

1 **Genome-Wide Association Studies of Coffee Intake in UK/US Participants of European**
2 **Ancestry Uncover Gene-Cohort Influences**

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28 **Abstract**

29 Coffee is one of the most widely consumed beverages. We performed a genome-wide
30 association study (**GWAS**) of coffee intake in US-based 23andMe participants ($N=130,153$) and
31 identified 7 significant loci, with many replicating in three multi-ancestral cohorts. We examined
32 genetic correlations and performed a phenome-wide association study across thousands of
33 biomarkers and health and lifestyle traits, then compared our results to the largest available
34 GWAS of coffee intake from UK Biobank (UKB; $N=334,659$). The results of these two GWAS were
35 highly discrepant. We observed positive genetic correlations between coffee intake and
36 psychiatric illnesses, pain, and gastrointestinal traits in 23andMe that were absent or negative in
37 UKB. Genetic correlations with cognition were negative in 23andMe but positive in UKB. The only
38 consistent observations were positive genetic correlations with substance use and obesity. Our
39 study shows that GWAS in different cohorts could capture cultural differences in the relationship
40 between behavior and genetics.

41 Introduction

42 Coffee is a leading global food commodity that has psychoactive properties that are largely
43 due to the presence of caffeine¹. While rates of use and daily intake varies widely by geographic
44 region, it is estimated that approximately 60-85% of adults in Europe and the United States
45 consume between 0.6 to 5.5 cups of coffee daily²⁻⁴. Intake of coffee and its bioactive constituents
46 is associated with benefits on cognitive function⁵ and lower risk of liver disease^{6,7} (but see⁸),
47 Parkinson's and other neurodegenerative diseases^{6,7,9}, cardiovascular disease^{6,7}, type II
48 diabetes^{6,7}, and certain cancers^{6,7,10}. However, coffee intake is also associated with higher risks
49 for some adverse outcomes, including increased risk of other substance use and misuse¹¹⁻¹⁴,
50 some cancers (e.g., lung cancer^{7,10,15}), poor lipid profile^{6,7}, pregnancy loss^{6,7}, gastrointestinal
51 maladies¹⁶, and worse cardiovascular outcomes following excessive intake¹⁷. Given the
52 widespread and regular intake of coffee across the globe, addressing the full spectrum of
53 correlations with health and disease is an important but challenging task.

54 Genetic studies offer a compelling avenue to investigate the relationships between coffee
55 intake and other complex traits. Twin studies that calculate genetic contributions to daily coffee
56 intake estimate it to be 36-56% heritable, suggesting that coffee intake should be amenable to
57 genetic analysis. Whereas phenotypic correlations, which depend on measuring two or more traits
58 in the same cohort, can arise from genetic and environmental factors, genetic correlations assess
59 genetically driven relationships using the results from genome-wide association studies (**GWAS**)
60 and can therefore examine correlations between two or more traits, even if they were measured
61 in entirely non-overlapping cohorts. In the past decade, over a dozen GWAS ($N=1,207-407,072$)
62 have examined coffee intake¹⁸⁻³⁴. Several of these GWAS have found associations with single
63 nucleotide polymorphisms (**SNPs**) within or near genes that metabolize caffeine (**Supplementary**
64 **Table 1**), such as *CYP1A1* and *CYP1A2*^{18-20,23-26,30,32,33}. Some of these loci are also associated
65 with other complex traits, including liver disease³⁵⁻³⁷, cancers³⁸⁻⁴¹, and alcohol consumption⁴²⁻⁴⁴.

66 This pleiotropy could suggest that these other associations are mediated by coffee intake or that
67 these loci also influence these traits via alternative independent mechanisms. Genetic
68 correlations have also been reported between coffee intake with other substance use^{45,46}, reduced
69 gray matter volumes¹⁸, psychiatric illness⁴⁵, osteoarthritis⁴⁷, sleep⁴⁸, body mass index (**BMI**)⁴⁹,
70 type II diabetes⁴⁹, and migraine⁵⁰. However, some genetic correlations were conducted under a
71 *priori* justification (e.g., other substance use traits, sleep) and as such may fail to capture the full
72 scope of genetic correlations between coffee with other traits. Thus, a data-driven examination of
73 trait associations with coffee intake remains unexplored.

74 While coffee is the primary source of caffeine for many, other common dietary sources of
75 caffeine include tea, soft drinks, and chocolate. Consequently, when we refer to coffee intake, we
76 mean explicit measures of coffee intake (e.g., measured as cups/day) and not caffeine intake
77 unless otherwise specified. Intake of other caffeine sources also varies by geographic region
78 based on beverage sales². For example, tea (rather than coffee) is the preferred source of caffeine
79 in the United Kingdom (UK; tea vs. coffee: ~50% vs. 20%) compared to the United States (US;
80 ~10% vs. 30%)². As some genetic studies used data from the UK Biobank (**UKB**) only^{18,47,48,51-53}
81 or combined cohorts across regions with different patterns of caffeinated beverage intake
82 (**Supplementary Table 1**)^{32,33,46}, this distinction may limit generalizability or introduce
83 environmental and cultural confounds that affect the genetic associations between coffee intake
84 and other traits.

85 In this study, we used survey responses from US-based 23andMe, Inc. research
86 participants of European ancestry ($N=130,153$) and performed a GWAS of a single item “How
87 many 5-ounce (cup-sized) servings of caffeinated coffee do you consume each day?”. Using
88 genetic correlations and phenome- and laboratory-wide association studies (**PheWAS**,
89 **LabWAS**), we explored the relationships between coffee intake and thousands of biomarkers,
90 health features, and lifestyle traits to provide a fuller inventory of genetic correlations with coffee

91 intake. We compared our findings from the 23andMe cohort to those from the UKB using publicly
92 available GWAS summary statistics of coffee intake (“How many cups of coffee do you drink each
93 day? (Include decaffeinated coffee)”, $N=334,659$, <http://www.nealelab.is/uk-biobank/>). Although
94 we had originally intended to perform a meta-analysis, our results revealed a lower-than-expected
95 genetic correlation between coffee intake in the two cohorts; therefore, we instead used these
96 datasets to explore cohort differences in coffee intake across these two distinct populations.

97 **Results**

98 **GWAS in the 23andMe US-based cohort replicated seven loci implicated in coffee intake**

99 Participant demographics of the 23andMe cohort are described in **Supplementary Table**
100 **2**. The cohort was 65% male, had a mean age of 52.8 ± 16.9 years old, and an average BMI of
101 28.38 ± 6.54 (range: 14.0-69.1), similar to the US average of 27.5 (95% CI: 25.5-29.4)⁵⁴. The
102 average coffee intake in the cohort was $1.98 (\pm 2.35 \text{ SD})$ cups per day, similar to the coffee intake
103 distributions in UKB ($2.14 \pm 2.09 \text{ SD}$; see **Supplementary Figure 1** and **Supplementary Table**
104 **3** for distributions).

105 We conducted a GWAS of 14,274,006 imputed genetic variants assuming an additive
106 genetic model that included age, sex, the first five genetic principal components, and indicator
107 variables for genotype platforms as covariates (**Supplementary Table 4; Supplementary**
108 **Material** for additional genotyping and GWAS details). The genomic control inflation factor of the
109 GWAS was $\lambda=1.09$, suggesting no substantial inflation due to population stratification. SNP-
110 heritability of coffee intake via Linkage Disequilibrium score regression (**LDSC**) was $7.57\% \pm 0.59$
111 (**Supplementary Table 5**).

112 We identified seven genome-wide significant ($p < 5.00E-08$) independent ($r^2 < 0.1$) loci that
113 were associated with coffee intake (**Figure 1, Table 1; Supplementary Figures 2-8** for locus
114 zoom plots). These associations replicated prior coffee or caffeine GWAS findings

115 **(Supplementary Table 6)**. For example, rs2472297 ($p=3.60E-65$, chr15q24.1) is in the intergenic
116 region between *CYP1A1* and *CYP1A2*, and has been previously associated with coffee and
117 caffeine intake^{18,20,24,26,28,30,32,33,55}. *CYP1A1* and *CYP1A2* encode members of the cryptochrome
118 P450 superfamily of enzymes involved in xenobiotic metabolism²². rs2472297 has also been
119 previously associated with traits like alcohol consumption^{56,57}, clozapine pharmacokinetics⁵⁸,
120 kidney function⁵⁹⁻⁶², and the concentration of biomarkers in urine⁶³⁻⁶⁸. We also identified
121 rs4410790 ($p=5.20E-55$, chr7p21.1), which is located upstream of the *AHR* gene encoding a
122 transcription factor that regulates *CYP1A1/CYP1A2* and is activated by polycyclic aromatic
123 hydrocarbons, which are present in coffee^{22,69}. Prior studies associated rs4410790 and caffeine
124 intake from tea²⁰, as well as with traits like caffeine metabolism²⁸, bitter beverage intake²⁶, and
125 urine biomarkers^{64,66-68,70}. Lastly, rs199612805 ($p=1.80E-10$, chr22q11.23), which is located near
126 *ADORA2A*, was also implicated in coffee intake. This variant was recently associated with
127 caffeine intake from tea and coffee in the UKB²⁰. *ADORA2A* encodes an adenosine G-protein
128 coupled receptor that is inhibited by caffeine to produce stimulating effects⁷¹. The remaining four
129 SNPs – rs34645063, rs28634426, rs117824460, and rs11474881 – were in linkage disequilibrium
130 (LD) with SNPs previously identified by other coffee or caffeine GWAS^{18,20,24,26,28,30,55}. rs34645063
131 ($p=3.30E-09$, chr6q16.1) is a deletion/insertion polymorphism between *MMS22L* and *POU3F2*.
132 rs34645063 is in LD ($R^2=0.74$) with rs754177720 and is also associated with caffeine intake from
133 coffee or tea²⁰. rs28634426 ($p=2.10E-10$, chr7q11.23) is an intronic variant of *STYXL1* in LD with
134 rs17685 ($R^2=0.78$) and rs1057868 ($R^2=0.76$), which were previously implicated by coffee
135 GWAS^{18,20,24,26,30,55}. rs117824460 ($p=1.70E-08$, chr19q13.2) is an intronic variant of *CYP2A6*, and
136 is in LD ($R^2=0.05$) with rs56113850, which was implicated in coffee intake^{20,26} and caffeine
137 metabolism²⁸. *CYP2A6* encodes a cryptochrome P450 superfamily enzyme member that
138 metabolizes nicotine⁷²; rs117824460 has also been associated with smoking traits^{57,73} and serum
139 albumin⁷⁴, C-reactive protein⁷⁵, and liver alkaline phosphatase levels⁶⁶. The final significant
140 variant we identified, rs11474881 (chr20q13.33, $p=1.10E-08$), is an intronic variant of the

