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Ultra-low-mass and small-radius white dwarfs made of heavy elements

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Seven possible ultra-low-mass and small-radius white dwarfs have been recently identified, with masses ranging from $\sim 0.02 \text{ M}_{\odot}$ to $\sim 0.08 \text{ M}_{\odot}$ and radii ranging from ~ 4,270 km to 10670 km. The mass-radius measurements of these white dwarfs pose challenges to traditional white dwarf models, assuming they are mostly made of nuclei lighter than ⁵⁶Fe. In this work, we consider the possibility that those white dwarfs are made of heavier elements. Due to the small charge-tomass ratios in heavy elements, the electron number density in white dwarf matter is effectively reduced, which reduces the pressure with additional contributions of lattice energy and electron polarization corrections. This consequently leads to white dwarfs with much smaller masses and radii, which coincide with the seven ultra-low-mass and small-radius white dwarfs. The mass of the most massive white dwarfs is effectively reduced and could possibly account for the sub-Chandrasekhar progenitors in underluminous Type la supernovae. The corresponding equation of state and matter contents of dense stellar matter with and without reaching the cold-catalyzed ground state are presented, which are obtained using the latest Atomic Mass Evaluation (AME 2020). Further observations are necessary to unveil the actual matter contents in those white dwarfs via, e.g., spectroscopy, asteroseismology, and the discoveries of other ultra-low-mass and small-radius white dwarfs.

KEYWORDS

white dwarfs, stars, equation of state, heavy elements, Type la supernovae

1 Introduction

White dwarfs represent the final destiny of the vast majority of stars, which may reach a temperature of ~100 eV and a density of ~10⁶ g/cm³ in their centers (Saumon et al., 2022). The matter contents of typical white dwarfs are ¹²C and ¹⁶O, covered by a thin envelope of ⁴He (and ¹H, if not burned entirely). If the progenitor star approaches the $10M_{\odot}$ limit, white dwarfs are thought to be made of ¹⁶O and ²⁰Ne (Siess, L., 2007); however, He white dwarfs are also possible if the progenitors are of very low mass and in a binary system (Iben and Livio, 1993; Marsh et al., 1995). As a white dwarf slowly cools down, a crystallized core will be formed, releasing latent heat that delays the cooling process (Tremblay et al., 2019). Most white dwarfs are expected to go through at least one pulsation phase during their evolution, displaying periodic variations in their brightness that arise from global oscillations

MWDD ID	М	R	${T_{ m eff}}$	
	M _o	km	К	
LSPM J0815 + 1633	0.082 ± 0.031	13,563.23 ± 1,024.76	4,655 ± 35	
LP 240-30	0.081 ± 0.016	13,542.5 ± 626.6	4,680 ± 25	
BD+20 5125B	0.08 ± 0.038	13,046.72 ± 1,124.18	4,395 ± 90	
LP 462-12	0.054 ± 0.024	11,999.23 ± 1,552.78	4,800 ± 20	
WD J1257 + 5428	0.032 ± 0.03	12,403.13 ± 3,561.25	7,485 ± 85	
2MASS J13453297 + 4200437	0.031 ± 0.04	9,186.23 ± 3,405.51	4,270 ± 75	
SDSS J085557.46 + 053524.5	0.02 ± 0.245	14,688.29 ± 767.07	$10,670 \pm 1,677$	

TABLE 1 Masses, radii, and surface temperatures of seven ultra-low-mass and small-radius white dwarfs (Rebassa-Mansergas et al., 2016; Blouin et al., 2019; Kurban et al., 2022).

(Fontaine and Brassard, 2008; Córsico et al., 2019). Additionally, various oscillation modes can be excited during the late inspiral or merger of white dwarf binaries, which may emit gravitational waves that are detectable for future space-borne gravitational wave detectors (Tang and Lin, 2023).

