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26 Abstract

27 Unsanctioned travel routes through alpine ecosystems can influence water drainage patterns, cause sedimentation of streams, and erode soils. These disturbed areas can 28 29 take decades to revegetate. In 2012 a volunteer-driven project restored a 854 m section 30 of unsanctioned road along the Continental Divide in Colorado, USA. The restored area was seeded with three native grass species and then treated by installing erosion 31 32 matting or adding supplemental rock cover. Four years later, results suggest that the 33 seeding, along with the use of erosion matting or supplemental rock can enhance revegetation. Matting appeared to accumulate litter, and this effect might have 34 35 contributed to enhanced moisture retention. Treated areas contained 40% of the vegetation cover found on adjacent controls, which averaged 69% vascular plant 36 37 absolute cover. Recovery on both treatments was markedly higher than published estimates of passive revegetation of disturbed areas measured elsewhere suggesting 38 39 seeding with added cover or protection led to substantial vegetative cover after four 40 years. Two of the three seeded grass species, *Trisetum spicatum* and *Poa alpina*, 41 dominated the restored plots, composing 81.7% of relative vegetation cover on matting sites and 73.4% of relative cover on rock supplemented areas. Presumably due to its 42 preference for moister sites, *Deschampsia cespitosa*, had low establishment rates. 43 44 Volunteer species, i.e., species that appeared on their own, contributed 6.3% to the absolute vegetation cover of matting and rock sites, and species such as *Minuartia* 45 46 biflora, Minuartia obtusiloba, Poa glauca and Festuca brachyphylla, should be 47 considered for use in future restorations.

48

49 Key words: road reclamation, alpine, seeding, vegetative cover

51 Implications for Practice:

- Natural recovery of vegetative denuded sites in dry alpine tundra ecosystems
 can take decades to reach even 30% cover if unaided and is often difficult to
 access. Thus, any improvements in the restoration process can have a large
 saving of time and money for land managers.
- Seeded restoration sites responded positively to two treatment types: erosion
 matting and supplemental rock cover suggesting anthropogenic assistance can
 make a difference in the timeline and success of natural processes such as
 vegetative recovery.
- Two of three seeded species represented the majority of the vegetative cover in
 restored sites supporting the concept of having diversity in seed mixes as some
 species will likely do better than others under different circumstances.
- Several unseeded native species exhibited recruitment to the sites and should be
 considered for future seed mixes. These species present a potential tool to future
 restoration projects as they established on their own in disturbed sites.

67 INTRODUCTION

Alpine landscapes represent a large economic and ecologically important 68 ecosystem (Loomis et al. 2000, Hesseln et al. 2004, Grêt-Regamey, et al. 2008a). 69 Alone, the recreational visitation of three of Colorado's peaks above 14,000 feet in 70 elevation has been estimated to bring over \$1.94 million dollars in annual revenue to the 71 72 state and create an estimated 42 annual jobs (Keske & Loomis 2008). Though 73 representing 3% or less of the earth's surface (Körner 1995) such studies indicate that 74 the alpine ecosystems can be a significant part of economic systems. Additionally, 75 alpine systems are of global ecological importance. Alpine ecosystems provide a supply of fresh water to many regions (Walker et al. 1993), have very high plant diversity 76 77 (Körner 1995) and are a key indicator for the effects of global environmental change (Benedict 1970, Lapp et al. 2005, Neff et al. 2002, Schmidt et al. 2008, Grêt-Regamey 78 79 et al. 2008b). At the same time, these important alpine systems across the globe are showing increased degradation from fragmentation and loss of diversity (Cole and 80 Landres 1995, Urbanska and Fattorini 2000, Zabinski et, al. 2000, Hagen et al. 2014) 81 82 due to a variety of factors including climate change (Theurillat & Guisan 2001) and increasing recreational use (Ebersole et al. 2002, Bay & Ebersole. 2006, Hagen et al. 83 2014). 84

The increasing disturbance of alpine habitat is especially of concern. Willard & Marr (1971) and Ebersole (2002) have shown the natural recovery of these systems can take decades or longer. For example, Ebersole (2002) reported that devegetated, 1 m² dry meadow plots in a Colorado, USA alpine site had only 20% of the relative vegetation cover of control plots after 13 years of recovery. Further, restoration of alpine vegetation can be challenging because areas are often difficult to access, the zone has a limited

number of colonizers, and many areas have a very short growing season (Billings 1973,
Chambers 1997, Rydgren et al. 2013).

