

## RESEARCH ARTICLE

# The pathogenicity of blood stream and central nervous system forms of *Trypanosoma brucei rhodesiense* trypanosomes in laboratory mice: a comparative study [version 2; peer review: 2 approved]

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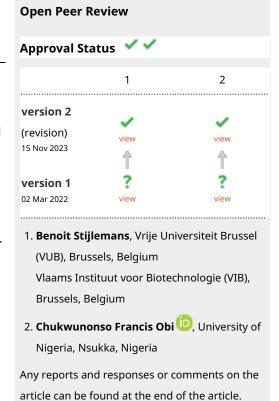
V2 First published: 02 Mar 2022, 11:260 https://doi.org/10.12688/f1000research.75518.1

**Latest published:** 15 Nov 2023, **11**:260 https://doi.org/10.12688/f1000research.75518.2

## **Abstract**

**Background:** Human African trypanosomiasis (HAT) develops in two stages namely early stage when trypanosomes are found in the blood and late stage when trypanosomes are found in the central nervous system (CNS). The two environments are different with CNS environment reported as being hostile to the trypanosomes than the blood environment. The clinical symptoms manifested by the disease in the two environments are different. Information on whether blood stream are pathologically different from CNS trypanosomes is lacking. This study undertook to compare the inter-isolate pathological differences caused by bloodstream forms (BSF) and central nervous system (CNS) of five *Trypanosoma brucei rhodesiense* (*Tbr*) isolates in Swiss white mice.

**Methods:** Donor mice infected with each of the five isolates were euthanized at 21 days post infection (DPI) for recovery of BSF trypanosomes in heart blood and CNS trypanosomes in brain supernatants. Groups of Swiss white mice (n = 10) were then infected with BSF or CNS forms of each isolate and monitored for parasitaemia,



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packed cell volume (PCV), body weight, survivorship, trypanosome length, gross and histopathology characteristics.

**Results:** Amplification of SRA gene prior to trypanosome morphology and pathogenicity studies confirmed all isolates as *T. b. rhodesiense*. At 21 DPI, CNS trypanosomes were predominantly long slender (LS) while BSF were a mixture of short stumpy and intermediate forms. The density of BSF trypanosomes was on average 2-3 log-scales greater than that of CNS trypanosomes with isolate KETRI 2656 having the highest CNS trypanosome density.

**Conclusions:** The pathogenicity study revealed clear differences in the virulence/pathogenicity of the five (5) isolates but no distinct and consistent differences between CNS and BSF forms of the same isolate. We also identified KETRI 2656 as a suitable isolate for acute menigo- encephalitic studies.

## **Keywords**

Trypanosoma, rhodesiense, BSF, CNS, Morphology, pathogenicity.

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Author roles: Ndungu K: Conceptualization, Investigation, Methodology, Project Administration, Supervision, Writing – Original Draft Preparation; Thuita J: Investigation, Methodology, Supervision, Writing – Review & Editing; Murilla G: Methodology, Writing – Original Draft Preparation; Kagira J: Methodology, Writing – Original Draft Preparation; Auma J: Investigation, Supervision, Writing – Original Draft Preparation; Mireji P: Writing – Original Draft Preparation; Ngae G: Data Curation, Methodology, Writing – Original Draft Preparation; Okumu P: Investigation, Methodology, Writing – Original Draft Preparation; Gitonga P: Data Curation, Supervision; Guya S: Investigation, Methodology; Mdachi R: Methodology, Supervision, Writing – Original Draft Preparation

Competing interests: No competing interests were disclosed.

**Grant information:** The author(s) declared that no grants were involved in supporting this work.

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How to cite this article: Ndungu K, Thuita J, Murilla G *et al.* The pathogenicity of blood stream and central nervous system forms of *Trypanosoma brucei rhodesiense* trypanosomes in laboratory mice: a comparative study [version 2; peer review: 2 approved] F1000Research 2023, 11:260 https://doi.org/10.12688/f1000research.75518.2

First published: 02 Mar 2022, 11:260 https://doi.org/10.12688/f1000research.75518.1

## **REVISED** Amendments from Version 1

We revised our manuscript according to reviewers 1 and 2 comments by adding or deleting some tests regarding the following points:

## **Reviewer 1**

- 1. Adding one sentence on the missing morphological data of KETRI 2656 BSF and 3459 CNS "However, morphological data....." in the results.
- 2. Image (vix) has been deleted in figure 2 in the results.
- 3. Adding one sentence on why we used selected isolates and images "For the comparison of the gross pathology and histology.....examples" in the results.
- 4. Adding one sentence on missing control mice "however, we did not include as a control mice injected with brain homogenates and blood from naïve mice" in the discussion.
- 5. Adding one sentence on the difference between KETRI 3738 and the other isolates "This is even more pronounced......." in the discussion
- 6. Adding a sentences on our reasoning why there was no difference between mice infected with KETRI 3738 and the non-infected control" We specifically did not..........." in the discussion.

### Reviewer 2

- 1. The table on the inoculum dosages has been revised in the results.
- 2. Deleted the numbers in brackets in the inoculum dosages table in the experimental design.
- 3. Adding a sentence on measurement of the morphological length "Out of the five isolates used in this study, we randomly picked and-measured the length......" in the materials and methods.
- 4. Rephrasing a sentence ".....were sacrificed at extremis alongside......" in the materials and methods.

Any further responses from the reviewers can be found at the end of the article

## Introduction

Human African Trypanosomiasis (HAT), sleeping sickness) is caused by *Trypanosoma brucei rhodesiense* (*T.b. rhodesiense*, *Tbr*) and *T. b. gambiense* (*Tbg*) species of trypanosomes which are transmitted by tsetse flies (*Glossina* species). 

Trypanosoma b. rhodesiense is predominant in eastern and southern Africa and causes the acute form of HAT while *Tbg* is predominant in Central and Western Africa and is responsible for the chronic form. 

Two stages are recognized in the clinical presentation of HAT, including the hemo-lymphatic (early, stage 1) and the meningoencephalitic (late, CNS, stage 2); the trypanosomes recovered from the haemolymphatic body compartment are typically identified as blood Stream form (BSF) while those recovered from the central nervous system are identified as CNS forms. The early stage infection is clinically non-specific, manifesting as malaise, headache, arthralgia, generalized weakness, weight loss and anaemia. 

On the other hand, late stage infection, occasioned by the parasites crossing the blood-brain barrier or blood- cerebrospinal fluid (CSF) barrier and invading the CNS<sup>4,5</sup> clinically manifest as psychiatric, motor, sensory and sleep abnormalities. 

The CNS invasion may be aided by parasite and/or host derived factors.

In the CNS, the parasites DNA can be detected as early as between six and seven days post infection (DPI) with parasites being in their replicative slender forms and reaching peak infection at 21 DPI. The invasion of the CNS by trypanosomes precipitates changes in the cerebrospinal fluid characterized by presence of cytotoxic compounds, reduced cerebrospinal fluid volume as well as reduced CSF glucose levels thus making the CSF more 'hostile' to the trypanosomes. In a review by the two their replicative in the cause of parasite migration from the sub-arachnoid space into the pial cell layer. The combined effect of these CSF changes on the phenotypic and morphologic characteristics of CNS derived trypanosome forms are poorly understood. In this study therefore, as part of ongoing efforts to characterize the biospecimens at the Kenya Agricultural and Livestock Research Organization -Biotechnology Research Institute (KALRO-BIORI) trypanosome cryobank, we characterized five randomly selected isolates focusing on morphologic and phenotypic changes associated with BSF or CNS trypanosome forms.

## Methods

### **Fthics**

Approval for performing our experiments on mice was obtained from the Kenya Agricultural and Livestock Research Organization -Biotechnology Research Institute - (KALRO- BioRI) Review Board (C/Biori/4/325/II/49).

## Selection of Trypanosomes isolates

The study used five (5) isolates including *T b rhodesiense* KETRI 3738, KETRI 3537, KETRI 2656, KETRI 3459 and EATRO 2291 (Table 1). These isolates were randomly selected from the KALRO- BioRI (formerly KETRI) cryo-bank and were originally isolated from HAT patients in the three east African countries of Kenya, Uganda and Tanzania as previously reported. <sup>12</sup> The isolates had undergone a minimal 1-8 eight passages in mice (Table 1).

## Molecular characterization of Trypanosome isolates

We validated the isolates *Tbr* species status using PCR as previously described. <sup>13</sup> DNA was prepared using QIAGEN DNAesy Blood & Tissue Extraction kit® Cat No 69504. Applied Biosystems Model 2720 thermocyclers was used and the reagents (Pcr Buffer, dNTPs, Mgcl<sub>2</sub>, a pair of primers (SRA A & E), Taq and pcr grade water were from Promega USA. The cycling conditions and reagent concentrations were according to Gibson et al 2002 except the reaction volumes were 10 microlitres per sample. We included DNA from a reference *Tbr* as a positive control KETRI 3738<sup>14</sup> whereas PCR water and *Trypanosoma brucei brucei* (*Tbb*) were used as negative control. We resolved the amplicons on 2% molecular grade Top vision agarose (Thermo Scientific) stained with ethidium bromide, and documented the gel using UVITEC (Cambridge) gel imager.

