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# The Impact of Water on Firefighter Protective Clothing Thermal Performance and Steam Burn Occurrence in Firefighters

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## Abstract

Exposure to oscillating heat fluxes while having variable water contents in the thermal protective clothing (T.P.C) is possible in a real firefighting scenario. The occurrence of steam burns becomes inevitable in certain conditions which are still unidentified in the literature. In light of such, in this study, the effect of water distribution on thermal protective clothing (T.P.C) performance is studied for various environmental conditions (i.e., fixed and transient values of heat flux). A numerical approach is used to simulate heat and mass transport in the T.P.C.. Parametric studies are performed, where the exposure heat flux (0 - 80 kW/m<sup>2</sup>) and initial quantities of water in the T.P.C. are varied and correlated with second-degree burn times. The presence of water in the outer shell increases second-degree burn times, while water in the inner layer has the opposite effect for high heat fluxes. For the tested heat fluxes, burns obtained are majorly of a scald nature. The results generated allow for identifying environmental and protective clothing conditions where steam burns may become a potential hazard. This study can directly impact the proceedings for firefighters to take in certain environmental conditions and aid in the design of more effective firefighting protective suits.

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**Keywords:** Firefighting garment; Water transport; Numerical simulation; Steam burns; second-degree burns; initial water content.

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## 34 1. Introduction

35

36 Firefighters face high heat flux and humid scenarios, exposing them to potential heat stress illness  
37 and skin burns [1–3]. During fire combat, firefighters may suffer burns caused by direct heat from  
38 the flame and high-temperature vapor reaching the skin and condensing [4,5].

39 High humid environments in firefighting make the task of designing adequate firefighting  
40 clothing challenging. The presence of water in firefighting garments is frequent, either due to  
41 firefighters sweating during strenuous exercise or due to external sources [3,6,7]. Water presence  
42 in a firefighting garment assembly significantly alters its thermal performance. However, the  
43 current evaluation norms do not consider transient moisture effects when measuring firefighting  
44 clothing performance [8].

45 In the meantime, various researchers have, mostly experimentally, studied the influence of  
46 moisture in firefighting clothing performance.

47 Su et al. [5] studied the effects of different initial moisture contents in firefighting clothing  
48 thermal performance. Two thermal inners with different weights were initially incorporated with  
49 various amounts of water (0 – 100 % wt. of turnout system), simulating the presence of sweat in  
50 the firefighting jacket. Afterward, the layers were exposed to a radiative heat flux of 8.5 kW/m<sup>2</sup>.  
51 The authors increased the initial water content and a convex trend was noticed for second-degree  
52 burn time (i.e., a minimum occurs at 50 % wt. of turnout system). A similar conclusion was  
53 reached, for third-degree burn time, with the minimum verified at 15 % wt.

54 He et al. [9] used a modified thermal protective performance (T.P.P.) test apparatus to study the  
55 exposure of pre-moistened firefighting jackets (0-70 % wt. of turnout system) to a radiative heat  
56 flux of 21 kW/m<sup>2</sup>. The authors also studied the influence of air gap size and location. Second-  
57 degree burn time decreased with an increase in moisture content for most air gap configurations.  
58 A minimum trend with water content was also observed, at 20 % wt. of moisture content for most  
59 cases. Barker et al. [10] also experimentally studied the effect of different moisture contents  
60 initially present (0-100 % wt. of turnout system) in the thermal inner, on the second-degree burn  
61 time, for a heat flux of 6.3 kW/m<sup>2</sup>. However, contrary to the previously mentioned studies, more  
62 complicated moisture effects were observed; a maximum burn time for 50 % wt. moisture  
63 incorporation, superior to that of the dry textile (i.e., 0 % wt.).

64 Lawson et al. [7] utilized four different two-layered firefighting jackets to study the influence of  
65 moisture. The outer shell and thermal inners were either assumed to be dry, conditioned at specific  
66 atmospheric conditions, or in their saturated state. The fabric system was exposed to low-radiant  
67 flux (10 kW/m<sup>2</sup>) or high-radiant flux (83 kW/m<sup>2</sup>). The authors showed that water in the outer

68 layer was beneficial for high heat fluxes but prejudicial in the inner layer. For low heat fluxes,  
69 however, water in the thermal inner was advantageous towards thermal performance. They also  
70 highlighted the dependence of the results on the textile materials used in the experiments.

71 Keiser & Rossi [11] incorporated moisture in the thermal barrier (278 % - 696 % wt. of thermal  
72 barrier) or underwear (70 % - 176 % wt. of underwear), and exposed a 5-layered firefighting  
73 jacket to a radiative flux of 5 kW/m<sup>2</sup> for 10 min. The authors concluded that the presence of  
74 moisture decreases the temperatures in the garment. The same group performed a study using X-  
75 ray radiography [4] and validated the temperature sensor-based approach to measure, indirectly,  
76 the humidity concentrations in the previous study. They confirmed that the moisture initially  
77 present in outer layers might re-condense near the skin, originating steam burns.

78 Onofrei et al. [12] also studied the effect of moisture presence on thermal performance for low-  
79 heat fluxes. They incorporated the moisture in the thermal inner (120 % to 200 % wt. of thermal  
80 inner) of a 3 or 4 layer firefighting jacket exposed to a low radiant heat flux of 1.1 kW/m<sup>2</sup>. They  
81 found that the presence of moisture decreases temperatures in the protective clothing over the  
82 exposure time. Zhang et al. [6] studied the effect of the moisture in the outer shell and in the  
83 thermal inner of a 3-layered firefighting garment when exposed to a heat flux of 15.4 kW/m<sup>2</sup>. The  
84 authors noticed an increase in second-degree burn time with outer shell moisture but a  
85 diminishment when moisture was also present in the thermal inner.

86 From the studies above, precise conclusions about the influence of moisture on thermal  
87 performance under diverse heat exposures are hard to obtain. This difficulty is due to several  
88 issues, including different material properties, experimental conditions, and set-ups. Also,  
89 contradictory results between some works exist, and the reasons why are not well understood.

90 In parallel, several authors have developed numerical models to understand better heat and mass  
91 transfer mechanisms in firefighting garments. Chitraphiromsri [13] incorporated a heat and  
92 moisture transfer model to study heat transfer in a flash fire scenario (84 kW/m<sup>2</sup> for 4 s) with the  
93 presence of liquid water in a typical 3-layered firefighting jacket. The authors assumed an initial  
94 moisture content present in all 3-layers corresponding to 10 % of the saturation point of each  
95 respective layer.

96 Prasad et al. [3] proposed a heat and moisture transfer model for a firefighting jacket and validated  
97 it for an exposure of 2.5 kW/m<sup>2</sup> for 750 s, assuming an initially wet thermal inner. The authors  
98 showed a thermal performance enhancement with moisture incorporation in the thermal inner  
99 compared to dry textiles. Su et al. [14] numerically studied the heat and moisture transport in a 3  
100 -layer firefighting jacket exposed to a low heat flux (8.5 kW/m<sup>2</sup> for 300 s followed by a 200 s  
101 cooling period). The authors concluded that while moisture decreases the heat flux towards the  
102 skin, it increases thermal hazard due to higher stored energy in the garment. Huang et al. [15]

103 numerically studied the relative humidity (0-90 % R.H) effect on the thermal performance of a 3  
104 – layer protective firefighting jacket exposure to a flux of 5 kW/m<sup>2</sup>. They found a positive trend  
105 between relative humidity and second-degree burn time. Łapka et al. [16] outlined a heat and  
106 moisture transport model for a three-layer firefighting protective clothing fabric. The model  
107 accounted for fabric movement and its influence on heat and water vapor transport in the garment.

108 In resume, in the literature, most studies in the area are experimental. It is hard to achieve coherent  
109 conclusions in these studies as different experimental set-ups and garments, measuring  
110 techniques, and protocols are utilized. No systematic study has been conducted considering a wide  
111 range of heat flux scenarios, nor real exposure scenarios. Hence any comparison, and trends,  
112 between the studies are not conclusive. Also, current numerical models in the literature lack  
113 details regarding the condensation phenomena in the textile when mass fluxes are significant. No  
114 results have been shown or discussed for cases when the different garment layers contain different  
115 saturation levels of free water. This aspect is essential to consider, as it can happen in real  
116 firefighting scenarios.

117 Hence, in light of such, an extensive and systematic numerical study was carried out. Firstly, the  
118 apart effects of the initial moisture content in the outer shell and thermal inner were studied for a  
119 wide variety of heat fluxes. Then, both layers were assumed to have different initial water  
120 quantities simultaneously. The effect of such water distribution in the thermal performance was  
121 analyzed for various heat flux exposures. Lastly, to apply the concepts, a live-fire training exercise  
122 consisting of a highly transient heat flux exposure was considered, and the respective effects on  
123 temperature and water profiles were discussed.

124

## 125 **2. Materials and Methods**

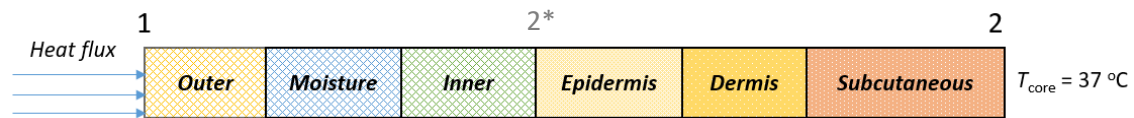
126

### 127 **2.1 Problem description**

128 A typical 3-layered firefighting protective clothing (F.F.P.C) was assumed (Figure 1). Also, a 3 –  
129 layered skin model was used to simulate the firefighter's presence in contact with the F.F.P.C.

130 Initially, a firefighter wearing the F.F.P.C. is exposed to an external thermal hazard (boundary 1,  
131 Figure 1). Consequently, the temperature in the layers of the garment starts rising. Liquid water  
132 initially present in the garment due to sweat or ambient exposure starts evaporating and diffusing,  
133 reducing the temperature rate increase. Some of this vapor may be rejected towards the ambient  
134 (i.e., evaporative cooling) or diffuse and re-condense near the skin, liberating condensation heat.  
135 After some exposure time, the firefighter may suffer skin burns due to the direct heat from the  
136 thermal hazard or moisture re-condensation near the skin or a combination of both.

