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Terrestrial temperature evolution of southern Africa during the Late Pleistocene and Holocene: evidence from the Mfabeni Peatland

Susanne Fietz^{a*}, Andrea Baker^a, Charlotte S. Miller^b, B. David A. Naafs^c, Francien Peterse^d, Jemma Finch^e, Marc Humphries^f, Enno Schefuß^b, Alakendra N. Roychoudhury^a, and Joyanto Routh^g

^aDepartment of Earth Sciences, Stellenbosch University, Stellenbosch, South Africa

^bMARUM - Center for Marine Environmental Sciences, University of Bremen, Bremen, Germany

^cOrganic Geochemistry Unit, School of Chemistry, School of Earth Sciences, University of Bristol, Bristol, United Kingdom

^dDepartment of Earth Sciences, Utrecht University, Utrecht, the Netherlands

^eSchool of Agriculture, Earth and Environmental Sciences, University of KwaZulu Natal, Pietermaritzburg, South Africa

^fSchool of Chemistry, University of the Witwatersrand, Johannesburg, South Africa

^gDepartment of Thematic Studies - Environmental Change, Linköping University, Linköping, Sweden

*corresponding author: sfietz@sun.ac.za

1 **Abstract**

2 The scarcity of suitable high-resolution archives, such as ancient natural lakes, that span
3 beyond the Holocene, hinders long-term late Quaternary temperature reconstructions in
4 southern Africa. Here we target two cores from Mfabeni Peatland, one of the few long
5 continuous terrestrial archives in South Africa that reaches into the Pleistocene, to generate a
6 composite temperature record spanning the last ~43 kyr. The Mfabeni Peatland has
7 previously been proven suitable for temperature and hydrological reconstructions based on
8 pollen and geochemical proxies. Here we use branched glycerol dialkyl glycerol tetraethers
9 (brGDGTs) preserved in the Mfabeni peatland to derive a new quantitative air temperature
10 record for south-east Africa. Our temperature record generally follows global trends in
11 temperature and atmospheric CO₂ concentrations, but is decoupled at times. Annual air
12 temperatures during Marine Isotope Stage (MIS) 3 were moderately high (*c.* 20.5 °C), but
13 dropped by *c.* 5 °C during the Last Glacial Maximum, reaching a minimum at *c.* 16-15 ka.
14 Asynchronous with local insolation, this cooling may have resulted from reduced sea surface
15 temperatures linked to a northward shift in the Southern Hemisphere westerly winds.
16 Concurrent with the southward retreat of the westerlies, and increasing sea surface
17 temperatures offshore, warming from minimum temperatures (*c.* 15.0 °C) to average
18 Holocene temperatures (*c.* 20.0 °C) occurred across the deglaciation. This warming was
19 briefly but prominently interrupted by a millennial-scale cooling event of *c.* 3 °C at *c.* 2.4 ka,
20 concurrent with a sudden change in hydrological conditions. The average Holocene
21 temperatures of *c.* 20.0 °C were similar to those reconstructed for MIS 3, but after the 2.4 ka
22 cooling period, air temperatures in the Mfabeni peat recovered and steadily increased towards
23 the present. In summary, our record demonstrates that land temperature in eastern South
24 Africa is highly sensitive to global drivers as well as nearby sea surface temperatures.

25 1. Introduction

26 Knowledge of past changes in climate is important to quantify Earth's sensitivity to carbon
27 cycle perturbations (Seddon et al., 2016). However, although past changes in marine
28 temperatures are relatively well constrained, much less quantitative temperature data are
29 available for the terrestrial realm. Accordingly, one of the largest uncertainties in predicting
30 the impact of anthropogenic climate change is the response of the terrestrial realm (Meir et
31 al., 2006; Carvalhais et al., 2014). In particular, correctly quantifying the sensitivity of
32 terrestrial climate to natural or anthropogenic climate forcings provides a major challenge for
33 the paleoclimate community (Knight and Harrison, 2012). Hence, we need robust
34 temperature reconstructions from terrestrial ecosystems to test climate model simulations of
35 past greenhouse periods (Huber and Caballero, 2011).

36 In this context, reconstructing climate in southern African is of interest as it is affected by a
37 complex interplay of driving systems and because livelihoods in southern Africa are strongly
38 affected by a changing climate. The region currently experiences *c.* 0.4 °C warming per
39 decade (Davis-Reddy and Vincent 2017), about twice the global average (Engelbrecht et al.,
40 2015; Engelbrecht and Monteiro 2021). The IPCC projects further warming in south-east
41 Africa with high confidence, such as a near-term (2021-2040) 1.6 °C increase under the
42 SSP1-2.6, a scenario of severely cut near-future global CO₂ emissions (Gutiérrez et al., 2021;
43 Iturbide et al., 2021). There is, therefore, an urgent scientific interest in better understanding
44 the climate dynamics and controlling factors at various time-scales to support mitigation and
45 adaptation strategies. Gasse et al. (2008) present a comprehensive overview of major
46 contemporary African climates dynamics including zonal and regional characteristics,
47 highlighting differences between regions north and south of the equator and a marked west-
48 east asymmetry. Of particular interest for contemporary climate in south-east Africa is the
49 warm Agulhas current and Indian Ocean to the east, the Intertropical Convergence Zone
50 (ITCZ) to the north, and the Southern Ocean and westerlies to the south. In this context,
51 south-east African archives record spatially and temporally heterogenous responses to climate
52 drivers during the late Quaternary (e.g., Schmidt et al., 2014; Singarayer and Burrough, 2015;
53 Scott and Neumann 2018; Miller et al., 2020) that likely differed between glacial and
54 interglacial periods (e.g., Chevalier and Chase 2015; Simon et al., 2015; Hahn et al., 2021a).

55 Much more information has been gathered on the controls of hydroclimate than quantitative
56 temperature variability in south-east Africa (Chevalier et al., 2020). However, temperature
57 and hydrology are not necessarily linked. For example, local insolation has been suggested as
58 a major driver for some hydroclimate in south-east Africa (Partridge et al., 1997), while mean
59 annual temperatures in the region do not seem to follow local summer insolation (Chevalier
60 and Chase, 2015). On glacial-interglacial time scales a coupling of south-eastern African
61 hydroclimate and vegetation with Agulhas sea surface temperatures (SSTs) has also been
62 inferred from proxy records (Dupont et al., 2011; Schmidt et al., 2014; Caley et al. 2018;
63 Hahn et al., 2021a). A similar terrestrial to sea surface temperature relationship has been
64 proposed for the past glacial-interglacial cycle (Truc et al., 2013; Chevalier and Chase, 2015).
65 It is possible that the hydroclimate follows precession (insolation) forcing in some south-east
66 African areas and West Indian Ocean sea surface temperatures in others (Neuman et al.,

67 2014; Simon et al., 2015), while temperatures predominantly follow SSTs. However,
68 hydroclimate in the region is also inferred to be driven by the interplay of tropical and
69 subtropical atmospheric processes, as well as the position of the westerly winds due to
70 changes in Southern Ocean sea ice extent (e.g., Miller et al., 2019, 2020; Hahn et al., 2021a,
71 2021b). This suggested interplay is consistent with dynamics affecting south, south-west and
72 interior South Africa (Chase and Meadows 2007; Gasse et al. 2008; Stager et al., 2012; Chase
73 et al. 2013, 2015a). Similarly, on longer-term scales, temperature in south-east Africa is also
74 influenced by glacial and CO₂ feedback controls (Chevalier et al., 2020). But in addition,
75 some records indicate a connection with Northern Hemisphere climate change (Hahn et al.,
76 2021a, 2021b) and the impact of abrupt changes during Greenland stadials and associated
77 changes in East Asian Monsoon intensity (Simon et al., 2015). This is similar to hydroclimate
78 records found in south-western Africa (Chase et al., 2010), equatorial east Africa (Johnson et
79 al., 2002; Tierney et al., 2008), and south-eastern Africa (Schefuß et al., 2011). These records
80 illustrate the large variability in the proposed control of south-east South African temperature
81 and hydroclimate during the late Quaternary.

