

1 **Influence of the welan gum biopolymer concentration on the rheological properties,**
2 **droplet size distribution and physical stability of thyme oil/W emulsions**

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11 **Abstract.**

12 The objective of this work is to obtain a stable and natural antimicrobial delivery system.
13 Thus, the effect of the addition of a natural polysaccharide such as welan gum on the
14 linear viscoelastic properties, flow behaviour, droplet size distribution and physical
15 stability of thyme oil/W emulsions formulated with a wheat-derived surfactant was
16 studied. All emulsions obtained show submicron diameters regardless of the
17 concentration of welan. Emulsion without gum shows Newtonian behaviour under steady
18 shear. Meanwhile, emulsions containing welan gum show a weak gel-like behaviour with
19 higher G' and G'' values on increasing the content of gum in the emulsion. Their flow
20 curves illustrate a shear thinning behaviour with much greater viscosity than that
21 exhibited by emulsions without gum. This behaviour fits well to the Cross model. The
22 main destabilization process of thyme oil/W emulsion without gum is creaming versus

23 flocculation and coalescence in emulsions containing welan. Rheology, diffraction laser
24 and multiple light scattering techniques have proved that welan gum is an important
25 rheological modifier for thyme oil/W ecological emulsions, it being possible to control
26 the rheological properties of these emulsions by adjusting the concentration of gum.
27 However, welan gum does not improve the physical stability of these emulsions.

28 **Keywords:** Welan gum, Thyme oil, Emulsions, Rheology, Physical stability.

29 **1.- Introduction.**

30 Nowadays, many industries are looking for new ecofriendly and sustainable products,
31 which can be used in different applications. Ecological emulsions are one of these
32 products. Finding the right formulation which fulfils environmental and non-toxicity
33 requirements is essential for researchers within both the research and industrial fields.

34 As far as formulations are concerned, one of the most important ingredients in emulsions
35 is the surfactant. Surfactants are amphiphilic molecules formed by a polar head and a
36 lipophilic tail which can be grouped by the charge of their polar head groups: cationic,
37 anionic, amphoteric (zwitterionic) or non-ionic. In addition, surfactants can also be
38 classified by their hydrophilic lipophilic balance (HLB) value. The range of HLB values
39 is from 0 to 20. HLB <9 refers to lipophilic surfactants and HLB > 11 to hydrophilic.

40 Therefore, generally for emulsions of type O / W the emulsifiers have an HLB between
41 8 and 18 and for W / O emulsions of 3-8 [1]. It should be noted that the use of emulsifiers
42 whose hydrophilic lipophilic balance (HLB) value is close to the required HLB for oil
43 could enable the formulation of stable emulsions. In this work, a non-ionic surfactant,
44 specifically the alkyl poly pentoside commercially known as Appyclean 6548 (D-
45 xylofuranose, oligomeric tetradecyl and octodecyl glycoside, C14, C18 alcohol) is used.
46 This surfactant possesses an HLB value of 9.25 which has been shown to be the optimum

47 HLB value necessary to obtain stable thyme essential oil emulsions [2]. Appyclean 6548
48 is a newly-developed surfactant derived from renewable raw materials such as wheat
49 biomass. The alkyl poly pentoside surfactants are made of pentosides derived from
50 hemicellulose [3], which is not digestible by human intestinal digestive enzymes.
51 However, this kind of food fiber could be utilized by members of the intestinal microbial
52 microbiota like a prebiotic product.[4]. In addition, this surfactant fulfils the requirements
53 to be used in ecolabel formulations.

