the ASC (Figure 9c and e). As in the MW- experiment, these cross sections show that
450 the largest response is confined to the boundaries of the Weddell Gyre.



424 FIG. 8. Panel **a**) depicts the two transects considered in the following panels, with transect I at 70°S, and
 425 transect II at 0°E. Panel **b**) shows anomalous potential density (referenced to 1000 dbar) and **d**) meridional
 426 transport for the MW- experiment along the transect I averaged over the final five years of the experiment. Panels
 427 **c**) and **e**) show the same as panels **b**) and **d**), yet for transect II. Contours in panels **b**) to **e**) show four different
 428 isopycnals for control (black dashed) and MW- simulations (black solid)

451 To summarize, our MW simulations induce a response in DSW production and export that is
 452 able to drive changes in gyre strength via bottom friction. In the MW- simulation, the increase in
 453 DSW export strengthens the bottom circulation in overflowing locations, particularly at the western
 454 boundary region. A stronger bottom flow is associated with increased bottom drag, which drives
 455 an overall weakening of the gyre's boundary transport above the bottom layer. While the response
 456 associated with bottom friction is confined to the western boundary, outside of DSW formation
 457 regions the reduction in meltwater reduces the horizontal density gradients, lifting isopycnals
 458 towards the coast and overall weakening the westward transport throughout the water column.
 459 Conversely, in the MW+ experiment the decreased DSW export is associated with a weaker bottom
 460 flow in DSW overflowing regions and an increase in the horizontal density gradients outside of



436 FIG. 9. Panel **a**) depicts the two transects considered in the following panels, with transect I at 70°S, and
 437 transect II at 0°E. Panel **b**) shows anomalous potential density (referenced to 1000 dbar) and **d**) meridional
 438 transport for the MW+ experiment along the transect I averaged over the final five years of the experiment.
 439 Panels **c**) and **e**) show the same as panels **b**) and **d**), yet for transect II. Contours in panels **b**) to **e**) show four
 440 different isopycnals for control (black dashed) and MW+ simulations (black solid)

461 DSW overflowing regions. The end result is a stronger boundary current less subject to bottom
 462 friction effects, and stronger transport via the thermal wind relation. The response in gyre strength
 463 is not symmetric between MW- and MW+, because MW+ involves a reduced and lighter export of
 464 DSW, confining the response to shallower layers than the increased, denser export in MW- that is
 465 able to penetrate deeper into the gyre.

466 *d. Role of surface stress*

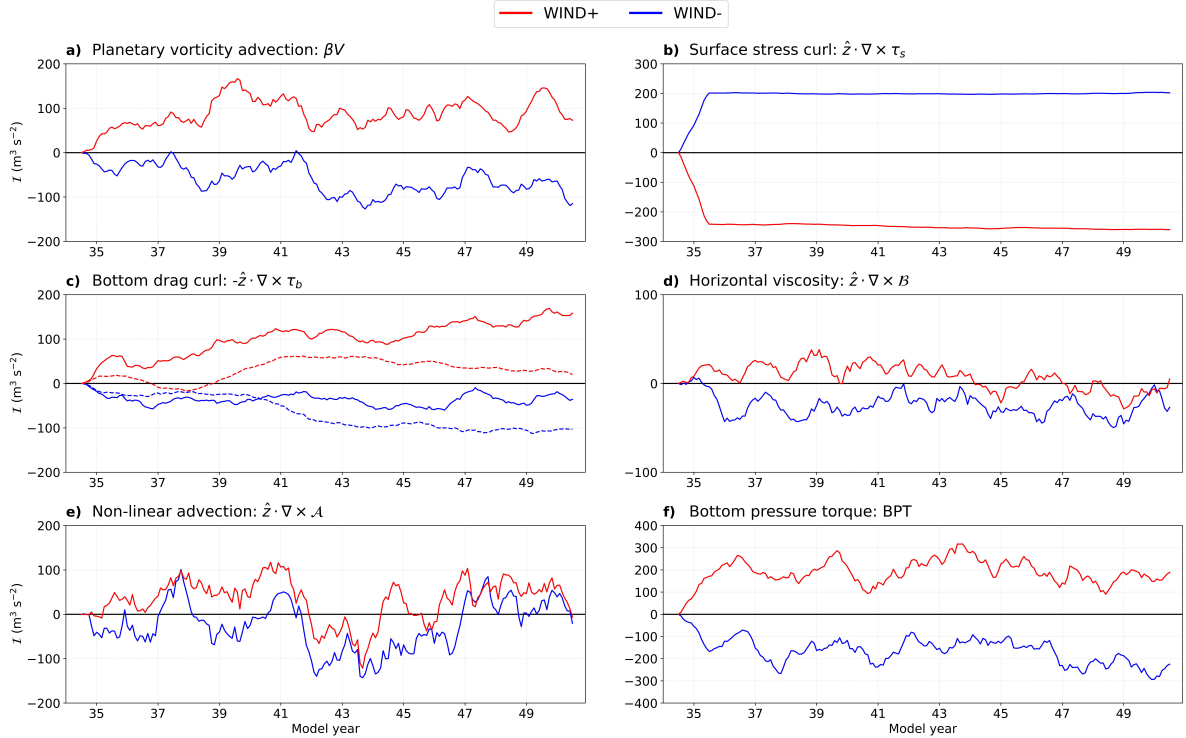
467 The DRAG and MW experiments have explored the role of bottom friction as a sink of cyclonic
 468 vorticity, and its influence on the Weddell Gyre strength, without changing the mechanisms that
 469 act as a source of cyclonic vorticity. Our final suite of experiments address the role of surface

