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Race as a Ghost Variable in (White) Opioid Research

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Abstract

This paper traces the unspoken, implicit white racial logic of the emerging brain disease model of addiction, which is based on seemingly universal, disembodied brains devoid of social or environmental influences, and which led to “context free” neuroscience that made the social hierarchies of addiction and its consequences invisible to, and thus exacerbated by, national policies on opioids. The brain disease model of addiction was selectively deployed among the white middle class population that had long accessed narcotics and treatment for narcotics dependence from biomedical clinics, as opposed to from illegal sources subject to law enforcement. In turn, new treatments for opioid addiction were racially marketed to the same white clientele to which newly patented opioid analgesics were marketed, tapping into a circumscribed but highly lucrative consumer base that has long benefitted from a legally protected, racially segregated safe space for white narcotics consumption. The connecting thread for the contemporary white opioid “crisis,” therefore, is white race as a ghost variable in addiction neuroscience and in its pharmaceutical and biotechnological translation.

Introduction

In her classic work of post-modern sociology, *Ghostly Matters*, Avery Gordon (2008) writes of the dilemma of how to detect and represent power relations that are not transparent, that have been forcibly erased, that exist only in traces. The book's first chapter, "Her shape and his hand" refers to the account that critical legal theorist of race Patricia Williams gives of her great-great-grandmother, a slave, who was shaped by her sexual and political domination by Williams' great-great-grandfather, a slave owner (and ironically a well known jurist). The shape of her great-great-grandmother, which is present in Williams herself but not biographically recorded, and the hand of her great-great-grandfather, which is biographically recorded in American jural history, but whose hand in raping her great great grandmother is erased, are both ghosts. These shapes, or traces, signal the presence of something repressed, denied, but involuntarily re-enacted, to produce what Freud called the uncanny; unsettling because it is familiar and at the same time strange outside of conscious control.

In this paper we attempt to exorcise a ghost that haunts addiction science: why the life expectancy of almost all non-white racial groups in the U.S is rising while the life expectancy of middle-aged whites is falling (Case and Deaton 2015). The answer is largely due to opioid overdose, but to understand how it is that opioids are the primary driver of falling life expectancy of U.S whites is not straightforward. We have had to read the dominant narratives about opioids against the grain. Over a four-year period we have observed eight addiction clinics, attended dozens of addiction science and policy meetings, and interviewed over 200 pharmaceutical executives, addiction scientists, policy makers, advocates, clinicians and patients. It turns out that drugs can be designed with white racial identities, and they can serve as pharmaceutical prostheses to enhance the whiteness of people whose privilege is challenged by stigmatizing diagnoses like addiction and threatened by criminalized responses to the war on drugs aimed primarily at people of color..

Whiteness works as a ghost variable in pharmaceutical narcotic science in two ways: as the assumed norm, whiteness operates through racial coding in which research on "universal human neurobiology" implies a white subject; at the same time, whiteness serves as an exclusive category whose boundaries are actively maintained through distinctions from non-white others. A complex web of medicoscientific, commercial, social, and legal factors gives particular drugs a racialized identity that produces real world effects, like racially patterned decreases in life expectancy. In the case of prescription opioids, this process is not overt as it was the case of Bi-Dil, the heart failure treatment for Blacks that became the first medication to be explicitly marketed to a specific racial group (Kahn 2013). As an unmarked, assumed norm, whiteness operates differently, and as a result opioids were not discursively racialized or read as white, rather, they become white through complex links among pharmaceutical and brain science, drug regulations and marketing. This is a **dual prong and circular process** where on the one hand whiteness is the assumed standard of universal human biology, yet, once a drug is racialized as white through its identification with universal biology, it is differentially distributed, producing racially distinct effects that reinforce its whiteness. Owing to the privileged place of whiteness as both a default "universal" subject category and as a driver of privileged access, whites are ushered into one system that is geared

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3 toward biomedical individual consumption, whereas non-whites are ushered into another
4 system of criminalization and control.