54 In this work, thyme essential oil is used as oil phase. This essential oil is classified as a
55 GRAS product by the United States Food and Drug Administration [5]. Thyme Vulgaris,
56 has very high antioxidant activity due to its main components: thymol, carvacrol, γ -
57 terpinene, myrcene, linalool, p- cymene, limonene, 1,8-cineole, and α -pinene. Among
58 other essential oils, thyme oil has relatively strong antimicrobial activity which it makes
59 it suitable for use in the food field [6,7], Thyme oil is found to be effective against
60 *Salmonella typhimurium* L. monocytogenes, *A. hydrophila* and autochthonous flora
61 spoilage in meat products [8]. Nevertheless, thyme essential oil emulsions might undergo
62 one or several destabilization mechanisms, such as flocculation, coalescence, Ostwald
63 ripening or creaming. The incorporation of biopolymers into the continuous phase of
64 emulsions decreases or prevents the movement of droplets and increases the viscosity of
65 the continuous phase, reducing the creaming destabilization process. The use of natural
66 polysaccharides in food or cosmetic applications as thickening, stabilizing and
67 emulsifying agents is due to their biocompatibility, biodegradability and non-toxicity. In
68 this study, welan gum is used as a polysaccharide in order to enhance the rheological
69 properties of emulsions.

70 Welan is an anionic extracellular polysaccharide, secreted by the micro-organism
71 *Sphingomonas sp.*, namely from *Alcaligenes sp.*, ATCC 31555, a gram negative
72 microorganism. It is used in a wide variety of applications in several fields such as food,
73 coating materials, medicine and the petroleum and cement industries [9]. Specifically,
74 this gum can be used as an ingredient in food products like jellies, beverages or dairy
75 products in which it can act as a thickening, suspending, binding, emulsifying, stabilizing
76 and viscosifying agent [10]. Structurally, it is composed of l-mannose, l-rhamnose, d-
77 glucose, and d-glucuronic acid.[11]. The chemical structure is essential in order to explain
78 the behaviour in aqueous phase. For example, although gellan, welan or rhamsan, all of
79 which are derived from *Sphingomonas sp.*, are structurally close, they have different
80 behaviours in different mediums. Thus, while gellan can make stable gels in the presence
81 of salts, rhamsan and welan give only weak gels or very viscous solutions with a high
82 degree of thermal, pH and salinity stability [12].

83 Despite the advantages of this environmentally friendly polysaccharide, there are only a
84 few studies dealing with the use of welan gum in oil-in-water emulsions. In addition, there
85 have been no previous studies concerning the physical stability and rheological behaviour
86 of thyme essential oil emulsions prepared with welan gum.

87 In this study, we investigate the influence of welan gum concentration to improve the
88 rheological properties of emulsions using thyme essential oil as dispersed phase.
89 Additionally, the effect on the physical stability of emulsions is studied. All the
90 components selected to formulate the emulsions are environmentally friendly materials
91 (thyme essential oil, welan and appyclean 6548). The combination of rheology, laser
92 diffraction and multiple light scattering techniques demonstrated that these results have

93 important implications for the design and utilisation of emulsions as antimicrobial
94 delivery systems in the food industry.

95 **2.-Materials and Methods.**

96 *2.1. Materials.*

97 Thyme essential oil (938 g/l), supplied by Bordas Chinchurreta S.A, and a wheat-derived
98 surfactant called Appyclean 6548 obtained from Wheatoleo are used as oil phase and
99 emulsifier respectively. Sodium azide (0.1wt%) is used to avoid microbiological
100 contamination. Welan gum (K1A96) is used as supplied by CP Kelco Company (San
101 Diego, USA).

102 *2.2. Emulsification Procedure.*

103 The continuous phases are prepared by dissolving 0.1 wt% sodium azide in ultrapure
104 water cleansed using a Milli-Q water purification system. The emulsifier, Appyclean
105 6548 (6wt%) is melted and dissolved in the dispersed phase (thyme oil – 40wt%) due to
106 the fact that it is solid and immiscible in water. The mixture of oil and surfactant is heated
107 to 70°C for 30 minutes and then cooled to 25°C. Once at this temperature, a total mass of
108 200 g of the coarse emulsions is prepared in two steps using a rotor-stator device equipped
109 with a mesh screen (Silverson L5M) at 2000 rpm. Firstly, the mixture of solvent and
110 surfactant is gradually added for 180s to the aqueous phase. Subsequently, a batchwise
111 procedure is carried out for 30s. High pressure homogenization is carried out with a
112 microfluidization system (M110P with an F12Y interaction chamber, Microfluidics,
113 USA) at 2500psi. Coarse emulsions are passed once through the microfluidization
114 system.