137 Core body temperature was assumed constant at 37 °C (boundary 2, Figure 1) throughout the  
 138 exposure. Firefighters may have a higher core temperature when entering a fire scenario (e.g., 38  
 139 °C); however, such is unlikely to influence second-degree burn times due to the thermal resistance  
 140 between the core and the epidermis (2\*). Fabrics' properties are shown with their respective  
 141 sources in Table 1. Some of the properties missing had to be estimated to perform numerical  
 142 simulations.



143

144 Figure 1- F.F.P.C. skin system used in the numerical simulations with the indication of the boundary numbers.

145

146 The moisture distribution effect on the thermal protective performance was studied, assuming a  
 147 uniform initial moisture distribution in each fabric layer. Similar water distribution was taken by  
 148 Chitrphiromsri [13]. The initial temperature at the skin layers was assumed to have a linear profile  
 149 between the core temperature (37 °C) and skin temperature (34 °C). The garment's initial  
 150 temperature and relative humidity were assumed to be 34 °C and 65 %, respectively.

151

152

Table 1 – Properties of the various layers consisting of the firefighting protective clothing.

Property	Outer shell	Moisture Barrier	Thermal inner	Source
Thickness ( $w$ ) mm	0.39	0.45	2.24	[6]
Density ( $\rho_{ds}$ ) kg/m <sup>3</sup>	1460	1460	1440	[6]
Specific heat ( $c_{ds}$ ) J/(kg K)	1086	1086	1421	[17]
Thermal conductivity ( $k_{ds}$ ) W/(m K)	0.25	0.25	0.21	[17,18]
Fiber volume fraction ( $\epsilon_{ds}$ )	0.36	0.16	0.09	Estimated [6,19]
Tortuosity ( $\tau$ )	2.32	2.87	1.32	Estimated [12]
Fiber diameter ( $d_f$ ) $\mu\text{m}$	15	15	15	[6,20]
Regain at 65 % RH	0.0485	0.0485	0.0397	[14]
Diffusivity of water in fiber ( $D_f$ ) m <sup>2</sup> /s	$6 \times 10^{-14}$	$6 \times 10^{-14}$	$6 \times 10^{-14}$	[13]
Proportionality constant for liquid water sorption in fibres ( $\gamma_{ls}$ ) kg/m <sup>3</sup>	$5 \times 10^{-4}$	$5 \times 10^{-4}$	$5 \times 10^{-4}$	[13]

153

## 154 2.2 Mathematical model and assumptions

155

### 156 2.2.1 Textile model

157 A model similar to the one suggested by Chitphiromsri [13], based on Gibson's model [21], was  
 158 assumed to perform the one-dimensional numerical analysis. The most important assumption is  
 159 that homogeneous phases can well describe the heterogeneous porous hygroscopic structure of  
 160 the textile layer with different materials (i.e., gas, solid, liquid) [21]. Heat and moisture transport  
 161 occur throughout and between the phases where moisture may transfer (e.g., water from gas to  
 162 liquid phase). Using Gibson's model, problems associated with geometric domain definition are  
 163 eliminated, promoting computer efficiency.

164 The model in the textile layers comprises one global energy balance and three species transport  
 165 balances (i.e., water transport in the gas, fiber, and liquid phase). Fourier type heat transfer is  
 166 assumed to simulate the heat transport in the firefighting garment. Hence for a hygroscopic  
 167 medium, where water sorption and condensation may take place, and assuming heat conduction  
 168 to be the effective heat transfer mechanism, the global energy balance is written as follows:

169

$$\rho_{eff} C_{eff} \frac{\partial T}{\partial t} + \frac{\partial}{\partial x} \left( -k_{eff} \frac{\partial T}{\partial x} \right) - \dot{m}_{gs} (\Delta h_{vap} + \Delta h_l) - \dot{m}_{gl} \Delta h_{vap} - \dot{m}_{ls} \Delta h_l = 0 \quad \text{eq. 1a}$$

170

$$\rho_{eff} = \varepsilon_{bw} \rho_w + \varepsilon_\gamma \rho_\gamma + \varepsilon_{ds} \rho_{ds} + \varepsilon_l \rho_w \quad \text{eq. 1b}$$

171

$$C_{p,eff} = \frac{\varepsilon_{bw} \rho_w c_{p,w} + \varepsilon_\gamma (\rho_a c_{p,a} + \rho_v c_{p,v}) + \varepsilon_{ds} \rho_{ds} c_{p,ds} + \varepsilon_l \rho_w c_{p,w}}{\rho_{eff}} \quad \text{eq. 1c}$$

172

$$k_{eff} = k_\gamma \left\{ \frac{\varepsilon_\gamma k_\gamma + [1 + \varepsilon_{bw} + \varepsilon_{ds} + \varepsilon_l] k_\sigma}{\varepsilon_\gamma k_\sigma + [1 + \varepsilon_{bw} + \varepsilon_{ds} + \varepsilon_l] k_\gamma} \right\} \quad \text{eq. 1d}$$

173

174 where,  $\rho_{eff}$ ,  $C_{eff}$ ,  $k_{eff}$ ,  $\dot{m}_{gs}$ ,  $\dot{m}_{gl}$ ,  $\dot{m}_{ls}$ ,  $\Delta h_{vap}$  and  $\Delta h_l$  represent the effective density ( $\text{kg/m}^3$ ), effective  
 175 specific heat ( $\text{J}/(\text{kg K})$ ), effective thermal conductivity ( $\text{W}/(\text{m K})$ ), gas sorption/desorption rate  
 176 ( $\text{kg}/(\text{m}^3 \text{s})$ ), vaporization/condensation rate ( $\text{kg}/(\text{m}^3 \text{s})$ ), liquid sorption/desorption rate ( $\text{kg}/(\text{m}^3 \text{s})$ ),  
 177 water vaporization heat ( $\text{J}/\text{kg}$ ), and liquid sorption/desorption heat ( $\text{J}/\text{kg}$ ), respectively.  $\varepsilon$   
 178 represents the phase volume fraction, and the subscripts  $bw$ ,  $w$ ,  $\gamma$ ,  $ds$ , and  $l$  stand for bounded  
 179 water, water, gas, fiber, and liquid, respectively.

180 The first term on the left-hand side of eq.1a accounts for the heat accumulation in the garment.  
 181 The second term accounts for the conductive heat fluxes, while the third, fourth and fifth terms  
 182 account for the latent heat associated with water sorption/desorption, vaporization/condensation  
 183 and liquid sorption/desorption into the fibers, respectively.  $k_s$  and  $k_g$  represent the solid and gas  
 184 phases thermal conductivity respectively, and they are calculated as follows:

185

$$k_\sigma = \frac{k_w \rho_w \varepsilon_{bw} + k_{ds} \rho_{ds} \varepsilon_{ds} + k_w \rho_w \varepsilon_l}{\rho_w \varepsilon_{bw} + \rho_{ds} \varepsilon_{ds} + \rho_w \varepsilon_l} \quad \text{eq. 1e}$$

186

$$k_\gamma = \frac{k_v \rho_v + k_a \rho_a}{\rho_v + \rho_a} \quad \text{eq. 1f}$$

187

188

189 where subscripts  $v$ ,  $a$ , refer to the water vapor and air, respectively.

190

191 Water vapor transport in the gas phase is calculated as follows:

192

193

$$\frac{\partial(\varepsilon_\gamma \cdot \rho_v)}{\partial t} + \frac{\partial}{\partial x} \left( -D_{eff} \frac{\partial \rho_v}{\partial x} \right) + \dot{m}_{gs} + \dot{m}_{gl} = 0 \quad \text{eq. 2a}$$

194

195

$$D_{eff} = \frac{\varepsilon_\gamma \cdot D_a}{\tau} \quad \text{eq. 2b}$$

196

197

$$D_a = 2.23 \cdot 10^{-5} \left( \frac{T}{273.15} \right)^{1.75} \quad \text{eq. 2c}$$

198

199 where  $\rho_v$ ,  $D_{eff}$ ,  $D_a$ , and  $\tau$  stand for water vapor density ( $\text{kg/m}^3$ ), effective diffusivity throughout  
 200 the textile layer ( $\text{m}^2/\text{s}$ ), water vapor diffusivity in the air ( $\text{m}^2/\text{s}$ ), and fabric tortuosity, respectively.

201

202 The first term of eq.2a refers to vapor accumulation in the gas phase, the second term accounts  
 203 for diffusive water vapor transport, and the third and fourth terms account for sorption/desorption  
 204 and condensation/evaporation of water, respectively.

205

206 The liquid water and bounded water transport balances are as follows:

207

$$\rho_w \frac{\partial \varepsilon_l}{\partial t} = \dot{m}_{sl} + \dot{m}_{vl} \quad \text{eq. 3}$$

208



$$\rho_w \frac{\partial \varepsilon_{bw}}{\partial t} = \dot{m}_{gs} + \dot{m}_{ls} \quad \text{eq. 4}$$

209

210 As can be seen, there is no convective or diffusive transport of liquid and bounded water. Only  
211 terms associated with water phase changes are considered. They are calculated as follows:

212

$$\dot{m}_{gs} = \frac{8D_f \rho_{ds}}{d_f^2} (\text{Regain}_{eq} - \text{Regain}_f) \quad \text{eq. 5a}$$

213

214 where  $D_f$ ,  $d_f$ , and  $\text{Regain}$  represent water diffusivity in the clothing fiber ( $\text{m}^2/\text{s}$ ), fiber diameter  
215 (m), and fabric regain, respectively.

216

$$\dot{m}_{gl} = \begin{cases} c \cdot (\rho_v - \rho_{v,sat}) \\ h_m a_s \frac{\varepsilon_l}{\varepsilon_l^{cr}} (\rho_v - \rho_{v,sat}) \end{cases} \quad \text{eq. 5b}$$

217

218 where  $c$  represents a correction factor (i.e.,  $10^5 \text{ s}^{-1}$ ) which accounts for the instantaneous  
219 condensation when the pores become saturated with water vapor. The variable  $\varepsilon_l^{cr}$  represents the  
220 critical liquid water fraction for which water movement starts occurring in the pores (defined as  
221  $\varepsilon_l^{cr} = s \cdot \varepsilon_g^{init}$  where  $s$  stands for the saturation level in which liquid water movement starts  
222 occurring in the textile). In this work, the saturation levels were defined as 0.77, 0.1, 0.27 for the  
223 outer, moisture, and thermal inner, respectively. The variables  $h_m$  and  $a_s$  represent the mass  
224 transfer coefficient between the fiber and the surrounding air (m/s), and the specific surface area  
225 ( $\text{m}^{-1}$ ) is defined as:

226

$$a_s = \frac{4\varepsilon_{ds}}{d_f} \quad \text{eq. 5c}$$

227

$$\dot{m}_{ls} = h_m a_s \gamma_{ls} \frac{\varepsilon_l}{\varepsilon_l^{cr}} \left( \frac{\text{Regain}_{eq}}{\text{Regain}_f} - 1 \right) \quad \text{eq. 5d}$$

228

229 where  $\gamma_{ls}$  is the sorption proportionality constant of liquid water in the fiber; the subscripts  $eq$  and  
230  $f$  stand for equilibrium and fabric, respectively.

