# Comparative Evaluation of Effectiveness of Rocuronium Bromide vs. Succinyl Choline on Quality of Intubating Conditions during General Anesthesia

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#### **Abstract**

**Objectives:** To compare the quality of intubating conditions and hemodynamic responses to the administration of Rocuronium Bromide and Succinyl Choline during general anesthesia.

**Methods**: This was a comparative study conducted at the anesthesiology department of a tertiary care medical college. Sixty patients undergoing various surgeries under general anesthesia were included in this study based on predefined inclusion and exclusion criteria. Patients were divided into Group S (receiving succinylcholine) and Group R (receiving rocuronium). In all patients, the quality of intubating conditions was assessed. Excellent or good conditions were considered to be acceptable intubating conditions, whereas fair and poor conditions were considered unacceptable.

**Results:** Mean age, weight, gender distribution, and ASA grades were comparable in both groups. The overall quality of intubation was found to be better in group S than in group R, and the difference was statistically significant (p=0.004). The duration of action was significantly longer in group R than in group S (p<0.001). Hemodynamic stability was comparable in both the groups, except for heart rate at 10 min, which was higher in Group R than in Group S. Incidence of fasciculation was significantly more in Group S as compared to Group R, and the difference was found to be highly significant (p=0.0001).

**Conclusion:** Succinylcholine for rapid sequence intubation is associated with better intubation conditions than rocuronium.

**Keywords:** Intubation, muscle relaxant, rocuronium, succinylcholine

## Introduction

Rapid and safe endotracheal intubation is paramount importance in practice of general anesthesia. Adequate intubating conditions are required to avoid airway trauma and adverse sympathetic responses. With advent of muscle relaxation, anesthesia practice changed drastically for better. First muscle relaxant for surgery, d-tubocurarine, was introduced in 1942. With this relaxant, jaw relaxation could easily be obtained to facilitate orotracheal intubation. This invention soon

inspired R.R. Macintosh to invent the famous Macintosh laryngoscope in 1943.<sup>2</sup> Although d-tubocurarine could produce jaw relaxation to facilitate orotracheal and nasotracheal intubation, it brought with it, its own drawback. It produced muscarinic block and ganglion block leading to tachycardia and hypotension.<sup>3</sup> The onset of action was also delayed taking up to 3 minutes to produce good intubating condition. This created a problem in emergency cases and full stomach cases where rapid procurement of airway is the priority to avoid regurgitation and aspiration. Soon after in

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1954 studies have reported manifold increase in mortality in patients receiving dTC than who had not received muscle relaxation thereby underlining the risks involved in using muscle relaxants for intubation.4 Succinyl choline has been famous muscle relaxant available for rapid sequence induction of anesthesia where, securing the airway quickly, such as in cases with full stomach requiring emergency surgeries, was of critical importance.5 However, the use of depolarizing muscle agents such as succinylcholine was found to be associated with risk of hyperkalemia, variable increase in intracranial pressure and intraocular pressure. Moreover, succinyl choline is contraindicated in patients with burns, crush injuries, muscular dystrophies, abdominal sepsis, denervation syndrome, malignant hyperthermia or allergy to succinyl choline in susceptible patients and development of phase II block after a large dose or continuous infusion. The duration of succinylcholine chloride was prolonged patients with pseudo cholinesterase deficiency. All these conditions where use of succinyl choline is contraindicated has led scientists to look for newer drug which can be used as an alternative to succinyl choline. In 1967 the studies first reported on clinical administration of the synthetic amino steroid pancuronium. Development of the intermediate-acting neuromuscular blocker built on the compound's metabolism and resulted in the introduction of vecuronium, an amino steroid which is also a monoquaternary analogue of pancuronium and atracurium which is a benzylisoquinolinium, into clinical practice in the 1980s but none of these nondepolarizing muscle relaxants could be match succinyl choline with respect to onset of action. Although various methods, such as the use of the "priming" (divided dose) technique and the use of larger doses of atracurium and vecuronium, have been tried in an attempt to reduce the onset time of these neuromuscular blockers, these methods have either proved unsuccessful or hazardous to the patient, as in the case of the priming technique, or resulted in a long duration of action as with the use of larger doses. In 1990 a new non depolarizing muscle relaxant, Rocuronium Bromide which challenged the onset time of Succinyl choline facilitating safe and rapid endotracheal intubation was introduced.8 Rocuronium bromide is safe as there are no side effects like histamine release unlike other non-depolarizing muscle relaxants, maintains cardiovascular stability

and is known for rapid recovery. Also, it provides intubating conditions similar to those of succinyl choline 60 to 90s after administration. Dose of rocuronium usually defines the onset time, duration and intubating conditions. The study was undertaken to evaluate the quality of intubating conditions with rocuronium bromide and to compare it with that of succinylcholine for use during general anesthesia in adult patients.

