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CHEMICAL DEPARTMENT.

# OREGON AGRICULTURAL EXPERIMENT STATION,

CORVALLIS, OREGON.

# Miscellaneous Investigations.

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# Miscellaneous Investigations.

This bulletin collects the results of numerous analyses more or less relating to agriculture which have been made in this laboratory during the incumbency of the writer as chemist. These analyses have accumulated in three ways:—

- (1) During the course of regular investigation of more extended character;
- (2) From isolated analyses of materials which at the time were deemed of sufficient public importance to be undertaken;
- (3) In the course of work for the State Dairy and Food Commissioner.

It has not been the policy of this department to make a large number of miscellaneous analyses, but to limit the work to matters of public importance rather than private interest, always reserving the right to publish the results of work in as much detail as the Station desired.

# Sorghum for Syrup.

On the completion of the work with sugar beets (1898) plans were laid to investigate the possibilities of growing sorghum for syrup-making in certain parts of the state. The work was begun in the spring of 1899 during which season a quantity of seed was distributed in the state, especially in Jackson and Umatilla counties, where it was thought the conditions would be most suitable for the crop. In each of these counties sorghum had been grown on a very limited scale for a number of years and a crude syrup had been made for home use. No attempt had ever been made, so far as known to the writer, to ascertain the real quality of the cane as compared with that produced elsewhere. The seed employed in these experiments consisted of Minnesota Early Amber cane, purchased of Mr. Seth Kinney, Morristown, Minn., and the following varieties of pedigreed southern grown seed furnished by the U.S. Department of Agriculture: Early Amber, Brown Colman, and Folger's Early.

None of the southern grown varieties matured, but the Minnesota seed seemed quite well adapted to the Oregon conditions. The season was altogether unfavorable for the experiment and for one reason and another of the 79 to whom seed was sent, 51 failed to forward samples. In most of these cases the cane was killed by a quite general frost which occurred on or about October 2d in both eastern and southern Oregon, which is quite an unusual occurrence so early in the season, especially in Jackson county. The results of the analyses of the canes are presented below.

• o					24	.M	۸.		Anal	nalyses of Juice.				
Laboratory	Grower	Postoffice	Planted	Cut	Longest Stalk Feet	Shortest Stalk Feet	Was Season Favorable	Sucrose	Glucose	Total Sngar	Purity	Total Solids		
1801 1803 1804 1805	LeeWatkins	Central Point	April 25 April 25 April 19	September 30 October 3 October 3	8 7½	5½ 4½	No No	16.8 15.4 9.0	8.7 4.6 3.9	25.5 20.0 12.9	66.9 73.0 41.0	25.1 21.0 19.4		
1806 1808 1809 1810 1814 1815 1815½ 1816 1817½ 1824 1825 1826 1827 1828 1829	E. H. Davis Isaac Wolf J. W. Smith E. H. Lenox Thos. McAndrews E. A. Hendricks W. W. Estes E. P. Bennett M. E. Dixon I. A. Merriman A. A. Porter J. W. Smith Noah Cornutt E. A. Hendricks M. H. Tower	Table Rock Medford Eagle Point Brockway Medford Talent. Talent. Medford Applegate Medford Grave Eagle Point Riddle Talent	April 15 April 15 May 10 May 10 May 15 May 16 May 16 May 16 May 10 April 15 May 15 April 19 May 10 May 9	October 3. October 4. October 6. October 6. October 9. October 9. October 10. October 11. October 15. October 20. October 21. October 21. October 21.	9½ 6 8% 8½ 7¾ 7 10¾ 7½ 9	5½ 4 5 6 6 5¾ 5 6½ 4½ 5 6	Yes No Yes Fair No No No No	13.4 12.2 11.0 13.0 13.7 14.6 13.0 12.5 11.7 12.5 11.5 13.2 10.5 14.7	4.2 4.6 5.5 4.6 2.5 5.5 4.6 2.9 3.6 4.1 3.2 4.7	17.6 16.8 17.2 18.5 18.3 18.8 18.2 17.0 15.5 15.4 16.1 16.8 14.6 17.7 18.4	63.0 50.0 46.0 63.4 67.0 71.5 64.1 67.0 65.0 67.0 65.0 74.0 60.0	18.1 19.5 23.9 20.5 21.0 19.7 20.3 18.3 21.4 18.6 18.0 19.5 16.2 20.5		
1881 1816½ 1830 1811 1818 1819 1807 1320 1828	John Hall L, Oldenburg H. A. Kerns K. J. Stackland Robt. Jamieson G. DeGraw L. B. Zell G. Carmichael J. R. King	Myrtle Creek LaGrande The Dalles Cove Milton Milton Milton Weston Weston		October 18		3 4 8 	No No No Yes Yes No Yes Fair	13.2 10.9 12.7 6.7 14.2 13.2 8.0 14.9 10.3	5.3 5.2 6.1 4.7 4.1 5.5 4.5	16.2 17.7 12.8 18.9 17.3 13.5 19.4	71.0 61.5 69.0 40.4 73.0 65.0 48.4 72.0 60.2	18.5 17.7 18.5 14.1 19.3 20.1 16.5 20.5 17.1		