Combined with the measurements of the distance and surface temperature T_{eff} of a white dwarf (Blouin et al., 2019), its radius *R* can be inferred according to the observational flux. The surface gravity of a white dwarf can also be measured according to the gravitational redshift of the spectrum lines from the atmosphere (Fontaine et al., 2001; Gentile Fusillo et al., 2018; Chandra et al., 2020), which can be used to fix the mass with additional information on its radius. Throughout the available data on the masses and radii of white dwarfs in the Montreal White Dwarf Database (MWDD; Dufour et al., 2017), as indicated in Table 1, seven ultra-low-mass and small-radius white dwarfs have been identified with masses ranging from ~0.02 M_{\odot} to ~0.08 M_{\odot} and radii ranging from ~ 4,270 km to 10,670 km (Kurban et al., 2022), which deviate from the M-R relation of typical white dwarfs. It should be noted that no spectral lines have been identified in those stars, and the surface gravity needs to be inferred theoretically (Blouin et al., 2019), which results in large uncertainties. Further confirmation of those white dwarfs may pose challenges to traditional white dwarf models, which are considered to be made of light elements such as ¹²C, ¹⁶O, ⁴He, and ²⁰Ne. Consequently, traditional white dwarf models predict much larger radii than those indicated in Table 1. In addition to these anomalous white dwarfs, there are underluminous Type Ia supernovae whose progenitor masses appear to be well below 1.4 M_{\odot} (Blondin et al., 2017; Flörs et al., 2019), which again challenges the large Chandrasekhar mass limit (~1.4 M_{\odot}) predicted by traditional white dwarf models.

To understand the physical origin of such low-mass and small-radius white dwarfs, possible candidates made of various exotic materials were considered. For example, Kurban et al. (2022) proposed that they are, in fact, strange dwarfs comprised of a strange quark matter (SQM) core and a thick normal matter crust (Glendenning et al., 1995). It was suggested that the intermittent fractional collapses of the crust induced by the refilling of materials accreted from its low-mass companion lead to repeating fast radio bursts (Geng et al., 2021). Additionally, there are possibilities that these white dwarfs may be strangelet dwarfs (Alford et al., 2012) or *ud* quark matter (*ud*QM) dwarfs (Wang et al., 2021a; Xia et al., 2022) comprised of strangelets or *ud*QM nuggets immersed in a sea of electrons.

In this work, we consider the possibility that those low-mass and small-radius white dwarfs are made of heavy elements such as ⁵⁶Fe, ⁶²Ni, ¹⁰⁸Pd, and ²⁰⁸Pb, which significantly reduces the mass and radius of a white dwarf in comparison with those made of light elements. In fact, there exist extensive observations of (DZ) white dwarfs contaminated by heavy elements, which were identified by the characteristic spectral lines (Farihi, 2016; Zuckerman and Young, 2018; Coutu et al., 2019). It is, thus, reasonable to consider the possibility that white dwarfs can also be made entirely of heavy elements, where the shell of light elements is either stripped by its companion object in a binary system or by a nuclear explosion, e.g., in a thermonuclear electron-capture supernova event (Tauris and Janka, 2019).

The remainder of this paper is organized as follows. Section 2 presents the theoretical framework for obtaining the properties of white dwarf matter under various constraints on the mass numbers of nuclei, including either light or heavy elements. The obtained equation of state (EOS) and matter contents that minimize the energy density of cold white dwarf matter are presented in Section 3, while the corresponding white dwarf structures are investigated and compared with the low-mass and small-radius white dwarfs. Section 4 presents our conclusion.

2 Theoretical framework

For cold white dwarf matter comprised of crystallized nuclei immersed in a sea of electrons, the energy density can be divided into three parts (Chamel, 2020), i.e.,

$$E = \frac{M_N n_e}{Z} + \left(1 + \frac{\alpha}{2\pi}\right) E_e + K_M \alpha \left(\frac{4\pi n_e^4 Z^2}{3}\right)^{1/3} \sigma(Z), \quad (1)$$

$$M_N(Z,A) = M_A(Z,A) - Zm_e + B_e(Z),$$
(2)

where $M_A(Z, A)$ is the measured atomic mass (AME 2020; Huang et al., 2021; Wang et al., 2021b), $m_e = 510998.95$ eV is the electron mass, and $B_e(Z) = (14.4381Z^{2.39} + 1.55468 \times 10^{-6}Z^{5.35})$ eV is the electron binding energy (Lunney et al., 2003). The baryon number density is then given by $n_b = n_e/f_Z$ with the charge-tomass ratio $f_Z = Z/A$. The second term in Eq. 1 corresponds to the energy density of electrons, including exchange contributions. E_e is the energy density of free electron gas, which is given by