115 Finally, the gum is added very slowly to the final emulsions. The emulsions are
116 mechanically stirred using an Ika-Visc MR-D1 (Ika, Germany), for two hours at 500rpm.
117 Five emulsions are prepared using different gum concentrations (0, 0.05, 0.1, 0.15, 0.2
118 wt%). Two replicates of each emulsion with a final weight of 200g are prepared.

119 *2.3. Rheological properties.*

120 The rheological characterization involved stress and frequency sweeps in small amplitude
121 oscillatory shear experiments (SAOS) and stepwise steady shear flow tests. Haake-
122 MARS controlled-stress rheometer (Thermo-Scientific, Germany) is used to carry out the
123 rheological experiments. Flow curves are performed using a 60/1° double cone geometry
124 for emulsions without gums. Emulsions with gums are measured using a serrated plate-
125 plate sensor (60 mm). Flow curves are carried out in a range of 0.05 to 19 Pa. Stress
126 sweeps are performed in a range of 0.05 to 19 Pa at 1 Hz. Equilibration time prior to
127 rheological tests is 300s. All measurements are performed at 25 °C ± 0.1 °C using a C5P
128 Phoenix circulator (Thermo) and in duplicate, the values shown being the average of the
129 two replicates.

130 *Microscopy*

131 An optical microscope Axio Scope A1 (Carl Zeiss) with a 40x objective is used to observe
132 the microstructure of the emulsions at room temperature.

133 *2.4. Droplets size distribution measurements.*

134 Size distribution of oil droplets is determined by the laser diffraction technique
135 (Mastersizer 2000, Malvern, Worcestershire, United Kingdom). Sauter diameter (D_{3,2}),
136 volume-weighted mean diameter (D_{4,3}) and span are the parameters selected to discuss
137 the results. D_{3,2} and D_{4,3} values are obtained from the following equation:

138
$$D_{3,2} = \frac{\sum_{i=1}^N n_i d_i^3}{\sum_{i=1}^N n_i d_i^2} \quad (Eq. 1) \qquad D_{4,3} = \frac{\sum_{i=1}^N n_i d_i^4}{\sum_{i=1}^N n_i d_i^3} \quad (Eq. 2)$$

139 where n_i is the number of droplets with diameter d_i . On the other hand, span values are
140 given by:

141
$$Span = \frac{D(v,0.9) - D(v,0.1)}{D(v,0.5)} \quad (Eq. 3)$$

142 where $D(v, 0.9)$, $D(v, 0.5)$ and $D(v, 0.1)$ are the highest droplet size contained in 90%,
143 50% and 10% of volume of dispersed phase, respectively.

144 *2.5. Physical Stability.*

145 The physical stability of thyme essential oil emulsions is evaluated for 15 days at 30°C
146 by means of a Turbiscan Lab Expert device (Formulacion, France) using the multiple
147 light scattering technique. Emulsion stability is studied by analysing the variation of the
148 backscattering (BS) profiles as a function of length of tube containing the sample, and
149 time. This technique makes it possible to determine the major mechanisms of
150 destabilization in each sample as well as the kinetics of the destabilization process.

151 *2.6. Statistical Analysis*

152 A one-way analysis of variance (ANOVA) was used to determine the occurrence of
153 significant differences among the obtained results. For this purpose, OriginPro 8 software
154 is used.