The results show that a fair quality of sorghum for the purpose of syrup manufacture can be produced in Jackson county and probably in certain parts of Umatilla county. Experience of growers in the former shows that in ordinary seasons the early varieties of sorghum will well mature, but in the latter locality there will be much uncertainty as to the maturing of the crop. Under the present condition it is impossible to estimate the cost of the crop and the profit realized from it, but the most reliable estimates show that the cost of the syrup, ready for market, does not exceed 30 cents per gallon. Mr. E. H. Davis of Table Rock, Jackson county, reports that from a little less than one-half an acre he obtained 56 gallons of syrup. W. W. Estes states that from one-fourth of an acre he obtained 22 gallons of syrup. I believe the field is worthy of further investigation.

## Strawberries.

There is but little literature touching upon the chemical side of strawberries. So far as I have been able to ascertain there has been published but one bulletin treating of the composition of strawberries, and in the annual reports of the Stations there is but one reference to this subject.\* A few annalyses of this fruit have been made at this Station and the results are here stated.

A STAT TOTO	0.17	STRAWBERRIES.
ANALYSES	OF	SIKAWBEKKIES.

No.		Weight.	ent.	Sugar. Per cent.			Per cent.			Per cent.			Per cent.			Per cent.			Per cent.			ığ.		Proxin mposi		
Laboratory 1	Variety.	Average Wei Grams.	Flesh. Per	Waste (hulls).	Grape.	Cane.	Total.	Acid as Malic.	Nitrogen.	Albumenoids. N. x 6.25.	Water.	Organic Matter.	Ash.	Total.												
844 845 846 847 1343 1344 1345 1346 1350	Michael's Early (1898) Vick's (1898) Warfield (1898) Glendale (1898) Sharpless (1899) Wilson (1899) Oregon Everb'ring ('99) Magoon (1899) Clark's Seedling (1899).	10.66 6.66 11.30 5.55 4.86 6.96 18.33 8,43	94.47 97.27 96.80 97.00 97.54 97.59 96.56 97.38 95.36	2.73 3.20 3.00 2.46 2.41 3.44 2.62 4.64	3.21 3.94 3.27 5.44	.93 1.08 .88 	4.14 5.02	.95 .89 1.01	.18 .11 .18 .18	1,12 .69 1,12 1,12 .72	81.70 90.45 88.23 88.22 88.14 87.30 88.72 89.02	17.91 9.18 11.45 11.42 11.20 12.12 10.79	.66 .58 .49 .25	100 100 100 100 100 100												

<sup>\*</sup>Bulletin No. 4, Vol. II, Part 2, Tenn. Exp. Station, 1889, W. E. Stone, and 6th An. Report Ohio Station.

For the sake of comparison the following averages obtained by other workers are here stated:

			Total			
Water.	Matter.	Protein.	Sugar.	Acid.	Fibre.	Ash.
*European (J. König)87.66	12.34	.57	6.28	.93	2.32	.81
†Tennessee (W. E. Stone) 90.52	9.48	.99	5.36	1.37	1.55	.62
†Ohio (H. A. Webber)			4.50	1.00		-
Oregon88.57						

From this it appears that the European strawberry is probably sweeter than the American berry, yet this would be governed much by the variety used in analysis, but they do not appear so rich in protein and probably carry more fibre. Comparing the mean of the averages of the American analyses with the European as to the relation of acid to sugar, it appears that in the latter the ratio appears as 1 to 7, while in the former it stands as 1 to 5. If this be compared with the ratio for wild strawberries, as stated by Fresenius, 1 to 2, it is seen there has been quite an improvement brought about by selection and cultivation.

From the above analyses it is seen that the strawberry can not be considered as a very nutritious food, carrying but little over 10 per cent dry matter. Strawberries have even less food value than the flesh of stone fruits. In a general way they may be stated to approximate vegetables in their nutritious properties which may be seen from the following table:

	Water.	Dry Matter.	Protein.	Nitrogen free Extract. Including fat and fibre.	Ash.	Acid as SO <sub>3</sub>
Fresh Prunes (Oregou; all prunes) Fresh Prunes (Oregon; Petites). Fresh Prunes (Oregou, Italians) California (all prunes) Plums (California). Cherries (Oregon). Cherries (California) Potatoes. String Beans Turnips Strawberries (Oregon).	77.07 80.20 78.40 81.30 79.40	23,46 27,74 22,93 19,80 21,60 18,70 20,60 21,70 10,80 9,54 11,43	1.14 1.14 1.09 .80 1.00 .90 1.20 2.20 2.30 1.14 .86	21.14 25.49 20.56 18.50 20.10 17.30 19.00 7.70 8.63 9.41	.83 .76 .86 .50 .50 .50 .40 1.00 .80 .80	.35 .35 .42 .40 .40

<sup>\*</sup>Chemie d. Mensch Nahrungs u. Genussmittel, 1 Baud (30 Ed.) p. 777.

