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Improved dispersibility of nanofibrillated cellulose via simple microwave-assisted esterification

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ABSTRACT

Nanofibrillated cellulose (NFC) has been successfully esterified by lactic acid (LA) in the presence of HCl catalyst in an aqueous medium using a simple microwave heating process. The degree of substitution (DS) of ester groups on modified NFC (mNFC) was quantified through a systematic characterization consisting of titration, NMR, and XPS, revealing a consistent trend in the levels of DS in mNFC. The reaction parameters of the microwave heating process including the ratio between NFC and LA (1:10), amount of catalyst (5 wt%), energy input and time, have been optimized, achieving a DS of 0.66 in mNFC with a typical power of 800 Watts in 1 min only. The TEM and XRD results confirmed that the structure and characteristics of the nanofibrillated fibers were preserved following the process. Finally, the improved dispersibility of mNFC with high DS in low polarity solvents and polylactic acid (PLA) matrix was validated.

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KEYWORDS

Nanocellulose; chemical modification; microwave heating; degree of substitution; lactic acid; polylactic acid; nanocomposite; dispersion

GRAPHICAL ABSTRACT



1. Introduction

Cellulose, a linear carbohydrate polymer made up of glucopyranose repeating units, stands out as one of the most abundant renewable and non-toxic biomaterials on Earth [1]. Its exceptional mechanical properties make it a highly attractive candidate for use as a filler and reinforcement in composites and nanocomposites. Among the various forms of cellulose nanofibers, nanofibrillated cellulose (NFC) is of particular interests due to its high aspect ratio, with a typical diameter ranging from 4 nm to 20 nm and lengths of approximately 500–2000 nm [2]. Enhanced properties of NFC/polymer nanocomposites at low filler contents have been widely reported without adversely affecting other properties including material transparency [3]. Nevertheless, the main obstacle to the utilization of NFC in nanocomposite technology arises from the poor dispersibility of the polar cellulose nanofibers in typically hydrophobic polymer matrices. Chemical modification is often required to increase compatibility of the two

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phases of composites and, hence, the dispersion of NFC [4].

The hydroxyl groups presented in NFC offer excellent sites for modification. Therefore, NFC can be chemically modified to provide tailored dispersibility but also new functional properties. A wide variety of chemical reactions can be utilized to modify the surface hydroxyl groups of nanocellulose including oxidation, carbamation, etherification, and esterification [5]. Among these reactions, esterification is the most commonly used modification due to its simplicity and versatility. This reaction introduces an ester functional group onto the surface of cellulose through the condensation of esterifying reagents with hydroxy groups. The mechanism involves the classic Fischer esterification reaction, wherein the carbonyl group on the carboxylic acid is activated using a strong acid as catalyst [6].

In terms of processing, current research includes the esterification of NFC utilizing the reflux method at 80 °C for 2-8 h, with a degree of substitution (DS) between 0.2 and 1 [7,8]. The choice of organic solvents and esterifying agents has a significant impact on both the NFC surface derivatization and its dispersibility in solvents. Dry milling is a nonsolvent processing method that involves directly (ball) milling solid cellulose with an esterifying agent. Although no organic solvent is involved in this approach, the energy consumption of this processing is often considerably intensive [9]. Another route to esterify NFC surfaces involves sonication, which can achieve a maximum DS of 0.5 in modified NFC (mNFC) [10,11]. Unfortunately, it was demonstrated that the sonication process can induced undesirable damage to the cellulose nanofiber structures due to its extremely high shear stress, while the scaling up of the sonication process also poses difficulties in many applications [10].

The use of microwave irradiation as a nonconventional heating source has been reported to achieve higher yields and product purities, as well as reduced reaction times due to improved selectivity in the esterification of various carboxylic acid types. Satgè et al. [12] and Semsarilar et al. [13] have reported the esterification of cellulose with acyl chloride derivatives in N,N-dimethylacetamide/lithium chloride and N,N-dimethylaminopyridine as a catalyst using microwave irradiation, where the reaction time was reduced from several hours to minutes. The esterified cotton cellulose nanowhiskers (CNW's) by vinyl acetate and vinyl cinnadimethylformamide mate in with potassium carbonate as catalyst under microwave activation were studied by Sèbe et al. [14]. These studies demonstrated that microwave could be a time- and

energy-saving method, allowing the completion of the esterification of nanocellulose in a single step. However, very limited studies can be found in using microwave-assisted processes for nanocellulose modification.