141 *PCMTD2* gene; rs11474881 is in LD ($R^2=0.98$) with rs6062679, which was previously implicated
142 in coffee and tea intake and bitter beverage consumption²⁶. We used three additional multi-
143 ancestral cohorts to replicate these findings (**Table 1; Supplementary Table 3**). Of the SNPs that
144 passed QC, all replicated in a larger sample of 23andMe research participants of European
145 ancestry ($N=689,661$), all replicated in those with African American ancestry ($N=32,312$), and one
146 replicated in those of Latin American ancestry ($N=124,155$).

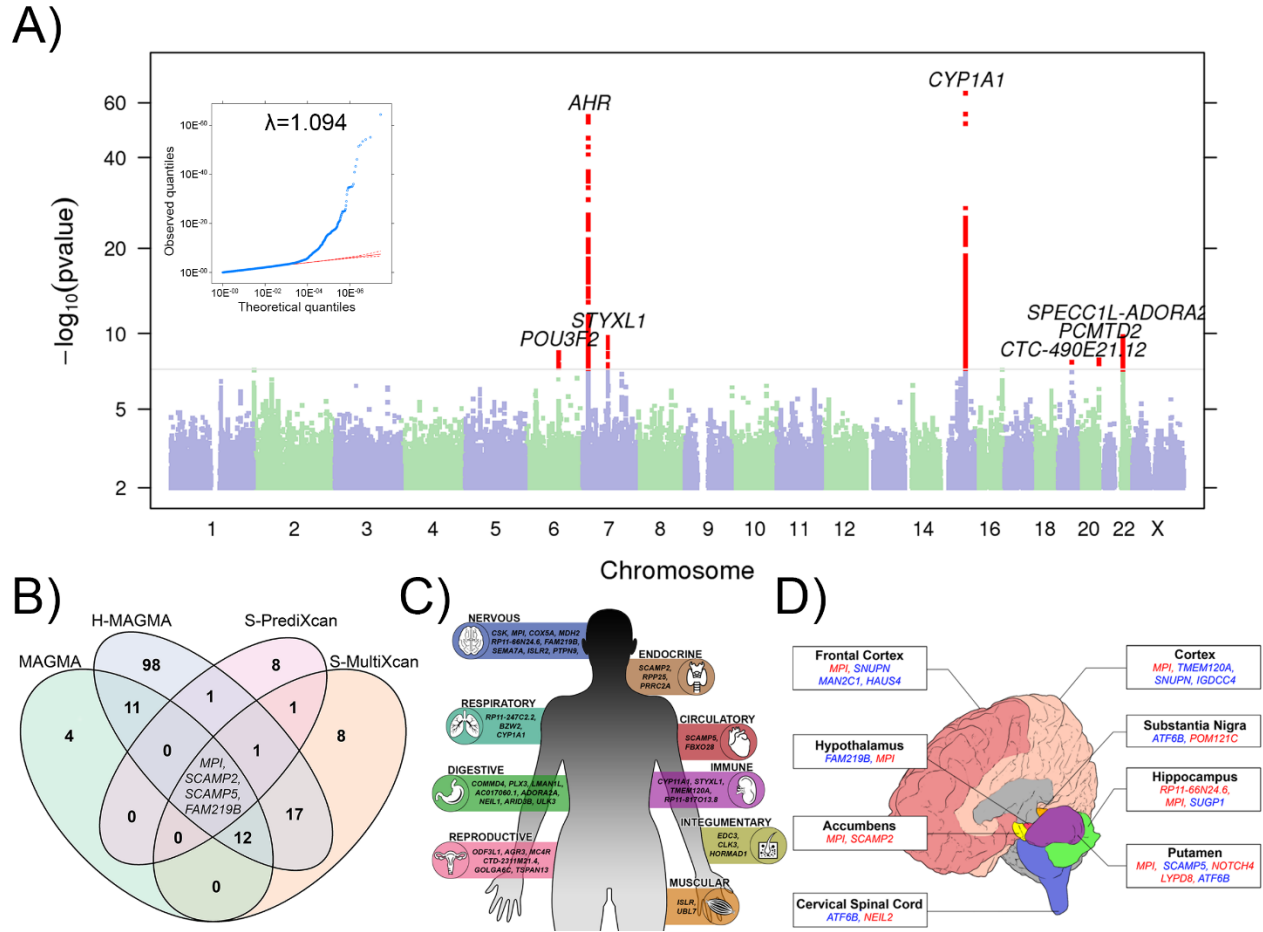
147 We also report several notable nominal associations with coffee intake ($p<1.00E-06$,
148 **Supplementary Table 6**). rs72790130 ($p=5.50E-08$, chr16q23.3) and rs2155645 ($p=9.80E-07$,
149 chr11q23.2) are intronic variants of two cell adhesion molecule genes, *CDH13* and *NCAM1*,
150 respectively. Both genes have been previously implicated in substance use traits by other
151 GWAS^{20,57,76-82} and candidate gene studies in humans and animal models⁸³⁻⁸⁸. rs2155645 is also
152 in LD with rs2298527 ($R^2=0.43$), which was previously implicated in daily caffeine intake from
153 coffee²⁰. rs11204734 ($p=2.90E-07$, chr1q21.3) is an intronic variant of *ARNT*; its protein
154 heterodimerizes with *AHR* and binds to xenobiotic response elements to regulate transcription of
155 *CYP1A1* and *CYP1A2*²². Finally, rs340019 ($p=2.10E-07$, chr15q22.2) is an intronic variant of
156 *RORA*, which is involved in circadian rhythm and metabolic regulation, among other functions⁸⁹.
157 rs340019 is in LD with rs12591786 ($R^2=0.25$), which was implicated in daily caffeine intake from
158 cups of coffee and tea²⁰.

159 **Table 1.** Significant ($p < 5.00E-08$) GWAS results for coffee intake from 23andMe research participants ($N=130,153$) of European
160 ancestry (**EA**). Replication (**EA Rep**) was conducted in an additional cohort of 23andMe participants of EA ($N=689,661$), and in those
161 with African American ancestry (**AA**; $N=32,312$) and Latin American ancestry (**LA**; $N=124,155$); *SNPs that did not pass QC in
162 replication. See **Supplementary Table 6** for additional information.

SNP	BP	Alleles	Cytoband	p value	EA EAF	Effect	EA Rep p value	EA Rep EAF	AA p value	AA EAF	LA p value	LA EAF	Nearest gene(s)
rs2472297	75027880	C/T	chr15q24.1	3.60E-65	0.23	0.08	1.28E-234*	0.24	3.09E-05	0.07	5.47E-47*	0.14	CYP1A1, CYP1A2
rs4410790	17284577	C/T	chr7p21.1	5.20E-55	0.38	-0.06	7.58E-212*	0.38	4.52E-15	0.52	9.89E-60*	0.55	AGR3, AHR
rs199612805	24843991	D/I	chr22q11.23	1.80E-10	0.01	-0.10	2.48E-29	0.015	1.28E-07	0.08	6.32E-13	0.02	ADORA2A, UPB1
rs28634426	75675594	G/T	chr7q11.23	2.10E-10	0.20	0.03	3.08E-16	0.24	0.08	0.32	8.17E-06	0.27	STYXL1

rs34645063	9859107 5	D/I	chr6q16.1	3.30E -09	0.47	-0.02	5.23E-16	0.48	0.05	0.6 5	4.35E-06*	0.5 8	<i>MMS22L, POU3F2</i>
rs11474881	6289295 6	D/I	chr20q13.3 3	1.10E -08	0.55	-0.02	2.36E-12	0.55	.21	0.4 5	0.02*	0.6 2	<i>PCMTD2</i>
rs11782446 0	4137148 0	A/G	chr19q13.2	1.70E -08	0.03	-0.06	2.00e-07	0.03	0.08	0.0 1	0.08	0.0 2	<i>CTC- 490E21.1 2</i>