## **Experimental** animals

We obtained 145 male Swiss White mice weighing 25-30g and seven weeks old from KALRO-BioRI Swiss White mice colony which is inbred. The inclusion of an animal was based on the body weight and Packed Cell Volume (PCV) over a period of 14 days of acclimatization. The body weight was in the range of 20-35g and PCV in the range of 45-60%. Animals below 20g bodyweight or 45% PCV were excluded from the experiment. Experimental animals were randomly picked from a pool of mice that fulfilled the inclusion criteria. The personnel taking care of the experimental animals, technicians taking samples and the biometrician who did the analysis were not involved in the proposal development and were therefore unaware of the study objectives. They were housed in standard mouse cages using woodcarvings as bedding materials. The mice were maintained on a diet consisting of commercial pellets (Unga® Kenya Ltd) and water provided *ad libitum*. They were kept in a locked room under natural light. Room temperature and humidity were not regulated. We acclimatized the mice to experimental room conditions for two weeks during which period they were dewormed using ivermectin (Noromectin®, Norbrook, UK) at 0.2mg/kg as previously described. At the end of the two weeks acclimatization period, baseline data on packed cell volume (PCV) and body weight were collected.

## Experimental design

Experimental animals were randomly picked from a pool of mice that fulfilled the inclusion criteria (above) and placed in cages containing 10 mice per cage for experimental groups and five (5) mice per cage for the control groups of mice. Donor mice were immunosuppressed using cyclophosphamide injected intraperitoneally at 300 mg/kg for three days consecutively as previously described. The immunosuppressed mice were intraperitoneally injected with thawed *Tbr rhodesiense* isolates obtained from the KALRO BioRI cryobank (Table 1) using four mice per *Tbr* isolate. Donor mice parasitaemia was monitored for 21 days post infection to ensure development of late stage disease as previously described, <sup>17</sup> after which the donor mice were placed in a chamber and euthanized using concentrated CO<sub>2</sub> asphyxiation and in accordance with guidelines of the Institutional Animal Care and Use Committee (IUCAC) and as described by <sup>18</sup> euthanized using concentrated carbon dioxide (CO<sub>2</sub>). We collected heart blood, containing the bloodstream form (BSF) trypanosomes in vials containing 5μl of 10% EDTA/mL of blood; blood from the four donor mice injected with a single

Table 1. Isolates of T.b. rhodesiense collected from different parts of eastern Africa.

Stabilate No:	Locality	Year of isolation	Host of isolation	Passage No
KETRI 3738 (2537)	Banda, Busoga, Uganda	1972	Human	8
KETRI 3537	Bungoma, Western Province, Kenya	1998	Human	3
KETRI 2656	Lambwe valley, Kenya	1983	Human	2
KETRI 3459	Kitanga, Tanzania	1960	Human	3
EATRO 2291	Busoga, Uganda	1976	Human	1

Table 2. Trypanosomes density in pooled heart blood (BSF) and central nervous system (CNS).

Isolate	BSF	CNS	BSF or CNS inoculum
KETRI 3738	8.5 10 <sup>7</sup>	$1.5 \times 10^5$	$1.5\times10^{5}$
KETRI 3537	$4.0 \times 10^{7}$	$1.0 \times 10^5$	$1.0 \times 10^{5}$
KETRI 2656	5.1 × 10 <sup>8</sup>	$7.0 \times 10^{6}$	$7.0 \times 10^{6}$
KETRI 3459	8.0 × 10 <sup>8</sup>	$4.0 \times 10^5$	$4.0 \times 10^5$
EATRO 2291	$7.0 \times 10^{7}$	$1.0 \times 10^5$	$1.0 \times 10^5$

*Tb rhodesiense* strain was pooled into one vial. Blood smears were made from heart blood for morphology studies of BSF trypanosomes.

Intact brains from the four donor mice were also harvested and separately suspended in cold PSG pH 8.0. We then washed each mouse brain tissues for at least ten times in PSG pH 8.0 buffer and microscopically examined each wash for the presence of trypanosomes. When no trypanosomes could be detected, the final buffer wash was discarded, the brain excised using sharp pair of scissors and gently homogenized in PSG pH 8.0. The brain tissue supernatant from the four (4) donor mice were pooled into one vial and used to make smears for morphology studies of CNS trypanosomes.

Trypanosomes density in the pooled heart blood (BSF trypanosomes) and pooled brain supernatant (CNS trypanosome forms) of each *Tb rhodesiense* isolate were then quantified using a haemocytometer (Table 2). In all cases, the density of trypanosomes/uL of blood was higher in heart blood compared to the pooled brain supernatant. In order to prepare the inoculum for the experimental mice, the density of BSF trypanosomes was then adjusted downwards with PSG pH 8.0 using a dilution factor obtained by dividing the number of BSF tryoanosomes with the number of CNS trypanosomes/uL (BSF/CNS) as shown in Table 2; as a result, the density of trypanosomes in the inoculum of BSF and CNS trypanosomes were the same for each isolate. The BSF or CNS trypanosome containing fluids were then used to infect 10 experimental mice per isolate. The mice were inoculated intraperitoneally at 0.2 mLs per mouse. Five non-infected mice were used as controls for the study.

The infected mice were monitored for pre-patent period (PP), parasitaemia progression and survival daily while packed cell volume (PCV) and body weight were measured once in a week. Gross pathology and histopathology were performed at the end of experiment. The control mice were monitored similarly to the infected mice, except for parasitaemia and prepatent period. At 30 days post infection, we sacrificed 4/10 mice from the infected mice groups and 2/5 mice from the non-infected control group for gross pathology (lesions and organ weights) and histopathology. Such mice were placed in a chamber and euthanized by CO2 asphyxiation and in accordance with guidelines of the Institutional Animal Care and Use Committee (IUCAC).

## Pre-patent period (PP), parasitaemia progression and survival time determination

Blood for estimation of parasitaemia levels was collected daily from each mouse using the tail tip amputation method. The PP and parasitaemia levels were determined using the rapid matching method. The infected mice were monitored for a maximum of 30 DPI. In our effort to ameliorate any suffering of animals, mice which attained the at extremis end point earlier than this time were sacrificed immediately by  $CO_2$  asphyxiation in accordance with guidelines of the Institutional Animal Care and Use Committee (IUCAC) as described by and recorded as dead animals. The mice were determined to have attained the end point by observation of clinical signs such as lethargy and hackle hair, as well as PCV drop of approximately 25% with consistent high parasitaemia levels of  $1 \times 10^9$ /mL for at least three consecutive days. For the survival analysis, mice were monitored at least once per day. Mice surviving until the end of the monitoring period of 30 DPI were euthanized using  $CO_2$  and the survival time categorized as censored data.

## Determination of trypanosomes length

Out of the five isolates used in this study, we randomly picked and measured the length of bloodstream form (BSF) trypanosomes recovered from the peripheral blood of mice that were initially infected with BSF or CNS forms of KETRI 3738, KETRI 3537 and KETRI 2656. Thin blood smears were prepared from tail-snip blood and examined using Leica DM500 microscope at high magnification with oil immersion objective (10x100). The length of the trypanosome was measured from the posterior end to the anterior end including the free flagellum as previously outlined.<sup>23</sup> On average, 50 trypanosomes of each experimental group of mice were measured.

## Packed cell volume (PCV) and body weight changes

Packed cell volume and body weight changes were determined using a microhaematocrit centrifuge and a weighing balance (Mettler Toledo PB 302 ®, Switzerland) respectively. To ameliorate any suffering of animals, blood sample for the determination of the PCV were collected at a frequency of once a week as outlined previously. <sup>24,25</sup>

## Gross and Histopathology

A total of 4/10 mice in each infected mice group were sacrificed at extremis alongside 2/5 of the control mice group for gross and histopathological examination. The carcass weight of each mouse was determined after which the mouse was dissected and the brain, spleen, kidneys, liver, lungs and heart collected and weighed using a weighing balance (Mettler Toledo PB 302 ®, Switzerland). Carcass and organ weight data and gross pathology lesions were recorded. The organs were preserved in 10% formalin and thereafter processed and examined for histopathology changes as previously described. All the tissue lesions observed in the histopathology slides were also recorded.

