Dispersion and Effects of Metal Impregnated Granular Activated Carbon Particles on the Hydration of Antimicrobial Mortars

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Abstract

Granular activated carbon (GAC) particles impregnated with antimicrobial metals were incorporated into cementitious materials for the express purpose of inhibiting biogenic concrete corrosion. We report herein the influence of such metal-laden GAC particles on the hydration of cement mortars when substituted for fine aggregate, as well as the dispersion of metal in the cured matrix. Isothermal calorimetry was utilized to study the influence of GAC without and with copper and/or cobalt on select hydration characteristics of ordinary portland cement (OPC) mortars. When 1% of the fine aggregate mass was replaced with GAC particles of similar size, total evolved heat in all formulations was similar, regardless of GAC pretreatment. However, as the substitution approached 10% of the fine aggregate mass, metal-laden GAC formulations imparted delays in heat liberation and lowered heat fluxes. Results also substantiate that metal-laden GAC particles participate in the enhanced uptake of the calcium that is normally liberated during cement mixing and that the water delivered with GAC particles is not readily available during the first 142 h of curing. Electron microprobe analysis (EMPA) elucidated that copper and cobalt were homogenously distributed throughout the cement paste with metal-laden GAC, with these metals concentrations localized in a 50-100 µm region surrounding the GAC particles. Compressive strengths were not affected by the presence of metal-impregnated GAC in the concentration ranges tested and reported herein.

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Keywords: Activated carbon; antimicrobial mortar; cement hydration; heavy metals; electron microprobe analysis; isothermal calorimetry.

1. Introduction

1.1 Antimicrobial Mortar

As a general class of materials, granular activated carbon (GAC) constitutes a wide range of amorphous carbon-based materials prepared in such a way that they exhibit exceptionally high specific surface areas $(>500 \text{ m}^2/\text{g})$ [1]. Activated carbon particles, either in powder or granular form, have been included in cement formulations for different purposes [2-12]. One emerging application of activated carbon concerns metal-impregnated GAC particles that have been used to create a new class of antimicrobial cementitious materials that chemically inhibit microbially induced concrete corrosion (MICC) [9, 13].

Biogenic concrete corrosion is not a new phenomenon. The biological progression of microbialinduced corrosion in wastewater conveyance systems has been previously described and studied in depth, and comprehensive reviews on the topic are available [15-20]. Some sulfur-oxidizing microorganisms (SOMs) that colonize sewer infrastructure have demonstrated an inherent sensitivity to heavy metal exposure [21, 22]. Previous researchers have since incorporated metals, such as copper (Co), cobalt (Co), Zinc (Zn), and Nickel (Ni) into cementitious materials for the express purpose of conferring antimicrobial properties to wastewater conduits. Dry zeolites loaded with specific heavy metals, for example, have been used in different cement formulations to inhibit microbial corrosion [8, 23, 24].

Other carriers, including GAC, can impart antimicrobial resistances to solid materials. In this context Caicedo Ramirez and co-workers [13] showed that the growth of the most common SOM associated with corroding sewers, *Acidithiobacillus spp.*, could be inhibited by heavy metals loaded onto activated carbon according to the following hierarchy: Cu > Co > Cd > Zn = Ni. Additionally, when Co and Cu were simultaneously loaded onto activated carbon, the inhibition potential was seven times that of Co alone, while the Cu-inhibition potential remained unchanged.

While other literature also supports the premise that activated carbon can be used to carry antimicrobial metals in cement formulations [8, 9, 13], carbon-based particles have been traditionally considered a potential aggregate contaminant in cementitious materials [25-27]. More recent studies, however, have shown that substitutions of up to 2% of fine aggregate with GAC or powdered bituminous activated carbon can result in reproducible improvements to the hardened-state properties of ordinary portland cement (OPC) mortars [4, 12, 28, 29]. The use of engineered, biocidal metal-laden GAC particles in cementitious materials has since emerged as a promising new approach to inhibit the acidophilic microorganisms responsible for biogenic concrete corrosion [8, 9]. Recent research has been conducted with acid-treated GAC particles to understand the effects that the addition of these particles may have on the fresh- and hardened-state properties of antimicrobial OPC mortars [29].

Even though OPC pastes and mortars have been intensively studied for decades, cement hydration behavior remains an active research area [30, 31], especially in light of the myriad of emerging mineral and chemical admixtures that can affect the kinetics of cement hydration. Cement hydration involves a combination of dissolution and precipitation processes with complex interfacial interactions that may be influenced by the presence of heavy metals. The literature concerning the effects of heavy metals in this context remains limited and tenuous. However, there is emerging concurrence that heavy metals impart the most impact during the early stages of cement hydration [32-36]. Metals that are released into the pore solution of cementitious materials can react with, or otherwise sorb to, colloidal gellike particles (*i.e.*, C-S-H) and/or form new compounds, including stable metal hydroxides [36, 37]. The early-age effects of different types of carbon-based materials (with no metals) on the kinetics of tricalcium silicate (C₃S) hydration have been reported by Sobolkina *et al.* (2016) [38]. In this work, mesoporous carbon (mean size of 13.9 µm) and HNO₃-treated carbon nanotubes (CNT) were found to have a catalytic effect on early C₃S hydration. There is a paucity of fundamental materials investigations reporting effects metal-laden carbon-based materials can have on the hydration of antimicrobial OPC pastes or mortars.

1.2 Scope

In response, the purpose of this study was to investigate the effects on cement hydration of mortars with increasing proportions of fine aggregate with two types of similarly sized bituminous GAC particles (HNO₃-treated and unmodified), including the effects of antimicrobial metal impregnation with copper and cobalt, alone and in combination. Up to a certain maximum, substituting GAC has been previously demonstrated [28] to confer compressive strength advantages over an otherwise identical formulation with no GAC, regardless of the presence of metal. Because curing behavior response to GAC has yet to be investigated, GAC effects on cement hydration were determined by evaluating temporal heat liberation patterns using accepted isothermal calorimetry methods adapted for mortar specimens [39-42]. Additionally, electron microprobe analysis (EMPA) was employed to map the concentrations and location of the antimicrobial metals throughout the mortar samples. The following formulations were analyzed: ten (10) formulations in which a pre-determined proportion of the fine aggregate was replaced by two different types of GAC particles—without and with metal impregnation—at an effective water to cement $(w/c)_{eff}$ ratio of 0.45; two (2) formulations where no fine aggregates were replaced by GAC, but where an amount of water equivalent to that carried by GAC was included in the initial mixing water; and, lastly, one (1) control formulation with no GAC substitution ($(w/c)_{eff} = 0.45$). No other admixtures were used in this study. Metal-laden GAC substitution of 1% and 10% of the fine aggregate mass was chosen based on previous studies by the authors that have identified antimicrobial effectiveness in this range. Here, we report dose-dependent, time-series strength responses with heat liberation patterns for validation and completeness.