A meta-analysis by Benayas et al. (2009) synthesized 89 restoration 93 assessments finding that ecological restoration increased biodiversity by 44% and 94 ecosystem services by 25% on average. Previous studies show that restoration, or 95 96 assisted revegetation can speed up the recovery process (May et al. 1982, Bay & 97 Ebersole 2006, Mallik & Karim 2008, Jorgenson et al. 2010, Güsewell & Klötzli 2011, Hagen et al. 2014). In these studies seeding and transplanting are two common 98 99 revegetation techniques (Bayfield 1980, Behan 1983, Roach & Marchand 1984, 100 Guillaume et al. 1986, Chambers 1997, Conlin and Ebersole 2001, Hagen et al. 2014, 101 McDougall 2001, Ebersole et al. 2002, Rydgren et al. 2017). Transplanting, while a 102 viable option can be time consuming and costly, especially in the alpine environment 103 where access to sites is often limited and difficult. For this reason, seeding is often a 104 common technique in the alpine (Hagen et al. 2014). While the current body of 105 knowledge on alpine restoration is beginning to grow, it is largely based on research 106 conducted on post resource extraction or mine reclamation (Chambers et al. 1987, 107 Smyth 1997, Rieder et al. 2013, Cohen-Fernandez & Naeth 2013). These studies show 108 the importance of restoration and the challenge of limited resources but in a limited 109 perspective. By continuing to broaden the literature on recovery of alpine ecosystems to 110 recreationally disturbed sites it will allow increased efficiency through optimized 111 treatments for a variety of alpine disturbances and can allow more work to be 112 accomplished.

113 The graminoid species, Deschampsia cespitosa, Trisetum spicatum, and Poa 114 alpina were used in previous alpine restoration studies (Chambers et al. 1987, Kershaw 115 & Kershaw 1987, Smyth 1997, Payson et al. 2005, Isselin-Nondedeu & Bédécarrats 116 2007, Cohen-Fernandez & Naeth 2013). Deschampsia cespitosa is a widespread bunch 117 grass prevalent, with observed tillers and often dominant in moist meadows across the 118 alpine but present in a variety of other alpine plant communities (May et al. 1982, Gehring & Linhart 1992, Walker et. al 2001, Suding et al. 2015). The rapid growth and 119 120 rhizomatous tillering make it an ideal species for many restoration sites (May et al. 121 1982, Fattorini et al. 2001, Suding et al. 2004, Payson et al. 2005). Deschampsia 122 cespitosa is a good indicator of nitrogen deposition (Farrer et al. 2013) and has been 123 shown to create a positive feedback loop for nitrogen deposition (Bowman & Steltzer 124 1998) adding to its value as a species for active restoration. *Trisetum spicatum* is noted 125 as a rapid colonizer by Harper and Kershaw (1996) and was listed as one of the top species at providing cover in multiple studies by Urbanska & Fattorini (2000) and 126 127 Ebersole et al. (2002). Finally, Poa alpina is a tufted and moderately compact alpine 128 grass (Isselin-Nondedeu & Bédécarrats 2007) that occurs in moist and dry meadows 129 (Ebersole 2002).

While many factors contribute to establishment of vegetation, seed availability and the presence of microsites or microclimates have been shown as two limiting elements (Turnbull et al. 1999, Roach & Marchand 1984, Lindgren et al. 2007). Previous studies by Urbanska (1997) and Chambers (1995) suggest that microsites mitigate difficulty in early plant development by providing shelter from the alpine ecosystem's harsh conditions and delivering essential, limited resources such as

moisture. This process has been described as the "nurse effect," where surrounding
biotic or abiotic structure provides an advantage for newly establishing vegetation
(Cavieres et al. 2002, 2014, Padilla & Pugnaire 2006). It is important to note that while
vegetation can provide a nurse effect it can also create competition (McDougall 2001,
Cavieres et al. 2002, 2014, Padilla & Pugnaire 2006, Dullinger et al. 2007, Hagen et al.
2014).