#### Methods

This was a comparative study conducted in the department of anesthesiology of a tertiary care medical college in Maharashtra, India. The duration of study was 2 years from January 2021 to December 2022. 60 patients undergoing various surgeries, such as Laparoscopic appendectomy, Laparoscopic cholecystectomy. modified mastectomy, tonsillectomy and Laparoscopic ovarian cystectomy, under general anesthesia were included in this study. The institutional ethical committee approved the study. The patients who were undergoing elective surgeries under general anesthesia and having ASA Grades I and II and Mallampati score of I and II were included. Patients who refused consent, those with Mallampati score of I and II as well as patients with ASA grade III and above were excluded from the study. Those with known allergies to anesthetic drugs and having serious comorbid conditions were also excluded from the study. Institutional ethical committee approved the study and written informed consent was obtained from all the participants. The sample size was calculated on the basis of pilot study done by Panda et al. assuming 90% power and 95% confidence interval, the sample size required was 19 patients per arm (total 38). Based on central limit theorem, sample size was determined to be enough if it was more than 25 thus, 30 patients were included in each group. Computer based randomization was used for randomization and anesthetists were blind to allocation information. Group received Succinylcholine 1.5 mg/kgintravenously. Group R: received Rocuronium bromide 0.6mg/kg intravenously. All patients were thoroughly evaluated and intravenous cannula was secured with 20G IV line. Patients were shifted to operating room and IV fluids were started. Continuous monitoring of patients for heart rate, systolic and diastolic blood pressures, ECG, SPO2 and ETCO2 was also started. Patients were premedicated

with Inj. Glycopyrrolate 4 mcg /kg IV, Inj. Midazolam0.05mg/kg IV and Fentanyl 2mcg/ kg. Preoxygenation of 3 minutes was followed by induction with Inj. Propofol 2mg/kg IV Both drugs, either rocuronium bromide (Group R) or succinyl choline (Group S) were given to patients depending upon the group to which they belonged. Surgery commenced at 60 seconds in every patient. Patients were intubated with cuffed endotracheal tube no. 7.0/8.0. In all patients quality of intubating conditions was assessed by using Cooper et al.9 scoring system. The intubating conditions were divided into excellent (Jaw relaxed, vocal cords apart and immobile, no diaphragmatic movements), good (Jaw relaxed, vocal cords apart and immobile, some diaphragmatic movements), fair (Jaw relaxed, vocal cords moving, "bucking") or poor (Jaw not relaxed; vocal cords closed). Excellent or good conditions were considered acceptable whereas poor and inadequate conditions were considered unacceptable intubating conditions. Anesthesia was maintained with oxygen, nitrous oxide (33:67), isoflurane and intermittent positive pressure ventilation. Hemodynamic stability was assessed my continuous monitoring of HR, mean arterial preoperatively saturation pressure and and then immediately after intubation and 10 min, 20 min, 30 min and 40 min after intubation. Side effects such as tachycardia, bradycardia, arrhythmia, histamine release, and laryngospasm and muscle fasciculation's were noted in all the cases. Duration of action of muscle relaxants was considered to be extending until recovery of spontaneous respiration. At the end of the procedure patients were reversed with neostigmine 0.04 mg/kg and Glycopyrrolate 0.005 mg/ kg titrated to response and the patient was extubated. SPSS 23.0 was used for data

analysis. Descriptive statistics were elaborated in the form of means and standard deviations for continuous variables, and frequencies and percentages for categorical variables. Group comparisons made using independent sample t-test for continuously distributed data, and chi-square test for categorical data. Repeated observations were compared using paired t-test or repeated measures ANOVA as applicable. P value less than 0.05 was taken as statistically significant.