5 In narcotic science and regulation, this has historically been done through
6 racialized distinctions between legal, prescribed narcotics and illegal street narcotics.
7 White use of prescription narcotics has been sanctioned through constructs such as
8 “medical need” (Herzberg 2009), while Black and Latino narcotics use has been met with
9 stigma and criminalization. More recently, as growing white suburban and rural heroin
10 use has led to a whitening of the image of heroin in popular media, **whiteness has been**
11 **secured** through geographically distinct responses to heroin, using biotechnology to treat
12 addiction and overdose in white communities, and law enforcement to control and punish
13 heroin use in black and Latino communities.

14 **Racialized capital – in the U.S. economy, which was founded on, and continues to**
15 **be fueled by, consumption and labor that are stratified by race (Robinson 1983, Melamed**
16 **2015) - renders whiteness a ghost in this story. Whites are dying as a result of their so-**
17 **called “privilege” in the consumer market, meaning: their occupation of a decriminalized,**
18 **protected zone of opioid use, their access to legitimating doctors and prescriptions, and**
19 **the higher prescription rate for white patients than black patients for pain. Narcotics find**
20 **legal markets when whitened (such as newly patented opioid painkillers and the private**
21 **office-based alternative to methadone treatment, buprenorphine, an opioid otherwise**
22 **known as Suboxone). When illegal drugs are whitened, as occurred when prescription**
23 **opioid users turned to heroin as supplies of prescription opioids dried up, we see bi-**
24 **partisan support for alternatives to the War on Drugs, such as diversion from**
25 **incarceration to treatment, where treatment coincidentally in this case means long term**
26 **maintenance on the patented legal opioid buprenorphine (commercially known as**
27 **Suboxone).**

28 The story of how racialized capital led opioids to become white involves the
29 combined effects of four “technologies of whiteness”: addiction neuroscience, new
30 biotechnologies, regulatory structures and marketing (Netherland and Hansen 2016). In
31 this paper, we focus on the universalizing scientific contexts of addiction research and
32 biotechnologies—in order to make race-making visible where it is, by design, invisible.
33 The invisibility of race defends white space by socially decontextualizing it, unmarking
34 it, and categorizing it as merely “human,” even as manufacturers and lawmakers play on
35 coded white imagery in order to selectively deregulate and market biotechnologies.

42 **Mechanisms of Neuroscientific Whiteness [in Addiction Neuroscience]**

43 **Addiction neuroscience and biotechnologies have provided the conceptual underpinnings**
44 **needed for whiteness to operate within the latest opioid crisis.** Addiction neuroscience is
45 connected to whiteness and addiction in three key ways. First, the reliance on brain
46 imagery has created a racially unmarked, biological, and, hence, medicalized image of
47 the ‘addict’ as implicitly white. Second, addiction neuroscience has largely erased the
48 role of environmental factors or discussions of structural causes of drug use and
49 addiction. Third, it has helped frame our policy responses in ways that have created a less
50 punitive, medicalized space for white drug users, while leaving intact more punitive
51 systems for Black and Latino drug users, creating hierarchies of blame and innocence.

Brain Scans and Images of Addiction: Burying race in the brain

What is striking about brain images of addiction is that they are unmarked by race: they convey a sense of universality and timelessness that, by omitting racial identity, help to expunge racial identity of the addict leaving a white, because racially unmarked, backdrop. Brain scans here operate as the unmarked white norm similar to the way in which the Framingham study of predominantly white participants became the norm for heart disease (Pollock, 2012) and white lung function became the norm for spirometer measurements (Braun, 2014).

A neuroscientific model of addiction as brain disease, which extracts the brain from the racially marked addicted body, thereby helps to unmark (biological) addiction, defining it as a human universal, and therefore white. Indeed, according to Daniels and Shultz (2006), “a defining feature of whiteness, then, is the absence or unmarked invisibility of ‘white’ as a racial category” (p.94). The neuroscientific reframing of addiction is, therefore, a technique for the racial recoding of (certain types of) addiction and of (some) addicted people, which extracts addiction from the association with Black and Latino people inherent in a social, moral, or criminal framing of addiction.

