

# Implementing Trauma-Informed Spaces in Education: A Reflexive Practice Tool

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## **“Developing a Trauma-Informed Practice Framework” Summary Report**

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“If we apply Trauma-Informed Practice at Sheridan, we lay the foundation for the creation of a safe and brave space” (Sheridan Employee, 2021).

Sheridan College Scholarship, Research, Creative Activities (SRCA) Growth Grant  
Research Project 2021-2022

**Sheridan**

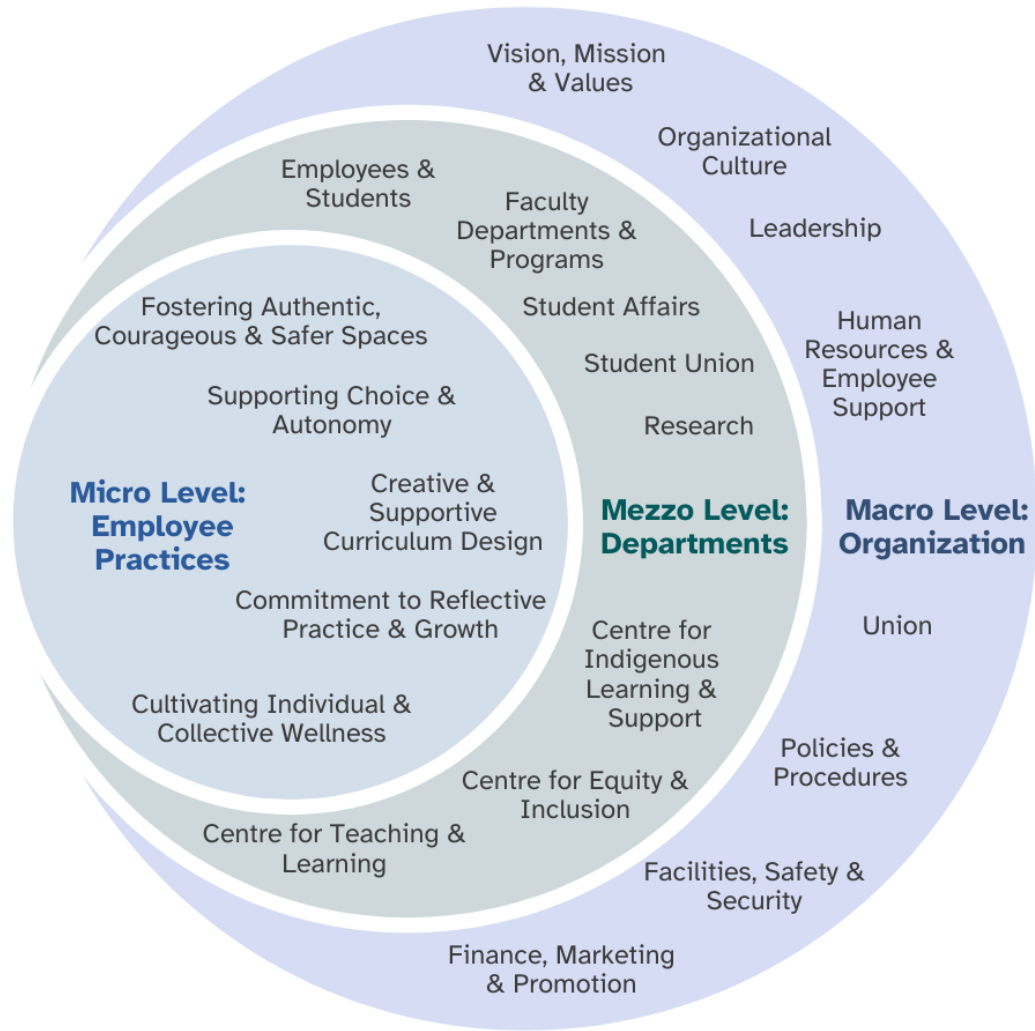
### **Goal:**

To develop proactive measures to support safer learning and working spaces for students and employees in post-secondary education. To reduce trauma, re-traumatization, and vicarious trauma.

### **Community-driven approach:**

18 focus groups; interviews and Community of Practice Forum with 9 community agencies. Supported by a comprehensive literature review.

## Trauma-Informed Education Grounded in a Systemic Analysis Organizational Framework



N. Johnson & I. Gianvito, 2022



**Available on SOURCE at**  
[https://source.sheridancollege.ca/centres\\_sg\\_2023\\_trauma\\_education/1/](https://source.sheridancollege.ca/centres_sg_2023_trauma_education/1/)

# Benefits of Trauma-Informed Education

- Addresses the prevalent and systemic causes of trauma within/outside of the educational system.
- Supports more compassionate, supportive, equitable, flexible and harm reducing learning and working spaces.
- Supports the collective care and well-being of the diverse community within education by reducing new trauma experiences, re-traumatization and vicarious trauma.
- It's the right thing to do!

# Trauma-Informed Education Reflexive Practice Tool:

Supports educational organizations with an inventory of promising practices to use as a guide to assess strengths and areas of enhancement.

Supports a call to action - recognizing the important role educational systems play in proactively preventing trauma and supporting healing and systemic change.

**Launching soon!**