Atherosclerosis Plus 49 (2022) 32-41



Contents lists available at ScienceDirect

Atherosclerosis Plus

journal homepage: www.elsevier.com/locate/atherosclerosis

Semaglutide treatment attenuates vessel remodelling in ApoE-/- mice following vascular injury and blood flow perturbation



Ditte Marie Jensen ^{a, b}, Gry Freja Skovsted ^a, Mathilde Frederikke Bjørn Bonde ^b, Jacob Fog Bentzon ^{c, d}, Bidda Rolin ^b, Grégory Franck ^e, Maria Katarina Elm Ougaard ^b, Louise Marie Voetmann ^b, Julian Christoffer Bachmann ^b, Anna Uryga ^b, Charles Pyke ^b, Rikke Kaae Kirk ^b, Henning Hvid ^b, Lotte Bjerre Knudsen ^b, Jens Lykkesfeldt ^a, Michael Nyberg ^{b, *}

^a Department of Veterinary and Animal Sciences, University of Copenhagen, Ridebanevej 9, 1870 Frederiksberg C, Copenhagen, Denmark

^b Research and Early Development, Novo Nordisk A/S, Novo Nordisk Park 1, 2760, Maaloev, Denmark

^c Department of Clinical Medicine, Heart Diseases and Steno Diabetes Center Aarhus, Palle Juul-Jensens Boulevard 99, Aarhus University, 8200, Aarhus,

Denmark

^d Centro Nacional de Investigaciones Cardiovasculares (CNIC), Alle Melchor Fernandez Almagro, 3, 28029, Madrid, Spain

^e INSERM U1148, Laboratory for Vascular Translational Science, Bichat Hospital, 46 Rue Henri Huchard, Paris, France

ARTICLE INFO

Article history: Received 19 April 2022 Received in revised form 23 May 2022 Accepted 30 May 2022 Available online 4 June 2022

Keywords: Atherosclerosis Glucagon-like peptide 1 receptor agonists Semaglutide Vascular smooth muscle cells Vascular injury Phenotypic switching Plaque erosion

ABSTRACT

Background and aims: Randomized clinical studies have shown a reduction in cardiovascular outcomes with glucagon-like peptide 1 receptor agonist (GLP-1RA) treatment with the hypothesized mechanisms being an underlying effect on atherosclerosis. Here, we aimed to assess the pharmacological effects of semaglutide in an atheroprone murine model that recapitulates central mechanisms related to vascular smooth muscle cell (VSMC) phenotypic switching and endothelial dysfunction known to operate within the atherosclerotic plaque.

Methods: In study A, we employed an electrical current to the carotid artery in ApoE $_{-/-}$ mice to induce severe VSMC injury and death, after which the arteries were allowed to heal for 4 weeks. In study B, a constrictive cuff was added for 6 h at the site of the healed segment to induce a disturbance in blood flow.

Results: Compared to vehicle, semaglutide treatment reduced the intimal and medial area by ~66% (p = 0.007) and ~11% (p = 0.0002), respectively. Following cuff placement, expression of the proinflammatory marker osteopontin and macrophage marker Mac-2 was reduced (p < 0.05) in the semaglutide-treated group compared to vehicle. GLP-1R were not expressed in murine carotid artery and human coronary vessels with and without atherosclerotic plaques, and semaglutide treatment did not affect proliferation of cultured primary human VSMCs.

Conclusions: Semaglutide treatment reduced vessel remodelling following electrical injury and blood flow perturbation in an atheroprone mouse model. This effect appears to be driven by anti-inflammatory and -proliferative mechanisms independent of GLP-1 receptor-mediated signalling in the resident vascular cells. This mechanism of action may be important for cardiovascular protection.

© 2022 The Author(s). Published by Elsevier B.V. This is an open access article under the CC BY licenses (http://creativecommons.org/licenses/by/4.0/).

https://doi.org/10.1016/j.athplu.2022.05.004

2667-0895/© 2022 The Author(s). Published by Elsevier B.V. This is an open access article under the CC BY license (http://creativecommons.org/licenses/by/4.0/).

Abbreviations: ApoE^{-/-}, Apolipoprotein E knock-out; GLP 1RA, Glucagon-like peptide 1 receptor agonist; IHC, Immunohistochemistry; ISH, In situ hybridisation; LCCA, Left common carotid artery; SSP1, Osteopontin; SoC, Standard of care; VSMC, Vascular smooth muscle cells.

^{*} Corresponding author.

E-mail addresses: dmj@gubra.dk (D.M. Jensen), gryfreja@sund.ku.dk (G.F. Skovsted), mfbb@novonordisk.com (M.F.B. Bonde), jfbentzon@clin.au.dk (J.F. Bentzon), bidr@ novonordisk.com (B. Rolin), gregory.franck@inserm.fr (G. Franck), moug@novonordisk.com (M.K.E. Ougaard), lupd@novonordisk.com (L.M. Voetmann), jcfb@novonordisk. com (J.C. Bachmann), auyg@novonordisk.com (A. Uryga), pyke@novonordisk.com (C. Pyke), rkki@novonordisk.com (R.K. Kirk), hhvd@novonordisk.com (H. Hvid), lbkn@ novonordisk.com (L.B. Knudsen), jopl@sund.ku.dk (J. Lykkesfeldt), znyb@novonordisk.com (M. Nyberg).

1. Introduction

The increasingly widespread use of effective pharmacological lipid-lowering and antihypertensive agents as standard of care (SoC) has played an essential role in reducing the burden of atherosclerotic disease [1]. Nevertheless, the residual risk of an atherosclerotic event remains considerable. This may be related to the failure of current therapies to effectively counteract cell-specific mechanisms operating locally within the plaque lesion. Vascular smooth muscle cells (VSMCs) and VSMC-derived cells comprise a major fraction of cells present at all stages of an atherosclerotic plaque [2], and combined genetic and functional experimental data have also provided evidence for a causal role of phenotypically switched VSMCs in atherosclerotic plaque development and progression [3–6].