82 A major obstacle in understanding past climate and environmental variations in southern
83 Africa is the scarcity of continuous terrestrial archives (Scott et al., 2008; Nash and
84 Meadows, 2012). This is partly due to the semi-arid climate that often prevents continuous
85 records of traditional proxies, such as pollen (Chase and Meadows, 2007), to be preserved, as
86 well as to a scarcity of lake records that span beyond the late Holocene. As an alternative to
87 long-term lacustrine and coastal marine records, sedimentological proxy records have been
88 generated in southern Africa's dry interior, e.g., in alluvial paleosols (Lyons et al., 2014) and
89 pans (Lukich et al., 2020). Rock hyrax middens provided further fundamental insights into
90 primarily south-west African terrestrial paleoclimate, using pollen- (e.g., Lim et al., 2016;
91 Scott et al., 2018) and isotope-based reconstructions (e.g., Chase et al. 2015b, 2017, 2020). In
92 addition, geochemical proxies, primarily $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$, have previously been employed in
93 examining southern African speleothems to reconstruct temperature and precipitation, for
94 example, in the Congo Caves (Talma and Vogel, 1992), Cold Air Cave (Repinski et al., 1999;
95 Stevenson et al., 1999; Holmgren et al., 2003), and Wolkberg Cave (Holzkämper et al.,
96 2009). However, cave records can be discontinuous, and deconvolving temperature from
97 speleothem $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ is challenging because these proxies are affected by factors other
98 than temperature (Lachniet et al., 2009).

99 Peat deposits provide another form of continuous terrestrial archives as they are formed by
100 the long-term accumulation of organic matter under waterlogged conditions, facilitating
101 excellent preservation of organic matter (e.g., Lappalainen 2006; Yu et al., 2010; Rydin and
102 Jeglum, 2013; Müller and Joos, 2020). Unfortunately, peatlands do not frequently form under
103 the semi-arid conditions that prevail in southern Africa, but there are a few notable
104 exceptions such as the Mfabeni Peatland. Mfabeni is purported to be one of the oldest
105 continuous sedimentary archives of its kind in Africa (Finch and Hill, 2008; Grundling et al.,
106 2013) with a basal age of *c.* 45 cal kyr BP (Baker et al., 2014). Previous studies on Mfabeni
107 include hydrological (Clulow et al., 2012; Grundling et al., 2015) and geomorphological
108 (Grundling et al., 2013; Humphries et al., 2017) investigations, as well as palynological
109 (Finch and Hill, 2008) and geochemical studies including $\delta^{13}\text{C}$, $\delta^{15}\text{N}$ (Baker et al., 2014), *n-*

110 alkane, *n*-alkanoic acid and *n*-alkanol biomarkers (Baker et al., 2016) and leaf wax isotopes
111 (Baker et al. 2017, Miller et al., 2019). These studies provide a valuable paleo-environmental
112 context for this region. Temperature evolution has also been inferred from the palynological
113 records (Finch and Hill, 2008), but pollen-based temperature reconstructions in Mfabeni
114 suffer from a low taxonomic resolution, resulting in a low number of climate sensitive pollen-
115 types (Chevalier and Chase, 2015).

116 We here use a lipid biomarker approach to reconstruct a continuous record of air
117 temperatures using branched glycerol dialkyl glycerol tetraethers (brGDGTs) preserved in the
118 Mfabeni peatland. BrGDGTs are produced by bacteria (Weijers et al., 2006, Sinninghe
119 Damsté et al., 2018; Halamka et al. 2021) that are thought to adapt the molecular structure of
120 their cell membranes in response to changing environmental conditions, especially air
121 temperature (Weijers et al., 2007, Naafs et al. 2021). Hence, downcore changes in brGDGT
122 distributions can be translated into temperature records using depositional setting-specific
123 transfer functions (e.g., Weijers et al., 2007b; Peterse et al., 2012; De Jonge et al., 2014;
124 Dearing Crampton-Flood et al., 2020; as well as Naafs et al., 2017 specifically for peats).
125 These have been used to reconstruct past air temperatures for various environments and
126 geological time intervals, including peats (e.g., Ballantyne et al., 2010; Weijers et al., 2011a;
127 Zheng et al., 2015, 2017). We apply the peat-specific temperature calibration (MAAT_{peat};
128 Naafs et al., 2017) to two individual Mfabeni peat cores to generate a combined, continuous,
129 quantitative air temperature record for south-east Africa spanning the past *c.* 43 kyr. We use
130 two cores retrieved from sites approximately 1 km apart to derive a stacked record
131 minimizing site-specific variability. We furthermore assess the potential presence of a
132 seasonal bias and an impact of shifts in the peatland's water table on the reconstructed
133 temperatures. Finally, we place the timing and direction of trends in our stacked Mfabeni air
134 temperature record in a southern African and global climatic context.

135

136 **2. Methods**

137 **2.1. Site description and sampling**

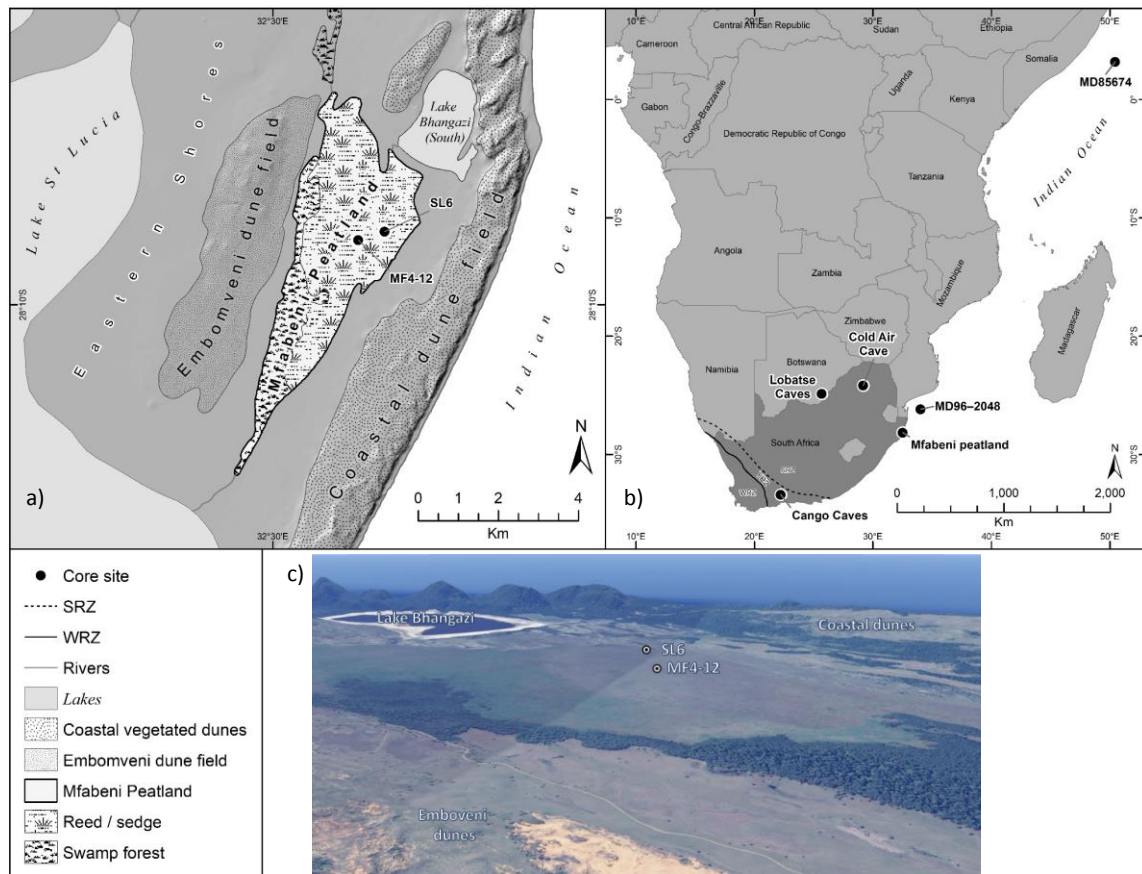
138 Mfabeni Peatland (*c.* 28.1 °S; 32.5 °E) is located within an interdunal basin (Botha and Porat,
139 2007) on the eastern shores of Lake St Lucia, the main landmark of the UNESCO World
140 Heritage iSimangaliso Wetland Park in northern KwaZulu Natal, South Africa (Figure 1).
141 The peatland formed as part of the greater Natal Mire Complex via valley infilling within the
142 KwaMbonambi formation coastal dune depression (Smuts, 1992). The area falls within a sub-
143 tropical climatic zone, with approximately 80% of the annual rainfall (900 – 1200 mm)
144 occurring during the austral summer months (Grundling, 2001; Taylor et al., 2006a; Clulow
145 et al., 2012). Modern-day mean monthly temperature ranges between *c.* 18 °C (July) and 25
146 °C (January), and the annual average air temperature is *c.* 21.5 °C.

