

Date and Time: 23 July 2007, 1:30 pm

I met Danielle at the pool when I went to interview other lifeguards. Her mom happened to be there with her to drive her over to the kiddie pool where Danielle is the only lifeguard during the week. I met her there during her shift to interview her. She didn't really seem like the type to put a great deal of thought into what she eats; she's grown up in this small town and appreciates that quality.

Allegra Gordon: So what's one of your favorite foods?

Danielle Callaghan: My favorite food would have to be pizza.

AG: Any kind?

DC: Uh, pepperoni.

AG: How often do you eat it?

DC: Probably about twice a week.

AG: What about what are your least favorite foods?

DC: Um, onions.

AG: Do you just avoid them entirely?

DC: Yeah.

AG: What did you have for your evening meal yesterday?

DC: Yesterday I had pizza. [laughs]

AG: So here in Lakeview, what are some things that you appreciate about the food system?

DC: I appreciate the food systems because I, for the most part the restaurants, I know the owners and stuff and I [pause] it's fun to go, and, cause you know everyone pretty much, so. You know kinda where your food is coming from and if you have a question about food they'll answer it, and they're always nice.

AG: Is there anything you don't like about the food system here?

DC: Um, there's not very much [pause] variety.

AG: Do you think people here are concerned with their health?

DC: Um, somewhat. Not too much though.

AG: What about you?

DC: I am, yeah. I'm pretty active. If I, I try to stick to just one soda a day if I can. And, I just try to eat, for the most part healthy. And if I eat something unhealthy I try to do some physical activity that day. Just to kinda, I do physical activity every day, so, it's not that hard.

AG: Do you go out to eat a lot, or do you cook, or does your family cook?

DC: Um, we try to only go out to dinner about once a week, but, I work a lot and so, sometimes I just order something really quick and [pause]. So I go out pretty often for food.

AG: So how does your family get their food? Do you go to the grocery store? Do you have a garden or anything?

DC: Um, we have a garden that has tomatoes, and onions, and like beans and stuff. And, we eat those. But, we get our meat from somewhere else; we order it in. And (From outside of Lakeview?) Yeah. We normally order from a place in Klamath. And that's for our beef purposes, and then, um [pause] we stopped a couple years ago, but we

used to raise a pig every year for food. We didn't do it for fair or anything. And, we would just butcher the pig and have that for the ham and the bacon and stuff.

AG: So your family processed it at home?

DC: Yeah.

AG: Do you have a hard time finding any food? Is there anything you want here that's hard to get; do you have to go somewhere else to get it?

DC: Um, I really like Mexican food, so we only have one Mexican food restaurant, so it's kinda hard sometimes to get that. Um, so, it's the only thing I can think of.

AG: Who cooks in your family?

DC: Um, mostly my dad. My dad and my sister.

AG: What kind of stuff do they make?

DC: Um, they try to vary it out, like, if we do hamburger helper one night we try to make something homemade the next night. And, we do, spaghetti a lot, and Italian foods like that.

AG: And you can find everything for that here in Lakeview?

DC: Yeah.

AG: How often do you eat as a family?

DC: Um, every night almost. Unless we're gone.

AG: When you go out, do you have a favorite restaurant that you go to?

DC: Um, we go to Pizza Villa if we're going to go out for the most part. We order and have it delivered, cause it's easier.

AG: Is there anything that you wish was here that isn't? Maybe more Mexican restaurants?

DC: Yeah, um. Not really.

AG: Do you ever go to Klamath to restaurants there?

DC: Yeah. Um, we go to KFC a lot. And, if we go to Klamath we normally bring KFC home for dinner.

AG: So is there, besides raising a pig every year, is there anything else that your family's been involved with in the past with working with food or raising food?

DC: Um, my dad has friends that, well my dad is a surveyor and so sometimes he surveys for his friends for free, for like a half of a cow or something. And, they do all the butchering and everything, and dad just trades off his services for the food. And, then, um, every year for FFA I raise a lamb, but I sell that and so it's not really for our family.

AG: Are there any stories with your family and food involved that you can think of? Or any special family recipes? Anything like that?

DC: Um [pause] my mom, on my mom's side, they make chocolate gravy? And, it's really good. (For meat?) Yeah, for meat, and it's really good. It's kinda like hot pudding, and I'm not allowed even to see the recipe, and so it's pretty secret.

AG: Who gets to see the recipe?

DC: Only like my mom and her mom and her mom, and... So mostly just the moms; whenever you have a kid you get it, pretty much.

AG: When is it going to be passed down to you?

DC: Well hopefully not for a while cause I don't plan on having kids for a while, but... [laughs]

AG [06:00]: So is there anything else that anyone that anyone in your family's involved with food now?