$$E_{e} = \frac{m_{e}^{4}}{8\pi^{2}} \left[x_{e} \left(2x_{e}^{2} + 1 \right) \sqrt{x_{e}^{2} + 1} - \operatorname{arcsh}\left(x_{e} \right) \right],$$
(3)

with $x_e \equiv (3\pi^2 n_e)^{1/3}/m_e$. The third term in Eq. 1 represents the lattice energy density, including electron polarization corrections. For a body-centered cubic lattice, the Madelung constant is $K_M = -0.895929255682$ (Baiko et al., 2001), and the function $\sigma(Z)$ (Potekhin and Chabrier, 2000; Chamel, 2020) is given by

$$\sigma(Z) = 1 + \frac{12^{4/3} Z^{2/3} \alpha}{35 \pi^{1/3}} \left(1 - \frac{1.1866}{Z^{0.267}} + \frac{0.27}{Z} \right).$$
(4)

For nuclei to stably exist inside white dwarfs, they should be stable against electron capture and β -decay reactions, i.e.,

$${}^{A}_{Z}X + e^{-} \rightarrow {}^{A}_{Z-1}X + \nu_{e}; \tag{5}$$

$$X \to {}^{A}_{Z+1}X + e^{-} + \bar{\nu}_e. \tag{6}$$

This indicates the following stability condition, i.e.,

$$E(Z \pm 1, A, n_{\rm b}) - E(Z, A, n_{\rm b}) > 0,$$
 (7)

with the energy density *E* fixed by Eq. 1. It should be noted that the electron number density changes to $n_e(Z \pm 1)/Z$ as we vary the charge number of a nucleus from *Z* to $Z \pm 1$. A vast number of nuclei species fulfilling the stability condition (7) are obtained, which could all stably exist inside white dwarfs if there are no other decay channels. At a fixed baryon number density n_b , we search for the nucleus that minimizes the energy density of white dwarf matter under three different considerations, i.e.,

- 1. Massive white dwarfs comprised of light elements ($A \le 16, 24, 28$)
- 2. Catalyzed ones with all possible nuclear species
- 3. Ultra-low-mass and small-radius white dwarfs made of heavy elements ($A \ge 62$, 108, 208)

Once the nucleus is fixed, the energy density can then be obtained using Eq. 1. A similar procedure is carried out in a vast density range with $n_{\rm b} \approx 10^{-13} - 10^{-4}$ fm⁻³. At larger densities, the nucleus becomes too neutron-rich, causing neutrons to start dripping out and forming a neutron gas, a phenomenon beyond the scope of the current study. According to basic thermodynamic



Proton number Z, mass number A, and charge-to-mass ratio $f_Z = Z/A$ of nuclei in white dwarf matter under different considerations, using the latest Atomic Mass Evaluation (AME 2020; Huang et al., 2021; Wang et al., 2021b). For comparison, the nuclear species from the BPS EOS is presented (Baym et al., 1971). The open circles indicate the central densities of the most massive white dwarfs, corresponding to the values in the sixth column of Table 2.

relations, the pressure of white dwarf matter is then determined by

$$P = \left(1 + \frac{\alpha}{2\pi}\right)P_e + K_M \alpha \left(\frac{4\pi n_e^4 Z^2}{3^4}\right)^{1/3} \sigma(Z), \qquad (8)$$

with $P_e = m_e \sqrt{x_e^2 + 1n_e - E_e}$.

At smaller densities with pressure $P \leq 0.4P_e \approx 10^{-17} \text{ MeV/fm}^3$, nuclei are not fully ionized as few electrons start to bind to them. In such cases, the EOS predicted by Eqs 1, 8 is no longer valid. We follow the treatment outlined by Baym et al. (1971) and employ the results obtained by Feynman et al. (1949), where the pressure of white dwarf matter now becomes

$$P = \frac{3^{2/3} \pi^{4/3}}{5m_e} [f(Z, n_e) n_e]^{5/3}.$$
 (9)

It should be noted that a dampening factor $f(Z, n_e)$ is introduced, where Eq. 9 represents the pressure of non-interacting electrons in the non-relativistic limit when f = 1. The exact value of $f(Z, n_e)$ is determined by interpolating the results presented in Figure 1 of the work of Feynman et al. (1949).