Cardiovascular outcome trials with glucagon-like peptide-1 receptor agonists (GLP-1RA) have shown a significantly reduced number of major cardiovascular events in high-risk patients with diabetes already receiving SoC [7–10]. In the LEADER trial, a significant treatment effect in the subgroup of patients with established cardiovascular disease was observed, suggesting an effect of GLP-1RAs on atherosclerosis [11] that is mediated via mechanisms distinct from those targeted by SoC. Along these lines, treatment of VSMCs *in vitro* with GLP-1RAs has been proposed to modulate the expression of matrix metalloproteinases and inhibit VSMC proliferation and migration [12,13] and treatment with liraglutide reduced intima-media ratio in an atheroprone murine model [14], indicating that GLP-1RAs may influence VSMC phenotypic switching. However, more evidence is needed to support such a mode of action.

While effective pharmacological lowering of lipids and blood pressure has reduced the incidence of clinical events caused by rupture of lipid-rich and inflamed plaques, the incidence of plaque erosion, caused by thrombus formation on lipid-poor and non-inflamed plaques after superficial shedding of the endothelium, have remained high [1]. Eroded atheromas are abundant in VSMCs, collagen, glycosaminoglycans, and proteoglycans [15], and it has been suggested that alterations in structure and function in the subendothelial layer are needed for superficial erosion to occur [16]. Hence, GLP-1RAs may modulate VSMC phenotypic switching and consequently the development of plaque erosion. However, experimental evidence for this mechanism is lacking.

Recently, a murine model system that features key components of human plaque erosion was presented [17]. This model employs electric injury of the carotid artery that then heals for 4 weeks with resulting formation of VSMC- and matrix—rich neointima and regenerated endothelial cells. Subsequently, the healed segment is exposed to disturbed blood flow by applying a constrictive perivascular cuff which leads to denudation of the endothelial layer as observed in plaque erosion. Notably, the phenotypic switching, proliferation, and migration of VSMCs, which drive the remodelling of the vessel wall following electric injury in the murine model has also been described in human atherosclerotic plaque formation and progression [2,18]. Therefore, this experimental approach/setup also provides a model system for elucidation of specific VSMCrelated mechanisms relevant to atherosclerosis.

Accordingly, the present study aimed to test the treatment effects of the GLP-1RA semaglutide on injury-induced vessel remodelling and the local response to acute disturbances in blood flow at the previously injured site in atheroprone ApoE-/- mice. We hypothesized that semaglutide would attenuate vessel remodelling as evidenced by decreased neointima formation following electric injury and reduce desquamation of endothelial cells as a result of cuff-induced alterations in blood flow.

2. Materials and methods

An expanded Materials and methods section is available in the Supplementary Material.

2.1. Animals

Male apolipoprotein E knock-out (*ApoE* $^{-/-}$) mice (total n = 155) (B6.129P2-Apoetm1Unc/J), six to nine weeks old (Jackson Laboratories, USA, stock 002052, and Charles River, Italy) were randomly assigned to groups upon arrival. Animals were housed solitarily and allowed an acclimatisation period for at least two weeks before entering the study. The mice had unlimited access to tap water and standard chow (Altromin 1324, Brogaarden, Denmark) and were housed in an enriched environment with standard bedding and nesting material, under a 12/12 h day-night cycle in a humidity (30-70%) and temperature (20-25 °C) controlled facility. All animal procedures followed the guidelines for the care and handling of laboratory animals established by the Danish government. The Danish Animal Experimental Inspectorate under the Danish Ministry of Food, Fisheries and Agriculture and the Novo Nordisk Animal Welfare Body approved the studies (permission 2015-15-0201-00688). All animals were inspected daily by animal caretakers.

2.2. Experimental design

Three animal studies were designed; an electric injury study (Study A), a plaque erosion study (Study B), and a constrictive cuff study (Control study). Supplementary Fig. 1 shows the timeline and details of the animal studies conducted. Group sizes in study A and B were chosen to be able to detect a difference of >20% in neointimal area between vehicle and semaglutide treated animals. In the Control study, the group size reflects the number of animals needed to detect qualitative differences with acute placement of the constrictive cuff.

Study A: electric injury study

This study aimed to investigate the effects of semaglutide dosing on vascular injury done by electric injury on the left carotid artery (LCCA). Animals (n = 71) were euthanized 28 days after electric injury. Animals were administered daily semaglutide (n = 31) or vehicle (n = 30) during the study period. Semaglutide and vehicledosed animals received electric injury surgery, whereas control animals (n = 10) were sham operated.

Study B: plaque erosion study

This study aimed to investigate the effects of semaglutide dosing on vascular injury done by electric injury on the LCCA and subsequently induction of turbulent flow on the injured area by applying a perivascular constrictive cuff 28 days after electric injury. Animals (n = 77) were administered daily semaglutide (n = 32) or vehicle (n = 36) during the study period. Semaglutide and vehicle-dosed animals received electric injury surgery, whereas control animals (n = 9) were sham operated. Animals were euthanized 6 h after cuff application.

Control study: Constrictive cuff. This study aimed to investigate the effects of a perivascular constrictive cuff per se on vascular remodelling after 6 h. A perivascular constrictive cuff was applied on the LCCA as done in Study B, but without the electric injury step. Animals (n = 7) were euthanized 6 h after the cuff was applied.