163



164

165 **Figure 1. GWAS and secondary analyses of coffee intake from the 23andMe cohort. A)**
 166 **Manhattan plot displays seven genome-wide significant loci for coffee intake in the 23andMe**
 167 **cohort ($N=130,153$). The horizontal line represents the threshold for significance ($p=5.00E-08$).**
 168 **Nearest protein-coding genes ($<1\text{Mb}$) to significant loci are labeled. Quantile-quantile plot shown**
 169 **in upper left corner. For more details, see **Table 1** and **Supplementary Table 6.** B) **Overlap of**
 170 **genes identified by MAGMA, H-MAGMA, S-PrediXcan, and S-MultiXcan. Genes identified by all**
 171 **four methods are displayed. C) **Genes predicted to affect coffee intake identified by S-MultiXcan**
 172 **according to the most significantly associated biological systems. For more details, see**
 173 **Supplementary Table 9. D) **Genes implicated in coffee intake by S-PrediXcan according to brain**
 174 **regions. Upregulated genes are shown in red, downregulated shown in blue. For more detail, see**
 175 **Supplementary Table 10.********

176 **Gene-based and tissue enrichment analyses suggest coffee intake is primarily**
177 **associated with gene expression in the brain**

178 We used gene- and transcriptome-based analyses (MAGMA, H-MAGMA, S-MultiXcan/S-
179 PrediXcan) and identified 165 target candidate genes that may be most relevant to coffee intake.
180 MAGMA identified 31 genes implicated in coffee intake in physical proximity to GWAS loci
181 (**Supplementary Table 7**). H-MAGMA, which maps SNPs to genes via chromatin interaction from
182 human brain tissue, implicated 143 unique gene-tissue pairs showing expression specific to cell
183 type (75.16% neuron [31.30% cortical neuron, 33.04% iPSC derived neurons; 35.65% midbrain
184 dopamine neurons], 24.83% astrocyte) and developmental (48.00% fetal, 52.00% adult)
185 (**Supplementary Table 8**). Finally, S-MultiXcan predicted significant transcriptional regulation of
186 40 genes implicated in coffee intake dispersed across 20 tissues (**Figure 1C; Supplementary**
187 **Table 10**). Of the top biological systems implicated by S-MultiXcan, nine were attributed to the
188 nervous system (brain $N=5$; tibial nerve $N=4$), eight to the digestive system (esophagus $N=6$;
189 pancreas $N=1$; small intestine $N=1$), and six to the reproductive system (testis $N=4$; prostate $N=2$;
190 **Figure 1C**). Fifty percent of these genes were predicted to be downregulated in the digestive and
191 reproductive systems, whereas 66.67% of nervous system genes were predicted to be
192 upregulated. Cortical enrichment was further supported by S-PrediXcan (**Figure 1D**), showing
193 that SNPs associated with coffee intake most frequently correlated with predicted gene
194 expression in overall cortical and frontal cortical regions ($N=4$ /tissue), as well as the putamen
195 ($N=5$). Overall, four genes (*SCAMP2*, *SCAMP5*, *MPI*, and *FAM219B*) were identified by all four
196 methods, and six of the 165 discovered genes (*FBXO28*, *NEIL2*, *HAUS4*, *IGDCC4*, *RP11-*
197 *298/3.5*, *RP11-298/3.5*) were not within 1Mb of SNPs identified by prior GWAS of coffee or
198 caffeine traits (**Supplementary Table 11; Figure 1B; Table 2**). These novel genes have been
199 associated with substance use (e.g., *HAUS4* and smoking initiation⁷³), educational outcomes

200 (e.g., *HAUS4* and educational attainment⁹⁰), and biomarkers (e.g., *FBXO28* and mean platelet
201 volume⁹¹; *IGDCC4* and mean corpuscular volume⁹²).

202 Next, we used MAGMA gene-set analysis to identify biological pathways that may be most
203 strongly associated with coffee intake. This analysis revealed significant enrichment ($p=4.75E-$
204 07) in pathways related to the metabolism of xenobiotics or foreign substances (i.e., chemicals)
205 (**Supplementary Table 12**).

206 MAGMA tissue-based enrichment analyses suggested that coffee intake was only
207 significantly associated with brain tissue (**Supplementary Figure 9A**). More specifically,
208 differential expression by coffee intake was enriched ($p<9.25E-04$) in the frontal cortex, overall
209 cortex, cerebellum, and cerebellar hemispheres (**Supplementary Figure 9B**; **Supplementary**
210 **Table 12**), consistent with the S-PrediXcan findings (**Supplementary Table 9**).

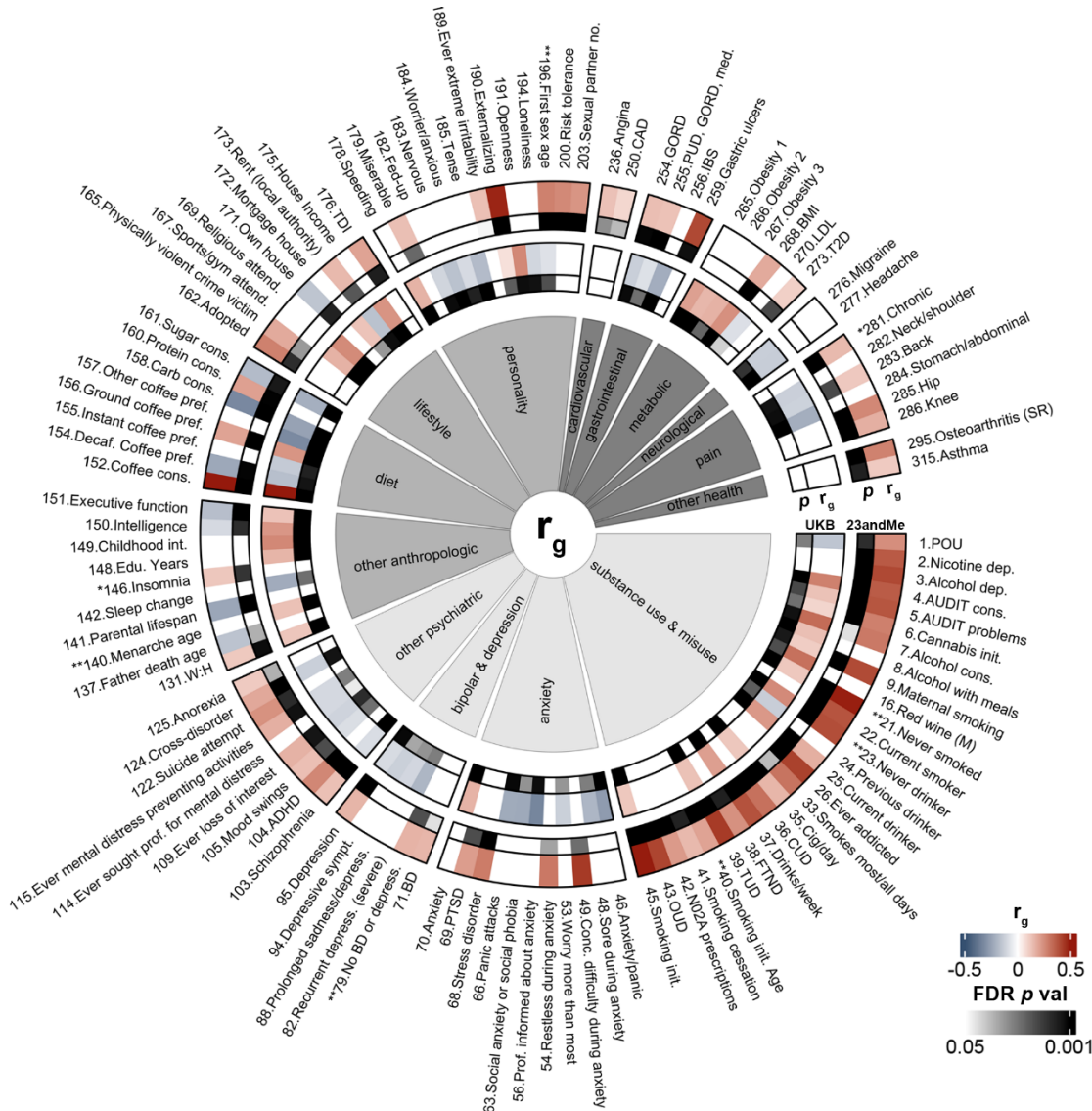
211 **Genetic correlation and polygenic score analyses of coffee intake in US- and UK-based**
212 **cohorts reveal discrepant associations with health and psychiatric traits, but consistent**
213 **positive associations with substance use and obesity**

214 To boost statistical power and identify novel genes associated with coffee intake, we
215 sought to meta-analyze our data (**metaGWAS**) with those from the UKB using METAL⁹³. As a
216 preliminary step to determine the appropriateness of a meta-analysis, we examined the genetic
217 correlation between coffee intake in the 23andMe and UKB cohorts. Surprisingly, the two datasets
218 were only moderately correlated ($r_g=0.63$, $p=3.54E-43$), although all top loci ($p<5.0E-05$) shared
219 direction of effect and had similar effect strengths (**Supplementary Figure 10**). In addition, the
220 estimated LDSC SNP_{h^2} heritability of coffee intake of our metaGWAS was slightly lower than for
221 both the univariate GWAS (metaGWAS $SNP_{h^2}=4.09\% \pm 0.26$ vs. 23andMe $SNP_{h^2}=7.57\% \pm 0.59$
222 vs. UKB $SNP_{h^2}=4.85\% \pm 0.33$; **Supplementary Table 5**). We interpreted these results as an

