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Embedding Universal Design for Learning in HECA Colleges: An Exploratory Study

Marie O' Neill, EDI Officer CCT College Dublin

Embedding UDL in HECA Colleges

Ireland's Education **2022** Yearbook

Information, Commentary, and Insights on Education in Ireland in 2022

INTRODUCTION

- EARLY CHILDHOOD
- PRIMARY
- SECOND LEVEL
- FURTHER EDUCATION & TRAINING
- HIGHER EDUCATION
- RESEARCH

Embedding Universal Design for Learning in HECA Colleges

An exploratory study

The Higher Education Colleges Association, through its Academic Quality Enhancement Forum, recently conducted an exploratory study demonstrating that since the pandemic, universal design for learning (UDL) has shifted from an ad hoc enhancement activity to a key strategic imperative across HECA colleges. This article describes the findings of that study, showing how UDL has advanced from piecemeal and niche activity to be increasingly a strategic priority.

Every opportunity to build upon the principles of UDL must be leveraged across the entire academic community. The assumption of homogeneity continues to be challenged – HECA classrooms are vibrant and diverse settings. It is important that this diversity is harnessed when facilitating students to demonstrate their knowledge, skills and competence. (HECA, 2021)

Introduction

A recent report by the Higher Education Colleges Association (HECA, 2021) describes how 'alternative assessment arrangements advanced the UDL agenda by providing students with greater choice and variety to demonstrate what they knew in assessments' (p.28). The report endorses universal design for learning (UDL) as a 'framework for supporting student success' (ibid., p.37) and recommends that HECA colleges prioritise UDL at both programme and institution level.

The shift from ad hoc enhancement activities to strategic embedding of UDL was implicit in the study. Consequently, in summer 2022, HECA's Academic Quality Enhancement Forum Committee (HAQEF) began an exploratory study to investigate the positioning of UDL across HECA colleges. Affairs, CCT College Dublin



Marie O'Neill Head of Enhancement and Head of the Centre for Teaching and Learning, CCT College Dublin







Source: https://irelandseducationyearbook.ie/downloads/IEYB2022/Ireland%27s%20Education%20Yearbook%202022.pdf



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Contributions Call from AISHE and AHEAD

AISHE Journal - Special Issue with AHEAD on UD in Tertiary Education

Home » News » AISHE Journal - Special Issue on UD in Tertiary Education - Call for Contributions!

The 'All Ireland Journal of Teaching and Learning in Higher Education' (<u>AISHE-J</u>) and '<u>AHEAD</u>' are delighted to announce a call for contributions to a Special Issue on 'Universal Design in Tertiary Education' to be published in June 2024.

We invite submissions from staff and students on their experiences engaging with Universal Design for Learning (UDL), other inclusive pedagogical approaches, or any broader aspect of Universal Design (UD) in tertiary education. We encourage joint student-staff submissions and student papers.

This Special Issue will provide an opportunity to share experiences, perspectives and foster dialogue on Universal Design (UD) and Universal Design for Learning (UDL) in Irish tertiary education.

There is widespread acceptance of the peed to make education more inclusive for all learners, reflected in

Source: https://www.ahead.ie/aishe

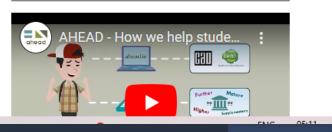
FOLLOW AHEAD



SEARCH AHEAD



VIDEO: HOW WE HELP STUDENTS & GRADUATES SUCCEED





Universal Design for Learning (UDL)

In the 1990s, the Centre for Applied Special Technology created the CAST framework, incorporating guidelines that offer "concrete suggestions for applying the UDL framework to practice and help ensure that all learners can access and participate in meaningful, challenging learning opportunities" (CAST, 2018)