142 The manipulation of the abiotic environment is one proven way to accomplish revegetation goals. In a previous study the addition of rock cover surrounding installed 143 144 plugs of Deschampsia cespitosa and Trisetum spicatum suggests that supplemental 145 rock cover helps create microclimates and facilitate survivorship of transplants (Roberts 146 2012). In addition to using supplemental rock cover in the creation of microclimate 147 environments, Burroughs and King (1989) along with other studies have used matting to aid seedling establishment in the alpine (Lewis 1995, Whitall 1995, Lavendel 2002, 148 149 Ebersole et al. 2004, Krautzer et al. 2006). These techniques of using matting to aid in 150 alpine seeding dates back at least as far as 1857 according to a review by Gorer & 151 Harvey (1979). Matting serves to alter the microclimate for seedling establishment 152 reducing wind and increasing seedling germination by as much as five to six times 153 compared to seeding without matting (Ebersole et al (2002). Further, seeding with two 154 species, including Deschampsia cespitosa, under erosion matting produced 400 155 seedlings per square meter after 2 years in a trail restoration study done by Ebersole et 156 al. (2002), 20 to 28 times more than untreated plots. Matting has additionally been 157 shown to reduce erosion from the splash of rain which can disrupt the establishment of 158 new vegetation through impacting and eroding soils (Berglund 1978, Bhattacharyya et

al. 2010). Erosion matting clearly increases vegetation cover and reduces erosions but
is expensive and difficult to transport to remote, high-elevation sites (Carr 1975).

161 To understand how seeding can affect restoration on recreationally disturbed 162 alpine sites, this study compared the vegetative cover and differences in plant 163 community compositions four years after reclamation of alpine road under two 164 treatments: utilization of erosion matting and use of added rock cover. We characterized 165 differences in vegetative cover between the two treatments and explored the potential 166 for future species of interest by comparing treated plots to the surrounding source 167 populations. Half the treated sites were applied with erosion matting while the other half 168 were applied with supplemental rock cover. Both applications received the same 169 seeding rates and all installation was done over a single weekend. Each treated site 170 was paired with an adjacent native site for comparison. The study then compared the differences between treated and native sites to answer three main questions: First, do 171 172 the different treatments provide differing overall vegetative cover? Second, will the two 173 treatments result in varied species compositions? Third, utilizing timeframes from other studies as a baseline, will these treatments and seeding increase recovery rates? 174 175 Furthermore, this study sought to examine potential species for use in seeding. We 176 predicted that matting would result in overall higher vegetative cover compared to the 177 rock cover. However, the addition of either would result in increased revegetation 178 compared to documented rates in previous studies of unaided restoration.

179

180 METHODS

181 Site Description

182 Within the southern Rocky Mountains of the United States of America, the study site is located within the White River National Forest, along the Continental Divide and 183 between the Colorado towns of Breckenridge and Jefferson near Georgia Pass. The 184 study site runs 853 linear meters from the base of the slope at 3535 m above sea level 185 186 to the first major ridgeline at 3658 m in elevation (latitude and longitude 39.463506, -187 105.904778 to 39.468906, -105.901624). Annual precipitation for the specific site was 188 not available, however at a nearby research site Niwot Ridge 80 km away and 189 approximately the same elevation (3743 m) recorded 1322 mm in 2010, 1141 mm in 190 2011, 1161 mm in 2012, 1277 mm in 2013 and 767mm (January-August only) in 2014, 191 1250 mm in 2015 and 1179 mm in 2016 suggesting adequate precipitation over the 192 study period (NWT 2019). However, the dry meadows are the study site are often wind scoured of their snow so inputs could be substantially less. The location of the study 193 194 was largely homogenous in typical vegetative cover, aspect, soil moisture and 195 disturbance. The major dissimilarity between plots was elevation which varied 123 196 meters from the lowest site to highest.

