Nanoscale

PAPER

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Cite this: Nanoscale, 2023, 15, 18337

Received 20th July 2023, Accepted 18th October 2023 DOI: 10.1039/d3nr03556e

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Introduction

The presence of deposits of alpha-synuclein (α S) fibrils in the cells of the brain is a hallmark of α -synucleinopathies, including Parkinson's disease, dementia with Lewy bodies and multiple system atrophy. α S is a 140 amino acid intrinsically disordered protein. It is abundantly present in the brain, where it plays a role in membrane remodeling and membrane trafficking.¹⁻⁶ For reasons that are not well understood, α S loses its physiological function and self-assembles into amyloid fibrils. These fibrils form deposits in disease-specific brain cells and regions. It has been suggested that, similar to prion diseases, the different pathologies are the result of α S amyloid fibrils with different structural characteristics, also referred to as *fibril strains*.⁷⁻⁹

SARS-CoV-2 N-protein induces the formation of composite α -synuclein/N-protein fibrils that transform into a strain of α -synuclein fibrils[†]

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The presence of deposits of alpha-synuclein (α S) fibrils in the cells of the brain is a hallmark of several α -synucleinopathies, including Parkinson's disease. As most disease cases are not familial, it is likely that external factors play a role in the disease onset. One of the external factors that may influence the disease onset is viral infection. It has recently been shown in *in vitro* assays that in the presence of SARS-Cov-2 N-protein, α S fibril formation is faster and proceeds in an unusual two-step aggregation process. Here, we show that faster fibril formation is not due to the SARS-CoV-2 N-protein-catalysed formation of an aggregation-prone nucleus. Instead, aggregation starts with the formation of a population of mixed α S/N-protein fibrils with low affinity for α S. Mixed amyloid fibrils, composed of two different proteins, have not been observed before. After the depletion of N-protein, fibril formation into fibrils with characteristics of a pure α S fibril growth until a new equilibrium is reached. We hypothesize that this fibril strain transformation may be of relevance in the cell-to-cell spread of the α S pathology and disease onset.

In the cell-to-cell transmission of the amyloid fold and the progression of the disease, the intrinsic architecture of the amyloid fold is replicated and preserved between cells.⁷ Which α S fibril strain is found in brain cells therefore likely depends on how the aggregation starts. Various experiments have shown that different external factors, including the presence of (poly)cations, virus proteins, lysozyme fibrils, and fine particulate matter, affect α S aggregation.^{10–14} Since most cases of α -synucleinopathies are not familial, external factors and/or changes in internal factors due to aging likely play a dominant role in disease onset.

One of the external factors that may influence disease onset is virus infection. For some viruses, this is well established in case studies or on an epidemiological level.^{15–19} In the context of the COVID pandemic, the first cases that connect SARS-CoV-2 infections to the development of Parkinson's disease (PD) have been reported.^{20–23} We have recently presented results that point toward direct interactions between the N-protein of SARS-CoV-2 and α -synuclein as a molecular basis for the observed relationship between SARS-CoV-2 infections and Parkinsonism. In the presence of N-protein, α S fibril formation is not only much faster, it also proceeds in an unusual two-step aggregation process in which two different fibril strains are formed.¹¹ However, the specific mechanisms by which N-protein accelerates this aggregation, and whether



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[†]Electronic supplementary information (ESI) available. See DOI: https://doi.org/ 10.1039/d3nr03556e

N-protein becomes a permanent component of the resulting fibril, are still unknown. The question if N-protein is essential for fibril growth has significant implications, especially in the context of the transmission of the amyloid fold to cells that lack N-protein.

Here, we show that the observed aggregation kinetics results from the initial formation of a population of mixed α S/N-protein fibrils with low affinity for α S. After the depletion of N-protein, fibril formation grinds to a halt until a slow transformation to a pure α S fibril strain occurs. This pure α S fibril strain has a higher affinity for α S and dominates the fibril population at later times. Upon addition of monomeric α S, the first fibril strain only slowly elongates or requires the presence of additional N-protein. The second fibril strain readily seeds α S aggregation. In view of the cell-to-cell spread of a virus-induced α S pathology, we therefore hypothesize that this fibril strain conversion is required for the transmission of the amyloid fold between cells.