Materials and Methods

2.1 Materials

2.1.1 Ordinary Portland Cement (OPC)

A commercial OPC Type I/II manufactured by Quikrete (USA) that complies with ASTM C150-18 [43] was used in this study. The alkali- and metalloid-oxide content, along with a standard composition analysis (% by mass) of the cement, with its normative composition determined *via* Bogue analysis, has been previously presented in detail [28].

2.1.2 Granular Activated Carbon (GAC)

Granular activated carbon (GAC), manufactured from bituminous coal and commercially sold as OL 20x50, was supplied by Calgon Carbon Corporation (Pittsburgh, USA). GAC was used in two forms, namely (1) as-received (unmodified) and (2) after subjecting it to an acidification process with nitric acid (HNO₃-treated) as previously described elsewhere [29]. These two different types of GAC (i.e., unmodified and acidified) were considered in this study as they have been previously used in cementitious materials to purposely inhibit acidophilic growth in combination with sorbed heavy metals [8, 9, 13]. The purpose of using GAC after a specific acidification process was to enhance the chelation effect between the negatively charged surface of GAC and the metal cations (*i.e.*, copper) by increasing the number of acidic functional groups on its surface. Additionally, a specific point of zero charge (PH_{PZC}) for these particles was achieved (4.5-5) to favor leaching of the metals at pH levels relevant to the inhibition of targeted acidophilic microorganisms [9, 45]. These two types of activated carbons will be respectively referred to herein after as GAC-U (unmodified granular activated carbon) and GAC-A (acidtreated granular activated carbon with HNO₃). A complete characterization of the two GAC types used in this study (GAC-U and GAC-A), as well as a detailed acid-washing protocol, their Brunauer-Emmet-Teller (BET) surface areas, micro- and meso-pore volumes, pore size distributions, water saturation potentials, gradation analysis, and saturated surface dry (SSD) bulk specific gravity, is described in previous papers by the authors [28, 29].

2.1.2.1 Copper (Cu) and Cobalt (Co) sorption

To obtain metal-laden GAC, these particles were impregnated with soluble metals up to their saturation capacity according to the following scenarios: the GAC-U was loaded with two different metal

formulations (*i.e.*, Co or Co/Cu), while the GAC-A was loaded only with Cu. The sorption process was performed as follows. First, Cu (NO₃)₂ was added to a volume of deionized water needed to reach a 12mM Cu concentration and the pH adjusted (7.6-8) using NaOH to reach the optimum pH range to favor copper precipitation in hydroxide forms. Next, GAC-U was added to this solution in a liquid-to-solid ratio of 20:1 and mixed for 24 h at 150 r/min and room temperature. After 24 h, the pH of the solution was adjusted again to 7.6 and mixed at 150 r/min for another 24 h. After this process, the Cu-laden GAC (GAC-U-Cu) was separated from the solution, rinsed with water, and oven dried at 40 °C. A similar procedure was performed to create the GAC particles that included both Cu and Co; however, in addition to Cu(NO₃)₂, Co(NO₃)₂ was also dissolved in the initial solution (12 mM Co concentration) prior to GAC-U addition. Once the metals were completely dissolved, GAC-U was added and the process continued in a similar way as when only copper was originally dissolved. At the end, the Cu/Co-laden GAC-U (GAC-U-Cu/Cu/Co) was separated from the solution, rinsed with water, and oven dried at 40 °C.

Acidified GAC (GAC-A) was loaded with Cu by adding Cu(NO₃)₂ to a specific volume of deionized water to obtain a 12 mM Cu concentration, then the pH of this solution was raised using NaOH to the highest pH achievable where cationic Cu species were dominant in solution (5.6-6). Next, GAC-A was added to the solution in a liquid-to-solid ratio of 20:1 and mixed for 24 h at 150 r/min. After this time (24 h), the GAC-A was separated from the solution, and oven dried at 100 °C for 5 h and left to cool at 20 °C for 1 hr. Once the GAC-A was dry, a new solution was prepared as presented above, and the dry GAC-A was added to this new Cu solution and mixed for 24 h at 150 r/min. After this process, the Cu-laden GAC-A (GAC-A-Cu) was separated from the solution in a similar way as it was done for the GAC-U. Metals sorbed by these GAC particles were confirmed by Inductively Coupled Plasma Optical Emission Spectroscopy (ICP-OES) using a calibrated ARL 3410+ and modifications to a widely accepted technique developed by Farrell *et al.* [46]. Five mL of a mixture (7:3) containing hydrochloric acid and hydrofluoric acid were mixed with 2 mL of nitric acid and placed in plastic digestion tubes that were maintained at 95 °C in a digestion block (HotBlock, Environmental Express) for approximately two hours. Samples were

then cooled and brought to 50 mL with a solution of 1.5% boric acid (by mass). Samples were the reheated to 95 °C for 15 min and cooled for analysis. The samples were diluted 10x with deionized water and analyzed with an ICP-OES. Metal contents, which were normalized by the original GAC mass, are presented in **Table 1**.

 Table 1: Concentration of Cu and Co sorbed onto the GAC particles surface. All GAC particles were
 Ioaded to their maximum sorption capacity.

GAC (type)	Copper (Cu) (mgCu/gGAC)	Cobalt (Co) (mgCo/gGAC)
GAC-U-Cu	13.0	0.0
GAC-U-Cu/Co	12.8	4.5
GAC-A-Cu	10.4	0.0

2.1.3 Graded Standard Sand (Ottawa Sand)

Ottawa sand was obtained from U.S. Silica Company (USA). Ottawa sand is a clean, natural sand with high silica content (99.0 – 99.9 % crystalline silica (quartz) [47]) that conforms to ASTM standard C778-17 [48]. Water saturation potential and SSD bulk specific gravity were determined in accordance with ASTM standard C128-15 [49] and presented in a previous paper by the authors [28].