# **Result**

The groups were compared for mean age, weight, Gender distribution and ASA Grades. The mean age of cases in group R and group S was found to be 35.12 +/- 7.46 and 32.34 +/- 6.98 years respectively. The mean weight of patients in group R and S was found to be 62.34 +/- 7.86 kg and 60.12 +/- 6.98 kg respectively. The mean age, weight as well as gender distribution and ASA grades were found to be comparable in both the groups with no statistically significant difference in any of these parameters in both the groups. Mallampati classification score of both the groups were also found to be comparable in both the groups with no statistically significant difference (p>0.05; Table 1).

The most common surgery performed in group R was laparoscopic appendectomy (33.33%) whereas the most common surgery in group S was laparoscopic cholecystectomy (36.67%). Overall the most common surgery was laparoscopic cholecystectomy (33.33%) followed by laparoscopic cholecystectomy (31.67%). The other surgeries undertaken were Laparoscopic ovarian cystectomy (13.33%), tonsillectomy (11.67%), and Modified radical mastectomy (10%) (Fig. 1).

Comparison of quality of intubating

Table 1 Comparison of Mean Age, Weight, Gender, ASA and MPC Grades in Patients

		Group R	Group S	P Value	
Mean Age		35.12 +/- 7.46	32.34 +/- 6.98	0.079	
Gender	Males	22 (73.33%)	17 (56.7%)	0.279	
Distribution	Females	8 (26.66%)	13 (43.3%)	0.279	
Weight		62.34 +/- 7.86	60.12 +/- 6.98	0.079	
ASA Grade	Grade I	22 (73.33%)	24 (80 %)	0.902	
	Grade II	8 (26.66%)	6 (20%)	0.902	
MPC Grade	MPC I	16 (53.33%)	21 (70%)	0.288	
	MPC II	14 (46.66%)	9 (30%)	0.288	

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Table 2 Comparison of Quality of Intubating Conditions in Studied Cases

			Group			Fisher's Exact Test	
		R (n=30)	S (n=30)	Total (n=60)	χ2	P Value	
	Score 0	0	0	0	-	-	
Javy Dalawatian	Score 1	0	0	0	-	-	
Jaw Relaxation	Score 2	5 (16.7%)	0 (0.0%)	5 (8.3%)	C 455	0.052	
	Score 3	25 (83.3%)	30 (100.0%)	55 (91.7%)	5.455		
	Score 0	0	0	0	13.098	<0.001	
Vocal Cord	Score 1	4 (13.3%)	0 (0.0%)	4 (6.7%)			
Position	Score 2	13 (43.3%)	4 (13.3%)	17 (28.3%)			
	Score 3	13 (43.3%)	26 (86.7%)	39 (65.0%)			
Intubation Response	Score 0	0	0	0		0.012	
	Score 1	6 (20.0%)	0 (0.0%)	6 (10.0%)	8.182		
	Score 2	12 (40.0%)	10 (33.3%)	22 (36.7%)			
	Score 3	12 (40.0%)	20 (66.7%)	32 (53.3%)			

conditions in both the groups showed that better jaw relaxation was seen in Group S as compared to Group R however this difference was not found to be statistically significant. However, the analysis of 2 other parameters namely vocal cord position and intubation response showed that both of these parameters were better in Group S as compared to Group R and the difference was statistically significant (p<0.05; Table 2).

Comparison of both the groups on the basis of total score for quality of intubation showed that mean total score in Group R and Group S was 7.33 +/- 1.37 and 8.50 +/- 0.68 respectively. Group S was having a better

total score as compared to Group R and the difference between the 2 groups in terms of Total Score was found to be significant (W=222.000, p=<0.001) The analysis of patients in both the groups on the basis of duration of action (in minutes) of muscle relaxants showed that the mean duration of action in group R and group S was 22.93 +/- 5.45 and 11.97 +/- 1.71 respectively. The duration of action was longer in group R as compared to group S and the difference was significant (p<0.001; Table 3).