Results and discussion

Aggregation assays show that the α S fibril formation proceeds considerably faster in the presence of the SARS-CoV-2 N-protein. Moreover, a two-step aggregation process is observed (Fig. 1a).¹¹ In the presence of the amyloid reporter dye thioflavin T (ThT), we observe an increase of ThT emission after a lag time, t_0 , to a first plateau, p1. After some period of time in which the ThT intensity remains constant, the ThT emission increases again to a final plateau, p2 (Fig. 1a). The nature of the two plateaus and that of the transition is unknown. To characterize the fibrils formed at the plateaus p1 and p2 and those during the transition from p1 to p2, we recorded AFM images at different times. From these AFM images we obtained the helical pitch via a discrete Fourier transform. We observe that going from p1 to p2, the helical pitch of the fibrils changes. Initially, in p1, fibrils with a helical pitch of approximately 86 nm dominate. In due course, an increasing number of fibrils with a pitch of 126 nm appear. Finally, at p2, fibrils with a pitch of approximately 126 nm dominate (Fig. 1b and c). In addition, we observe a change in the height of the fibrils going from p1 to p2 (Fig. 1d). At p1, the mean fibril height is 10.0 ± 1.8 nm, while at p2 the mean height is 8.5 ± 1.7 nm. The different fibril characteristics suggest that these are two different fibril strains. We refer to the fibrils with a pitch of 86 nm and a height of 10 nm as strain 1 (s1) fibrils and those with a pitch of 126 nm and a height of 8.5 nm as strain 2 (s2) fibrils.

It is not clear what the origin of the two different ThT intensity plateaus is. It is well known that the fluorescence intensity of ThT bound to amyloid fibrils depends not only on the fibril mass but also on the fibril morphology.²⁴ The two plateaus could thus just represent the two different fibril strains. To directly determine the fibril mass, we measured the residual α S monomer concentration in solution. To be able to discriminate between α S and N-protein, we used a fraction of fluores-

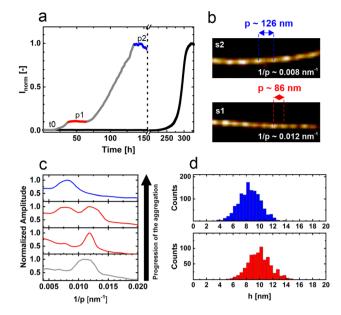


Fig. 1 Aggregation of α S in the presence of N-protein. (a) Aggregation assay of 50 μ M α S in the absence (black) and presence (grey) of 1 μ M SARS-CoV-2 N-protein. The aggregation process is followed by recording the fluorescence of the amyloid-binding dye ThT. The aggregation of aS in the presence of N-protein is much faster compared to the aggregation in the absence of the N-protein. In the presence of N-protein, aggregation proceeds in two steps. After a lag time, t_0 , a plateau, p1 (red) is reached, and aggregation resumes after some time lag to a second plateau, p2 (blue). The dashed line marks the break in the x-axis. (b) AFM images of fibrils obtained from the stages p1 and p2. At p1 and p2, two different fibril strains s1 and s2 are observed. The mean periodicity p of s1 is 86 nm and that of s2 is 126 nm. (c) Discrete Fourier analysis showing the distribution of 1/p values obtained for fibrils during the aggregation from p1 to p2. The colors of the curves relate to the different phases of fibril growth shown in a. Initially, s1 fibrils with a periodicity of 86 nm dominate. In time, s2 fibrils appear, which are visible as a growing peak at $1/p = 0.008 \text{ nm}^{-1}$. In stage p2, the s2 fibril strain dominates. (d) Height distributions and the mean heights of s1 and s2 fibrils. For s1 fibrils, the height is 10.0 ± 1.8 nm; for s2 fibrils, the height is 8.5 ± 1.7 nm.

cently labelled α S in the aggregation. Samples were taken from the p1 and p2 plateaus, and the formed amyloid fibrils were spun down via high-speed centrifugation. The residual monomer concentration in the supernatant was determined by measuring the absorbance of the fluorescently labelled αS-AF647 at 650 nm and using the Lambert-Beer relation (Fig. 2a). In stage p1, we find an α S residual monomer concentration of 42 µM, whilst in stage p2 we measure a concentration of 26 µM. In p1, 8 µM of αS has aggregated into fibrils while in p2 the amount of aS aggregated increases by a factor three, to 24 μ M. The fibril mass clearly increases going from p1 to p2, showing that an increase in the total fibril mass accompanies the two-step aggregation. However, the increase in ThT intensity is not proportional to the increase in fibril mass, which also supports the finding that p1 and p2 contain different fibril strains. The residual as monomer concentrations at p1 and p2 show that the affinity for αS monomer addition is different for the two fibril strains. First, a fibril

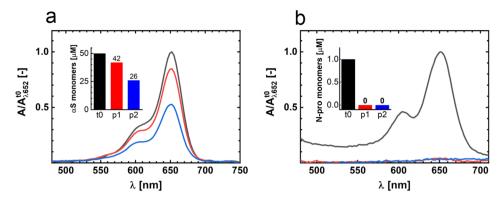


Fig. 2 Residual monomer α S and N-protein concentrations in solution. (a) Absorbance spectra of α S-AF647 in the supernatant after spinning down the fibrils. Data are shown for samples obtained in the stages t_0 (black), p1 (red) and p2 (blue). The data are peak-normalized to the t_0 -stage absorbance. The inset shows the derived total residual α S monomer concentrations at different stages of the aggregation process. At t_0 , the solution contained 50 μ M α S and 1 μ M N-protein. (b) The experiment was repeated with N-protein-AT647. At t_0 , the solution contained 50 μ M α S and 1 μ M N-protein. The absorbance spectra are recorded from the supernatant after spinning down the fibrils. Data are shown for samples obtained in the stages t_0 (black), p1 (red) and p2 (blue). The data are peak-normalized to t_0 absorbance. The inset shows the derived total residual N-protein concentrations at the different stages of aggregation.

strain with lower αS affinity is formed; subsequently a fibril species with higher αS affinity appears. The plateaus in the ThT intensity trace represent the apparent equilibrium between amyloid fibrils and monomers.