In this work, we used a microwave-assisted approach as an environmentally benign and energy efficient process to modify NFC *via* esterification reaction. A novel system consisting of lactic acid (LA) esterifying reagent, hydrochloric acid (HCl) catalyst and water as a solvent was developed for a rapid modification of NFC using microwave heating. We systematically studied the influences of the NFC:LA ratio and amount of catalyst as well as microwave's power and reaction time on the DS value of the resultant mNFC samples. Furthermore, nanocomposite films of NFC/PLA and mNFC/PLA were developed to examine the dispersibility of present mNFC in a hydrophobic polymer matrix.

2. Materials and methods

2.1. Materials

NFC was purchased from Cellulose Lab (Canada) in the form of a slurry with a solid content of 3 wt%, prepared by a supermass colloider. LA (90%), ethanol (98%), and analytical grade HCl (37%) were purchased from Union Science (Thailand). PLA pellets (Ingeo 4043D) film grade was supplied by NatureWorks, LLC (USA). Chemical solvents (methanol, acetone, chloroform, and toluene) were purchased from RCI Labscan (USA). All chemicals were used as received without further purification.

2.2. Preparation of mNFC using microwaveassisted process

NFC was modified by using a commercial microwave (MS23K3513AW/ST, Samsung, Korea), according to the process illustrated in Figure 1. 50 g of NFC suspension in water (0.5 wt%) was mixed with LA and HCl prior to homogenization and microwave treatment. LA contains a carboxylic functional group which served as the modifying agent, while HCl was used as a catalyst to increase the rate of esterification. The ratio of NFC:LA, amount of HCl as well as the microwave's power and time were studied (see Table 1) in order to determine the best processing conditions. Before microwave heating, the initial suspension's weight was recorded. At the end of the reaction, the remaining suspension's weight as well as temperature were measured and then mNFC was collected, freeze-dried, and kept in a sealed plastic bag for further analysis.



Figure 1. Schematic diagram of NFC esterification using simple microwave-assisted process.

 Table 1. Reaction conditions and parameters to modify

 NFC using simple microwave heating.

	Molar	Amount	MW	MW	MW		
	ratio	of HCI	power	time	energy ^a		
Samples	(NFC:LA)	(wt%)	(Watts)	(min)	(J)		
Effect of reagent and catalyst							
5LA-5HCI	1:5	5	800	1	48,000		
10LA-5HCI	1:10	5	800	1	48,000		
15LA-5HCI	1:15	5	800	1	48,000		
10LA-3HCI	1:10	3	800	1	48,000		
10LA-7HCI	1:10	7	800	1	48,000		
Effect of microwave power and time							
180P-5m	1:10	5	180	5	54,000		
180P-10m	1:10	5	180	10	108,000		
300P-5m	1:10	5	300	5	90,000		
300P-10m	1:10	5	300	10	180,000		
600P-1m	1:10	5	600	1	36,000		
600P-3m	1:10	5	600	3	108,000		
800P-1m	1:10	5	800	1	48,000		
800P-3m	1:10	5	800	3	144,000		

^aEnergy (J) = Power (Watt) \times Time (sec).

2.3. Preparation of PLA, PLA/NFC, and PLA/ mNFC nanocomposite films

PLA pellets were dried in an oven at 60 °C overnight before use. The PLA and nanocomposite films were prepared by solution casting, obtaining a final thickness between 30 and 50 µm. Firstly, the PLA solution was prepared with 5 wt% polymer in chloroform solvent. NFC and mNFC were redispersed in chloroform solvent at 0.1 wt% concentration. Next, the PLA solution and nanocellulose suspension were blended together using a high-speed homogenizer (WISE TEG, HG-15D, Germany) at 3500 rpm for 5 min and then a sonication probe (VCX 750, Sonics & Materials Inc., Newtown, CT, USA) was used to enhance the dispersion of NFC and mNFC in PLA solution at the amplitude of 30% for 30 min at room temperature before casting in a glass Petri dish. The sample was left at room temperature for 24 h to evaporate chloroform. After that, the solidified film samples were further dried in an oven at 60 °C for 3 h before peeling off. The loading content of NFC and mNFC were fixed at 3 wt% in PLA polymer matrix.