2.2 Experimental Methods

2.2.1 Sample Formulations

The nomenclature of all sample formulations is summarized in **Table 2**. Cement mortars containing GAC (GAC-U or GAC-A) loaded with metals (Cu or Cu/Co) and reference cement mortars including the same GAC types without heavy-metal loading were prepared. All formulations, along with a control formulation containing no GAC particles, were prepared with a $(w/c)_{eff} = 0.45$ and a sand-to-cement ratio of 2.1. Additionally, two formulations were prepared without the addition of GAC, but these samples contained an identical amount of additional water as the water sorbed by GAC particles in an otherwise similar GAC-containing formulation. All samples are denoted according to the following scheme: type of

GAC used (U or A); type of metal(s) sorbed onto the GAC (Cu, Cu/Co or Ø (for no metal)), and, lastly, percentage of GAC substitution (1% or 10%). The formulations containing no GAC particles were labeled as follows: Control (for the reference formulation), EQUIV-1%GAC, and EQUIV-10%GAC, where the latter two formulations required an additional amount of water equivalent to the free water sorbed by GAC to be added to the mixing water. Three cement paste formulations containing GAC-U with Cu, GAC-U with Cu/Co, and GAC-A with Cu, respectively, were also included for elemental surface-mapping with an electron microprobe analysis (EMPA). The total amount of water used in these formulations included the water sorbed by the GAC plus the mixing water required to achieve a $(w/c)_{eff}$ = 0.45. Water internally sorbed by GAC is not immediately available for cement hydration. Therefore, moisture carried by GAC is not included with the conventional mixing water mass and not considered in the w/c ratio of the mix design. If GAC particles are saturated with water before being incorporated into the cement mortar formulations (as it was done in this study), they do not have an impact on the initial w/c ratio [50-52]. The total amount of water sorbed into GAC, in addition to that provided for initial mixing, is summarized in **Table 2** as $(w/c)_{add}$. This additional w/c ratio $((w/c)_{add})$ contributes to the $(w/c)_{total}$. The effective w/c ratio $((w/c)_{eff})$ takes into account the amount of water sorbed by the GAC particles. For the formulations with no GAC, but with the same amount of water as the ones containing GAC in 1% and 10% replacements, all water used is considered as mixing water, which results in an increase in the $(w/c)_{eff}$ of each formulation.

Formulation	(w/c) _{add}	(w/c) _{total}	(<i>w/c</i>) _{eff}
Control	0.00	0.45	0.45
U-Ø-1%	0.03	0.48	0.45
U-Cu-1%	0.03	0.48	0.45
U-Cu/Co-1%	0.03	0.48	0.45
A-Ø-1%	0.03	0.48	0.45
A-Cu-1%	0.03	0.48	0.45
U- Ø -10%	0.27	0.72	0.45
U-Cu-10%	0.27	0.72	0.45
U-Cu/Co-10%	0.27	0.72	0.45
A- Ø -10%	0.27	0.72	0.45

Table 2: Mortar formulations with their corresponding w/c ratios.

A-Cu-10%	0.27	0.72	0.45
EQUIV-1%GAC	0.00	0.48	0.48
EQUIV-10%GAC	0.00	0.72	0.72

2.2.2 Mixing Procedure

Prior to mixing, the GAC component was oven-dried at 90 °C for 24 h, air cooled, then submerged in water for 12 ± 1 h. The water used to saturate GAC prior to mortar formulation, was also factored into the bulk mixing water to maintain a 0.45 *w/c* ratio at formulation. All mortar formulations were manually mixed as follows. Firstly, cement was added to the total amount of water and GAC and mixed for 30 s. Then, the total amount of fine aggregate (Ottawa sand) was added and mixed for an additional 30 s. After these first 60 s, mortars were mixed for an additional 1 min for a total maximum mixing time of 2 min.

2.2.3 Isothermal Calorimetry

Heat flow (mW/g) was measured at the U.S. Bureau of Reclamation (USBR-Denver) using a TAM Air 8-Channel standard volume isothermal calorimeter (TA Instruments, USA). The calorimeter included an array of reacting and non-reacting (control) channels that were capable of eight simultaneous comparative measurements. In this study, isothermal conditions $(23 \pm 0.03 \,^{\circ}\text{C})$ were maintained in the calorimeter cells. The reference material samples (located in the non-reacting control channels) consisted of 5.5 g of siliceous sand. All observations were made and reported in duplicate. Freshly mixed cement mortar (5.5 g) was weighed into a 20 mL glass ampoule for each sample. The glass ampoule was sealed and placed into the calorimeter within 5 min after initial mixing, and the heat liberated was continuously monitored and recorded for approximately 142 h. External mixing was applied to ensure complete mixing. For this reason, the initial heat emission after the cement contacted with the mixing water was not measured. As recommended by other cement calorimetry investigations that include external mixing protocols, the integration of the heat flow accounted for the influence of external mixing energy [40, 53]. In the case of OPC, the first 30 min of hydration contributes less than 6 J/g to the cumulative heat release of the sample [53]. Integration of the heat flow was thus started 30 min after the initial contact of mixing water with cement to enable time for temperature equilibration, as described above. The heat liberated during hydration and the cumulative heat flow were normalized to the cement mass of the respective samples.

2.2.3.1 Calorimetry Set Times

Initial and final set times were determined based on the first derivative of the heat flow curves according to an identical procedure implemented in Hu J. *et al.* (2014) [54]. The first derivative of heat flow curves (d(q)/d(t)) was obtained from the original heat flow curves. The initial set time was defined as the time at which the first derivative curve reaches a maximum, while the final set was defined as the time at which the first derivative equals zero after the initial set time [54].

2.2.4 Compressive Strength

The compressive strength of cement mortar specimens for each formulation was executed under uniaxial compression in accordance with ASTM standard C109-16a [55]. After 7, 28 and 240-days of continuous curing (temperature $23 \pm 2^{\circ}$ C; RH > 95%), the compressive strength of triplicate samples was determined. Pressure was applied to specimens in a calibrated compression press at a load-controlled rate of 1.32 kN/s using an Instron compression test machine.