2.13. Statistical analysis

Data was analysed using the software GraphPad Prism version 9.0.1 (GraphPad Software Inc., La Jolla, CA, USA). The assumptions of normally distributed data and variance homogeneity was examined by visual inspection of qq-plots and residual plots, respectively. If data deviated from a normal distribution, and/or displayed variance heterogeneity, statistical analysis was performed on logtransformed data or with the use of non-parametric test. Within each experiment, differences in means between groups for each parameter were analysed using either a one-way ANOVA or Kruskal-Wallis test with Tukey's post hoc test. Furthermore, to obtain a general estimate of the effect of treatment in study A and B for the parameters intima thickness, media thickness, Mac-2 area and osteopontin area, log-transformed data from these two studies were combined and analysed in a linear model with the factors treatment (three levels: vehicle, semaglutide or control) and experiment (two levels: Study A or Study B) and the possible interaction between these two factors included, using the software SAS IMP version 14 (SAS Institute, Carv, NC, USA) as done in Ref. [19]. No significant interaction between treatment and study was found and with the linear models, the mean differences between treatment groups and corresponding 95% confidence intervals were estimated on a log-scale with Tukey's adjustment for multiple comparisons. The mean differences and limits of the corresponding 95% confidence intervals were finally back-transformed to obtain ratios. On all graphs data are presented as mean \pm SEM, and in all analyses P-values <0.05 were considered statistically significant.

3. Results

3.1. Semaglutide reduced bodyweight and plasma lipid/cholesterol in ${\rm ApoE}^{-\!/-}$ mice

Details on weight and blood parameters (cholesterol and triglycerides) at baseline and termination are given in Fig. 1 and show that groups were comparable at study start (day 0) for all parameters. In both studies, semaglutide administration resulted in a decrease in body weight compared with vehicle treatment. Semaglutide had a significant effect on plasma total cholesterol levels in both studies, reducing levels by 34% (p < 0.0001) and 21% (p < 0.0001), respectively, at termination compared to vehicle. Plasma triglyceride was significantly reduced compared to vehicle at termination in study A (2.04 \pm 0.12 mM in vehicle vs. 1.31 \pm 0.09 mM in semaglutide p < 0.0001) and study B (0.87 \pm 0.05 mM in vehicle vs 0.53 \pm 0.02 mM in semaglutide, p < 0.05).

3.2. Electric injury resulted in neointima formation and inflammation in the LCCA vessel wall

Representative images of histological sections of LCCA vessels with or without neointima formation are shown in Fig. 2. Vessels with neointima were characterised by marked expansion of the tunica intima (the neointima) and tunica media (Fig. 2A and B). Normal vessels expressed Myh11 in the tunica media and not osteopontin (Fig. 2C), whereas osteopontin expression in vessels with neointima increased markedly in the tunica media (Fig. 2D). Likewise, Mac-2 (a macrophage marker), was either absent or expressed at very low levels in normal vessels (Fig. 2E), but expressed at relatively high levels in neointima areas (Fig. 2F). Normal vessels as well as the areas with neointima were covered by intact endothelium, visualized by IHC for CD31 (Fig. 2G and H). Electric injury and electric injury combined with a constrictive cuff for 6 h resulted in qualitative comparable staining patterns. Supplementary Fig. 2 outlines the histological sampling of LCCA. Quantification of tunica intima and tunica media is depicted in Supplementary Fig. 3, and Supplementary Fig. 4 depicts the

quantification of IHC and ISH stained sections.

3.3. Semaglutide reduced the marked expansion of tunica intima and media induced by electric injury

As shown on Fig. 2, electric injury resulted in marked expansion of the tunica intima and media. When quantified with image analysis, the tunica intima area was significantly higher in vehicletreated mice compared to control in study A (p < 0.0001, Fig. 3A). Tunica intima area was also elevated in vehicle-treated mice compared to control in study B, where electric injury was combined with application of a constrictive cuff for 6 h, but it did not reach statistical significance (Fig. 3B). Application of a cuff alone for 6 h did not influence the area of the tunica intima (Fig. 3C). In mice treated with semaglutide, the intima area was increased compared to the control-treated mice in study A (p = 0.0006, Fig. 3A). In a combined analysis of study A and B, electric injury resulted in 12.5fold increase of intima area (p < 0.0001) compared to control group, and this was reduced by 66% in the semaglutide treated mice (p = 0.007), see Table 1. In Supplementary Figs. 5–7, the details of tunica intima area versus depth (slide number) are visualized for individual animals in Study A, B and the control study.

The area of tunica media was significantly increased in vehicletreated mice compared to control in study A (p < 0.0001) and study B (p = 0.0137) (Fig. 3D and E). In semaglutide treated mice, the media area was increased compared to the control-treated mice in Study A (p = 0.0097). Furthermore, the media area was lower in the semaglutide treated group than in the vehicle treated group, albeit this difference did not reach significance (Fig. 3D). In Study B, the media area was decreased in semaglutide treated mice compared to the vehicle group (p = 0.0025) (Fig. 3E). The tunica media area $(22384 \ \mu m^2 \pm 2018)$ did not increase in mice with application of a cuff alone for 6 h (Fig. 3F) compared to the tunica media area in the control group in Study A (33609 μ m² ± 5671) and Study B $(35712 \,\mu\text{m}^2 \pm 8272)$ (Fig. 2D and E). In a combined analysis of Study A and Study B (see Table 1), there was a significant reduction of the media area of $\approx 11\%$ in semaglutide dosed animals compared to vehicle (p = 0.0002). Furthermore, there was a significant increase in tunica media area of $\approx 24\%$ in vehicle-dosed animals compared to the control group (p < 0.0001). In Supplementary Figs. 8–10, details of tunica media area versus depth (slide number) are visualized for individual animals in Study A, B and the control study.

