

## Supplemental Online Content

Liang X, Haegele JA, Healy S, et al. Age-related differences in accelerometer-assessed physical activity and sleep parameters among children and adolescents with and without autism spectrum disorder: a meta-analysis. *JAMA Netw Open*. 2023;6(10):e2336129. doi:10.1001/jamanetworkopen.2023.36129

**eFigure 1.** PRISMA Flow Diagram of the Selection of Studies

**eFigure 2.** Funnel Plot for Visual Inspection of Publication Bias of Total Sleep Time

**eFigure 3.** Meta-Analysis of Accelerometer-Assessed WASO

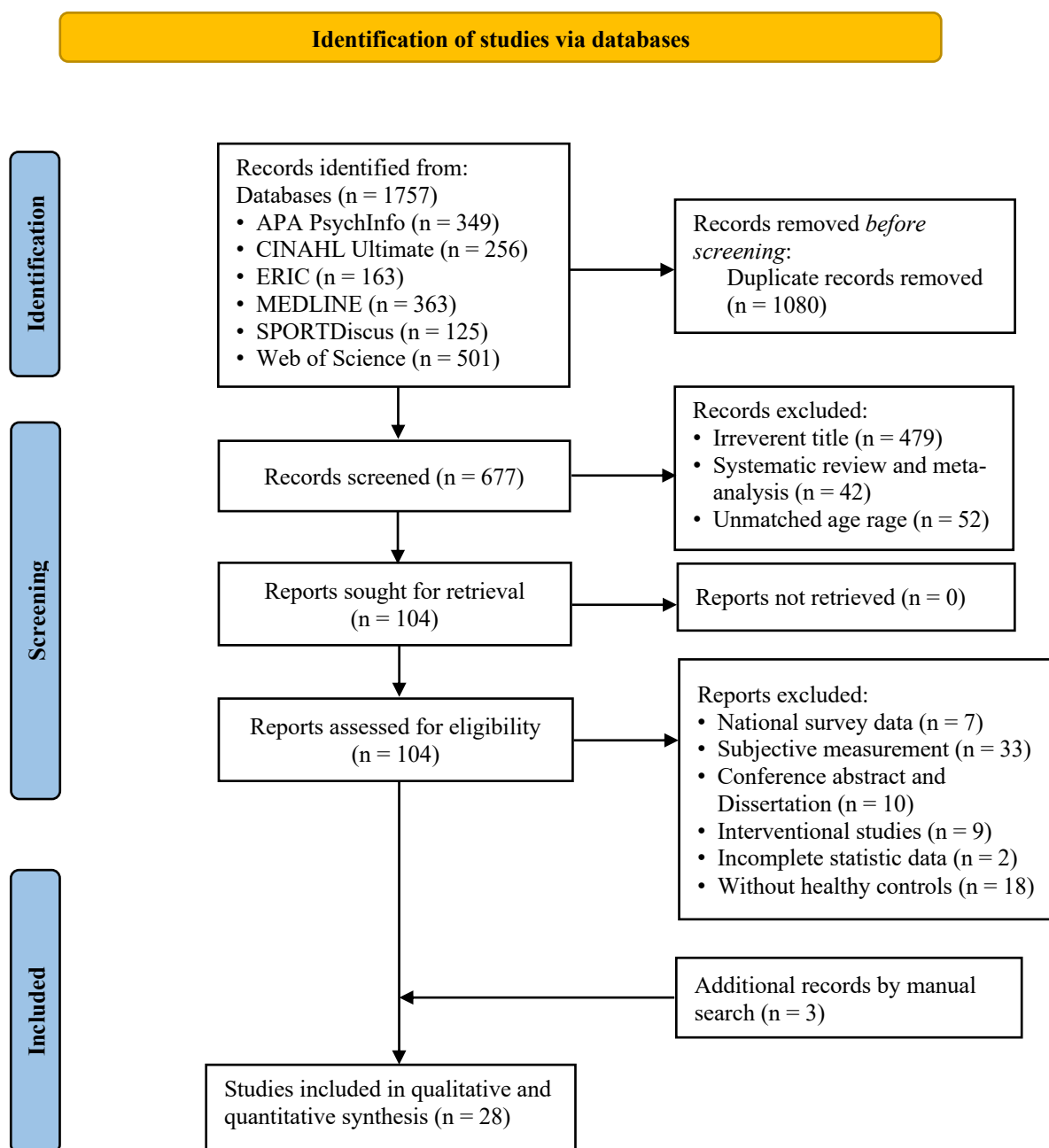
**eFigure 4.** Meta-Regression of MVPA Between Children and Adolescents With and Without ASD Depending on Age