2.4. Characterization

2.4.1. Determining DS by titration method

The freeze-dried mNFC sample (0.5 g) was added to 40 mL of aqueous ethanol (70%) and stirred with a

magnetic bar at 400 rpm for 30 min. Stirring was continued for 48 h at 50 $^{\circ}$ C, after addition of 20 mL of a 0.5 M NaOH solution. Subsequently, any remaining unreacted NaOH was back-titrated with a 0.5 M HCl solution and the ester content (EC) was determined using the following equation:

$$=\frac{\left[\begin{array}{cccc} (Va \ - \ Vb) \ \times \ N_b \ - \ (Vd \ - \ Vc) \ \times \ N_a \end{array}\right] \ \times \ Mw}{10 \ \times \ G}$$

where V_a and V_b represent the volumes (mL) of a NaOH solution added to sample and blank, respectively. V_d and V_c represent the volumes (mL) of HCl added to sample and blank, respectively. N_b and N_a stand for the concentration (in molarity) of NaOH and HCl solutions, respectively. Mw is the molecular weight of the acid reagent, while G signifies the weight (in gram) of the sample. DS¹ was then determined by the following equation:

$$DS^{1} = \frac{162 \times EC}{Mw \times 100 - EC \times (Mw - 1)}$$

where 162.14 is the molecular weight of anhydroglucose monomer unit [15].

2.4.2. Chemical structure analysis

Fourier transform infrared spectra (FTIR) of NFC and esterified NFC samples were acquired on a Thermo Scientific, Nicolet iS50 (USA) equipped with a Universal Attenuated Total Reflectance accessory. The study range spanned from 400 to 4000 cm^{-1} , at a resolution of 8 cm^{-1} . A total of 32 scans were recorded for each sample.

Liquid-state nuclear magnetic resonance (NMR) spectroscopy was used to detect the ¹H-NMR spectra of mNFC. 5 mg of dried sample was dissolved in DMSO-d₆ (99.8%). The experiment was conducted at 25 °C, using a Bruker ADVANCE NEO:500 MHz (Germany), equipped with a 5 mm probe operating at 399.959 MHz. The one-pulse sequence was used, with a 30° pulse, a relaxation delay of 60 s, a spectral width of 4500 Hz and 16K data points for acquisition. The positions of the peaks at chemical shift 2.49 ppm were referred to the residual solvent peak of DMSO-d₆. Moreover, the DS from ¹H-NMR (DS²) was evaluated using the following equation [16]:

$$DS^{2} = \frac{\text{terminal lactyl units}}{\text{anhydroglucose units}}$$
$$= \frac{I_{b(\text{modified NFC})}/3}{I_{(O2H+O3H+O6H,NFC)}/3}$$

X-ray photoelectron spectroscopy (XPS) experiments were carried out using an AXIS ULTRA DLD, Kratos (UK) equipped with an aluminum Ka X-ray source (1486.6 eV) and operating at 15 kV under a current of 8 mA. Samples were placed in an ultra-high-vacuum chamber with electron collection by a hemispherical analyzer at an angle of 90°. XPS was performed on the dried powder of NFC and mNFC samples. From the XPS spectra, the DS can be calculated directly from the areas of the ester (C4 or C = O) peaks using the following equation [17]:

$$DS^{3} = \frac{-\%C4 \times M_{(AUG)}}{\%C4 \times M_{(graft)} - M_{(C)}}$$

where %C4 is the intensity of the signal attributed to O-C=O moieties, $M_{(AGU)}$ is the molecular weight of an anhydroglucose unit (162.14 g/mol), $M_{(graft)}$ is the molecular weight of the grafted moieties of lactic acid (90.08 g/mol) and $M_{(C)}$ is the molecular weight of one carbon atom.