231 The fabric regain is calculated as follows:

$$Regain_f = \frac{\varepsilon_{bw}\rho_w}{\varepsilon_{ds}\rho_{ds}} \quad \text{eq. 5e}$$

232

233 and the equilibrium regain by:

$$Regain_{eq} = \frac{\varepsilon_{bw|eq} \cdot \rho_w}{\varepsilon_{ds}\rho_{ds}} = 0.578 \cdot Regain_{f(\varnothing=65\%)} \cdot \varnothing \cdot [(0.321 + \varnothing)^{-1} + (1.262 - \varnothing)^{-1}] \quad \text{eq. 5f}$$

234

235

236 where  $\varnothing$  is the relative humidity.

237

238 Lastly, the volume fractions of each phase must satisfy the following constraint:

239

$$\varepsilon_{ds} + \varepsilon_{bw} + \varepsilon_{\gamma} + \varepsilon_l = 1 \quad \text{eq.6}$$

240

241 Other thermodynamic relations regarding the model are below:

242

$$p_v = \frac{\rho_v RT}{M_{H_2O}} \quad \text{eq. 7a}$$

243

244

$$\rho_{\gamma} = \rho_v + \rho_a \quad \text{eq. 7b}$$

245

$$p_a = p_{\gamma} - p_v \quad \text{eq. 7c}$$

246

247 where  $p_{\gamma}$ ,  $p_v$ ,  $R$  and  $M_{H_2O}$  stand for the total pressure (Pa), partial vapor pressure (Pa), universal  
 248 gas constant (J/(mol K)) and water molecular mass (kg/mol), respectively.

249

### 250 2.2.2 Skin model

251 The Pennes' bio-heat model was assumed to describe the heat exchanges in the firefighter's skin  
 252 layers. The following equations describe heat transport in the epidermis, dermis and  
 253 subcutaneous:

254

$$\rho_{ep} C_{ep} \frac{\partial T}{\partial t} = \frac{\partial}{\partial x} \left( k_{ep} \frac{\partial T}{\partial x} \right) \quad \text{eq. 8a}$$

255

$$\rho_{derm} C_{derm} \frac{\partial T}{\partial t} = \frac{\partial}{\partial x} \left( k_{derm} \frac{\partial T}{\partial x} \right) - G \rho_b c_b (T - T_c) \quad \text{eq. 8b}$$

256

$$\rho_{subcut} C_{subcut} \frac{\partial T}{\partial t} = \frac{\partial}{\partial x} \left( k_{subcut} \frac{\partial T}{\partial x} \right) - G \rho_b c_b (T - T_c) \quad \text{eq. 8c}$$

257

258 where  $G$ ,  $\rho_b$ ,  $c_b$  and  $T_c$  represent the volumetric blood flow, blood density ( $\text{kg/m}^3$ ), specific heat  
 259 ( $\text{J}/(\text{kg K})$ ) and core body temperature ( $\text{K}$ ), respectively. The subscripts *ep*, *derm*, and *subcut* stand  
 260 for epidermis, dermis and subcutaneous, respectively. The properties of the skin layers are in  
 261 Table 2.

262 Like other studies in the field, Henriques' burn criterion was utilized to calculate second-degree  
 263 burn time [22].

264

265

Table 2 - Properties of skin layers taken from [13].

Property	epidermis	dermis	Subcutaneous
Thermal conductivity ( $k$ ) W/(mK)	0.255	0.523	0.167
Specific heat ( $c_p$ ) J/(kg K)	3600	3400	3060
Density ( $\rho$ ) kg/m <sup>3</sup>	1200	1200	1000
Thickness ( $w$ ) mm	0.08	2	10
Blood perfusion rate ( $G$ ) s <sup>-1</sup>	$1.25 \times 10^{-3}$	$1.25 \times 10^{-3}$	$1.25 \times 10^{-3}$

266

### 267 2.3 Boundary and initial conditions

268 Donnelly et al. [23] divided the firefighting scenario into four thermal classes that a firefighter  
 269 can face. These classes are categorized based on the heat flux and air temperature. In this work,  
 270 an effort to consider heat flux exposures covering all types was made. Total heat fluxes in the  
 271 range from 5-80  $\text{kW/m}^2$  were selected to simulate pre-flashover and flash fire conditions  
 272 (Neumann condition imposed at boundary 1, Figure 1). A constant core body temperature of 37  
 273 °C (Dirichlet condition imposed at boundary 2, Figure 1) and ambient temperature of 34 °C with  
 274 65 % R.H. were considered throughout the simulation. A Newmann boundary condition in the  
 275 outer shell for mass transfer between the garment and the environment was assumed (eq. 9a;

276 imposed at boundary 1, Figure 1), while a mass insulation condition at the boundary facing the  
 277 skin (2\*, Figure 1) was set:

$$k_c(\rho_v - \rho_{amb}) = -D_{eff,outer} \left. \frac{\partial \rho_v}{\partial x} \right|_{x=0} \quad \text{eq. 9a}$$

278

279 where  $k_c$  represents the mass transfer coefficient (0.021 m/s) [13].

280 The initial conditions assumed are shown in Table 3.

281

282 Table 3 - Initial conditions assumed for the firefighting protective clothing

Property	Outer shell	Moisture Barrier	Thermal Inner
$\epsilon_{i,init}$	Distribution (0 to 0.27) (i.e. wetness level 0 to 1)	0	Distribution (0 to 0.25) (i.e. wetness level 0 to 1)
$\epsilon_{b,init}$	0.025	0.007	0.008
$T_{init}$	34 °C	34 °C	34 °C
$\phi_{init}$	0.65	0.65	0.65

283

284 The initial temperature at the skin is assumed to be a linear gradient between 34 °C at the  
 285 epidermis surface and 37 °C at the subcutaneous core. Note that the distributions mentioned for  
 286 the initial water fractions correspond to wetness levels between 0 and 1 for the outer shell and  
 287 thermal inner.

288

## 289 2.4 Grid independence tests

290 To ensure solution accuracy and promote computational efficiency, grid convergence tests  
 291 concerning time and space were performed. Figure 2a shows the difference in skin temperature  
 292 histories obtained with the different indicated meshes in Table 4. As can be seen, spatial mesh  
 293 independence is obtained with Mesh 2. The same can be said regarding vapor densities,  
 294 vaporization/condensation and sorption rates near the skin (Figure 2c, e and g). A backward  
 295 differentiation formula solver was used to choose the best time step, utilizing a relative tolerance  
 296 as a criterion. The best relative tolerance obtained was  $10^{-4}$  and a residual-based termination  
 297 criterion was used (Figure 2b, d, f and g).

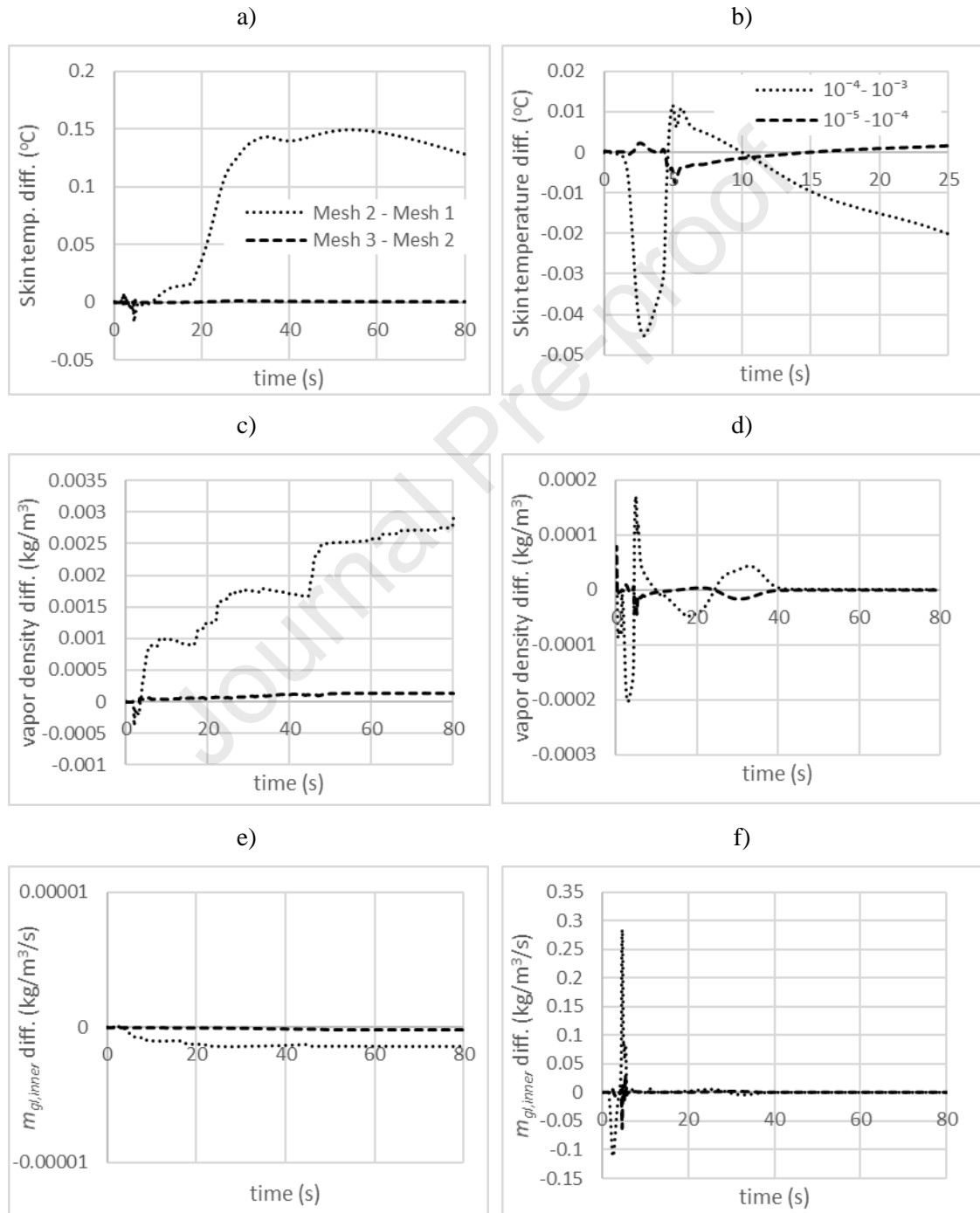
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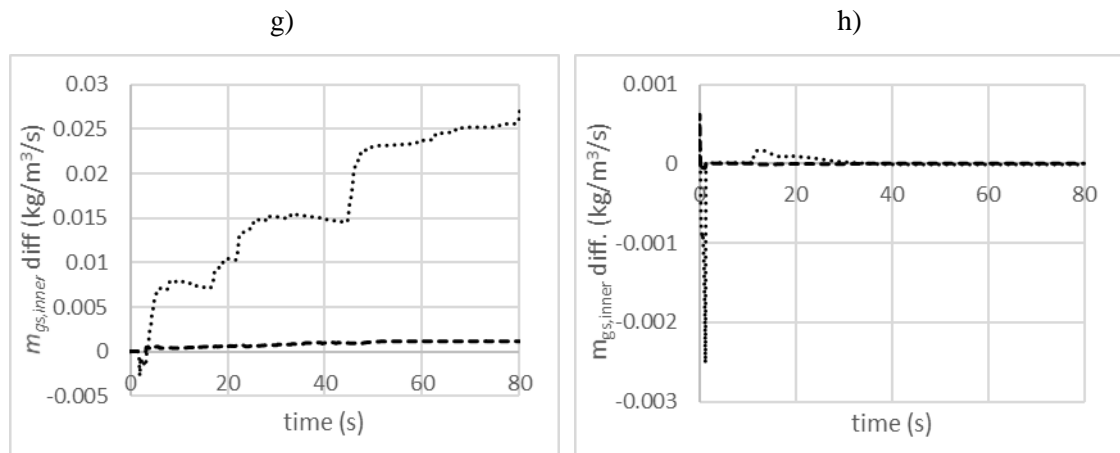
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Table 4 - Meshes used to test spatial mesh independence