## Statistical analysis

The data were summarized as means  $\pm$  standard error of mean, while time bound changes of each of the isolates' biomarkers of pathogenicity as well as the differences between BSF and CNS trypanosome forms were analyzed using one-way ANOVA. All analyses were conducted using GenStat, Version 15.3 developed by VSN International LTD and licensed to CGIAR, UK where p $\leq$ 0.05 were considered statistically significant. R Statistical Software would be alternative free-to-use software. General Linear Model in SAS Release 8.02 was used to analyze data on the length of the trypanosome. Differences between any two means were considered significant at p < 0.05. Survival data analysis was carried out employing the Kaplan–Meier method on StatView (SAS Institute, Version 5.0.1) statistical package for determination of survival distribution function. IBM SPSS would be a good open access software to use. Rank tests of homogeneity were used to determine the effect on host survival time of BSF- and CNS-infected mice. 27

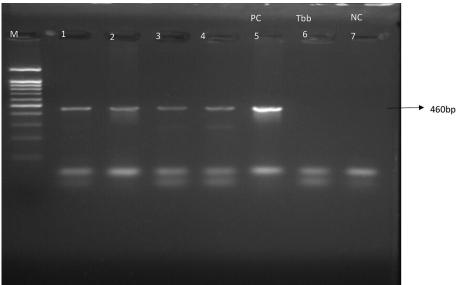
### Results

## Molecular identification of cryo-bank isolates

The 460bp SRA gene fragment was amplified in all the isolates (Figure 1), confirming them to be *T. b. rhodesiense* isolates. This finding is consistent with KALRO-BioRI cryobank records showing that these isolates were recovered from sleeping sickness patients in eastern African Countries that are endemic for Rhodesian sleeping sickness and it contributes to the continuous efforts to ensure that all the bio specimens in the laboratory are well characterized.<sup>14</sup>

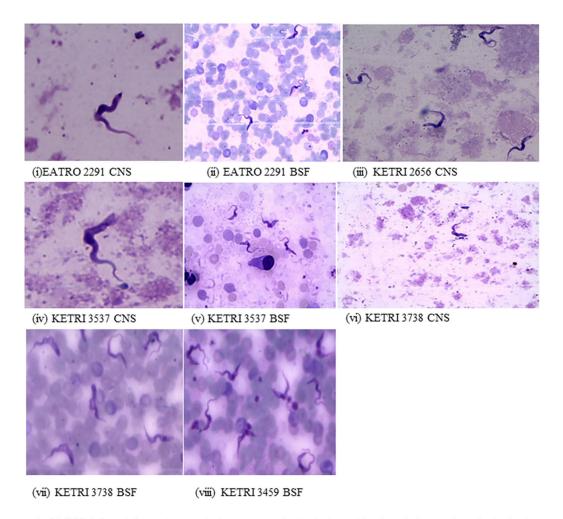
## Parasite Morphology and density

At 21 DPI of the donor mice, the giemsa stained CNS trypanosomes were predominantly long slender while BSF trypanosomes were a mixture of short stumpy and intermediate forms (Figure 2). With respect to trypanosome density,



M-marker, PC-positive control, NC-negative control, Tbb - Trypanosoma b. brucei

Figure 1. Showing the PCR reactions of the Tbr isolates: M=marker; 1=KETRI 3537; 2=KETRI 2656; 3=KETRI 3459; 4=EATRO 2291; 5=KETRI 3738; PC=Positive control; 6=*Trypanosoma brucei brucei*-Negative control (NC); 7=PCR water.



At 21 DPI, infected four mice per isolate were euthanized, heart blood pooled as well as the brain tissue, homogenized and thin smears for morphological characteristics made from pooled heart blood and pooled homogenized brain tissue. Slides were examined at 10x100 magnification using the oil immersion objective.

Figure 2. Showing the morphology of BSF or CNS trypanosomes at 21 DPI examined from giemsa stained smears at 10x100 magnification using the oil immersion objective. Abbreviations: BSF, blood stream forms; CNS, central nervous system.

there were 2-3 times more trypanosomes per field in slide smears of heart blood (BSF forms) as compared to slide smears of brain supernatants (CNS forms) made from the same isolate (Figure 2). Actual enumeration of trypanosomes using the haemocytometer technique confirmed that the density of trypanosomes in pooled heart blood was 2-3 log scales greater than that of trypanosomes in pooled brain supernatant (Table 2). When trypanosome density of all the isolates were compared (Table 2, Figure 2 (iii)), brain supernatants of isolate KETRI 2656 (CNS forms) had a density of  $7.0 \times 10^6$  trypanosomes/mL which was at least 10 times greater than any other isolate (Table 2). In heart blood (BSF forms), isolates KETRI 2656 and KETRI 3459 had the highest trypanosome densities (Table 2). However, morphological data on KETRI 2656 BSF and 3459 CNS was not available for comparison.

## Pre-patent period of *T b rhodesiense* isolates in mice

The overall mean  $\pm$  SE pre-patent period (PP), was  $5.2 \pm 0.3$  and  $4.7 \pm 0.2$  for all the mice that were infected with the BSF or CNS-derived trypanosomes, respectively (p < 0.05).

However, the isolate specific pre-patent period data showed that in 2/5 isolates, KETRI 3738 and KETRI 2656, the PP in mice infected with CNS forms was significantly shorter than the PP in mice groups infected with the BSF forms (Figure 3). The PP of the remaining 3/5 isolates, KETRI 3537, KETRI 3459 and EATRO 2291, did not exhibit any significant differences (p> 0.05) between BSF and CNS trypanosome forms (Figure 3). In general, the isolates KETRI

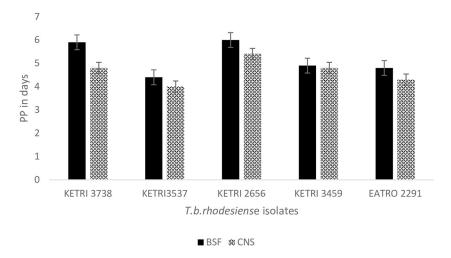


Figure 3. Graph showing the pre-patent period in mice infected with T. b. rhodesiense BSF or CNS forms

3738 and KETRI 2656 BSF forms had longer PP times compared to the other three isolates, KETRI 3537, KETRI 3459, and EATRO 2291 (p <0.01) (Figure 3).

## Parasitaemia progression

Parasitaemia increased rapidly attaining an average first peak parasitaemia of  $6.1 \times 10^8$  and  $6.8 \times 10^8$  trypanosomes/mL of blood for both BSF or CNS derived trypanosomes (Table 3), showing that in general, the parasitaemia patterns were similar. In BSF infected mice, the peak parasitaemia varied between the isolates with the lowest peak  $(1.6 \times 10^8 / \text{mL})$  recorded in KETRI 3738 infected mice and the highest peak  $(1.0 \times 10^9 / \text{ML})$  in EATRO 2291 infected mice. Similarly, in CNS infected mice, the lowest parasitaemia peak  $(5.0 \times 10^8 / \text{ML})$  was recorded in KETRI 3738 and 3537 infected mice whereas the highest  $(1.0 \times 10^9 / \text{ML})$  was recorded in KETRI 2656 infected mice (Table 3). On average, the first peak parasitaemia was attained after an average of 7 and 8 days for CNS or BSF trypanosome forms respectively (Table 3), showing that at the initial stages of the infections, the parasitaemia increase in mice infected with CNS derived trypanosomes was significantly (p < 0.05) faster than those infected with BSF trypanosomes (Figure 4).

## Trypanosome length

The results of measurement of the length of trypanosomes recovered from the peripheral blood of experimental mice are shown in (Table 4). The average length of the trypanosomes was a mean  $\pm$ SE of 26.3 $\pm$ 0.23 and 27.5 $\pm$ 0.21 for the mice that were initially infected with BSF or CNS trypanosome forms, respectively (Table 4); these numbers were however not significantly different (p> 0.05). The mean $\pm$  SEM length of *T. b. rhodesiense* KETRI 3738 trypanosomes was 24.4 $\pm$ 0.4

Table 3. Parasitaemia and survival time data for mice groups infected with bloodstream or central nervous system forms of *T b rhodesiense*.

Isolate	Time to peak parasitaemia (days)		Mean ± SE of Log <sub>10</sub> (Number of trypano	Peak Parasitaemia somes/mL of blood)	$\begin{array}{c} \text{Mean} \pm \text{SE} \\ \text{time} \end{array}$	Survival
					in days	
	BSF form	CNS forms	BSF forms	CNS forms	BSF forms	CNS forms
KETRI 3738	8	7	8.2±0.4 (1.6x10 <sup>8</sup> )	8.7±0.1 (5.0x10 <sup>8</sup> )	30±0	30±0
KETRI3537	7	6	8.9±0.1 (7.9x10 <sup>8</sup> )	8.7±0.1 (5.0x10 <sup>8</sup> )	24.6±2.2	26±3.7
<b>KETRI 2656</b>	9	9	8.5±0.2 (3.2x10 <sup>8</sup> )	9±0.03 (1.0x10 <sup>9</sup> )	18.7±1.4	15.8±0.5
KETRI 3549	8	8	8.9±0.1 (7.9x10 <sup>8</sup> )	8.8±0.04 (6.3x10 <sup>8</sup> )	28±0.8	26.8±1.0
EATRO 2291	9	8	9.0±0.1 (1.0x10 <sup>9</sup> )	8.9±0.05 (7.9x10 <sup>8</sup> )	13.5±2.7	11.2±1.4
$\mathbf{Mean} \pm \mathbf{SE}$	8±0.28	7.4±0.39	8.76±0.14(6.1x10 <sup>8</sup> )	8.83±0.06(6.8x10 <sup>8</sup> )	23±3.0	22±3.6

Number in parenthesis represents the actual parasitaemia score. Abbreviations: BSF, blood stream forms; CNS, central nervous system.