147 The north-south aligned 10 m thick Mfabeni peat deposit (Grundling et al., 2013) has a
148 surface extent of 30 km² (Clulow et al., 2012). Despite the coastal location, Mfabeni is a
149 groundwater fed system. The hydrology of the peatland is dominated by groundwater
150 recharge from the Maputaland aquifer and local precipitation (Taylor et al., 2006b; Grundling

151 et al., 2013). Sea level changes occurred since peat accumulation began in the Mfabeni Mire.
152 During the Pleistocene, i.e. during Marine Isotope Stage (MIS) 3, the sea level was c. 40-60
153 m lower than present (Ramsay and Cooper, 2001). Sea levels dropped to 125 m below current
154 levels during MIS 2 (LGM, c. 18 ka) but increased thereafter to reach present levels by c. 6.5
155 ka (Grundling, 2013, Ramsay and Cooper 2001). Persistent groundwater input from the
156 Maputaland aquifer coupled with local precipitation resulted in continuous, but variable rates
157 of peat accumulation (Baker et al., 2014, 2016). Throughout this time, the adjacent c. 55 kyr
158 old coastal dune barrier (Porat and Botha, 2008) purportedly protected the coastal Mfabeni
159 basin from sea level transgression and erosion (Grundling et al., 2013). In addition, a clay
160 layer may have prevented water losses at times of low sea level (Grundling et al., 2013).
161 Pollen records throughout this time, particularly the occurrence of *Typha*, indicate freshwater
162 conditions in the Mfabeni Basin (Grundling et al., 2013).

163 The vegetation composition of the peatland can be broadly divided into swamp forest at the
164 western margin of the site, with the remainder comprising open reed-sedge dominated
165 communities typified by, *inter alia*, Cyperaceae spp., *Typha capensis*, *Sphagnum truncatum*,
166 *Xyris natalensis*, and *Restio zuluensis* (Venter, 2003). Venter (2003) performed a detailed
167 vegetation classification of the site, dividing the swamp forest communities as follows:
168 *Syzygium cordatum-Stenochlaena tenuifolia*, *Ficus trichopoda-Nephrolepis biserrata*, and
169 *Barringtonia racemosa-Bridelia micrantha*.

170



171

172 **Figure 1:** (a) Geomorphological site map of Mfabeni Peatland indicating the locations of
 173 core SL6 and MF4-12, adapted from Miller et al., 2019, (b) Location of Mfabeni Peatland
 174 and records referred to in this study. (c) Google Earth image showing the position of the
 175 Mfabeni Peatland and coring locations in an interdunal valley, adapted from Humphries et
 176 al. (2017). WRZ - Winter Rainfall Zone, YRZ - Year-round Rainfall Zone, SRZ - Summer
 177 Rainfall Zone (Chase and Meadows, 2007).

178

179 Two independently retrieved Mfabeni cores were utilized in this study. The longer (810 cm)
 180 core SL6 was extracted from the deepest part of the peatland in June 2011 (28.15021 °S;
 181 32.52508 °E) using a Russian peat corer with a sampling barrel measuring 5 cm x 50 cm. The
 182 second, slightly shorter core MF4-12 (696 cm, corrected for compaction to 1107 cm) was
 183 retrieved approximately 1 km to the south-west of core SL6 (Figure 1c; 28.152250 °S;
 184 32.519278 °E) in January 2012 using a vibrocorer. Core MF4-12 was sampled at a higher
 185 resolution than core SL6. Details with regard to the cataloguing, and sub-sampling are given
 186 in Baker et al. (2014, core SL6) and Miller et al. (2019, core MF4-12). Lithological
 187 description is also provided in detail therein. In brief, core SL6 varies between black to dark-
 188 brown fine-grained amorphous peat and includes occasional sandy lenses. Rootlets occur
 189 between 340-61 cm. Average core porosity is 0.7 and average bulk densities vary between
 190 0.24 and 0.29 g cm⁻³ (Baker et al., 2014). Mass accumulation rates range between c. 21 and
 191 103 g m⁻² yr⁻¹, and total organic carbon contents range between c. 10 and 1600 g m⁻² (Baker
 192 et al., 2014). As a result, carbon accumulation rates average 32 gC m⁻² yr⁻¹ during the

193 Holocene and $12 \text{ gC m}^{-2} \text{ yr}^{-1}$ over the remainder of the core (Baker et al., 2014). The Mfabeni
194 peat lithology is heterogenous (Grundling et al., 2013) and the lithology of core MF4-12
195 differs from core SL6. In core MF4-12, the largest section (590-70 cm) contains peat with
196 humus, fine detritus, and silt, while the upper section (70-0 cm) contains fibrous peat with
197 humus and herbaceous fine detritus (Humphries et al., 2017; Miller et al., 2019). Grain sizes
198 are largest ($110 \mu\text{m}$ average) in the sandy peat section covering the Last Glacial Maximum
199 (LGM) while smaller grains were deposited during the Holocene ($50 \mu\text{m}$ average)
200 (Humphries et al., 2017; Miller et al., 2019).

201

202 **2.2. Radiocarbon dating and age model**

203 Nine bulk peat samples from core SL6 and 24 samples from core MF4-12 were previously
204 ^{14}C dated and calibrated using the Southern Hemisphere calibration curve, SHCal13, and
205 post-bomb Southern Hemisphere curve, zones 1-2 (details in Baker et al., 2014; Miller et al.,
206 2019). The AMS ^{14}C dates and the original age-depth models with uncertainty ranges are
207 produced in Baker et al. (2014) for core SL6 and in Miller et al. (2019) for core MF4-12. In
208 this study, the chronology was re-calibrated using SHCal20 (Hogg et al., 2020). The revised
209 age-depth model is provided in Supplemental Information Figure S1. Age values were
210 adjusted using the “rbacon” v 2.5.7 R package modelling software (Blaauw and Christen,
211 2011; Blaauw et al., 2020). The calibrated ages are herein referred to as thousand calibrated
212 years BP and abbreviated as ka.