with the energy density	E, pressure , and	indefer species (M	, at the center of th	rese minte amarisi			
Criterion	^A X _{0.03}	R _{0.03}	M _{max}	R _{max}	E _c	P _c	^A X _c
		km	M_{\odot}	km	eV/fm ³	eV/fm ³	
$A \le 16$	¹⁶ O	21,300	1.38	1,422	4,790.2	4.283	¹⁶ O
$A \le 24$	²⁴ Mg	19,767	1.33	2,201	976.4	0.489	²⁴ Mg
$A \le 28$	²⁸ Si	19,123	1.30	2,522	477.9	0.238	²⁸ Si
Catalyzed	⁵⁶ Fe	15,137	1.00	2,080	830.3	0.384	⁶⁶ Ni
$A \ge 62$	⁶² Ni	14,300	1.00	2,064	811.4	0.383	⁶⁶ Ni
$A \ge 108$	¹⁰⁸ Pd	11,760	0.89	2,087	601.5	0.238	¹⁰⁸ Ru
$A \ge 208$	²⁰⁸ Pb	9,130	0.75	1,391	2,040.7	1.098	²⁰⁸ Hg

TABLE 2 Summary of white dwarf properties obtained under different constraints on nuclear mass numbers. The radii ($R_{0.03}$) of $0.03M_{\odot}$ white dwarfs and their matter contents ($^{A}X_{0.03}$) are indicated in the third and second columns. The masses (M_{max}) and radii (R_{max}) of the most massive white dwarfs are presented, along with the energy density E_{cr} pressure P_{cr} and nuclei species ($^{A}X_{c}$) at the center of these white dwarfs.

3 Results and discussion

In Figure 1, we present the proton number Z, mass number A, and charge-to-mass ratio $f_Z = Z/A$ of nuclei in white dwarf matter as functions of energy density, where various constraints on the mass numbers of nuclei are adopted with $A \le 16$, 24, 28 or $A \ge 62$, 108, 208. Similar to the BPS model (Baym et al., 1971), the catalyzed one indicated by the black solid curve is obtained by searching for all possible nuclear species without any restriction on A, which generally agrees with the BPS EOS at $E \leq 0.1 \text{ MeV/fm}^3$. The latest data from the Atomic Mass Evaluation (AME 2020) have been adopted in our calculations (Wang et al., 2021b; Huang et al., 2021). It is found that the nuclear species remains unchanged at $E \leq 3 \times 10^{-4} \text{ MeV/fm}^3$ except for the catalyzed one, which covers most of the density range in white dwarfs. As indicated by the symbols in the bottom panel of Figure 1 and in the second column of Table 2, at small densities, the nuclei ¹⁶O, ²⁴Mg, ²⁸Si, ⁵⁶Fe, ⁶²Ni, ¹⁰⁸Pd, and ²⁰⁸Pb minimize the energy density of white dwarf matter under various constraints on A. The corresponding charge-to-mass ratio f_Z starts to decrease with A at $A \ge 62$, which reduces the electron number density with $n_e = f_Z n_b$. As will be shown later, this will consequently reduce the pressure and make white dwarfs more compact. At larger densities, the nuclear species starts to change, which typically takes place at the center of the most massive white dwarfs (indicated by the open circles in Figure 1), except for the catalyzed one. If we further increase the density, the nuclear species continues to change, which decreases the charge-to-mass ratio f_Z .

Based on the nuclear species indicated in Figure 1, the pressure of white dwarf matter can then be fixed using Eqs 8, 9. The corresponding EOSs under various constraints are then presented in Figure 2. At $E \ge 10^{-4}$ MeV/fm³, the EOSs of white dwarf matter generally coincide with each other, while there are slight variations due to the sudden changes in nuclear species causing mild first-order phase transitions. At $E \le 10^{-4}$ MeV/fm³, the effects of chemical composition become evident, and the pressure is effectively reduced if white dwarf matter is made of heavy elements. This is attributed to the reduction in the charge-to-mass ratio f_Z at $A \ge 62$, which



decreases the electron number density and, consequently, the pressure. The pressure reduction becomes more evident at smaller densities, where the variations in lattice energy density and electron polarization corrections become sizable even for cases with the same f_Z value.