2.4.3. X-ray diffraction (XRD)

XRD (X'Pert Pro MPD, UK) was used to determine the crystal structure and crystallinity of nanocellulose samples. The XRD patterns were recorded in a 2θ angle range of 5° to 45° at a step width of 0.02° with a scan speed of 2°/min. The crystallinity index (CrI) of the samples was calculated using Segal's equation below:

$$CrI(\%) = \frac{I_{002} - I_{am}}{I_{002}} \times 100$$

where I_{002} is the maximum intensity of the 002 lattice diffraction at $2\theta = 22^{\circ}$ and I_{am} is the intensity of amorphous cellulose at $2\theta = 18^{\circ}$.

2.4.4. Thermal analysis

A differential scanning calorimeter (DSC) was used to analyze thermal properties of NFC and mNFC samples performing on a Mettler Toledo, DSC3+ (Spain). Around 5 mg of sample powder was introduced in an aluminum pan and then subjected to a heating ramp from room temperature to $275 \,^{\circ}$ C (rate of $10 \,^{\circ}$ C/min) under a nitrogen atmosphere to avoid thermo-oxidative reactions. A first heating/ cooling cycle from room temperature to $100 \,^{\circ}$ C (heating rate of $10 \,^{\circ}$ C/min and cooling rate of $20 \,^{\circ}$ C/min) was performed to clear the thermal history of the samples. The thermal transitions were recorded on the second heating-cooling cycle at $10 \,^{\circ}$ C/min. Thermal stability of nanocellulose samples were determined by a thermogravimetric (TGA) analyzer, Mettler Toledo, 851e (USA). The freeze-dried samples (about 10 mg) were placed in an aluminum pan. Each sample was run under an N_2 atmosphere by using a flow rate of 10 mL/min, and heated from room temperature to 700 °C at 10 °C/min.

2.4.5. Dispersion behavior observation

NFC and mNFC in water suspension was exchanged with different solvents starting from methanol, ethanol, acetone, chloroform and toluene. To change the solvent, the mixture was homogenized for 5 min each time. The experiment was done with three replicates.

2.4.6. Fiber and film morphology

To observe cellulose nanofiber's morphology, a 0.001 wt% suspension of both NFC and mNFC suspension in water was sonicated in a sonicating bath with power of 73 W (Crest Ultrasonics, 690HTAE, NY, USA) for 5 min, then a 2% uranyl acetate solution was added for contrast enhancement in transmission electron microscope (TEM) images. A drop of the suspension was deposited on a copper grid with Formvar film (200 mesh-Ted Pella) and allowed to dry in a desiccator for 24 h before examination at the acceleration voltage of 80 kV (Hitachi, HT7700, Japan).

The surface morphology and fractured surface (cross-section) of film samples was observed at an accelerating voltage of 5 kV by using FE-SEM (TESCAN, MIRA, USA). The films were fractured in liquid nitrogen for the cross-sectional images. All samples were coated with gold before being examined.

2.5. Statistical analysis

The results were obtained from experiments conducted in triplicate and are presented as the mean- \pm standard deviation (SD). Statistical analysis was performed using SPSS statistics software (IBM SPSS Statistics for Windows, Version 22.0. Armonk, NY, IBM Corp). Statistical significance was assessed using the Student's t-test with a significance level set at p < 0.05.

3. Results and discussion

3.1. Optimizing the reaction conditions to modify NFC

For the heterogeneous reaction between NFC and LA, catalyzed by HCl, the influences of the NFC:LA ratio and amount of HCl on the DS values of mNFC was studied under constant microwave

power and time, as shown in Table 2. The DS values were observed to increase as the ratio of NFC:LA increased from 1:5 to 1:10 (5LA-5HCl and 10LA-5HCl). Based on the esterification reaction mechanism, an increase in the feed ratio increases the concentration of the mixed acid anhydride in the reaction system, thereby increasing the probability of reacting with the hydroxyl groups present in NFC. However, when the NFC:LA ratio was set at 1:15 (15LA-5HCl), the DS value decreased. This reduction can be attributed to an excess of LA reacting with the hydroxyl groups of NFC, eventually reaching a saturation point, hampering further increases in DS [16]. Furthermore, variations in the amount of catalyst were observed at 3, 5, and 7 wt%, leading to alterations in the DS values. When utilizing 3 wt% and 5 wt% of HCl as catalysts, the DS increased from 0.14 to 0.66. This enhancement underscores the fundamental role of the catalyst in expediting the chemical reaction. Conversely, at 7 wt% of HCl, the DS experienced a decrease. This decrease could be attributed to an excessive amount of acid catalyst, which could potentially disrupt the esterification reaction and lead to the occurrence of a transesterification reaction [17]. The optimal NFC:LA ratio and catalyst amount were then identified as follows: NFC:LA molar ratio of 1:10 and an HCl catalyst of 5 wt% relative to the weight of LA.