The N-protein induces the aggregation of α S. It has been shown that this proceeds *via* the formation of α S/N-protein complexes.¹¹ Whether the N-protein acts as a catalyst that triggers aggregation, or plays a direct role in the formation of fibrils, remained unclear. To determine whether the N-protein is consumed in fibril formation, we use the same approach outlined above and determined the residual N-protein concentration in p1 and p2. In p1 and p2, we observe a depletion of the N-protein in the supernatant (Fig. 2b). We therefore conclude that the N-protein does not act as a catalyst, as it is not released after inducing α S aggregation.

Interestingly, after the transfer of the p1 fibrils to a high ionic strength solution, we find some N-protein back in solution (Fig. S1[†]). This indicates that a small fraction of the net positively charged N-protein binds to the amyloid fibrils that contain the net negatively charged α S. The charge–charge interaction between N-protein and pure preformed α S fibrils is further confirmed by direct observation (Fig. S2[†]). However, this adsorption of N-protein to the amyloids cannot explain the change in helical pitch observed going from s1 to s2. This, together with the small fraction of N-protein that we find adsorbed to fibrils, suggests that (part of) the N-protein is an integral part of the s1 fibrils. N-protein is a reaction partner in the formation of s1 fibrils.

In p1, α S and N-protein have been consumed in a ratio of approximately 8 to 1, and the supernatant is depleted of the N-protein, while α S is still present in excess. If N-protein is a reaction partner in fibril formation, it should therefore be possible to restart the growth of s1 fibrils. The addition of N-protein in p1 indeed results in a restart of fibril formation as evidenced by an immediate increase in the ThT intensity

(Fig. 3a). The increase in the ThT signal levels off with time, as observed for the initial increase to p1. Fibril formation continues until N-protein is depleted from solution again. The newly formed fibril mass scales with the added amount of N-protein. Using fluorescently labelled N-protein in the aggregation confirms that N-protein is part of the formed fibrils. We observe a colocalization of fluorescence from the fluorescently labelled N-protein and ThT (Fig. 3b). To exclude the possibility that N-protein forms amyloid fibrils by itself, we isolated the s1 fibrils, removed the residual aS and subsequently added N-protein. The isolated s1 fibrils do not seed the formation of pure N-protein fibrils (Fig. 3c). Combined, these results show that both N-protein and αS are required for the formation of s1 fibrils. At p1, composite fibrils containing α S and N-protein in an overall ratio of approximately 8 to 1 have been formed. These composite fibrils have a periodicity of 86 nm and an approximate height of 10 nm. While coaggregation of different proteins has been observed in the past, these instances have typically involved heterologous seeding through secondary nucleation, resulting in separate fibrils formed from distinct proteins.¹⁰ However, the formation of mixed fibrils, which are composed of two different proteins, is a novel discovery to the best of our knowledge. We cannot resolve how the N-protein is distributed within the amyloid fibrils. We observe both N-protein and αS along the length of the s1 fibril but the optical resolution does not suffice to resolve if the distribution of N-protein and aS is blocky, periodic, statistical, or alternating. In solution, the N-protein dimerizes via the N-terminal dimerization domain. It is not unlikely that the dimeric structure of the N-protein is preserved in the fibril and that the lowcomplexity domain of the N-protein is part of the fibril core. The formation of composite fibrils containing N-protein is in line with reports on the formation of amyloid-like fibrils of N-protein in the presence of viral RNA.²⁵ It has been observed that the interaction between the low-complexity domain of the

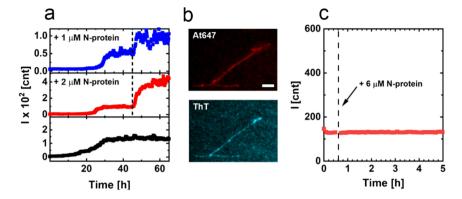


Fig. 3 Seeded aggregations and fluorescence images of s1 fibrils. (a) ThT aggregation assay to monitor the restart of fibril formation upon the addition of N-protein. After reaching the plateau p1, N-protein was added at the time-point indicated by the dashed line (1 μ M N-protein added (blue) and 2 μ M N-protein added (red)). The black curve shows the aggregation to p1, and no additional N-protein was added. The addition of N-protein immediately restarts the aggregation. The increase in ThT emission reflects the added amount of N-protein. (b) Fluorescence microscopy images of fibrils formed in the presence of the At647-labelled N-protein. The top panel shows the emission from the At647-labelled N-protein. The bottom panel shows the ThT emission and confirms that the visualized structures are amyloid fibrils. (c) ThT assay of the resuspended isolated s1 fibrils. At the time-point indicated by the dashed line, N-protein was added. The addition of N-protein did not restart aggregation in the absence of α S.