The comparison of both the groups on the basis of quality of intubation showed that most of the patients in Group S had excellent

Table 3 Comparison of Mean Score of Quality of Intubation and Duration of Action in Both the Groups

Mean Score of Quality of Intubation and Duration of Action			Group		Wilcoxon- Mann- Whitney U Test
		R	S	W	p value
Mean Score of Quality of Intubation	Mean (SD)	7.33 +/- 1.37	8.50 +/- 0.68		
	Median (IQR)	8 (6-8)	9 (8-9)	222.000	< 0.001
	Range	5-9	7-9		
	Mean (SD)	22.93 +/- 5.45	11.97 +/- 1.71		
Duration of Action (Minutes)	Median (IQR)	22 (18.25–25)	12 (11–13)	899.000	<0.001
	Range	15-38	7–15		

Table 4 Comparison of Groups on the Basis of Overall Quality of Intubation and Acceptable Grades

Overall Quality of intubation and acceptable grades			Group		Fisher's Exact Test	
		R (n=30)	S (n=30)	Total (n=60)	χ2	P Value
	Excellent	16 (53.3%)	27 (90.0%)	43 (71.7%)		
Overall Quality of Intubation	Good	10 (33.3%)	3 (10.0%)	13 (21.7%)	10.583	0.004
	Fair	4 (13.3%)	0 (0.0%)	4 (6.7%)		
Acceptable Grades	Yes	26 (86.7%)	30 (100.0%)	56 (93.3%)	4.286	0.112
	No	4 (13.3%)	0 (0.0%)	4 (6.7%)	4.200 0.117	0.112

quality of intubation (90%) whereas good and fair quality was seen in 13 (21.7%) and 4 (6.7%) patients respectively. In group R excellent quality of intubation was seen in 16 (53.3%) patients. Overall quality of intubation was found to be better in group S as compared to group R and the difference was statistically significant (P=0.004). Fisher's exact test was used to explore the association between 'Group' and 'Acceptable Grade'. In group R 26 (86.7%) patients had acceptable grades whereas in group S all 30 (100%) patients were found to have acceptable grades. Though comparatively less patients had acceptable grades in group R as compared to group S however the difference between the groups in terms of distribution of Acceptable Grade was not found to be significant ( $\chi$ 2=4.286, p=0.112) (Table 4).

Both the groups were compared for heart rate, mean arterial pressure and SPO2 preoperatively and postoperatively and till 12 hours. The heart rate was found to be comparable at all the times except 15 minutes (P<0.05). Mean arterial pressure and SPO2 were found to be comparable in both the groups at all the times with no statistically significant difference at any point in time (p>0.05; Table 5).

The analysis of side effects in both the groups and their comparison showed that in group R 28 (93.33%) patients didn't have any adverse effects while 2 (6.66%) patients developed tachycardia. In group S 1 (3.33%) patient developed bradycardia. Muscle fasciculation's were seen in 24 (80%) of the patients in group S whereas no patient in Group R developed fasciculation's. Incidence

# Surgeries in studied cases

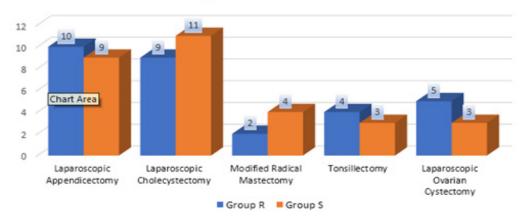


Fig. 1 Types of Surgeries in Studied Cases

 ${\bf Comparative\ Evaluation\ of\ Effectiveness\ of\ Rocuronium\ Bromide\ vs.\ Succinyl\ Choline\ on\ Quality\ of\ Intubating\ Conditions\ during\ General\ Anesthesia$ 

Table 5 Comparison of Mean Heart Rate, Mean Arterial Pressure and  $\ensuremath{\mathsf{SPO}}_2$ 