155 **3.- Results and Discussion.**

156 *3.1. Rheological properties*

157 3.1.1. Small amplitude oscillatory shear tests

158 Figure 1 shows stress sweeps at 1Hz as a function of welan gum concentration. Thanks
159 to this test, the linear viscoelastic range (LVR) can be measured, which indicates stress
160 region within which the response of the material does not depend on the applied stress.
161 G' (storage modulus) and G'' (loss modulus) remain practically constant until a critical
162 stress (τ_C) is reached. From this point, generally, both moduli sharply decrease. However,
163 in these emulsions loss modulus values increase before the decrease. This behaviour is
164 observed in other systems and it can be explained by considering that a reorganization of
165 the structure occurs before the nonlinear region is reached [13]. The critical stress value
166 is important because from this point the deformation in the structure is irreversible with
167 increasing stress [12]. This parameter is often known as yield stress although it should be
168 noted that its value depends on the evaluation technique.

169 As can be observed in Figure 1, the linear viscoelastic range, and thus the critical stress
170 values, are clearly dependent on gum concentration. The critical stress values for
171 emulsions are 0.06, 0.14, 0.36 and 0.59 Pa at 0.05 wt%, 0.1 wt%, 0.15 wt% and 0.2 wt%
172 of welan, respectively. This result indicates that increasing gum concentration in the
173 emulsions increases the resistance to shear, which implies a higher stability of the
174 emulsion under the stress amplitude. In addition, the storage modulus and the loss
175 modulus values at the LVR slightly increase with increasing welan concentration, which
176 means an increase in the structural strength of the emulsions. Emulsions without gum do
177 not present a linear viscoelastic response in the range of shear stress amplitude studied.

178  Figure 1

179 In order to obtain more information concerning the linear viscoelastic properties, figure
180 2 illustrates the changes in G' and G'' as a function of the frequency and the concentration
181 of welan gum for thyme oil/W emulsions aged for 24h. The results of these experiments

182 provide insights into the emulsion structure because these tests are non-destructive and
183 do not interfere with it. According to Steffe (1996) [14,15] and other authors, in weak
184 gels, storage and loss moduli exhibit a slight dependence on frequency, and G' values
185 exceed G'' values in the whole frequency range studied. Emulsions formulated with
186 thyme essential oil containing different concentrations of welan gum present clear
187 viscoelastic properties with a predominance of the elastic over the viscous component at
188 all frequencies and with both moduli practically independent of frequency. Therefore,
189 these emulsions behave as weak gel-like materials.

190 Figure 2

191 The dependence of the storage modulus on the frequency can be quantitatively described
192 by a power law type equation:

193
$$G'(\omega) = K' \cdot \omega^{n'} \quad Eq. (4)$$

194 where K' is the intercept and n' is the slope in the double logarithmic plot of G' against
195 frequency.

196 The curves of G' as a function of angular frequency fit fairly well to the power law
197 ($R^2 > 0.99$). The fitting parameters are plotted in figure 3. The values for the slopes of G'
198 (n') are similar for all welan gum concentrations, except for 0.1wt% which exhibits a
199 slight maximum value. This result indicates that no change in the structure occurs but
200 only a change of consistency of the system connected with the addition of welan gum
201 (thickening effect). The value of this slope also makes it possible to classify the behaviour
202 of system. It is known that $n' > 0$ denotes weak gels whereas $n' = 0$ corresponds to strong
203 gels [16]. Our emulsions present n' values between 0.1 and 0.08 so it can be concluded
204 that these emulsions exhibit a weak gel-like behaviour. It is worth noting that a plateau
205 zone is obtained for the emulsion containing 0.05 wt% welan gum. The plateau zone is

206 characterised by a trend of G'' to reach constant values at low frequencies. In this case a
207 minimum value of G'' was achieved at 0.3 Hz.