To better illustrate the effects of heavy elements on the EOSs of white dwarf matter, in Figure 3, we present the corresponding adiabatic index as a function of energy density, which is determined by

$$\Gamma = \frac{\mathrm{d}\ln P}{\mathrm{d}\ln n_{\mathrm{b}}}.\tag{10}$$

For electron gas in the non-relativistic limit, one expects $\Gamma = 5/3$, which turns into 4/3 in the extreme relativistic limit with a softer EOS. This is indeed the case for white dwarf matter at $E \ge 10^{-4}$ MeV/fm³, where the EOSs in Figure 2 generally coincide



with each other with $\Gamma = 4/3$. Nevertheless, there are few exceptions during the first-order phase transitions with sudden changes in nuclear species, which reduces the adiabatic index to $\Gamma = 0$. At smaller densities, however, Γ easily exceeds the non-relativistic limit of 5/3. In particular, as density decreases, Γ quickly increases and becomes larger if white dwarf matter is made of heavy elements with a larger *A*. This can be attributed to the additional contributions of lattice energy and electron polarization corrections, which are sizable at small densities.

Based on the EOSs presented in Figure 2, the structures of white dwarfs are fixed by solving the TOV equation.

$$\frac{\mathrm{d}P}{\mathrm{d}r} = -\frac{GmE}{r^2} \frac{(1+P/E)\left(1+4\pi r^3 P/m\right)}{1-2Gm/r},$$
(11)

$$\frac{\mathrm{d}m}{\mathrm{d}r} = 4\pi E r^2,\tag{12}$$

where $G = 6.707 \times 10^{-45} \text{ MeV}^{-2}$ is the gravitational constant. In Figure 4, we present the mass-radius relations of white dwarfs under various constraints on their matter contents. Typical white dwarfs with $M > 0.5 M_{\odot}$ (Bond et al., 2017) and seven ultra-lowmass and small-radius white dwarfs are indicated by the dots with the corresponding error bars (Kurban et al., 2022). It is evident that the typical white dwarfs are made of light elements with $A \leq 28$, where the mass and radius could become slightly larger if lighter elements (¹²C, ⁴He, and ¹H), magnetic field, and temperature effects are accounted for. However, compared with the seven ultra-lowmass and small-radius white dwarfs, the radii of these normal white dwarfs are too large. To resolve this, it was suggested that the lowmass and small-radius white dwarfs are made of exotic matter such as SQM or udQM. As illustrated by Kurban et al. (2022), a strange dwarf with a mass similar to that of a normal white dwarf could harbor an extremely dense SQM core, resulting in a smaller radius that coincides with that of the seven white dwarfs. For absolute stable SQM or udQM with sufficiently small surface tension, it was shown that strangelets or udQM nuggets of a certain size can be more stable than others (Heiselberg, 1993); consequently, the



1633, LP 240-30, BD+20 5125B, LP 462-12, WD J1257 + 5428, 2MASS J13453297 + 4200437, and SDSS J085557.46 + 053524.5 (Kurban et al., 2022).

surface of a quark star fragments into a crystalline crust comprised of strangelets or *ud*QM nuggets immersed in a sea of electrons (Jaikumar et al., 2006). Further investigations have revealed that the crustal material could also form strangelet (Alford et al., 2012) or *ud*QM dwarfs (Wang et al., 2021a; Xia et al., 2022), where the radii are typically smaller than those of normal white dwarfs, and can, thus, accommodate the seven small-radius white dwarfs.

In this work, we resort to the more familiar explanation that the white dwarfs are made of heavier elements. As indicated in Figure 4, the masses and radii of white dwarfs decrease significantly if they are made of heavy elements, which coincide with the observed seven ultra-low-mass and small-radius white dwarfs (Kurban et al., 2022). In particular, to accommodate the extreme small radius of 2MASS J13453297 + 4200437, the white dwarf should be comprised of elements with mass numbers $A \ge 108$. Similar cases are observed for other small-radius white dwarfs LSPM J0815 + 1633, LP 240-30, BD+20 5125B, LP 462-12, WD J1257 + 5428, and SDSS J085557.46 + 053524.5, whose radii are too small if they are made of light elements with $A \leq 28$. This is attributed to the reduction in pressure at small densities if white dwarfs are made of heavy elements, causing them to become more compact than typical white dwarfs. The maximum mass of white dwarfs is also reduced, reaching $0.75 M_{\odot}$ if they are made of heavy elements, which could be the progenitor for underluminous Type Ia supernovae.