213

214 **2.3. GDGT extraction and analysis**

215 **Core SL6:** The core SL6 lipid biomarker extraction protocol was modified from Baker et al.
216 (2016). Subsamples of 0.5 g freeze-dried material were extracted with 8 mL of 9:1 v/v
217 dichloromethane:methanol (DCM:MeOH), agitated for 10 min, centrifuged and the
218 supernatant pipetted into a new vial. The supernatant was centrifuged and reduced on a roto-
219 evaporator. The total lipid extract was then re-eluted with 4 mL 9:1 v/v DCM:MeOH and
220 filtered through Pasteur pipettes lined with glass wool and activated silica gel. The sample
221 was evaporated to dryness and re-eluted using 1.5 mL of DCM:MeOH (9:1, v/v), which was
222 then transferred to a 2 mL vial and evaporated to dryness under a gentle stream of high-grade
223 nitrogen. The total lipid extract was re-dissolved in hexane/iso-propanol (99:1, v/v) and
224 filtered using a $0.45 \mu\text{m}$ PTFE filter. The distribution of brGDGTs was analysed using high-
225 performance liquid chromatography/atmospheric pressure chemical ionization – mass
226 spectrometry (HPLC/APCI-MS) coupled to a ThermoFisher Scientific Accela Quantum
227 Access triple quadrupole MS at the University of Bristol (Naafs et al., 2017). For normal
228 phase separation, two ultra-high-performance liquid chromatography (UPLC) silica columns
229 (Waters Acquity UHPLC HEB Hilic preceded by a guard column with the same packing)
230 were used following Hopmans et al. (2016), resulting in the separation of the 5- and 6-methyl
231 brGDGT isomers. An increase in sensitivity, as well as reproducibility of the sample peaks
232 was achieved using the selective ion monitoring mode (SIM) and mass/charge (m/z) 1302,

233 1300, 1298, 1296, 1294, 1292, 1050, 1048, 1046, 1036, 1034, 1032, 1022, 1020, 1018, 744,
234 and 653.

235 **Core MF 4-12:** Lipid biomarkers were extracted from freeze-dried and homogenized peat
236 samples as described by Miller et al. (2019). In short, lipid biomarkers were extracted from c.
237 2 g peat with DCM:MeOH (9:1) using an Accelerated Solvent Extractor (ASE 200,
238 DIONEX). The total lipid extract obtained was treated with copper turnings to remove
239 elemental sulfur, dried under a gentle N₂ stream, and passed over a Na₂SO₄ column to
240 remove water with hexane as eluent. The total lipid extract was saponified using 6% KOH in
241 MeOH, back-extracted with hexane, and then passed over a silica gel column using hexane,
242 DCM, and DCM:MeOH (1:1) to obtain a hydrocarbon, ketone, and polar fraction,
243 respectively. Polar fractions were then re-dissolved in hexane:isopropanol (99:1) and filtered
244 using a 0.45 μm PTFE filter. The brGDGTs were analyzed following the same procedure as
245 for core SL6, except for using an Agilent 1260 Infinity UHPLC coupled to an Agilent 6130
246 single quadrupole mass detector at Utrecht University.

247

248 **2.4. Proxy and air temperature calculation**

249 In brief, the brGDGTs can vary in the amount and position of methyl branches as well as the
250 number of cyclopentane rings (Weijers et al., 2007a; De Jonge et al., 2013). The degree of the
251 methylation of the 5-methyl brGDGT isomers is related to temperature and quantified in the
252 MBT'_{5me} index, while the number of cyclopentane moieties as well as the position of the
253 methyl branches is related to pH, captured in the CBT index (Weijers et al., 2007a; De Jonge
254 et al., 2014). The brGDGT distribution is used here to calculate the MBT'_{5me} index (De Jonge
255 et al., 2014) following equation 1:

$$256 \text{MBT}'_{5me} = \frac{(Ia+Ib+Ic)}{(Ia+Ib+Ic+IIa+IIb+IIc+IIIa)} \quad (\text{eq. 1}),$$

257 where Ia – Ic = tetra-, IIa – IIc = penta-, and IIIa = hexamethylated 5-methyl brGDGTs with
258 0-2 cyclopentane moieties.

259 The MBT'_{5me} index was converted to mean annual air temperature using the following peat-
260 specific transfer function (Naafs et al., 2017):

$$261 \text{MAAT}_{\text{peat}} (\text{° C}) = 52.18 \times \text{MBT}'_{5me} - 23.05 \quad (\text{eq. 2}).$$

262 The transfer function of Naafs et al. (2017) is based on the most comprehensive peat dataset
263 that is currently available. Even though the majority of the peats in this dataset are from
264 temperate regions, the temperature dependency of the brGDGTs appears consistent
265 worldwide (Dearing Crampton-Flood et al., 2020; Raberg et al., 2022), corroborating the
266 applicability of the transfer function based on this dependency in the subtropical Mfabeni
267 peatland. Hereafter, we will refer to the MAAT_{peat} as air temperature. The calibration error
268 associated with MAAT_{peat}, i.e., the root mean square error, is 4.7 °C and is partly introduced
269 by the spatial distribution and associated variability in environmental conditions of the
270 investigated peats across the globe (Naafs et al., 2017). We infer here that when the proxy is
271 applied downcore at any individual site, the error will be constant, and variations in MBT'_{5me}

272 can mostly be linked to (local) environmental changes. The analytical error on reconstructed
273 temperatures is typically <0.5 °C based on repeated measurements of in-house standards.

274 In addition, we quantified the ratio of isoprenoid GDGT-0 (caldarchaeol) over crenarchaeol.
275 This ratio likely reflects changes in temperature as well as in the archaeal community
276 composition (Pearson and Ingalls, 2013). The ratio can indicate the presence of methanogenic
277 archaea (Zhang et al., 2016). This assumption follows a simplified principle that
278 Thaumarchaeota predominantly produce crenarchaeol, while GDGT-0 is also produced by
279 Euryarchaeota, including methanogens (Turich et al., 2007; Schouten et al., 2013).
280 Simplified, high GDGT-0 versus crenarchaeol ratios reflect oxygen depleted conditions and
281 low ratios reflect oxygenated conditions (Zhang et al., 2016).

282

283 **2.5. Stacked record**

284 To provide a composite record from the two individual cores SL-6 and MF 4-12, we used
285 Python Locally Weighted Scatterplot Smoothing (LOWESS) applying function
286 “statsmodel.nonparametric.smoothers_lowess.lowess”. In brief, this means fitting each point
287 in the range of the dataset according to a weighted least square equation $[(1 - |d|^3)^3]$,
288 where d represents the distance of the respective points (i.e., observations/field data) to the
289 point of estimation in the LOWESS curve fit. Thus, the further away the observations lie to
290 the point of the curve being fitted, the less weight they have on the estimate
291 ([https://www.statsmodels.org/dev/generated/statsmodels.nonparametric.smoothers_lowess.lo
292 wess.html](https://www.statsmodels.org/dev/generated/statsmodels.nonparametric.smoothers_lowess.lowess.html)). The LOWESS-curve includes a smoothing parameter. For this, we used 10% of
293 nearby data points for estimating the curve at each point in time, which means that the
294 weighted least square equation only takes into account the closest 10 % of points.

295 To report uncertainties (confidence interval), we also calculated the LOWESS curves on
296 bootstrapped data. The bootstrapping was made by first taking 100 random x-y-measurement
297 pairs from the full population, calculating LOWESS-curve with same properties as used for
298 the full dataset, and then repeating this procedure 100 times. For each x-value in the
299 bootstrapping a mean and standard deviation of y was calculated, and from this 95%
300 confidence intervals were calculated according to $[\text{mean} \pm 1.96 * \text{standard deviation}]$. This
301 smoothing procedure does not incorporate age or proxy uncertainty.

