

Personalities Behind the Titles



Miss Belle Lowe

KNOW Iowa State First" might be the motto of Home Economics students who wish to become better acquainted with the accomplishments and interests of the professors in their division. Limited space makes it impossible to include all the important facts about each professor or even to include all those who should be mentioned in an article of this kind.

FIRST and foremost in the division is Miss Genevieve Fisher who has been Dean of Home Economics since 1927. Miss Fisher, whose major hobby is travel, received her B. S. degree at Columbia University in 1914 and A. M. degree in 1927 from the same institution. She was special agent for the Home Economics Federation Board for Vocational Education at Washington, D. C., from 1919 to 1922 and taught at the Carnegie Institute of Technology, 1922-27.

Dean Fisher is a member of Phi Kappa Phi, Kappa Delta Pi, Omicron Nu, Phi Upsilon Omicron, Mortar Board and Sigma Delta Epsilon and is listed in *American Women's Who's Who*.

Listed in the order of their departments are:

MISS JOANNE M. HANSEN, head and professor of Applied Art, is known for her part in designing Home Economics Hall. She drew up the first plans, used by the architects, and personally designed the fountains and many other details of the building. She has attended the New York School of Fine and Applied Art, the Art Student's League of New York and Pratt Institute. Miss Hansen was granted a B. A. degree from Iowa State Teachers College, 1917, and an M. A. degree from Columbia University, 1924. She is a

by Ethel Overholt

member of Alpha Gamma Delta, Phi Kappa Phi, Mortar Board, Delta Phi Delta and Omicron Nu.

Favorite hobbies of Miss Hansen, who was born in Denmark, are collecting antique furniture, writing poetry, and painting for which she has received recognition. Her paintings have been exhibited at the Joslyn Memorial in Omaha, in Chicago, and at the Iowa State Fair Art Salon where she has received two awards. She also received the popularity prize for a watercolor, "Road to Town," from the Iowa Federation of Women's Clubs. Miss Hansen has traveled and studied abroad several times. She is listed in *Women's Who's Who*, *American College Presidents and Professors*, and *Leading Women of America*.

Miss Anna Henderson

November 13, 1938

With the death of Miss Anna Henderson the Home Economics Division lost an inspiring friend and an enthusiastic instructor. More than 3,000 college women felt her influence as they met her in and outside of the classroom.

Miss Henderson, as assistant professor in the Applied Art Department, taught courses in interior house design for 22 years. Outside of school she devoted much time to St. John's by the Campus Episcopal Church. She gave generously of her artistic talents, assisting in decorating, furnishing and purchasing suitable works of art, and acting as chairman for the furnishing and decorating of the rectory of her church. The D.A.R. and the K.K. Club also claimed her as a member.

Miss Henderson finished the Minneapolis School of Design and Normal in 1915. She then attended the New York School of Fine and Applied Art studying interior decoration, before coming to Iowa State. Later, on a year's leave of absence, she studied at Columbia University, and since then Miss Henderson made her home at 307 Ash Avenue, Ames.

MRS. ZENOBIA NESS, instructor of Applied Art, is best known for the Homemakers' Half-Hour, a program which she has conducted every morning for the past 10 years over radio station WOI.

Mrs. Ness, who attended the Univer-

sity of Chicago, Chicago Art Institute, Art Student's League of New York and the New York School of Fine and Applied Art, is a member of Delta Phi Delta and is listed in *Women's Who's Who*.

A collection of pressed glass, on display in the foyer of Home Economics Hall this fall, represents the favorite hobby of Mrs. Ness. Superintendent of the Iowa State Fair art salon for 12 years, she has brought the prize winners from the fair to the Memorial Union exhibit each fall.

HEAD and professor in the Foods and Nutrition Department since 1927 is Miss P. Mabel Nelson. Miss Nelson's hobbies are her garden and genealogy. For the past 3 years she has been a devotee of perennial flowers for she finds they take less care. Her latest enthusiasm for genealogy is based on the recent discovery of the missing link in her history, which thus completes the genealogy of the maternal side of the family back to 1662 when her first ancestor crossed the Atlantic.