N-protein and viral RNA facilitates fibril formation. The net negatively charged disordered αS may act in a similar way, resulting in composite $\alpha S/N$ -protein fibrils.

Since N-protein has been depleted in p1, while α S was still present in excess, the s2 fibrils must predominantly contain α S. Indeed, the characteristics of the s2 fibrils resemble the characteristics of aS fibrils formed in the absence of N-protein under comparable conditions. The fibril periodicity, height and the residual monomer concentration matches the values found for pure α S fibrils.^{26,27} In agreement with this, we observe that s2 fibrils can seed aS aggregation. The addition of 50 μ M α S to s2 fibrils under quiescent conditions resulted in an immediate start and linear increase of the ThT intensity with time (Fig. S3[†]). The linear increase in ThT intensity with time evidences that the increase in fibril mass is dominated by the addition of αS monomers as expected under these conditions. We conclude that the different height and periodicity observed for s1 fibrils results from the incorporation of N-protein.

The depletion of N-protein is the reason for the observed plateau p1. Next, we investigated the mechanism that underlies the restart of the aggregation and the formation of s2 fibrils. The formation of two different fibril strains in a two-step aggregation process has been observed before. The aggregation of a mixture of the amyloid peptides $A\beta 40$ and $A\beta 42$ results in an apparent two-step aggregation behavior due to the formation of two different fibril strains, which independently form following different lag times.²⁸ However, in our experiments, the aggregation towards p2 is fast compared to the *de novo* formation of α S fibrils (Fig. 1a). We therefore rule out that the two-step aggregation process is the result of two independent nucleation processes of composite α S /N-protein fibrils and pure α S fibrils. Another mechanism that could account for the observed two-step aggregation process is

surface-catalyzed secondary nucleation (SCSN) of amyloids, where the surface of the composite fibrils nucleates the formation of pure α S fibrils.^{29,30} To test if SCSN is responsible for the observed behavior, we performed the aggregation of α S under quiescent conditions in the presence of s1 fibrils. The experiments were performed with an excess of α S at different α S concentrations. At the start of the experiment, we observed not a concave but a linear increase of the ThT signal for all α S concentrations tested (Fig. 4). Upon the depletion of α S, the curves level off, and the plateau ThT intensity scales with the α S concentration added. The plateau ThT intensity hence

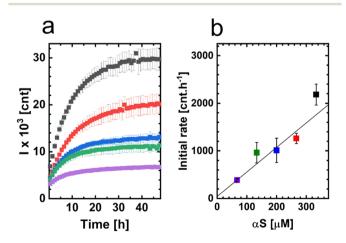


Fig. 4 Aggregation of α S in the presence of fibrils from p1. (a) Increase in ThT emission as a function of time for increasing concentrations of added monomeric α S, 333 μ M (black), 267 μ M (red), 200 μ M (blue), 133 μ M (green), 67 μ M (purple) and a constant concentration (~4 μ M equivalent monomer) of p1 fibrils. (b) Initial slope of the ThT emission increase observed for the different added α S monomer concentrations. The color coding is the same as shown in (a).

reflects the total mass of the fibrils. The fact that we observe a linear and not a concave increase in ThT intensity with time points to growth of the fibrils from the fibril ends. If the aggregation kinetics is governed by the rate of addition of monomers to the fibril ends, the aggregation can be treated as a bimolecular reaction of the first order.²⁷ When we plot the initial slope of the ThT curves as a function of the added αS monomer concentration, we indeed observe a linear relationship (Fig. 4b). This linear increase of the initial growth rate with the added as monomer concentration signifies that the addition of aS to s1 fibrils results in a bimolecular reaction of the first order. In this case, the increase in ThT intensity with time can also be described as end-growth/evaporation kinetics.³¹ Fitting the increase of the ThT intensity to the endgrowth/evaporation model (see Materials and methods section), we obtain a constant intrinsic relaxation time of 10.2 ± 1.4 hours over all five experiments, which confirms that growth occurs from the fibril ends. We therefore conclude that the transition into the second plateau is not caused by the nucleation of new fibrils via SCSN.

