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Implicit Bias Mask 2023: Exploration of Implicit Biases and Solutions

Abigail M. Schuch

Wayne State University, hq1505@wayne.edu

Bamdad Tayyari

Wayne State University, hp8277@wayne.edu

Cassidy Anne Kamrada

Wayne State University, hr1128@wayne.edu

Sen Gao

Wayne State University, hp8562@wayne.edu

Solen Tadesse

Wayne State University, hc9091@wayne.edu

See next page for additional authors

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Authors

Abigail M. Schuch, Bamdad Tayyari, Cassidy Anne Kamrada, Sen Gao, Solen Tadesse, and Sophia L. Braun

Exploration of Implicit Biases and Solutions

Authors: Tadesse, S., Gao, S., Tayyari, B., Schuch, A., Kamrada, C., Braun, S.

Learning Community Group: Orange 28



List at least 6 sentences describing how the growth mindset will help your group

- This mindset enables one to communicate with people of diverse backgrounds.
- This mindset enables one to not limit themselves based on previously held notions.
- This mindset enables one to appreciate insights from people of all backgrounds.
- This mindset enables one to hold the concerns and worries of everyone as valuable.
- This mindset enables one to not allow judgements to block gathering of pertinent information.
- This mindset enables one to focus on the pressing issues at hand.



List at least 6 biases

- Someone speaking with an accent
- Judgement based on job someone holds or education level
- Young age and perception of ignorance
- Old age and associated pathologies
- Use of prohibited substances
- Disheveled or unkempt appearance



List at least 6 aspects of professional identity that will help your group as a physician in training

- Ensuring people feel heard: bridges gaps in communication.
- Ensuring effective information is communicated: reduces risks of preventable errors.
- Ensuring lack of judgement: prevents a fixed mindset.
- Ensuring patients always receive courtesy: maintains open dialogue
- Ensuring display of empathy: allows for comfort
- Ensuring optimism: allows for all potential treatment options to be explored.



Reflection on the Project (40 words)

We found this project to be an effective exploration of the biases potentially held by all individuals. Moreover, we enjoyed exploring various strategies to result in attenuation of these biases through the employment of both a growth mindset and various professional identity formations.

