

## A Project in Homemaking

By ELIZABETH STORMS FERGUSON

A model apartment in the department store of Pelletier Company in Sioux City served as the setting for the program given by the Home Economics departments of the Sioux City schools during "Educational Week," held in November.

Various phases of the work as given in the practice departments and laboratories of the schools were carried on before the guests.

The Monday classes began with a ninth grade home planning class with Miss Gertrude Satorius in charge. She developed a plan for a one hundred percent home, using Miss Lita Bane's suggested nine topics as the spokes of a complete wheel. These were illustrated by suitable posters. The class then arranged a bedroom suitable for a girl of their own age.

A junior eighth grade class in foods, under the direction of Miss Caroline Kriege, planned, prepared and served a breakfast on Tuesday morning. The breakfast consisted of oranges a la marguerite, wheatina, top milk, omelet, popovers and cocoa. The food value of the materials used in the breakfast was explained and illustrated with posters.

Miss Gladys Mackey, in charge of a group of girls from one of the prevocational schools, took up the various types of work undertaken in this kind of school. It included a variety of work showing individual problems. Some of the girls worked on house dresses, aprons and gym bloomers, while others made over dresses. One girl so skillfully remodeled a woolen dress that she was to receive a dressmaker's wage for doing it. This group had an exhibit of hand made gingham and linen handkerchiefs, cookery holders, towels, and luncheon sets, which will be disposed of later at a Christmas sale.

Wednesday morning the senior eighth grade class, under the supervision of Miss Harriet Jorgenson, planned, prepared and served a formal luncheon to which Super-

intendent M. G. Clark and the presidents of the following clubs were invited: Woman's Club, American Association of University Women, Rotary, Lions, Kiwanis, Hi-Twelve and Knights of Columbus.

The menu: braised chicken, mashed potatoes, buttered string beans, baking powder biscuits, vanderbilt salad, blanc mange, sponge cake and coffee was fully appreciated by the guests, who decided that this phase of Home Economics was worth while.

On Thursday the girls from a ninth grade, with Miss Jessamine Hedgecock as director, made and sold cookies. Dough for the ice box cookies was prepared by the class the day before and they were baked soon after the class assembled at the model department. While part of the class baked the prepared dough, the others prepared chocolate drop cookies. Cookies made at school were sent in to the sale and the two girls who sold the delicacies reported the sale of forty-two dozen.

Miss Hanna Gunderson from North Junior High, chose as her class problem a lesson in fancy stitchery with junior seventh grade girls. Decorative work suitable for guest towels, lingerie and handkerchiefs was developed.

Miss Helen Graeve from East Junior High worked with a group of ninth grade girls making cotton house dresses. She also gave a very interesting drill on the correct way to make buttonholes.

Miss Irene Coulson from West Junior High selected seventh grade pupils for her class demonstration. The problems of this grade include tea towels, cooking aprons and bloomers. The girls were all attention and seemed to enjoy the "down town school".

Friday forenoon a home planning class under the direction of Miss Dora Baldwin demonstrated by the use of pictures, materials and discussions various topics

relating to home planning work. The subjects discussed were: selection of a home site, type of home, construction of the house plan, floor finishes, wall decorations and color harmony, curtains and draperies, proper selection and placing of furniture, selection of rugs, refinishing furniture picture frames and hanging of pictures and types and uses of pottery in decoration.

Thirty-two girls under the direction of Miss Minnie Opfer and Miss Gladys McCord presented the style show entitled, "Correct and Incorrect Dress for a High School Girl". Two girls, dressed as pages, recited the lines as each type appeared.

A clothing exhibit of work completed in high school classes this fall was no small feature. Woolen dresses bearing the unmistakable marks of skill were much commented upon. Likewise was the display of millinery. Hats of various fabrics of the present mode and millinery books showing samples of tailored trims and ribbon work were also on exhibit.

A very attractive display showing a few garments from each building was on inspection during the week. Dainty "nighties" showing bits of hand work, princess slips and practical garments for real service were all there.

An afternoon tea served by eighth grade girls under the direction of Miss Ethel Lennon completed the week's program. Sandwiches, chocolate cakes, candy and tea were served.

Miss Lillian G. Orr and Miss Emma Bliven, Home Economics Supervisors in Sioux City, were in charge of the week's work. They feel that "Educational Week" gave them an opportunity to make their work and ideals better known to a larger number of Sioux City citizens. Much credit is due the clubs, business houses and organizations of Sioux City for their part in making the week a success.

