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He has published many books and pamphlets including: The Last Almanac (Yaffle Press (2023) When We Wake We Think We're Whalers from Eden (Stairwell Books 2021) And Then We Saw The Daughter of the Minotaur (The Black Light Engine Room Press 2020) Civil Insolencies (Smokestack 2019).

Introduction

Through the division of the year into four seasons, Spring, Summer, Autumn and Winter, we see the natural cyclic changes to our environment. Yet within each season the subtle shifts often go unnoticed, especially within modern urban settings. I recently learned that the Japanese year was traditionally divided into twenty-four mini-seasons or sekki each lasting around twelve to fifteen days and that within each sekki there are three micro-seasons or $k\acute{o}$, each lasting four or five days. Each $k\acute{o}$ focusses upon a specific natural phenomenon with names that include: 'Fish emerge from the ice', 'Plums turn yellow', 'hawks learn to fly', 'swallows leave', 'land starts to freeze'. They provide a much more precise lens through which to view the seasonal changes.

I set myself a challenge of writing a haiku for each micro-season, and the practice honed my attention to fine details, encouraged me to look closer and become more attuned to the nuances within the year's story. Where possible, I tried to incorporate, or at least hint, to the name of each $k\acute{o}$ within the haiku. At times, due to the differences in flora and fauna between Northeast England and Japan it wasn't always possible, and sometimes I was more concerned with personal events such as the birth of my grandson. However, on the whole I feel that the sequence of haiku-snapshots creates a fascinating narrative to a year in my life and a celebration of the natural world in miniature. I hope you find the seventy-two haiku interesting, and they encourage you to look a little closer at the changing world around you.

Risshun (Beginning of Spring)

February 4 - 8

in lengthening daylight, east winds melt the ice that stiffens each night

February 9 - 13

in leafless thickets by the water rail's reed pool a leaf warbler pipes

February 14 - 18

from the soil, snowdrops emerge like fish from the ice, light sliced from bloated night

Usui (Rainwater)

February 19 - 23

day break's sharp sunlight polishes the ground, moistened by night time's rain fall

February 24 -28

sheets of dense hail stones rattle the snowdrops, through the glass, hardened mist

March 1 - 5

grass sprouts, trees bud, daffodils yellow the verges, spring's stirrings emerging

Keichitsu (Insects Awaken)

March 6-10

early morning ice melts on the grass as insects surface into sunlight

March 11 - 15

on the same black bough the first pink peach blossoms, a strip of suspended snow

March 16 - 20

daylight hours spreading, like a butterfly's wings before its first flight

Shunbun (Spring Equinox)

March 21 - 25

interwoven twigs, straw and soft down make a bed for sparrow stone-hopes

March 26 - 30

sun-brushed buds open, pinked petals unfurling, first cherry blossoms

March 31 - 4 April

the flock of pigeons taking flight over the lake, feathering distant thunder

Seimei (Pure and Clear)

5 **-** 9 April

keeping an eye out for the return of swallows to scissor the clouds

10 - 14 April

on the river's isle a cob repairs the old nest, the pen makes it home

15 - 19 April

rainbow bridges remind me that the soul can journey on its own Kokuu (Grain Rains)

20 - 24 April

a cabbage white's dance over sprouting reeds, three ducklings cower

25 - 29 April

last frost, birds mark out boundaries of territories with their shell-grown songs

30 April - 4 May

swift flight threads nine worlds on an invisible string, peonies bloom

Rikka (Beginning of Summer)

5 **-** 9 May

the planning meeting's shower of acronyms, baffling frog-song

10 - 14 May

beside the speed trap blackbird drags a reckless worm out of the dark earth

15 **-** 20 May

checking for new shoots among black bamboo stems, hectic sand martins roost

Shóman (Lesser Ripening)

May 21 - 25

my fingers roam the keys, pale hungry silkworms feasting on mulberry leaves

May 26 - 30

in a Melrose garden safflowers blossom like sparks, part the horse's mane

May 31 - June 5

strawberry moon over Roseberry Topping, mist coils at its foot

Bóshu (Grain Beards and Seeds)

June 6 - 10

in the church hall praying mantises hatch to breath the mist

June 11 - 15

smell freshly mowed grass, behind my closed eyes I watch fireflies

June 16 - 20

the midday sun has become a yellow plum, its juice wets our brows

Geshi (Summer Solstice)

June 21 - 26

when self-heal withers we must depend upon others' laments and keenings

June 27 - 1 July

the indefinite shade of a baby's irises, butterflies bloom

July 2 - 6

the trifoliate leaves of the crow-dipper unfurl like dragon's wings Shósho (Lesser Heat)