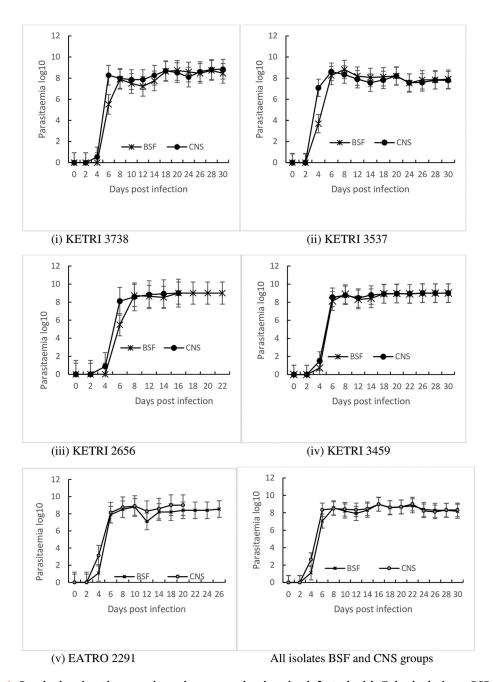


Figure 4. Graph showing the parasitaemia progression in mice infected with *T. b. rhodesiense* BSF or CNS derived trypanosomes. Abbreviations: BSF, blood stream forms; CNS, central nervous system.

Table 4. Trypanosome length by isolate and form.

Isolate	Form		Isolate mean
	BSF	CNS	
KETRI 3738	24.4	25.4	25.0
KETRI 3537	25.4	27.1	26.3
KETRI 2656	29.0	30.0	29.5
Form mean	26.3	27.5	26.9

Abbreviations: BSF, blood stream forms; CNS, central nervous system.

and  $25.4\pm0.3$  for mice initially infected with BSF or CNS forms respectively (p> 0.05). Similarly, the mean length of the other isolates KETRI 3537 and KETRI 2656 did not exhibit significant differences between BSF or CNS forms (p> 0.05).

## Packed cell volume (PCV)

The Mean  $\pm$ SE pre-infection PCV data were 53.2 $\pm$ 0.8% and 53.3 $\pm$ 1.0% for BSF or CNS groups respectively; these data were not significantly different (p>0.05) to Mean  $\pm$ SE PCV values of 52.9  $\pm$ 2.2% for the control group. All mice groups infected with CNS or BSF forms of each *Tb rhodesiense* isolates recorded a significant (p < 0.001) decline in PCV within the first 14 days post infection when compared with their pre-infection data (Figure 5). At 14 DPI, the PCV decline in CNS infected mice ranged from 40.8  $\pm$  1.6 (19%) for KETRI 3459 to 35.3  $\pm$  0.5 (33%) for KETRI 2291. Similarly, the decline in BSF infected mice ranged from 46.1 $\pm$ 1.1 (12%) for KETRI 2656 to 38.6 $\pm$ 1.4 (32%) for KETRI 3537 Figure 5, ii. After 14 days post infection, the trend of decline and or recovery of PCV was isolate dependent. Overall, the mean ( $\pm$  SE) PCV of CNS infected mice declined from 53.3 $\pm$ 1.0 at day 0 to 39.5 $\pm$ 1.2 at 14 DPI, which was a 26.9% decline. In the same period, the mean PCV of BSF infected mice declined from 53.2 $\pm$ 0.8 to 41.8 $\pm$ 1.5 which was a 21.6%. The rate

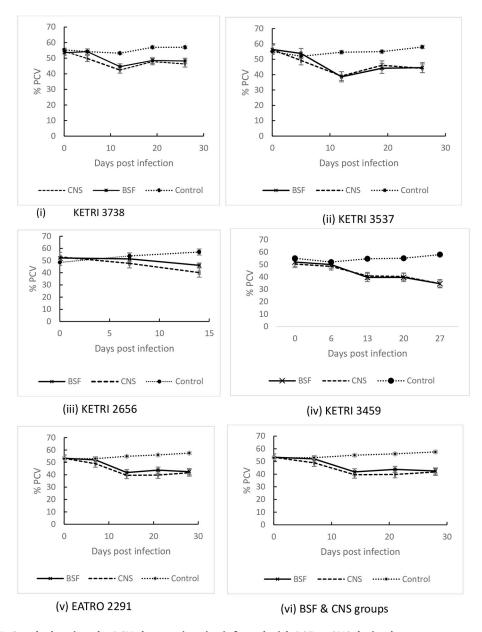


Figure 5. Graph showing the PCV changes in mice infected with BSF or CNS derived trypanosomes with days post infection. Abbreviations: BSF, blood stream forms; CNS, central nervous system. Data are mean  $\pm$ SE of mice body weight changes (n=10).

of decline of PCV was therefore significantly (p<0.001) greater for mice that were infected with CNS forms than for mice infected with BSF forms (Figure 5(vi)). In contrast to the *T. b. rhodesiense* induced anemia in mice, the PCV of the non-infected control mice increased from  $52.9\pm2.2$  at day 0 to  $54.9\pm1.1$  at 14DPI, an increase of 3.8% (Figure 5).

## Body weight changes

The mean  $\pm$ SE pre-infection body weight data was  $27.6\pm1.8$  and  $27.1\pm1.8$ gm for BSF and CNS groups respectively and  $21.7\pm2.2$  for the non-infected control group. The body weight of the non-infected control group (n =5) increased by 28% from a baseline (day 0) value of  $21.7\pm2.2$ g to  $27.7\pm0.8$  g at 14 days post infection; this increase was significant (p < 0.05). The infected mice groups also continued to gain weight during the duration of the experiment but the net weight gains exhibited by mice infected with isolates KETRI 2656, KETRI 3537, KETRI 3459 and EATRO 2291 were lower than the weight gains exhibited by control mice for each experiment (Figure 6). For the mice groups infected with isolate KETRI 2291, the weight gains were minimal (Figure 6). However, mice group infected with isolate KETRI 3738 gained weight equally well with the uninfected control mice (Figure 6). Among the infected mice groups, KETRI 2656 BSF infected mice recorded the highest increase in body weight; their body weight increased by 21% from a baseline (day 0) value of  $24.3\pm1.1$ g to  $29.5\pm0.6$  g at 14 days post infection (Figure 6(iii)).

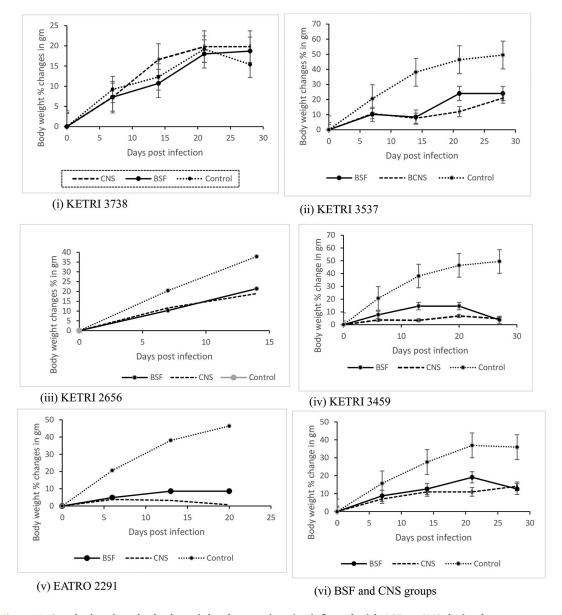


Figure 6. Graph showing the body weight changes in mice infected with BSF or CNS derived trypanosomes with days post infection. Abbreviations: BSF, blood stream forms; CNS, central nervous system. Data are mean  $\pm$ SE of mice body weight changes (n=10).

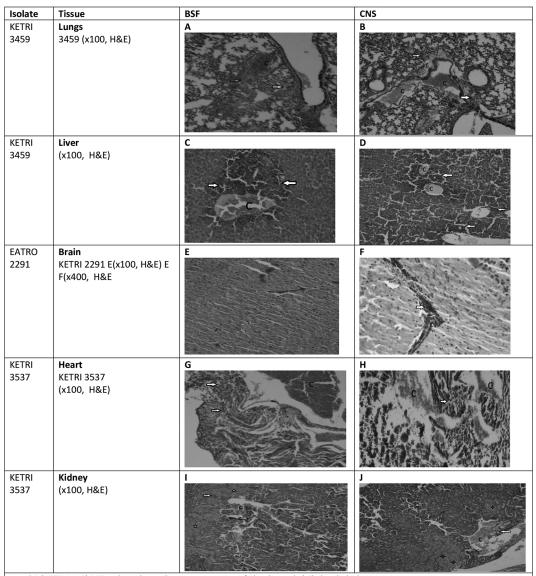
Table 5. Organ weights of mice infected with BSF or CNS trypanosomes and non-infected control.