	Provide multiple means of Engagement ↔	Provide multiple means of Representation >	Provide multiple means of Action & Expression
	Affective Networks The "WHY" of learning	Recognition Networks The WHAT of learning	Strategic Networks The "HOW" of learning
	Provide options for Recruiting Interest (7) O • Optimize individual choice and autonomy (7.1) > • Optimize relevance, value, and authenticity (7.2) > • Minimize threats and distractions (7.1) >	Provide options for Perception (1) • • Offer ways of customizing the display of information (1.1) • • Offer alternatives for auditory information (1.2) • Offer alternatives for visual information (1.2) •	Provide options for Physical Action (4) O • Vary the methods for response and navigation (4.1) > • Optimize access to tools and assistive technologies (4.2) >
	Provide options for: Sustaining Effort & Persistence (8) O • Heighten salience of goals and objectives (8.3) • Vary demands and resources to optimize challenge (8.3) • Foster collaboration and community (8.3) • • Increase mastery-oriented feedback (8.4) >	Provide options for Language & Symbols (2) • • Clarify vocabulary and symbols (21) • • Clarify syntax and structure (22) • • Support decoding of text, mathematical notation, and symbols (23) • • Promote understanding across languages (24) • Illustrate through multiple media (25) •	 Provide options for Expression & Communication (5) Use multiple media for communication (5.1) > Use multiple tools for construction and composition (5.2) > Build fluencies with graduated levels of support for practice and performance (5.3) >
	Provide options for Self Regulation (9) ● • Promote expectations and beliefs that optimize motivation (9.1) ▶ • Facilitate personal coping skills and strategies (9.2) ▶ • Develop self-assessment and reflection (9.3) ▶	Provide options for Comprehension (3) ● • Activate or supply background knowledge (3.3) > • Highlight patterns, critical features, big ideas, and relationships (3.2) • Guide information processing and visualization (3.3) • Maximize transfer and generalization (3.4)	Provide options for Executive Functions (a) • Guide appropriate goal-setting (a.1) • Support planning and strategy development (a.2) • Facilitate managing information and resources (a.3) • Enhance capacity for monitoring progress (a.4) >
C	Expert Learners who are		
	Purposeful & Motivated	Resourceful & Knowledgeable	Strategic & Goal-Directed

Universal Design for Learning at CCT

- UDL is a key priority in the CCT **Strategic Plan** and CCT Teaching, Learning and Assessment Strategy
- Institutional Commitment to Ahead/National Forum digital badge in UDL. Six staff members are taking the current iteration.
- CCT has passed stage 1 of the AslAm accreditation process to become an autism friendly college. Project led by Neil Gallagher, College President.
- CCT is an institutional member of AHEAD and of the Disability Advisors Working Network (DAWN)





The Importance of Research on UDL



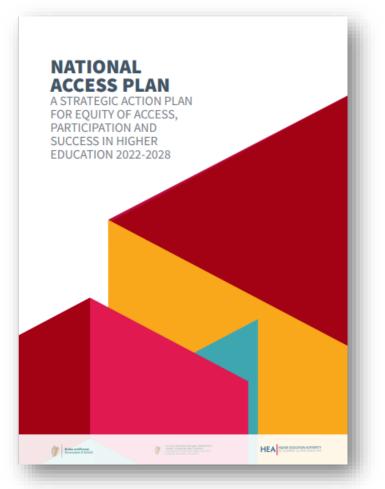
rise in the number of disabled students in HE over the last 13 years Students with Disabilities Engaged with Support Services in Higher Education in Ireland 2021/22 College Dublin



creating inclusive environments in education and employment for people with disabilities

Source: https://www.ahead.ie/userfiles/files/AHEAD_Research_Report_22_Interactive.pdf

Sectoral Priority: Widening Access



We must put students at the core of the Plan, through the five studentcentred goals, and prioritise <u>universal</u> <u>design in all aspects of higher</u> education." (HEA, 2022, p.20)

College Dublin

Source: https://hea.ie/assets/uploads/2022/09/National-Access-Plan-2022-2028-FINAL.pdf



THE AHEAD JOURNAL

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CEO's Corner - The Pandemic Has Exposed the Myth of the Average and the Need for Universal Design

JOURNAL HOME » JOURNAL THE AHEAD JOURNAL » THIS ARTICLE » CEO'S CORNER - THE PANDEMIC HAS EXPOSED THE MYTH OF THE AVERAGE AND THE NEED FOR UNIVERSAL DESIGN



Source: <u>https://www.ahead.ie/journal/CEOs-Corner-The-Pandemic-Has-Exposed-the-Myth-of-the-Average-and-the-Need-for-Universal-Design</u>

'Learning is as unique to individuals as their fingerprints or DNA'. (Hall et al., 2012)....More than ever, we need to take the learning from AHEAD's research, and other Covid-19 research across the education and **employment sector**....which we can channel into better systems with more accessibility, flexibility and choice built into their design. In this way, we can ask our students and staff to bend a little less to our education and workplace systems, and start ensuring the systems can bend a little more to fit people instead.(Ryder, 2021, Para 6.)

HECA's Connected Conversations





"Alternative assessment arrangements advanced the UDL agenda by providing students with greater choice and variety to demonstrate what they knew in assessments" (HECA, 2022, p28)

"Every opportunity to build upon the principles of UDL must be leveraged. The assumption of homogeneity continues to be challenged – HECA classrooms are vibrant and diverse settings" (HECA, 2021, p44)

Source: https://heca.ie/wp-content/uploads/NextSteps-HECA-Report-compressed.pdf

Research Questions and Methodology



How is UDL being embedded across HECA Colleges?