197 The study took place on a section of unsanctioned and recently closed road. This 198 section of road ran directly up the fall-line, was heavily eroding, averaged over 2.7 199 meters in width, and had begun to braid into multiple paths (Figure 1). Observation 200 notes over visits two years apart describe gullying up to 42 cm in depth, rilling and 201 incised areas. The linear distance of the study site runs roughly south to north with an 202 aspect ranging from 120 degrees to 142 degrees and slope grades ranging from 8% to 203 26%. The area is best catalogued as a dry alpine meadow as described by Komarkova 204 (1976) and later by May et al. (1982).

205 Restoration Project Implementation

206 Success of the project and study depended heavily on ensuring future off-road 207 vehicle travel did not continue to occur at the site. As such, it was important that the unsanctioned road which was closed parallels a second road which will remain open 208 209 and maintained by the Forest Service. Thus, a large ecological gain through improved 210 habitat connectivity and reduced erosion could be made without restricting recreational 211 access to surrounding areas. Additionally, the project and study were performed in 212 conjunction with installation of a fence and signage put in place to keep vehicles from 213 driving on the restoration work and to educate the public about the project goals. 214 The volunteer driven restoration project took place between August 24 and 215 September 12, 2012. A backhoe and operator prepared the site by removing larger rock

216 cover, smoothing and decompacting the surface with a backhoe. Decompaction was 217 achieved by using the teeth of the backhoe bucket to till the top approximately 15 cm of 218 soil. Modest ditching with straw wattles for water runoff was added, where necessary, at 219 30 m intervals and some transplanting of native plugs was added to plots where data 220 were not recorded. This process took roughly 40 hours of equipment operation time. 221 Soon after, 66 volunteers from a local Colorado non-profit, Wildlands Restoration 222 Volunteers, worked for two days to finish site preparation, seed the entire 223 decommissioned road, and add either erosion matting or rock cover to each section of 224 the project. Rock cover was added from rock disturbed during site preparation or 225 collected outside the study site. Seeding was done at a rate of 1250 seeds per square meter. The seed mix consisted of 30% Poa alpina, 40% Deschampsia cespitosa and 226 227 30% Trisetum spicatum by number of pure live seed. Using a large group of volunteers 228 allowed better control of the temporal variability when installing seed and differing

restoration techniques on a large scale, ensuring consistent conditions during
installation over a very large project site. No soil amendments or supplemental watering
were used partially due to the extreme difficulty to get large trucks or these materials to
the site. Additionally, supplemental water or soil amendments were not typically used in
high elevation projects by the sponsoring company or in previous studies to be used for
comparison.

235 At the time of this study the raw cost of material for a biodegradable erosion 236 matting comprised of coconut husk, 33.5 m long by 2.4 m wide, was \$89 US, not 237 including installation. To save money as well as generate a test of techniques, the study 238 design alternated supplemental rock cover and erosion matting along the elevational 239 gradient. Erosion matting was installed covering 2.4 meters of the road width over 30.5 240 meter-long sections, fastened in place with metal staples. Minimal rock removed before 241 installing the matting was also replaced to help fasten the matting in place. The 242 alternation of treatments avoided some confounding variables such as elevational 243 gradient, aspect, slope, and location along the project site by ensuring both matting and 244 rock treatments were spread along the entire road closure. Supplemental rock ranging 245 from 20 cm to 60 cm in diameter was added to the rock cover areas so that 60 or more 246 percent of the surface was visually covered by supplemental rocks. This procedure 247 produced 18 sections of 30.4 m lengths of matting and 12, 30.4 m lengths of rock cover 248 (Fig S1). The 30.5 m section lengths were attributed to the matting roll length of 100 linear feet. The size of the rock has a large variance because it was harvested at the 249 250 project site but typically ranged from approximately 10 square cm to 30 square cm. 251 Cover Sampling