Mesh no.	Elements in textile	Elements in skin
Mesh 1	50	5
Mesh 2	500	50
Mesh 3	1000	100

300





301 Figure 2 - Differences in the: a) skin temperature; c) water vapor densities; e) vaporization/condensation rate and;  
 302 g) sorption rate histories near the skin, obtained with the indicated meshes. Differences in the: b) skin temperature  
 303 d); water vapor densities; f) vaporization/condensation rate and; h) sorption rate histories near the skin, obtained  
 304 with the indicated relative tolerances.

305

## 306 2.5 Model validation

307 The textile model was validated with the experimental results outlined in [6]. The firefighting  
 308 jacket used in the experiments consists of an outer shell (93 % meta-aramid/5 % para-aramid/2 %  
 309 antistatic), moisture barrier (P.T.F.E./nonwoven meta-aramid), and thermal inner (100 % para-  
 310 aramid).

311 Before a heat exposure, the outer shell or/and thermal inner were initially pre-wetted. Then, a  
 312 total heat flux of 15.4 kW/m<sup>2</sup> was irradiated on the outer shell through a quartz tube heat source.  
 313 A skin simulant sensor was used to register the heat flux reaching the backside of the fabric. Such  
 314 a sensor imitates the thermal properties of the skin. Thus its registered heat flux is then used as  
 315 an input to calculate second-degree burn times using equations 8a-c and utilizing the properties  
 316 outlined in Table 2 [6,24].

317 Figure 3 shows the obtained experimental and numerical skin temperatures and heat fluxes at the  
 318 skin simulant sensor in the case where the outer shell fabric was initially saturated with water.  
 319 Saturation corresponds to a wetness level of unity according to the wetting protocol utilized in  
 320 [6].

321

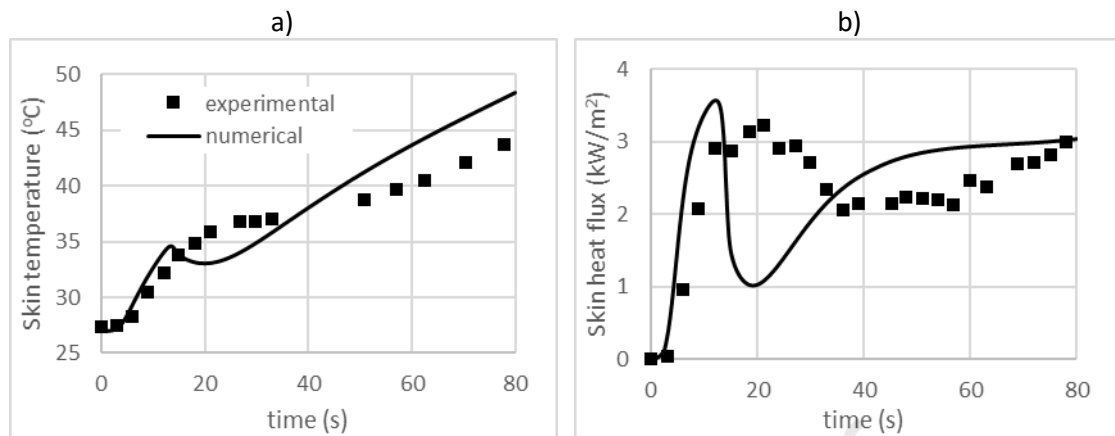
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326



327 Figure 3 - Comparison between experimental [6] and numerical results for radiant exposure of 15.4 kW/m<sup>2</sup> for an  
 328 outer shell initially saturated with water; a) skin temperature and b) skin heat flux over time

329

330 As can be seen, good agreement between numerical and experimental data is obtained. Initially,  
 331 the firefighting garment is exposed to a heat hazard, which causes the moisture present in the  
 332 outer shell to evaporate, forming steam. This steam is rejected towards the environment or  
 333 diffuses throughout the textile layers, eventually reaching the skin. As the skin is at a much lower  
 334 temperature than the heated steam, the vapor is sorbed in the fiber of the textile, close to the skin  
 335 (i.e., thermal inner), and it also condenses, liberating latent heat and thus raising the skin  
 336 temperature (i.e., Figure 3a and b,  $5 < t < 15$  s). Once the moisture in the outer shell has fully  
 337 evaporated, there is no more steam diffusing towards and condensing near the skin. The water  
 338 present near the skin starts to evaporate as the temperatures in the textile are high due to the  
 339 condensation which happened previously near the skin (i.e., evaporative cooling). This creates a  
 340 sudden temperature fall (Figure 3a,  $15 < t < 20$  s). In this phase, deviations from the experimental  
 341 data in skin temperatures and skin heat fluxes are observed. Several reasons could be behind this  
 342 deviation. The condensate could have dripped off the garment or wicked into the suit's outer  
 343 layers, which are not considered in the numerical model. For  $t > 20$  s, the skin temperature steadily  
 344 rises due to the temperature increase in the fire protective clothing. At the same time, the  
 345 evaporation of the condensate restrained in the thermal inner layer also takes place.

346

### 347 3. Results

#### 348 3.1. Water presence in the outer shell

349 Figure 4a shows the second-degree burn times for the various exposure intensities and outer shell  
 350 wetness levels considered. An increase in second-degree burn time with outer shell wetness level

351 can be observed for all heat exposures considered. For example, for a heat exposure of  $5 \text{ kW/m}^2$ ,  
352 a rise in the outer shell wetness level from 0 to 1 causes an increase in second-degree burn time  
353 from 71.7 s to 116.5 s. Such represents an increase of 62 % relative to the dry case (Figure 4b).  
354 However, the increase in second-degree burn time tends to be minor for higher heat fluxes. For  
355 example, considering exposure of  $80 \text{ kW/m}^2$ , the second-degree burn time rises from 17.8 s to  
356 19.3 s when the outer shell wetness level increases from 0 to 1. According to Figure 4b, such  
357 represents a relative increase of 8 % compared to the dry case.

358 This minor increase in the protective effect for high heat fluxes is primarily due to the heat  
359 liberated by vapor condensation near the skin. Figure 5a shows the second-degree burn time when  
360 such heat is neglected in the simulations. As shown and expected, second-degree burn times are  
361 significantly greater, demonstrating how latent heat impacts thermal performance. For example,  
362 for a heat exposure of  $5 \text{ kW/m}^2$ , considering an initially saturated outer shell, the time to second-  
363 degree burn increases from 116.5 s to 136 s (Figure 4a and Figure 5a). Figure 5b illustrates the  
364 relative increase in second-degree burn time to show this effect clearly. As can be seen, there is  
365 a more significant increase in thermal performance with an increase in wetness level when  
366 compared to the original case (i.e., Figure 4b) for all heat exposures. For example, considering  
367 exposure of  $80 \text{ kW/m}^2$ , a relative increase in second-degree burn time of 37 % is achieved when  
368 steam condensation and sorption in the garment are not considered (Figure 5b). Instead, only an  
369 8 % increase for a fully saturated outer shell is observed (Figure 4b).