July 7 - 11

warm winds carry the beat of street music across stone-cut centuries

July 12 - 16

from murky waters lotus blossoms open with the break of day

July 17 - 22

traffic light burning red, it's forecast extreme heat as hawks learn to fly Taisho (Greater Heat)

July 23 - 28

paulownias trees grow seeds, I'm minding the ache for a mucca: hitchhikes, dancing, his ramshackle spliffs

July 29 - August 2

damp earth, humid air under battling night-clouds, the muggy labour of sleep

August 3 - 7

fat raindrops in sharp sunshine, will the broiling skies break bringing fresh perspectives?

Risshú (Beginning of Autumn)

August 8 - 12

cool winds sometimes blow, but this year each singed leaf hangs in suspended animation

August 13 - 17

between the loughs in the land of the setting sun no evening cicada's sing

August 18 - 22

swallowing the glass sea, wrapping up the sky fog sails inland

Shosho (Manageable Heat)

August 23 - 27

no cotton flowers bloom but Deepdale beck blossoms dry pebbles in the drought

August 28 - September 1

"You know what?" she says,
"I'm feeling a bit chilly,
I'm putting a cardigan on"

September 2 - 7

when Summer's heat subsides, some welcome the change, others dread what's to come

Hakuro (White Dew)

September 8 - 12

dewdrops whiten the grass, pigeons' footprints form attachments between pavement puddles

September 13 - 17

dipping between light and shade wagtails whistle September tunes to welcome a beautiful baby boy

September 18 - 22

ask magpie, sparrow, squirrel, ring dove, robin, bee: they'll say, Look, the swallows have gone

Shúbun (Autumn Equinox)

September 23 - 27

once the bottle's drained, thunder settles into milk-sloshed slumber

September 28 - October 2

blood berries and rain, against the coming cold bugs bed-in underground

October 3 - 7

while farmers drain fields gold, copper, Autumnal treasures litter lawns, choke gutters

Kanro (Cold Dew)

October 8 - 12

arrows slice pale skies wild geese from the Arctic, their gobbleracket song

October 13 - 17

I saw no late blooming chrysanthemums but baby cries blossomed in our house

October 18 - 22

no crickets chirp but men are laying broadband cables outside my front door Sókó (Frost Falls)

October 23 - 27

little sign of frost and tough burnished leaves still cling to thinning trees

October 28 - November 2

samhain, the roads damp from today's light rain, bat flight under a crescent moon

November 2 - 6

ivy turns yellow, nights of fire, billowing smoke, morning's charred remains Rittó (Beginning of Winter)

November 7 - 11

far off to the East camellias bloom while here crane flies enter homes

November 12 - 16

warmest November on record, no hoar on the laid wreaths of remembrance

November 17 - 21

acclimatising to heavy rain, in darkness fields transform to lakes

Shósetsu (Lesser Snow)

November 22 -26

grim marsh skyline, cloud-wrapped pylons and chimneys hides timid rainbows

November 27 - December 1

the last stubborn leaves wait for North winds to strip them from the branches

December 2 - 6

a bluetit in the rain pecks at the pot-holed road, cobbles in puddles Taisetsu (Greater Snow)

December 7 - 11

hoar frost, light snow tyre tracks weave through Fairy Dell Good day Mr Magpie

December 12 - 16

our little bear cub hibernates, when he wakes he'll grizzle for milk

December 17 - 21

salmon clouds gather to swim across the flood plain from the disused railway line

Tóji (Winter Solstice)

December 22 - 26

nights of hoarse voices, hacking coughs, crumpled tissuesnowdrifts beside the bed

December 27 - 31

deep in Gribdale Wood deer shed their antlers, we stalk the new light

January 1 - 4

packing decorations into boxes, reassembling daily miracles Shókan (Lesser Cold)

January 5 - 9

parsley flower clouds clothe the Wolf Moon, frosted fields striped in light and shade

January 10 - 14

wild Southerly gales bring warmth and flood warnings, thawing ice in the bones

January 15 - 19

heather and high ground, where pheasants start to call through swarms of snowflakes Daikan (Greater Cold)

January 20 - 24

on the tips of twigs of the twisted hazel tree new catkins cluster

January 25 - 29

hard rains fall, drumming upon still waters' ice plates, bitter shafts of sunlight

30 January - 3 February

high winds sweep eggshell clouds out to sea, tufted ducks synchronise their feeding



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