2.2.5 GAC Calcium (Ca²⁺) Affinity

The Ca²⁺ ion affinity of the GACs used in this study was assessed for their adsorptive capacity of Ca²⁺ions under water quality conditions that mimic those typically found in the pore solution of cement paste. Following the methodology used by Sobolkina *et al.* [38], a series of batch sorption experiments were executed. A total amount of 2 g of GAC (GAC-U and GAC-A) were dispersed in 40 mL of a 0.10M NaOH solution (pH 12.8) at different initial Ca²⁺concentrations (400 and 1320 mg/L), using Ca(NO₃)₂ as the Ca²⁺source. The GAC particles were allowed to equilibrate for 24 h at a temperature of 21 °C, after which they were allowed to settle, filtered from the solution, and oven-dried overnight at 40 °C. Ca²⁺ sorbed onto the GAC particles was determined by ICP-OES on a calibrated ARL 3410+ using modifications to a technique developed by Farrell *et al.* [46].

2.2.6 Electron Microprobe Analysis (EMPA)

2.2.6.1 Sample Preparation

Three different cement pastes containing (1) GAC-U loaded with Cu, (2) GAC-U loaded with Cu/Co, and (3) GAC-A with Cu were cast in circular plastic molds of 15 mm diameter and 10 mm height. The samples were demolded after 24 h and cured in moist conditions for 30 days. After that time, each sample was dried in a desiccator for one week. Each sample was then polished using a 180 grit diamond grinding pad on an 8" Hillquist water-cooled grinder to expose a polished cement surface. The sample surface was then ground using moderate pressure with 240 and 320 grit diamond grinding pads. A Logitech LP-50 polisher with a radially grooved cast steel lapping plate spinning at 70 r/min was used for preparing each working face of the samples, using as an abrasive a mix of 15% silicon carbide (Alfa Aesar superfine 600 grit) and water. Each sample was then hand polished in serial steps using a Logitech PM5 polisher incorporating Buehler TriDent polishing pads and an Allied polycrystalline diamond suspension (*i.e.*, 6μ m, 3μ m, and 1μ m). The plate speed varied between 50 and 70 r/min. The samples were front-loaded under pressure until any surficial damage from a previous step had been repaired, as judged by visual inspection. This process was repeated every three to eight min per step, and varied based on the overall sample hardness. Between each polishing step, the specimens were rinsed in cold, clean water with a Bransonic sonicator. Finally, the backside of the sample was ground using the 320 grit vertical grinding disc and a sample arm on a Hillquist Thin Section equipment until the tops and bottoms of the cylindrical samples were parallel. The polished face of the samples was protected during the final step. After this preparation, the samples were embedded in an epoxy disc of 25 mm diameter and 15 mm in height for EMPA analysis.

2.2.6.2 EMPA Elemental Composition Mapping

In order to estimate the distribution of selected elements on the samples surface, five wavelength dispersive spectrometry (WDS) element maps of Ca K α , Co K α , Cu K α , Si K α , and S K α were acquired for three different cement paste formulations containing the following GAC substitutions: GAC-U with

Cu/Co, GAC-U Cu, and GAC-A Cu. The EMPA data acquisition was performed at the University of Colorado Boulder geology laboratory on a JEOL JXA-8230 electron microprobe outfitted with EDS and WDS attachments. All samples were carbon-coated (ca. 15 nm thin-film) using an Edwards Auto306 dual coater to ensure identical conductivity and analytical conditions with accepted standards. Backscattered Electron (BSE) images were also obtained using the JEOL JXA-8230. The EMPA system was set at 15 keV accelerating voltage, 40nA beam current, and 1 µm beam diameter. The WDS element maps were acquired using an accelerating voltage of 15 keV and a 100nA beam current. The electron beam was defocused between 5 µm and 6 µm in order to match the pixel size of the maps. A per-pixel dwell time of 10 msec was used. Prior to the acquisition, each spectrometer was calibrated on a series of Astimex standard reference materials. The standards were as follows: Ca: plagioclase; Co: Co-metal; Cu: chalcopyrite; Si: orthoclase; and S: anhydrite. The Ca K α , S K α , and Si K α maps were obtained using spectrometers equipped with large-area pentaerythritol (PET) monochromaters. The Co K α and Cu K α maps were obtained using spectrometers equipped with large area lithium fluoride monochromaters. The energy dispersive x-ray spectra (EDS) were acquired at 15 keV accelerating voltage and accumulated over a 30-sec interval. Results, expressed as net counts, are semi-quantitative, since each pixel may represent a mixture of two or more mineral phases.

2.2.7 Scanning Electron Microscopy (SEM)

High-resolution scanning electron microscopy (SEM) (SEM SU3500 from Hitachi (Japan)) was used to study the presence of hydration products inside GAC particles. A magnification of 1600x, an anodic voltage of 5 kV, and a current filament intensity of 0.13 nA was used in this study.

3 Results

3.1 Isothermal Calorimetry

Figure 1 summarizes the rate of heat liberated from cement hydration and the cumulative heat obtained from the following mortar formulations: fine aggregate (Ottawa sand) substitution with 1% and 10% (by mass), including one of two types of GAC (GAC-U and GAC-A) in the presence and absence of metals

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sorbed to their capacity (Cu or Cu/Co). For clarity, the heat flow results are presented for the first 30 h of curing, while the cumulative heat are presented for the whole observation period (~150 h).



Figure 1: (a) Heat flow (mW/g) and **(b)** cumulative heat (J/g) for the following cement mortar formulations: Control (0% GAC), A-Ø-1%, A-Cu-1%, U-Ø-1%, U-Cu-1% and U-Cu/Co-1%; **(c)** Heat flow (mW/g) and **(d)** cumulative heat (J/g) for the following cement mortar formulations: Control (0% GAC), A-Ø-10%, A-Cu-10%, U-Ø-10%, U-Cu-10% and U-Cu/Co-10%. Each curve is representative of the mean of two measurements.

Following initial dormancy, an acceleration period, where the maximum heat release rate is observed, occurred between 1.6 and 1.9 h for all formulations with 1% sand substitution by GAC and the control; however, for the formulations including 10% sand replacement by GAC, initial acceleration was delayed between 1.9 and 3.5 h. The acceleration period was followed by a main heat rate peak between 9.2 and 9.6 h for the control and 1% GAC formulations, respectively, but between 8 and 15 h for the

different 10% GAC formulations. For all formulations with 1% sand replacement by GAC, regardless of the presence of metals, the sulfate depletion point is not clearly discernible as it is on the control formulation (0% GAC) (**Figure 1a**). Additionally, for the A-Cu-1% formulation, the height of the main peak (maximum heat rate peak) is slightly decreased, and a small delay in the heat rate curve could be observed as well. In **Figure 1b**, the cumulative heat for all the formulations containing 1% GAC substitutions and for the control (0% GAC) are presented. These results show that, regardless of the type of GAC employed or the presence or absence of metals, the cumulative heat flow plateaus at the same level (c.a. 341 J/g) at the end of the testing period (142 h).