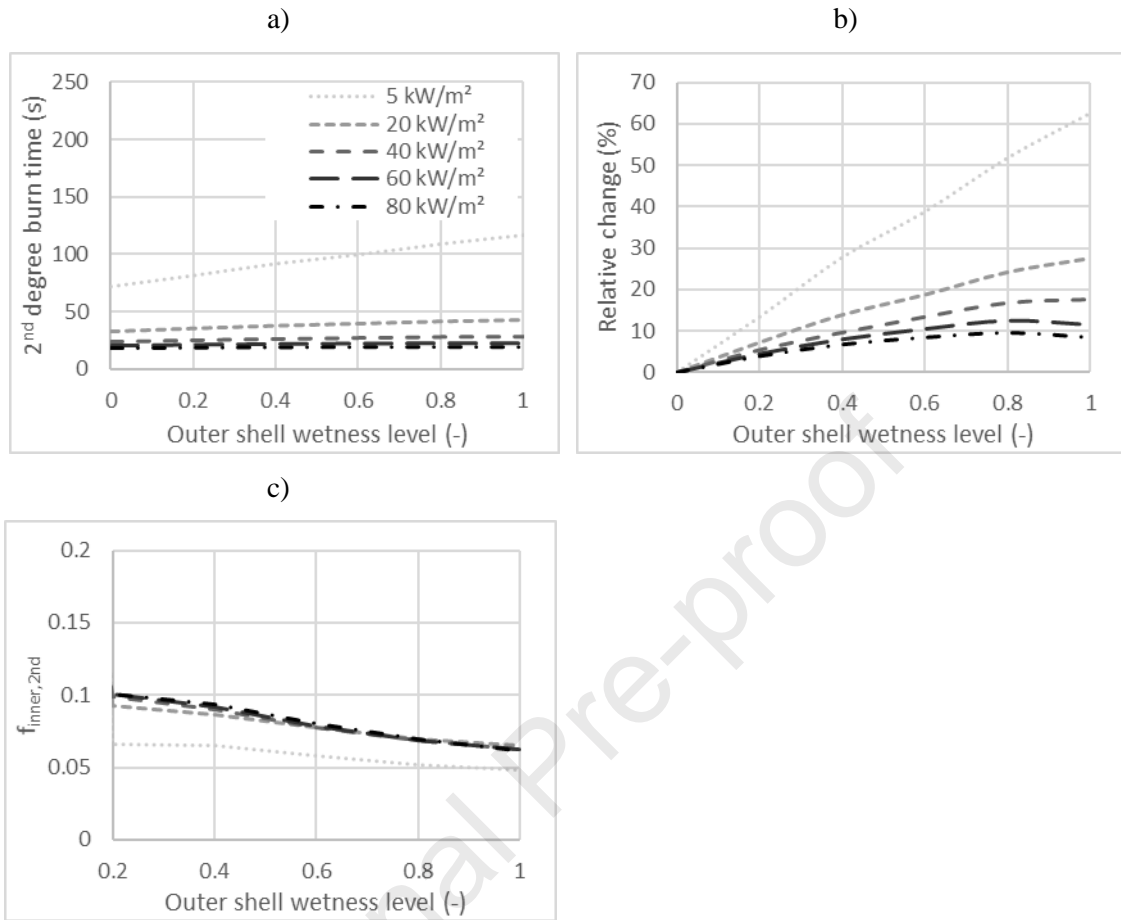
370 In resume, for high-intensity exposures, both the steam condensation and sorption are responsible  
371 for at least a 29 % decrease in T.P.C. thermal performance. Such steam condensation tends to  
372 happen in the layers closest to the skin. Figure 4c shows the fraction of liquid water contained in  
373 the inner layer at the time of the second-degree burn (i.e.,  $f_{inner, 2nd}$ ). As can be seen, there is a  
374 decrease in the fraction of remaining liquid water with an increase in initial wetness level for all  
375 heat exposures considered. This behavior happens because a higher amount of water is initially  
376 present, (i.e. higher outer shell wetness level). And, as the amount of water condensing near the  
377 skin before a second-degree burn is more or less the same, its percentage representation decreases.  
378 Also, note that for heat fluxes above  $20 \text{ kW/m}^2$ , the remaining liquid water fraction tends to be  
379 independent of the heat flux exposure considered. This behavior happens because steam sorption  
380 and condensation in the thermal inner become major determinants to skin temperature rise and  
381 damage. Hence, when the presence of water in the outer shell is significant, the T.P.C could be  
382 designed in such a way as to mitigate the diffusion and condensation of water in the inner layers  
383 of the garment. In this way, significant gains in thermal performance can be achieved.

384

385



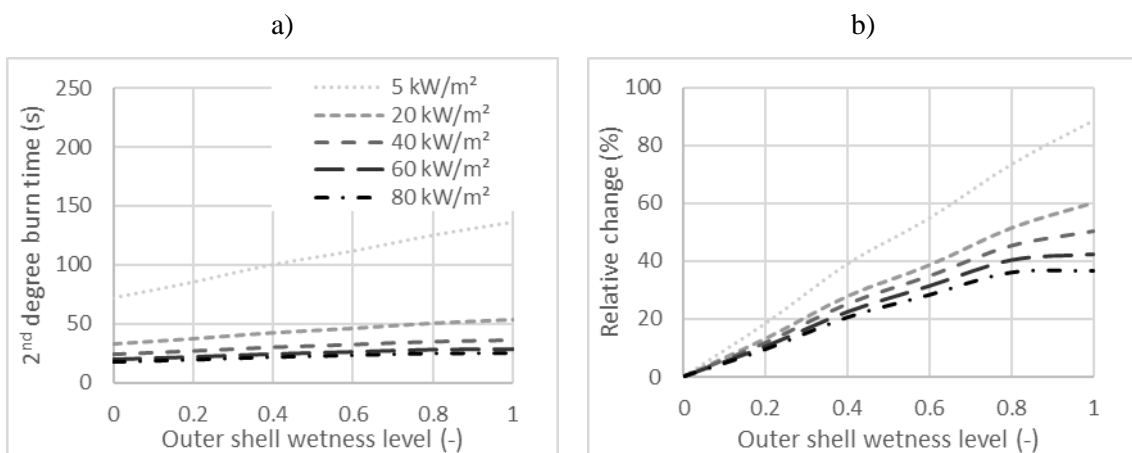
386



387 Figure 4 - a) second-degree burn times obtained for the indicated outer shell wetness levels and heat flux exposure  
 388 intensities; b) relative change in second-degree burn time when compared to the dry case for corresponding wetness  
 389 levels and heat fluxes; c) Remaining free water fraction ( $f_{inner,2nd}$ ) in the thermal inner at the time when a second-  
 390 degree burn occurs.

391

392



393 Figure 5 - Results obtained when condensation and sorption heat in the textile fiber are neglected: a) second-degree  
394 burn times for indicated heat fluxes and wetness levels in the outer shell; b) relative changes in second-degree burn  
395 times when compared to the dry case for the indicated outer shell wetness levels and heat exposures.

396

397 When a firefighter faces a low heat flux exposure, water in the outer shell increases second-degree  
398 burn time. However, the increase in thermal performance is marginal for higher heat fluxes due  
399 to more significant steam condensation near the skin. Hence, T.P.C. thermal performance can be  
400 considered independent of the water content in the outer shell for high heat fluxes. Steam burns  
401 may become common in such conditions. If this steam is prevented from reaching the skin by, for  
402 example, using less porous textiles [25], a significant rise in thermal performance can be achieved.

403

### 404 **3.2. Water presence in the thermal inner**

405 Figure 6a shows the second-degree burn times obtained for the indicated heat flux scenarios when  
406 the inner layer has different initial water content. For low heat flux exposures (i.e.,  $5 \text{ kW/m}^2$ ),  
407 second-degree burn time increases non-linearly with initial wetness level increase. This behavior  
408 is clearly observed when relative changes in second-degree burn times are considered (Figure 6b).  
409 There is a sharp linear increase in second-degree burn time for low heat fluxes (i.e.,  $< 5 \text{ kW/m}^2$ )  
410 for low initial water content. The linear increase is due to the onset of the latent heat associated  
411 with water desorption and vaporization. Then, the second-degree burn time decreases between  
412 wetness levels of 0.2 and 0.4, reaching a minimum, and steadily rises again (Figure 6b). This  
413 increase is justified because, when a large amount of water is present in the thermal inner, some  
414 of it will not evaporate, remaining in the clothing even after the firefighter obtains a second-degree  
415 burn (e.g., for a wetness level of 1, the inner layer contains around 60 % of the initial water  
416 content; Figure 6c). At the same time, water evaporation happens further away from the skin, and  
417 less vapor diffuses and condenses at the skin. This phenomenon occurs because the pores become  
418 more saturated as the initial presence of water increases.

419

420

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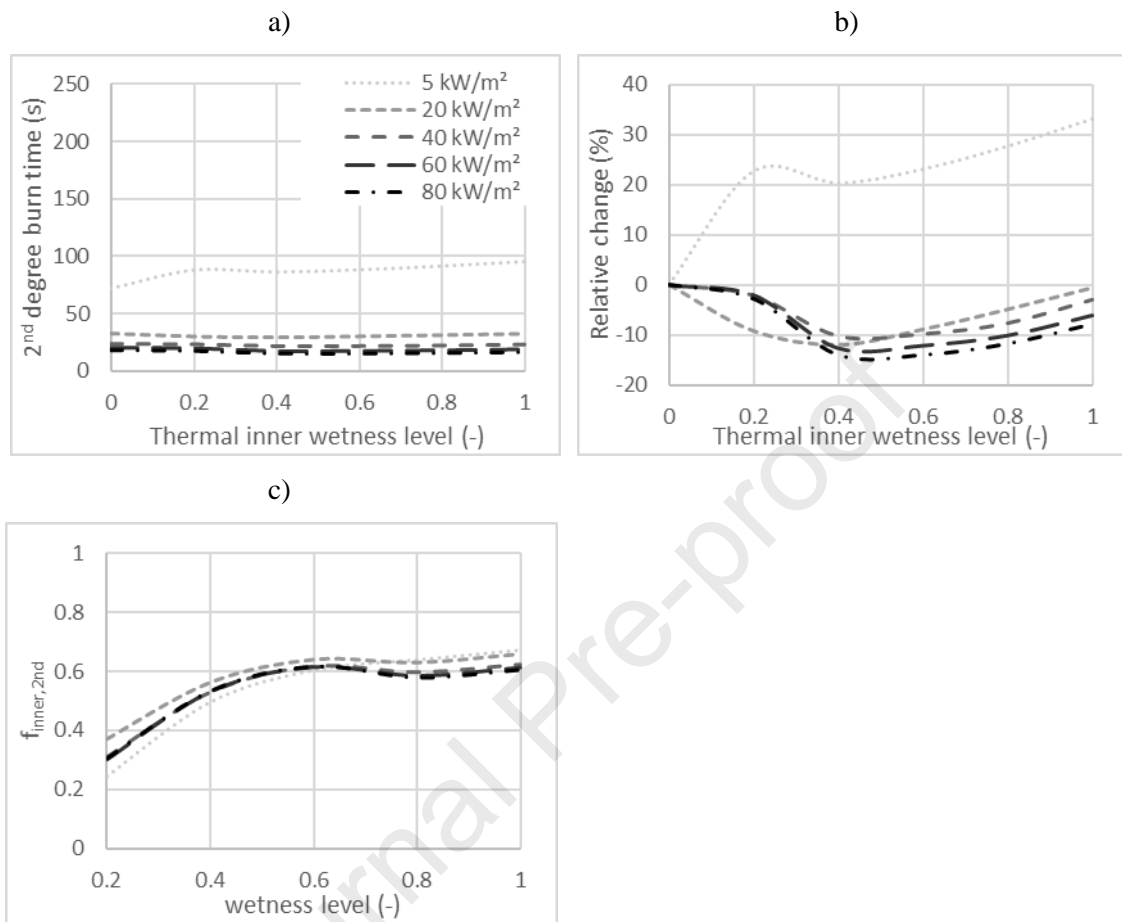
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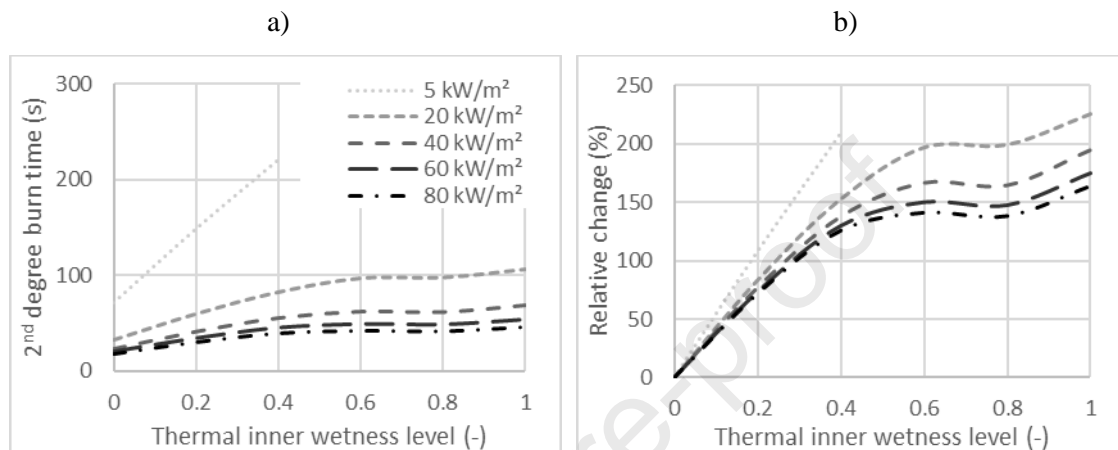
428 Figure 6 - a) second-degree burn times obtained for the indicated thermal inner wetness levels and heat flux exposure  
 429 intensities; b) relative change in second degree burn time when compared to the dry case for corresponding wetness  
 430 levels and heat fluxes; c) Remaining free water fraction ( $f_{inner,2nd}$ ) in the thermal inner at the time when a second-  
 431 degree burn occurs.