Miss Nelson was granted a B. S. degree by the University of California, 1915; M. S., 1916; and Ph. D. by Yale University in 1923. She is a member of Alpha Gamma Delta, Alpha Nu, Sigma Xi, Phi Kappa Phi, Omicron Nu, Sigma Delta Epsilon, Phi Upsilon Omicron and Iota Sigma Pi.

Her name is listed in *American Men of Science*. A Californian who has adopted Iowa as a native state, she claims to help replace the migration of Iowans to the west coast.

MISS BELLE LOWE, professor of Foods and Nutrition since 1936, was granted a B. S. degree by the University of Chicago in 1918, an M. S.

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Miss Joanne Hansen

Coeds Like

• Our New Styles

platform soles
high-cut insteps
peeping toes
draped toes



• Our New Colors

burgundy
blue
green



• Our New Leathers

Suede
Alligator
Calf
Pigskin



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Donuts
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Downtown

Personalities

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degree in 1934. Miss Lowe is a member of Omicron Nu, Iota Sigma Pi, Delta Sigma Epsilon and Phi Kappa Phi. She was a member of the staff of the Bureau of Home Economics in Washington, D. C., in 1923-24. Author of a book and



Mrs. Zenobia Ness

many articles in experimental cookery, her favorite recreation is swimming and water sports. She is listed in *Women's Who's Who*.

MISS PEARL P. SWANSON, professor of Foods and Nutrition since 1936, received a B. S. degree from Carleton College in 1916, an M. S. degree from the University of Minnesota in 1924 and a Ph. D. from Yale University in 1930. She is a member of Phi Beta Kappa, Phi Kappa Phi, Sigma Xi, Phi Upsilon Omicron, Omicron Nu, Sigma Delta Upsilon and Iota Sigma Pi. Carrying on research sponsored by the Iowa Agricultural Experiment Station in her department and directing masters' problems in foods and nutrition are her chief duties. Golf is her favorite form of recreation and current styles of home furnishings her hobby.

PROFESSOR PAULENA NICKELL, head of the Home Management Department since 1936, is interested in home furnishings. Her new home in Ames was completed two years ago. Miss Nickell says she must have been "born wanting to build a house."

She was granted a B. S. degree by the University of Minnesota in 1923, an M. A. from Columbia in 1926 and a Ph. D. by the University of Minnesota in 1932. Miss Nickell is a member of Phi Upsilon Omicron, Omicron Nu and Pi Lambda Theta.

MISS FERN GLEISER, professor and head of Institution Management since 1931, when she first came to Iowa State, attempts to know the strong and weak points of each of her students in order that they may enter the phase of work for which they are best fitted. She enjoys travel books and the application

of art, color and flavor in developing new dishes suitable for the commercial tearoom or restaurant. Miss Gleiser offered as an oddity the fact that in almost every organization of which she is a member, she has served on the budget or finance committee.

Miss Gleiser, who attended Willamette University, obtained a B. S. degree from the University of Washington, 1924; an M. S. from Teachers College, Columbia University in 1927, and is a member of Phi Upsilon Omicron.

READING for enjoyment serves as the best diversion from work for Miss Enid Sater, acting head of Household Equipment in the absence of Dr. Louise Peet. She prefers light reading, fiction, historical novels and biographies.

Miss Sater was granted a B. A. degree by Des Moines University in 1923 and an M. S. degree by Iowa State College in 1932. She is a member of Phi Kappa Phi and Sigma Delta Epsilon.

DESIGNING clothes for the individual is of most interest to Miss Rosalie Rathbone, professor and head of Textiles and Clothing since she first came to Iowa State in 1931. Her only regret in teaching is that it leaves too little opportunity for designing and she must confine her enthusiasm to helping students and personal friends with their dress problems.

Miss Rathbone was granted both B. S. and M. A. degrees by Teacher College, Columbia University. She received her practical experience by designing fabrics for New York manufacturers and taking charge of the dressmaking studio of a New York store. She is a member of Omicron Nu.