3.4. Electric injury resulted in a dramatic increase in osteopontin expression in vascular smooth muscle cells

Fig. 4 shows the area of Myh11 and osteopontin in the tunica media and tunica intima of each LCCA. Four weeks after electric injury of the LCCA, Myh11 expression was significantly higher in vehicle (p < 0.0001) and semaglutide (p < 0.0001) dosed animals compared with controls in study A (Fig. 4A). Furthermore, the expression of Myh11 was reduced in the group treated with semaglutide compared with the vehicle treated group (p = 0.0459). Four weeks after electric injury of the LCCA and application of a cuff for 6 h before termination (Study B), Myh11 expression was not statistical significantly changed in vehicle and semaglutide-dosed animals compared to the control group (Fig. 4B). The Myh11 area in LCCA sections from animals where a cuff had been applied alone for 6 h was fully comparable to the control groups in study A and B (Fig. 4C). No significant differences in osteopontin levels were found between the groups in the electric injury study, however, nonsignificant trends towards increased areas in vehicle- and semaglutide treated animals were observed (Fig. 4D). In Study B, the expression of osteopontin was increased in vehicle-dosed animals compared with control (p = 0.0036) and semaglutide dosed



Fig. 1. Body weight and lipid parameters. (A) Body weight at study start (baseline, day 0) for mice in Study A (electric injury) and Study B (plaque erosion)(B). Each data point is the average of animals in that group on the specific day. (C) Plasma cholesterol (mmol/L) at baseline and termination in mice from Study A (electric injury) and B (plaque erosion)(D). (E) Plasma triglyceride (mmol/L) at baseline and termination in mice from Study A (electric injury) and B (plaque erosion)(F). Statistical significance: p < 0.05, p < 0.01, p < 0.001, p < 0.001. Results are shown as mean \pm SEM.

animals (p = 0.0384) (Fig. 4E). A combined analysis of Study A and B on osteopontin levels showed a significant increase (p = 0.0004) in the vehicle group compared with the control group of ≈ 11.3 fold, see Table 1. When comparing the semaglutide treated group with the control group, a non-significant trend towards $\approx 57\%$ reduction in the semaglutide treated group was observed (Table 1). In the control study, 6 h with cuff alone resulted in osteopontin areas comparable to the control groups in study A and B, i.e., application of a cuff for 6 h did not influence osteopontin levels (Fig. 4F). Plasma osteopontin levels and coagulative markers D-dimer and platelet

factor 4 (PF4) was measured in animals from Study B. There were no differences between groups (Supplementary Fig. 11).

3.5. Semaglutide reduced infiltration with Mac-2 positive cells in the tunica intima and media

Fig. 4 shows the area of Mac-2 in study A and B (plaque erosion). In study A, there were no significant differences in Mac-2 area between the groups (Fig. 4G). In Study B, the Mac-2 area was significantly decreased in semaglutide treated animals compared



Fig. 2. Histological depiction of vessels with (right panel) and without neointima (left panel). (A) Carotid artery without neointima (Movat's pentachrome stain). (B) Carotid artery with neointima showing increased tunica media and tunica intima area (Movat's pentachrome stain). (C) Carotid artery without neointima stained for Myh11 (teal) and osteopontin (red) (duplex ISH). (D) Carotid artery with neointima stained for Myh11 (teal) and osteopontin (red) (duplex ISH). (E) Carotid artery without neointima stained for Mac-2 (IHC). (F) Injured carotid artery with neointima stained for Mac-2 (IHC). (G) Carotid artery without plaque stained for CD31 (IHC). (H) Carotid artery with injury stained for CD31 (IHC). Scalebar is 100 μm in length.

with the vehicle group (p = 0.0107, Fig. 4H). In a combined analysis of study A and Study B, there was a borderline significant increase of Mac-2 area of \approx 3.8-fold in the vehicle-treated group compared with control (p = 0.0539), and treatment with semaglutide reduced the Mac-2 area significantly with \approx 67% (p = 0.0135, Table 1).

3.6. GLP-1 receptor expression in LCCA

Representative images of GLP-1R IHC applied on histological sections of duodenal Brunner's glands, kidney and LCCA with or without neointima are shown in Fig. 5A–E. In good agreement with previous reports, Brunner's gland displayed robust staining for

GLP-1R (Fig. 5A) and GLP1R was also detected, at lower levels, in kidney arterioles (Fig. 5B–C) [20,21]. GLP-1R expression was not observed in LCCA sections with or without neointima (Fig. 5D–E).

3.7. *GLP-1* receptor expression in human coronary vessels with and without atherosclerotic plaque development

Spatial transcriptomics, *in situ* hybridisation, and immunohistochemistry performed on human coronary vessels with and without atherosclerotic plaque development showed complete absence of GLP-1R expression (Supplementary Figs. 12 and 13).



Fig. 3. Area of tunica intima and tunica media. (A) Intima area in mice from Study A (electric injury). (B) Intima area in mice from Study B (plaque erosion study). (C) Intima area in mice from the control study (constrictive cuff). (D) Tunica media area in mice from Study A (electric injury). (E) Tunica media area in mice from Study B (plaque erosion). (F) Tunica media area in mice from the control study (constrictive cuff). Intima and media area in Study A and Study B were quantified from approximately 40 slides in total per animal (every 10th pentachrome-stained slide starting from the bifurcation end). In the control study, intima and media area was quantified from approximately 20 slides in total per animal (every 10th pentachrome-stained slide starting from where the end of the cuff). Each data point represents one animal. Statistical significance:*p < 0.05, **p < 0.01, ***p < 0.001. Results are shown as mean \pm SEM. Note that the y-axis is log scale in (A). (B) and (C).

Table 1

Combined analysis of Study A and Study B.