In Figure 1c, the heat flow for the formulations containing 10% GAC replacements are compared to the control formulation (0% GAC). These results suggest that the increase in the amount of GAC replacement has a significant effect on the hydration of these formulations. For the formulations containing GAC that had not been impregnated with metals (*i.e.*, A-Ø-10% and U-Ø-10%) only a slight difference in heat emission patterns were observed during the 14 hours following mixing, where the A-Ø-10% formulation generated a slightly higher heat rate in the first 3 h than the latter (between 4 and 14 h), which was compensated by the U-Ø-10% formulation. When compared to the control formulation (0% GAC), the primary hydration peaks of these formulations were slightly accelerated and reduced in magnitude, and the peaks corresponding to calcium aluminate hydration were not easily distinguishable. On the other hand, when GAC particles impregnated with metals were incorporated into the mortar formulations, a slower heat release rate was observed for all formulations (*i.e.*, A-Cu-10%, U-Cu-10%, and U-Cu/Co-10%). The A-Cu-10% formulation, when compared to the other 10% GAC formulations containing metals, exhibited a higher heat emission rate during the first 9 hours of curing, after which the heat rate of the A-Cu-10% formulation began to decrease, resulting in the formulation with the lowest cumulative heat of all formulations tested. However, the cumulative heat after 142 h among all specimens with 10% of their fine aggregate substituted with GAC, regardless of the pre-treatment or presence of metals, ranged between 331 and 344 J/g (Figure 1d). The two formulations with metal-laden GAC

particles that were not modified with nitric acid (*i.e.*, U-Cu-10% and U-Cu/Co-10%) behaved similarly with respect to its primary hydration peak when compared to the rest of the formulations with 10% fine aggregate replacement.

The cumulative heats for all formulations with 10% sand replacement by GAC are shown in **Figure 1d**. These data show that, when no metals were sorbed onto the GAC particles, the heat flow behavior is similar to the control formulation. On the other hand, the cumulative heat patterns were similar among the formulations with the metal-laden GAC-U particles (*i.e.*, U-Cu-10% and U-Cu/Co-10%). After 142 h, the two formulations with 10% sand replacement by GAC Cu-laden particles, independent of the type of GAC, reached the same cumulative heat, while the rest of the formulations (control, U-Cu/Co-10%, A-Ø-10%, and U-Ø-10%) exhibited a slightly higher cumulative heat.

The initial and final set times were obtained, and the results are shown in **Figure 2**. As mentioned by Hu *et al.* [54], due to the different mechanisms and test setups in determining setting times, longer setting times have been found from the calorimetry method when compared to ASTM penetration tests in similar cement mortar formulations. Nevertheless, the results obtained in this study, for the control and all formulations containing 1% GAC replacements, are congruent with the results obtained by Hu and coworkers for similar cement mortar formulations having no GAC additions [54]. The results indicated that the use of 1% GAC replacements, regardless the type or presence of metals, has no significant effect on the set times of these formulations, while, in contrast, the use of 10% GAC replacements, has a significant effect on the set times of these formulations. Formulations containing 10%, of either GAC-U or GAC-A with no metals, exhibited earlier set times when compared to all the formulations containing 1% GAC and the control, corroborating that the presence of GAC particles, regardless the type, has a catalytic effect on the hydration of C₃S, as it has been mentioned. An interesting finding is that regardless the presence of copper sorbed into the GAC surface, the formulation containing 10% Cu-laden GAC-A exhibited a similar behavior as the formulations containing 10% GAC with no metals, suggesting that the mechanism attaching the Cu to the GAC particle (*i.e.*, primarily through ionic interactions) is having an

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effect on the way this Cu interacts with the hydration products that are formed during the first hours of the hydration process. On the other hand, the two formulations containing 10% GAC-U loaded with biocidal metals (*i.e.*, Cu or Cu/Co) presented a significant delay in their set times.



Figure 2: Initial and final set times calculated from the first derivative of the heat flow curves.

The heat flow and cumulative heat presented in **Figure 3a** and **3b** describe the behavior of formulations with no GAC as influenced by the different amounts of additional water that was absorbed by GAC for similar GAC replacements (1% and 10% GAC). The two shoulders evident in **Figure 3a** corresponding to the maximum heat and the accelerated calcium aluminate activity peaks are clearly visible. The cumulative heat of the sample with a *w/c* ratio equivalent to a 10% GAC replacement ((*w/c*)_{eff} = 0.72), increased after approximately 14 h compared to the control formulation, while the formulation using a *w/c* ratio equivalent to a 1% GAC replacement ((*w/c*)_{eff} = 0.48) behaved similarly to the control formulation ((*w/c*)_{eff} = 0.45).

Figure 3c and **3d** presents comparisons of heat flow and cumulative heat from the following formulations: control, EQUIV-10%GAC with a $(w/c)_{eff} = 0.72$, and the respective 10% sand replacements—either by using GAC-U or GAC-A particles that did not carry metals. The EQUIV-10%GAC formulation presented a delay in its heat flow pattern when compared to the others; however, the EQUIV-10%GAC formulation presented no significant difference in its heat flow pattern, where the two distinguishable peaks exhibited by the control formulation (*i.e.*, in the main hydration peak) were clearly present in this formulation. The presence of these double peaks on the main hydration peak was not a clearly distinguishable thermodynamic pattern associated with formulations containing 10% sand replacement by GAC.



Figure 3: (a) hydration heat flow (mW/g) and **(b)** cumulative heat (J/g) for the following cement mortar formulations: Control (0% GAC), EQUIV-1%GAC and EQUIV-10%GAC; **(c)** hydration heat flow (mW/g) and **(d)** cumulative heat (J/g) for the comparison of the following cement mortar formulations:

Control (0%), EQUIV-10%GAC, U-Ø-10%, and A-Ø-10%. Each curve is representative of the mean of two measurements.