252 Point-intercept techniques were used to collect vegetative cover and species composition. Collection occurred from July 20 to July 26, 2016. The timing of collecting 253 254 data was chosen because it provided the ability to identify many early season species 255 before senescence while still being able to identify late season species still in and early 256 growth phase. Within each 30.5 m section a point was selected roughly two meters from 257 the bottom of the section end. This point became the marker for placing a 1 m^2 plot. In 258 total, 30 treatment plots (18 matting, 12 rock cover) were chosen spanning the study 259 site. At each plot a paired sample of native vegetation was taken 20 meters from the 260 edge of the restored road. The east or west side of the restored road was randomly 261 selected for this paired sample. The meter squared plots of the restored road and paired 262 sample were divided into 100 points. At each point, using point-intercept methods, the 263 species or substrate hit by a vertical pin placed from above was recorded. Species were recorded to the lowest taxonomic level possible in the field and samples were taken of 264 265 any unknown plants to be identified later in the lab. At each plot the slope, aspect, soil 266 moisture, date, recorder, observer, site number, restoration technique, species at point 267 intercept, and additional species were recorded. Soil moisture was collected using a Rapitest, Moisture Meter[™] once during this collection period and did not provide 268 precise measurements but did allow a generalized comparison of the sites soil moisture 269 270 content. We used first hit (100 records per plot) to quantify absolute vegetation, rock, 271 and litter cover. We used total hits (multiple plant species found beneath a single point) 272 to calculate relative vegetation cover.

Plant cover and plant species responses on reference plots, erosion matting, and
 rock-supplemented plots were summarized using SAS 9.4 (SAS 2019) programs. Cover

characteristics were compared using a one-way ANOVA, with a post-hoc SNK test used
when statistically significant differences were found among treatments. While additional
explorations of community composition were undertaken, only summary findings are
reported here, and a larger suite of analyses and all data are available in Roberts
(2018).

280

281 **RESULTS**

The commercially purchased seed mixture was tested by the supplier to provide 1292 pure live seeds per meter, adequate for ample vegetative coverage under ideal circumstances.

In total 55 species were identified using point-estimate methods with an overall mean of 10.3 species per square meter. Five species not scored as 'hits' but seen in quadrats were also observed. The mean number of species for the rock cover treatments was 4.6, the mean for erosion matting was 4.2 species and the mean for the native plots was 16.1 species.

290 Total vascular vegetation was not statistically different between matting and rock 291 cover plots and was lower in both than in native, undisturbed plots (Table 1). Further 292 analysis shows a statistical difference in the combine performance of the three seeded 293 species with the highest cover in the matting plots (Table 1). Despite ample seeding 294 rates, Deschampsia cespitosa was less prevalent in restored matting and rock cover 295 plots than in the native surrounding plots. The other two seeded species, *Trisetum* 296 spicatum and Poa alpina however were significantly more prevalent in the matting than in the native plots. *Trisetum spicatum* exhibited a statistically higher presence in the 297

matting plots than rock cover or the native plots making it the only of the three seededspecies to statistically different cover in all three plot types (Table 2).

Non-vascular plant cover information was only obtained if vascular plants were not encountered first and therefore do not reflect absolute amounts on the plots. Given this limitation, litter had statistically higher mean counts in matting plots than rock cover or native plots (Table 2). Additionally, results suggest that bare ground was more prevalent in the rock cover plots (46.2%) than either matting (20.8%) or reference plots (14.9% cover; p<.0001).

306 Within the undisturbed reference plots, there were eight species that had greater 307 than 5% relative cover (Table 1) and 21 species that comprised over 1% relative cover. 308 The matting and rock cover treatments comparatively had three species with over 5% 309 relative cover including two of the seeded species, *Trisetum spicatum* and *Poa alpina*. 310 There were six species volunteer (non-seeded) species with relative cover above 1% in 311 the matting treatment and four species in the rock cover treatments (Table 1). The 312 percent of absolute cover from volunteer species did not differ between matting and 313 rock cover treatments and was 6.3%.