Parameter	Comparison	Ratio	95% CI lower limit	95% CI upper limit	<i>p</i> -value
Intima thickness	Vehicle vs. Control	12.7	3.7	43.3	< 0.0001
	Semaglutide vs. Vehicle	0.34	0.15	0.78	0.007
Media thickness	Vehicle vs. Control	1.24	1.13	1.37	< 0.0001
	Semaglutide vs. Vehicle	0.89	0.83	0.95	0.0002
Mac-2 area	Vehicle vs. Control	3.8	1.0	14.7	0.0539
	Semaglutide vs. Vehicle	0.33	0.13	0.83	0.0135
Osteopontin area	Vehicle vs. Control	11.3	2.6	48.6	0.0004
	Semaglutide vs. Vehicle	0.43	0.16	1.16	0.1110

3.8. Semaglutide does not attenuate human coronary artery smooth muscle cell proliferation in vitro

Semaglutide treatment did not affect proliferation of hCASMCs exposed to starvation, PDGF-BB, and full medium (Supplementary Fig. 14).

4. Discussion

Here, we show that semaglutide treatment reduced vessel

remodelling in a murine model recapitulating mechanisms related to VSMC function described in human atherosclerosis. This effect appears to be driven by anti-inflammatory and -proliferative mechanisms independent of receptor activation/signalling in the resident vascular cells.

Perivascular application of an electrical current has previously been described to cause severe VSMC injury and death, denudation of the endothelium and platelet-rich mural thrombosis. Following degradation of the thrombus, inflammatory cells infiltrate the vessel wall to remove the necrotic debris, whereas VSMCs in the



Fig. 4. Area of Myh11, osteopontin and Mac-2. (A) Myh11 area in mice from Study A (electric injury). (B) Myh11 area in mice from Study B (plaque erosion study). (C) Myh11 area in mice from the control study (constrictive cuff). (D) Osteopontin area in mice from Study A (electric injury). (E) Osteopontin area in mice from Study B (plaque erosion). (F) Osteopontin area in mice from the control study (constrictive cuff). (G) Mac-2 area in mice from Study A (electric injury). (H) Mac-2 area in mice from Study B (plaque erosion). (F) Osteopontin area vas quantified by ISH duplex staining of approximately 10 slides in total per animal (every 50th stained slide). Mac-2 area was quantified by IHC stained slide). Each data point represents one animal. Statistical significance: p < 0.05, p < 0.01, p < 0.001. Results are shown as mean \pm SEM. Note that the y-axis is log scale in (D), (E), (F), (G) and (H).

border zones proliferate and migrate to re-populate the media and accumulate in intima [22]. In the present study, semaglutide treatment very potently reduced the intimal (~66%) and medial (~11%) areas as evidenced from the combined analysis of study A and B. Within this context, the transient loss of contractile protein expression observed after vascular injury is followed by reestablishment of the contractile phenotype after vessel repair [22,23]. Hence, the present finding of lower expression of the contractile marker Myh11 in animals treated with semaglutide agrees with an attenuation of VSMC proliferation upon injury to the vessel.

The pharmacological effect on vascular remodelling observed in the present study is in line with previous experiments that found an attenuating effect of the GLP-RAs exendin-4 [24,25] and liraglutide [26] on intimal hyperplasia induced by intravascular wire/ balloon. Notably, in these studies the animals were either wildtype



Fig. 5. GLP1-R staining. (A) GLP1-R (purple) was detected at high levels in Brunner's gland in duodenum. Scalebar = $50 \mu m$. (B) GLP-1R was also expressed in arterioles supplying glomeruli in mouse kidney (arrow). Scalebar = $50 \mu m$. (C) GLP1-R was also expressed in larger arterioles of mouse kidney (arrow). Scalebar = $50 \mu m$. GLP-1R expression was not observed in carotid artery without neointima (D) or in carotid artery with neointima formation (E). Scalebar in panel (D) and (E) = $100 \mu m$.

[24,25] or diabetic [26] whereas the ApoE-/- mice used in the present study have normal glucose levels but increased levels of lipids and develop atherosclerotic lesions at susceptible vascular sites even on a chow diet. This atheroprone phenotype of the mice share key similarities with human disease as it has been observed in both human and murine atherosclerotic plagues that contractile VSMCs recruited from the tunica media undergo phenotypic conversion to proliferative synthetic cells [2,18]. These cells then migrate into the developing atherosclerotic plaque where they may adopt alternative phenotypes that could contribute both positively and negatively to disease progression [2]. Whether the antiproliferative effects of semaglutide is a mechanism involved in the cardiovascular risk reduction in patients remain to be established, but it is tempting to speculate that attenuation of VSMC proliferation, in a local environment that favours plaque destabilising phenotypes, is beneficial. Clearly, more pre-clinical and clinical evidence is needed to support such a mechanism of action.

There is accumulating pre-clinical (e.g. Ref. [27]) and clinical [28,29] evidence supporting that the reductions in adverse cardiovascular events with GLP-1RAs may-at least in part-be driven by anti-inflammatory mechanisms. In line with this mode of action, a reduction in the pro-inflammatory cytokine osteopontin and macrophage marker Mac-2 was detected in the vessel wall in the present study. Interestingly, this effect of semaglutide treatment appeared more pronounced in study B than in study A. Here, the non-significant effects of semaglutide in study A may reflect that inflammation in the vessel wall was resolved at week 4 [22] and that placement of the cuff was needed to induce an acute inflammatory response at this timepoint. Although we observed that application of a cuff alone for 6 h to a vessel without electric injury did not influence osteopontin or Mac-2 levels, it has previously been described that induction of downstream oscillatory shear stress with a constrictive cuff resulted in an acute proinflammatory vascular response as evidenced by infiltration of neutrophils (Ly6G+ cells) into the intimal area [17]. It is therefore possible that the acute inflammatory changes in the vessel wall were more exacerbated in study B than study A, and that this allowed for detection of a more pronounced effect of semaglutide.