In the absence of new nucleation events, the fibrils themselves have to transform, and the obtained data suggest that s1 fibrils elongate and transform into the s2 phenotype. The observation of the two fibril strains and the transformation from one to the other is reminiscent of the sergeant–soldier mechanism observed in the amplification of chirality in supramolecular polymers.^{32–34} At p1, the presence of small amounts of N-protein (sergeants) dictates how α S (soldiers) are incorporated into the s1 fibrils. With the depletion of the N-protein from solution upon the growth of the s1 fibrils, this structural dictate weakens. In the absence of the N-protein, fibril growth will be determined by α S, which eventually results in s2 fibrils with a structural characteristic that resembles more that of the pure α S fibrils (Fig. 1c).

To directly visualize this fibril growth, we started the aggregation of aS in the presence of N-protein with a fraction of α S labelled with α S-AF488 under mild agitation. After reaching p1, aS conjugated with aS-AF647 was added and aggregation was allowed to proceed (Fig. 5 schematic). Fluorescence microscopy images of the resulting s2 fibrils are shown in Fig. 5 and Fig. S4.† The images reveal the presence of segments of different colors, where the initial s1 fibrils (green) are elongated by the later added αS (red). Besides fibrils that contain segments of different colors, we also observe fibrils of only one color (ESI[†]). We attribute the presence of one-color fibrils to fibril breaking. The presence of segments of different colors within one fibril is expected since in the absence of secondary nucleation processes growth of amyloid fibrils occurs from fibril ends. New α S-AF647 add to the ends of the α S-AF488-labelled fibrils. For amyloid fibrils, monomer dissociation is typically slow, which limits the exchange of the N-protein and α S. Once the N-protein is incorporated into the composite fibril, it is likely to stay there. The s1 fibril may retain its structure and elongate into s2 fibrils with different characteristics. We were, however, not able to unequivocally identify s1 domains

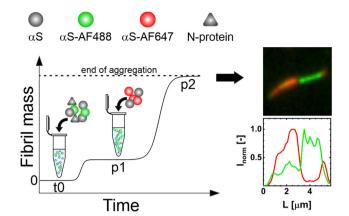


Fig. 5 Visualizing the two steps of α S aggregation in the presence of N-protein. The starting α S/N-protein aggregation mixture in stage t_0 contains a fraction of α S-AF488 (green). Once the first plateau p1 is reached, α S-AF647 is added (red). The resulting fibrils were imaged using TIRF microscopy after p2 was reached. The resulting fibrils clearly show segments of different colors. This evidences that the s1 fibril strain extends and converts into the s2 fibril strain.

in s2 fibrils in the AFM images. While it is possible to globally discriminate the s1 and s2 morphologies, the contrast may not be large enough to identify differences in periodicity and height within short segments. Alternatively, the stresses that are created in the growing fibrils due to the absence of N-protein (sergeants) may cause the s1 fibrils to deform and reorganize into a mixed fibril with s2 characteristics. This fibril strain transformation is a chance process; the increase in fibril mass is initially very slow, resulting in a near constant ThT signal at p1. With the occurrence of a fibril strain transformation, the fibrils elongate up to a point where sample agitation causes the elongated fibrils to break, creating more fibrils. The increase in the number of ends results in an exponential increase of the fibril mass towards p2.

Our study underscores a potential link between SARS-CoV-2 infection and the development of synucleopathies through the interaction between the viral N-protein and aS. Initially, N-protein and aS form mixed fibrils, which require N-protein for propagation, rendering them irrelevant for disease onset in uninfected cells. However, these composite fibrils can transform into an αS fibril strain that no longer needs N-protein and is likely able to propagate in cells irrespective of SARS-CoV-2 infection. Notably, the transformation into the α S strain is faster than the *de novo* α S fibril formation, suggesting that viral infection may accelerate synucleinopathy development. We hypothesize that fibril strain conversion is crucial for the cell-to-cell transmission of virus-induced αS pathology. This conversion effectively erases the viral signature, making it difficult to identify viral infection as the initial trigger for disease onset. After strain conversion, the structural characteristics of the new fibrils become indistinguishable from those commonly associated with various synucleinopathies, further complicating the traceability of external factors in disease development.

Conclusions

In summary, the SARS-CoV-2 N-protein does not induce aS aggregation by catalysing the formation of an aggregationprone nucleus. Instead, the N-protein and αS co-aggregate resulting in the formation of a composite α S/N-protein fibril of which the N-protein is an integral part. Although in the fibril the N-protein/ α S ratio is small, the presence of N-protein dictates a different fibril morphology compared to that of pure aS fibrils. The observation that a few N-proteins can direct the organization of a large number of a proteins has not been observed before for amyloid fibrils but is reminiscent of the sergeant-and-soldier principle known from the amplification of chirality in supramolecular chemistry.33-36 The composite fibrils have relatively low affinity for αS and, therefore, do not deplete the solution of αS . After reaching the equilibrium between α S, N-protein and the composite fibril, the increase in fibril mass comes to an apparent stop. However, with the depletion of N-protein, the morphology of the fibrils changes. At the fibril ends, lengthening of the composite fibril by the homo-aggregation of as results in a slow fibril strain conversion to s2 fibrils. This transformation into a strain of αS fibrils subsequently results in a second phase of fibril growth until a new equilibrium is reached. The fibrils of the second fibril strain resemble pure α S fibrils and have a much higher affinity for the α S monomers. Our study reveals a potentially significant process where the rapid formation of a composite fibril strain, requiring SARS-CoV-2's N-protein for propagation, transforms into an aS fibril strain, which can propagate without N-protein, even in uninfected cells. This transformation, being faster than the de novo aS fibril formation, potentially triggers and accelerates synucleinopathy development.