		Gr	P value		
Heart Rate(BPM)		Group R Group S		(Wilcoxon- Mann- Whitney	
		Mean (SD)	Mean (SD)	Test)	
	0 Min	84.12 +/- 8.98	82.36 +/- 8.12	p>0.05	
	15 Min	86.28 +/- 9.12	76.42 +/- 8.34	p=0.0001	
	30 Min	84.30 +/- 9.80	86.34 +/- 9.12	p>0.05	
	1 Hr	82.07 +/- 9.04	84. 36 +/- 9.90	p>0.05	
	2 Hr	83.74 +/- 8.18	82.46 +/- 8.86	p>0.05	
	3 Hr	81.83 +/- 10.12	84.62+/- 8.12	p>0.05	
	4 Hr	80.12 +/- 9.90	82.42 +/- 7.98	p>0.05	
Heart Rate (BPM)	5 Hr	82.86 +/- 10.12	84.34 +/- 8.84	p>0.05	
(DI M)	6 Hr	80.46 +/- 9.70	80.12 +/- 9.12	p>0.05	
	7 Hr	78.34 +/- 9.34	80.34 +/- 8.12	p>0.05	
	8 Hr	82.30 +/- 10.30	78.64 +/- 6.34	p>0.05	
	9 Hr	84.12 +/- 6.82	82.34 +/- 6.58	p>0.05	
	10 Hr	80.34 +/- 5.54	82.66 +/- 7.14	p>0.05	
	11 Hr	78.54 +/- 6.12	80.12 +/- 6.78	p>0.05	
	12 Hr	76.86 +/- 5.90	78.34 +/- 7.10	p>0.05	
	0 Min	90.92 +/- 8.34	89.03 +/- 8.10	p>0.05	
	15 Min	92.34 +/- 8.24	96.87 +/- 10.24	p>0.05	
	30 Min	96.96 +/- 9.12	93.37 +/- 9.48	p>0.05	
	1 Hr	94.34 +/- 8.48	92.50 +/- 8.68	p>0.05	
	2 Hr	96.24 +/- 9.34	91.70 +/- 7.78	p>0.05	
	3 Hr	95.34 +/- 8.34	90.73 +/- 7.24	p>0.05	
Mean	4 Hr	92.20 +/- 9.84	94.40 +/- 8.12	p>0.05	
Arterial	5 Hr	90.94 +/- 8.86	88.68 +/- 8.34	p>0.05	
Pressure	6 Hr	88.34 +/- 9.12	86.34 +/- 9.12	p>0.05	
	7 Hr	86.68 +/- 9.34	84.68 +/- 9.02	p>0.05	
	8 Hr	88.54 +/- 9.12	90.34 +/- 10.34	p>0.05	
	9 Hr	92.34 +/- 9.46	92.46 +/- 8.98	p>0.05	
	10 Hr	90.86 +/- 8.24	90.34 +/- 9.46	p>0.05	
	11 Hr	91.34 +/- 9.12	90.48 +/- 10.02	p>0.05	
Spo2	12 Hr	90.56 +/- 9.02	88.62 +/- 9.90	p >0.05	
	0 Min	99.6 +/- 0.48	99.4 +/- 0.86	p>0.05	
	15 Min	99.4 +/- 0.86	99.54 +/- 0.74	p>0.05	
	30 Min	99.6 +/- 0.48	99.60 +/- 0.48	p>0.05	
	1 Hr	99.6+/- 0.48	99.20 +/- 0.72	p>0.05	
	2 Hr	99.4 +/- 0.86	99.60 +/- 0.48	p>0.05	
	3 Hr	99.2 +/- 0.74	99.40 +/- 0.86	p>0.05	
	4 Hr	99.6 +/- 0.48	99.60 +/- 0.48	p>0.05	

**Table 5 (Continued)** 

		G	Group		
Не	leart Rate(BPM)	Group R	Group S	(Wilcoxon- Mann- Whitney	
		Mean (SD)	Mean (SD)	Test)	
	5 Hr	99.0 +/- 0.98	99.4 +/- 0.86	p>0.05	
	6 Hr	98.80 +/- 1.12	99.2 +/- 0.74	p>0.05	
	7 Hr	99.40 +/- 0.86	99.40 +/- 0.86	p>0.05	
	8 Hr	99.60 +/- 0.48	98.12 +/- 0.74	p>0.05	
Spo2	9 Hr	99.40 +/- 0.86	99.40 +/- 0.86	p>0.05	
	10 Hr	99.60 +/- 0.48	99.60 +/- 0.48	p>0.05	
	11 Hr	99.40 +/- 0.86	99.46 +/- 0.46	p>0.05	
	12 Hr	99.60 +/- 0.48	99. 34 +/- 0.84	p>0.05	

of fasciculation was significantly more in group S as compared to Group R and the difference was found to be highly significant (P=0.0001). Other side effects were comparable in both the groups.