**eTable 1.** Summary of Participants' Characteristics and Quality Assessment of Included Studies (ASD vs Without ASD)

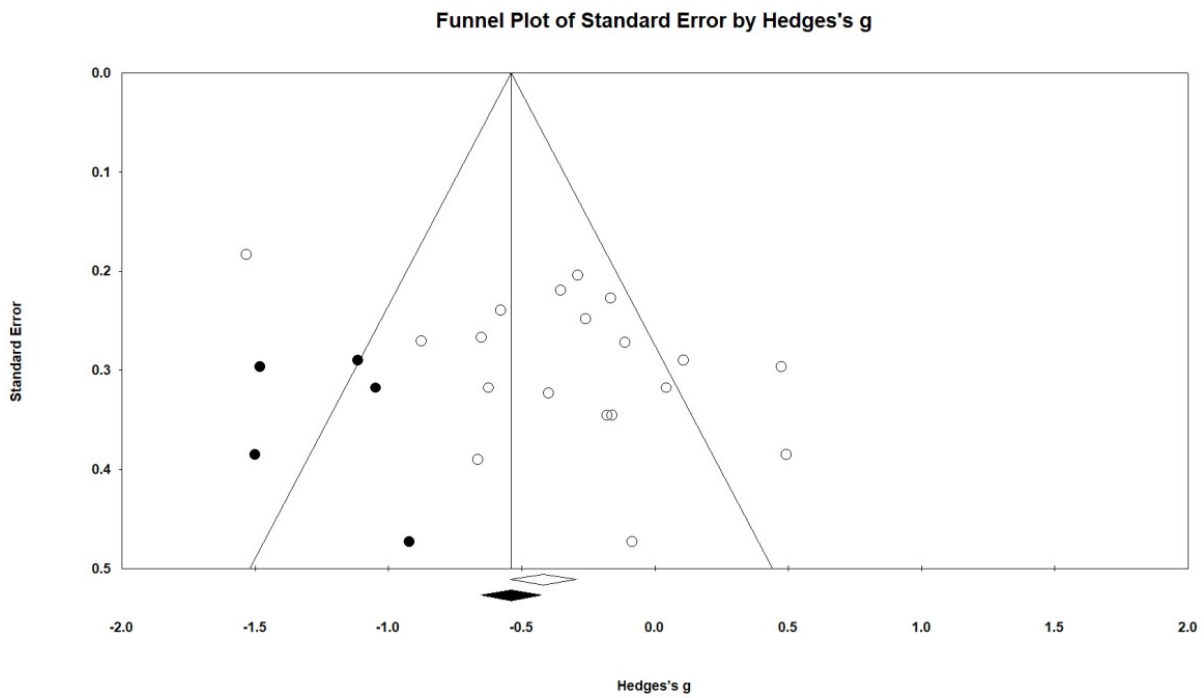
**eTable 2.** Moderator Analysis of Group Difference in MVPA and Sleep Parameters Between Children and Adolescents With and Without ASD

This supplemental material has been provided by the authors to give readers additional information about their work.