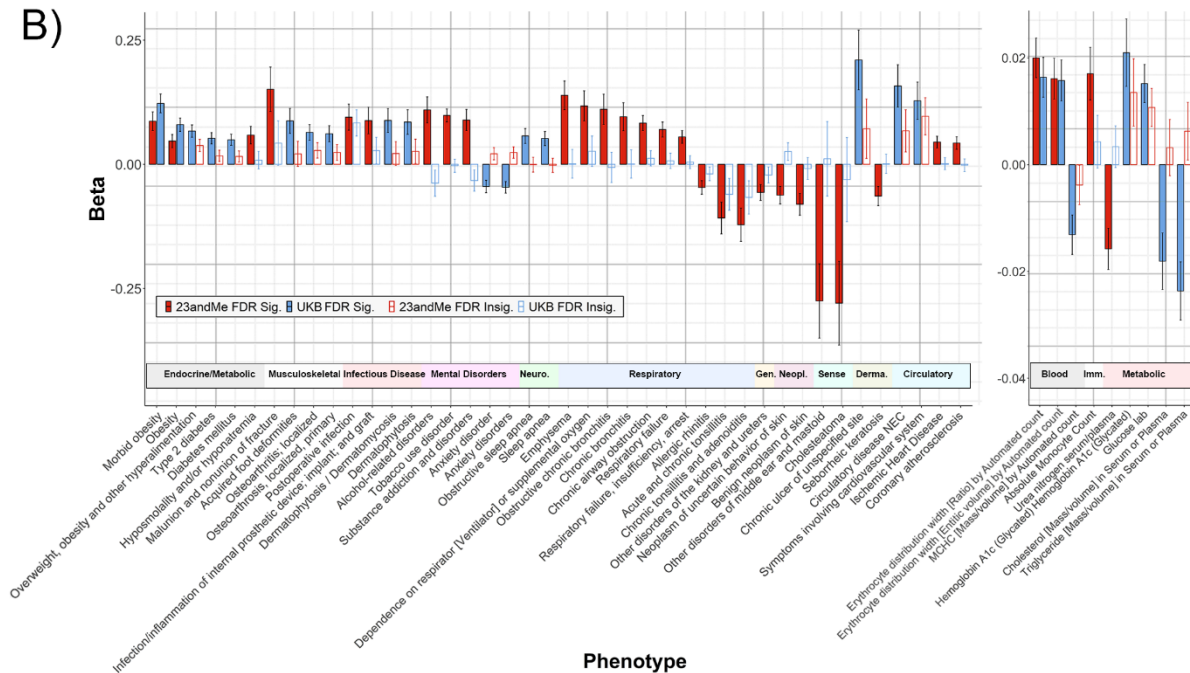
223 indication of cohort heterogeneity and proceeded to analyze genetic associations with coffee
224 intake in each cohort independently.

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A)



B)



226 **Figure 2. Discordant genetic and phenotypic associations with genetic disposition to**
227 **coffee intake in US and UK cohorts. A)** Comparison of genetic correlations across psychiatric
228 (light gray), anthropologic (medium gray), and health (dark gray) traits between 23andMe (lanes
229 1 and 2) and UKB (lanes 3 and 4). Lanes 1 and 3 show r_g values calculated by LDSC, and lanes
230 2 and 4 show FDR-corrected p values. Only traits for which at least one cohort was FDR-
231 significant are displayed. For a full list of correlations and trait names, see **Supplementary Table**
232 **14**. Most signals persisted after conditioning for dietary sugar, cigarettes per day, and Alcohol
233 Use Disorder Identification (**AUDIT**) Consumption scores using mtCOJO⁹⁴ (**Supplementary**
234 **Tables 15-16; Supplementary Figures 11-12**). Genetic correlations for traits denoted with *
235 could not be calculated in both cohorts; ** denotes reverse coding. **B)** Phenomic associations
236 (panel 1: PheWAS ($p < 3.62E-05$), panel 2: LabWAS ($p < 1.57E-04$)) identified from PGS of coffee
237 intake from 23andMe and UKB summary statistics. Only traits for which at least one cohort was
238 FDR-significant are displayed (saturated bars=FDR significant; desaturated bars=FDR non-
239 significant). neuro.=neurological; gen.=genitourinary; neopl.=neoplasms; sense=sense organs;
240 derma.=dermatologic; imm.=immune. For full trait names and more detail, see **Supplementary**
241 **Table 18-19**.

242

243 To further understand these discrepancies, we performed a series of genetic correlation
244 and polygenic score analyses. First, we examined the genetic architecture of coffee intake
245 measured in 23andMe and UKB by comparing patterns of LDSC genetic correlation (r_g) with 317
246 traits across 20 health, psychiatric, and anthropologic categories from publicly available GWAS
247 summary statistics (**Figure 2A; Supplementary Table 14**). After accounting for multiple testing,
248 75 traits were genetically correlated with coffee intake in the 23andMe cohort and 74 traits in the
249 UKB cohort. These associations could be underpinned by other unmeasured factors, like sugar
250 intake from coffee sweeteners or smoking and alcohol use⁹⁵. However, these patterns of genetic
251 correlations persisted after conditioning on dietary sugar intake, cigarettes smoked per day, and
252 alcohol consumption measured by the Alcohol Use Disorder Identification Test (**AUDIT**;
253 **Supplementary Tables 11-12; Supplementary Tables 15-16**). Strikingly, of the traits significant
254 in at least one cohort, only 34 (29.57%) were significant in both datasets, and only 58.82% of the
255 traits significant in both datasets shared the same direction of correlation.

256 Among the traits that were significant and consistent in direction for both cohorts, we
257 observed positive genetic correlations between coffee intake and substance use phenotypes. For
258 example, we identified positive genetic correlations with smoking initiation (23andMe: $r_g=0.50$,
259 $p=4.74E-47$; UKB: $r_g=0.12$, $p=1.89E-06$), drinks per week (23andMe: $r_g=0.39$, $p=3.38E-28$; UKB:
260 $r_g=0.21$; $p=1.39E-14$), and cannabis initiation (23andMe: $r_g=0.28$, $p=1.34E-08$; UKB: $r_g=0.09$,
261 $p=5.61E-03$). The strength of genetic correlations for substance use and misuse traits significant
262 in at least one cohort was stronger in 23andMe compared to the UKB (0.30 ± 0.03 vs. 0.09 ± 0.02 ;
263 Welch's $t(51.97)=5.96$, $p=2.23E-07$). For example, associations with substance use disorder and
264 dependence traits were mostly observed in the 23andMe cohort and were weaker or not observed
265 in the UKB, such as for tobacco use disorder, opioid use disorder, cannabis use disorder, nicotine
266 dependence, and alcohol dependence ($r_g=0.24$ to 0.44 , $p=6.54E-23$ to $2.12E-03$), as well as
267 externalizing (23andMe: $r_g=0.48$, $p=7.21E-41$; UKB: $r_g=0.07$, $p=4.37E-03$), which is highly
268 correlated with substance use and misuse⁹⁶. Cluster analysis showed that genetic correlations for
269 coffee intake in both cohorts aligned more with general substance use than misuse
270 **(Supplementary Figure 13)**.

271 Metabolic traits were largely congruent in their positive genetic correlations with coffee
272 intake in both cohorts. For example, BMI (23andMe: $r_g=0.19$, $p=1.61E-11$; UKB: $r_g=0.25$, $p=7.85E-$
273 26) and waist-to-hip ratio (23andMe: $r_g=0.12$, $p=4.33E-04$; UKB: $r_g=0.13$, $p=3.96E-07$) were
274 positively genetically correlated with coffee intake in both datasets. Also consistent across cohorts
275 were the lack of significant genetic correlations with most cardiovascular and cancer traits.

276 The majority of traits were only significant in one cohort or showed discrepancies in the
277 direction of association. For example, coffee intake measured in the 23andMe dataset was
278 positively genetically correlated with anxiety-related traits ($r_g=0.22$ to 0.44 , $p=1.41E-05$ to $8.53E-$
279 03). In contrast, all significant genetic correlations between coffee intake and anxiety-related traits
280 in the UKB were negative ($r_g= -0.33$ to -0.12 , $p=5.49E-06$ to $8.12E-03$), except clinically diagnosed

281 anxiety ($r_g=0.17$, $p=1.39E-05$). We also identified significant positive genetic correlations with
282 cross-disorder, attention deficit hyperactivity disorder, schizophrenia, and anorexia ($r_g=0.12$ to
283 0.27 , $p=1.00E-07$ to 0.01) that were exclusive to the 23andMe dataset, whereas these
284 associations were not apparent or were negatively genetically correlated in the UKB ($r_g= -0.13$ to
285 0.02 , $p=1.01E-04$ to 0.55). Significant positive correlations with cognitive variables, such as
286 executive function and intelligence, were found in the UKB ($r_g= 0.13$ to 0.23 , $p=4.55E-08$ to $8.04E-$
287 23), though these were negatively genetically correlated in 23andMe ($r_g= -0.17$ to -0.10 , $p=7.83E-$
288 08 to $2.06E-03$). Certain correlations with physical health traits also differed between cohorts.
289 While correlations with most gastrointestinal traits in the 23andMe cohort were positive, such as
290 a positive genetic correlation with gastric ulcers ($r_g=0.41$, $p=3.58E-03$), the corresponding genetic
291 correlations observed in the UKB were either non-significant or negative ($r_g= -0.22$ to 0.12 ,
292 $p=1.34E-06$ to 0.88). Positive genetic correlations with chronic pain as well as back, hip, and knee
293 pain were observed in the 23andMe dataset ($r_g=0.12$ - 0.26 , $p=9.02E-08$ - $3.58E-03$), yet only
294 negative genetic correlations with pain traits were reported in the UKB ($r_g=-0.22$ to -0.12 , $p=6.23E-$
295 04 - $2.54E-06$). Across all health and psychiatric traits that were significant within each cohort, all
296 traits showed a positive genetic correlation with coffee intake in 23andMe participants. Only
297 41.3% of correlations were positive in the UKB.