#### **Discussion**

Rapid and safe endotracheal intubation is of paramount importance in practice of general anesthesia. The only muscle relaxant famous for its rapid onset of action was succinvl choline until the discovery of rocuronium bromide. The quest to find alternative to succinyl choline has led scientist to look for new drug and that's when rocuronium bromide, nondepolarizing muscle relaxant became famous for its comparable time of onset of action.<sup>10</sup> The newer drug also helped to overcome the side effects which were associated with succinyl choline like bradycardia, arrhythmias, hyperkalemia, variable increase in intraocular, intragastric and intracranial pressures. To compare the effectiveness of Rocuronium Bromide and Succinyl Choline, intubating conditions were assessed in this study. In this study Comparison of quality of intubating conditions showed that vocal cord position and intubation response showed that both of these parameters were better in Group S as compared to Group R and the difference was statistically significant (p<0.05). Tran DT et al conducted an extensive literature review to determine whether rocuronium creates intubating conditions comparable to those of succinvlcholine during RSI intubation.<sup>11</sup> For this purpose the authors reviewed 37 randomized controlled trials (RCTs) or

controlled clinical trials (CCTs) relating to the use of rocuronium and succinylcholine. The study found that Overall, succinylcholine was superior to rocuronium for achieving excellent intubating conditions: RR 0.86 (95% confidence interval (CI) 0.81 to 0.92; n = 4151) and clinically acceptable intubation conditions (RR 0.97, 95% CI 0.95 to 0.99; n = 3992, 48trials). On the basis of these findings the authors concluded that Succinylcholine created superior intubation conditions to rocuronium in achieving excellent and clinically acceptable intubating conditions. Similar findings were also reported by the authors such as Guihard B et  $al^{12}$  and Chavan SG et  $al^{13}$  The analysis of patients in both the groups on the basis of duration of action of muscle relaxants showed that the mean duration of action in group R and group S was 22.93 +/- 5.45 and 11.97 + - 1.71 minutes respectively. The duration of action was longer in group R as compared to group S and the difference was highly significant (p<0.001). Magorian T et al undertook a study to compare rocuronium, succinylcholine, and vecuronium for rapidsequence induction of anesthesia in adult patients.14 For this purpose Fifty patients, ASA 1-3, were randomly designated to receive one of three intravenous doses of rocuronium (0.6, 0.9, and 1.2 mg/kg), vecuronium (0.1 mg/kg), or succinylcholine (1.0 mg/kg). The time from injection of muscle relaxant until complete ablation of T1 (onset) and recovery of T1 to 25% (duration) were recorded. The study found that Clinical duration of action was longest with 1.2 mg/kg rocuronium, similar with 0.6 and 0.9 mg/kg rocuronium, and vecuronium, and least with succinylcholine. These findings were similar to findings of ours

study. Similar findings were also reported by the authors such as Li G et al. 15 and Sparr HI et al. 16 The comparison of hemodynamic parameters in both the groups showed that the heart rate was found to be comparable at all the times except 10 minutes (p<0.05). Mean arterial pressure and SPO2 were found to be comparable in both the groups at all the times with no statistically significant difference at any point in time (p>0.05). Lenin *et al.*<sup>17</sup> undertook a study to compare the onset time, duration of action, intubating condition and hemodynamic effect of rocuronium bromide at the dose of 0.8 mg/kg and Succinylcholine at the dose of 1.5 mg/kg. The study found that both the drugs raised mean Heart rate. Systolic Blood Pressure, Diastolic Blood pressure, MAP from intubation to subsequent intervals however this increase was comparable with no statistically significant difference between the groups. Similar hemodynamic comparability

between succinylcholine and rocuronium was also reported by the authors such as Sorensen *et al.*<sup>18</sup> and Li *et al.*<sup>19</sup> The analysis of cases on the basis of adverse effects showed that Incidence of fasciculation was significantly more in group S as compared to Group R and the difference was found to be highly significant (p=0.0001). Other side effects were comparable in both the groups. 24 (80%) patients in group S were found to have muscle fasciculation's whereas no patient in group R had fasciculations. Similar findings were also reported by Zhang *et al.*<sup>20</sup>

Small number of cases and use of fixed dose of rocuronium were the limitations of our study. A similar study with larger cohort will further substantiate the findings of our study. In conclusion use of succinylcholine for rapid sequence intubation was found to be associated with better intubation conditions as compared to rocuronium.

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