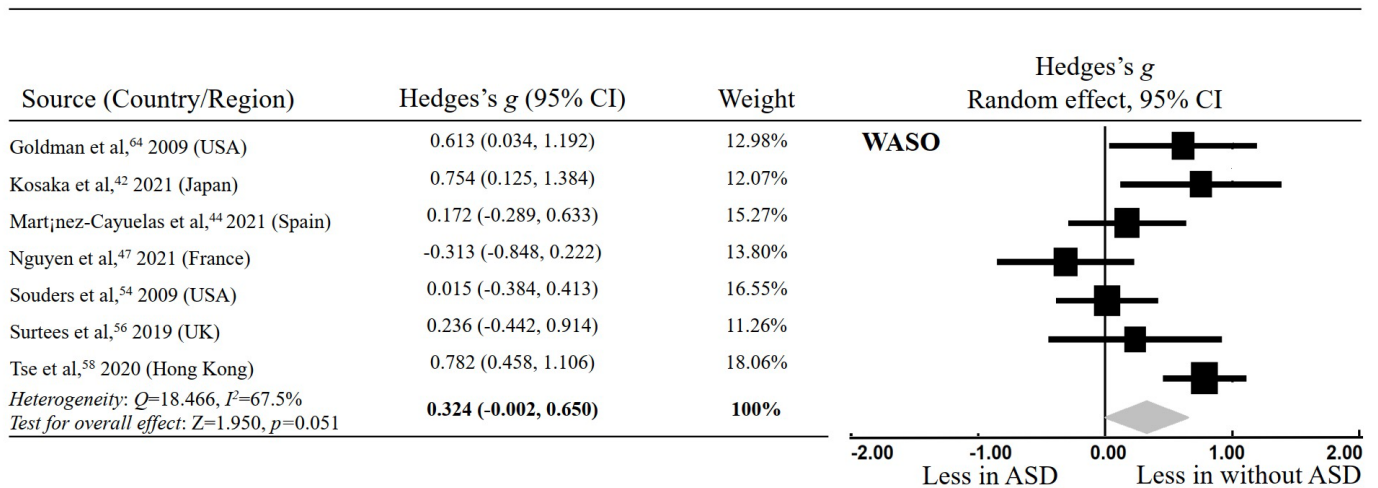
eFigure 1. PRISMA flow diagram of the selection of studies