## Let's Have a Christmas Party

By ANN LEICHLITER and MARVEL SECOR

When everyone is home from school during Christmas vacation and there are parties galore, it is always a puzzle to find some different way to decorate the table. If you take some stiff paper, your pencil, eraser, paints, paste and some bits of bright silks and laces you can soon make some place cards that will give you opportunity to express the individuality of your guests.

Cut your paper into pieces four by six inches. Then draw a little lady on each one. If one of your guests is quite demure and old-fashioned, draw an old-fashioned miss and use colors which are the favorite ones of this guest. Leave a space at the bottom for the name. Some sort of background gives a chance for color and design. For the little ladies with full skirts a semi-circular piece of silk may be cut and pasted at the waist and the sides of the skirt and then allowed to ripple at the bottom. The bodice can be painted

the same color and a bertha from a scrap of lace may be added.

For the rather sophisticated girl a modern miss may be used. Material may be used for the slender silhouette or it may be only painted. To make them stand, cut around the upper half of the background—fold the outer part back and the placecard will stand. For a bridge party the tally may be marked on the back.

After the card game comes to an end, the scores are added and the winners are announced, the guests are invited to the dining room for refreshments. The table may be dressed informally with individual doilies or linen runners with napkins to match. The centerpiece may be a small Christmas tree on which gay clothespin dolls stand with outspread skirts and smiling faces. These favors may be made of the same colors as the place cards or of a definite color scheme. Any color

looks well with the green background.

One can easily make a full crepe paper skirt for each clothespin, with a tight bodice to complete the costume, paint a face on the head and glue or tie on a paper bonnet.

Candle light is an effective means of producing an hospitable, cheery atmosphere, so if the party is given in the afternoon the shades may be drawn in the dining room.

Suggestions for light refreshments are: Somerset sandwiches and Malaga salad, or ribbon sandwiches and Christmas salad. Coffee, tea or cocoa, salted nuts and colored hard candies may also be served.

Little drop cookies, creamy foudant or fudge and luscious divinity just seem to carry the Christmas cheer with them and are delightful additions to the rather informal party.

Recipes for the refreshments mentioned are:

#### Somerset Sandwiches

Moisten cream cheese with French dressing. Spread in thin slices of graham bread and sprinkle with finely chopped nuts. Remove the crusts, cut in slender pieces and toast on both sides. Serve hot with salad.

#### Malaga Salad

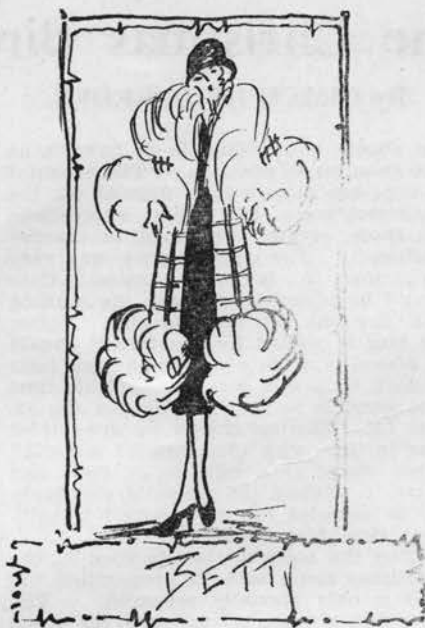
Mix one-half cup each of shredded pineapple, celery and Brazil nuts with mayonnaise dressing and arrange in a nest of lettuce. Skin and seed five Malaga grapes for each salad, marinate them with French dressing and place on the top of the salad.

#### Ribbon Sandwiches

Cut four slices of white bread and three slices of graham bread in one-fourth inch slices. Spread two slices each of white and graham bread on both sides with creamed butter, and spread the other two white slices on one side only. Pile in alternate layers, wrap in cheese cloth and press lightly in a cool place. Cut in one-fourth inch slices for serving, then in halves crosswise.

#### Hermit Drop Cookies

Fat 1 cup  
Sugar 1 cup  
Eggs 2  
Flour 2 cups  
Rolled Oats 2 cups  
Milk 4 quarts  
Chopped Nuts 1 cup



Chopped Raisins 1 cup  
Cinnamon 2 teaspoons  
Salt 1-4 teaspoon  
Baking Powder 2 teaspoons  
Vanilla 1 teaspoon  
Cream fat and sugar, add slightly beat-

en eggs and mlk. Dredge raisins in flour and add dry ingredients. Drop by teaspoons onto greased baking sheet.