<sup>†</sup>Tenn. Bul. Vol. 11, No. 4, 1889.

<sup>16</sup>th An. Rept. Ohio Ext. Station, 1881.

As Malic.

A limited number of dietary studies have been made in this country to ascertain the effect of a liberal use of fruits and vegetables on the cost of living and in this connection the results are interesting. The results of these experiments show the liberal use of either fresh fruits or vegetables increases the cost of living out of proportion to the nutrients furnished.

However, it should be remembered that the value of an article of diet should not be measured entirely by the nutrients, as some foods undoubtedly have a certain medical and mechanical effect in stimulating the appetite and counteracting any tendency to constipation by introducing into the system beneficial vegetable acids in a pleasant and agreeable combination with water and sugar. No fruit equals the strawberry in this particular. Though containing a relatively small amount of nutriment strawberries offer in this a very valuable article of diet and have a deservedly wide use in the American household.

## Composition of Strawberry Ash.

A composite sample of the ash from strawberries was analyzed which is of interest inasmuch as it represents the draught on the soil. Only those ingredients were determined which are of importance from a fertilizing standpoint. The results, together with those from a few other fruits are expressed below:

Table showing Plant Food Extracted from the Soil by Certain Fruits.

	cent.	Per cent	. in Tot	al Ash		Pound				
FRUITS.	Total Ash. Per	Potash.	Phosphoric acid	Lime.	Nitrogen Per cent.	Tetal Ash.	Potash.	Phosphoric acid	Lime.	Nitrogen.
Prunes: Oregon California European Cherries:	.83 .49 .63	53.61 63.83 59.19	15.60 14.08 10.79	4.66	.220 .162 .122	8.3 4.9 6.3	4.45 3.10 3.73	1.30 .68 .95		$\frac{2.20}{1.69}$
Oregon	.50 .58	40.37 34.83	11.06 10.34	1.08	.169 .180	5.0 5.8	2.01 2.00	.55	.05	1.69
Oregon Other Localities Apples (average)	.42 .60 .39	39.86 50.00 48.72	13.99 23.31 2.56	4.20	.190 .150 .130	4.2 6.0 3.9	1.67 3.00 1.90	.59 1.10 .10	.18	1.9 1.5 1.8

Strawberries draw heavily on the side of potash and nitrogen, the former constituting about two-fifths of the entire ash. Any fertilizers used on strawberry plants should be relatively rich in both potash and nitrogen and I would suggest the following combination and amount per acre:

Nitrate of soda200	pounds
Muriate of potash250	pounds
Dissolved bone200	pounds

It'should be borne in mind that no scientific rule can be laid down in this matter of fertilizers, as conditions are so variable, but the farmer must keep in mind the general principles and use his intelligence in applying them to his conditions.

# Gost and Gomposition of Bread in Oregon.

During the year 1899 analyses were made and data collected under the direction of the writer, to ascertain the cost and composition of bread in Oregon.\* The study was made for the purpose of gaining some data for making comparisons with similar experiments conducted elsewhere, as well as to ascertain the relative cost per pound of the various nutrients contained in the bread.

The samples were collected from different parts of the state, including both eastern and western Oregon. In each case inquiry was made as to the claimed weight of the loaf, but in many instances no definite weight was claimed. In most cases the actual weight, as found in the laboratory, approximated very closely with the claimed weight. In a few instances the actual weight was found a little greater than the claimed weight.

The samples represented the bread as actually sold to the consumer, as in no instance did the merchant know for what purpose the bread was purchased. The moisture determination was made as soon as the bread reached the laboratory, and much care was taken to protect the loaves from loss of moisture after purchasing. In all 25 samples were examined. The samples after being airdried were analyzed according to official methods. The results obtained are shown in the following table:

<sup>\*</sup>Credit is due Miss Idella McBride for a portion of the work under this head, she having presented it in a thesis.