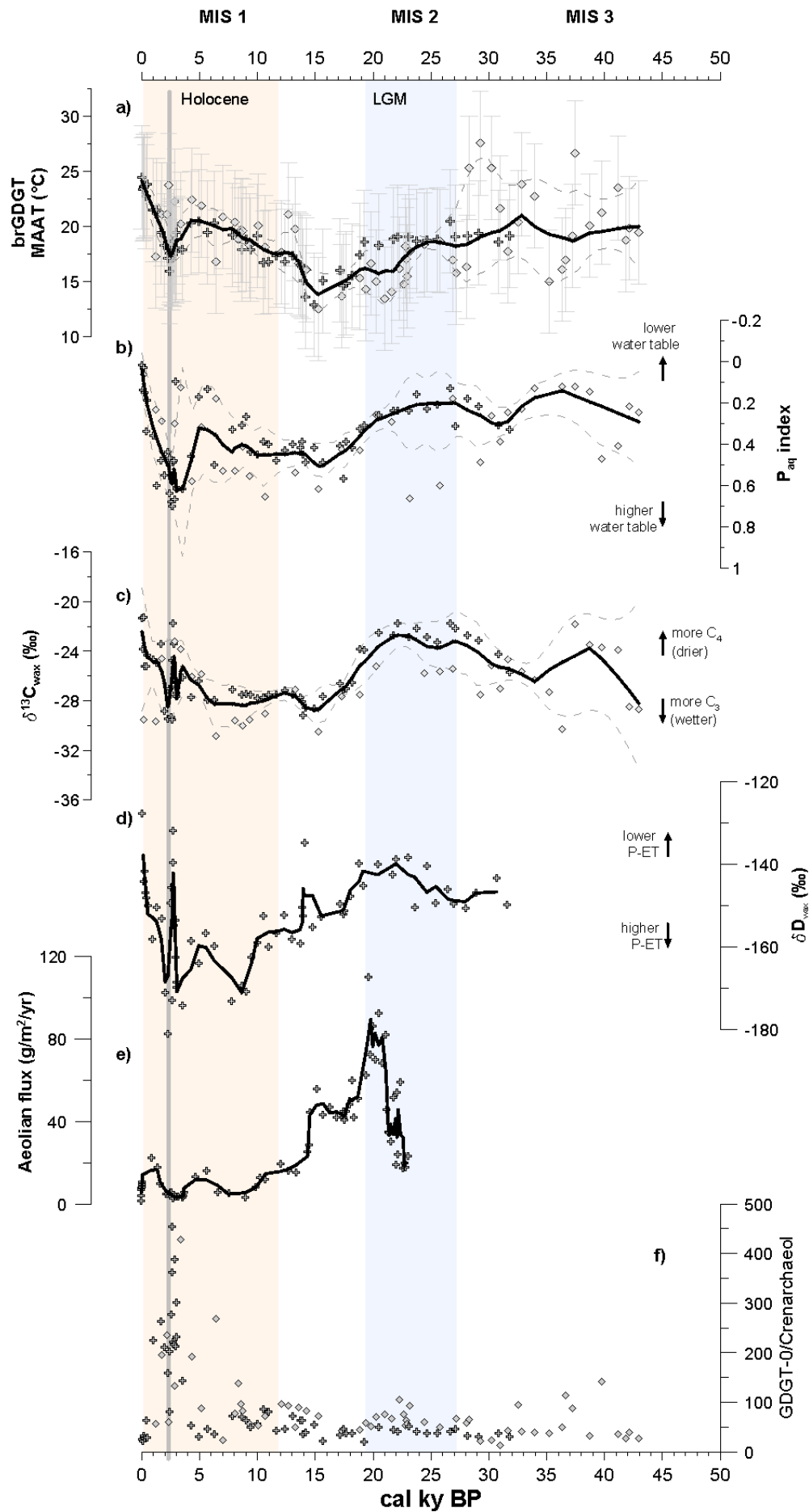
302

303 **3. Results**

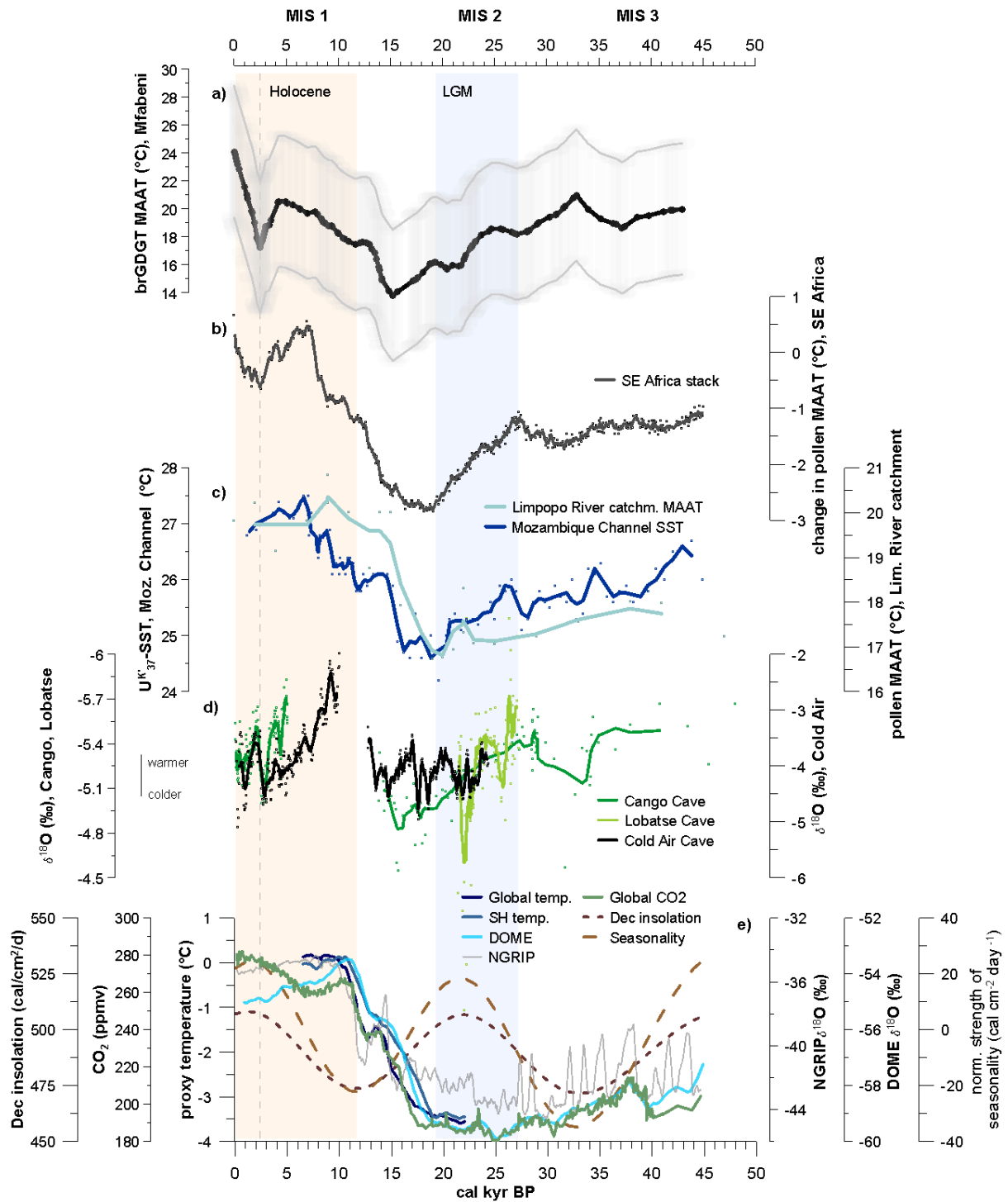
304 **Stacked record:** The composite record indicates major air temperature trends (Figure 2a).
305 Air temperatures decreased by *c.* 5 °C across the late glacial period, from *c.* 20 °C at around
306 42.5 ka to a minimum temperature of *c.* 15 °C at *c.* 15.5 ka (Figure 2a). From this minimum,
307 air temperatures increased, reaching 24.5 °C at the top of the core, representing the very latest
308 Holocene (Figure 2a). The reconstructed average Holocene temperature is *c.* 20 °C. Shorter-
309 scale climate fluctuations are also recorded, such as a major millennial-scale cooling event at
310 *c.* 2.4 ka (Figure 2a).