470 stress curl, which is traditionally assumed to force ocean gyres and is the only source of cyclonic
471 vorticity for the Weddell Gyre (Figure 4b). We increase (WIND+) and decrease (WIND-) surface
472 winds by 10%, noting that this change will also have an effect on the contribution of sea ice to
473 surface stress.

474 There are two time scales in the response of gyre strength to changes in surface winds (Figure
475 2). During the first year of the perturbation there is a direct response wherein increasing the winds
476 in WIND+ strengthens the gyre and vice versa for WIND-, with Ekman effects at the surface
477 dominating the response in gyre transport. After the first year, there is an inversion in the response,
478 with WIND+ counterintuitively showing a steady weakening of the gyre and WIND- a steady
479 strengthening. The longer term trends in the WIND experiments closely resemble those of the
480 MW experiments, even in their asymmetry with respect to CTRL, with WIND+ showing a larger
481 weakening towards the end of the simulations than the strengthening found in WIND-.

482 Figure 10 shows the integrated terms of the BVB for the WIND simulations. In the WIND
483 experiments changing the surface wind field involves a more complex response from the coupled
484 ocean/sea ice system, instead of a response focused on a single term of the BVB in the DRAG
485 experiments, namely bottom friction. The increased complexity of these perturbations compared
486 to the DRAG and MW experiments is reflected in the more intricate response of the BVB terms.
487 Surface stress curl (Figure 10a) shows a clear increase in its role as a source of cyclonic vorticity
488 in WIND+ with a mirror-image like decrease obtained in WIND-. Most of the changes to surface
489 stress curl are compensated by an opposite change in the BPT (Figure 10f) that is achieved during
490 the first year of the simulation. The implication is that interactions with topography via the BPT
491 balance surface stress, as was observed for the time-mean balance of the CTRL simulation (Figure
492 4b).

498 However, changes in surface winds also change surface water mass transformations and DSW
499 formation on the shelf via changes to sea ice advection (Morrison et al. 2023) and subsequent
500 export of DSW across the 1000m isobath. In the case of our WIND simulations, the changes are
501 similar in magnitude and timing to those found in the MW experiments (Figure 6). Via increased
502 sea-ice formation and export, WIND+ shifts surface water mass transformation towards denser
503 classes and increases the export rate and density of DSW, with the opposite sign response for
504 WIND-. We can link these changes in DSW export to changes in gyre strength via the same



493 FIG. 10. Anomalies with respect to control of the BVB terms integrated within the Weddell Gyre interior (blue
 494 region in Figure 4a) for the reduced (WIND-) and increased (WIND+) surface winds simulations in blue and red
 495 respectively. For the bottom drag curl term in panel c) the integration within the western boundary (hatched pink
 496 region in Figure 4a) is included in dashed lines. A 12-month running mean has been applied to all time series.
 497 Note that the extent of each panel is different, but that the grid intervals have been kept the same.