## TABLE SHOWING COST AND COMPOSITION OF BREAD IN OREGON.

-					Weight		Weigh		Act Wei	ual ght			ost r 1b.	Com	positio	on of	Fre	sh Bre	ad	Calc	ulate Ma	d to I	Эгу
	Place of Purchase,	Trade Name.	of L	oaf.	of L	oaf.	of Lo	ed ht	ctual		ter			ą.				į					
No.	race of runquase.		Pounds	Grams	Pounds	Grams	1	S S	s Weigh	Water	Dry Matter	Protein	Fat	Carbohy-drates	Ash	Protein	Fat	Carbohy- drates	Ash				
1	Saleni	French Roll				400	21/2		3.1					58.56									
2	Salem	None			,71	320			3.5	35.07	64.93							85.63					
3	Salem	None		340		348				38.77	61.23			52.96									
4	Saleni	None		340		319		3.3	3.5			6.84	1,65	54.17				85.64 85.98					
ő	LaGrande	Cream	1.19		1,00	453		3.5	4.3									00,90	11.90				
6	LaGrande	Baker		567		531		3.3						56.01		10.73		00.24	1.90				
7	LaGrande	City		482		438		4.0			67.89		.82			10.84		85,93	02,02				
8	The Dalles	Freuch			,91	415		-=-:	5.5		70.94			60.92		10.85	1.24	60,60	12.05				
9	The Dalles	None		454		385		5.0		37.38	68.62		. 41	59.02		11.34	.00	00.01	12,99				
10	The Dalles	Pioneer		454		415		5.0		34.51	65.49		.73	55,66		11.83		84.20	11.82				
11	Milton	None		454		489		5.0	4.6	32.54	67.46		.00			10.74		87.22	2.04				
12	Portland	None		482		445		4.7			62.95				1.63	11.36		84.70	$\frac{5 2.60}{2.60}$				
13	Portland	None			.67	383			4.9	35.99	64.01					12.15		84.09	11,99				
14	Portland	Creamery	.75	340		348		3.3				5.78		*53.90				*37,87	/12.73				
15	Portland	None	None		1.28	579	5		3.9	33.28	66.72		83		1.46	9.45		87.11					
16	Portland	Steam			.97	445	31/3	3,3	3.4		64.72	5.88	.23	56.94									
17	Portland	None							4.8	34.22						8.59							
18	Portland	None			,86				3.8		61.94					10,95		83,88	53.41				
19	Portland	Pullman		907		846		5.0		35.81	64.19		1.73		1,54		2.73		12.41				
20	Albany	None		340		348		3.3	3.3	39.80	60.20			51.15			3 51						
21	Albany	None			1.44	651		3.3	3.4	39.26	60.74												
22	Albany	None			.64	292	21/2		3.9	39,05	60.95					9.08		87.98					
23	Albany		None		1.34	608			3.7	38.51	62.49	5.33		*55.76		8.75		#39.00					
24	Albany	None		255				4.4	3.4	38,73	61.27	5.85		*54.28	1.14	9.54		*88.60					
25	Albany	None	1.13	510	1 37	622	5	4.4	3.6	39.05	60 95	[5.66]	00	-54.41	98	9.28	.00	59.1.	2.1,60				

<sup>\*</sup> Not included in the average.

#### Discussion of Results.

"The variations in the composition of bread are chiefly due to two causes, (1) the variation in the composition of the flour used which may cause changes in two directions, (a) in the amount of water that may be absorbed by the bread and (b) in the proportion of protein, fats and carbohydrates; (2) the different methods used by bakers in making the bread. In some cases only flour, yeast and salt are used, while in others, milk, butter, sugar and lard, either alone or in combination are added.\* The average composition of the bread as purchased and found by analysis is stated below:

Water	
Protein	6.75
Fat	.80
Carbohydrates	55.26
Ash	1.38
Total	100

The widest range is seen to be in the fat, which varied from "trace" to 1.73 per cent. This variation in the fat of bread is considered to be due partially to certain changes which it undergoes in the process of baking, rendering the fat non-extractible, perhaps in some cases, destroying it. The results obtained for 11, 21, 22 and 25 are too low to be due to any brand of flour. The water content varied from 29.06 in sample 8 to 39.80 in sample 20. The difference in the moisture content is probably due to the different absorbing power of bread made in different ways.

In the case of protein there is not so wide a range, and the difference in this respect is probably due less to the method of making than to the difference in the composition of the flour. It is interesting to note that the breads made from eastern Oregon flour have a higher per cent of protein than do those analyzed from western Oregon. This is of greater interest since it tends to confirm the results that have been obtained in analysis of flour from these regions by Mr. E. J. Lea of this department. Mr. Lea's results, which have not yet been published, show as follows:

<sup>. \*</sup> Bulletin 35, U. S. Department of Agriculture.