 Table 2. Effects of the NFC:LA molar ratio and amount of HCl on the degree of substitution (DS) of mNFC.

	5	· · ·	
Samples	NFC:LA ratio	Amount of HCl (wt%)	DS
5LA-5HCI	1:5	5	0.52 ± 0.06^{b}
10LA-5HCI	1:10	5	0.66 ± 0.05^{a}
15LA-5HCI	1:15	5	0.35 ± 0.10^{d}
10LA-3HCI	1:10	3	0.14 ± 0.06^{e}
10LA-7HCI	1:10	7	$0.45 \pm 0.08^{\circ}$

Statistically significant variations in DS values at the 95% confidence interval are indicated by letters a-e (p < 0.05).

Another important parameter for the mNFC esterification reaction is the microwave's power and time. Microwave radiation induces temperature changes for a chemical reaction depending on the microwave energy applied, which can be regulated by adjusting the microwave power and duration. In this study, the final temperature of the mNFC suspension in the reaction bottle after microwave irradiation linearly increased with the increasing microwave power, as expected (Figure 2a). The minimum energy 600 P-1m condition led to the final temperature of around 85 °C and was raised to 100 °C in the maximum energy 300 P-10m condition. Most research reported that an increasing temperature during the esterification tends to increase the substitution efficiency [18-20]. Previous studies have noted that electromagnetic waves exhibit selective heating characteristics, primarily affecting highly polar molecules, such as water molecules [21]. In the lower energy range, below 100,000 J (180 P-5m, 600 P-1m, 800 P-1m, and 300 P-5m), the gradual increase in heat can be attributed to the incremental vibration of water molecules at various positions, leading to the gradual release of low-pressure energy during the reaction. In this low energy range, the weight reduction of mNFC suspension following the process, from evaporation of water and other small molecules, remained relatively low (less than 10%) (Figure 2b). The DS of the mNFC prepared with low microwave energy range (below 100,000 J) was in a range of 0.12 to 0.66. When increasing the energy level to over 100,000 J (180 P-10m, 600 P-3m, 800 P-3m and 300 P-10m), the weight reduction of mNFC suspension exceeded 10% and ranged up to 50%. This can be attributed to the rapid vibration of water molecules, which causes a higher pressure release, even explosive,



Figure 2. The Relationship between microwave energy and final reaction's temperature (a) and weight reduction of mNFC suspension after microwave heating (b); Low weight reduction (less than 10%) denotes the loss of solely water molecules, but medium to high weight reduction (>10%) indicates the loss of water molecules as well as solid mNFC ejected from the reaction bottle due to steam explosion.



Figure 3. Chemical structure analysis: NFC and mNFC with different DS levels (mNFC-Low DS, mNFC-Med DS, and mNFC-High DS) *via*; (a) FTIR, (b) ¹H liquid-state NMR, and (c-d) XPS spectra.

ejecting the solid nanocellulose from the reaction bottle. Nonetheless, the DS of the obtained mNFC was in the range of 0.14 to 0.72. These DS values were not increased with a further increasing of the energy input. The challenges arising from steam explosion, leading to the loss of mNFC products, made it considerably intricate to manage the chemical reaction rate as well as to maximize the DS of mNFC. Furthermore, upon completion of the high energy process (above 100,000 J), some black spots of degraded NFC were observed in certain areas of the reaction bottle. This suggests that the application of high energy in microwave processing can lead to an inadequate homogenization of the mNFC esterification in combination with the loss of nanocellulose sample. Next, to better investigate the impact of varying DS levels in the resulting mNFC, three samples from low energy conditions were chosen as follows: mNFC-Low DS (DS¹ 0.22; 600 P-1m), mNFC-Med DS (DS¹ 0.43; 300 P-5m), and mNFC-High DS (DS¹ 0.66; 800 P-1m).