Addiction as an unmarked white brain disease not only provides a mechanism for extracting addiction from its association with people of color, it also helps render those who have it as blameless. They are victims of a disease that, by definition, erodes their will and ability to make “healthy” choices. In sharp contrast, the legions of Black and Latino drug users arrested, imprisoned, and otherwise punished for using drugs after the declaration of the War on Drugs has led the US to the highest incarceration rate in the world with Black men six times and Latino men three times as likely to be sentenced as white men on drug charges despite similar rates of drug use (Alexander 2010). Meanwhile, those with the brain disease of addiction (implicitly coded as white opioid users) biologically can’t control themselves, and thanks to neuroscientific breakthroughs, treatment, rather than punishment, is the response. This contrast of the meteoric rise in incarceration for Black and Latino non-violent drug users, with the simultaneous decriminalization and biomedicalization of government responses to drug use among whites, demonstrates the racial targeting of the War on Drugs and also of the supposedly “universal” brain disease model promoted by addiction neuroscientists and the pharmaceutical industry.

Erasing Structure and the Environment

Neuroscience became central to the US approach to addiction during President H.W. Bush’s Decade of the Brain (1990-2000). This was an era in which the National Institute on Drug Abuse (NIDA) was directed to look for neuromolecular causes of addiction and for pharmaceutical treatments for addiction, in anticipation of breakthroughs from the Human Genome Project.

Alan Leshner, then Director of NIDA, lobbied to rebrand addiction as a “Chronic Relapsing Brain Disease.” Leshner’s ambition was shared by other leading NIDA researchers who coauthored a widely cited article in JAMA in 2000 with the title “Drug Dependence: A Chronic Medical Illness” (McLellan et al 2000). In it, they argued that narcotics addiction was comparable to diabetes, hypertension and asthma in terms of

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3 heritability, treatment adherence, and relapse rates, and as such should be treated in a
4 similar way. Images of so-called addicted brains, which populated scientific studies and
5 graced journal covers (see, for example, fig.1), literally took the subject and his or her
6 trappings of gender, race and class out of the picture, and took the offending organ (the
7 brain) out of the body altogether, symbolically conveying an unmarked universality of
8 addiction physiology. In neuroscience laboratories, addiction was further reduced to
9 molecular action at neuroreceptors, the ultimate disembodiment of addiction. The
10 apparent “universality” of this molecularized model excluded the social or political from
11 addiction. This narrowed the field of vision to the body and biology alone. At the same
12 time, however, research on “universal” human biology implicitly assumed a standard 70
13 kg white male subject (Epstein 2007).
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16 The scientists involved in the movement to biologize addiction often had a social
17 justice intent: they wanted to destigmatize addiction by demonstrating it to be a
18 legitimate medical condition (a disease of the brain), thereby erasing the social and racial
19 foundations of drug use in order to counteract punitive War on Drugs policies. Many of
20 the neuroscientists interviewed in our study commented on the potential for the brain
21 disease model to reduce the stigma and punitive response to addiction across racial
22 groups. Ironically, because their new model located the cause of addiction in the body, it
23 unmoored addiction from social factors such as education, poverty, income equality and
24 unemployment that contribute to drug use and that are deeply imbricated with race and
25 with social justice.
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27 According to Ruha Benjamin, “in the postracial era, subjugation is hardly ever the
28 explicit objective of science and technology; instead, noble aims such as ‘health’ and
29 ‘safety’ serve as a kind of moral prophylaxis for newfangled forms of classification and
30 control” (2016, p.150). The biologization of addiction was a neuroscientific version of
31 color blind ideology (see Alexander 2010) that unconsciously whitened opioids by
32 molecular means, paradoxically further racializing them. As we will show below, during
33 the white opioid crisis, the ascendancy of the chronic relapsing brain disease model of
34 addiction and the growth of a medicalized and hence less punitive space for white drug
35 use and treatment provided the discursive and material “out” whites needed to escape the
36 War on Drugs that has been directed at people of color.
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39 Neuroscience whitens further by the relative silence in neuroscientific literature
40 about the role of environmental factors contributing to addiction. Social determinants of
41 health, such as geography, income, education, and housing are largely omitted from the
42 description of research subjects and from the lists of relevant variables in neuroscientific
43 papers. Environmental factors in addiction neuroscience are generally reduced to cues or
44 triggers (e.g., studies demonstrating how brain ‘lights up’ when a drug user is shown a
45 picture of heroin or cocaine) and, more recently, in discussions of neuroplasticity.
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47 Even when environmental forces are invoked, they are of interest primarily for the
48 biochemical processes they engender. Volkow and Li explain the “neural consequences
49 of environmental risk”:
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51 Low socioeconomic class and poor parental support are two other factors [along
52 with drug availability] that are consistently associated with a propensity to self-
53 administer drugs, and stress might be a common feature of these environmental
54 factors [...T]here is evidence that corticotropin-releasing factor (CRF) might play
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3 a linking role through its effects on the mesocorticolimbic dopamine system and
4 the hypothalamic pituitary-adrenal axis. [...] If we understand the
5 neurobiological consequences underlying the adverse environmental factors that
6 increase the risk for drug use and addiction, we will be able to develop
7 interventions to counteract these changes (2005: 1436).
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10 Here, environmental influences are acknowledged but understood only in the context of
11 how the stress they induce affects the dopamine system. Volkow and Li (2005) go on to
12 suggest that the future addiction interventions may include medications that act
13 synergistically with behavioral therapies to mitigate the impact of stress. Absent from
14 their view of addiction are features of neighborhood environment or social roles that
15 might hint at the context of drug use, and therefore the race of drug users and the
16 stressors they face, such as racism, poverty and state violence.
17