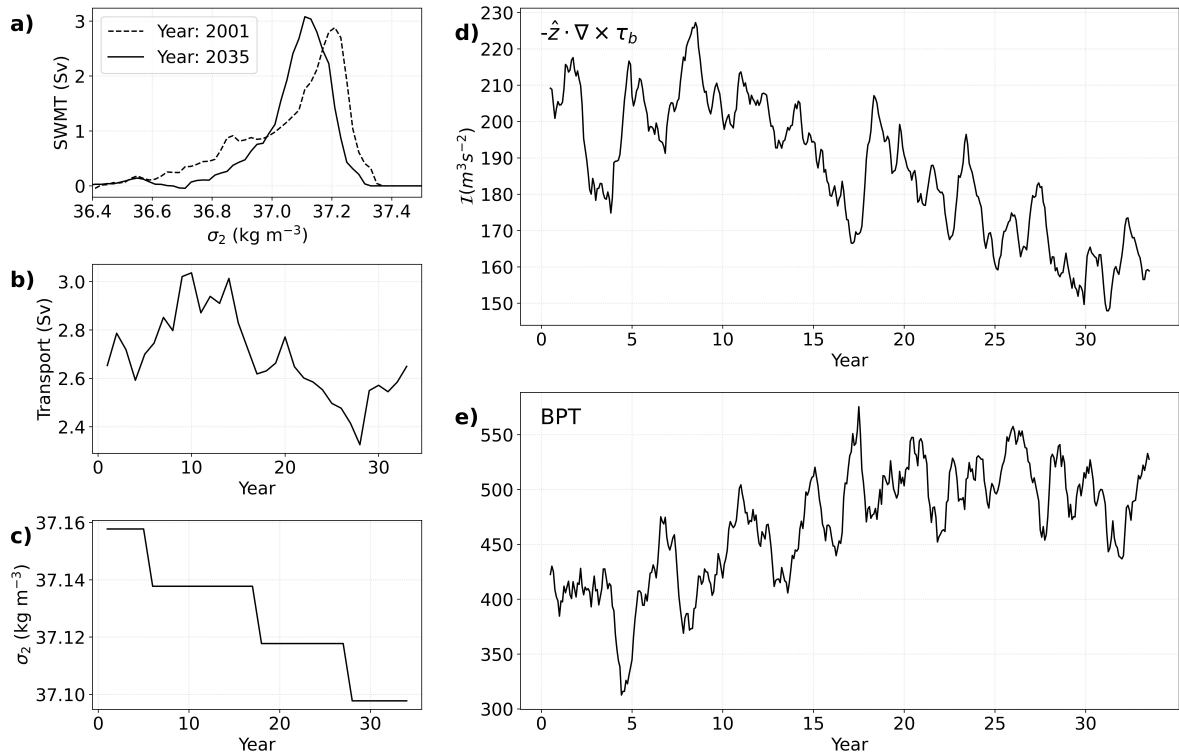
505 mechanism proposed in the MW experiments. Namely, for WIND+, an increase in DSW export
 506 increases the role of the bottom drag curl as a sink of cyclonic vorticity (Figure 10c) and therefore
 507 weakens the gyre strength on timescales longer than a couple of years. For the WIND- simulation,
 508 the reduced overflow confined to shallower layers induces a more modest response in bottom drag
 509 that is linked to the strengthening observed in gyre strength towards the end of the simulations.
 510 As in the previous experiments, the response of the western boundary region to changes in DSW
 511 export and bottom drag is larger than in the interior.

512 The changes to the vertical structure in the WIND experiments (not shown) mimic those of
 513 the MW experiments. As in MW-, WIND+ shows an increased bottom flow associated with the
 514 denser overflows at the western boundary, and a decrease in the isopycnal tilt that weakens the
 515 thermal wind transport. On the other hand, as in MW+, WIND- shows the weakened bottom

516 flow associated with the reduced export, an increase in horizontal density gradients and an overall
 517 stronger transport. As was explored in the MW experiments, the response in bottom drag curl is
 518 not symmetric between WIND+ and WIND- experiments because lighter export is not penetrating
 519 as deep into the gyre as a denser export.

520 *e. Gyre strength changes during model spin-up*

525 Using a barotropic vorticity budget and sensitivity experiments, we have identified the processes
 526 involved in driving variability in gyre strength, as well as the regions in which these processes
 527 dominate. Using the knowledge acquired with the perturbation experiments, we can now also
 528 explain the ~ 15 Sv increase in gyre strength that occurs during model spin-up (Figure 2). This
 change does not come from changes in the forcing (i.e. surface stress), since our model is forced



521 FIG. 11. **a)** Surface water mass transformation at the southwestern continental shelf for the control simulation
 522 the first year of spin-up (dashed line) and last year of spin-up (solid line). **b)** Export and **c)** density of export of
 523 DSW across the 1000m isobath and **d)** time series of the bottom drag curl ($-\hat{z} \cdot \nabla \times \tau_b$) and **e)** bottom pressure
 524 torque (BPT) during the spin-up period.