- Exploratory study using a qualitative approach (focus groups)
- Feedback was coded and analysed thematically (Braun and Clarke 2006)
- Triangulation with the academic literature



Sample

Three focus groups were conducted with participants from **five of the twelve HECA colleges.**

Participants were staff working in **executive, senior leadership, and middle management positions in operations, quality assurance (QA), programme management, and learning support**, along with **instructional designers**. Some had **lecturing** duties.

The five participating colleges offer programmes in business, ICT, and the humanities, leading to awards up to and including level 9 of the National Framework for Qualifications to approximately 20,000 learners

Literature Review

- UDL supports all learners to do better (Rose & Meyer, 2002).
- Variety and **choice in assessment** are crucial to implementing UDL (AHEAD, 2021)
- "The multimodal nature of digital tools facilitates the integration of varied formats and flexible options into the learning experience" (Rao, 2021)
- Lecture capture aligns well with the principles of universal design (Watt et al., 2014).
- UDL can support other institutional priorities, such as **culturally sensitive teaching** (Kieran and Anderson, 2018)
- Quality frameworks combined with universal-design principles can enhance the online teaching and learning experience for learners (Robinson & Wizer, 2016)



Theme 1: The Covid-19 pandemic accelerated UDL implementation as a strategic priority on a whole-of-institution basis in HECA Colleges

> "We have just gone through a year of strategic planning. We want to make our plans in relation to UDL more explicit. The level of support that we offered during the pandemic has informed our strategic plan." College 4

"The embedding and articulation of UDL in strategies gives you a power in the context of implementation on the ground." College 1

> "UDL is not just a checklist, it's a mindset." College 4

Theme 2: QA processes further support the implementation of UDL

"Preparing for re-engagement was the real reset mode in relation to UDL." College 2

"Annual reporting to QQI has also helped to accelerate the deeper embedding of UDL principles." College 2

"Validation and programmatic review panels ask what is the profile of your learner and your graduate. These questions speak to inclusion." College 4 "The more UDL is linked to QA and becomes part of what we do, the more the need for accommodations will be reduced" College 4

College Dublin

"The QQI online-only pilot for short courses gave us key insights into how to engage learners, including learners with disabilities, in a purely online teaching and learning environment." College 3



Theme 3: UDL is increasingly integrated into governance structures and QA policies

- All participants indicated that UDL is prioritised by boards and committees, including academic councils, in HECA colleges. Larger HECA colleges have dedicated inclusion committees.
- Participants confirmed that their institutions' quality assurance manuals do not include a dedicated UDL policy but do apply the principles of UDL across a range of policies.
- All colleges have a dedicated accommodations policy and staff with responsibility for accommodations.
- All agreed, however, that UDL has to be a collective responsibility

"Awareness of UDL is strong, but full and consistent implementation of UDL remains an ongoing priority." College 1

"The language of universal design is slowly making its way into policies and procedures." College 4

Theme 4: Programme design is instrumental in UDL implementation

- Focus group participants highlighted the importance of maintaining a student focus and proactive instead of reactive approaches to UDL implementation.
- Also emphasised was the benefit of drilling into the CAST guidelines, not just the principles, when embarking on inclusive programme design

"The holy grail of a fully collaborative design process with students is very difficult to pull off. We want to include the student voice, however." College 4

College Dublin

"CAST can put a structure on what we are already doing." College 2

"Learner survey feedback, including from learners with specific needs, informs programme design, but fully embedding a student partnership approach remains a work in progress." College 2

Theme 5: Technology is a key enabler of UDL

- Ensuring the technical competency of staff engaging with UDL was emphasised, along with providing access to the correct software for both learners and staff.
- Asynchronous learning was highlighted as a key UDL enabler.