18 By focusing instead on brain neurochemistry, the neuroscientific model of
19 addiction erases and obscures the role of race and other social differences in ways that
20 privilege whiteness. Social issues, such as the mass incarceration of African Americans
21 under harsh drug laws or the lack of viable economic opportunities beyond the drug trade
22 in Black and Latino neighborhoods, have no place in neuroscientific discourse. As Nancy
23 Campbell notes, “as an ideological code, CRBD [chronic relapsing brain disease] does
24 not focus attention on social differences, including the differential histories and cultural
25 geographies within which their subjects encounter drugs (2010: 101).”
26

27 Despite the reductionist tendencies of neuroscience, the notion of brain plasticity
28 – the brain’s responsiveness to the environment – suggests a more nuanced concept of
29 addiction that considers the interaction of social and biological factors. Neuroplasticity
30 refers to the brain’s capacity to reorganize itself in response to experience or injury (Kolb
31 and Wishaw, 1998). Indeed, the neuroscientific notion of plasticity “appears to challenge
32 biological reductionism by providing room for the environment in brain development and
33 function (Pitts Taylor, 2010, p. 636).”
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35 Some neuroscientific addiction researchers cite an interplay between
36 environmental, psychological, and biological factors. For example, in a review article on
37 addiction neurobiology, Chou and Narasimhan (2005) claim that addiction is influenced
38 by the drug, the user’s personality, peers, and the environment. However, they also assert:
39 “exposure to drugs causes plasticity in the neural circuits related to reward and
40 motivation, supporting the idea that addiction is a biological disease. Plasticity results
41 from drug use and drug abuse” (2005, p.1427). In this view, addiction remains a
42 biological predisposition, and the external factor of interest is the availability of drugs to
43 initiate it. In fact, scholars have noted the failure of addiction neuroscience to explain
44 either social factors (Campbell, 2010) or the variations in the prevalence of drug use
45 between populations (Acker, 2010). In general, neuroscientific literature on addiction
46 seems to construe the role of environmental influences quite narrowly, in that discussions
47 of plasticity focus on the role that drugs, rather than social environmental factors, play in
48 reshaping the brain.
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50 Without a broader understanding of plasticity and the role of environment,
51 addiction neuroscience’s explanations of behavior are consistent with our cultural focus
52 on the individual and interiority (Choudhory et al, 2009) -- a focus also consistent with a
53 whiteness that looks to individual, rather than social-structural, explanations for drug use
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3 and our responses to it. As part of the larger individualization of illness, solutions for
4 addiction framed as a brain disease lay in helping individuals get well. As Krupars and
5 Ehlers note: “The neoliberal assertion of race-transcendent agency eclipses the ongoing
6 impacts of structural racism, such as social-economic disinvestment in minority
7 neighborhoods and the political neglect of people of color (2013, p.17)”.