529

530 with the same atmospheric year on repeat, and is instead related to model adjustment.

531 In particular, during model spin-up, there are changes to DSW formation. The continental shelf
532 becomes fresher and therefore surface water mass transformation shifts toward a lighter DSW
533 production and a reduction in its export across the 1000m isobath (Figure 11a, b and c). The
534 drift in the overflow drives a decrease in the role of bottom drag curl, particularly at the western
535 boundary. As a result, the gyre spins-up, and with a stronger flow the BPT adjusts to balance the
536 input of cyclonic vorticity by the surface stress curl (Figure 11d). The changes in density structure
537 at the southern boundary are similar to those described in the MW+ and WIND- experiments.

538 **5. Summary and Discussion**

539 In this work we have used for the first time a barotropic vorticity budget to study the adjustment
540 of the Weddell Gyre circulation to perturbations in forcing mechanisms. Unlike past studies that
541 have focused on an equilibrium state to identify sources and sinks of vorticity (Le Corre et al.
542 2020; Schoonover et al. 2016; Sonnewald et al. 2023, 2019; Yeager 2015), our study investigates
543 how the gyre adjusts to forced changes by analysing the transient response of the terms in the
544 barotropic vorticity budget, identifying the key physical mechanisms that can induce variations in
545 gyre strength. We carry out three different perturbation experiments in which we separately change
546 the bottom drag coefficient, meltwater input at the Antarctic coastline and surface winds.

547 We characterise the mean state of our control simulation and find that the main balance in
548 equilibrium is established between the surface stress curl as a source of cyclonic vorticity and the
549 bottom pressure torque as a sink (Figure 4), in line with past studies carried out in the North Atlantic
550 subtropical gyre (e.g., Hughes 2000; Hughes and De Cuevas 2001; Yeager 2015; Schoonover et al.
551 2016). Additionally, we find that the bottom drag curl, horizontal viscosity and nonlinear terms
552 each contribute as a sink in cyclonic vorticity, with particular significance of bottom friction at the
553 western boundary. The dominance of bottom friction at the western boundary is not surprising
554 considering the bottom-intensified flow that characterises the region in connection with Dense
555 Shelf Water production upstream at the Filchner-Ronne Ice Shelf.

556 To assess the role of bottom drag, our first suite of experiments increased or decreased the
557 bottom drag coefficient. The gyre's horizontal circulation adjusts rapidly to changes in bottom

558 drag, increasing gyre strength with a reduced drag coefficient and vice versa for increased drag
559 coefficient (Figure 2). Namely, a higher drag coefficient makes the bottom flow a more efficient sink
560 of cyclonic vorticity (Figure 5c). The western boundary region of the gyre experiences changes
561 in bottom drag curl larger than those seen in the interior of the gyre. This result highlights the
562 importance of friction in areas where Dense Shelf Water overflows provide a significant bottom
563 component to the circulation. The DRAG experiments show the sensitivity of gyre strength to
564 bottom friction and pinpoint the regions where most of the adjustments occur in connection with
565 bottom intensified flows associated with Dense Shelf Water export.

566 To further explore the role of Dense Shelf Water overflows we next considered meltwater anomaly
567 experiments, locally adding or removing meltwater at the Antarctic margins. The change in salinity
568 at the surface drives changes in surface water mass transformation that translate into changes
569 in Dense Shelf Water production and export across the 1000m isobath into the gyre (Figure
570 6). Therefore, the meltwater experiments alter the strength of the bottom flow at the western
571 boundary. Increasing meltwater input decreases the export volume and density of Dense Shelf
572 Water, which weakens the bottom flow at the continental slope (Figure 9). As a consequence of the
573 weakened bottom circulation, the western boundary downstream of the Filchner-Ronne Ice Shelf
574 experiences reduced bottom friction (Figure 10c), driving an increase in gyre strength (Figure 2).
575 Decreasing meltwater input has the opposite response in gyre strength and bottom drag curl, albeit
576 larger in magnitude because denser overflows are able to penetrate deeper into the water column
577 after overflowing the continental shelf, whereas the lighter overflow in the increased meltwater
578 experiment is confined to shallower layers.