Isolate	Life b/wt	No of mice euthanized	Heart	L/kidney	R/kidney	Spleen	Liver	Brain	Lungs
KETRI 3738 BSF	32.5±2.7	4	0.2±0.01 (0.7)	0.28±0.02 (1.2)	0.28±0.03 (1.1)	1.16±0.2 (4.8)	2.7±0.2 (1.5)	0.39±0.04 (0.9)	0.32±0.06 (1.6)
KETR 3738 CNS	<b>3</b> 4±1.1	4	0.18±0.02 (0.7)	0.25±0.01 (1.0)	0.26±0.01 (1.0)	0.18±0.09 (0.8)	3.4±0.3 (1.9)	0.43±0.01 (1.0)	0.31±0.02 (1.6)
KETRI 3537 BSF <b>KETRI</b> <b>3537CNS</b>	26.9±1.5	4	0.35±0.01 (1.3)	0.24±0.03 (1.0)	0.25±0.03 (1.0)	0.84±0.16 (3.5)	2.4±0.15 (1.4)	0.38±0.03 (0.9)	0.31±0.03 (1.6)
	28.1±1.1	4	0.21±0.02 (0.8)	0.24±0.01 (1.0)	0.25±0.02 (1.0)	0.70±0.10 (2.9)	2.56±0.21 (1.5)	0.45±0.02 (1.1)	0.26±0.04 (1.3)
KETRI 3459 BSF <b>KETRI 3459</b> CNS	29.3±1.3	4	0.18±0.02 (0.6)	0.20±0.01 (0.8)	0.23±0.02 (0.9)	1.58±0.18 (6.6)	3.12±0.09 (1.8)	0.44±0.02 (1.0)	0.28±0.02 (1.4)
	<b>30.5</b> ±2.2	4	0.17±0.02 (0.6)	0.23±0.01 (1.0)	0.24±0.01 (0.96)	1.51±0.08 (6.3)	3.09±0.24 (1.8)	0.37±0.03 (0.9)	0.34±0.06 (1.7)
EATRO 2291 BSF <b>EATRO 2291 CNS</b>	27.4±0.96	4	0.15±0.02 (0.6)	0.19±0.01 (0.8)	0.19±0.01 (0.8)	0.74±0.10 (3.0)	2.24±0.12 (1.3)	0.44±0.02 (1.0)	0.30±0.02 (1.5)
	27.8±1.14	4	0.15±0.02 (0.6)	0.21±0.01 (0.9)	0.19±0.01 (0.8)	0.99±0.1 (4.1)	2.25±0.11 (1.3)	0.34±0.03 (0.8)	0.24±0.02 (1.2)
Control	31.5±1.1	2	0.27±0.09	0.24±0.02	0.25±0.01	0.24±0.08	1.75±0.08	0.42±0.02	0.20±0.01
			-						

Numbers in parenthesis represent number of times the organ increased when compared with the control. Abbreviations: b/wt, body weight, BSF, blood stream forms, CNS, central nervous system.

## Survival Time

All control mice survived up to the end of the experimental period of 30 days and their survival time data were therefore categorised as censored. The survival time in the infected mice varied between the isolates (Table 3). In BSF infected mice, the shortest survival was recorded in mice infected with two isolates, EATRO 2291 and KETRI 2656; these mice groups had mean  $\pm$ SE survival times of  $13.5\pm2.7$  and  $18.7\pm1.4$  days respectively. The two isolates also exhibited the shortest survival times in mice groups infected with CNS forms (Table 3). Mice infected with KETRI 3738 BSF or CNS trypanosomes survived to post 30 days of infection. The p values associated with Wilcoxon and Logrank tests of homogeneity for the BSF or CNS forms of individual isolate ranged between 0.1 to 0.5 and 0.1 to 0.3 respectively showing no significant difference between the groups both at early and longer survival times. Even when the survival time of all mice infected with BSF and CNS trypanosome forms were grouped together and compared, there was no statistically significant difference (p> 0.05).



A and B (KETRI 3459) BSF and CNS lungs showing congestion of Blood vessels (C) alveoli thickening,
Infiltration with lymphocytes (arrow); C and D (KETRI 3459) liver showing infiltration of perivascular areas with lymphocytes (Arrow)
Blood vessels congestion (C); E and F (EATRO 2291) brain showing no infiltration for the BSF and Infiltration of perivascular areas with
lymphocytes (Arrow), Blood vessels congestion (C) for the CNS; G and H (KETRI 3537) heart showing Blood vessels congestion (C) Mild
Infiltration of myocardium with lymphocytes (Arrow) and I and J )KETRI 3537) kidney Blood vessels congestion (C) Infiltration of
perivascular areas with lymphocytes, renal tubular necrosis (Star)

Figure 7. Showing the tissue pathology results observed in mice infected with BSF or CNS. Abbreviations: BSF, blood stream forms; CNS, central nervous system.

## Gross and histopathology results

The gross pathology results revealed that hepatomegaly, splenomegaly and enlargement of lungs were common to all infected mice groups while cardiomegaly was only observed in mice groups infected with BSF forms of KETRI 3537 (Table 5). At histopathology, it was observed that in general, tissue pathology in mice infected mice was characterized by congestion, hemorrhages, necrosis and infiltration with inflammatory cells including plasma cells, lymphocytes and macrophages around the blood vessels (Figure 7).

For comparison of the gross pathology and histology, we used the best images that were available from our results as examples. Hepatomegaly was common to all the infected mice groups, characterized by mean liver weights of infected mice being 1.3-1.8 times heavier than the mean liver weight of control mice Table 5. Histologically, the main lesions seen in liver tissue were infiltration with inflammatory cells around the centrilobular vein as well as in the parenchyma, dilated blood vessels, hemorrhage, bile duct distension and formation of new ductules; these lesions were present in all infected mice but were more pronounced in mice infected with CNS derived trypanosomes. In contrast, congestion, areas of necrosis and emphysema were more pronounced in BSF infected mice (Figure 7C & D). Mean Spleen weights in the infected mice groups increased by a factor of 1.4 to 12.2 times of the mean weight of spleens in the negative control mice group Table 5. As with other tissues, the main lesions at histology were tissue infiltration with inflammatory cells, congestion and haemorrhage (data not shown).

Grossly the lungs were moderately enlarged by a factor of up to 1.6 times the weight of lungs recovered from the un-infected control mice. At histology, lesions in the lungs tissue were characterized by congestion of blood vessels, collapse and thickening of alveolar walls and infiltration of lung tissue with lymphocytes. These lesions were more pronounced in CNS infected mice as compared to BSF infected mice (Figure 7A &B).

Cardiomegaly was observed only in mice that were infected with the BSF forms of KETRI 3537 and not in any other infected mice group Table 5. At histology, the main lesion observed was areas of necrosis in heart tissue and infiltration of inflammatory cells into the pericardium. Infiltration of inflammatory cells was more pronounced in BSF infected mice while areas of necrosis was more pronounced in CNS infected mice (Figure 7G & H). Grossly, the brains were not enlarged Table 5. However, petechial hemorrhages were observed in the brains of mice infected with KETRI 3459 (data not shown). At histology, peri-vascular cuffing by inflammatory cells, vacuolation and areas of necrosis were the main lesions. These lesions were more pronounced in the CNS than in the BSF infected mice (Figure 7E & F). Both left and right kidneys were grossly not enlarged Table 5. The kidney tissue showed more renal tissue infiltration with inflammatory cells in CNS than in BSF infected mice (Figure 7I & J).

## Trypanosoma brucei rhodesiense

A and B (KETRI 3459) BSF and CNS lungs showing congestion of Blood vessel (C) alveoli thickening, Infiltration with lymphocytes (arrow); C and D (KETRI 3459) liver showing infiltration of perivascular areas with lymphocytes (Arrow) Blood vessels congestion (C); E and F (EATRO 2291) brain showing no infiltration for the BSF and Infiltration of perivascular areas with lymphocytes (Arrow), Blood vessels congestion (C) for the CNS; G and H (KETRI 3537) heart showing Blood vessels congestion (C) Mild Infiltration of myocardium with lymphocytes (Arrow) and I and J)KETRI 3537) kidney Blood vessels congestion (C) Infiltration of perivascular areas with lymphocytes, renal tubular necrosis.