208 Figure 3

209 An increase in gum concentration causes a significant increase in G' and G'' . This rise can
210 be related to the formation of a stronger and more elastic structure in the continuous phase
211 [17]. The natural structure of welan gum is a perfect double helix [18]. As the gum
212 concentration in the continuous phase of emulsions increases, the interaction between
213 adjacent double helices promotes the formation of a three-dimensional network that
214 increases by increasing the gum concentration [19].

215 The dependence of the storage modulus, which is related to the solid-like response, on
216 the welan concentration present in the emulsion is investigated. With this aim, the double-
217 logarithmic plot of G' at 1 rad/s against welan gum concentration is shown in Figure 4.
218 The experimental data are well fitted ($R^2 = 0.998$) to the following equation:

219
$$G'_{1rad/s} = a \cdot C^b \quad (Eq. 5)$$

220 As can be observed G' increases linearly with the concentration, the slope being 2.2. This
221 value is close to that commonly found for normal polysaccharide gels at concentrations
222 above the minimum critical gelling concentration ($b = 2$) [20]. The result obtained reveal
223 that the rheology of these emulsions is dominated by the continuous phase.

224 Figure 4

225 3.1.2. Steady state flow test

226 The emulsion formulated with no gum shows Newtonian behaviour and the flow curve
227 fits fairly well to the Newtonian law. The viscosity value of 24 h aged Newtonian

228 emulsion is 7.4 ± 0.3 mPa.s. When the different concentrations of gum are added, not only
229 is the rheological behaviour changed, but also an increase in viscosity occurs (Figure 5).
230 It is noteworthy that an increase in viscosity inhibits some destabilization processes such
231 as creaming and/or phase separation by slowing down the droplet motion. Figure 5 shows
232 the influence of welan gum on the flow properties of thyme oil/W emulsions after an
233 aging time of 24 h. All emulsions containing gum show a pseudoplastic behaviour, with
234 viscosity versus shear rate exhibiting a trend to a viscosity plateau region at low shear
235 rates and, subsequently, a shear-thinning behaviour. Furthermore, it can be observed that
236 the apparent viscosity (η) increases as the welan gum concentration increases, this being
237 due to the well-known thickening effect of polysaccharides. However, the increase in
238 viscosity exhibited for these emulsions may be also promoted by droplet flocculation
239 which would be induced by the presence of welan in the continuous phase (depletion
240 flocculation). The greater the welan concentration, the greater the depletion flocculation
241 and the higher the viscosity. The fact that these emulsions are flocculated is consistent
242 with the flow behaviour observed. The flocs act as a solid at low shear rate. Once the
243 critical shear rate is exceeded, the applied forces are sufficient to disrupt the bonds
244 between droplets and the emulsion flows, showing a shear thinning behaviour.

245 The behaviour found fits the Cross model fairly well ($R^2 > 0.99$):

246
$$\eta = \frac{\eta_0}{1 + \left(\frac{\dot{\gamma}}{\dot{\gamma}_c}\right)^{1-n}} \quad Eq. (6)$$

247 Where $\dot{\gamma}_c$ is related to the critical shear rate for the onset of the shear-thinning response,
248 η_0 stands for the zero-shear viscosity and $(1-n)$ is a parameter related to the slope of the
249 power-law region; n being the so-called “flow index”. For shear thinning materials, n
250 values are between 0 and 1. A solid material would show $n = 0$, while a Newtonian liquid
251 would show $n = 1$.

252 For emulsions aged for 24 h, an increase in the gum concentration leads to an increase in
253 the zero shear viscosity (Table 1). It is worth noting that a small content of welan gum
254 causes a significant increment in emulsion viscosity (7.4 mPa·s in emulsion without gum
255 versus 556 Pa·s in emulsion containing only 0.05 wt% welan gum) due to, as mentioned
256 above, the thickening effect of welan. The η_0 evolution is gradual from 0.05 wt% to 0.15
257 wt% of welan gum added to the emulsion, but a sudden increase in this parameter from
258 0.15 wt% to 0.2 wt% gum concentration was observed. This rheological change may be
259 due to an improved viscosity of the continuous phase and/or a more marked effect of
260 depletion flocculation. In Table 1, we can also observe that there is a trend to decreasing
261 critical shear rate with increasing the gum concentration. In other words, the higher the
262 welan concentration in the emulsion, the narrower the Newtonian region. Regarding the
263 flow index, significant differences with concentration were not observed. The values are
264 close to 0, indicating that emulsions containing welan gum exhibit a strong pseudoplastic
265 character.