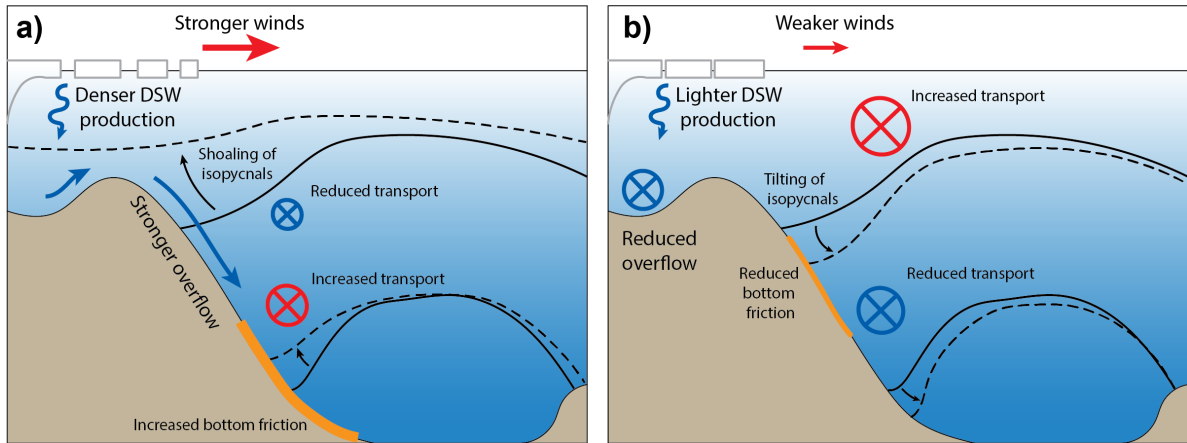
579 Our final suite of experiments addressed the response in gyre strength to changes in surface stress
580 by increasing or decreasing the wind speed over the entire model domain. This perturbation is
581 relevant because, traditionally, surface stress is assumed to be the driving force of ocean gyres,
582 and most studies propose a direct relationship between surface stress and gyre strength, wherein
583 a stronger surface cyclonic stress curl implies a stronger gyre (Meredith et al. 2011; Gordon et al.
584 2020). We observe this direct response during the first year or so of our simulations, with the initial
585 increase in surface stress balanced almost entirely by the bottom pressure torque term. However,
586 on timescales longer than a couple of years the response in gyre strength reverses, displaying a

587 monotonic trend towards a weaker gyre (Figure 2), which highlights the complexity of the response
588 of the barotropic transport to changing winds in this region.

589 We attribute the longer term response in gyre strength in the wind experiments to changes in
590 Dense Shelf Water formation and export. Increasing surface winds drive, in the long term, an
591 increase in Dense Shelf Water production and export (Figure 6). Consistent with the meltwater
592 experiments, there are associated changes to the overflow of dense waters at the western boundary
593 and therefore changes to bottom friction. The stronger overflows sustained by increased winds
594 enhance the efficiency of bottom friction as a sink of cyclonic vorticity, with the opposite response
595 seen when the winds are decreased (Figure 10c). These processes are illustrated in Figure 12.
596 The response of Dense Shelf Water production to surface winds is consistent with past modeling
597 and observational studies. For example, Morrison et al. (2023) examine the sensitivity of Dense
598 Shelf Water production to changes in surface winds around the Antarctic margins, and find that
599 decreased winds reduce sea ice export northwards, which decreases sea ice production and therefore
600 the salinity on the shelf. The net effect is a reduction in Dense Shelf Water production after a
601 couple of years. The link between surface winds/sea ice/Dense Shelf Water production has also
602 been reported to be behind the volume contraction of bottom waters recently observed within the
603 Weddell Gyre due to decreased sea ice production and weakening winds (Zhou et al. 2023).

612 One of the interesting aspects of this work is that bottom friction, acting as a sink of cyclonic
613 vorticity, is able to mediate changes to gyre strength. We were able to arrive at this finding because
614 we worked with a time-varying framework alongside perturbation simulations. Most past studies
615 using a barotropic vorticity budget focus on a time-averaged control simulation, such as our Figure
616 4, where bottom friction appears to have a secondary contribution. Without the perturbation
617 simulations and the analysis of the transient response, the dominant role of Dense Shelf Water
618 overflows would unlikely have come to light. This result also has implications for numerical model
619 representation of the Weddell Gyre: namely accurately representing bottom flows around the gyre's
620 boundaries are key to accurately representing the gyre's mean transport and variability.