MISS IVA BRANDT, professor in the Textiles Department, frequently addresses various retail business groups



Miss Fern Gleiser

on the subject of textiles. She has been faculty adviser for the Textiles and Clothing departmental club for the past six years and counselor for Textiles and Clothing majors in senior college. Miss Brandt received a B. S. degree from Iowa State College in 1905 and an M. S.

degree from Simmons College in 1925. She is a member of Phi Kappa Phi, Phi Upsilon Omicron and Omicron Nu.

MISS OLIVE SETTLES, associate professor in the Textiles and Clothing Department, received a B. S. degree from Columbia University in 1920. She has also attended Central Teachers College, Warrensburg, Missouri, and Santa Barbara Teachers College in California. A member of Delta Phi Delta, Sigma Delta Epsilon and Theta Sigma Phi, Miss Settles is named in *Women's Who's Who*.

Museum study and collecting textiles from various parts of the world are her hobbies. She has exhibited textiles at the University of California.

MISS FLORENCE FALLGATTER, head and professor of Home Economics Education, is the newest member of the Division. She came here this year from Washington, D. C., where she was chief of the Home Economics Education Service of the United States Office of Education for four years.

Having received her bachelor's degree from the University of Minnesota and a master's at Teachers College, Columbia University, Miss Fallgatter has been a member of the Home Economics Education staff of the University of Minnesota, acting head of the Home Economics Department of Montana State College and regional agent for Home Economics Education before assuming the duties of chief of the Bureau's Home Economics service. She is a member of Phi Mu and Phi Upsilon Omicron and has served as secretary-treasurer and president of the latter organization.

MISS CORA B. MILLER, retired head and professor of the Education Department, believes travel is her chief interest. She attended a meeting of the Home Economics Association of Porto Rico two years ago. During the five-week trip she interviewed Porto Rican teachers on methods of teaching.

Miss Miller, a member of Omicron Nu, Phi Upsilon Omicron and Phi Kappa Phi, introduced Home Economics into the Ft. Dodge public school system before coming to Iowa State in 1916. She was granted a B. S. degree by Beloit College, 1899, a diploma by Bradley Polytechnic Institute, 1909, and an M. A. degree by the University of Chicago in 1924.

GARDENING and dogs are the main interests of Miss Marcia Turner, associate professor of the Education Department. Miss Turner, a member of Omicron Nu, obtained a B. S. degree at Kansas State College in 1917 and an M. A. degree at the University of Chicago in 1919.

Once editor of the Kansas State College Alumnus, she is author of pamphlets written by Miller, Friant and Turner, all colleagues.

THE broader viewpoint of the child in relation to the home instead of

the child as an individual is the topic of most interest to Miss Lydia Swanson, professor and head of Child Development. Miss Swanson obtained her B. S.



Miss Lydia Swanson

degree at the University of Nebraska in 1923 and an M. S. at Iowa State College in 1931. She has also studied at Columbia University and Merrill-Palmer school in Detroit. She is a member of Omicron Nu and Phi Kappa Phi.

Vitamins

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a high calcium content in the intestine. Milk calcium is more easily absorbed and used when vitamin D is present.

We get our vitamin D from two sources and these two sources give us products with somewhat different chemical compositions. Vitamin D is produced by the exposure of vegetable foods to ultra-violet light and is obtained from fish oils. Experimental results seem to show that more of the vegetable vitamin D substance is required to produce the same results that are attained by the vitamin D found in fish oils. Egg yolk is an important source of vitamin D and milk is now being used extensively as a dietary source of this vitamin.

One experimenter has reported that we lose all the benefits of sunbaths and outdoor exercise when we take a shower and rub-down. Why? Because with the shower and rub-down we remove the skin secretions which contain vitamin D materials.

Dr. George R. Cowgill of Yale University makes the statement that our vitamin alphabet shows signs of shrinking because many recent claims of discovery of new vitamins have not been substantiated. Chemists are finding that what appeared to be new vitamins were just undiscovered properties of familiar ones. The fact that the vitamin alphabet is shrinking, however, does not mean that we know all about them, and these so-called protective foods are still necessary for health, vigor and vitality.

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