FTIR was utilized to qualitatively ascertain the chemical structure of mNFC and confirm the success of the microwave-assisted esterification of NFC. From the FTIR spectra of mNFC-Low DS, mNFC-Med DS, and mNFC-High DS (Figure 3a), the

emergence of a carbonyl (C=O) stretch at 1740 cm^{-1} is evident, a feature absent in unmodified NFC. Obviously, the highest intensity of carbonyl is shown in the mNFC-High DS sample with the highest DS for the ester side chain.¹H liquid state NMR spectroscopy was as well used to examine the structure of mNFC. The NMR spectra of mNFC-High DS and its proposed modified chemical structure are shown in Figure 3b. The signals exhibiting chemical shifts at 4.66, 3.77, 3.55, and 3.05 ppm correspond to the peak positions of hydroxyl protons and methylene protons in the AGU (Anhydroglucose Unit) segments of unmodified NFC. Meanwhile, the signals at 5.46, 5.40, and 4.31 ppm are attributed to the protons of residual hydroxyl in NFC [22]. Notably, the strong signal peak of mNFC-High DS was observed at 1.25 ppm, which corresponds to the terminal methyl protons (Hb) of the lactic acid side chain, and the peaks at 4.20 ppm were assigned to the terminal methine protons (Ha) of the lactic acid side chain [23]. These characterizations collectively support the surface esterification of the cellulose nanomaterial. However, it is important to mention that the FTIR technique offers a depth of analysis superior to 1 mm, while the ¹H liquid-state NMR spectra

indicate only peaks from a very small sample, around 0.5 mg [24].

To directly verify the surface grafting on mNFC, XPS was employed. Figure 3c displays the XPS wide and high-resolution spectra of NFC and mNFC-High DS after grafting. In all cases, the main peaks are detected at 285 and 532 eV, corresponding to C and O atoms, respectively [25]. The reduction in the intensity of the O atom peak in the mNFC-High DS sample clearly indicates the attachment of the alkyl or oligomer chain of lactic acid onto the NFC structure [26]. Additionally, the deconvolution results of the C1s signals for unmodified NFC and mNFC-High DS are presented in Figures 3d. The peaks at 284.6, 286.1, and 287.4 eV in unmodified NFC were attributed to the C-C, C-O, and O-C-O structures, respectively. Notably, a new peak at 288.9 eV corresponding to O-C = O was observed in the mNFC-High DS sample, constituting 15.9% of the content. The presence of this peak indicates the generation of ester groups on the NFC surface as a result of esterification. Moreover, there was a slight reduction in the C-O content of mNFC-High DS to 41.7% as compared to NFC (58.3%). These results further confirm the successful esterification reaction between NFC and LA. The observed significant shift in the values of O-C-O functional group is probably attributed to differences in the chemical environment of the O-C-O functional group. The electron density surrounding this functional group appeared to be influenced by neighboring atoms, particularly the O-C=O groups, thereby giving rise to variations in the electron binding energy. Additionally, it is worth noting that the distinct electronegativities of functional groups within the mNFC structures may be contributed to shifts in binding energies [27-30].

Besides the titration technique, the more advanced techniques of ¹H liquid state NMR and XPS, used to quantify the DS value of the prepared mNFC, are reported in Table 3. The most common standard technique used is wet chemistry or titration (acidification and saponification). This classic technique is considered straight forward and inexpensive; however, this method is time-consuming and the results are prone to be influenced by variable end-points during the titration [24].

Table 3. Comparing the DS values of mNFC assessed from three different techniques.

	Degree of substitution (DS)			
Samples	DS ¹ (Titration)	DS ² (NMR)	DS ³ (XPS)	
mNFC-Low DS	0.22	0.37	0.82	
mNFC-Med DS	0.43	0.66	1.45	
mNFC-High DS	0.66	1.01	1.82	

 DS^1 determined by the titration method. DS^2 determined by the ¹H NMR spectra.

DS³ determined by the XPS spectra.

Therefore,¹H liquid state NMR and XPS, were also chosen to evaluate the DS of mNFC in this study. It was found that the DS results obtained from the NMR and XPS techniques presented a similar trend of low to high DS values as compared to those DS values from the titration technique. The different DS values obtained from each technique, however, are not surprising given the differences in the technique principles, sample preparation and formulations to calculate DS value, among others [22,25].