311 **Offsets between both cores:** For most of the records, both cores show matching temperature
312 trends that differ on average by *c.* 2 °C (Figure 2a), which is well within the 4.7 °C error

313 associated with the global spatial MAAT_{peat} calibration (Naafs et al., 2017). Over most of the
314 late glacial period *c.* 28-15 ka, the SL6 core reflected consistently colder (Figure 2a) and
315 wetter (Figure 2b-d) conditions compared to core MF4-12. Occasionally however, the
316 difference between the two cores reaches *c.* 5-7 °C, especially at around 2.4 ka and 29 ka
317 (Figure 2a). These differences are larger than the proxy error.



319 **Figure 2:** Quantitative air temperature reconstructions from Mfabeni Peatland compared
320 with previously published paleoenvironmental records from core sites SL6 (diamonds) and
321 MF4-12 (crosses). (a) Branched glycerol dialkyl glycerol tetraethers (brGDGT) derived
322 mean annual air temperatures (MAAT, this study). (b) Aquatic plant index (P_{aq}), where
323 higher index values reflect more aquatic plants and lower values reflect more terrestrial
324 plants (note the axis orientation; Baker et al., 2016; Miller et al., 2019). (c) Stable carbon
325 isotope composition (weighted mean) of C_{29} – C_{31} n-alkanes ($\delta^{13}C_{wax}$) reflecting changes in
326 C_3/C_4 vegetation (Baker et al., 2017; Miller et al., 2019). (d) Hydrogen isotope composition
327 (weighted mean corrected for ice volume changes; Miller et al., 2019) of C_{29} – C_{31} n-alkanes
328 (δD_{wax}), reflecting changes in precipitation amount and evapotranspiration (P-ET). (e)
329 Aeolian flux (Humphries et al., 2017) reflecting changes in regional climate and wind. (f)
330 Isoprenoid GDGT ratio GDGT-0 versus crenarchaeol that can be used as an indication of
331 methanogenic archaea (this study). Simplified high GDGT-0/crenarchaeol ratios reflect
332 oxygen depleted conditions and low ratios reflect oxygenated conditions. Grey error bars in
333 panel a indicate calibration uncertainty (i.e., root mean square error of 4.7 °C) for each data
334 point. Black lines in panels a-c represent LOWESS smoothed curves merging 0.1 fraction of
335 data from cores SL6 and MF4-12. Dashed grey lines in panels a-c represent the upper and
336 lower limits of the confidence interval. Lines in panels d-e represent 3-point running
337 averages for core MF4-12.



338

339 **Figure 3:** Quantitative air temperature reconstruction from Mfabeni Peatland (28.15 °S) (a)
 340 compared with published temperature records from southern Africa (b-d) as well as
 341 hemispheric and global records (e). (a) Branched glycerol dialkyl glycerol tetraethers
 342 (brGDGT) derived mean annual air temperature (MAAT) from Mfabeni. The black line in
 343 panel a represents LOWESS smoothed curve merging data from cores SL6 and MF4-12 (cf.
 344 Figure 2a for both records). Grey lines and shades indicate calibration uncertainty. (b)
 345 Pollen-inferred MAAT stack record for south-eastern Africa (Chevalier and Chase, 2015).
 346 All lines in panels b-e represent 3-point running averages of the published data sets. Original

347 *data points are displayed as circles in the respective colours. (c) Pollen-inferred MAAT from*
348 *the Limpopo River mouth (light blue, Chevalier et al., 2020) and alkenone ($U_{37}^{K'}$)-derived sea*
349 *surface temperatures (dark blue, SST) in the Mozambique Channel (Bard et al., 1997;*
350 *Sonzogni et al., 1998; data access <https://www.ncsl.noaa.gov/access/paleo->*
351 *search/study/9040). (d) $\delta^{18}O$ cave records from Lobatse Cave, Botswana (Holmgren et al.,*
352 *1995, 1999), Cango Caves, south-western South Africa (Talma and Vogel, 1992), and Cold*
353 *Air Cave, north-eastern South Africa (Holmgren et al., 2003); the $\delta^{18}O$ -temperature*
354 *relationship is adopted from the original papers (i.e., negative for Lobatse and Cango Caves,*
355 *positive for Cold Air Cave). Note the axis orientation of the stalagmite and ice core $\delta^{18}O$*
356 *values in panels d and e. (e) $\delta^{18}O$ records from the North Greenland ice core (NGRIP; North*
357 *Greenland Ice Core Project, 2004) and Antarctic DOME ice core (Kawamura et al., 2007),*
358 *both lines represent 11-point running averages; Global CO_2 concentrations (48-22 ka: Ahn*
359 *and Brook, 2014; 22-0 ka: Monnin et al., 2001); Global and southern Hemisphere multi-*
360 *proxy temperatures (Shakun et al., 2012); December (summer) insolation at 30 °S (Berger*
361 *and Loutre, 1991); Normalised strength of the seasonality, derived from subtracting winter*
362 *(June) from summer (December) insolation at 30 °S (Berger and Loutre, 1991) normalised*
363 *against mean insolation difference (following Darvill et al., 2016). Marine Isotope Stages*
364 *(MIS 1-3) are indicated as defined by Lisiecki and Raymo (2005).*

365 **4. Discussion**

366

367 **4.1 Air temperature proxy record**

368 The reconstructed Mfabeni air temperatures for the top of the stacked record (24.5 °C), as
369 well as the data from the two individual cores (SL6: 23.4 °C and MF4-12: 24.7 °C), are
370 higher than local contemporary mean annual air temperatures (*c.* 21.5 °C). They are,
371 however, comparable with air temperatures of the warmest austral summer months (Jan-Mar;
372 *c.* 24.5 °C) at this location (St. Lucia, <https://climexp.knmi.nl/gettemp.cgi?WMO=68496>). A
373 bias towards summer temperatures has been observed in soils from locations with a strong
374 seasonality in precipitation amount (e.g., under influence of the East Asian Summer
375 Monsoon; Peterse et al., 2011; Deng et al., 2016; Wang et al., 2016), but does not occur in
376 mineral soils from more temperate regions (e.g., Weijers et al., 2011b; Lei et al., 2016).

377 A bias towards summer temperatures in the aerated top of peat cores in mid/high-latitudes has
378 been observed previously, but this bias disappears below the water table where the seasonal
379 change in temperature is greatly reduced (Naafs et al., 2017). The datapoints derived from the
380 upper 20 cm of the Mfabeni record are located above the depth of the modern water table
381 (Clulow et al., 2012; Grundling et al., 2014) and may thus reflect summer temperatures.
382 Since most of the brGDGT production in peats is assumed to take place around and below the
383 water table (Weijers et al., 2004, 2006), where seasonal temperature variability is muted, the
384 majority of our record will reflect mean annual temperatures. Hence, we here interpret the
385 largest part of our MAAT_{peat} record as corresponding to annual averages (cf. Naafs et al.,
386 2017, and references therein).

387 It is, however, possible that seasonal and spatially distinct changes in the water table depth
388 have introduced some scatter and slightly different trends between the two cores. For
389 instance, lipid biomarkers in core SL6 recorded a relatively higher water table (P_{aq} ; Figure
390 2b) and wetter conditions ($\delta^{13}C_{wax}$; Figure 2c) along with generally lower temperatures
391 (Figure 2a) during the LGM and late last glacial compared to core MF4-12. This may have
392 introduced a cold bias for core SL6 relative to core MF4-12. Also, core SL6 recorded an
393 interval prior to 27 ka (Fig. 2a), with sub-orbital temperature oscillations of ~ 15 °C, well
394 beyond the ~ 4 °C calibration uncertainty. This may partially be related to large variations in
395 the water table (Fig. 2b). To compensate for the natural heterogeneity within the Mfabeni
396 peatland, we will, therefore, focus on the composite annual air temperature record in the
397 remainder of the discussion.