3.2 Compressive Strength

Results suggest that the substitution of 1% (by mass) of the fine aggregate with similarly sized GAC grains, regardless the presence or absence of biocidal metals, can manifest in an increase (up to 13.9 %) in the compressive strength of cement mortars (**Figure 4**). On the other hand, compressive strength decreased (up to 27.1%) with 10% GAC substitutions, regardless of the presence or absence of biocidal metals.



Figure 4: Average compressive strength of all formulations. Error bars represent \pm one standard deviation.

The strength responses observed in this study are similar to results obtained in previous studies [28, 29] and demonstrate that GAC substitutions of 1% GAC (by mass) can systematically increase strength. It was also found that the presence of biocidal metals sorbed onto the GAC surfaces (either GAC-U or

GAC-A) did not have a significant effect on the compressive strength response of these mortar formulations (**Figure 4**). The conglomerate of strength responses observed herein could be attributed to the fact that the GAC used is acting as a pre-wetted lightweight aggregate and assisting with internal curing. However, derived from the heat flow curves, this assistance may not be significantly occurring during the first 142 h of the hydration process. Moreover, it is hypothesized that the shape of these GAC particles could have a positive effect on these strengths. It is known that rough angular particles could lead to improvements in strength of cementitious materials due to better interlocking between particles and the cement paste when compared with more rounded particles (*i.e.*, Ottawa sand) [57, 58]. In contrast, it was noted that, with 10% GAC substitutions, it appears that internal curing enhancements or the influence of the particle shape, cannot compensate for a concomitant decrease in the intrinsic compressive strength which results from replacing a silica grain with a weaker GAC particle [28].

3.3 Ca²⁺Ion Affinity of GAC

Figure 5 summarizes batch tests mimicking the pore solution chemistry, where the sorptive interactions between pore solution Ca^{2+} and the GAC-U and GAC-A particles are isolated as the process variable. Hydrating cement mortars that include fine aggregate substitution by GAC particles have been hypothesized to sorb Ca^{2+} ions from pore solution [38]. This Ca^{2+} sorption potential is sensitive to the abundance of oxygen-containing functional groups on the GAC surface [38]. Under standard curing conditions, Ca^{2+} ions are released from OPC during cement hydration.

As is shown in **Figure 5**, increasing the Ca^{2+} ion concentration led to an increase in the amount of Ca^{2+} sorbed per unit mass of GAC particles. It is clear that the two types of GAC used here had significantly different sorption capacities for Ca^{2+} in simulated cement pore solution. Acid-treated GAC particles (GAC-A) had a higher Ca^{2+} sorption potential than their otherwise identical untreated counterparts (GAC-U) under the pore solution conditions tested herein.



Figure 5: Evidence of sorption of Ca^{2+} ions by GAC particles from the pore solution.

3.4 Electron Microprobe Analysis (EMPA)

Wavelength dispersive spectroscopy (WDS) elemental mapping with energy dispersive x-rays spectroscopy (EDS) was used to assess the proximity of Cu and Co to the activated carbon particles, as well as the distribution of Ca, Si, and S throughout the cement matrix. WDS elemental maps of Cu and Co are shown in **Figure 6**. These BSE images show the location of the GAC particles as an overlayment on the elemental concentration maps of the respective metals. The EMPA maps substantiate that the location of Cu (and Co) is associated with the GAC particles and also revealed the existence of a concentration gradient near these particles within the cement matrix above the method detection limit (8 ppm). The highest metal concentrations were in the immediate proximity (50 to 100 µm region) surrounding the GAC particles, as expected. Microcracks present in the samples resulted during EMPA analysis, probably due to dessication and drying shrinkage that is likely to occur in the high vacuum conditions [40].

(a) GAC-U with Cu/Co





WDS Ca elemental maps are presented in **Figure 7a**. The segmentation decomposition images focusing on the proximity of Ca to GAC particles is shown in **Figure 7b**. Ca levels are at their lowest

levels in and near the GAC particles, as evidenced by the radial pattern that extends between a 100 to 150 µm circumference around the GAC particles. On the other hand, S and Si concentrations were found to be uniformly distributed within the cement matrix with no significant changes in response to the proximity of GAC particles, regardless of metal loading (See Supplementary Information).



Figure 7: (a) WDS elemental mapping of calcium (Ca) after 30 days of curing: *(left)* GAC-U with Cu/Co, *(middle)* GAC-U with Cu, and *(right)* GAC-A with Cu; **(b)** Segmentation decomposition counts ranged between 2400 and 3200 relative to the Ca WDS elemental maps.

Five EDS spectra were obtained from formulations containing GAC-A-Cu and GAC-U-Cu. BSE images with the location points are shown in **Figure 8** and complete EDS spectra for these points of interest are shown in the Supplementary Information. Point **A** included mainly O, Ca, and Si and confirmed the

presence of an unhydrated cement grain, either a C_3S or C_2S particle. The elements identified at points B and D include carbon, oxygen, magnesium, aluminum, silicon, and calcium; while at points C and E, the main elements found were O, magnesium (Mg), aluminum (Al), Si, S, and Ca, suggesting the presence of C-S-H, portlandite, and ettringite. The peaks of carbon (C) were expected in all the EDS spectra, either as a result of the sample coating process with carbon or the carbonaceous composition of GAC particles.



Figure 8: BSE images of cement pastes containing Cu-laden GAC-U *(left)* or Cu-laden GAC-A *(right)* are shown with the location points where energy dispersive x-ray spectra (EDS) were obtained. The EDS spectra corresponds to: **(a)** unhydrated cement; **(b)** copper laden GAC-A; **(c)** hydration products at interface of copper-laden GAC-A particle with cured cement matrix; **(d)** copper laden GAC-U particle; and, **(e)** hydration products at interface of copper laden GAC-U particle with cured cement matrix. Complete EDS spectra for these points of interest can be found in the Supplementary Information.

4 Discussion

4.1 Isothermal Calorimetry

4.1.1 Formulations Containing Metal-free GAC

The thermal power curve for the control formulation (0% GAC) shows a pattern typically associated with the hydration kinetics of OPC pastes and mortars [59]. Formulations with 1% sand replacement with metal-free GAC exhibited similar calorimetric behavior, regardless of acid pretreatment (**Figure 1a and 1b**). However, when comparing the two formulations containing 10% substitution of fine aggregate with metal-free GAC particles to the control formulation, the following effects were evident: (1) a not easily distinguishable sulfate depletion point; (2) an initial acceleration in the hydration rate of cement during the first 3 h; and (3) an earlier appearance of the primary hydration peak.