#### Christmas Salad

Pare and chill six tomatoes. Cut in eighths without severing and open like the petals of a flower on a lettuce leaf. Mash cream cheese, add a little French dressing and make into balls the size of a pea. Place six or eight of these balls in the center of each tomato. Serve with Delmonico dressing, which is made as follows: one-half teaspoon each of salt and chopped parsley, one-fourth teaspoon pepper, two tablespoons vinegar, four tablespoons olive oil and one tablespoon of chopped red peppers.

If the hostess wishes to serve more than salad, sandwiches and a beverage, brick ice cream or a fancy sundae and small frosted cakes delight the eye as well as the appetite. Cakes baked in small muffin tins may be covered with white frosting and decorated with round slices of colored gum drops. These are the long narrow variety which one can buy in lavender, green, pink and yellow. A tiny lighted candle may be placed in the center of each cake if they are passed on a serving plate.

Everyone can give a party during the holidays which is different from others by spending a little time in planning decorations and favors. Every girl returned from school will take delight in making her the most clever one given.

## Home Economics in New Zealand

By LILLIAN B. STORMS

A friend in the States wrote me, "It seems peculiar for you to be attending afternoon teas and luncheons in New Zealand for I've always thought of New Zealand as being so far at the end of the world as to be only partly civilized." Before leaving home I heard my father say he thought I was going to New Zealand to teach the cannibals how to prepare their food! I assure you we are very much civilized here. I went to a dance last evening in a sleeveless evening gown purchased on Fifth Avenue and I was not in the least conspicuous.

The New Zealand people are English and Scotch and have come out here as colonists as did the early settlers in the eastern states. The main difference is that the early settlers here came only about eighty years ago. Habits of life therefore are much as they are in England and Scotland, at least they seem so to us, tho the recent arrivals from Great Britain think it is quite colonial and different from "home". Of course, the country is new compared to the old country and there are "raw edges" as in our newer districts. The people follow much the same food habits, houses are built much in the same styles as in England, fireplaces supply the heating, dictionaries give the same pronunciations as those of Great Britain, but the differences from the customs in the States are in degree and not fundamental. It is just because we are fundamentally the same as the English that the differences are the more noticeable. The different accent, or perhaps inflection would be the better term, of the New Zealander varies from that

Miss Lillian Storms, who has written for us this interesting account of the university and people of New Zealand, is a graduate of our Home Economics division in the class of '08.

of the Englishman and from that of the Canadian and Australian and from ours, as does that of our northerner from the southerner.

We have been much amused when people have said in surprise that we do not seem to have the Yankee twang. Some who have read O. Henry have asked us if most of the Americans do not talk that way, that they would expect to have great difficulty in understanding them. They can understand us and we assure them we are representative. Indeed, I would not wonder if they have decided we are more civilized than they had thought we were.

There is not as much antagonism toward the States as I had thought there might be. It is not the fault of the press that the feeling is as good as it is. All the news we get from America is really quite amusing, if it were not serious. The circus-like tactics of the Democratic convention were played up for all they were worth as showing of what our politics consisted. Furthermore, that was all the news from there which was published during the two weeks of the convention. We have so little news from there and what we have does not give as favorable an aspect on our life in the States as do

the comments and articles about New Zealand which appear in our press. Many of our poorer grades of films are shown here and but few of the better ones.

All the press statements about prohibition there sound to me very much like "wet" propaganda and most of the people coming back from the States are those who do not want prohibition introduced here and go well out of their way to tell what a farce it is there. Some of those published statements are exaggerations, as I well know. It may not work satisfactorily there, but it certainly is a big improvement over what we have seen here.

Very few Americans ever come here, so most of the impressions of us come second hand thru New Zealanders who have been to the States, and many of them have seen but very little of the country except New York City. Such sources of information as those mentioned are apt to be unfair and engender prejudice. Hence I wonder that there is not more misunderstanding about us.

People ply us with questions and apparently are very interested in all we say. We have been most royally received and cordially welcomed in fact, quite lionized. I sometimes wonder if visitors from little New Zealand would be received there with such courtesy. We Americans are so busy with our own interests and we have so many of them. There is less distraction here, but we are none the less appreciative of the friendliness with which we have been received.

The University of New Zealand is dis-  
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