398

399 **4.2 Mfabeni air temperatures from MIS 3 to LGM**

400 Mfabeni annual air temperatures across MIS 3 average *c.* 20.5 °C (Figure 3a). That is *c.* 1 °C
401 lower than modern instrumental annual air temperatures. This is consistent with the pollen-
402 based Mfabeni and southern African stack MAATs (Chevalier and Chase, 2015) that also
403 indicate *c.* 1 - 1.5 °C lower temperatures during MIS 3 compared to modern temperatures
404 (Figure 3b). Pollen-based reconstructions from inland Wonderkrater boreholes show 1.5 to

405 2°C colder MIS 3 temperatures compared to modern temperatures (Chevalier and Chase,
406 2015).

407 Air temperatures decline from MIS 3 to MIS 2 and across the LGM, such that Mfabeni
408 experienced more than 5°C cooling during this period with minimum temperatures of *c.* 15
409 °C (Figure 3a). As mentioned above, a much stronger cooling was observed in SL6 compared
410 to MF4-12, especially between 23 and 20 ka, probably partially affected by local dynamics
411 such as a higher water table and wetter conditions at the peat location of SL6 (Figure 2b,c).
412 The brGDGT-based Mfabeni stacked temperature estimates follow a similar trend as the
413 previously reconstructed annual temperature changes in south-east Africa based on pollen
414 assemblages (Figure 3b), particularly at Mfabeni (Chevalier and Chase, 2015; Chevalier et
415 al., 2020). However, the amplitude of cooling in the pollen-based MAAT records is less
416 pronounced than that recorded by brGDGTs (Figure 3a,b), as pollen-based MAAT only
417 declined by *c.* 2 °C at Mfabeni and in the south-east Africa stack (Chevalier and Chase,
418 2015). The larger amplitude in the Mfabeni brGDGT-based temperature record could be a
419 result of a faster adaptation to temperature changes by brGDGT producing bacteria compared
420 to vegetation, which is subject to inherent time lags as vegetation responds to prevailing
421 climate. Moreover, the lack of temperature-sensitive pollen taxa linked to low taxonomic
422 resolution in the pollen record creates a calibration problem at Mfabeni (Chevalier and Chase,
423 2015). It is, however, also possible, that other environmental constraints in and around
424 Mfabeni prevent the vegetation from responding primarily to temperature changes. Still, the
425 progressive cooling preceding the LGM at Mfabeni (Figure 3a) also matches major trends
426 observed in the few available southern African speleothem $\delta^{18}\text{O}$ records (e.g., Figure 3d;
427 Holmgren et al., 1995, 2003). The observed cooling trend is thus most likely a widespread
428 southern African pattern, although the magnitude needs to be better constrained.

429 Local insolation cannot generally explain the observed changes in temperature at Mfabeni.
430 However, the progressive decline in Mfabeni air temperatures during MIS 3 was concurrent
431 to cooling in the south-western Indian Ocean, albeit more pronounced (Figure 3a,c). Lower
432 water temperatures in the south-western Indian Ocean may have contributed to the decline in
433 Mfabeni air temperatures, and at the same time also affected hydrological conditions (Baker
434 et al., 2014, 2016, 2017; Miller et al. 2019; Finch and Hill, 2008; Grundling et al., 2013;
435 Esteban et al., 2020). A potential scenario explaining lower temperatures in the south-western
436 Indian Ocean is that Southern Ocean sea ice expansion and subsequent cooling (e.g., Bianchi
437 and Gersonde, 2004) pushed the Southern Hemisphere westerlies further north (Hahn et al.,
438 2021a). This northward displacement of the Southern Hemisphere westerlies caused a shift to
439 drier and cooler conditions in the region, as also recorded by the intensification of the aeolian
440 flux during the LGM (Figure 2e; Humphries et al., 2017). The more pronounced cooling at
441 Mfabeni compared to the south-western Indian Ocean may thus arise from an amplification
442 due to atmospheric circulation bringing colder air to the region. This could then also explain
443 the observed cooling in other locations that are in the path of westerly-driven air masses, e.g.
444 from the south coast passing by the interior in the few available $\delta^{18}\text{O}$ southern African
445 speleothem records (e.g., Figure 3d; Holmgren et al., 1995, 2003).

446

447 4.3 Mfabeni air temperatures from LGM to Holocene

448 At the end of the last glacial, air temperature at Mfabeni increased by *c.* 5 °C. Although the
449 timing is relatively similar (but see below), the magnitude of warming is higher than the *c.*
450 2.5 °C indicated by Chevalier and Chase (2015) using the south-east African pollen-based
451 stack (Figure 3b). It is, however, close to the LGM-Holocene change of *c.* 4 °C indicated for
452 some southern African sites, such as Wonderkrater (Truc et al., 2013) and Cango Caves
453 (Figure 3d; Talma and Vogel, 1992). Climate models also indicate a 4-6 °C cooling in
454 southern Africa during the LGM compared to modern-day (Engelbrecht et al., 2019).
455 Furthermore, the brGDGT-based temperature change is within the range of previously
456 published temperature changes in nearby terrestrial and marine records. For example,
457 previous studies using $\delta^{18}\text{O}$ and noble gas concentrations in groundwater (Kulongoski et al.,
458 2004), using pollen in sediments reflecting the Limpopo River catchment (Figure 3c;
459 Chevalier et al., 2020), or using alkenones to estimate SST in the south-western Indian Ocean
460 (Figure 3c; Bard et al., 1997; Sonzogni et al., 1998) indicate that LGM temperatures in and
461 around southern Africa were *c.* 4-7 °C lower compared to modern-day.

462 The timing of the glacial/interglacial transition, i.e., the time when local temperatures
463 increased in the Mfabeni peat, lagged that of the global CO₂ and temperature increase (Figure
464 3a,e), as well as the transition reflected by the south-east African pollen stack (Figure 3a,b) .
465 The cooling slowed at Mfabeni at the end of the LGM at *c.* 20 ka and a brief, weak warming
466 began, but this warming was interrupted by a return to cooler LGM-like conditions after *c.* 19
467 ka, such that the temperatures were lowest at *c.* 16-15 ka (Figure 3a). The warming towards
468 Holocene temperatures at Mfabeni only resumed after *c.* 16-15 ka, corresponding to an
469 increase in rainfall, water table, and relative abundance of C₃ vegetation (Figure 2a-d). In this
470 context, a similar brief episode of warming at *c.* 17 ka followed by a return to cooling at *c.* 16
471 ka and resumed warming at *c.* 15 ka was also observed further north in Lake Chala in
472 equatorial East Africa (Figure S2; Sinninghe Damste et al., 2012). Such cooling between 25
473 to 15 ka is however not reported in other temperature records representative of equatorial
474 East Africa (e.g., Powers et al., 2005; Tierney et al., 2008; Loomis et al., 2017). However, the
475 aeolian flux in the Mfabeni record also reflects that the shift to warmer and wetter conditions
476 that began at the end of the LGM at *c.* 20 ka, was briefly interrupted and only resumed after
477 *c.* 16-15 ka (Figure 2e; Humphries et al., 2017). This inference is consistent with the
478 observations of delayed warming further inland, such as at Wonderkrater as illustrated in
479 Chevalier and Chase (2015) and the return to colder conditions around 15 ka in the Cold Air
480 Cave (Figure 3d; Holmgren et al., 2003). The Cango Caves also recorded a similar increase in
481 temperatures only after *c.* 16-15 ka, during the Antarctic Cold Reversal, before a hiatus
482 ensued until the middle Holocene, purportedly due to the poleward movement of the
483 westerlies resulting in dry conditions (Figure 3d; Talma and Vogel, 1992). This brief
484 interruption of the warming caused the apparent lag of the glacial/interglacial transition at
485 Mfabeni compared to the global CO₂ and temperature evolution. The late warming matches
486 the observations in air and sea surface temperatures in marine records east of southern Africa
487 (e.g., the Mozambique Channel; Figure 3c) that began to increase only at *c.* 15.1 ka (Bard et
488 al., 1997), reinforcing the assumption of the sea surface temperatures as primary control of
489 late Quaternary south-east African air temperatures.