Materials and methods

Preparation and labelling of αS monomers

The expression of the human αS wild-type (αS), and the α SA140C and α SA18C mutants with single alanine to cysteine substitutions, was performed in E. coli B121 (DE3) using the pT7-7-based expression system. Details on the purification procedure for α S and α S140C are described elsewhere.³⁷ SDS-Page gels of the purified aS protein can be found in the ESI (Fig. S5[†]). The aSA140C and aSA18C were conjugated with the maleimide derivative of AlexaFluor 568 (AF568), AlexaFluor 488 (AF488) or AlexaFluor 647 (AF647) (Thermo Fisher Scientific, USA), targeting the cysteine residues. The following fluorescent aS conjugates were used in this work: aSA140C-AF488, α SA18C-AF647 and α SA18C-AF568. We will refer to the labelled proteins with the shorthand notations aS-AF488, aS-AF647 and α S-AF568, respectively. For the labeling, each of the α S mutants was first incubated with 2 mM DTT to ensure the reduction of any present disulfide bridges. The DTT was removed using a 2 ml ZebaSpin MWCO 7 kDa desalting column (Thermo Fisher Scientific, USA). The column was preequilibrated by washing it with 1 ml of 10 mM TRIS buffer at

pH 7.5 for three consecutive times by spinning them at $1000 \times g$ for 2 minutes for each washing step. The protein solution containing the respective as mutants was placed on the equilibrated column and was spun down for 2 minutes at 1000×g. The DTT-free eluate containing the αS mutant of interest was collected. 100 µM of aSA140C or aSA18C was incubated with 2-fold excess of the corresponding AlexaFluor dye at room temperature, in the dark and under mild agitation for the duration of two hours. To separate the labeled protein from the free dye, the reaction mixture was transferred to a 2 ml ZebaSpin MWCO 7 kDa (Thermo Fisher Scientific, USA) column that was washed in advance 3 times with 10 mM TRIS buffer at pH 7.5. The column with the dye-protein reaction mixture was spun down for 2 minutes at 1000×g and the eluate containing the labeled protein was collected for further use and characterization. The degree of labeling (DOL) was determined by means of UV-vis absorbance spectroscopy. The DOL was approximately 0.5, 1 and 1 for the α S-AF647, α S-AF488 and α S-AF568, respectively.

Preparation and labelling of the SARS-CoV-2 N-protein

The SARS-CoV-2 N-protein was recombinantly produced in our laboratory using plasmid nr. #157867 (Addgene, USA), following the procedure described in detail elsewhere.³⁸ SDS-Page gels of the purified N-protein can be found in the ESI (Fig. S5[†]). In all experiments, we used N-protein in the concentration range that shows a strong decrease in the aS aggregation lag time.¹¹ The purified N-protein was labeled using Atto 647 NHS - ester (Atto-Tec, Germany) targeting the accessible amino groups of the protein. 40 µM N-protein in 20 mM Hepes, pH = 8, and 100 mM NaCl were incubated with 3-fold excess of Atto 647N NHS at room temperature, under gentle agitation, for 2 hours in the dark. The reaction mixture was then transferred to a 2 ml ZebaSpin MWCO 7 kDa desalting column (Thermo Fisher Scientific, USA) to separate the labeled protein from the free dye. The columns were pre-equilibrated by washing them with 20 mM Hepes, pH = 8, 100 mM NaCl for three consecutive times by spinning them at $1000 \times g$ for 2 minutes for each washing step. The reaction mixture was spun down for 2 minutes at 1000×g and the eluate containing the labeled protein was collected for further characterization. The degree of labeling (DOL) of ~1.8 was determined by means of UV-vis absorbance spectroscopy. We will refer to the labelled protein as N-protein-At647.

THT aggregation assays

In the aggregation assays, a solution of 50 μ M α S and 1 μ M N-protein in 20 mM Tris buffer (Sigma-Aldrich, UK), pH = 7.4, 5 μ M ThT (Fluka, Sigma-Aldrich, UK), and 10 mM NaCl (Sigma-Aldrich, USA) was placed in the wells of a 96-well half-area clear flat-bottomed polystyrene NBS (low bind) microplate (3881, Corning, USA). Samples were prepared in 3 replicates of 50 μ L. The aggregation proceeded while shaking at 500 rpm at 37 °C. To follow the aggregation, the increase in ThT fluorescence was monitored using a plate reader (Infinite 200 Pro, Tecan Ltd, Switzerland). The ThT dye was excited at 446 nm

and the fluorescence signal was measured at 485 nm every 10 min. Both the N-protein and α S have been reported to phase-separate into liquid condensates at high concentrations.^{38–40} In phase contrast microscopy, we observe no signs of phase separation at the protein concentrations and buffer conditions used here.