							Glu	ten.		Prot	ein.
	No. of Analyses.	Ash.	Moisture.	Fat.	Protein.	Wet.	Dry.	Ratio.	Aleurometer,	Highest.	Lowest.
Eastern Oregou (white flour) Western " (whole wheet flour) Western " " "	11 19 2 3	48 .43 .95 .71	10.16 11.94 9.50 11.06	1.41 2.38	14.01	$\frac{12.3}{32.2}$	5.0	2.5 2.6	25—- 27	12.48 7.68 18.04 8.68	8.69 5.93 9.97 7.21

#### Cost of Bread.

It is interesting also to note the difference in the cost of bread at the different points. It is the cheapest at Salem, averaging 3.3 cents per pound; and the highest at The Dalles, averaging 5.6 per pound—a difference of 2.3 per pound or 41 per cent. Portland stands about midway between these two, bread being purchased there at an average price of 4.3 per pound. If it be assumed that the average family of five persons consume 1000 pounds of bread per year there would be a difference of \$23.00 in the cost whether purchased at The Dalles or at Salem. Comparing the cost of bread per pound in Oregon and the East the following table is of interest:

9	
New Brunswick, N. J.	4.3
Trenton, N. J.	4.9
Newark, N. J.	
Camben, N. J.	<u>.</u> 4.6
Avérage	4.4 cts
Salem	
La Grande	4.0
The Dalles	
Portland	4.3
Albany	
Average	4.1 cts

From this it will be seen that bread appears to be very slightly cheaper here than in New Jersey which may probably be taken as typical of the North Atlantic States. There appears, however, to be a greater uniformity in prices in New Jersey than in Oregon. The difference in price would indicate that there is a lack of uniformity on the part of bakers in fixing the price of the loaf. Bread should be sold by the pound and not by the very indefinite term "loaf," and then the purchaser would be able to know just what he is purchasing and pay for just the amount obtained.

## Gattle Foods.

The following analyses of cattle foods have been made to date. It will be noted that analyses of a number of native clovers are presented. These clovers are all found in the vicinity and in some cases might prove useful plants if brought under cultivation:

TABLE SHOWING COMPOSITION OF SOME OREGON CATTLE FOODS.

		Con	ıposit	ion o	f Orig	rinal :	Substa	nce.			lated Matte	to Dry r.	,
	SUBSTANCE.	Moisture.	Dry Matter.	Ash.	Protein-N x 6.25.	Fibre.	Nitrogen Free Ex- tract.	Extract,	Ash.	Protein-N x 6.25.	Fibre.	Nitrogen Free Ex- tract.	Ether Extract.
2. 1	Red Clover [Trifolium pra tense] Trifolium tridentum Trifolium eriocephalum . Meadow Foxtail [Abopecu	9.39 9.51 8.58	90.49	7.77 7.28 9.20	7.00	28.45 27.20 21.55	47.21	1.80	8.45	7.75	31.40 30.05 23.57	51.87	1.98
	rus pratensis] English Rye Grass [Lolium pereune]	8.40		10.65 7.00		21.31 23.20			1		24.35 24.94	55.36 53.83	
7. 🔨	Cheat [Bromus secalinus] Vetch [Vicia sativa] Alsicke Clover [Trifolium	8.56	91.44	9.19 9.37	3.61	31.90 25.64	44.99	1.75	10.05	3.94	33 79 28.23	50.30	1.92
9. S 10. S 11. T 12. T	hypriduu]	8.96 10.81 8.58 10.29	89.19 91.42 89.71 88.49	8.10 8.62 9.58 7.43	8.20 4.81 10.06 10.92	23.38 $14.70$ $22.20$ $29.09$	46.49 59.09 45.93 37.89	3.02 4.20 1.94 3.16	9.08 9.42 10.92 8.31	9.19 5.26 11.47 12.34	16.08 25.31 32.87	44.56 52.13 64.63 50.09 42.91 50.05	3.39 4.59 2.21 3.57
14. C	orchard Grass [Dactylis glomerata] all Oat Grass [Arrheua-											38.12	
16. N	thenuni avenaceum] Ieadow Fescue [Festuca				1					ļ			
17. T	pratensis] imothy {Phleum pra- tense]	11.19	1	7.52 3.98	6.69	(	46.26	- [	[	1	34.60	48.29 52.13	
18. O 19. V	Pat Straw Vild Barley [Hordeum maritinum]	9.62		5.20 $12.20$	f		36.02 46.79	2.21	5.62	1	46.94	41.63 50.39	
20. R	ted Clover [Trifolium pra- teuse]	4.27	95.73	8.50	14.84	28.83	40.11	3.35	8.88	15.50	29.90	42.23	3.49
22. E 23. N	heat [Bronius secalinus]. Inglish Fescue [ative Grasses [mixture] acalin	7.68 8.75	93.00 92.32 91.25	8.64 10.12	$\begin{array}{c} 7.67 \\ 3.94 \\ 11.25 \\ 8.96 \end{array}$	24.17 30.86	42.49 1 53.17 2 36.79 2	$\frac{2.00}{2.23}$	$\frac{9.35}{1.08}$	4.26 12.21	26.18 33.82	45.70 58.05 40.45 45.96	$\frac{2.16}{2.44}$
25. S 26. S 27. W	ugar Beet Pulpalsify/ Alsify/ Theat Shorts/	89.01° 77.07 9.61	$10.99 \\ 22.93$	.70	.88 3.21	2.40		.58 1.50	6.37	8.00 : 13.93	22.02	58.33. *77.89	5.28
28. W 1 29. O	Vheat. Oats and Bran Mix- ture [equal parts] at Chop Vheat Chop	9.59 9.40	90.41 90.60	-	7.39 7.44	4.68 3.27 4.31	67.51 73.98 1 69.17.1	1.15	8.42 8.44	8.17 8.20	5.17	76.96 78.37 76.62	1.28 1.38

<sup>\*</sup>Includes fibre.