The anti-inflammatory effect of semaglutide does not appear to be mediated by a direct effect on vascular cells as GLP-1Rs were not expressed in any of the wall resident cells. This lack of receptor expression is supported by published observations in atherosclerotic lesions of mouse [27] and human [3] arteries as well as the herein reported lack of expression in human coronary vessels with and without atherosclerotic plaques. Furthermore, treatment with semaglutide did not affect proliferation of primary VSMCs (see supplementary data). An indirect effect may relate to the lowering of plasma cholesterol induced by semaglutide treatment as exposure to aggregated and oxidised LDL is known to induce a switch to macrophage-like VSMCs or foam cells characterised by CD68, LGALS3, and pro-inflammatory cytokine expression [30]. However, it should be noted that anti-atherosclerotic and -inflammatory effects of GLP-1RA treatment are evident in the absence of cholesterol-lowering in murine models [27] as well as humans [7,8], suggesting that other non-LDL mechanisms such as triglyceride lowering and anti-inflammatory effects are also at play. Lowering of inflammation has been documented in numerous large randomized clinical trials with long-acting GLP-1RAs [31]. A clinical trial is ongoing which investigates the effect on inflammation in carotid arteries (https://clinicaltrials.gov/ct2/show/NCT04032197). This trial also investigates fibrous cap thickness and lipid rich necrotic core volume, which may help to further clarify how semaglutide treatment affects plaque morphology and mechanisms precipitating cardiovascular events.

In the present study, we utilised a protocol previously reported to recapitulate certain features associated with superficial erosion, including arterial injury and loss of endothelial cells in regions of disturbed flow [17,32]. However, despite obtaining similar increases in the neointimal area following electrical injury, placement of the constrictive cuff did not induce denudation of the endothelial layer located at the healed site. The preservation of an intact endothelium and absence of thrombi generation was further supported by the unaltered plasma levels of PF4 and d-dimer. What underlies this discrepancy is unclear as great attention was given to fully replicate the protocol including using the same animal vendor, bipolar microcoagulator, and cone-shaped polyethylene cuffs.

Following percutaneous coronary intervention there is a risk of restenosis and late stent thrombosis. Although the present model does not directly resemble the injury in patients undergoing vascular reconstructions, VSMC phenotypic modulation and induction of proliferation are also observed in response to vascular injury and underlies cell accumulation leading to restenosis after stenting [33]. Hence, future studies should focus on the extent to which semaglutide treatment may affect the outcome for patients undergoing vascular interventions.

In conclusion, the present study demonstrates that semaglutide treatment reduces intimal and medial hyperplasia following electrical injury and blood flow perturbation in an atheroprone mouse model, an effect that may be driven by anti-inflammatory and -proliferative mechanisms that are independent of GLP1-R activation or signalling in vascular cells. These pharmacological effects of semaglutide treatment may provide a mechanistic basis for the cardiovascular risk reduction.

Financial support

This study was supported by a grant from the LifePharm Centre of In Vivo Pharmacology.

Author contributions

The study was designed by DMJ, JFB, MFBB, BR, GFS, JL, and MN. Histological supervision was done by LMV, MKEO, CP, RKK, and HH. DMJ, MFBB, JCB, and AU performed the experimental work. Initial data was analysed by DMJ, following data interpretation by all authors. DMJ and MN drafted the manuscript, which was edited and critically revised by all authors. LBK contributed to the manuscript writing. The final manuscript was read and approved by all authors.

Data availability

Additional data are available on a reasonable request from the corresponding author.

Declaration of competing interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: The authors BR, LMV, MKEO, JCB, AU, CP, RKK, HH, LBK and MN are employees at Novo Nordisk. Novo Nordisk markets semaglutide for the treatment of diabetes and obesity. DMJ, GFS, and JL are present or former employees at University of Copenhagen and have collaborated with Novo Nordisk on this project.

Acknowledgements

The authors would like to acknowledge the excellent technical assistance of Mathilde Bonde, Bettina Dobel Frederiksen, Bettina Brandrup, Joan Hummelur Rasmussen, Heidi Solvang Nielsen, Jeanette Juul Jette Mandelbaum, and Pia Rothe.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.athplu.2022.05.004.