In Figure 4a, all samples displayed two main X-ray diffraction peaks at 2θ of 15.3° and 22.6°, corresponding to the typical diffraction patterns of cellulose type I [20]. The crystallinity index of NFC was 69.8%. After modification, a decrease in the crystallinity index was observed in mNFC samples with different DS levels: 61.1% for mNFC-Low DS, 58.4% for mNFC-Med DS, and 57.6% for mNFC-High DS. This reduction can be attributed to the ester substitution disrupting the hydrogen bonding and diminishing the crystalline structure of NFC [31]. Observing the cellulose nanofiber's morphology through TEM (Figure 4b), native NFC exhibited tightly entangled nanofibrils due to intensive hydrogen bonding interactions. The nanofibrils in the mNFC-High DS sample exhibited a more fibrillated or separated morphology, likely due to reduced interactions among the fibrils as a result of the ester substitution, without compromising much the fibrils length. According to TEM image measurements, both NFC and mNFC-High DS have similar lengths in several micrometers but differ in diameter. NFC has an average diameter of 47.6 ± 14.8 nm and mNFC-High DS is 16.89 ± 9.95 nm. Sonicationassisted modification process in a prior study [10], showed that the mNFC (maximum DS of 0.5) had been broken up into small fragments as a result of the high shearing stress of sonication. This suggests that the modification of NFC through microwave processing not only enables an effective substitution of ester groups but also largely preserves the crystal structure and nanofiber characteristics of mNFC.

Aside from the structural changes, the physicochemical properties of the NFC were modified after esterification, as confirmed by DSC analysis (Figure 5a). The spectra of NFC, mNFC-Low DS, and mNFC-Med DS exhibited a single endothermic peak around 80-100 °C, attributed to the gradual evaporation of water absorbed by the nanofibers possibly during handling and storage in a plastic zip bag. Nanocellulose displays a strong affinity for hydroxyl-bearing systems, particularly small molecules like water, which aggregate and absorb onto the external surface of nanofibrils [18]. Conversely, in the case of mNFC-High DS, two distinct peaks were observed. The



Figure 4. (a) X-ray diffraction patterns and crystallinity index (embedded in top right corner) of NFC and mNFC; (b) TEM images of NFC and mNFC-High DS.



Figure 5. Thermograms of NFC and mNFC with Low DS, Med DS, and High DS; (a) DSC, (b) TGA, and (c) DTG.

initial endothermic shift, located at 80 °C, corresponds to the evaporation of adsorbed water molecules, analogously to NFC. The second peak visible in the DSC spectrum is likely associated with the thermal degradation of the ester side chain. This hypothesis is supported by the TGA analysis results (Figure 5b,c). A two-stage degradation pattern was discernible in the thermal degradation of NFC, mNFC-Low DS, and mNFC-Med DS. The initial stage entails moisture evaporation, followed by the decomposition of the chemical structure at around 300 °C. In contrast, the mNFC-High DS demonstrates a three-stage degradation pattern. It initiates with the dehydration





mNFC-Med DS (DS1=0.43, DS2=0.66, DS3=1.01)

mNFC-High DS (DS1=0.66, DS2=1.01, DS3=1.82)





Figure 7. Photographs of PLA solution (pure PLA) and PLA/NFC solution and PLA/mNFC-High DS solution (a) and the subsequent casted films of the aforementioned solutions with thickness of $30-50 \,\mu$ m (b).

of aliphatic hydroxy groups around $100 \,^{\circ}$ C, followed by the cleavage of ester unit linkages around $200 \,^{\circ}$ C, culminating in the decomposition of the ester oligomers [32]. In comparison, the weight loss of all mNFC samples surpasses that of unmodified NFC. Previous research elucidated that after esterification, the char residue increased greatly due to the grafted ester units, indicating improved flame-retardant behavior of the esterified samples [10].

The dispersion of mNFC is of critical importance for its successful modification. The results could be seen in Figure 6, all nanocellulose samples were well dispersed in water, methanol, and ethanol. The very strong polarity and hydrophilicity of NFC made them easily dispersed in polar solvents. On the other hand, NFC was poorly dispersed in acetone, chloroform, and toluene, whereas mNFC increased dispersion stability with increasing DS levels (High DS > Med DS > Low DS). This could be due to larger numbers of ester groups on the surfaces of these mNFC samples.