621 One of the original motivations of this study was to better understand the year-to-year and decadal
622 variability of the Weddell Gyre's transport. A past model study that characterised the variability
623 in strength found significant interannual variability with extreme events of circulation that induced
624 significant changes to the gyre's horizontal transport and hydrography of the region (Neme et al.



604 FIG. 12. Schematics showing the controlling dynamics and response to **a)** increasing surface winds and **b)**
 605 decreasing surface winds. Perturbations to the wind field drive changes to Dense Shelf Water (DSW) formation
 606 and export, which alter the bottom flow at the boundary and therefore the removal of cyclonic vorticity via bottom
 607 friction at the continental slope. Increasing bottom friction in **a)** drives a barotropic weakening of the Weddell
 608 Gyre boundary, which is accompanied by a decrease in the horizontal density gradients. The opposite response
 609 occurs in **b)**, albeit confined to shallower layers due to the decreased density of the overflow. In this schematic,
 610 we only depict the cross-shore component of surface winds which is the one related to DSW production changes
 611 according to the works of Morrison et al. (2023) and Zhou et al. (2023).

625 2021). Yet, Neme et al. (2021) only found a weak correlation (0.51 with $p < 0.05$) between gyre
 626 strength and local easterly winds, and no significant links were found for either surface stress curl
 627 or surface buoyancy fluxes. The results of the present study can help explain why Neme et al.
 628 (2021) could not identify a clear dominant driver, as we have shown that there are two distinct
 629 time scales and processes involved in the gyre's response to wind forcing. Namely, there is a rapid
 630 time scale response to surface winds during the first year that involves a direct response in gyre
 631 strength, following a topographic-Sverdrup like balance à la Hughes (2000). However, the longer-
 632 term response is dominated by changes to buoyancy forcing close to the Antarctic margins. These
 633 buoyancy changes can themselves be wind-forced, as suggested by observational and modelling
 634 studies (McKee et al. 2011; Morrison et al. 2023; Zhou et al. 2023). Our model configuration,
 635 examining perturbations to a repeat year control simulation, allows us to isolate these responses.
 636 However, in the real system and in the interannually forced model of Neme et al. (2021), the rich
 637 array of forcing variability would drive an even richer array of responses in the Weddell Gyre's

638 strength. Disentangling the response and attributing the changes in gyre strength to driving factors
639 would thus prove difficult.

640 We employ a high-resolution ocean/sea ice model that is able to accurately reproduce the forma-
641 tion process of bottom waters at selected locations around the continental margins and its export
642 across the 1000m isobath. Hence, even though the model lacks ice shelf cavities, we consider
643 that its representation of the bottom circulation adjacent to Dense Shelf Water export locations
644 is adequate for the purposes of this work. Our meltwater sensitivity experiments are targeted to
645 modifying the export of bottom waters from the shelf to the abyssal ocean, and therefore the bottom
646 flow along the gyre’s boundaries. Our wind experiments also achieve, on timescales longer than
647 a couple of years, changes to bottom water formation and export. These changes are consistent
648 with those suggested by observational studies, wherein stronger winds intensify bottom water pro-
649 duction through enhanced sea ice advection (McKee et al. 2011; Zhou et al. 2023). However, the
650 magnitude and timing of the response we observe in our experiments is possibly sensitive to the
651 addition of ice shelf cavities and the introduction of basal melt at depth. This qualification does not
652 influence our results regarding the role of bottom friction in relation to the Weddell Gyre strength.
653 A final caveat is that around the Antarctic margins our model is not eddy-resolving and so does not
654 fully resolve the mesoscale field. The role of eddies in cross-shelf transport is well known (Stewart
655 and Thompson 2015, 2016), and it is possible that in a higher resolution model that fully resolves
656 the eddy field, the role of the nonlinear advection term in Equation (1) gains relative importance.
657 This question will remain the subject of future research.

658 **6. Conclusions**

659 We have used for the first time a barotropic vorticity budget to investigate the mechanisms behind
660 transient responses in Weddell Gyre strength to forced changes. While in an equilibrium state
661 the dominant balance is established between the surface stress curl and bottom pressure torque,
662 we carry out perturbation experiments that highlight the influence of different processes in setting
663 gyre strength, namely bottom friction, including that induced by meltwater anomalies and wind
664 variations. Due to the vicinity of the Weddell Gyre to a Dense Shelf Water production region at
665 the Filchner-Ronne Ice shelf, the western boundary current system of the gyre experiences a strong
666 bottom circulation associated with the cascading of dense waters across the continental slope into

667 the gyre interior. Such strong bottom flow allows for a frictional sink of cyclonic vorticity in this
668 region that when perturbed can drive changes to gyre strength.