#### Notes.

1. Sample taken from Station plat; was in full bloom; grown on drained "whiteland."

- 2, 3, 11, 12, 13 are samples of native clovers which grew on heavy soil; plants rather small except the last two. Cut when in full bloom.
- 4. Sample cut when in full bloom, June 8, 1893; cured in the laboratory and became somewhat bleached before analysis. The same remarks apply to samples 5, 7, 9, 10, 14, 15, 16, 17.
- 6. Sample sent by Wm. Bogue, Corvallis; a fair sample as cured by the farmer of the vicinity; slightly over-ripe at base of leaves.
- 20. Received March 3, 1896. Used in Cheat vs. Clover experiment (see Bulletin 47). Excellent sample; cut in full bloom.
- 21. Received March 3, 1896. Used in Cheat vs. Clover experiment (see Bulletin 47). Most excellent sample; cut in full bloom.
- 23. Sample of hay from a mixture of native grasses which grew in Union county near La Grande; considered by the stockmen very nutritious, which is borne out by analysis.
- 24. The sample was somewhat withered when received at the laboratory, hence the moisture is probably a little too low for a fair sample. The plant is remarkable for a high protein content, a fact also pointed out by the California Station.
- 25. Silage of sugar beet pulp from sugar factory at La Grande (see Bulletin 59). An excellent cattle food. Beet pulp is not a balanced ration and the best results can not be expected from feeding it alone, though it is a healthful and nutritious food. Its chief components are the carbohydrates and proteids. It is essentially a fattening food. Experience has shown that it is relished by dairy cattle and produces an excellent flow of milk when balanced with nitrogenous foods. The pulp is valuable not only as cattle food but also as food for hogs and sheep.

# GYPSUM.

There is probably no place in the United States where gypsum could be used to greater advantage with a liberal hand than on the soils of Oregon, provided the material could be obtained at anything like a reasonable figure. At present, however, the prices are so high as to render it almost prohibitive except in in certain special cases. This seems the more to be regretted, since within the state can be found as fine a quality of this material as at any other point in the country. So far as the writer has been able to ascertain, the only deposit of this material of any considerable extent occurs in eastern Oregon, principally near Huntington, although lesser deposits

have been reported from other localities. The only samples that have reached this laboratory have been from the point mentioned above. Analyses of several samples of this rock are presented below, as well as analyses made of a few samples from other sources:

TABLE SHOWING COMPOSITION OF OREGON GYPSUM.

	1289.	1290.	1291.	1369.	1370.	1495.	1496.	1503.	1514.	1580.	1581,	1582
Insoluble Matter	84 71	93 30	88 04	85 82	95 93	84 32	86,00	84 76	02 84	95 98	73 86	0.1 99

#### Notes.

1289 and 1291. Huntington gypsum. A sample of average quality. 1290. Huntington gypsum. This is an extra quality of gypsum, and ranks well with the very finest found in the country.

1369 and 1370. Samples sent by Buell Lamberson, Portland Said to be Japanese gypsum. The former was pulverized; the latter is of very high grade.

1495 and 1496. Samples of Ashpatu (Cal.) gypsum; the so-called "California gypsum" found in the Portland markets. The samples carry about the average amount of sulfate, but a larger amount of insoluble matter than is desirable. The former was of very dark color which is somewhat against it.

1504. Huntington gypsum of average quality, probably from same ledge as 1289.

1514. Huntington gypsum of superfine quality. It was from the interior of the ledge below 1504 and had a very fine crystalline structure much resembling granular sugar.

1580 and 1582. Huntington gypsum of excellent quality. The former was of a grey color; the latter very white.

1581. Huntington gypsum of low grade, about 10 per cent below the average quality.

Gypsum, or land plaster, has been used as a fertilizer from the time of the Greeks and Romans. Its action on soils as relates to plant growth has been the subject of exhaustive study by many experimenters, with the result of showing that its beneficial effects are not due to a direct fertilizing action but rather to indirect effects, and in this respect is not comparable with such fundamental plant foods as nitrates, phosphates and potash. Its most important function is its action on the double silicate of aluminum and potash.

an insoluble compound which exists in greater or less quantities in nearly all soils—especially in clays—converting them into a silicate of aluminum and lime, while the acompanying product, sulfate of potash, goes into solution and thus becomes available for plants. Thus the principal effect seems to be its power to set free potash from its insoluble compounds, making them available. Storer, an authority, says: "It is often of great use in regions where wheat is grown in alternation with clover, since by encouraging the growth of clover it acts as a manure for wheat."