Atomic force microscopy

The samples from the aggregation mixture (50 μ M α S, 1 μ M N-protein) were diluted five times, deposited onto freshly cleaved mica (Muscovite mica, V-1 quality, EMS, USA), and left to rest for 5 minutes. The sample was carefully washed 3 times with 20 µL of demineralized water (Milli-Q) and gently dried under flow (low flow rate) of nitrogen gas. AFM images were obtained using a BioScope Catalyst (Bruker, USA) in soft tapping mode using a silicon probe, NSC36 tip B with a force constant of 1.75 N m⁻¹ (MikroMasch, Bulgaria). Images were captured with a resolution of 512×512 (10 µm × 10 µm) pixels per image at a scan rate of 0.2 to 0.5 Hz. AFM images were processed using the Scanning Probe Image Processor (SPIP, Image Metrology, Denmark) and Nanoscope Analysis (Bruker, USA) packages. The fibril length and periodicity morphology were analyzed using a custom fibril analysis MATLAB script and the FiberApp package.⁴¹

Determination of the residual monomer concentration

The residual α S monomer concentration was determined by first aggregating 49 µM α S, 1 µM α S-AF647 (DOL = 0.5) and 1 µM N-protein in conditions identical to those described in the Aggregation assays section. Samples were taken out of the well plate at either p1 or p2 and were spun down for 1 hour at 18 000×g. The absorbance of the supernatant was measured at λ = 650 nm using the Nanodrop ND-1000 (ThermoFisher Scientific, USA) or the UV-2401 (Shimadzu, Japan) UV-vis spectrophotometer. The concentration of α S-AF674 was determined spectroscopically and from this the total residual α S monomer concentration was derived by considering the ratio between labelled and unlabelled α S.

The residual N-protein concentration was determined by first aggregating 50 μ M α S, 0.5 μ M N-protein and 0.5 μ M N-protein-At647 (DOL = 1.8) at conditions identical to those described in the Aggregation assays section. Samples were taken out of the well plate at either p1 or p2 and the residual N-protein concentration was determined in an identical manner as for α S (see above). An additional set of samples from p1 and p2 was incubated at high-ionic strength conditions (0.5 M NaCl) for 1 hour to minimize adsorption of the net positively charged N-protein to the fibrils, which are mainly composed of net negatively charged α S. After that the residual N-protein monomer concentration was determined in the same way as it was done for α S and N-protein without the high-salt incubation step (Fig. S1†).

Aggregation in the presence of fibrils from p1 and p2

 α S and N-protein monomers in the presence of fibrils from p1. α S and N-protein were aggregated following the protocol

described in the Aggregation assays section. After p1 was reached, the N-protein concentration was increased by ~1 μ M and ~2 μ M from a 40 μ M N-protein stock solution in 20 mM Tris buffer. After the addition of N-protein monomers, the aggregation assay and the readout commenced in the plate reader.

N-protein monomers in the presence of fibrils from p1. α S and N-protein were aggregated following the protocol described in the Aggregation assays section. When p1 was reached, the aggregation mixture was taken out of the well plate and spun down for 1 hour at 18 000×*g*. The pellet with p1 fibrils was resuspended in 20 mM Tris buffer and 10 mM NaCl. The solution of resuspended p1 fibrils was placed in a well and the well plate was returned to the plate reader. After ~45 min, the N-protein concentration was increased by 6 μ M. After the addition of extra N-protein, the measurement was continued.

αS monomers in the presence of fibrils from p1. A solution of 50 μ M α S, 1 μ M N-protein, 20 mM Tris, pH = 7.5, 5 mM ThT, and 10 mM NaCl was incubated in a Thermomixer comfort (Eppendorf, Germany) at 37 °C while shaking at 500 rpm. The aggregation was followed by measuring the ThT emission signal at λ = 485 nm, using a Cary Eclipse fluorescence spectrometer (Agilent Technologies, USA). When p1 was reached, the aggregation mixture containing the fibrils obtained in p1 was used to prepare the samples for the aggregations. To these solutions, as monomers were added to reach the set of concentrations that was given in the main text. In the final samples, the solution obtained from p1 was diluted 3 times. Besides, the α S concentration experimental conditions were identical to the ones used for the initial aggregations. The samples were placed in a well plate. The aggregation and the readout were performed on a Saffire² plate reader (Tecan, Switzerland) under quiescent conditions, at 37 °C, excitation at 445 nm and emission at 485 nm. The ThT signal was recorded every 15 min. The initial rates were determined using the data points recorded within the first 2 h of the aggregation. In addition, the averaged data for each condition were fitted to an end-growth/evaporation kinetics model:³¹

$$V = I_{
m inf} + I_0 \times \left(1 - \exp\left(-rac{t}{ au}
ight)
ight)$$

In this equation, I_{inf} represents the plateau value of the thioflavin T (ThT) fluorescence intensity, I_0 is the initial intensity at the beginning of the experiment, and τ stands for the intrinsic relaxation time.

