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The Epidemiology of Opioid Overdose Related

Decedents: Extended Evidence from Routine Data



Medical School

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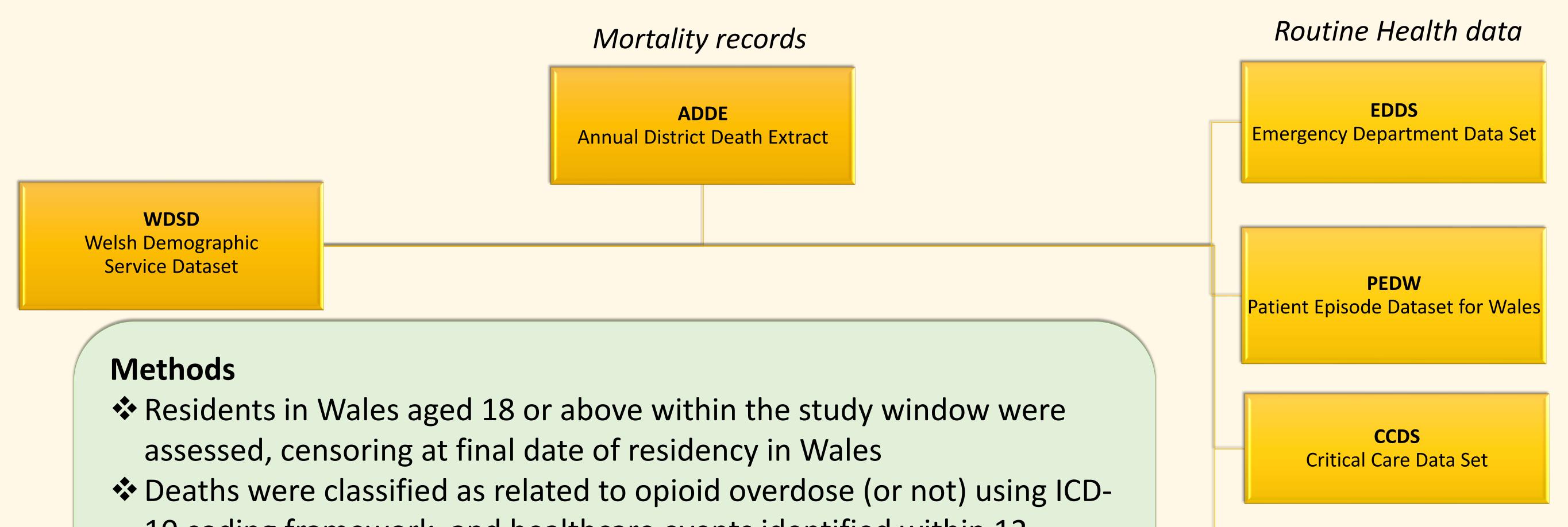
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Introduction & Aim

- The incidence of fatal opioid overdoses is a growing and significant health concern in developed countries
- We aimed to describe demographic attributes and healthcare utilisation of individuals who died due to opioid overdose in Wales using routine data
- This research is a part of the TIME study on the feasibility of using Take-Home Naloxone kits to reduce deaths related to opioid overdose

Design & Data

A retrospective cross-sectional analysis was conducted for data from January 1st 2015 to November 30th 2021
Anonymised individual-level records from six Welsh data sources were linked within the SAIL databank



10 coding framework, and healthcare events identified within 12 months of study end dates

Composite measures of healthcare utilisation due to opioid overdose (or otherwise) were derived

SMDS Substance Misuse Data Set

Results

Demographic characteristics

1,105 deaths related to opioid overdose

Predominantly male (n=785, 71%), middle-aged (25% opioid overdoses aged 46-55; mean age: 44.3 years) and resident in the most deprived areas (40%)
50% of deaths were classified as accidental; heroin was explicitly noted in 60% of cases

Healthcare utilisation events 1 year prior to deaths

- Opioid overdose related: 144 (13%) cases in EDDS, 56 (5%) cases in PEDW and 165 (15%) cases in SMDS
- All other events: 682 (62%) cases in EDDS; 483 (44%) cases in PEDW; 118 (11%) cases in CCDS; 243 (22%) cases in SMDS

No healthcare event recorded

Over a quarter of cases (n=307, 28%) had no recorded healthcare event, whether related to opioid overdose or other events

Conclusion

People who died with an opioid related cause were predominantly male, middle-aged and more likely to live in relatively deprived areas

Healthcare utilisation for opioid-related causes in 12 month prior to death was generally low
28% of decedents had no recorded contact at all with acute care providers