314

315 Discussion

This study sought to examine the benefits of using erosion matting and rock cover as restoration treatments of a road obliteration as measured by relative and absolute vegetative cover. Comparing effectiveness with restoration goals such as creating specific plant communities or maximizing cover will better inform future restoration projects on the value of these treatments. Our findings addressed both the

relative benefits of proactive restoration and compared a reduced budget (rock addition)
 to a preferred (erosion matting) technique to reduce erosion and enhance seedling
 establishment.

324 Our results suggest that the addition of matting or supplemental rock can lead to 325 substantial vegetative growth in disturbed sites. This trend is consistent though less 326 pronounced than a study by Ebersole et al. (2002) that looked at restoration of smaller 327 disturbed trails and found matting provided 5 to 6 times more seedling establishment 2 328 years after restoration. Supplementing natural processes with matting appears to 329 correlate with increased vegetative cover over a short period of time in other studies 330 and to considerable vegetative growth in this study. In previous studies by Chambers 331 (1993) and Ebersole (2002) restored sites that received treatments provided higher 332 cover than plots left untreated, leading to the conclusion that the effort required to perform restoration may be worthwhile to reach adequate levels for vegetative cover. 333 334 *Trisetum spicatum* was the most successful seeded species in our restoration. At the well-studied Niwot Ridge alpine site, approximately 80 km north of our study, this 335 336 species is also common and one of the few to be as abundant in disturbed, unseeded 337 restoration sites as in adjacent controls (Ebersole 2002). Both this species and the 338 combined *Poa* species, *P. alpina* and *P. glauca*, have been shown to be strong 339 responders to increased nitrogen and phosphorus abundance at the Niwot Ridge site 340 (Theodose and Bowman 1998; Seastedt, unpublished results). This response criteria 341 might suggest that these species are likely good candidates for restoration of disturbed 342 alpine areas, but perhaps do not need to be a large percentage of the seed mix to

343 prevent heavy dominance by a single species.

344 Findings for *Poa alpina* were consistent with previous studies by Ebersole (2002), where the species was noted as only occurring in disturbed plots of dry 345 346 meadows. In this study Poa alpina accounted for only 0.1% of relative cover 347 undisturbed, native plots but was 19.0% of the relative cover in matting plots and 28.8% 348 of cover in rock cover plots. This suggests *Poa alpina* is a good species for increasing 349 vegetative cover on disturbed, dry meadow, alpine plots. However, depending on the 350 goals of the restoration project, Poa alpina's ability to establish may also be a sign of out competing other species which could lower overall diversity. 351

352 Deschampsia cespitosa is a species which, along with other grasses, has been 353 shown to dominate the reclamation of disturbed sites in alpine ecosystems (Chambers 354 et al. 1984). Despite being present in native plots and accounting for 40% of the seed 355 mix, Deschampsia cespitosa was largely absent in the treated plot types. While present in the native plots at 6.0% relative cover, Deschampsia cespitosa is more likely to 356 357 dominate systems with higher moisture content (Chambers et al. 1984). The high 358 relative cover of Carex rupestris at 9.0% and Kobresia myosuroides at 5.8% in the 359 native plots, support the conclusion that the study site was characteristic of a dry 360 windblown meadow (Walker et al. 1994) which could help explain the lack of 361 Deschampsia cespitosa in restored plots.

This study also identified which of the locally abundant species might be used in future seed mixes. Among the non-seeded species that composed about 6% of the total absolute vegetation cover in treated plots, *Festuca brachyphyla, Poa glauca, Cerastium arvense,* and two species of *Minuarta* emerged as potentially useful species in

366 subsequent restorations making up at least 0.5% of absolute cover in restored plots367 (Table 1).

One important question that arises from the dominance of seeded species in 368 369 restoration is what the long-term effect will be on species composition. Previous studies 370 have considered other possibilities to the notion of succession in the alpine (Schmidt 371 2008, Smyth 1997), noting that many species act as both colonizers and components of 372 established vegetative systems. With seed species making up 71-83% of the restored 373 plots in this study, future studies should consider looking at the lasting effect of using a 374 limited seed mix that includes species capable of potentially out-competing native 375 recruited species. Future studies should also consider comparing the effect of a more 376 diverse seed mix to mitigate for the dominance of a few species, as well as to evaluate 377 its impact on absolute vegetation cover.