266 Figure 5

267 Table 1

268 The flow curve results obtained are very interesting because they make it possible to
269 control the viscosity of the thyme essential oil/W emulsions by adjusting the
270 concentration of welan gum.

271 3.2. Droplet size distribution

272 Figure 6 shows the droplet size distributions for all emulsions studied after an ageing time
273 of 24 h prepared with Silverson L5M at 2000rpm and one pass through the Microfluidizer
274 M110P at 2500psi. For these emulsification conditions, all emulsions formed present a
275 bimodal distribution as a consequence of the recoalescence phenomenon induced by an

276 excess of mechanical energy-input [21]. This result is usual in emulsions obtained with
277 Microfluidizers [22]. Droplet size distribution shifts towards higher values with the
278 addition of gum, and this effect is more marked from 0.15 wt% to 0.2 wt% welan gum
279 concentration. Additionally, the second peak in droplet size distribution increases with
280 increasing welan gum concentration.

281 Figure 6

282 Except for the emulsion containing 0.2 wt% welan, all emulsions show submicron mean
283 diameters. Figure 7 illustrates $D_{3,2}$, $D_{4,3}$ and span parameters as a function of gum
284 concentration. The incorporation of welan gum to thyme essential oil in water emulsions
285 causes an increase in both diameters ($D_{3,2}$ and $D_{4,3}$) and polydispersity. Subsequently,
286 these parameters slightly increase with concentration until 0.2 wt% welan is reached. At
287 this gum concentration a significant increase in Sauter diameter, volume mean diameter
288 and polydispersity occur. These results are consistent with those obtained from the flow
289 curves, where zero-shear viscosity also gradually increases up to 0.2 wt% welan,
290 concentration, at which point an important rise occurs. Again, this may be explained by
291 considering the depletion flocculation effect. This aggregation of droplets provokes an
292 increase in mean droplet size, which is more important at higher concentrations of welan
293 in the continuous phase.

294 Figure 7

295 Microphotographs taken after one day for emulsions with different gum concentrations
296 (Figure 8) also are in concordance with the increase in mean diameters and polydispersity
297 as a function of welan concentration found by laser diffraction.

298 Figure 8

299 *3.3. Multiple Light Scattering*

300 Figure 9 illustrates, by way of example, the results of the physical stability study
301 performed at room temperature by the multiple light scattering technique for emulsions
302 containing 0 wt% (Figure 9a), 0.1 wt% (Figure 9b) and 0.2 wt% (Figure 9c). In this figure
303 a plot of BS versus measuring cell height as a function of time is shown. Additionally, an
304 inset is included where backscattering is plotted against tube length in reference mode
305 ($\Delta BS\% = BS\% - BS_0\%$) to better show the backscattering changes.

306 Creaming is observed for the emulsion without gum (Figure 9a), which is the migration
307 of dispersed phase droplets from the lower area to the upper part of the sample due to the
308 difference in densities between the aqueous and dispersed phases. This destabilization is
309 also related to the low viscosity exhibited by this emulsion. Furthermore, it should be
310 noted that $\Delta BS\%$ decreases at the top of the tube length, which may be interpreted as a
311 coalescence process of droplets into the creamed phase [23]. No increase in droplet size
312 implying flocculation, coalescence or Ostwald ripening is found in this emulsion, as can
313 be deduced from the lack of variation in the backscattering profiles from the middle of
314 the tube.