298 We observed similar discrepancies when we extended our results to a health-care system
299 population (**Figure 2B**). We conducted PheWAS and LabWAS by testing the association between
300 polygenic scores (**PGS**) for coffee intake derived from 23andMe or the UKB with 1,655 medical
301 traits and biomarkers. We identified 31 PheWAS and LabWAS traits that met the 5% FDR
302 significance threshold using the 23andMe PGS, and 24 using the UKB PGS (**Supplementary**
303 **Tables 17 and 18**). Only two endocrine traits (i.e., obesity and morbid obesity) and two biomarkers
304 related to red blood cells were consistent in significance and direction of association. Otherwise,
305 all significant associations were observed when testing PGS generated from one cohort but not

306 the other. For instance, when coffee intake PGS were derived from 23andMe, among the top
307 positive PheWAS and LabWAS associations were substance use disorders and respiratory
308 conditions (e.g., chronic airway obstruction, emphysema, and respiratory failure) and absolute
309 monocyte count. Among the top negative associations derived from 23andMe PGS were those
310 with sense organs, neoplasms, certain respiratory conditions (i.e., allergic rhinitis, acute and
311 chronic tonsillitis, chronic tonsillitis and adenoiditis), and urea nitrogen serum/plasma. When
312 coffee intake PGS were derived from UKB, among the top positive PheWAS and LabWAS
313 associations were endocrine and musculoskeletal disorders, as well as the two metabolic
314 biomarkers, glycated hemoglobin A1c and glucose. The only significant negative PheWAS and
315 LabWAS associations from UKB-derived PGS were with anxiety disorders, and biomarkers
316 related to blood (mean corpuscular hemoglobin concentration) and metabolic (cholesterol and
317 triglycerides in serum or blood) traits.

318 **Discussion**

319 In this study, we contributed to the existing GWAS literature of coffee intake by analyzing
320 a US population of 130,153 participants. We uncovered seven loci associated with coffee intake,
321 most of which were in genes implicated in metabolic processes. Coffee related variants were
322 significantly enriched in the central nervous system. Despite prior evidence that coffee intake
323 confers health benefits, we found genetic correlations mostly with adverse outcomes in both
324 cohorts, particularly substance use disorders and obesity-related traits, in both cohorts.
325 Relationships with other medical, anthropologic, and psychiatric traits were inconsistent in the US
326 and UK cohorts, suggesting that differences between populations may affect coffee intake GWAS
327 results and its genetic relationships with other traits.

328 Our GWAS replicated prior associations with genes and variants implicated in coffee and
329 caffeine intake as well as other metabolic and xenobiotic processes²⁸, including rs2472297 near
330 *CYP1A1/CYP1A2*^{18,24,26,33,46} and rs4410790 near *AHR*^{18,23,24,26,27,46,97}, even though our study

331 sample was smaller compared to other GWAS ($N=125,776-373,522^{20,24,26}$). Gene-based analyses
332 uncovered 165 candidate genes, including four genes that overlapped across all four analyses:
333 *MPI*, *SCAMP2*, *SCAMP5*, and *FAM219B*, all of which have been implicated in a prior coffee
334 GWAS¹⁸. These overlapping genes have other associations with substance use and medical
335 biomarkers including blood pressure, hypertension, and LDL cholesterol^{91,98-104}. We identified
336 gene enrichment in brain tissues across the frontal cortex, putamen, and hippocampus, consistent
337 with prior GWAS showing enrichment for SNPs associated with coffee and caffeine in the central
338 nervous system^{18,20,26}. This is supported by brain imaging studies across cortical and subcortical
339 areas showing morphological¹⁰⁵⁻¹⁰⁸ and functional^{109,110} differences between those who habitually
340 drink coffee compared to those who do not.

341 One of the most striking observations of this study is the breadth and magnitude of positive
342 associations between coffee intake with substance use. It is widely believed that use of one
343 substance heightens risk for use of other substances and that there are common genetic risk
344 factors for any substance use^{111,112}; coffee, which is not generally considered a drug of misuse,
345 does not appear to be exempt from this. We identified positive genetic correlations between coffee
346 intake and other substances (i.e., tobacco, alcohol, cannabis and opioid use), as well as relevant
347 personality traits like externalizing behavior. The genetics of coffee intake aligned with substance
348 consumption phenotypes, corroborating prior GWAS and twin studies¹¹³⁻¹¹⁵ (but see²³), but not
349 with substance misuse. This is perhaps unsurprising because the phenotype probed by the
350 23andMe and UKB cohorts focuses on quantity rather than clinically-defined dependence. We
351 and others previously demonstrated that the genetic architectures of other substance intake
352 versus problematic use are unique^{43,111,116-119}, and this is likely also true for coffee.

353 We found consistent positive genetic correlations with BMI and obesity in both 23andMe
354 and the UKB. This is in contrast to meta-analyses of randomized control trials and epidemiological
355 studies that found unclear effects by any coffee or decaffeinated coffee intake on waist
356 circumference and BMI-defined obesity, and a modest inverse relationship between coffee intake

357 and BMI^{120,121}. Results for these studies are highly heterogeneous, likely due to interindividual
358 variability in the inclusion of sugary coffee additives, cultivation, roasting, and brewing conditions
359 affecting its chemical makeup^{9,122}, and other habits surrounding coffee intake (e.g., concurrent
360 food intake or appetite suppression by nicotine if smoking concurrently¹²³). This contentious
361 relationship may also be explained by the amount of coffee intake, as greater coffee intake seems
362 to attenuate the genetic associations with BMI and obesity⁴⁹, possibly due to the appetite
363 suppressant effects of caffeine¹²⁴. Alongside accounting for other dietary intake, detailed
364 accounting of coffee preparation, and consumptive habits formed with coffee intake, future
365 subgroup analyses may help explain discrepant associations between the genetics and
366 prevalence of coffee intake with BMI-related traits.

367 We did not recapitulate the beneficial phenotypic relationships between coffee intake and
368 a variety of health outcomes that are generally reported by health association studies^{6-8,10,125-137},
369 perhaps because our study focused on the genetic relationship between coffee intake and other
370 medical outcomes, or because our study focused on coffee intake and not caffeine intake. At the
371 genetic level, we find no evidence of a common genetic background that could explain the
372 beneficial effects of coffee on 29 cancers, Alzheimer's disease/dementia/cognitive impairments,
373 Parkinson's disease, diabetes, cirrhosis, most cardiovascular conditions, or gout. In fact, some of
374 these associations (e.g., cardiovascular traits and type II diabetes) were positive in the 23andMe
375 cohort but showed no significant associations in the UKB cohort. Similarly, phenome-wide
376 analysis did not support prior cancerous, metabolic, cardiovascular, or neurological health
377 advantages of coffee intake^{6-8,10,126-136,138}. Although this may seem discrepant to phenotypic
378 associations that generally report health benefits of coffee intake, recent meta-analysis of over
379 100 phenotypic studies on coffee intake health outcomes suggest high levels of heterogeneity
380 across cohorts^{6,7}, especially across geographically separated populations⁶.

381 We found many opposing relationships with the genetics of coffee intake between
382 23andMe and UKB. For example, genetic correlations with pain, psychiatric illnesses, and

383 gastrointestinal traits were positively genetically correlated with coffee intake in 23andMe, but
384 these associations were negative in the UKB. Inversely, the UKB analysis revealed that coffee
385 intake was positively genetically correlated with cognitive traits, such as executive function and
386 intelligence, corroborating prior evidence¹³⁹⁻¹⁴², yet genetic correlations with these two traits were
387 negative in 23andMe. Multiple PheWAS associations were also discordant. When PGS were
388 derived from 23andMe, we observed heightened odds between genetic liability for coffee intake
389 and respiratory illnesses, ischemic heart disease, infection, and alcohol-related disorders. Higher
390 odds for musculoskeletal and sleep conditions were mostly associated with coffee PGS generated
391 from the UKB. Only 11 out of the 42 phenotypes associated with coffee intake PGS showed
392 negative associations, and none of these purported health “benefits” were consistently observed
393 in both cohorts. Whereas the coffee intake PGS from 23andMe was associated with lower odds
394 for ear conditions, skin neoplasms, allergic rhinitis, and tonsillitis, the PGS of coffee intake from
395 the UKB was associated with a lower risk of anxiety disorders. Also of note is that the number of
396 positive genetic correlations and PGS associations between coffee intake and these other traits
397 was greater when analyzed using data from the 23andMe cohort versus from the UKB, and the
398 strength of these associations was usually stronger. Partially consistent with this, one meta-
399 analysis of mortality found an inverse relationship between coffee intake and all-cause mortality
400 in European but not US studies¹⁴³.