669 In particular, we found that modification of the dense overflows and bottom friction at the western
670 boundary can be achieved via changes to meltwater input or changes to surface winds. As shown
671 in model studies and observations (Morrison et al. 2023; Zhou et al. 2023), one of the longer term
672 responses of the ocean to changes in surface winds is changes to formation and export of bottom
673 waters, wherein decreased bottom water formation is associated with weaker winds. Our results are
674 consistent with this mechanism and show that, if weakened winds drive a decrease in bottom water
675 production, the Weddell Gyre will strengthen in response to weaker bottom friction. This result
676 challenges the traditional assumption of a direct relationship between gyre strength and surface
677 stress curl, which only holds true for the initial year of our perturbation experiments.

678 Our model simulations are intended to isolate perturbations to the system and therefore we
679 chose an experimental design that included no interannual variability. In the real world, on
680 interannual timescales, the intrinsic variations of surface stress and buoyancy forcings, together
681 with the different timescales in the Weddell Gyre's response, will likely make it difficult to isolate
682 individual driving processes. We propose this is a contributing factor to the current uncertainty
683 in the drivers of variability of Weddell Gyre strength on interannual time-scales. Our results can
684 also contribute to an improved understanding of future changes in the Weddell Gyre circulation.
685 For example, in the absence of other changes, our study suggests that a slowdown of Dense Shelf
686 Water production (Li et al. 2023; Lago and England 2019) associated with increased Antarctic
687 ice melt (Golledge et al. 2015) alongside weakened Antarctic margins winds (Neme et al. 2022),
688 in combination with poleward shifting westerlies (Goyal et al. 2021) would each individually and
689 in combination contribute to a strengthening of the Weddell Gyre. With suitable measurement
690 platforms in place, these changes should mature and become detectable over the coming decades.

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699 *Data availability statement.* The source code for our model simulations can be found at <https://github.com/COSIMA/mom6-panan>. The analysis code used to produce the figures will be
700 available at GITHUB.
701

702 APPENDIX A

703 Derivation of the Barotropic Vorticity Budget

704 Here we derive the barotropic vorticity budget in Equation (1). We start from the continuous
705 velocity equation using the Boussinesq approximation, as given in Adcroft et al. (2019)

$$\partial_t \mathbf{u} + (f + \zeta) \hat{\mathbf{z}} \times \mathbf{u} + w^{(\dot{r})} \partial_r \mathbf{u} = -[\rho_0^{-1} \nabla_r p + \nabla_r \Phi] - \nabla_r K + \mathcal{F} + \rho_0^{-1} \partial_r \tau \quad (\text{A1})$$

706 where $r = r(x, y, z, t)$ is a generalized vertical coordinate and $\mathbf{u} = \hat{\mathbf{x}}u + \hat{\mathbf{y}}v$ is the horizontal velocity
707 vector. $w^{(\dot{r})} = \partial_r z D_t r$ is a dia-surface velocity used for remapping, $\nabla_r = \hat{\mathbf{x}}[\frac{\partial}{\partial x}]_r + \hat{\mathbf{y}}[\frac{\partial}{\partial y}]_r$ is the
708 horizontal gradient on the r surfaces, $-[\rho_0^{-1} \nabla_r p + \nabla_r \Phi]$ is the horizontal pressure acceleration with
709 $\Phi = gz$. $K = (u^2 + v^2)/2$ is the horizontal kinetic energy per mass, and $\mathcal{F} = \mathcal{F}^{vert} + \mathcal{F}^{horz}$ includes
710 horizontal and vertical diffusion. Finally $\partial_r \tau = \delta(z - \eta) \tau_s - \delta(z - H) \tau_b$ combines surface stress (τ_s)
711 and bottom drag (τ_b), with Dirac's delta (δ).