It is widely accepted that the sulfate depletion point may not be detectable in formulations containing different admixtures or certain supplementary cementitious materials (SCMs) or both [59]. Evidence for the physicochemical causes associated with the sulfate depletion conditions observed in this study included the following: 1) the primary C₃S hydration peak and accelerated calcium aluminate hydration peak (second peak) may be overlapping, implying that pore water sulfate is depleted earlier when GAC particles are included in an OPC formulation [60, 61]. Therefore, in the presence of GAC, the onset of the accelerated calcium aluminate activity would occur earlier. Several studies have demonstrated the sulfate sorption capacity of different activated carbons [62, 63], and this GAC sorption behavior could be associated with sequestering sulfate in the formulations containing GAC, as evidenced by the presence of sulfur in the EDS spectra of these GAC particles (see Supplementary Information).

Concerning formulations with a 10% substitution of GAC (no metals), calorimetry suggests that cement hydration is accelerated by the precence of GAC during the first 3 h of the hydration process. This initial hydration signature was higher for GAC-A when compared to the GAC-U and is likely associated with the increased presence of oxygen-containing surface functional groups on the acid-treated GAC-A particles. Several researchers [64-68] have characterized the functional group distributions when activated carbons are treated with HNO₃, and there is literature concurrence that strong acid treatment increases the number of acidic surface functionalities, resulting in a higher density of various oxygen-containing functional groups when compared to similar unmodified GAC surfaces. As suggested by Sobolkina and

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coworkers [38], carbon-based materials with high specific surface areas and rich in oxygen-containing functional groups may have a catalytic effect on early C₃S hydration by both direct or indirect mechanisms. The direct mechanism proposed is mediated by the chemisorption of dissolved Ca²⁺ ions on carbon surfaces, which is consistent with the results summarized in Figure 5. Here, the acid-treated GAC-A particles clearly showed a higher Ca²⁺ uptake potential than their untreated GAC counterparts. It follows that a decrease in the concentration of dissolved Ca^{2+} ions at the initial hydration stage may cause an increase in the rate of C₃S dissolution. Furthermore, protons released into the aqueous phase by the acidic functional groups presented by GAC-A particles could decrease the local pH, which has the effect of promoting C_3S hydration [34, 38]. The indirect influence of acid-treated GAC, as suggested by Sobolkina *et al.* [38], may be associated with an increase in the C_3S surface area available for dissolution reactions as the result of the partial deposition of dissolved ionic products on the surfaces of GAC particles, where these particles act as seeds for the nucleation and growth of C-S-H. In contrast, untreated GAC particles show a lower affinity for Ca^{2+} ions as compared to their acid-treated counterparts, yet they exhibit higher adsorption of Ca²⁺ ions and an increased increment of nucleation sites when compared to the control formulation (not including GAC). The appearance of the maximum heat peak for the A-Ø-10% and U-Ø-10% formulations occurred earlier than their respective control formulation. This result could be explained by the promotion of earlier hydration reactions enhanced by the sorption and nucleation behavior suggested herein.

4.1.2 Formulations Containing Metal-laden GAC

Increasing the replacement of fine aggregate (sand) with 10% GAC particles (either GAC-U or GAC-A) loaded with Cu or Cu/Co, however, significantly modifies the hydration kinetics of cement mortars when compared to formulations that did not include GAC. It is well-known that the cement hydration process includes a complex combination of aqueous, dissolution/precipitation, and solid-state reactions that can be influenced by heavy metals—notably including Cu or Co [34, 36]. When any metal-laden GAC was present at a 10% mass substitution level, a significant delay in the early hydration process of all

formulations was observed. Several authors [33, 34, 61, 69] agree that the presence of metals may selectively delay cement hydration reactions due to a reduction of the permeability of cement grains; there is consensus that this curing rate reduction is likely caused by the rapid chemical precipitation of insoluble metal hydroxides on cement grains, which may reduce their permeability to water and other ions. This mechanism may be extended to the GAC surfaces when these particles are laden with Cu or Co. Weeks and coworkers [70] suggested that the curing retardation effect associated with heavy metals could also be induced by the conversion of a metal hydroxide to a metal hydroxyl-species, as this reaction consumes Ca²⁺ and hydroxide ions. This consumption would, in effect, delay the supersaturation of the cement pore water and, hence, the precipitation of C-S-H and portlandite.

A distinct secondary hydration peak associated with the calcium aluminate hydration at the sulfate depletion point was not evident in formulations with metal-laden GAC substitutions at a 10% substitution level (Figure 1c). This result is likely attributable to the partial sequestration of sulfates by GAC particles and/or Cu (as copper sulfate) from the pore solution during early-age hydration [61, 62]. It is important to mention that the formulations U-Cu-10% and U-Cu/Co-10% behaved very similarly during the first 80 hours of cement hydration. This finding can be explained by the fact that these two formulations included the same particle type (*i.e.*, GAC-U) and that the Cu, representing 100% and 74% of the total metal sorbed, respectively, is likely immobilized by surface precipitation as a metal hydroxide [71, 72]. However, in the corresponding formulations containing acid-treated GAC particles (A-Cu-10%), the attachment mechanism is thought to be primarily through ionic interactions with the oxidized functional groups introduced during the acidification process [68, 73]. As a result of having metals associating with GAC particles through markedly different mechanisms, the heat release rates observed were consistent with the pre-treatment of the substituted GAC particles (i.e., acidified or unmodified) (Figure 1c). Comparing the cumulative heat released after 142 h of curing in Figure 1d, the presence of Cu, independent of the type of GAC used, clearly induces a delay in the hydration process. However, in the U-Cu/Co-10% formulation, the effect of Co loading with Cu manifests after 80 h, at which point there

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is an acceleration of the hydration process when compared to the otherwise identical formulation containing only Cu (U-Cu-10%).

4.1.3 Formulations with w/c Ratios Equivalent to GAC Formulations

In the formulations where no fine aggregates were replaced by GAC, but where an amount of water equivalent to that carried by GAC for similar GAC replacements (1% and 10% GAC) was added, the calorimetry results obtained are in agreement with a generality in thermodynamic behavior for OPC formulations [39, 40, 56]. As the w/c ratio increased, the rates of heat liberation decreased, and the primary hydration peak was slightly delayed. This mechanism can be explained by shifts in pore water alkalinity and hydroxide concentrations, which is inversely dependent on the w/c ratio [40, 75].