## Discussion

In this study, we recovered BSF and CNS trypanosome forms from 21-day old murine infections of five *T. b. rhodesiense* isolates and carried out a comparative morphology and pathogenicity study. We however did not include as a control mice injected with brain homogenates and blood from naïve mice. Overall, our results showed differences in biomarkers of trypanosome pathogenicity in mice including survival time, pre-patent period, parasitaemia, PCV and reduced body weight gains in mice groups infected with BSF or CNS isolates. These results confirmed the existence of differential virulence among the isolates. This is even more pronounced in mice infected with KETRI 3738 whose response to infection was comparatively different (Figure 6 & Table 5). Differential virulence and pathogenicity of trypanosomes has previously also been reported for other samples of *Tyrpanosoma brucei rhodesiense* isolates in mice, <sup>28</sup> *Trypanosoma brucei rhodesiense* isolates in vervet monkeys<sup>29</sup>; *Trypanosoma brucei brucei* and *Trypanosoma congolense* strains in mice<sup>25,30–33</sup> and *T. evansi* isolates in mice. <sup>34</sup> In the present work, we have additionally shown that mice groups infected with CNS derived trypanosomes also exhibited differential virulence, indicating that this attribute is independent of the environment from which the trypanosomes are recovered.

The density of CNS trypanosome forms in brain supernatants was up to 1000 times lower than the density of BSF forms recovered from heart blood at the same time point, 21 days post infection. This finding is in agreement with a previous

report by<sup>35</sup> who found that, contrary to the high density of BSF trypanosomes, CNS trypanosome densities are very low. Recent progress in the understanding of the pathogenesis of trypanosome infections has shown that the parasites gain entry into the CNS compartment as early as 6-7 DPI, <sup>35,36</sup> via the blood-brain barrier (BBB) or via blood-CSF barrier (BCB).<sup>5,35</sup> The trypanosomes increase in numbers as the infection progresses<sup>37</sup> such that by 21-28 days post infection, the CNS infection is well established as evidenced by remarkable increase in parasite numbers and tissue pathology.<sup>36</sup> In our study, the CNS trypanosomes were predominantly the monomorphic and proliferative long slender forms unlike the BSF which were pleomorphic as previously reported.<sup>38</sup> We however did not score the CNS parasitaemia at the termination of our experiment to determine the parasite density. Despite the generally low density of CNS trypanosomes, mice infected with isolate KETRI 2656 recorded a relatively high density of 1 × 10<sup>6</sup> trypanosomes/mL (Figure 4(iii), Table 2 which was 10 times the density of other CNS trypanosomes infections, providing evidence of inter-isolate differences in growth characteristics. High trypanosome numbers are frequently, but not always, associated with increased pathogenicity.<sup>28,39</sup>

We monitored the development of anaemia which is one of the major trypanosome-induced pathologies and is a possible biomarker of parasite pathogenicity and virulence. The main characteristic of the murine trypanosome-induced anaemia was the rapidity of its onset in all the infected mice as shown by PCV declines by an average of 30% by 14 days post infection. This early phase of rapid PCV decline occurred concurrently with the first wave of parasitaemia in which parasites first appeared in blood at 4-5 days post infection and rose to peak levels by 8-9 days post infection. The rapid development of anemia in African tyrypnosomiasis has been postulated to be due to a mechanism involving enhancement of erythrophagocytosis by galectin 3 (Gal-3) and promotion of myeloid cell recruitment and iron retention within the mononuclear phagocyte system (MPS) which reduces iron reserves that are available for erythropoiesis and hemodilution. 40 The reduced availability of iron for erythropoiesis is likely to be responsible for previous research findings that the T b rhodesiense induced anaemia in animal models of human African trypanosomiasis of the microcytic hypochromic type. <sup>29,41</sup> Beyond 14 DPI, the PCV stabilized in mice infected by BSF or CNS derived trypanosomes despite the fact that parasitaemia remained high (Figure 5) which is a characteristic of the chronic phase of anaemia. 42 Chronic phase anaemia is likely due to changes in cytokines such as IL10 that modulate tissue pathology. 41 The development and progression of anaemia during the acute and chronic phases of the experimental T.b. rhodesiense infections in mice disease was comparable in mice infected with either CNS and BSF forms (Figure 5). Anaemia has been a widely documented pathology cases of HAT in humans<sup>43</sup> and various types of animal models.<sup>29,42,44,45</sup>

An interesting observation in our study was that a majority of the mice continued to gain weight in spite of *Tb rhodesiense* infection. However, the weight gains in infected mice were characteristically lower weight gains in un-infected control mice (Figure 6) implying that the effect of trypanosome infections in this model is to reduce net weight gains in mice. We specifically did not observe any difference between mice infected with KETRI 3738 and the non-infected control suggesting the infection with this isolate did not affect their food appetite. However this we cannot confirm since we did not include food and water uptake measurement in our study. The finding that mice continued to gain weight in spite of being infected with trypanosomes was in agreement with previous studies in which mice were infected with *T. congolense* or *T. brucei brucei*<sup>25,46</sup> and *T. evansi* trypanosomes.<sup>34</sup> In other studies, however, authors reported declines in the body weights of trypanosome-infected animals<sup>46,47</sup> suggesting the unreliability of gross body weight changes as a biomarker of parasite pathogenicity and virulence. Indeed our results showed an increase in the body weight of mice infected with isolate KETRI 2656 which based on its short survival time may be classified as virulent.<sup>31</sup> We attribute the increasing body weight of the mice to the fact that the mice had not yet attained their maximum adult weight at the start of the experiment, and partly also to trypanosome induced organomegaly (Table 5).

Organomegaly affecting the spleen and the liver was a major finding in all the infected mice while enlargement of the lungs and heart were restricted to mice infected with specific isolates (Table 5). In some of the infected mice, the enlargement of the spleen was up to 12 times the weight of spleens recovered from un-infected control mice (Table 5). Occurrence of hepatosplenomegaly in infected mice in our study is consistent with previous observation in both experimental animals and humans<sup>32,48</sup> as hemolymphatic stage pathologies.<sup>49–52</sup> Splenomegaly was associated to acute and post-acute phase of *Trypanosoma lewisi* infections of laboratory rats<sup>53</sup> which according<sup>53</sup> may be attributed to the proliferation of Lymphocytes. In our current study, a common finding observed in all tissues at histological level was infiltration of the tissues with various types of inflammatory cells, indicating that uncontrolled or poorly controlled tissue inflammation is partly responsible for the organomegaly seen grossly. Uncontrolled inflammation has been cited to be a major cause of pathogenicity during chronic parasite infections.<sup>54</sup>

## Conclusion

Our results confirmed the existence of differential pathogenicity between blood isolates of *Tbr* and further demonstrated the conservation of this difference among the CNS derived trypanosomes. We further identified KETRI 2656 as a suitable isolate for acute menigo- encephalitic studies. Despite the fact that cerebrospinal fluid is known to be hostile to trypanosomes, our study results only found differences in the morphology and parasite densities of BSF and CNS

derived trypanosomes but no consistent differences in the pathogenicity of the two forms. Finally, our study has reinforced the fact that anaemia, parasite densities in blood and CNS, survival time and net weight gain, as opposed to total weight changes, are useful biomarkers of the pathogenicity of trypanosome infections in animal models.

## Data availability

**Underlying data** 

BioStudies: Parasitaemia, PCV and body weight changes in KETRI 3738 infected mice, S-BSST766.

BioStudies: Parasitaemia, PCV and body weight changes in KETRI 3537 infected mice, S-BSST768.

BioStudies: Paraitaemia, PCV and body weight changes in KETRI 2656 infected mice, S-BSST767.

BioStudies: Parasitaemia, PCV and body weight changes in KETRI 3459 infected mice, S-BSST769.

BioStudies: Parasitaemia, PCV and body weight changes in EATRO 2291 infected mice, S-BSST770.

BioStudies: KETRI 3738 Trypanosome morphological length, S-BSST771.

BioStudies: KETRI 3537 Trypanosomes morphological length, S-BSST772.

BioStudies: KETRI 2656Trypanosomes morphological length, S-BSST773.

BioStudies: Survival times in mice infected with Tbr KETRI 3738, S-BSST774.

BioStudies: Survival times in mice infected with Tbr KETRI 3537, S-BSST775.

BioStudies: Survival times in mice infected with Tbr KETRI 2656, S-BSST776.

BioStudies: Survival times in mice infected with Tbr KETRI 3459, S-BSST777.

BioStudies: Survival times in mice infected with Tbr EATRO 2291, S-BSST778.

BioStudies: Gross pathology in mice infected with Tbr KETRI 3738 BSF or CNS trypanosomes, S-BSST779.

BioStudies: Gross pathology in mice infected with Tbr KETRI 3537 BSF or CNS trypanosomes, S-BSST780.

BioStudies: Gross pathology in mice infected with Tbr KETRI 2656 BSF or CNS trypanosomes, S-BSST781.

BioStudies: Gross pathology in mice infected with Tbr KETRI 3459 BSF or CNS trypanosomes, S-BSST782.

BioStudies: Gross pathology in mice infected with Tbr EATRO 2291 BSF or CNS trypanosomes, S-BSST783.