Vegetative recovery in the alpine ecosystem was found by Willard & Marr (1971) 378 379 to be a very slow process across Colorado's Front Range. The observed absolute 380 vegetative cover in the present study for matting plots at 35% and rock cover plots at 26% after four years were much higher than absolute cover on plots in Ebersole's 381 382 (2002) study looking at disturbed sites left untreated at Niwot Ridge. Ebersole's (2002) 383 study, showed that after 13 years untreated plots had an absolute cover of 14% 384 $(\pm 6.8\%)$. The same study (Ebersole 2002) showed 58% cover $(\pm 38.9\%)$ after 30 years. 385 While not directly comparable, the recovery of vegetative cover in 4 years at Georgia 386 Pass was similar to natural recovery over 13 years at Niwot Ridge. Similarly, in 387 Chambers' (1993) study untreated plots on the Beartooth Plateau, Montana had 388 vegetative cover of 25% after 35 years. Again, less than assisted recovery in this study.

389 The potential increased rate of recovery due to the two treatments could save decades 390 compared to natural recovery rates. Additionally, the restored plots were placed in the 391 middle of a much wider road, removing the effect of edge expansion which can enhance 392 restoration recovery measurements. In Ebersole's (2002) study, edge expansion was thought to be a large contributing factor to increasing vegetative cover. This makes the 393 394 present recovery rate potentially even more significant in jump-starting the restoration 395 process. These findings are promising for future restoration efforts but is it important to 396 acknowledge the site-specific nature of the current research.

397 With increasing environmental and recreational pressure on alpine ecosystems 398 and very slow natural recovery management, agencies should prevent unnecessary 399 disturbances that will require restoration efforts. Such efforts are costly to repair and 400 even with the increased recovery rates seen in the present study and others, full recovery will take decades, if not longer (Colin & Ebersole 2001). Leveraging volunteers 401 402 can reduce costs and build capacity for future restoration projects but most importantly, 403 engaging volunteers can create buy-in from local user groups and further develop a sense of stewardship for public lands. If loss of plant cover does occur on slopes and 404 405 especially in drier communities where they are more likely to occur (Colin & Ebersole 406 2001), then restoration efforts such as seeding may be aided by rock cover and matting 407 to expedite recovery.

408

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706Table 1. Raw cover, relative cover and absolute cover of plant species on restoration707matting or rock addition areas of an obliterated road in the Colorado alpine.