αS monomers or N-protein in the presence of fibrils from **p2**. αS and N-protein were aggregated following the protocol described in the Aggregation assays section. When p2 was reached, the aggregation mixture was taken out of the well plate and spun down for 1 hour at $18\ 000 \times g$. The pellet of p2 fibrils was resuspended in 20 mM Tris and 10 mM NaCl and either monomeric αS was added to increase the total αS concentration to 50 µM or N-protein was added to a total concentration of 1 µM. The solution was then placed back in the well and the well plate returned to the plate reader. The aggregation

and readout were reinitiated under quiescent conditions at 37 °C. The results are shown in the ESI. \dagger

Microscopy

Visualizing the two steps of αS aggregation in the presence of N-protein

αS-AF488/αS-AF647. 50 μM αS, 0.5 μM αS-AF488 and N-protein were aggregated following the protocol described in the Aggregation assays section. When p1 was reached, the sample was taken out from the well plate and the fibrils were spun down at 18 $000 \times g$ for 1 h. The supernatant was removed and the pellet of fluorescently labeled fibrils was resuspended in 20 mM tris and 10 mM NaCl. The spin down, supernatant removal and resuspension steps were repeated. 0.5 µM α S-AF647 and 40 μ M monomeric wild-type α S were added to the solution of resuspended fibrils, which was then returned to the well plate and the aggregation was continued under the same conditions as it was started. Once the aggregation finished (p2), the resulting fibrils were imaged using a Nikon TiE in total internal reflection fluorescence (TIRF) mode. For the excitation of the two fluorescent labels, the 488 nm line of an argon laser (35-IMA-040, Melles Griot, USA) and a 640 nm diode pumped solid state laser (Coherent Cube 640 100C, US) were used. To image the aS-AF488 signal, a filter cube with a 480 nm excitation filter and 10 nm bandpass, 488 nm dichroic mirror and a 520 nm emission filter with 30 nm bandpass was used. To image aS-AF647, a filter cube containing a 640 nm excitation filter with 20 nm bandpass, a 640 nm dichroic and a 675 nm emission filter with 50 nm bandpass was used. The images were obtained using a 100× Apo TIRF 1.49 oil objective (Nikon, Japan) and recorded with an iXon 3 Andor DU-897 EMCCD camera (Oxford Instruments, UK).

αS-AF647/αS-AF568. 50 μM αS, 0.14 μM αS-AF647 and N-protein were aggregated following the protocol described in the Aggregation assays section. When p1 was reached, the aggregation was paused and 0.16 mM aS-AF568 was added. Then the aggregation was continued under the same conditions. Once the aggregation was finished (p2), the resulting fibrils were imaged using a Nikon TiE in total internal reflection fluorescence (TIRF) mode. For the excitation of the two fluorescent labels, the 514 nm line of an argon laser (35-IMA-040, Melles Griot, USA) and a 640 nm diode pumped solid state laser (Coherent Cube 640 100C, USA) were used. To image α S-AF568, a filter cube containing a 514 nm excitation filter with 10 nm bandpass, a 514 nm dichroic and a 525 long pass emission filter was used. To image aS-AF64, a filter cube containing a 640 nm excitation filter with 20 nm bandpass, a 640 nm dichroic and a 675 nm emission filter with 50 nm bandpass was used. The images were obtained using a 100× Apo TIRF 1.49 oil objective (Nikon, Japan) and recorded with an iXon 3 Andor DU-897 EMCCD camera (Oxford Instruments, UK). The results are shown in the ESI.[†]

Imaging ThT-stained fibrils containing N-protein-At647. 50 μ M α S and 1 μ M N-protein-At647 were aggregated following the protocol described in the Aggregation assays section. Once the aggregation reached p1, the resulting fibrils were imaged using a Nikon TiE TIRF microscope with an identical optical setup to the one used above (see Visualizing the two steps of α S aggregation in the presence of N-protein section). To excite the ThT dye, the 457 nm line of an argon laser (35-IMA-040, Melles Griot, USA) was used. The filter cubes used for ThT contained a 455 nm excitation filter with 10 nm bandpass, a 458 nm long pass dichroic mirror and a 485 nm emission filter with 30 nm bandpass. The filter cube used for α S-AF647 was used also for N-protein-At647.

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

We would like to thank Kirsten A. van Leijenhorst-Groener for the production of the recombinant proteins. We are grateful to the Dutch Parkinson's disease foundation "Stichting ParkinsonFonds" for financial support.

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