Additionally, results from isolating GAC and *w/c* as process variables (**Figure 3d**), suggest that extra water sorbed into GAC particles is not readily available during the very early ages (*i.e.*, the first 142 h) of curing. However, after this period of time, additional water may be gradually available. Nevertheless, even if GAC particles in cement mortars may act as a distributed network of micro-reservoirs that sequester and deliver water in response to the progression of the curing process [28, 29], no conclusive evidence could be obtained in this study to show if the extra water associated with these GAC particles was available for otherwise enhanced hydration during the initial 142 h of the curing or if moisture egress from these particles was being blocked by localized nucleation of hydration products surrounding those GAC particles.

4.2 WDS Elemental Mapping

Regardless of GAC preparation, by far the highest metal levels remained at the interface of GAC particles and the bulk cement paste (**Figure 6**). However, it also is evident that some of the metals that were originally sorbed onto GAC particle surfaces experienced some degree of mobilization that resulted in their dispersement in low concentrations throught the matrix. While this metal diffusion away from the GAC particles was relatively small, these metals may be at a level and distribution which influences the cement hydration process according to any or all of the mechanisms previously discussed. Furthermore, WDS elemental mapping from cement paste formulations containing metal-laden GAC particles (GAC-U and GAC-A), showed that in the areas immediately surrounding GAC particles, the concentration of calcium was consistently lower than in the rest of the bulk cement matrix (Figure 7). In contrast, silicon concentrations were equally distributed through the cement matrix, not observing areas with lower concentrations surrounding GAC particles (See Figure S2 in the Supplementary Information). A possible explanation for this result may be the interactions between the hydration products and the biocidal metals present in higher concentrations at the interface of GAC particles and the bulk cement paste. As mentioned by Chen, Q. Y. et al., (2007) [37], metals retard—and may temporarily inhibit—the precipitation of portlandite due to the reduction of pH (*i.e.*, < 12.4) resulting from the hydrolysis of heavy metal ions during C₃S hydration. This portlandite inhibition is even more pronounced in the presence of Cu that may have resulted in lower concentrations of Ca-related products. Additionally, during the earlyage hydration, in C-S-H gel, metals may substitute for Ca, or metal hydroxides may substitute for portlandite. As a result, the Ca/Si ratio of these C-S-H gels is significantly decreased [37]. Another possible explanation, consistent with that of other authors [38], suggests that Ca²⁺ ions can be sequestered by carbon-containing particles in a way that effectively reduces the availability of free Ca^{2+} in their vicinity. Converging lines of evidence suggest that ions in the pore solution can interact with the GAC particles and form deposits of hydrated Ca-rich products, such as C-S-H, portlandite, and ettringite, in or on the GAC, as evidenced by the EDS results and SEM observations (Figure 9). A much more detailed analysis is necessary, however, for clarification of the interaction mechanisms between the metal-laden GAC particles and the development of hydration products around them.



Figure 9: BSE images showing the surface of a GAC particle and morphologies of hydration products (ettringite) formed within the pores of the GAC particle.

5 Conclusions and Significant Findings

The antimicrobial effect of the use of metal-laden GAC particles in cement mortars to specifically inhibit microbially induced concrete corrosion (MICC) has been well documented before as an effective, potentially low-cost, long-term solution [8, 9, 13]. This study provides valuable insights on the use of these biocidal particles, with the aim to elucidate understanding of the effects that these antimicrobial aggregates have on the hydration process and mechanical properties of cement-based materials, and, in this way, expand mechanistic knowledge of materials designed to counter microbially-induced concrete corrosion.

The following statements highlight the conclusions and significant findings of this work:

- The use of 1% GAC replacements, regardless the presence or absence of biocidal metals, did not have significant effects on the hydration process of OPC mortars.
- The replacement of 10% fine aggregate with either GAC-U or GAC-A without associated metals accelerated the early hydration process and yielded a lower maximum heat rate when compared to otherwise identical control formulations.
- All the formulations containing 10% metal-laden GAC replacement exhibited lower maximum heat flows when compared to control formulation and other formulations that included 10% GAC substitutions. The formulations containing metal-laden GAC-U exhibited similar calorimetry

behavior, while the formulation containing metal-laden acid-treated GAC experienced the lowest maximum heat flow and significant delay in heat release.

- The use of higher replacement percentages (*i.e.*, 10%) of metal-lade acid-treated GAC particles did not have significant effects on the set times when compared to control formulations, contrary to what is observed when metal-laden unmodified GAC particles are used in similar replacement percentages.
- No significant difference was observed on the compressive strength behavior between formulations containing GAC-U or GAC-A, regardless of the presence or absence of biocidal metals, when these GAC particles were used as partial replacements (1% or 10% by mass) of fine aggregate in similar mortar formulations.
- Although at trace levels, Cu and Co were detectable throughout the cement matrix even though GAC was the only metal source, indicating that some metals desorbed from the GAC particles during cement hydration. However, metal is evident in relatively high concentrations in the immediate vicinity surrounding the GAC particles (50-100 µm). This implies the need for a correct spatial distribution of these GAC particles to obtain the desired antimicrobial effects.
- Depleted Ca levels were observed near the metal-laden GAC particles (100-150 µm). This depletion is hypothesized to occur in response to the isolated or combined effect of the following mechanisms: interactions between biocidal metals and hydration products, portlandite inhibition resulting from the reduction of pH derived from the hydrolysis of metal ions during the hydration period, metals substitution for calcium during C-S-H gel formation decreasing the Ca/Si ratio of the C-S-H, and/or sorption of Ca²⁺ ions by GAC particles.
- By isolating GAC and w/c as process variables, these results suggest that the extra water sorbed into GAC particles is not readily available during the first 142 h of cement hydration for the mortar formulations investigated herein.

6 Acknowledgments

The authors would like to thank the Bureau of Reclamation (USBR-Denver) for its help with conducting the calorimetry tests. Dr. Aaron Bell in the Department of Geological Sciences at the University of Colorado Boulder is also gratefully acknowledged for his assistance with EMPA. This research was supported by the Mexican National Council for Science and Technology (CONACYT) through Fellowship No.103259 and the Department of Civil, Environmental & Architectural Engineering at the University of Colorado Boulder through a Doctoral Dissertation Completion Fellowship. This work represents the views of the authors and not necessarily those of the sponsors.

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