432

433 Second-degree burn time presents similar relationships for more significant heat fluxes, reaching  
 434 a minimum at about 0.4 wetness level for heat exposures in the range of 20 to 80 kW/m<sup>2</sup> (Figure  
 435 6b).

436 However, above a certain wetness level, the second-degree burn time decreases relative to the dry  
 437 case (e.g., Figure 6b, 20 kW/m<sup>2</sup>, wetness level > 0.2). The quantity of steam that reaches the skin  
 438 and condenses is significant enough to cause more heat transfer towards it. For greater wetness  
 439 levels (above 0.5), similar to low heat fluxes, water is still present in the thermal inner after a  
 440 second-degree burn time (Figure 6c). Phenomena associated with water vaporization and moisture  
 441 condensation are behind the observed second-degree burn time tendencies.

442 To emphasize and show more clearly the steam phenomena discussed above, the relative and  
 443 second-degree burn times without condensation phenomena should again be analyzed (Figure 7).  
 444 The impact of moisture condensation on thermal performance is quite significant. For example,  
 445 for an exposure of 20 kW/m<sup>2</sup> and initially saturated thermal inner, moisture sorption and  
 446 condensation are responsible for a 225 % decrease in the thermal performance.  
 447



448 Figure 7 - Results obtained when condensation and sorption heat in the textile fiber are neglected: a) second-degree  
 449 burn times for indicated heat fluxes and wetness levels; b) relative changes in second-degree burn times compared  
 450 to the dry case for the indicated outer shell wetness levels and heat exposures.

451

452 Lastly, the liquid fraction present after the exposure in the thermal inner is quite significant,  
 453 tending to a plateau of 0.6 with increasing wetness levels (Figure 6c). This behavior happens  
 454 because steam sorption and condensation in the thermal inner become determinants for skin  
 455 temperature rise and damage.

456 In conclusion, water presence in the thermal inner during firefighting can be prejudicial towards  
 457 the firefighter for high heat fluxes. Solutions to mitigate such hazards and enhance thermal  
 458 performance would have to ensure that the generated steam would be expelled to the environment  
 459 rather than allowed to reach the firefighters' skin. An alternative would be, for example, to  
 460 introduce a thermal inner with higher evaporative resistance but also a lower fiber fraction to not  
 461 allow for moisture accumulation, decreasing steam burn risk.

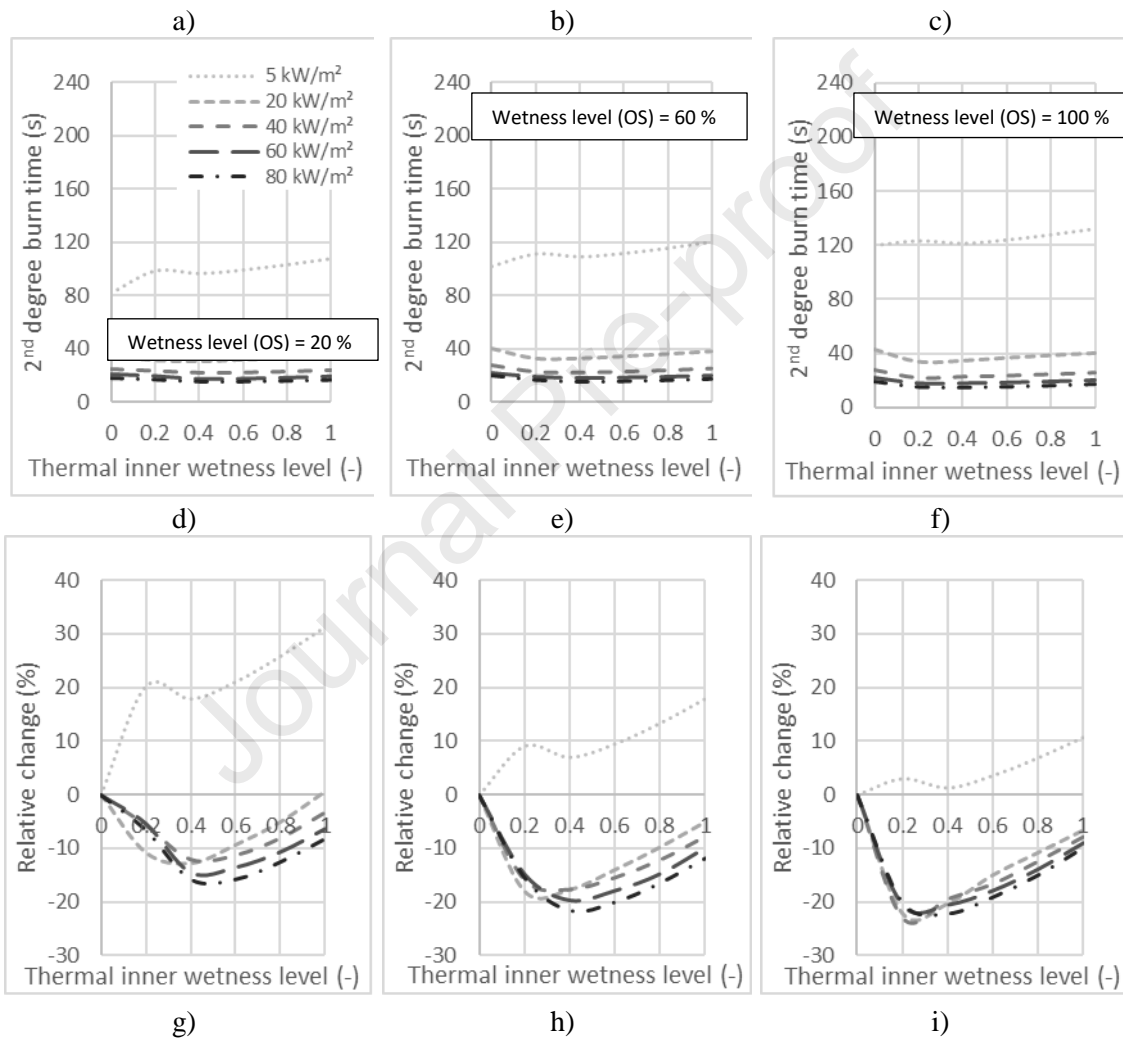
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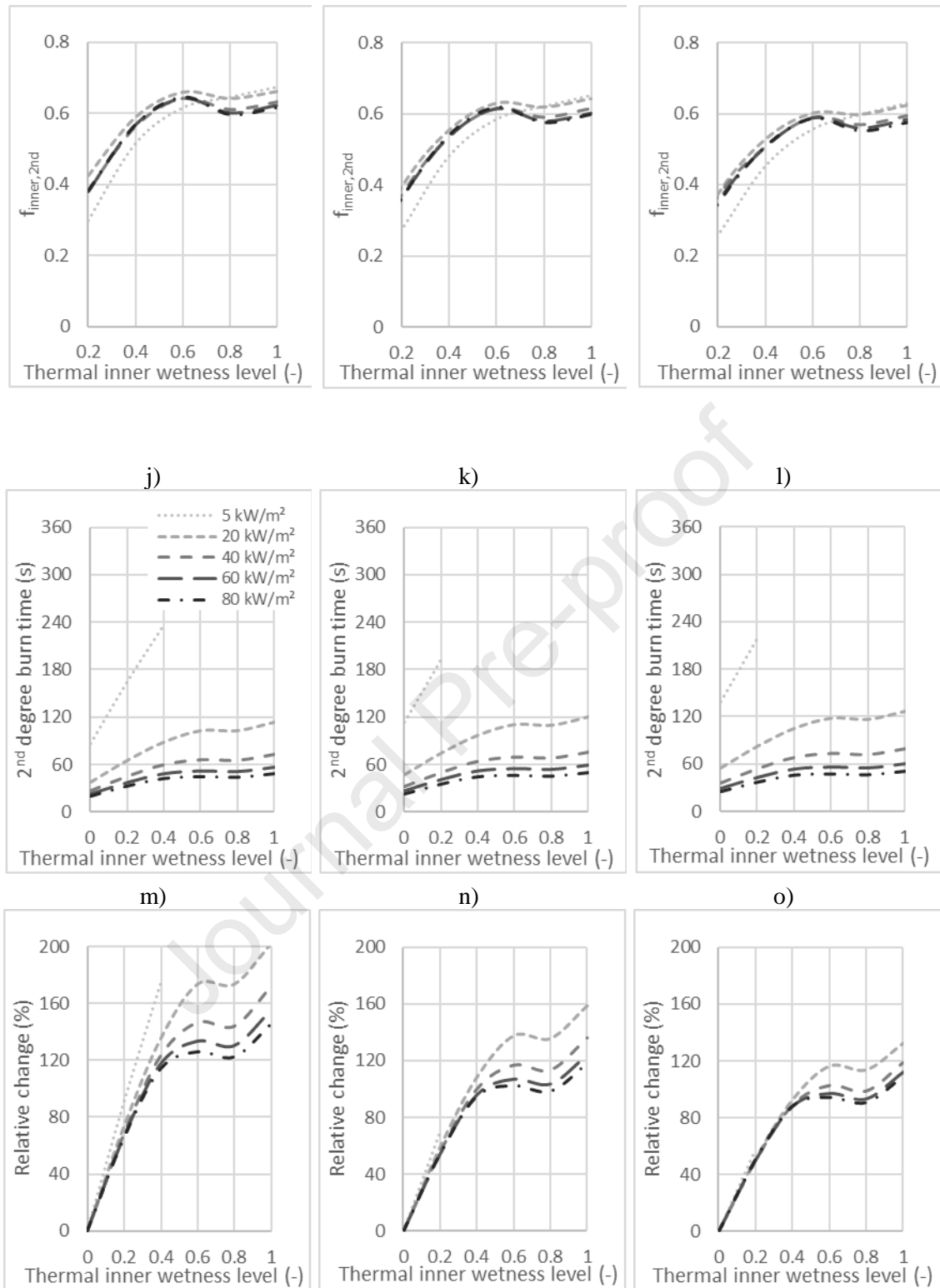
463