712 We first integrate Equation (A1) from the ocean's bottom, $z = -H(x, y)$, to the surface, $z =$
713 $\eta(z, y, t)$, to obtain

$$\int_{-H}^{\eta} \partial_t \mathbf{u} dz = -f \hat{\mathbf{z}} \times \int_{-H}^{\eta} \mathbf{u} dz - \frac{1}{\rho_0} \int_{-H}^{\eta} \nabla p dz + \frac{\tau_s}{\rho_0} - \frac{\tau_b}{\rho_0} + \int_{-H}^{\eta} \mathbf{a} dz + \int_{-H}^{\eta} \mathbf{b} dz, \quad (\text{A2})$$

714 where $\mathbf{a} = -\zeta \hat{\mathbf{z}} \times \mathbf{u} - \nabla_r K - w^{(i)} \partial_r \mathbf{u}$ and $b = \mathcal{F}^{horz}$ because the vertical integral of \mathcal{F}^{vert} over the
715 whole depth vanishes. Note that we have replaced $\nabla_r p$ by ∇p , where $\nabla = \hat{\mathbf{x}} \partial_x + \hat{\mathbf{y}} \partial_y$ because when
716 working with the vertically-integrated velocity equation the following steps are independent of the
717 choice of vertical coordinate.

718 For simplicity, we introduce $\mathcal{U}_t = \int_{-H}^{\eta} \partial_t \mathbf{u} dz$, $\mathcal{A} = \int_{-H}^{\eta} \mathbf{a} dz$ and $\mathcal{B} = \int_{-H}^{\eta} \mathbf{b} dz$ and apply the Leibniz
719 integral rule to the pressure gradient term to obtain:

$$\mathcal{U}_t = -f \hat{\mathbf{z}} \times \int_{-H}^{\eta} \mathbf{u} dz - \frac{1}{\rho_0} \nabla \left[\int_{-H}^{\eta} p dz \right] + p_s \nabla \eta + p_b \nabla H + \frac{\tau_s}{\rho_0} - \frac{\tau_b}{\rho_0} + \mathcal{A} + \mathcal{B}. \quad (\text{A3})$$

720 The terms $p_s \nabla \eta$ and $p_b \nabla H$ are form stresses at the ocean's surface and bottom respectively, with
721 p_s and p_b pressures at the surface and bottom of the ocean. We take the curl of Equation (A3)

$$\begin{aligned} \hat{\mathbf{z}} \cdot \nabla \times \mathcal{U}_t = & -\hat{\mathbf{z}} \cdot \nabla \times \left(f \hat{\mathbf{z}} \times \int_{-H}^{\eta} \mathbf{u} dz \right) - \frac{1}{\rho_0} \nabla \times \left(\nabla \left[\int_{-H}^{\eta} p dz \right] - p_s \nabla \eta - p_b \nabla H \right) \\ & + \hat{\mathbf{z}} \cdot \frac{\nabla \times \tau_s}{\rho_0} - \hat{\mathbf{z}} \cdot \frac{\nabla \times \tau_b}{\rho_0} + \hat{\mathbf{z}} \cdot \nabla \times \mathcal{A} + \hat{\mathbf{z}} \cdot \nabla \times \mathcal{B} \end{aligned} \quad (\text{A4})$$

722 The Coriolis term (first term in right hand side of Equation A4 can be split into two: $\hat{\mathbf{z}} \cdot \nabla \times$
723 $\left(f \hat{\mathbf{z}} \times \int_{-H}^{\eta} \mathbf{u} dz \right) = \beta \int_{-H}^{\eta} v dz + f \nabla \cdot \int_{-H}^{\eta} \mathbf{u} dz$. By the conservation of volume for a vertical column of
724 a Boussinesq fluid, we can further split $\nabla \cdot \int_{-H}^{\eta} \mathbf{u} dz = \mathcal{Q}_m / \rho_0 - \partial_t \eta$. Furthermore, the second term
725 on the right hand side of Equation A4, can be written as $1/\rho_0 (J(p_s, \eta) + J(p_b, H))$, where J is the
726 Jacobian operator. The model imposes a uniform pressure at the ocean surface, so that $J(p_s, \eta) = 0$.

727 With the above considerations and writing the depth-integrated meridional transport as $V =$
728 $\int_{-H}^{\eta} v dz$, Equation A4 can be written as

$$\beta V = \frac{J(p_b, H)}{\rho_0} - \frac{f \mathcal{Q}_m}{\rho_0} + f \partial_t \eta - \hat{\mathbf{z}} \cdot \nabla \times \mathcal{U}_t + \frac{\hat{\mathbf{z}} \cdot \nabla \times \tau_s}{\rho_0} - \frac{\hat{\mathbf{z}} \cdot \nabla \times \tau_b}{\rho_0} + \hat{\mathbf{z}} \cdot \nabla \times \mathcal{A} + \hat{\mathbf{z}} \cdot \nabla \times \mathcal{B}. \quad (\text{A5})$$

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