DC: Um my dad, my... brother is raising rabbits right now? For fair market, and, that's not really for the family either, but, he does that. And, my sister used to do 4H like [pause] um, growing plants and stuff, to see how big she could get it for fair, and, we used to have this, a really big garden with like zucchinis and stuff, but, we kinda remodeled the back side of our house, and so, that kinda got... and we have, we have a strawberry garden; a little bit of a strawberry patch growing, and, we always eat those, but not really enough to supply the whole summer.

AG: So at the fair, I know there's the meat sale, so they have vegetables and everything too?

DC: Yeah.

AG: Do you know any other places in town where people sell their vegetables? I heard there used to be a Farmer's Market.

DC: Um, I'm not sure if there's still the Farmer's Market? It used to be on Saturdays I think? And, I never personally went to it, but, I know that there, it was, a lot of people did go to it. And, some people just like, exchange stuff from their garden for services, like how my dad does it, and like, some people, one person has something that you want and you can do something to help them? Sometimes people exchange it that way. Um, a lot of the women in town make like jams and jellies and stuff, and they give it for gifts or they sell it at fair, or, stuff like that.

AG: So a lot of community trade-offs?

DC: Yeah.

AG: Do any of the groups you belong to eat together? Like a church group or work or anything?

DC: Um, in FFA we have, uh, a monthly potluck type thing for our meeting. Everyone brings like different foods and stuff, and we just kinda eat together. And then, for like sports banquets we always have, um, the same kinda thing, just a potluck, and like the awards banquet and stuff like that.

AG: Do you ever give food to others?

DC: We have a lot of canned food drives around.

AG: Through your sports groups?

DC: Through school, a lot of 'em are. I think that the 4H right now, one of the groups is doing a canned food drive to help raise money for their group. And, but at school we have contests, like right before Thanksgiving and Christmas we have contests like within the Freshman, Sophomore, Junior, and Senior classes. Whoever gets the most cans, like wins a prize or something.

AG: Do you know if those are food drives for within Lakeview?

DC: Yeah. They are, for within Lakeview, cause we have a, I think it's, like, the Lake County Food Share or something? And, we have that and that's where all of the canned foods go.

AG: So how do you think ranchers and farmers are doing in the community?

DC: From what I've heard, I feel like, that, a lot of the stores in town aren't really using local farmers and ranchers anymore? They're trying to go somewhere else. And so, I think that maybe they're starting to drop in their sales and stuff, but I also know that some of them send their stuff somewhere else too, so.

AG: Do you know anything about low-income or disabled or elderly people in the community and how they get their food?

DC: Um [pause] not really. I know that some of 'em have like food stamps but I don't really understand how they work.

AG: Do you know where the food comes from that people eat here? If it comes from outside of the community or?

DC: Um, I'm not really sure where it comes from.

AG [10:14]: Do you eat any local food?

DC: Yeah. Um, we, the Lakeview Lockers? We get a lot of our meat from there? Just because we know the people that run it and so we know kinda where the food is coming from. And like, most of the meat that comes from there is from local ranches.

AG: Is there anything you want to see change in the food system here?

DC: Um, I kinda want it to be more local. I think that (More local than it already is?) Yeah. I think that if we could use more of the stuff from local farmers and ranchers it would really bring us together more than we already are.

AG: Do you think that if the farmer's stopped sending their stuff out and if the stores started using their stuff more; do you think they could supply everyone?

DC: I think the farmers and ranchers have to send their stuff out because the local businesses don't use their stuff very much.

AG: Have you heard anything about other places changing their food systems?

DC: No [laughs] not really.

AG: Is there anything else you can think of?

DC: Oh, another place where my family gets out meat from is we hunt as a family. Um, we hunt for elk and deer and antelope, and. So we get a lot of our meat from there.

AG: How often to do you hunt?

DC: Um, well we, put in for tags every year and last year I got an elk tag and we got the elk. And, we also got a deer tag and we got the deer too, so, we have an elk and deer in our freezer right now, and.

AG: How long does that last you?

DC: Uh, it lasts quite a while [laughs] It lasts for a long time, and, um [pause] This year we have another elk tag, and so we're gonna try to go hunting again.

AG: What season is that? When do you go?

DC: We go like, towards the end of October.

AG: How do you see Lakeview in 20 years?

DC: I think that there's gonna be a lot more fast-food, and it's not going to be quite as healthy.

AG: Do you think more chains will come in?

DC: I think so. Cause I, I've already heard people talk about they want more chains to come in. So, I think that Lakeview, is already started to grow. I mean, growing up I've seen it get bigger. Especially since how the prison came, and so, there has to be more source to provide more food, and stuff for the people that have moved here.

AG: Do you think the prison is a good thing for the community?

DC: I think it is. I think it's making us grow. A lot of the older people don't like it because they don't like change, but, I mean, I think that it's helped us in many ways, kinda grow.