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9 By rooting the cause of addiction in the individual brain, absent any social
10 context, there is an unspoken assumption that all brains are equally exposed to addiction
11 and equally situated to overcome it. Interest in understanding how neighborhood, family,
12 poverty, or experiences of discrimination and violence impact addiction and one’s ability
13 to overcome it are minimized. Nor is there any impetus for seeking to resolve the
14 structural forces at play. This is true, not just for low-income communities of color, but
15 low-income white communities as well. This leaves addiction researchers little capacity
16 to look at systemic issues that might be driving the opioid epidemic and the
17 unprecedented numbers of opioid overdose deaths in both white and non-white
18 communities.
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21 *Two Tiers of Policy and Punishment in the Decade of the Brain*

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24 The brain disease model of addiction led to racially selective, rather than global, changes
25 in drug policy. By erasing the social context of drug use, and of societal responses to drug
26 use, it built upon a pre-existing two tiered system for managing narcotic use in the U.S.: a
27 clinical tier of legally protected, medicalized use for middle class whites with access to
28 prescribing doctors, and a criminalized tier for low income non-whites who have long
29 been the target of prohibitionist law enforcement. This two tiered narcotics policy began
30 in the early twentieth century when racialized images of narcotics use were used to build
31 support for prohibition of heroin, cocaine and marijuana (Courtwright 1982, Musto 1999)
32 while private physicians continued to prescribe patented narcotics at increasing rates to
33 patients who could afford them, leading, for example, to an epidemic of overdose by
34 barbiturates and other sedatives in the post World War II era among middle class whites
35 that rivaled or exceeded the contemporary rates of opioid overdose, as well as high rates
36 of dependence on benzodiazepines such as Valium and Xanax, otherwise known as
37 “mother’s little helper,” among suburban housewives in the 1960’s-70’s (Herzberg 2009).
38 On the basis of this segregated system, the federal government’s efforts to bring addiction
39 neuroscience to bear on the pharmaceutical management of addiction was destined to
40 have a differential impact on the white, middle class population that had disproportionate
41 access to clinical care and already was accessing narcotics through clinicians. This left
42 non-whites who were disproportionately subject to law enforcement, and accessing
43 narcotics through non-clinical means, outside of the realm of biomedicalization in drug
44 policy.
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48 It is difficult to overemphasize the role of NIDA in promoting the brain disease
49 model of addiction. Until recently, NIDA claimed to be the funder of 85% of the world’s
50 research on addiction (Vrecko 2010a); it is behind much of the scientific and popular
51 discourse about addiction as a brain disease (Courtwright 2010). NIDA’s neuroscientific
52 model of addiction dates back to the early 1970’s when Jerome Jaffe became the first
53 director of the Special Action Office for Drug Abuse Prevention created by President
54 Nixon. Jaffe was “committed to the view that addiction was rooted in an individual’s
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3 biochemistry” (Vrecko 2010: 58) and was responsible for promoting methadone and
4 more generally trying to shift national drug policy towards a pharmacological approach.
5 Despite the potential for **methadone to fully biologize addiction treatment**, however,
6 methadone was from the beginning associated with Black and Latino urban heroin use
7 and marginalized from mainstream clinical practice (Hansen and Roberts, 2012).