490 During the early Holocene, the Mfabeni brGDGT-based air temperatures indicate strong
491 warming, similar to the pollen-based temperature stack (Figure 3a,b). During this period the
492 Mfabeni peatland exhibits overall higher temperatures (Figure 2a), wetter conditions and
493 higher water levels (Figure 2b-d), as well as a reduced aeolian input (Figure 2e; Humphries et
494 al., 2017). However, at around 2.4 ka a period of marked cooling is evident at Mfabeni
495 (Figure 2a). Although not present in global temperature stacks, this cool period is also
496 apparent in the pollen-based temperature stack (Figure 3b; Chevalier and Chase, 2015). In
497 addition, our two cores show relatively large temperature offsets at this time, pointing
498 towards rapid, spatially heterogeneous responses within the peatland (Figure 2a). This short
499 cold period is concurrent with rapid changes between higher/lower $\delta^{13}\text{C}_{\text{wax}}$ (Figure 2d)
500 reflecting drier/wetter conditions, while P_{aq} indicates that the water table remained high
501 (Figure 2b). Rapidly changing hydrological conditions are also indicated by a drastic increase
502 in brGDGT concentrations (not shown) and in the ratio of isoprenoid GDGT-0 to
503 crenarchaeol at around 2.4 ka (Figure 2f). BrGDGTs in peats are predominantly produced by
504 (anaerobic) bacteria and their concentration is generally much higher in the water saturated
505 and permanently anoxic part of a peat rather than in the oxic top section (Weijers et al.,
506 2011b; Naafs et al., 2017). Hence, a drastic increase in brGDGT indicates water saturated
507 conditions, i.e., a high water table. The GDGT-0 to crenarchaeol ratio can be used as a first
508 order indication for the presence of methanogenic archaea versus ammonia oxidizing
509 Thaumarchaeota, with a higher ratio under anoxic conditions due to the increase in
510 methanogens (Blaga et al., 2009). The increase in GDGT-0/crenarchaeol ratio values in
511 Mfabeni at 2.4 ka (Figure 2f) thus also indicates that anoxic conditions prevailed, likely
512 resulting from changes in the water table depth.

513 In addition, Humphries et al. (2017) noted an increase in climate variability at Mfabeni
514 during the late Holocene, with a short period of low aeolian deposition at *c.* 2.4 ka, which
515 increased again after *c.* 2 ka (Figure 2e). Humphries et al. (2017) attributed the return to
516 higher aeolian fluxes (i.e., drier conditions at Mfabeni) after *c.* 2 ka to a strengthened El
517 Nino-Southern Oscillation (ENSO) activity. Geochemical evidence from nearby Lake Muzi
518 and the Mkhuze Swamps provide additional evidence for pronounced hydroclimate
519 variability during this period, which is also thought to reflect changes in ENSO activity
520 (Humphries et al., 2019, 2020). Chase et al. (2017) noted this relatively abrupt, contrasting,
521 inter-regional climatic evolution and attributed it to temperate and tropical influences on
522 climatic interactions. The Mfabeni MAAT_{peat} record confirms this period of climate
523 instability around 2.4 ka. Nonetheless, air temperatures in the Mfabeni peat recovered after
524 the 2.4 ka cooling period and steadily increased over the most recent *c.* 2 ka to reach close to
525 modern-day (summer) temperatures (Figure 3a).

526

527 **4.4 Mfabeni air temperatures during MIS3 and the Holocene**

528 Global records indicate that MIS3 was milder and warmer than the preceding MIS 4 and the
529 following MIS 2 in the Northern and Southern Hemispheres (e.g., Buizert and Schmittner,
530 2015), but not necessarily as warm as MIS5 or MIS1. In the brGDGT based Mfabeni
531 temperature record, MIS 3 was as warm as the early Holocene (Figure 3a) and close to

532 modern-day temperatures. The relatively high temperatures during MIS3 are not matched by
533 temperatures derived from local pollen (Figure 3b) or global (Figure 3e) records, although
534 speleothem data from further inland do suggest similarly high temperatures during MIS3 and
535 MIS1 (Figure 3c). A relatively warm MIS 3 may have contributed to the initiation of the
536 Mfabeni peatland, similar to peatland initiations in subtropical China at this time (Zhao et al.,
537 2014). A lack of other contemporary brGDGT-based reconstructions from Southern Africa
538 challenges corroboration of our warm, interglacial-like MIS 3 Mfabeni temperatures and
539 requires further confirmation from future records.

540 In addition, MIS 3 is globally characterised by millennial-scale climatic changes (Siddall et
541 al., 2008; Sanchez-Goñi et al. 2010). These rapid changes are potentially reflected in the SL6
542 record (Figure 2a), where brGDGT-derived temperatures vary in a range of more than 10 °C.
543 However, the large amplitude of temperature change may partly be biased by the variations in
544 hydroclimate and associated depth of the water table at that time (Figure 2b, c). Regardless,
545 the temperature variability has largely been muted in the combined LOWESS smoothed stack
546 (Figure 3a). Higher resolution climate reconstructions are needed to further constrain the
547 magnitude and timing of (millennial) climatic changes at Mfabeni and to quantify the
548 potential warm bias in the smoothed record.

549

550 **5. Conclusion**

551 To provide more insights into late Quaternary air temperature variability in south-east Africa
552 and its sensitivity to global driving factors we generated a new continuous and quantitative
553 air temperature record using brGDGTs lipids from Mfabeni peatland. The record covers the
554 last 43 ka and suggests that atmospheric greenhouse gas concentrations and insolation are not
555 a dominant control of local temperatures. This de-coupling between local temperatures and
556 atmospheric greenhouse gases is especially clear during the deglaciation, but also implied by
557 the high temperatures during MIS 3. We argue that this de-coupling is due to various oceanic
558 and atmospheric heat transport processes, which implies that these processes are more
559 important in this region than local radiative forcing.

560 Gradual cooling across MIS 3 was followed by an intensification of cooling during the LGM.
561 The timing of the glacial/interglacial transition in the Mfabeni peat lagged the global CO₂ and
562 temperature increase because of a brief return to colder and drier conditions after *c.* 19 ka.
563 Deglacial warming began at around 16-15 ka in accordance with other records from southern
564 Africa. The Holocene warm phase was briefly interrupted by a cooling event at *c.* 2.4 ka that
565 is also evident in other records from the region, suggesting a regional impact. While the
566 average Holocene temperatures of *c.* 20.0 °C were similar to those reconstructed for MIS 3,
567 air temperatures in the Mfabeni peat steadily increased after the brief 2.4 ka cooling period,
568 and reached close to modern-day summer temperatures of 24.5 °C at the top of the peat core.
569 The overestimation of the annual modern-day temperatures of *c.* 21.5 °C in the top samples
570 may be a result of a change in the heat capacity between aerated peat above, and the water
571 saturated peat below the water table, leading towards a bias to summer temperature recorded
572 by the brGDGTs at the top of the peat, which is consistent with other peat records. In
573 summary, our record improves our understanding of south-east African quantitative air
574 temperature evolution during the Late Quaternary and underlines the particular sensitivity

575 and vulnerability of south-east Africa to global and regional climate forcings. We suggest that
576 Mfabeni MAATs are affected, next to global changes, by Indian Ocean SSTs and position of
577 the westerlies.

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595

596

597 **Data availability**

598 All data have been submitted to the Pangaea database
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