BioStudies: Figure 1: Molecular identification of the Tbr isolates, S-BSST784.

BioStudies: Figure 2: The morphology of BSF or CNS trypanosomes at 21days post infection, S-BSST785.

BioStudies: Figure 3: The pre-patent period in mice infected with BSF or CNS trypanosomes, S-BSST786.

BioStudies: Figure 4: Parasitaemia progression in mice infected with BSF or CNS derived trypanosomes, S-BSST787.

BioStudies: Figure 5: The PCV changes in mice infected with BSF or CNS trypanosomes with days post infection, S-BSST788.

BioStudies: Figure 6: Body weight changes in mice infected with BSF or CNS trypanosomes with days post infection, S-BSST789.

BioStudies: Figure 7: Tissue pathology in mice infected with BSF or CNS trypanosomes, S-BSST790.

## Reporting guidelines

BioStudies: ARRIVE guidelines checklist, S-BSST792.

## **Acknowledgements**

We have the permission from the following people we are acknowledging for the significant role they played in this study: the Director, KALRO-BioRI for funding this study and for the permission to publish this study, Dr. Sylvance Okoth, former Director BioRI for resources and facilitation, technical staff of Lab three of KALRO-BioRI and in particular Stephen Mbugua for assisting in collection of histological tissues, John Ndichu and Jane Hanya for taking care of the infected mice.

## Acknowledgements

An earlier version of this article can be found on Research Square (DOI: 10.21203/rs.2.21779/v1).

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# **Open Peer Review**

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## Version 2

Reviewer Report 28 December 2023

https://doi.org/10.5256/f1000research.156734.r223177

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## Chukwunonso Francis Obi 🗓

University of Nigeria, Nsukka, Enugu, Nigeria

The authors have adequately addressed the concerns I previously mentioned, and I do not have any additional inquiries.

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** Epidemiology of Parasitic Diseases; Parasite Infection Dynamics; Chemotherapy of Parasitic Diseases; Parasitic Drug Resistance; Ethno-veterinary Medicine; Molecular Parasitology and Parasitic Immunology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 23 November 2023

https://doi.org/10.5256/f1000research.156734.r223176

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## **Benoit Stijlemans**

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I appreciated the efforts the authors made to address my questions/concerns and thus have no

further questions. It is a very nice work that therefore I believe it will be of importance for the trypanosomatid community.

**Competing Interests:** No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

## **Version 1**

Reviewer Report 04 August 2023

https://doi.org/10.5256/f1000research.79399.r176018

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## ? Chukwunonso Francis Obi 🕩

University of Nigeria, Nsukka, Enugu, Nigeria

The authors, Kariuki Ndungu et al. compared the pathogenicity of bloodstream forms (BSF) and central nervous system forms (CNS) of five isolates of *Trypanosoma brucei rhodesiense* in Swiss White mice. The BSF and CNS trypanosomes were recovered from the heart and brain respectively following infection of donor mice and euthanasia on day 21 post-infection. The BSF and CNS trypanosomes were thereafter infected into Swiss white mice and the parasitaemia, packed cell volume (PCV), body weight, survivorship, trypanosome length, gross, and histopathology were evaluated for comparison of the inter-isolate pathological differences. Differential pathogenicity/virulence was observed amongst the five isolates studies but concerning BSF and CNS trypanosomes, no definite differences were observed.

This manuscript describes quite interesting research about the pathogenicity/virulence of BSF and CNS trypanosomes. The study is well-designed, structured, and contains quite a number of the parameters expected to be used for such a study. In some parts of the manuscript, minor formal/linguistic errors can be corrected.

In my opinion, there are not many aspects of the manuscript that need to be improved.

- What is the infective dose (number of trypanosomes) used in this study? This should be stated categorically.
- Check Table 2. The BSF trypanosome density for KETRI 3738. Is the figure there correct?
   What does the numbers in brackets under the BSF/CNS represent?
- Why did the authors select only the KETRI 3738, KETRI 3537, and KETRI 2656 isolates for the trypanosome length determination? Why not on all the isolates?

- In the Gross and histopathology section, the authors stated that "...and 2/5 of the control mice group were sacrificed at extremis for gross and histopathological examination." Were the control groups of mice also at extremis during euthanasia? If yes, you should explain why. If no, please revise your sentence.
- $\circ$  In the Parasitaemia progression section (result), the authors wrote (1.0x109 /Ml) in 3 or more places. Please, replace Ml with mL.

Is the work clearly and accurately presented and does it cite the current literature? Yes

Is the study design appropriate and is the work technically sound? Yes

Are sufficient details of methods and analysis provided to allow replication by others?

If applicable, is the statistical analysis and its interpretation appropriate? Yes

Are all the source data underlying the results available to ensure full reproducibility? Yes

Are the conclusions drawn adequately supported by the results?

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** Epidemiology of Parasitic Diseases; Parasite Infection Dynamics; Chemotherapy of Parasitic Diseases; Parasitic Drug Resistance; Ethno-veterinary Medicine; Molecular Parasitology and Parasitic Immunology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 26 Oct 2023

## Kariuki Ndungu

Reviewer comments (Chukwunonso Francis Obi)

Comment

What is the infective dose (number of trypanosomes) used in this study? This should be stated categorically.

Response

We did not have a uniform infective dose that we used in all the experimental animals. However, for each trypanosome isolate, the infective dose for experimental mice infected with CNS and BSF trypanosomes was equal. Brain trypanosomes are usually too scanty to be diluted. We therefore determined the density of CNS trypanosomes and adjusted the density blood stream form trypanosomes to match this; this procedure was repeated for each of the isolates as shown below which shows that the infective dose was specific to each trypanosome isolate.

This is now well captured in the manuscript: margin lines 98-104

The inoculum doses for BSF or CNS groups of mice were:

KETRI 3738 1.5 x 10 <sup>5</sup>

KETRI 3537 1.0 x 10 <sup>5</sup>

KETRI 2656 7.0x10 6

KETRI 3459  $4.0 \times 10^{5}$ 

EATRO 2291 1.0 x10 5

Margin lines 98-104

## Comment

Check Table 2. The BSF trypanosome density for KETRI 3738. Is the figure there correct? What does the numbers in brackets under the BSF/CNS represent?

## Response

Yes the figure is correct. It represents the number the BSF trypanosomes were diluted (567 for KETRI 3738) to equal the CNS density whereas the number in bracket represents the antilog of 567). For clarity, we have inserted in the manuscript the sentence" *The numbers in the fourth column represents the dilution factor used to ensure that the density of CNS and BSF trypanosomes was equal. We have reealised that the number in brackets is not adding any value to the narrative and have therefore deleted it from the table. We thank the reviewer for pointing this out.* Margin lines 98-104

## Comment

Why did the authors select only the KETRI 3738, KETRI 3537, and KETRI 2656 isolates for the trypanosome length determination? Why not on all the isolates?

## Response

We carried out trypanosome length determinations in 3 out of the five study isolates due to compare the morphological characteristics of CNS and BSF forms of trypanosomes. The comparison was primarily between the two forms of trypanosomes for each isolate, hence we think that the data presented is valid. However, we concur with the reviewer and would like to state the reasons for limiting this aspect of the study to three isolates were logistics and resource based, rather than scientific considerations. For clarity, we have inserted in the manuscript the sentence" *Out of the five isolates used in this study, we randomly picked and-measured the length.......*" margin lines 132.

## Comment

In the Gross and histopathology section, the authors stated that "...and 2/5 of the control mice group were sacrificed at extremis for gross and histopathological examination." Were the

control groups of mice also at extremis during euthanasia? If yes, you should explain why. If no, please revise your sentence.

## Response

We appreciate this observation by the reviewer. We confirm that the control mice were not at extremis. The sentence has now been revised. Margin lines 146-1417

## Comment

In the Parasitaemia progression section (result), the authors wrote (1.0x109 /Ml) in 3 or more places. Please, replace MI with mL.

## Response

This is now corrected as suggested by the reviewer. Margin lines 220-222

**Competing Interests:** No competing interests

Reviewer Report 04 November 2022

https://doi.org/10.5256/f1000research.79399.r153045

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## ? Benoit Stijlemans

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The manuscript entitled "The pathogenicity of the bloodstream and central nervous system forms of *Trypanosoma brucei rhodesiense* trypanosomes in laboratory mice: a comparative study" by Ndungu K, Thuita J, Murilla G, Kagira J, Auma J, Mireji P, Ngae G, Okumu P *et al.* documents on the comparison of the inter-isolate pathological differences caused by bloodstream forms (BSF) and central nervous system (CNS) of five *Trypanosoma brucei rhodesiense* (*Tbr*) isolated from Swiss white mice. To this end, pre-infections in mice were performed using the 5 different stabilates after which parasites were isolated from either the bloodstream or the brain, referred to as BSF (bloodstream forms) and CNS (central nervous system forms). Subsequently, these isolated BSF (being LS and SS) and CNS (being predominantly LS) parasites were injected into new mice and infection parameters (including parasitemia, packed cell volume (PCV), body weight, survivorship, trypanosome length, gross and histopathology characteristics) were investigated. Though the five isolates showed differences with respect to virulence/pathogenicity no real difference between BSF and CNS forms from the same isolates were detected.