- Pasterkamp G, Den Ruijter HM, Libby P. Temporal shifts in clinical presentation and underlying mechanisms of atherosclerotic disease. Nat Rev Cardiol 2016;14:21–9. https://doi.org/10.1038/nrcardio.2016.166.
- [2] Basatemur GL, Jørgensen HF, Clarke MCH, Bennett MR, Mallat Z. Vascular smooth muscle cells in atherosclerosis. Nat Rev Cardiol 2019;16:727–44. https://doi.org/10.1038/s41569-019-0227-9.
- [3] Wirka RC, Wagh D, Paik DT, Pjanic M, Nguyen T, Miller CL, Kundu R, Nagao M, Coller J, Koyano TK, Fong R, Woo YJ, Liu B, Montgomery SB, Wu JC, Zhu K, Chang R, Alamprese M, Tallquist MD, Kim JB, Quertermous T. Atheroprotective roles of smooth muscle cell phenotypic modulation and the TCF21 disease gene as revealed by single-cell analysis. Nat. Med. 2019;25:1280–9. https:// doi.org/10.1038/s41591-019-0512-5.
- [4] Aherrahrou R, Guo L, Nagraj VP, Aguhob A, Hinkle J, Chen L, Yuhl Soh J, Lue Di, Alencar GF, Boltjes A, Van Der Laan SW, Farber E, Fuller D, Anane-Wae R, Akingbesote N, Manichaikul AW, Ma L, Kaikkonen MU, Björkegren JLM, Önengüt-Gümüşcü S, Pasterkamp G, Miller CL, Owens GK, Finn A, Navab M, Fogelman AM, Berliner JA, Civelek M. Genetic regulation of atherosclerosisrelevant phenotypes in human vascular smooth muscle cells. Circ. Res. 2020:1552–65. https://doi.org/10.1161/CIRCRESAHA.120.317415.
- [5] Wong D, Turner AW, Miller CL. Genetic insights into smooth muscle cell contributions to coronary artery disease. Arterioscler Thromb Vasc Biol 2019;39:1006–17. https://doi.org/10.1161/ATVBAHA.119.312141.
- [6] Howson J, Zhao W, Barnes D. Fifteen new risk loci for coronary artery disease highlight arterial wall-specific mechanisms. Nat Genet 2017;49:1113–9. https://doi.org/10.1038/ng.3874.Fifteen.
- [7] Marso SP, Bain SC, Consoli A, Eliaschewitz FG, Jódar E, Leiter LA, Lingvay I, Rosenstock J, Seufert J, Warren ML, Woo V, Hansen O, Holst AG, Pettersson J, Vilsbøll T. Semaglutide and cardiovascular outcomes in patients with type 2 diabetes. N Engl J Med 2016;375:1834–44. https://doi.org/10.1056/ nejmoa1607141.
- [8] Marso SP, Daniels GH, Brown-Frandsen K, Kristensen P, Mann JFE, Nauck MA, Nissen SE, Pocock S, Poulter NR, Ravn LS, Steinberg WM, Stockner M, Zinman B, Bergenstal RM, Buse JB. Liraglutide and cardiovascular outcomes in type 2 diabetes. N Engl J Med 2016;375:311–22. https://doi.org/10.1056/ NEJMoa1603827.Liraglutide.
- [9] Hernandez AF, Green JB, Janmohamed S, D'Agostino RB, Granger CB, Jones NP, Leiter LA, Rosenberg AE, Sigmon KN, Somerville MC, Thorpe KM, V McMurray JJ, Del Prato S. Harmony Outcomes committees and investigators, Albiglutide and cardiovascular outcomes in patients with type 2 diabetes and cardiovascular disease (Harmony Outcomes): a double-blind, randomised placebo-controlled trial. Lancet (London, England) 2018;392:1519–29. https://doi.org/10.1016/S0140-6736(18)32261-X.
- [10] Gerstein HC, Colhoun HM, Dagenais GR, Diaz R, Lakshmanan M, Pais P, Probstfield J, Riesmeyer JS, Riddle MC, Rydén L, Xavier D, Atisso CM, Dyal L, Hall S, Rao-Melacini P, Wong G, Avezum A, Basile J, Chung N, Conget I, Cushman WC, Franek E, Hancu N, Hanefeld M, Holt S, Jansky P, Keltai M, Lanas F, Leiter LA, Lopez-Jaramillo P, Cardona Munoz EG, Pirags V, Pogosova N, Raubenheimer PJ, Shaw JE, Sheu WH-H, Temelkova-Kurktschiev T. REWIND Investigators, Dulaglutide and cardiovascular outcomes in type 2 diabetes (REWIND): a double-blind, randomised placebo-controlled trial. Lancet (London, England) 2019;394:121–30. https://doi.org/10.1016/S0140-6736(19)31149-3.
- [11] Verma S, Bhatt DL, Bain SC, Buse JB, Mann JFE, Marso SP, Nauck MA, Poulter NR, Pratley RE, Zinman B, Michelsen MM, Monk Fries T, Rasmussen S, Leiter LA. LEADER publication committee on behalf of the LEADER trial investigators, effect of liraglutide on cardiovascular events in patients with type 2 diabetes mellitus and polyvascular disease: results of the LEADER trial. Circulation 2018;137:2179–83. https://doi.org/10.1161/CIRCULATIONAHA.118.033898.
- [12] Gallego-Colon E, Klych-Ratuszny A, Kosowska A, Garczorz W, Mohammad MR, Wozniak M, Francuz T. Exenatide modulates metalloproteinase expression in human cardiac smooth muscle cells via the inhibition of Akt signaling pathway. Pharmacol Rep 2018;70:178–83. https://doi.org/10.1016/ j.pharep.2017.10.003.
- [13] Jojima T, Uchida K, Akimoto K, Tomotsune T, Yanagi K, Iijima T, Suzuki K, Kasai K, Aso Y. Liraglutide, a GLP-1 receptor agonist, inhibits vascular smooth muscle cell proliferation by enhancing AMP-activated protein kinase and cell cycle regulation, and delays atherosclerosis in ApoE deficient mice. Atherosclerosis 2017;261: 44–51. https://doi.org/10.1016/j.atherosclerosis.2017.04.001.
- [14] Gaspari T, Welungoda I, Widdop RE, Simpson RW, Dear AE. The GLP-1 receptor agonist liraglutide inhibits progression of vascular disease via effects on atherogenesis, plaque stability and endothelial function in an ApoE-/mouse model. Diabetes Vasc Dis Res 2013;10:353–60. https://doi.org/ 10.1177/1479164113481817.
- [15] Kolodgie FD, Burke AP, Farb A, Weber DK, Kutys R, Wight TN, Virmani R. Differential accumulation of proteoglycans and hyaluronan in culprit lesions: insights into plaque erosion. Arterioscler Thromb Vasc Biol 2002;22:1642–8. https://doi.org/10.1161/01.ATV.0000034021.92658.4C.
- [16] Quillard T, Franck G, Mawson T, Folco E, Libby P. Mechanisms of erosion of atherosclerotic plaques. Curr Opin Lipidol 2017;28:434–41. https://doi.org/ 10.1097/MOL.00000000000440.
- [17] Franck G, Mawson T, Sausen G, Salinas M, Masson GS, Cole A, Beltrami-Moreira M, Chatzizisis Y, Quillard T, Tesmenitsky Y, Shvartz E, Sukhova GK,

Swirski FK, Nahrendorf M, Aikawa E, Croce KJ, Libby P. Flow perturbation mediates neutrophil recruitment and potentiates endothelial injury via TLR2 in mice. Circ Res 2017;121:31–42. https://doi.org/10.1161/ CIRCRESAHA.117.310694.