401 Our study shows that cultural, cohort, or geographic influences could affect the inferred
402 genetic architecture of coffee intake and its associations with other health and lifestyle outcomes.
403 Geographic regions may have an observable influence on GWAS results¹⁴⁴. We observed no
404 significant differences in subtle geographic differences on coffee intake correlations using location
405 data available in the UKB (**Supplementary Figure 14**), suggesting cultural differences may
406 contribute more to the cohort variations we report here. There is considerable variation in how or
407 with whom one may consume coffee that could be subject to cultural influence. Caffeinated
408 beverage sales, for instance, suggest that coffee and carbonated caffeinated beverages are more

409 preferred in the US than the UK², whereas tea is the preferred source of caffeine in the UK and
410 may modify coffee intake² (**Supplementary Figure 15**). Higher levels of coffee intake or caffeine
411 from high caloric beverages in the US cohort may partially explain the higher number and
412 magnitude of negative health associations observed in the 23andMe analysis. Even across coffee
413 beverage subtypes, the concentration of caffeine, other coffee chemical constituents, and
414 manufacturing byproducts (e.g., plastics and metals from packaging) varies and thus may be
415 important parameters in health associations^{122,145,146}. A recent investigation revealed the volume
416 of ground or instant coffee is important to the potential health effects of its intake¹⁴⁷; instant coffee
417 (~60 mg of caffeine per cup) is more commonplace in the UK whereas fresh brewed coffee (~85
418 mg of caffeine per cup²⁰) is preferred in the US². Cultural differences in coffee intake could help
419 explain the divergent patterns of health and lifestyle associations between UK and US
420 participants, though the relative contributions of culture, geography, and their interactions to these
421 differences will need further exploration.

422 There are multiple caveats to consider when interpreting our findings. Firstly, our study
423 does not address causality between coffee intake and other health and lifestyle traits. Mendelian
424 randomization (**MR**) studies have attempted to address the exposure-outcome relationships
425 between two traits by using genetic instruments (i.e., SNPs identified by GWAS) as proxies for
426 exposure and associating them with an outcome of interest. For example, MR using genetic
427 markers associated with coffee intake suggest that coffee consumption has no causal effect on
428 obesity and endocrine disorders, despite observational studies suggesting protective effects of
429 coffee¹⁴⁸. Similarly, MR studies of coffee and other substance use (e.g., tobacco, alcohol,
430 cannabis) are also contentious^{149,150}, with evidence that inconsistencies may be driven by gene-
431 cohort confounds such as those we found in this study¹⁵¹. Secondly, the phenotype examined by
432 23andMe was exclusively caffeinated coffee intake, with one cup defined as 5 ounces, whereas
433 the UKB also included decaffeinated coffee and did not explicitly define the volume of one cup.
434 The caffeine content within coffee was also not directly measured. However, secondary analysis

435 using summary statistics of estimated caffeine intake from any coffee subtype in the UKB²⁰ yielded
436 remarkably similar patterns of genetic correlations as those derived from our GWAS of cups of
437 coffee consumed (**Supplementary Figure 16, Supplemental Table 14**). This analysis
438 presumably mitigated the relative contribution of decaffeinated coffee (3mg of caffeine per cup
439 versus 60 to 85mg per cup of caffeinated coffee²⁰) to the revealed genetic associations, so we do
440 not believe the cohort discrepancies are driven by the inclusion of decaffeinated coffee drinkers
441 in the UKB. Another consideration is the possible health effects of non-caffeine coffee
442 components, which are comparatively under-investigated⁹, such as other coffee bean
443 phytochemical and drink additives. Furthermore, while it is unlikely that the discrepancies in
444 genetic associations are driven by age, which is similar between cohorts (approximately 53 years
445 old in 23andMe versus 57²⁰ years old in UKB), these cohorts skew older than the population
446 average. They are also of above average socioeconomic status¹⁵² and are of European descent,
447 limiting generalizability of our findings to a larger population. Some studies also show sex-
448 dependent differences in coffee and caffeine metabolism and health associations with
449 intake^{138,153,154}, which was not examined in our study.

450 Overall, we present striking differences in genetic associations of coffee intake across two
451 large cohorts of European ancestry. While some genetic signals replicate across diverse cohorts,
452 such as our GWAS findings and the associations between coffee intake with substance use and
453 obesity traits, other associations may be obscured by cohort or cultural differences related to the
454 phenotype in question. Our study provides a cautionary perspective on combining large cohort
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456

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506 **Author Contributions**

507 SSR and AAP conceived the idea. PF and SLE contributed formal analyses and curation
508 of 23andMe data. HHAT contributed to formal analyses, investigation, and data visualization. BP,
509 AA, and NCK contributed to formal data analysis and data visualization. JJM and LVR contributed
510 to formal analyses. JM contributed to data visualization. HHAT and SSR wrote the manuscript.
511 All authors reviewed and edited the manuscript.

512 **Competing interests**

513 PF and SLE are employees of 23andMe, Inc., and hold stock or stock options in 23andMe.
514 AAP is on the scientific advisory board of Vivid Genomics for which he receives stock options.

515 **Materials and Correspondence**

516 Correspondence and material requests should be directed to Sandra Sanchez-Roige,
517 sanchezroige@ucsd.edu.

518 **Data availability**

519 We will provide 23andMe summary statistics for the top 10,000 SNPs upon publication.
520 Full GWAS summary statistics will be made available through 23andMe to qualified researchers
521 under an agreement with 23andMe that protects the privacy of the 23andMe participants.
522 Please visit (<https://research.23andme.com/collaborate/#dataset-access/>) for more information
523 and to apply to access the data.

524 **Methods**

525 **Study cohorts, coffee intake and univariate GWAS**

526 23andMe. Univariate GWAS was conducted in a sample of 130,153 male and female
527 research participants of the genetics testing company 23andMe, Inc, as previously described¹⁵⁵.
528 Participants provided informed consent and volunteered to participate in the research online,
529 under a protocol approved by the external AAHRPP-accredited IRB, Ethical & Independent (E&I)
530 Review Services. As of 2022, E&I Review Services is part of Salus IRB
531 (<https://www.versiticlinicaltrials.org/salusirb>). During 4 months in 2015 and 14 months between
532 2018-2020, participant responses to the question “How many 5-ounce (cup-sized) servings of
533 caffeinated coffee do you consume each day?” were collected as part of a larger survey.
534 Participants categorized as of European descent by genotype data were included in the univariate
535 GWAS (see **Supplementary Material**)¹⁵⁶. Participant demographics are presented in
536 **Supplementary Table 2**.

537 DNA extraction and genotyping were performed from saliva samples by clinical laboratories
538 CLIA-certified and CAP-accredited by the Laboratory Corporation of America. 23andMe, Inc.
539 conducted all quality control, imputation, and univariate genome-wide analyses as previously
540 described (see **Supplementary Table 4** for SNPs analyzed following quality control and
541 imputation)^{157,158}. Variants were imputed based on an imputation panel combining 1000 Genomes
542 Phase 3, UK10K and the Human Reference Consortium. The 23andMe pipeline removes variants
543 of low genotyping quality (failed a Mendelian transmission test in trios ($p < 1.00E-20$), failed Hardy-
544 Weinberg test ($p < 1.02E-20$), failed batch effects test (ANOVA $p < 1.00E-20$), or had a call rate
545 $< 90\%$) or imputation quality ($r^2 < 0.50$ averages across genotyping arrays or a minimum $r^2 < 0.3$ or
546 variants with apparent batch effects ($p < 1.00E-50$))^{157,159}. The 23andMe GWAS pipeline performs
547 linear regression and assumes an additive model for allelic effects^{43,155,160,161}. Only unrelated
548 participants were included in the GWAS, which was determined using a segmental identity-by-

549 descent (**IBD**) estimation algorithm. Two individuals that shared more than 700 cM IBD at one or
550 both genomic segments (~20% of the genome) were classified as related. This is the minimum
551 threshold expected to identify first cousins in an outbred population. Age (inverse-normal
552 transformed), sex, the top five principal genotype components, and indicator variables for
553 genotype platforms were applied as covariates and p -values were corrected for genomic control.

554 We conducted replication in three multi-ancestral cohorts (European ancestry $N=689,661$;
555 African American ancestry $N=32,312$; Latin American ancestry $N=124,155$; daily mg of caffeine
556 from coffee, transformed by $\log_{10}(x+75)$). Demographic information on these cohorts is shown in
557 **Supplementary Table 3**. Ancestry was determined by analyzing local ancestry (see
558 **Supplementary Material**)¹⁵⁶.

559 UK Biobank. Summary statistics of coffee intake ($N=334,659$) were generated from UK
560 Biobank (**UKB**) participants. Participants provided informed consent, were of White British
561 descent, and answered the question “How many cups of coffee do you drink each day? (Include
562 decaffeinated coffee)”. Other previously published GWAS of coffee intake with publicly available
563 summary statistics were not included in our meta-analysis due to differences in the way that coffee
564 intake was measured (e.g., “How often do you drink coffee?”, “How much coffee do you consume
565 per year?”³⁰), or differences in ascertainment (e.g., Parkinson’s disease only³¹). Secondary
566 analysis was also conducted with GWAS summary statistics of caffeine intake from coffee
567 ($N=373,522$) in the UKB that was calculated based on the number of cups of caffeinated and
568 decaffeinated coffee consumed²⁰. For further information about the UKB data collection and
569 GWAS summary statistics for coffee intake and caffeine consumed from coffee, see
570 <http://www.nealelab.is/uk-biobank/> (field 1498, both sexes) and Said et al. 2020²⁰, respectively.