On the soils of western Oregon it could be used to much advantage on account of the tendency of this soil to be weak in available potash. It would also serve to improve their physical condition by the particles thus making the soils more porous. In eastern Oregon it would be of high utility as a corrective for the hated black alkali. In western Oregon it should be sown in the very early spring at the rate of 100 to 150 pounds to the acre, preferably to encourage the growth of clover, the yield of which it not unfrequently increases fifty per cent. As a corrective for the black alkali in eastern Oregon it would have to be used in much larger quantities, probably not less than one ton per acre, this depending somewhat upon the amount of alkali present.

#### LIMESTONES.

Locality OZ (#)	Insoluble Matter	Calcium oxid (Lime)	Iron and Alumina	Magnesia	Carbondioxid, etc.
592 Near Baker City	9.81 trace 3.93 83.31 2.79 4.98 5.49 1.36 .96 1.81 .90 18.94 1.43 4.00	23.30 47.01 54.24 55.32 55.63 55.64 53.50 32.10 31.30	1.58 7.54 trace .00 19.78 trace trace trace trace trace 5.45	2.79 trace .00 1.37 .16 .18 trace	38.08 41.64 7.46 61.34 48.01 39.19 41.95 43.25 42.87 46.55

#### Notes.

Samples 592-597, inclusive, were sent by Hon. W. P. Keady, of Portland. Nos. 595 and 596 are high grade samples and would make a fair rock for sugar work. or burn to an excellent lime. They have a purity of 93.85 and 93.95 per cent respectively.

Samples 948 and 949 were sent by Mr. E. W. Kammers, of La Grande, who desired only partial analyses. Samples are not of

good grade.

Samples 1296-1310, inclusive, were sent by Mr. H. C. Perkins, of Grant's Pass, who desired particularly to know the magnesia content. Samples 1528-1530 and 1550-1552, inclusive, are from different ledges near Huntington (Lime Spur). Nos. 1528 and 1529 are high grade blue limestones, and burn to an excellent white lime. No. 1550 is also a high grade rock from near the same ledge as 1528. These samples are of good quality for beet sugar work. No 1551 is a low grade lime rock, and would produce a dark and very inferior lime. No. 1552 is a "calcareous tuff," and would yield a very poor lime. The last two are worthless for sugar work.

# A Dietary Study.

A writer recently stated that "although the cost of food makes so large a part of the whole cost of living, and although the health and strength of all are so intimately connected with and dependent upon their diet, yet even the most intelligent people know less of the actual uses and values of their food in fullfiling its purposes than

of almost any other of the necessities of life."

The studies of dietaries so far made are not sufficient for reliable inference regarding the eating habits of the people at large. The total number is but a little over one hundred and these are confined mostly to New England. So far the results confirm the opinion of hygienists that our diet is one-sided in that we eat too much. It is one-sided in that we eat to little protein and too much fat, starch and sugar. There is also found to exist great waste in the purchase of food, and especially is this true among the classes who can least afford a waste, if such is allowable at all. This is not altogether due to kitchen waste since often it is due to the delusion that high priced articles are more nutritious than cheaper ones. A sirloin steak contains no more nutritive matter than a round and there is much more waste. It is also found that there is altogether too much carelessness in the kitchen in the saving of waste matter.

The following data were obtained from a dietary study conducted under the direction of the writer by a class in the "Chemistry of Foods" from the Household Science department of the college. The methods followed were those outlined by Prof. Atwater and explained in Methods and Results of Investigations on the Chemistry and Economy of Foods (Bul. No. 21, Office of Experiment Stations.) The general plan was to take an inventory of the amounts of all

material on hand at the time of beginning the experiment, to keep an accurate record of amounts of all material purchased during its progress, and at the end of the experiment to to take another inventory of material on hand and to calculate the amount used from this data. Material used was assumed to have the average composition of American food material as published by Atwater.\*

The kitchen waste and refuse, however, was brought to the laboratory from time to time, where they were prepared for and subjected to analysis according to the methods employed by Atwater and Woods, as published in the reports of the Storrs (Conn.) Experiment Station. The work was undertaken primarily to familiarize the class with methods of conducting such experiments in a study of dietaries. Inasmuch as the results are of interest at this time the data is here presented.