This is an interesting study but I feel there are some aspects that are not clear or completely

overlooked and which would bring added value to the manuscript. I will address each of the questions point by point.

## Is the work clearly and accurately presented and does it cite the current literature?

- References are correctly cited.
- In Figure 2 the authors show the morphology of BSF or CNS trypanosomes at 21 DPI examined from giemsa-stained smears at 10x100 magnification using the oil immersion objective. This figure misses the image of KETRI 2656 BSF and also the image of KETRI 3459 CNS. I also do not see the added value of the image (vix) which by the way should be referred to as (ix).
- In Figure 7, immunohistological images are shown for selected organs of selected isolates.
   It should be explained why only these are shown because one would expect to have an overview of all isolates

## Is the study design appropriate and is the work technically sound?

- The idea to compare parasites isolated from the blood or the brain is an interesting question. However, I think that there are several controls missing.
  - After washing the brains extensively the organ is homogenized and parasites present within this suspension are counted. Next, the concentration of parasites is normalized (BSF=CNS) and subsequently injected into new mice for the real experiment. I think here, there is an important control missing; mice that receive blood and homogenized brains from naïve mice (in a volume equal to used for the injection of parasitized samples).
  - In addition, when looking at Figure 2 it seems that there is a lot of debris present in the CNS samples. In addition, as the authors stated there is an influx of immune cells in the brain during infection. Hence, it could be that within this homogenized preparation there are different cytokines/chemokine present that could affect the onset of infection and the final results (Table 3, time of peak parasitemia between BSF and CNS as well as between isolates; Fig. 6: weight change KETRI3738 compared to all others, Table 5 organ weights KETRI3738 such as spleen BSF versus CNS). Therefore, it would be important to measure these in the samples used to inoculate the experimental mice. To rule out any effect of debris that will be taken up by the cells from the newly infected mice, it would therefore be important to also include a group of mice receiving only homogenized brains (see point above).

## Are the conclusions drawn adequately supported by the results?

- The observation that the KETRI3738 strain behaves differently from the other strains is not really explained (see differences in Fig. 6: weight change KETRI3738 compared to all others, Table 5 organ weights KETRI3738 such as spleen BSF versus CNS).
  - For instance, in Figure 6 all infected animals gain weight to a much lesser extent than the control groups. However, why would there be no difference in weight change between the control and the BSF and CNS infected mice in the KETRI3738 strain but for all others, the infected animals lose weight?
  - Also, why is there almost no increase in spleen weight in the KETRI3738 CNS-infected animals but there is an increase in spleen weight in the BSF-infected animals? Were the RBC and immune cell numbers determined for the spleen because both could

account for the splenomegaly?

Is the work clearly and accurately presented and does it cite the current literature? Partly

Is the study design appropriate and is the work technically sound? Partly

Are sufficient details of methods and analysis provided to allow replication by others? Yes

If applicable, is the statistical analysis and its interpretation appropriate? I cannot comment. A gualified statistician is required.

Are all the source data underlying the results available to ensure full reproducibility? Yes

**Are the conclusions drawn adequately supported by the results?** Partly

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** Immunoparasitology, cellular immunology, African trypanosomiasis, nanobody-technology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 26 Oct 2023

## Kariuki Ndungu

Reviewers comments

Reviewer 1 (Benoit Stijlemans)

Comment

In Figure 2 the authors show the morphology of BSF or CNS trypanosomes at 21 DPI examined from giemsa-stained smears at 10x100 magnification using the oil immersion objective. This figure misses the image of KETRI 2656 BSF and also the image of KETRI 3459 CNS. I also do not see the added value of the image (vix) which by the way should be referred to as (ix).

Response

We concur with the reviewer that for the purpose of comparison, we have only presented

complete data for three isotes: EATRO 2291, KETRI 3537, and KETRI 3738; we also concur that the images of KETRI 2656 BSF and 3459 CNS are missing. We have corrected this by indicating in our results that "However, morphological data on KETRI 2656 BSF and 3459 CNS was not available for comparison" margin lines 192-193. We have therefore limited our discussion on this aspect of the study to the three isolates for which complete data is provided.

We have also deleted image (vix) as suggested by the reviewer.

## Comment

In Figure 7, immunohistological images are shown for selected organs of selected isolates. It should be explained why only these are shown because one would expect to have an overview of all isolates

## Response

We appreciate the concern of the reviewer on the issue of histological images. In the question of gross and histopathology, our results and discussion highlights the observations/comparison of lesions caused by BSF and CNS trypanosomes using the best images available to us from the study as examples.

We have as a result inserted in the manuscript the sentence "For the comparison of the gross pathology and histology, we used the best images that were available from our results as examples" margin lines 315-316 However; we felt that the presented images were a good representative of the entire histological observation. (This is not supported by the text we have written on Figure 7)

## Comment

After washing the brains extensively the organ is homogenized and parasites present within this suspension are counted. Next, the concentration of parasites is normalized (BSF=CNS) and subsequently injected into new mice for the real experiment. I think here, there is an important control missing; mice that receive blood and homogenized brains from naïve mice (in a volume equal to used for the injection of parasitized samples).

## Response

We are in agreement with the reviewer's observation on the missing of this control. As such, we have inserted this as a limitation in our discussion "We however did not include as a control mice injected with brain homogenates and blood from naïve mice". Margin lines 357-358.

However, there are important considerations which raise doubt on the value of such controls especially taking into consideration the need to use only the minimum number of animals required by animal welfare guidelines: considering that the route of infection of the experimental mice was intraperitoneal, would injecting diluted blood or brain homogenates from naïve mice have a significant impact on the pathogenicity parameters monitored in this study? Our answer is no. The parameters we monitored are related to presence of trypanosomes (e.g. prepatent period, parasitaemia patterns, gross and histopathology). We think that the suggested controls may not significantly affect these parameters

## Comment

In addition, when looking at Figure 2 it seems that there is a lot of debris present in the CNS samples. In addition, as the authors stated there is an influx of immune cells in the brain during infection. Hence, it could be that within this homogenized preparation there are different cytokines/chemokine present that could affect the onset of infection and the final results (Table 3, time of peak parasitemia between BSF and CNS as well as between isolates; Fig. 6: weight change KETRI3738 compared to all others, Table 5 organ weights KETRI3738 such as spleen BSF versus CNS). Therefore, it would be important to measure these in the samples used to inoculate the experimental mice. To rule out any effect of debris that will be taken up by the cells from the newly infected mice, it would therefore be important to also include a group of mice receiving only homogenized brains (see point above).

## Response

We thank the reviewer for these observations and acknowledge he has raised an important point that would be interesting to investigate in a subsequent study. We would however like to point out the following:

The presence of debris in the CNS samples is likely related to the method of preparation of the brain samples (homogenization), as opposed to being infection related.

While it is well established that cytokines/chemokines produced during a trypanosome infection can modulate the progression of the infection, It is not clear if cytokines/chemokines injected as part of the trypanosome inoculum fluid would have the same effect. In our study, we did not consider this to a major factor and therefore did not include it in our study design. We note that at present, a majority of similar studies also use trypanosome isolates prepared from infected body fluids

## Comment

The observation that the KETRI3738 strain behaves differently from the other strains is not really explained (see differences in Fig. 6: weight change KETRI3738 compared to all others, Table 5 organ weights KETRI3738 such as spleen BSF versus CNS).

## Response

We concur with the reviewer's observation on our failure to explain the different behavior of KETRI 3738. In our view, this explanation is captured in our discussion on differential virulence demonstrated by both the BSF or CNS trypanosomes. We have however included in our discussion "This is even more pronounced in mice infected with KETRI 3738 whose response to infection was comparatively different (Fig 6 & Table 5)" margin lines 362-363.

## Comment

For instance, in Figure 6 all infected animals gain weight to a much lesser extent than the control groups. However, why would there be no difference in weight change between the control and the BSF and CNS infected mice in the KETRI3738 strain but for all others, the infected animals lose weight?

## Response

It is true there was no difference in body weight change between mice infected with KETRI

3738 and the non-infected control mice. To explain this, we have included in our discussion the sentence" We specifically did not observe any difference between mice infected with KETRI 3738 and the non-infected control suggesting the infection with this isolate did not affect their food appetite. However this we cannot confirm since we did not include food and water uptake measurement in our study" margin lines 414-417

## Comment

Also, why is there almost no increase in spleen weight in the KETRI3738 CNS-infected animals but there is an increase in spleen weight in the BSF-infected animals? Were the RBC and immune cell numbers determined for the spleen because both could account for the splenomegaly?

## Response

We believe response to this concern by the reviewer is captured in our responses to the above comments.

**Competing Interests:** No competing interest

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