571 GWAS meta-analysis. We performed sample size weighted meta-analysis of the 23andMe
572 and UKB cohorts using METAL (version 2020-05-05)⁹³ as previously described⁴³. A total of

573 491,347 participants of European ancestry and 9,551,852 SNPs passing quality control were
574 included in this meta-analysis.

575

576 **Gene-based analyses (MAGMA, H-MAGMA, SPrediXcan/S-MultiXcan)**

577 The web-based platform Functional Mapping and Annotation of Genome-Wide
578 Association Studies (**FUMA** v1.3.8) was used to further explore the functional consequences of
579 lead SNPs and identify prior associations in the literature. GWA significant lead SNPs of coffee
580 cups per day consumed from the UKB were identified using FUMA. SNPs were annotated based
581 on ANNOVAR categories, Combined Annotation Dependent Depletion scores, RegulomeDB
582 scores, expression quantitative trait loci (**eQTLs**), and chromatin state predicted by ChromHMM.
583 Novel coffee intake candidate genes were identified as genes not in linkage disequilibrium or
584 within 1Mb of GWAS-significant SNPs uncovered by other GWAS of coffee and caffeine traits
585 (e.g., coffee/caffeine intake or caffeine metabolism). These SNPs were identified using the EBI
586 GWAS Catalog (<https://www.ebi.ac.uk/gwas/>).

587 *MAGMA gene-based and pathway analyses.* We used “Multi-marker Analysis of GenoMic
588 Annotation” (MAGMA, v1.08) to conduct gene-based associations on the 23andMe GWAS
589 summary statistics of coffee intake. SNPs were annotated to protein-coding genes using FUMA
590 and Ensembl build v92, which accounts for SNP LD using multiple regression methods. The
591 default settings were used, and LD was estimated using the 1000 Genomes European reference
592 sample. The significance of associations across 19,773 genes were adjusted using Bonferroni
593 correction for multiple testing (one-sided $p < 2.53E-06$; **Supplementary Table 7**). Gene-set
594 analysis was subsequently conducted on 10,678 gene-sets and Gene Ontology terms curated
595 from the Molecular Signatures Database (MsigDB v7.0). Tissue-specific gene expression profiles
596 were also assessed in 54 tissue types and 30 general tissue types across the body with average
597 gene expression in each tissue type used as a covariate in the analysis (**Supplementary Table**

598 **13).** Using Genome-Tissue Expression (**GTEx**, v8) RNA-seq data, gene expression values were
599 \log_2 transformed values of the average Reads Per Kilobase Million (RPKM) for each tissue type
600 (RPKM>50 were listed as 50). Significance was determined following Bonferroni correction (one-
601 sided $p < 9.26E-04$ for 54 tissue types; one-sided $p < 1.67E-03$ for 30 general tissue types).

602 *H-MAGMA*. To identify neurobiologically relevant target genes, we incorporated coffee
603 intake GWAS data with chromatin interaction profiles from human brain tissue using Hi-C coupled
604 MAGMA (**H-MAGMA**)¹⁶².

605 *S-PrediXcan and S-MultiXcan*. We performed a transcriptome-wide association study
606 (**TWAS**) using the MetaXcan package (ver0.7.5)^{163,164} consisting of S-PrediXcan and S-MultiXcan
607 to identify specific eQTL-linked genes associated with coffee intake. eQTLs are genomic loci that
608 contribute to heritable variation in mRNA levels that might influence the expression of a particular
609 gene or its neighbors. This approach uses genetic information to predict gene expression levels
610 in various brain tissues and tests whether the predicted gene expression correlates with coffee
611 intake. S-PrediXcan uses precomputed tissue weights from the GTEx project database
612 (<https://www.gtexportal.org/>) as the reference transcriptome dataset via Elastic net models. As
613 input data, we included our GWAS summary statistics, transcriptome tissue data, and covariance
614 matrices of the SNPs within each gene model (based on HapMap SNP set; available to download
615 at the PredictDB Data Repository) from all available tissues ($N=49$). We applied a Bonferroni
616 correction for multiple testing across all tissues ($N=21,565$; **Supplementary Table 10**).

617 **LDSC heritability and genetic correlations**

618 Linkage Disequilibrium Score regression (**LDSC**; <https://github.com/bulik/ldsc>) was used
619 to calculate heritability (**$SNP-h_2$**) and genetic correlations between habitual coffee intake and other
620 phenotypes¹⁶⁵. $SNP-h_2$ was calculated from publicly available, pre-computed LD scores
621 (“eur_w_ld_chr”). LDSC was also used to calculate genetic correlations (r_g) between habitual

622 coffee intake and 317 selected traits informed by prior literature across the following categories:
623 substance use and misuse, anxiety, bipolar disorder & depression, cancer, cardiovascular, diet,
624 gastrointestinal, lifestyle, metabolic, neurological, pain, personality, other anthropologic, other
625 health, and other psychiatric traits.

626 **mtCOJO**

627 We conditioned summary statistics on traits that are correlated with coffee intake using
628 mtCOJO⁹⁴ to determine if genetic associations are retained after controlling for their effects.
629 Conditioning on GWAS summary statistics for dietary sugar intake¹⁶⁶, Alcohol Use Disorder
630 Identification Test (**AUDIT**) consumption⁴³, and cigarettes smoked per day⁷³ were examined at a
631 $p < 1.0E-5$ and clump- r^2 threshold of 0.10.

632 **Phenome and laboratory-wide association studies**

633 We conducted phenome-wide association analyses (**PheWAS**) and Laboratory-wide
634 association analyses (**LabWAS**) to test the association between polygenic scores (**PGS**) for
635 coffee intake and liability across thousands of medical conditions from hospital-based cohorts.
636 These analyses were conducted using data from the Vanderbilt University Medical Center
637 (**VUMC**). The project was approved by the VUMC Institutional Review Board (IRB #160302,
638 #172020, #190418). VUMC is an integrated health system with individual-level health data from
639 electronic health record (**EHR**) data for about 3.2 million patients. The VUMC biobank contains
640 clinical data from EHR as well as biomarkers obtained from laboratory assessments. A portion of
641 the individuals from VUMC also have accompanying array genotyping data. This cohort, with over
642 72,821 patients, is called BioVU^{167,168}.

643 For each of the unrelated genotyped individuals of European ancestry from BioVU, we
644 computed polygenic scores for coffee intake using the PRS-CS “auto” version¹⁶⁷. Genotyping and
645 quality control for this cohort have been extensively described^{168,169}.

646 *Phenome-wide association analyses (PheWAS)*. To identify associations between the
647 PGS for coffee and clinical phenotypes, we performed a PheWAS. We fitted a logistic regression
648 model to each of 1,338 case/control disease phenotypes (“phecodes”) to estimate the odds of
649 each diagnosis given the coffee PGS, while adjusting for sex, median age of the longitudinal EHR,
650 and the first 10 PCs. Analyses were conducted using the PheWAS v0.12 R package¹⁷⁰. We
651 required the presence of at least two International Disease Classification codes mapped to a
652 PheWAS disease category (Phecode Map 1.2; <https://phewascatalog.org/phecodes>) and a
653 minimum of 100 cases for inclusion of a phecode. The disease phenotypes included 145
654 circulatory system, 120 genitourinary, 119 endocrine/metabolic, 125 digestive, 117 neoplasms,
655 91 musculoskeletal, 85 sense organs, 76 injuries & poisonings, 65 dermatological, 76 respiratory,
656 69 neurological, 64 mental disorders, 42 infectious diseases, 42 hematopoietic, 34 congenital
657 anomalies, 37 symptoms, and 31 pregnancy complications.

658 *Laboratory-wide association analyses (LabWAS)*. We also examined laboratory results in
659 BioVU, which we refer to as LabWAS. We implemented the pipeline already established by
660 Dennis, et al.¹⁶⁹. Broadly, LabWAS uses the median, inverse normal quantile transformed age-
661 adjusted values from the QualityLab pipeline in a linear regression to determine the association
662 with the input coffee intake PGS variable. We controlled for the same covariates as for the
663 PheWAS analyses, excluding median age because the pipeline corrects for age using cubic
664 splines with 4 knots.

665 **Cluster analysis**

666 Previous studies have shown that consumption and misuse/dependence phenotypes
667 have a distinct genetic architecture^{43,111,116-119}. To explore whether the coffee intake analysis
668 clustered closer to substance intake or misuse/dependence phenotypes, we used an
669 unsupervised machine learning hierarchical clustering algorithm known as agglomerative nesting
670 (**AGNES**)¹⁶⁷ on a genetic correlation matrix of all traits. AGNES initially forms single-item clusters

671 that are fused together into intermediate groups until all traits are included in a single cluster¹⁷¹.
672 Clusters are formed with Ward's method such that the total within cluster variance is minimized
673 while maintaining the fewest number of clusters based on cluster dissimilarity. Dissimilarity is
674 assessed through Euclidean Distance of each pairwise genetic correlation with another trait. The
675 product of AGNES is a dendrogram, formed with multiple brackets called "branches". AGNES
676 was implemented in R using the *cluster* package (ver2.1.4)¹⁶⁷.

677 Clustering was conducted with summary statistics of cigarettes per day⁷³, former
678 smoker⁷³, smoking initiation⁷³, problematic opioid use¹⁶¹, ICD10 F17 nicotine dependence¹⁷²,
679 alcohol dependence¹⁷³, AUDIT consumption¹¹⁶, AUDIT problems¹¹⁶, cannabis initiation⁷⁹,
680 cannabis use disorder¹¹⁸, drinks per week⁷³, externalizing psychopathology⁹⁶, Fagerström Test
681 for Nicotine Dependence (FTND)¹⁷⁴, general risk tolerance¹⁷⁵, age of smoking initiation⁷³, and
682 opioid use disorder¹⁶¹. The genetic correlations of cigarettes per day, former smoker, and smoking
683 initiation were reverse coded to show the intuitive effects against the other traits in the
684 dendrogram.

