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## Health consequences of exposure to environmental living conditions

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Propositions of the PhD thesis

**Health consequences of exposure to environmental living conditions:  
Pathways and spatial patterns in Europe**

*Benjamin Aretz*

1. Understanding the health impacts of the environment necessitates a holistic, multilevel approach (*Chapter 1*).
2. Associations of environmental living conditions and health do not appear equally over space (*Chapter 2*).
3. Prioritizing the reduction of unhealthy food supply over the expansion of healthy options is crucial in fighting obesity. (*Chapter 2*).
4. Changes in environmental living conditions in the short term can impact health. (*Chapter 3 & Chapter 5*).
5. There are vulnerable subpopulation that are more susceptible to adverse environmental living conditions (*Chapter 3 & Chapter 5*).
6. Ambient exposure to fine particulate matter poses a significant threat to public health, as it can impact both physical and mental health (*Chapter 4*).
7. Creating healthy living environments requires the collaboration of both regional and global policymakers (*Chapter 6*).
8. Considering both subjectively and objectively measured environmental living conditions is essential for comprehensively understanding the environmental health pathway (*This thesis*).
9. There is no philosophy which is not founded upon knowledge of the phenomena, but to get any profit from this knowledge it is absolutely necessary to be a mathematician (*D. Bernoulli*).
10. Learn to listen with your fingers (*Helen B. Taussig*).