**eFigure 2.** Funnel plot for visual inspection of publication bias of total sleep time

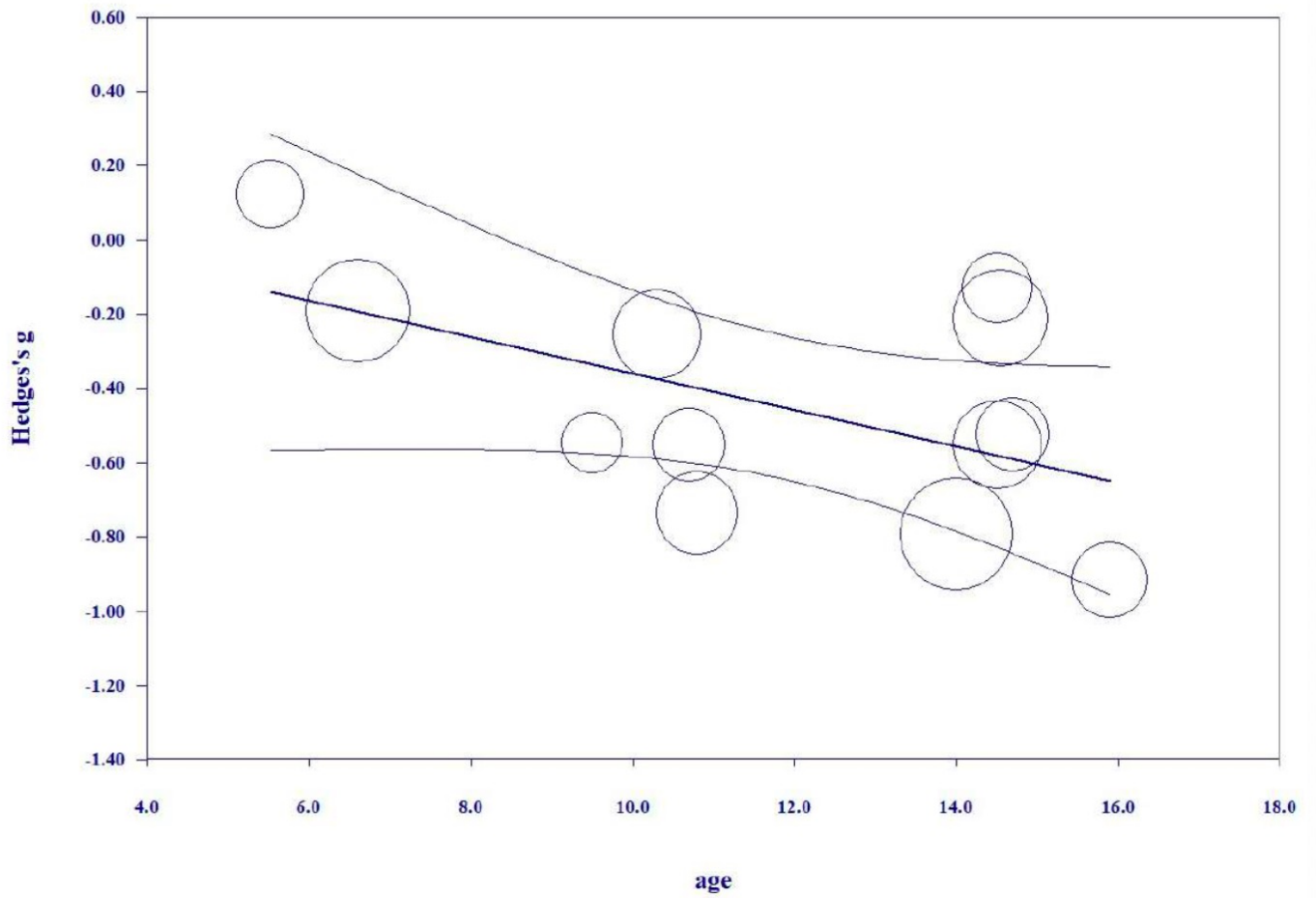


**eFigure 3.** Meta-analysis of accelerometer-assessed WASO



eFigure 4. Meta-regression of MVPA between children and adolescents with and without ASD depending on age