To show this explicitly, in Figure 5, we present the internal energy density profiles of $0.03M_{\odot}$ white dwarfs, where the horizontal axis corresponds to the total mass m(r) enclosed in a sphere of radius r in Eq. 12. The corresponding nuclear species that makes up the white dwarf and its radius are indicated in the second and third columns of Table 2. It is evident that the energy density of white



FIGURE 5

Energy density profiles of $0.03M_{\odot}$ white dwarfs as a function of the total mass m(r) enclosed in a sphere of radius r in Eq. 12, where the corresponding nuclear species and radius are indicated in the second and third columns of Table 2.

dwarf matter increases with the nuclear mass number *A*, leading to more compact white dwarfs with smaller radii.

Finally, it is worth mentioning that we considered only ideal scenarios in which white dwarfs are made entirely of elements with fixed upper or lower limits on the mass number *A*, while in reality, we expect they are comprised of elements with various mass numbers and fractions. In that case, the EOS can be obtained as a combination of the EOSs indicated in Figure 2, connected at certain critical pressures, where the corresponding mass–radius relation lies between those indicated in Figure 4. Meanwhile, the possible existence of a strong magnetic field could alter significantly the mass–radius relations of white dwarfs (Deb et al., 2022), while the temperature effects are expected to have a minor impact.

4 Conclusion

The recent observations of the seven possible ultra-low-mass and small-radius white dwarfs, namely, LSPM J0815 + 1633, LP 240-30, BD+20 5125B, LP 462-12, WD J1257 + 5428, 2MASS J13453297 + 4200437, and SDSS J085557.46 + 053524.5, have posed challenges to traditional white dwarf models assuming that they are mostly made of nuclei lighter than ⁵⁶Fe. To resolve this, previous investigations suggest that they may be made of exotic matter such as SQM or udQM (Alford et al., 2012; Wang et al., 2021a; Kurban et al., 2022; Xia et al., 2022). In this work, we consider the possibility that these white dwarfs are made of heavier elements, which effectively reduces the pressure and leads to white dwarfs with much smaller masses and radii. In such cases, we can accommodate the lowmass and small-radius white dwarfs without introducing any exotic matter. The maximum mass of white dwarfs is also reduced if they are made of heavier elements, which could possibly account for the sub-Chandrasekhar progenitors in underluminous Type Ia supernovae.

It should be noted that we assumed white dwarfs are made entirely of elements with fixed upper or lower limits on the mass numbers, where the predicted radii should be viewed as lower limits for white dwarfs containing lighter elements. Additional theoretical uncertainties are also expected under the influence of a strong magnetic field and high temperatures. These issues should be considered in our future study, where their impacts on various properties of white dwarfs aside from mass-radius relations need to be addressed. Meanwhile, the uncertainty in the mass and radius measurements of the seven anomalous white dwarfs is still large, which may originate from possible unresolved binary systems or extrapolation errors at small masses. Further observations are, thus, necessary to unveil the actual structures and matter contents in those white dwarfs via, e.g., their cooling processes (Tremblay et al., 2019), characteristic spectral lines emitted by the heavy elements (Farihi, 2016; Zuckerman and Young, 2018; Coutu et al., 2019), pulsation that arises from their global oscillations (Fontaine and Brassard, 2008; Córsico et al., 2019), gravitational waves excited during the late inspiral or merger of white dwarf binaries (Tang and Lin, 2023), and searching for other white dwarfs with similar low-mass and small-radius characteristics (Kurban et al., 2022).

Data availability statement

The raw data supporting the conclusion of this article will be made available by the authors, without undue reservation.

Author contributions

C-JX: conceptualization, funding acquisition, investigation, and writing-original draft. Y-FH: conceptualization, funding acquisition, and writing-review and editing. H-BL: conceptualization, validation, and writing-review and editing. LS: funding acquisition, investigation, and writing-review and editing. R-XX: conceptualization, funding acquisition, and writing-review and editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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