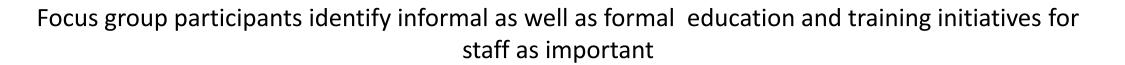
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"It took a global pandemic to bring about universal access to class recordings across the sector. They are so important." College 1

"Gamification is good for UDL, as is storytelling." College 5

"Our educational technologist is a key enabler of UDL. He is responsive to learner needs and keeps in close communication with them." College 2

Theme 6: Educational initiatives and guidelines promote engagement with UDL



"There is a postgraduate programme of education within our college in which UDL is taught to staff." College 1

"We need to train all faculty to ensure that all learners receive an equitable teaching and learning experience." College 3

"Informal meet-ups between colleagues to discuss UDL have also helped re implementation, supporting a crosspollination of ideas across the college." College 1 "We have a college-wide nourishing environment in relation to UDL. Approximately 40 staff have taken the National Forum and AHEAD digital badge in universal design. . . . The badge is embedded in our culture." College 1

Theme 7: Diverse feedback mechanisms are central to advancing UDL

"Programme board meetings are an essential QA mechanism for ensuring that we have met the needs of our learners, including learners with disabilities. Learning analytics are also important." College 4

"Our next step is to scaffold in the student voice." College 1

College Dublin

"Anecdotal feedback is important. You also need to ask questions you can't ask on a feedback form. We need to have more focus groups with staff and learners and not just the feedback surveys. Equally, open-door policies where learners with disabilities can come and chat with us are so important." College 3 "In our weekly operational meeting, faculty can feed back about learners with disabilities." College 4

Theme 8: UDL forms part of an increasing focus on Equality, Diversity, and Inclusion (EDI)

'There is some overlap between UDL and EDI. In our college, the EDI perspective is considered across college activities and committees. After every meeting, we ask, "What are the EDI implications of this?" College 1

"The principles of UDL in the context of curriculum helps to remove barriers in the absence of funding." College 1



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Available access Research article First published online July 3, 2018 Connecting Universal Design for Learning With Culturally Responsive Teaching							
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Volume 51, Issue 9 https://doi-org.ucd.idm.oclc.org/10.1177/0013124518785012							
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Abstract							

Urban students are increasingly diverse in race, culture, language, and background knowledge. Educators must consider how students' differences affect learning and align pedagogies that address this diversity. Universal design for learning (UDL) has provided educators with a framework for differentiation to address



Summary of Findings



Feedback from an exploratory study with five HECA colleges indicates that **UDL has advanced** from piecemeal enhancement activity promoted by champions to an increasingly strategic priority.



UDL in HECA colleges engages staff across a range of functions including quality assurance, library, learning support, and teaching and learning.



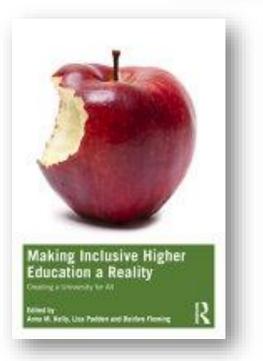
A continued focus on implementation across all programmes and institutional workflows remains a priority, informed by sectoral developments and good practice as promoted by bodies such as AHEAD and the National Forum for the Enhancement of Teaching and Learning.



The findings of this study could inform the construction of a survey tool to test themes on a larger scale across all HECA colleges, providing an evidence-based framework for the strategic and cohesive implementation of UDL HECA-wide.







How to tell Employers about your Disability A Guide to Disclosure

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Next Steps for HECA

- Continued migration from compliance to commitment
- Continue to foster evidence based, whole of institution approaches to UDL
- Proritise UDL in QA, governance, enhancement, EDI and programme design activities and strategies leveraging student partnership and the student voice
- Prioritise Universal design for employees
- Continue to participate in national communities of practice and engage with key organisations as AHEAD/AsIAM.
- Expand the HECA evidence base/research output in relation to UDL implementation particularly in the context of impact and the student voice.
- Continued advocacy for Government funding

Exploring the Student Voice in Universal Design

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Exploring the Student Voice within Universal Design for Learning Work

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Dr Frederic Fovet

Associate Professor, School of Education and Technology, Royal Roads University

ABOUT THE AUTHOR

Source: <u>https://www.ahead.ie/journal/Exploring-the-Student-Voice-within-</u> <u>Universal-Design-for-Learning-Work</u>



"As main stakeholders in this process of change, the student body will need to be actively involved and engaged. When I was involved in the implementation of UDL as the director of an accessibility service, I designed a workshop for students which was meant to introduce the student body to the notion of UDL and to encourage participants to become active partners in the scaling up of UDL efforts (Beck, Diaz del Castillo, Fovet, Mole & Noga, 2014). This is an effective first step, but campuses also need to proactively involve student unions, and create political goodwill from the student body at large, around the process." (Fovet, 2018, Para 11)



Thank you







Email: moneill@cct.ie

Twitter: @marielibrarian

Linkedin: <u>https://www.linkedin.com/in/</u> <u>marie-o-neill-9340747a/</u>

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