### Regression of Hedges's g on age



**eTable 1.** Summary of participants' characteristics and quality assessment of included studies (ASD Vs without ASD)

Study Name (Year, Country/ Region)	Sample size (ASD vs without ASD)	Age (M±SD)	Sex (Male%) (ASD vs without ASD)	Medication use# (ASD)	Diagnostic Methods (Classification of ASD Severity)	Quality Criteria		
						Sample	Methods	Analysis
Allik et al, <sup>39</sup> 2006 (Sweden)	• 32 ASD	• 10.8±1.20	• M-87.5%	Yes	ICD-10 (Asperger (19); High-functioning Autism (13))	***	***	***
	• 32 without ASD	• 10.9±1.30	• M-87.5%					
Allik et al, <sup>40</sup> 2008 (Sweden)	• 16 ASD	• 13.7 (11.7-15.5)	• M-87.5%	Yes	ICD-10	**	***	***
	• 16 without ASD	• 13.7 (11.5-15.6)	• M-87.5%					
Baker et al, <sup>51</sup> 2013 (Australia)	• 15 ASD	• 15.5±1.3	• M-81.5%	Yes	Social Communication Questionnaire	*	**	**
	• 25 without ASD	• 15.5±1.1	• M-81.5%					
Bandini et al, <sup>60</sup> 2013 (USA)	• 35 ASD	• 6.6±2.1	• M-83%	N/A	Autism Diagnostic Interview-Revised	**	***	***
	• 47 without ASD	• 6.7±2.4	• M-78%					
Bennett et al, <sup>61</sup> 2022 (USA)	• 25 ASD	• 14.7±1.5	• M-70.6%	N/A	Parent reports	*	**	**
	• 17 without ASD	• 14.5±1.5	• M-70.6%					
Bricout et al, <sup>62</sup> 2018 (France)	• 20 ASD	• 10.7±1.2	• M-100%	N/A	DSM-5 & Autism Diagnostic Observation Schedule	**	**	**
	• 20 without ASD	• 10.0±1.6	• M-100%					
Chua et al, <sup>63</sup> 2022 (UK)	• 37 ASD (26 SGP & 11 UK)	• 9.74±1.73	N/A	N/A	DSM-5	*	**	**
	• 36 without ASD (20 SGP & 16 UK)	• 9.04±1.70						
Goldman et al, <sup>64</sup> 2009 (USA)	• 42 ASD	• 5.85±2.0	• M-90%	None	Autism Diagnostic Observation Schedule	**	***	***
	• 16 without ASD	• 6.90±1.9	• M-75%					
Haegele et al, <sup>65</sup> 2021 (USA)	• 18 ASD	• 14.51±1.54	• M-27.8%	N/A	Parent reports	*	**	**
	• 18 without ASD	• 14.44±1.38	• M-27.8%					
Hering et al, <sup>66</sup> 1999 (Israel)	• 8 ASD	• 8.0±3.0	• M-87.5%	N/A	DSM-4	*	**	**
	• 8 without ASD	• 8.0±2.3	• M-87.5%					
Jeon et al, <sup>41</sup> 2023 (UK)	• 68 ASD (33 KOR & 35 UK)	• 8.27±1.89 KOR-A • 9.14±1.97 KOR-T	• M-78.8% KOR-A • M-51.1% KOR-T	N/A	Childhood Autism Rating Scale-2 ((High-functioning (30); Standard (38))	***	***	***
	• 96 without ASD (45 KOR & 51 UK)	• 9.21±1.97 UK-A • 8.75±1.87 UK-T	• M-74.3% UK-A • M-54.9% UK-T					
Kosaka et al, <sup>42</sup> 2021 (Japan)	• 20 ASD	• 5.1±0.9	• M-85%	None	DSM-5	**	***	***
	• 20 without ASD	• 5.2±1.3	• M-60%					
Lobenius-Palmér et al, <sup>43</sup> 2018 (Sweden)	• 25 ASD	• 14.0±3.7	• M-76%	N/A	Parent reports	*	**	**
	• 800 without ASD	• 11.8±3.1	• M-44.5%					