### 464 3.3. Water presence in the outer shell and thermal inner

465

466  
 467  
 468  
 469  
 470  
 471





472 Figure 8 - a-c) Second-degree burn times obtained for the indicated outer shell (0.2, 0.6, and 1 wetness levels for a-c  
 473 respectively) and thermal inner wetness levels, for different heat flux exposure intensities; d-f) relative change in  
 474 second-degree burn time when compared to the dry case for corresponding wetness levels and heat fluxes; g-l)  
 475 remaining free water fraction ( $f_{inner,2nd}$ ) in the thermal inner when a second-degree burn occurs; j-l) second-degree  
 476 burn times when no heat of condensation and sorption are considered in the textile; m-o) relative change in second-  
 477 degree burn times when no heat of condensation and sorption are considered.

478

479 During a firefighter scenario, there may be situations where both the thermal inner and outer shell  
480 may be wet due to internal (e.g., sweating) and external (e.g., hose spraying) water sources. Hence  
481 in such cases, it is also of interest to study the thermal behavior of the T.P.C. Figure 8a-c shows  
482 the second-degree burn times for the indicated thermal inner wetness levels and wetness levels of  
483 0.2, 0.6, and 1 in the outer shell, respectively. As can be seen for a heat flux exposure of  $5 \text{ kW/m}^2$ ,  
484 the second-degree burn time rises with increased thermal inner and outer shell wetness levels.  
485 However, for heat flux exposures above  $20 \text{ kW/m}^2$ , the second-degree burn time tends to present  
486 a minimum trend for all outer shell wetness levels considered (Figure 8a-c). For example, for a  
487 wetness level of 0.2 in the outer shell and heat exposure of  $20 \text{ kW/m}^2$ , second-degree burn time  
488 shows a decreasing trend for thermal inner wetness levels between 0.2 - 0.4 (Figure 8a), reaching  
489 a minimum at 0.4 of about 30.9 s. It then rises for wetness levels above 0.4, reaching 35.6 s when  
490 saturated.

491 Relative second-degree burn times emphasize the variations that occur with thermal inner wetness  
492 levels (Figure 8d-f). For example, for a heat flux exposure of  $5 \text{ kW/m}^2$ , the relative rises in second-  
493 degree burn time barely pass the 30 % mark, independently of the outer shell initial wetness level.  
494 For higher heat fluxes, above  $20 \text{ kW/m}^2$ , the minimum trend with thermal inner wetness level is  
495 verified. For example, for an outer shell wetness level of 0.2, the minimum tends to happen around  
496 a thermal inner wetness level of 0.5, between -10 % and -20 % depending on the heat flux  
497 exposure considered (Figure 8d).

498 Steam condensation/sorption is mainly responsible for the second-degree burn tendencies with  
499 wetness levels obtained. Figure 8g-i show the remaining water liquid fraction at the thermal inner  
500 when the exposure ends for the various wetness levels. As can be seen, the remaining liquid  
501 fractions have similar values and tendencies to those obtained when only the thermal inner is  
502 initially wet (Section 3.3). This behavior was expected as most of the water present in the outer  
503 shell evaporated and diffused towards the environment instead of the skin (Section 3.2). Figure  
504 8j-l show the second-degree burn times when condensation/sorption phenomena are not taken  
505 into account. Compared to the original case (i.e., Figure 8a-c), we can observe that condensation  
506 heat near the skin plays a crucial role in decreasing thermal performance. For example, suppose  
507 the firefighter faces an exposure of  $20 \text{ kW/m}^2$  when the wetness level at the outer shell is 0.6 and  
508 0.2 at the thermal inner. In that case, the presence of steam condensation reaching the skin will  
509 account for a 41.7 s decrease in the second-degree burn time (Figure 8b and k). This effect  
510 represents a difference of 78 % in thermal performance.

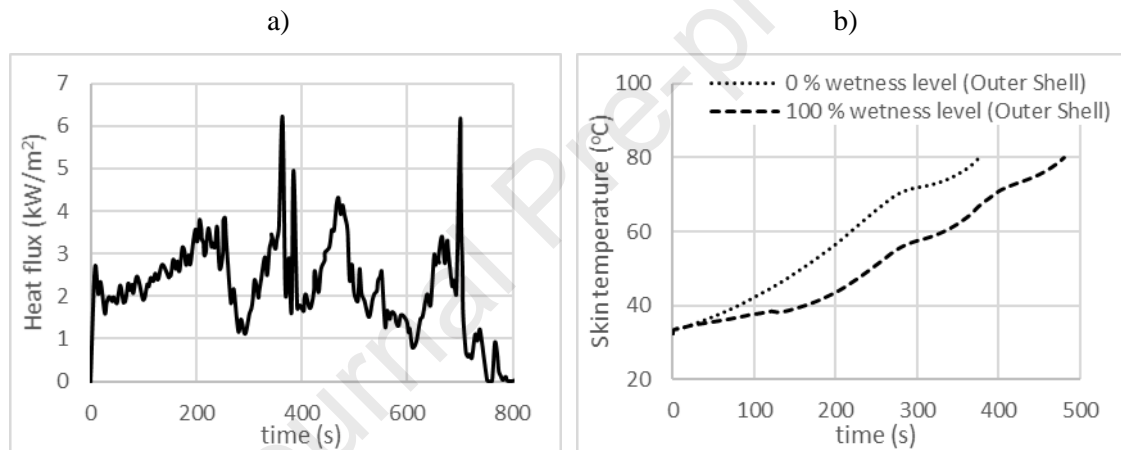
511 In conclusion, when the water is present both in the outer shell and thermal inner, there tends to  
512 be an increase in thermal performance for low heat fluxes, while for high heat fluxes, a  
513 diminishing in thermal performance happens. However and once more, if correctly managed, the

514 water present in the garment can positively impact thermal performance if it is not allowed to  
 515 reach and condense near the skin.

516

### 517 3.4. Real heat flux scenario

518 The data and phenomena discussed in previous sections with constant heat fluxes can be applied  
 519 to analyze the impact of moisture presence on thermal performance for firefighting exercises.  
 520 Firefighters usually face non – constant heat exposures from the environment, and hence a real  
 521 case heat flux from a live-fire training exercise will be considered in this section. The live training  
 522 exercise was performed in a structure where firefighters wore heat flux sensors to monitor their  
 523 heat exposure throughout the activity [26]. Below, the registered heat flux for the firefighting  
 524 exercise is shown (Figure 9a).



525 Figure 9 - a) heat flux data retrieved from a live-fire training exercise [26]; b) skin temperature obtained by simulation  
 526 when the heat flux is considered a boundary condition for the indicated wetness levels.

527

528 Figure 9b shows the skin temperature profiles obtained when the textile is dry and when the outer  
 529 shell is saturated. As can be seen, the temperature increase rate tends to vary over time, essentially  
 530 due to the varying intensity of the external heat flux.

531

532 Figure 10a shows the second-degree burn time obtained for various inner and outer layer wetness  
 533 levels. As is shown, an increase in second-degree burn time happens with an increase in thermal  
 534 inner wetness level. This effect was expectable because the radiated heat flux is low-intensity  
 535 (Figure 10a). Also, the increase in outer shell wetness level causes an increase in second-degree  
 536 burn time. Relative increases in second-degree burn time are also more significant when the outer  
 537 shell is dry (about 50 % increase when the inner layer is fully saturated; Figure 10b). Figure 10c  
 538 shows the fractions of free water obtained after the exposure. And as can be seen, the tendencies