315 The addition of welan gum to the emulsion, in spite of increasing the viscosity of the
316 emulsion, fails to inhibit the creaming, although the clarification height decreases. It also
317 causes a slight increase in droplet size with ageing time due to a destabilization
318 mechanism such as flocculation, coalescence or Ostwald ripening. Additionally we can
319 observe in Figure 9b a clarification at the top of the measuring cell. This result can be
320 attributed to the occurrence of some coalescence which led to an oiling-off process (phase
321 separation). The increase in droplet sizes with ageing time is very slight up to 0.2 wt%
322 welan concentration. At this concentration, this phenomenon is quite significant, as well

323 as a phase separation in the upper part of the sample. In order to quantify this
324 phenomenon, the kinetics of the destabilization process in the middle zone of the
325 measuring cell (between 20 and 25 mm of sample height) was studied. The ΔBS (%) of
326 each concentration has been plotted as a function of aging time in figure 10 and the results
327 are fitted to an exponential equation ($R^2 > 0.99$), typically used for a first- order kinetic
328 model:

$$329 \quad \Delta BS = \Delta BS_E + (\Delta BS_0 - \Delta BS_E). \exp(-kt) \quad Eq. (7)$$

330 where ΔBS stands for the variation in the BS as a function of aging time, ΔBS_E is the
331 corresponding decrease in BS when equilibrium is reached, BS_0 is the initial value of
332 backscattering, and k is the first-order kinetic coefficient. This kinetic equation has
333 proved to be useful to monitor the physical stability of oil-in-water emulsions [24]. Table
334 2 lists the values of the parameters of equation 7 as a function of welan gum concentration.
335 The first-order kinetic coefficient (k), the most relevant parameter, exhibits a tendency to
336 increase with the rise in the relative concentration of the welan gum, indicating a higher
337 rate of increase in droplet size. Nevertheless, the low values of this parameter should be
338 noted for emulsions with smaller gum concentrations. In contrast, the emulsion with a
339 greater gum content (0.2wt%) exhibits higher values of k , indicating a significant increase
340 in droplet size with aging time. These results are in concordance with those previously
341 obtained from flow curves and droplet size distribution. The incorporation of gum into
342 the aqueous phase of emulsions causes an increase in both droplet size and viscosity, the
343 thickening effect and depletion flocculation being the responsible factors. This
344 aggregation of droplets continues with time, leading to coalescence and, finally,
345 provoking phase separation. The greater the welan content in the emulsion, the greater
346 the phase separation.

347 Figure 9

348 Figure 10

349 Table 2

350

351 **4.-Conclusions.**

352 Thyme essential oil-in-water emulsions of submicron range were obtained with
353 microfluidizer M100P at 2500psi-one pass using a bio-based surfactant called Appyclean
354 6548. In order to improve the rheological properties of emulsions, welan gum
355 polysaccharide was included in the emulsion formulation at different concentrations.
356 Emulsion without gum does not exhibit linear viscoelastic region. All the emulsions with
357 gum show a weak-gel like behaviour with stronger interactions as the welan concentration
358 in the emulsion increases. Flow curves of emulsions containing gum exhibit a shear
359 thinning behaviour and they are fitted to the Cross-model equation. The viscosity of these
360 emulsions also increases with concentration of welan. Conversely, the emulsion without
361 gum shows Newtonian behaviour. Multiple light scattering indicates that creaming is the
362 main destabilization mechanism for emulsion without gum. Creaming is decreased by the
363 better rheological properties of emulsions with polysaccharide. However, an increase in
364 droplet size, probably due to flocculation, occurs, this being significant at 0.2wt% welan
365 gum. This emulsion shows the highest kinetics of destabilization. From the results
366 obtained, it can concluded that welan gum is an excellent rheological modifier of thyme
367 essential oil/W emulsions, making it possible to control the viscosity of the emulsion by
368 adjusting its concentration. However, welan gum is not effective in increasing the
369 physical stability of these emulsions. The main destabilization process is flocculation,
370 which finally provokes phase separation.