# Cost of Food Used in Dietary Study.

In the following table is given as near as possible the usual cost of the materials used in this study when purchased in the Corvallis markets. The range of price is also given:

TABLE SHOWING USUAL PRICE OF FOODS USED IN DIETARY	TABLE SHOWING	TISTIAT.	PRICE OF	FOODS	USED	TN	DIETARY	STUDY.
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Food Materials.	Range in price.	Usual price.	Food Materials.	Range in price.	Usual price.
ANIMAL FOOD.  Beef, shoulder per lb. Beef, steak, round " Pork, bacon " Fish, smelt " Eggs per doz. Butter per lb. Milk per qt. Sour milk " VEGETABLE FOOD.  Corn meal per lb. Wheat flour " Graham flour " Crackers, soda "	7 @ 13 7 @ 10 4 @ 8 8 @ 30 15 @ 25	10 9 10 6 15 20 5 2 2½ 2½ 2 7	Canned prunes "  Jelly, pruneper ½ pt.	1 @ 1½ 1½ @ 2 20 @ 35 25 @ 40	10 10 10 10

This study covered a period from Jan. 15 to Jan. 22, 1898, in a private family consisting of five members; two men, one 20 and the other 60 years of age; three women, aged 18, 25 and 45. All members of the family were in good health. The family was of the middle class and while in no sense penurious or close, yet has the reputation of "looking after the corners." One hundred and eighteen meals were eaten in the seven days—equivalent to one man 39½ days.

The tables giving the details of weights and percents from which the results given below are not published, inasmuch as they would not be of sufficient interest to people in general. The table given below gives the nutrients and fuel values of the food used, in the

<sup>\*</sup> Bulletin 28, Office of Experiment Station,

table and kitchen wastes, and in the portion actually eaten. In estimating the fuel values of the nutritive ingredients the protein and carbohydrates are assumed to contain 4.1 and the fats 9.3 calories of potential energy per gram, which factors have been demonstrated to be practically correct.

NUTRIENTS AND POTENTIAL ENERGY IN FOOD PURCHASED, REJECTED AND EATEN.

			Nutrients.		
Kinds of food material.	Cost.	Protein.	Fat.	Carbohy- drates.	Fuel value
Food purchased : Animal Vegetable	\$2.17 3.29	Grams. 1,105 2,201	Grams. 2,324 445	Grams. 685 16,421	Calories, 28,270 91,78
Total.	5.46	3,306	2,769	17,106	120,054
Waste : Animal Vegetable		12 30	18 . 46	204	166 1,421
Total		42	64	204	1,587
Food actually eaten : Animal Vegetable		1,093 2,171	2,306 399	685 16,217	28,104 90,363
Total.		3.264	2,705	16,902	118,467
PER MAN PER DAY.					
Food purchased : Animal Vegetable		36 71	75 14	22 528	909 2,951
Total	17½	107	89	550	3,860
Waste : Animal Vegetable		38 96	58 148	655	5.8 46.0
Total		134	206	655	51.8
Food actually eaten : Animal		35 70	74 13	22 521	903.6 2,905.2
T'otal		105	87	543	3,808.8
PERCENTAGES OF TOTAL FOOD PURCHASED.	Per cent	Per cent.	Per cent.	Per cent	Per cent,
Food purchased: Animal Vegetable	39.7	33.4 66.6	83.9 16.1	4 96	23.6 76.4
Total	100.0	100.0	100.0	100	100.0
Waste : Animal Vegetable		.36	.65 1.78	1.19	.14 1.18
Total		1.27	2.43	1.19	1.32
Food actually eaten :					
Animal Vegetable		33.1 65.7	83.2 14.3	. 4.0 94.8	23.41 75.27
Total		98.8	97.6	98.8	98.68

# Department of Zoology 20 Pennsylvania State College

#### Notes.

Of the entire cost, \$5.46, for the seven days for the food for the family, which price takes account of everything eaten, whether purchased in the market or raised in the garden, reckoning the latter at market rates as per previous table, about 40 per cent was for animal food and 60 per cent for vegetable. A dietary experiment conducted in Connecticut showed an expense of 57 per cent of the total for animal food. About two-thirds of the protein was obtained from vegetable food; four-fifths of the fat came from animal food. Practically all the carbohydrates were obtained from vegetable food. Nearly two-thirds of the fuel value came from vegetable food. The total protein, or muscle-forming material purchased per man per day was 3.75 oz., fat 3.13 oz., carbohydrates 19.39 oz. Of this amount there was a waste of only 1.3 per cent in protein, 2.5 per cent in fat, and 1.2 per cent in carbohydrates, which is, indeed, remarkably small. There was no special attempt at saving during the time of this experiment, the family living as they ordinarily do. In this experiment the ratio of protein to fuel ingredients is as 1 to 5.9, which is about the same as the maximum of well nourished families in Europe. The average ratio in America is much wider than this. On this ration it cost per man per day seventeen and one-half cents.

Note.—For the routine work under "A Dietary Study" credit is due Misses Edna Groves, Hulda Holden, aud Georgia Hartless, of the class of 1897.