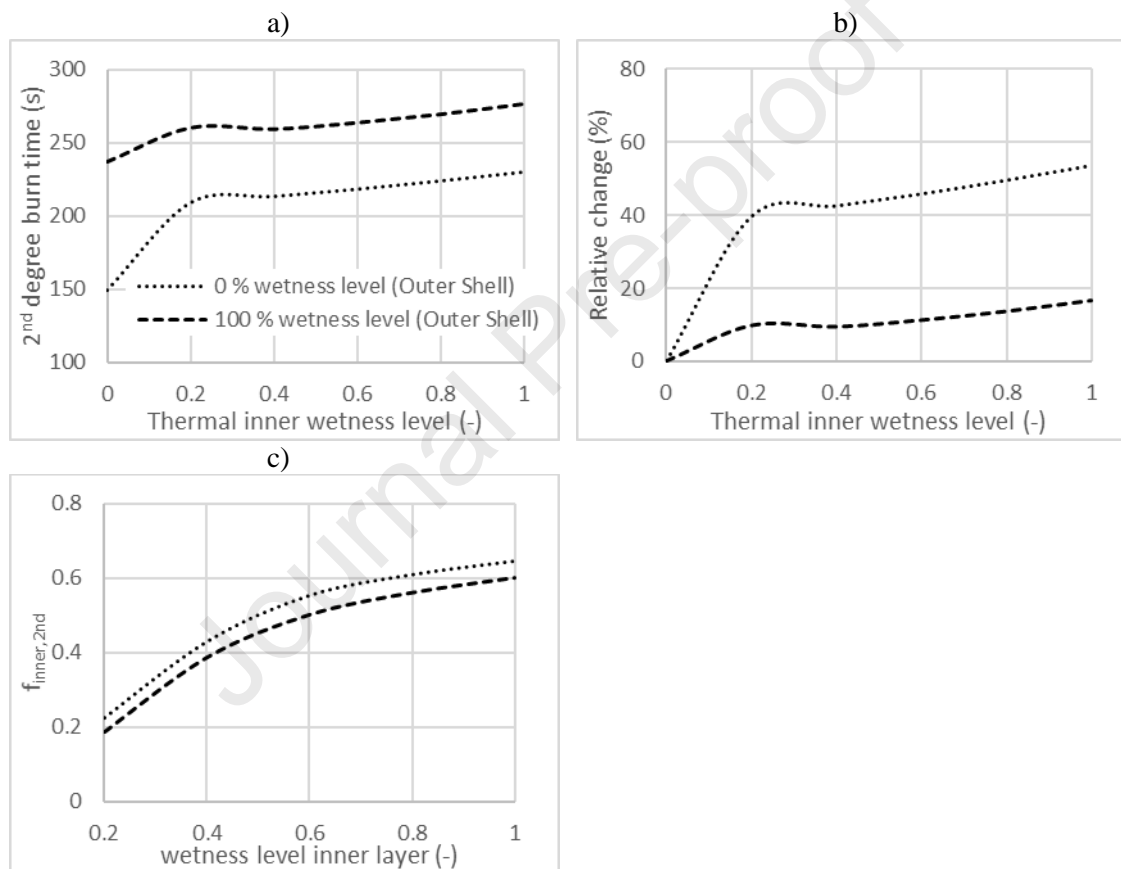
539 are similar to those obtained when constant heat fluxes were simulated in the previous sections  
 540 for low heat fluxes.

541 Hence, the data and phenomena discussed in previous sections with constant heat fluxes can  
 542 explain the tendencies observed in thermal behavior and guide possible thermal performance  
 543 improvement solutions.

544

545

546



547 Figure 10 - a) second degree burn times obtained for the indicated outer shell and thermal inner wetness levels; b)  
 548 relative change in second-degree burn time when compared to the dry case for corresponding wetness levels; c)  
 549 remaining free water fraction ( $f_{inner,2nd}$ ) in the thermal inner at the time when a second-degree burn occurs.

550

## 551 4. Conclusions

552 In this study, a one-dimensional numerical analysis of heat and moisture transport in a 3-layered  
 553 firefighting garment was performed. The thermal performance according to a second-degree burn  
 554 criterion was analyzed. Different initial moisture quantities present in the inner layer and outer  
 555 shell and different heat flux exposures were considered to generate maps and identify conditions

556 for which moisture presence was impactful, specifying the reasons. The following specific  
557 conclusions were obtained:

- 558 • The presence of moisture in the outer shell increases second-degree burn time. However,  
559 this increase tends to be marginal for high heat fluxes (above 20 kW/m<sup>2</sup>). Hence,  
560 moisture in the outer shell does not influence thermal performance for high heat fluxes.
- 561 • The presence of moisture in the inner layer generally decreases second-degree burn time  
562 and shows the worse performance at a wetness level of 50 % for heat flux exposures  
563 above 20 kW/m<sup>2</sup>. For low-intensity exposure, however, the presence of moisture  
564 increases second-degree burn time.
- 565 • The simultaneous presence of water in the outer shell and thermal inner causes an  
566 increase in second-degree burn time, but only for low heat exposures (i.e., 5 kW/m<sup>2</sup>). For  
567 higher heat exposures, it decreases and shows a minimum trend with the thermal inner  
568 wetness level.
- 569 • Decreases in thermal performance, especially for high heat fluxes, are essentially due to  
570 moisture condensation near the skin, as the liberated heat will provoke scald burns.

571 Lastly, it is essential to note that if we prevent the water vapor from reaching the skin, water in  
572 the textile, in all cases, provides significant gains in second-degree burn time. Nevertheless, in  
573 practical terms, such is challenging to achieve as the firefighter sweats and water vapour must be  
574 allowed to be released from the skin to the environment; otherwise, the firefighter might overheat.

575 However, a good textile selection contributes to noteworthy gains in thermal performance. One  
576 of the options that is currently gaining attention in the literature is to use janus wetting and wicking  
577 properties to allow for better moisture management [27]. The authors would also like to point out  
578 that in a future study, textile compression phenomena could be incorporated in the model, as in  
579 such, situations burn injuries could occur due to the movement of hot water in the textile assembly  
580 and not necessarily due to steam condensation near the skin [28].

581

## 582 **5. Appendix**

583

### 584 **5.1 Influence of an air gap**

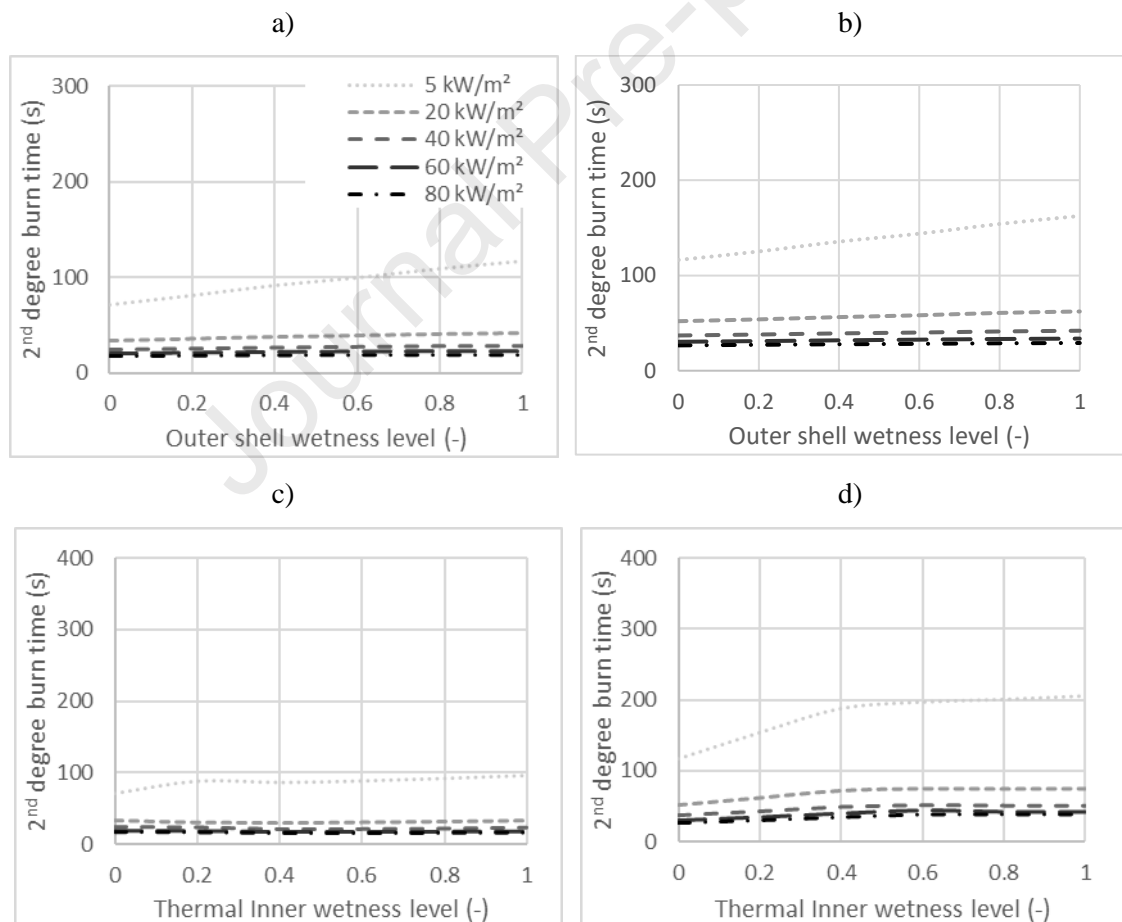
585

586 Figure 11 shows the second-degree burn times obtained when there is no air gap and when a 6.4  
587 mm air gap is considered. The model described in section 2.2. was slightly modified to include  
588 the air gap domain (between fabric and skin) and conductive and radiative heat transport

589 (assuming both skin and fabric to be grey bodies with an emissivity of 0.9) through it. Water  
 590 vapor transport was considered to occur through the air gap where condensation could occur  
 591 according to an equation similar to eq. 5b. Instantaneous condensation could happen in the air gap  
 592 due to the presence of a nuclei in the air (e.g., dust particles).

593 The addition of an air gap between the fabric and the skin will cause a positive shift in the second-  
 594 degree burn – times obtained for the various wetness levels. Such shifts roughly represent  
 595 increases of about a factor of 2 when an air gap of 6.4 mm is present. In this work, the authors  
 596 intended to simulate the worst possible case scenario where vapour mass transfer and heat transfer  
 597 towards the skin would be the greatest. And such happens when no air gaps are considered. The  
 598 addition of an air gap does not change the quality of the results generated (Figure 11). Except for  
 599 the resistance role of the air gap, no new physical phenomena are observed when an air gap is  
 600 considered.

601



602 Figure 11 - Second degree - burn times obtained for indicated wetness levels considering: a,c.) no air gap b,d.) 6.4  
 603 mm air gap between skin and fabric.

604

605

## 606 **6. Acknowledgments**

607

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 611 by national funds through FCT/MCTES (PIDDAC). Malaquias acknowledges the financial  
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## Conflicts of interest

The authors declare no conflicts of interest.

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## Sample CRediT author statement

**Andre Fonseca Malaquias:** Conceptualization, Methodology, Software, Validation, Formal analysis Investigation, Writing – Original Draft. **S.F.Neves:** Methodology, supervision, Writing – Review & Editing, Funding Acquisition **J.B.L.M Campos:** Supervision, Methodology, Writing – Review & Editing, Funding Acquisition

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