	Rock Cover			Erosion Matting			Undisturbed		
Plot Type	Count	Relative	Absolute	Count	Relative	Absolute	Count	Relative	Absolute
		Cover	Cover		Cover	Cover		Cover	Cover
		(%)	(%)		(%)	(%)		(%)	(%)
Bare Ground	554		46.2	374		20.8	446		15.7
Litter	74		6.2	508		28.3	155		5.4
Moss	3	n/a	0.3	2	n/a	0.1	43	n/a	1.5
Rock	249		20.8	281		15.6	114		4.0
Lichen	0		0.0	0		0.0	23		0.8
Species									
Trisetum spicatum	143	44.7	11.9	397	62.7	22.1	60	2.9	2.1
Poa alpina	92	28.8	7.7	120	19.0	6.7	2	0.1	0.1
Festuca brachyphylla	19	5.9	1.6	37	5.9	2.1	167	8.1	5.9
Poa glauca	11	3.4	0.9	20	3.2	1.1	25	1.2	0.9
Deschampsia cespitosa	10	3.1	0.8	3	0.5	0.2	167	8.1	5.9
Minuartia biflora	9	2.8	0.8	4	0.6	0.2	3	0.2	0.1
Minuartia obtusiloba	7	2.2	0.6	8	1.3	0.4	46	2.2	1.6
Cerastium arvense	7	2.2	0.6	3	0.5	0.2	38	1.8	1.3
Oreoxis alpina	4	1.3	0.3	1	0.2	0.1	120	5.8	4.2
Luzula spicata	3	0.9	0.3	24	3.8	1.3	23	1.1	0.8
Artemisia scopulorum	3	0.9	0.3	0	0.0	0.0	149	7.2	5.2
Arenaria fendleri	2	0.6	0.2	5	0.8	0.3	161	7.8	5.7
Phacelia sericea	2	0.6	0.2	3	0.5	0.2	4	0.2	0.1
Draba aurea	2	0.6	0.2	1	0.2	0.1	1	0.1	0.0
Androsace septentrionalis	2	0.6	0.2	0	0.0	0.0	0	0.0	0.0
Sedum lanceolatum	1	0.3	0.1	0	0.0	0.0	31	1.5	1.1
Polygonum bistortoides	1	0.3	0.1	0	0.0	0.0	12	0.6	0.4
Trifolium nanum	1	0.3	0.1	0	0.0	0.0	10	0.5	0.3
Draba streptocarpa	1	0.3	0.1	0	0.0	0.0	0	0.0	0.0
Lloydia serotina	0	0.0	0.0	3	0.5	0.2	41	2.0	1.4
Geum rossii	0	0.0	0.0	1	0.1	0.1	32	1.6	1.1
Heterotheca pumila	0	0.0	0.0	1	0.1	0.1	25	1.2	0.8
Elymus scribneri	0	0.0	0.0	1	0.1	0.1	9	0.4	0.3
Agoseris glauca	0	0.0	0.0	1	0.1	0.1	1	0.1	0.0
Carex rupestris	0	0.0	0.0	0	0.0	0.0	257	12.4	9.0
Kobresia myosuroides	0	0.0	0.0	0	0.0	0.0	164	7.9	5.8
Trifolium dasyphyllum	0	0.0	0.0	0	0.0	0.0	129	6.2	4.5

Trifolium parryi	0	0.0	0.0	0	0.0	0.0	88	4.3	3.1
Campanula rotundifolia	0	0.0	0.0	0	0.0	0.0	70	3.4	2.5
Artemisia pattersonii	0	0.0	0.0	0	0.0	0.0	68	3.3	2.4
Selaginella densa	0	0.0	0.0	0	0.0	0.0	34	1.6	1.2
Calamagrostis purpurascens	0	0.0	0.0	0	0.0	0.0	32	1.6	1.1
Sibbaldia procumbens	0	0.0	0.0	0	0.0	0.0	21	1.0	0.7
Other Species (<1 Individually)	0	0.0	0.0	0	0.0	0.0	78	3.8	2.7

711 Table 2. Absolute cover of restored alpine areas found on erosion matting, and rock-

supplemented sites versus that of undisturbed alpine tundra. Values are means, ± std errors.

713 Means followed by different letters are significantly different (P<.05) using a post-hoc SNK

714 *test.*

715					
716		Undisturbed	Erosion Matting	Supplemental	
717		Native Plots	Plots	Rock Cover Plots	
718		(n=30)	(n=18)	(n=12)	
719 720	Total vascular vegetation	68.9 (3.4) A	35.2 (2.8) B	26.7 (2.8) B	
721	Litter	5.2 (1.0) B	28.2 (2.4) A	6.2 (1.2) B	
722	All seeded species	7.6 (2.3) C	28.9 (2.0) A	20.4 (3.1) B	
723	Deschampsia cespitosa	5.6 (2.4) A	0.2 (0.2) B	0.8 (0.5) B	
724	Trisetum spicatum	2.0 (0.5) C	22.1 (2.5) A	11.9 (2.4) B	
725	Poa alpina	0.1 (0.1) B	6.7 (1.2) A	7.7 (1.8) B	
726 727	Volunteer vascular vegetation	n/a	6.3 (1.6) A	6.3 (2.5) A	

728

729

Figure Legends:

731

Figure 1. Road in 2011, before (A) and after restoration (B) in 2014 In addition to the seeding effort, vegetation plugs, seen here as patches of vegetation, were inserted into flatter, less rocky portions of the former road.

735

Figure 2. Example of erosion matting (A) and supplemental rocks (B) added to the

737 former road area.









749 Fig 2.