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455 **Tables**

456 Table 1. Fitting parameters to the Cross model for emulsions studied. Standard deviation
 457 of the mean (2 replicates) for $\eta_{\infty} < 2\%$, $\eta_0 < 10\%$, $\dot{\gamma} < 1\%$ and $n < 5\%$.

Welan gum concentration (wt%)	n	η_{∞} (Pa.s)	η_0 (Pa.s)	$\dot{\gamma}$ (s⁻¹)
0.05	0.14	0.015	556	1.5,10 ⁻⁴
0.1	0.18	0.017	2103	1.1,10 ⁻⁴
0.15	0.13	0.03	5736	4.8,10 ⁻⁵
0.2	0.16	0.033	17514	5.6,10 ⁻⁵

458

459

460 Table 2. Fitting parameters of the first-order kinetic equation for the BS in the 20–25 mm
461 zone of the measuring cell versus aging time as a function of welan gum concentration.

Welan gum concentration (wt%)	ΔBS_E (%)	$\text{BS}_0 - \Delta\text{BS}_E$ (%)	K (s⁻¹)	R^2
0	-1.05	1.17	4.38	0.95
0.05	-1.36	1.35	1.69	0.98
0.1	-2.65	2.54	2.74	0.99
0.15	-2.10	2.04	3.77	0.97
0.2	-38.38	40.20	4.03	0.97

462

463 **Table captions**

464 Table 1. Fitting parameters to the Cross model for emulsions studied. Standard deviation
465 of the mean (2 replicates) for $\eta_\infty < 2\%$, $\eta_0 < 10\%$, $\dot{\gamma} < 1\%$ and $n < 5\%$.

466 Table 2. Fitting parameters of the first-order kinetic equation for the BS in the 20–25 mm
467 zone of the measuring cell versus aging time as a function of welan gum concentration.

468 **Figure captions**

469 Figure 1. Oscillatory shear stress sweeps as a function of welan concentration.
470 Temperature = 25 °C

471 Figure 2. Mechanical spectra of emulsions as a function of welan gum concentration.
472 Standard deviation for the mean is also plotted. Temperature = 25 °C

473 Figure 3. Fitting parameters to the power law equation for all the emulsions studied. K'
474 is the intercept and n' is the slope in the double logarithmic plot of G' against frequency
475 as a function of welan gum concentration.

476 Figure 4. Storage modulus versus welan gum concentration. Continuous lines illustrate
477 the data fitting to the power law. Standard deviation for the mean is also plotted.
478 Temperature = 25 °C.

479 Figure 5. Flow curves of emulsions aged for 24 h as a function of welan gum concentration.
480 Continuous lines illustrate the data fitting to the Cross equation. Temperature = 25 °C.
481 Standard deviation of the mean (two replicates) for $\eta < 8\%$.

482 Figure 6. Droplet size distributions for emulsions aged for 24 h as a function of welan
483 gum concentration.

484 Figure 7. Sauter mean diameters, volumetric mean diameters and span for all emulsions
485 aged for 24 h as a function of welan gum concentration.

486 Figure 8. Photomicrographs for all emulsions prepared as a function of welan gum
487 concentration a) without gum, b) 0.05wt%, c) 0.1wt%, d) 0.15wt% and e) 0.2wt% at 24
488 h of aging time.

489 Figure 9. Backscattering versus measuring cell height as a function of time and reference
490 mode (insets) for emulsions made a) without gum, b) 0.1wt% welan gum and c) 0.2wt%
491 welan gum, at 25°C.

492 Figure 10. Destabilization kinetics in the 20–25 mm zone monitored over 15 days for all
493 studied emulsions as a function of welan gum concentration.

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