Martinez-Cayuelas et al, <sup>44</sup> 2021 (Spain)	• 52 ASD • 27 without ASD	• 9.85±3.07 • 8.81±2.14	• M-90.4% • M-74%	None	DSM-5 & Autism Diagnostic Observation Schedule	**	***	***
Martinez-Cayuelas et al, <sup>45</sup> 2022 (Spain)	• 37 ASD • 24 without ASD	• 9.40±2.6 • 8.42±2.4	• M-91.9% • M-75%	None	Autism Diagnostic Observation Schedule	**	***	***
Moludi et al, <sup>46</sup> 2019 (Iran)	• 30 ASD • 29 without ASD	• 10.30±2.37 • 9.83±1.97	• M-100% • M-100%	N/A	DSM	*	**	**
Mughal et al, <sup>59</sup> 2020 (UK)	• 21 ASD • 45 without ASD	• 8.42±1.81 • 8.12±1.29	• M-81% • M-51%	N/A	Childhood Autism Rating Scale	*	**	**
Nguyen et al, <sup>47</sup> 2021 (France)	• 50 ASD • 18 without ASD	• 10.8±2.6 • 10.1±2.2	• M-100% • M-100%	N/A	DSM-5 & Autism Diagnostic Observation Schedule	**	***	***
Pace et al, <sup>48</sup> 2016 (France)	• 19 ASD • 19 without ASD	• 10.7±1.2 • 9.9±1.6	N/A	N/A	DSM-5	*	**	**
Pan et al, <sup>49</sup> 2015 (Taiwan)	• 30 ASD • 30 without ASD	• 14.51±1.54 • 14.72±1.54	• M-100% • M-100%	N/A	DSM-4 (Asperger (7); Mild (23))	***	***	***
Pan et al, <sup>50</sup> 2016 (Taiwan)	• 35 ASD • 35 without ASD	• 14.55±1.54 • 14.81±1.55	• M-100% • M-100%	N/A	DSM-4 (Asperger (10); Mild (25))	***	***	***
Phung and Goldberg, <sup>52</sup> 2017 (USA)	• 19 ASD • 10 without ASD	• 16.88±2.50 • 15.73±2.00	• M-84.2% • M-60%	N/A	Autism Diagnostic Observation Schedule	**	**	***
Sandt and Frey, <sup>53</sup> 2005 (USA)	• 15 ASD • 13 without ASD	• 9.5±1.9 • 8.9±2.0	• M-66.7% • M-61.5%	N/A	DSM-4 (Asperger (2); Standard (9); PDDNOS (4))	***	***	***
Souders et al, <sup>54</sup> 2009 (USA)	• 59 ASD • 40 without ASD	• 7.53±1.92 • 7.09±2.09	• M-81.4% • M-65%	Yes	Autism Diagnostic Observation Schedule (Asperger (12); Standard (26); PDDNOS (21))	***	***	***
Stanish et al, <sup>55</sup> 2017 (USA)	• 16 ASD • 39 without ASD	• 15.9±1.7 • 15.3±1.5	• M-83% • M-60%	N/A	Autistic Diagnostic Interview, Revised	**	***	***
Surtees et al, <sup>56</sup> 2019 (UK)	• 16 ASD • 16 without ASD	• 9.8 • 9.5	• M-62.5% • M-62.5%	N/A	Autism Diagnostic Observation Schedule	**	***	***
Thomas et al, <sup>57</sup> 2022 (Australia)	• 17 ASD • 17 without ASD	• 5.52±0.85 • 5.71±0.52	• M-76.5% • M-47.1%	N/A	DSM-5 (Asperger (1); Standard (11); PDDNOS (5))	***	**	***
Tse et al, <sup>58</sup> 2020 (Hong Kong)	• 78 ASD • 78 without ASD	• 10.05±1.08 • 10.05±1.08	• M-79.5% • M-79.5%	None	DSM-5	**	***	***

Note: \*=no criteria were met within that component; \*\*=only some criteria were met within the component; \*\*\*=all criteria were met within that component. #: the criteria for medication use is whether the participants with a history of psychotropic or currently used drugs, including non-stimulant medications for ASD; or with a drug-naïve before study.

CRS-R:L: Conners' Rating Scale-Revised Long Version; DSM-4 and-5: Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition and Fifth Edition; K-SADS-PL: Schedule for Affective Disorders and Schizophrenia for School-age Children-Present and Lifetime Version; P-ChIPS: Children's Interview for Psychiatric Syndromes;

eTable 2. Moderator analysis of group difference in MVPA and sleep parameters between children and adolescents with and without ASD

Parameters	Model	Number of contrasts (k)	$\beta$	SE	95% CI	Z-value	P-value
MVPA	Intercept	12	0.129	0.301	[-0.460, 0.718]	0.43	0.668
	Age	12	<b>-0.049*</b>	0.024	[-0.097, -0.001]	-2.00	<b>0.045*</b>
Sleep latency	Intercept	17	0.267	0.314	[-0.348, 0.885]	0.85	0.393
	Age	17	0.025	0.032	[-0.036, 0.087]	0.81	0.419
Total Sleep Time	Intercept	19	-0.694	0.475	[-1.626, 0.237]	-1.46	0.144
	Age	19	0.037	0.047	[-0.054, 0.128]	0.79	0.428
Sleep Efficiency	Intercept	18	-0.994	0.468	[-1.910, -0.077]	-2.13	0.034
	Age	18	0.060	0.048	[-0.033, 0.153]	1.26	0.209

Note: The number of contrasts means the number of comparisons included in the meta-regression.