- [18] Bennett MR, Sinha S, Owens GK. Vascular smooth muscle cells in atherosclerosis. Circ. Res. 2016;118:692–702. https://doi.org/10.1161/ CIRCRESAHA.115.306361.
- [19] Hvid H B, Jensen S R, Witgen B M, Fledelius C, Damgaard J, Pyke C, Rasmussen T. Diabetic phenotype in the small intestine of Zucker diabetic fatty rats. Digestion 2016:199–214. https://doi.org/10.1159/000453107.
- [20] Pyke C, Heller RS, Kirk RK, Ørskov C, Reedtz-Runge S, Kaastrup P, Hvelplund A, Bardram L, Calatayud D, Knudsen LB, GLP-1 receptor localization in monkey and human tissue: novel distribution revealed with extensively validated monoclonal antibody. Endocrinology 2014;155:1280–90. https://doi.org/ 10.1210/en.2013-1934.
- [21] Bjørnholm KD, Ougaard ME, Skovsted GF, Knudsen LB, Pyke C. Activation of the renal GLP-1R leads to expression of Ren1 in the renal vascular tree, Endocrinol. Diabetes Metab 2021;4. https://doi.org/10.1002/edm2.234.
- [22] Carmeliet P, Moons L, Stassen J, De Mol M, Bouché A, van den Oord J, Kockx M, Collen D. Vascular wound healing and neointima formation induced by perivascular electric injury in mice. Am J Pathol 1997;150:761–76.
- [23] Kocher O, Gabbiani F, Gabbiani G, Reidy MA, Cokay MS, Peters H, Hüttner I. Phenotypic features of smooth muscle cells during the evolution of experimental carotid artery intimal thickening. Biochemical and morphologic studies. Lab Invest 1991;65:459–70.
- [24] Eriksson L, Saxelin R, Röhl S, Roy J, Caidahl K, Nyström T, Hedin U, Razuvaev A. Glucagon-like peptide-1 receptor activation does not affect Reendothelialization but reduces intimal hyperplasia via direct effects on smooth muscle cells in a nondiabetic model of arterial injury. J Vasc Res 2015;52:41–52. https://doi.org/10.1159/000381097.
- [25] Goto H, Nomiyama T, Mita T, Yasunari E, Azuma K, Komiya K, Arakawa M, Jin W, Kanazawa A, Kawamori R, Fujitani Y, Hirose T, Watada H. Exendin-4, a glucagon-like peptide-1 receptor agonist, reduces intimal thickening after vascular injury. Biochem Biophys Res Commun 2011;405:79–84. https:// doi.org/10.1016/j.bbrc.2010.12.131.

- [26] Tsai T, Lee C, Cheng C, Yn F, Chung S, Chen S, Lin C, Wu C, Hang C, Chen W. Liraglutide inhibits endothelial-to-mesenchymal transition and attenuates neointima formation after endovascular injury in streptozotocin-induced diabetic mice. Cells 2019;8:589. https://doi.org/10.3390/cells8060589.
- [27] Rakipovski G, Rolin B, Nøhr J, Klewe I, Frederiksen KS, Augustin R, Hecksher-Sørensen J, Ingvorsen C, Polex-Wolf J, Knudsen LB. The GLP-1 analogs liraglutide and semaglutide reduce atherosclerosis in ApoE -/- and LDLr -/mice by a mechanism that includes inflammatory pathways. JACC Basic to Transl. Sci 2018;3:844–57. https://doi.org/10.1016/j.jacbts.2018.09.004.
- [28] von Scholten B, Persson F, Rosenlund S, Eugen-Olsen J, Pielak T, Faber J, Hansen T, Rossing P. Effects of liraglutide on cardiovascular risk biomarkers in patients with type 2 diabetes and albuminuria: a sub-analysis of a randomized, placebo-controlled, double-blind, crossover trial. Diabetes Obes Metabol 2017;19:901-5. https://doi.org/10.1111/dom.12884.
- [29] Hogan A, Gaoatswe G, Lynch L, Corrigan M, Woods C, O'Connell J, O'Shea D. Glucagon-like peptide 1 analogue therapy directly modulates innate immunemediated inflammation in individuals with type 2 diabetes mellitus. Diabetologia 2014;57:781–4. https://doi.org/10.1007/s00125-013-3145-0.
- [30] Grootaert M, Bennett M. Vascular smooth muscle cells in atherosclerosis: time for a re-assessment, Cardiovasc. Res 2021;117:2326–39. https://doi.org/ 10.1093/cvr/cvab046.
- [31] Zinman B, Aroda VR, Buse JB, Cariou B, Harris SB, Hoff ST, Pedersen KB, Tarp-Johansen MJ, Araki E. PIONEER 8 investigators, efficacy, safety, and tolerability of oral semaglutide versus placebo added to insulin with or without met-formin in patients with type 2 diabetes: the PIONEER 8 trial. Diabetes Care 2019;42:2262–71. https://doi.org/10.2337/dc19-0898.
- [32] R. Molinaro, M. Yu, G. Sausen, C.A. Bichsel, C. Corbo, E.J. Folco, G.Y. Lee, Y. Liu, Y. Tesmenitsky, E. Shvartz, G.K. Sukhova, F. Kloss, K.J. Croce, O.C. Farokhzad, J. Shi, P. Libby, Targeted delivery of Protein Arginine Deiminase-4 inhibitors to limit arterial intimal NETosis and preserve endothelial integrity, (n.d.). https:// doi.org/10.1093/cvr/cvab074/6159770.
- [33] Worssam M, Jørgensen H. Mechanisms of vascular smooth muscle cell investment and phenotypic diversification in vascular diseases. Biochem Soc Trans 2021;49:2101–11. https://doi.org/10.1042/BST20210138.