3.2. Nanocomposite film of PLA/mNFC-High DS

In order to investigate the potential of the mNFC as nanofiber reinforcement, nanocomposite films based on PLA, one of the most commonly used biopolymers, were prepared. The dispersibility of NFC and mNFC-High DS in PLA solution and the subsequent casted films were first observed (Figure 7). It was obvious that mNFC-High DS dispersed in PLA solution and PLA matrix much better than unmodified NFC. This underline that the agglomeration of NFC filler in a hydrophobic polymer matrix can indeed be overcome by suitable chemical modification of NFC. After film casting and drying, the pure PLA film was highly transparent, showing the typical characteristic of amorphous PLA films [33]. On the other hand, in both nanocomposite films, a reduction in transparency was clearly noticed, particularly in the PLA/NFC film. This suggested that NFC was strongly agglomerated, forming visible white spots, in the PLA matrix because of their differences in chemical structure and nature [34]. The dispersion of



Figure 8. SEM images of (a) film surface and (b) fractured surface morphology of pure PLA film and nanocomposite films of PLA/NFC and PLA/mNFC-High DS.

mNFC-High DS in PLA, however, was greatly improved as well as the nanocomposite film's consistency.

The surface morphology of films observed by SEM (Figure 8a) showed that the pure PLA film's surface was smooth and homogeneous. In contrast, the PLA/ NFC film had a very rough surface, particularly in the areas where NFC agglomerates were present. The more hydrophobic mNFC-High DS exhibited an improved compatibility with the PLA matrix, showing a smoother surface and no visible mNFC-High DS on the nanocomposite film's surface. Furthermore, large NFC agglomerates and voids were discovered inside the fractured surface of the PLA/ NFC film due to their poor compatibility (Figure 8b). The fractured surface of the PLA/mNFC-High DS film was not as smooth as that of pure PLA, but mNFC-High DS could disperse within the PLA matrix, forming less voids. However, based on visual inspection of the solution and SEM results of the PLA/mNFC-High DS film, there is still a high possibility of mNFC agglomeration in some locations. It suggests that the DS levels of each mNFC sample prepared in this study may vary. This is most likely due to uneven heating generated by the oscillating pattern of microwave irradiation [35], which results in inhomogeneous esterification of NFC at different locations of the reaction bottle.

Conclusions

Nanofibrillated cellulose have been efficiently esterified with lactic acid (esterifying agent) and HCl

(catalyst) in water using a simple microwave heating. In this study, the optimal reaction conditions for modifying NFC were found to be as follows: NFC:LA ratio, catalyst amount, microwave power, and time are all 1:10, 5% based on LA, 800 Watts, and 1 min, respectively. The optimized reaction led to mNFC with a maximum degree of substitution (DS) of 0.6. The use of high microwave energy (>100,000 J) resulted in steam explosion, which ejected solid mNFC from the reaction bottle, resulting in a significant loss of sample. The mNFC prepared using low microwave energy (<100,000 J), with three DS levels, mNFC-Low DS (0.2), mNFC-Med DS (0.4) and mNFC-High DS (0.6), were further analyzed using ¹H NMR and XPS. Unlike mNFC prepared by other processing (e.g. sonication), TEM and XRD results confirmed that the nanofiber characteristics and crystal structure of the present mNFC were mostly preserved after microwave processing, while presenting a more fibrillated morphology. From DSC and TGA analysis, thermal properties of mNFC-High DS changed noticeably, owing to the high density of ester groups present on the surface of this mNFC. The mNFC-High DS sample could be sufficiently dispersed in low polar solvents (i.e. acetone and chloroform) and PLA matrix, verifying the success and efficiency of the NFC's modification via simple microwave heating. However, in each modified sample, the resultant mNFC may exhibit a slightly varied DS levels due to uneven microwave irradiation. Our future research will focus on improving the homogeneity in nanocellulose modification, as well as the preparation

and characterization of improved nanocomposite films.

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Authors' contributions

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Disclosure statement

The authors report there are no competing interests to declare.

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