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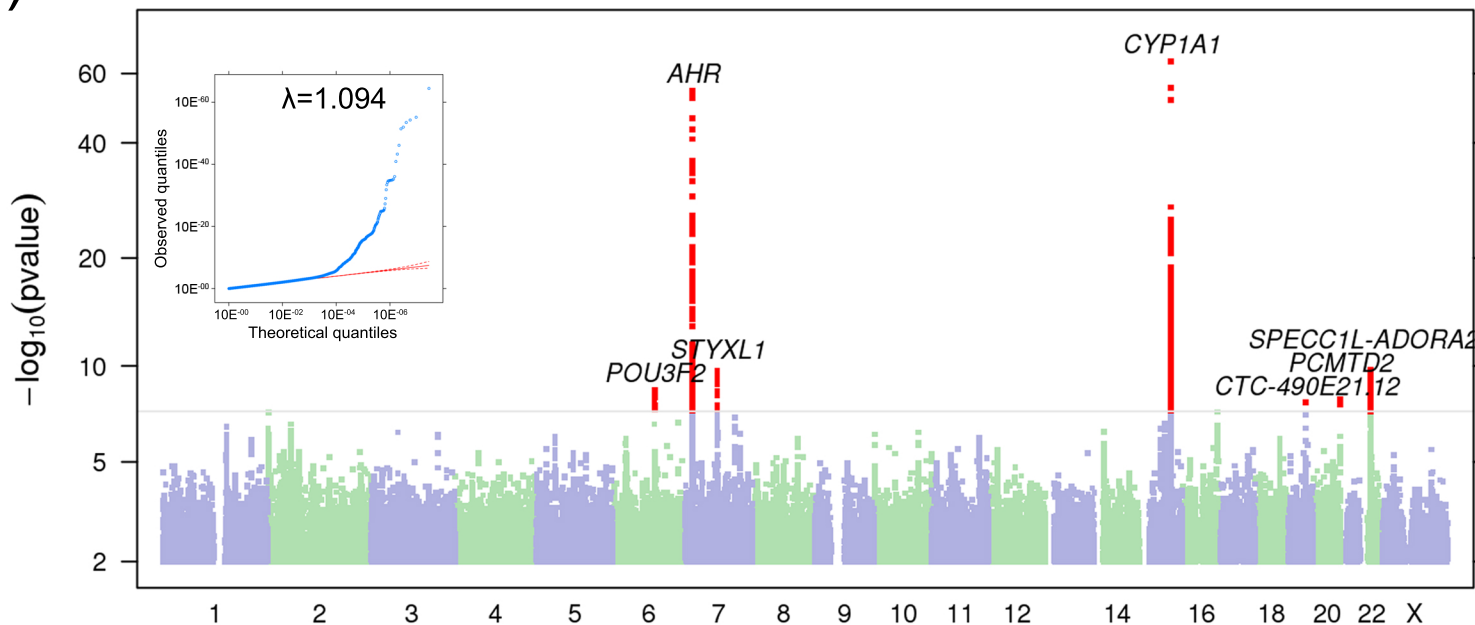
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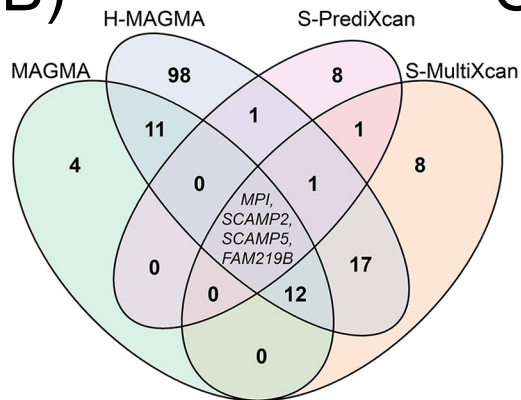
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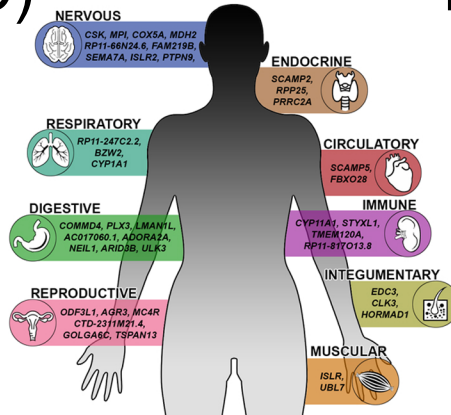
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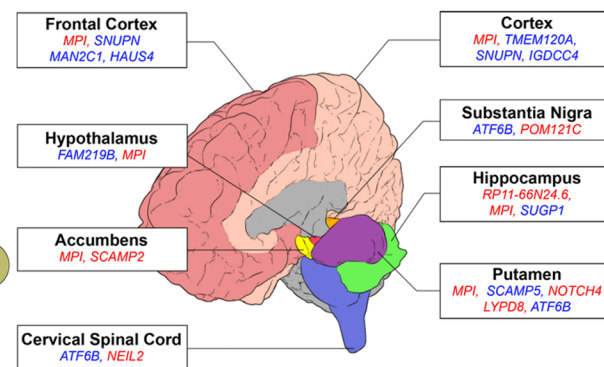
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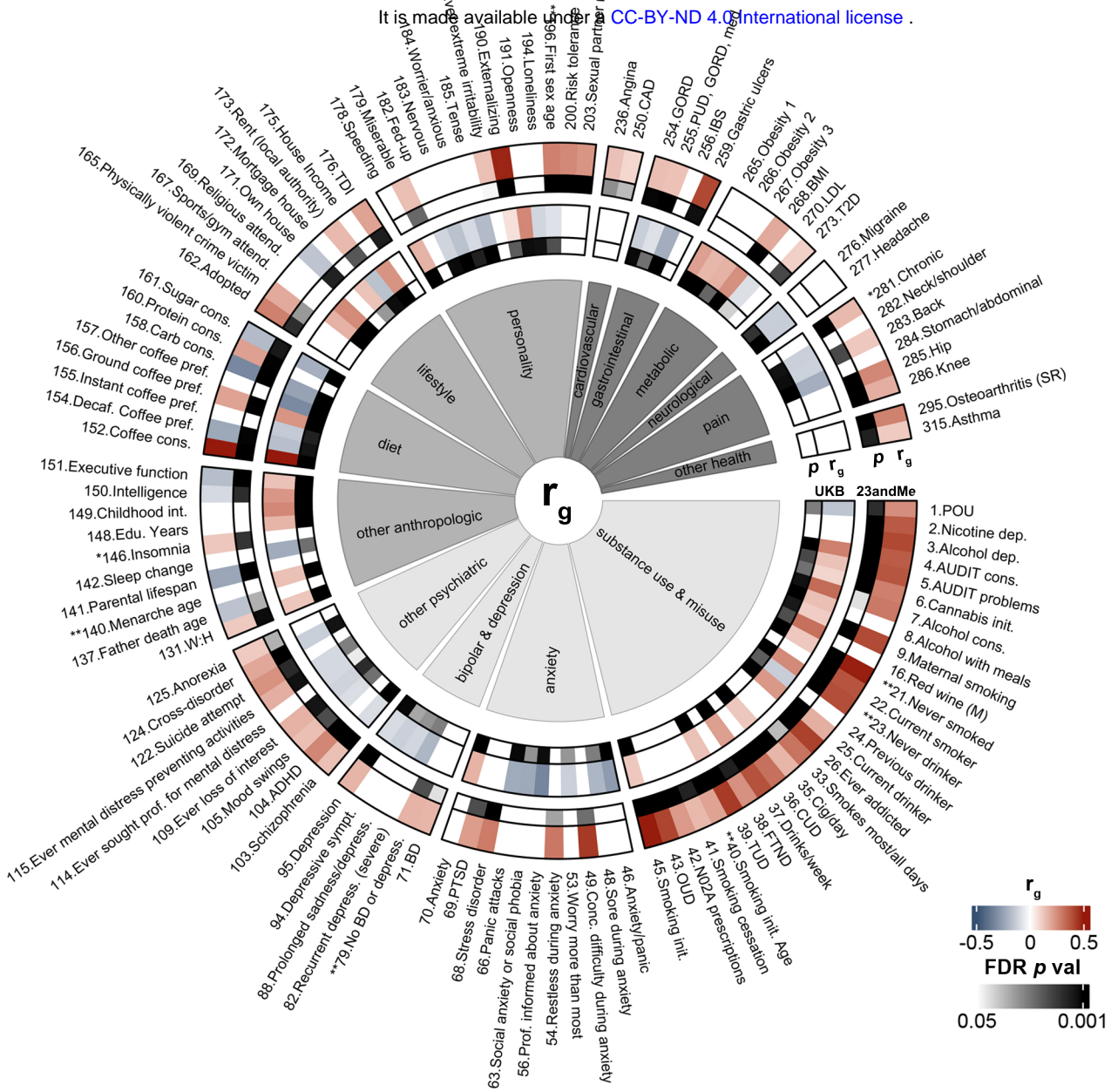
C)



D)



A)



B)