8
9 How did the brain disease model of addiction have such ascendancy at a national
10 level? In his July 17, 1990 proclamation declaring the 1990’s the Decade of the Brain,
11 George H. Bush directed the National Institutes of Health to start an initiative to “to
12 enhance public awareness of the benefits to be derived from brain research” (Bush 1990)
13 and to direct research grant support to basic neuroscience and neuropharmacological
14 research. The Decade of the Brain resulted in a number of high level conferences and
15 publications, shoring up neuroscience’s status as the way to understand all manner of
16 human behavior and illness. Neuroscience, then, as now, carries with it a mystique and
17 the promise of demystifying complex human behaviors. A broad cultural fascination with
18 the brain and the biological basis of behavior **moved in phase** with a massive infusion of
19 federal and private funds into brain imaging studies, and ushering in an era of “cerebral
20 subjecthood” (Pickersgill, M et al, 2011; Vidal, 2009).

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22 The National Institute of Mental Health (NIMH) and NIDA came under pressure
23 to embrace this biological reductionism given they were in competition with other NIH
24 institutes centered on biological diseases, because **“NIMH and NIDA place themselves at
25 a political disadvantage to the extent that they publicize that their primary phenomena are
26 psychological.”** (Miller 2010)

27
28 By the late 1990’s, NIDA was actively promoting the brain disease model in a
29 way that was designed to bring addiction into mainstream medicine, **which continues to
30 dominate its rhetoric and their funding today.** In 1997, Alan Leshner, then Director of
31 NIDA, published his landmark article entitled, “Addiction is a Brain Disease, and It
32 Matters,” stating “that addiction is tied to changes in brain structure and function is what
33 makes it, fundamentally, a brain disease” (Leshner 1997: 46), and that treatment must
34 compensate for or reverse changes in the brain. By the time the Obama Administration
35 launched The Brain Research through Advancing Innovative Neurotechnologies[®]
36 (BRAIN) Initiative in 2013, NIH invested \$85 million in projects aimed at understanding
37 and learning to manipulate neural circuits that may be linked to addictive behaviors.
38 Bolstered by the decade of the brain, the BRAIN initiative, the cultural ascendancy of
39 neuroscience and NIDA’s desire to legitimate itself amongst “hard science” peers, NIDA
40 committed itself to shifting understandings of addiction from a behavioral to a
41 neuroscientific problem.

42
43 It is this perspective that has guided NIDA since. In 2003, Nora Volkow, a
44 prominent neuroscientist who pioneered the use of PET scans in addiction research,
45 became the Director of NIDA and has vociferously promoted the CRBD model both
46 through her powers at NIDA and through her prominence as a public figure. In a
47 *Huffington Post* article, Volkow (2015) refined her articulation of the brain disease model
48 by noting that this “brain” disease also undermines the capacity for free will:

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53 “Because of drug use, a person's brain is no longer able to produce something
54 needed for our functioning and that healthy people take for granted, *free will*. ...
55 We can do much to **reduce the shame** and the stigma of drug addiction, once
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3 medical professionals, and we as a society, understand that addiction is not just ‘a
4 disease of the brain,’ but one in which the circuits that enable us to exert free will
5 no longer function as they should.”
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8 Volkow’s project has been to use the CRBD model in an attempt to destigmatize
9 addiction and render those who suffer from addiction blameless in part because they are
10 unable to exercise their own free will. This diverged from the historical legacy of racially
11 motivated prohibitionism and discriminatory narcotic law enforcement in the U.S., which
12 invoked the moral depravity of non-white drug users. This ranged from turn-of-the-
13 century media portrayals of Chinese opium dens, “cocaine crazed negroes,” and Mexican
14 “marijuana madness” that led to the passage of heroin and marijuana control acts of the
15 early twentieth century, to racial profiling by the U.S. Narcotics Bureau through the post-
16 war period under Harry Anslinger (Lassiter 2015), and later the Black racial coding of
17 crack cocaine as something that produced urban “superpredators,” inscribed into federal
18 law by the 1986 Anti-Drug Abuse Act which mandated minimum sentencing for 1/100th
19 the weight of crack cocaine in comparison to powder cocaine, powder cocaine being
20 more expensive and symbolically coded as an affluent white drug (Alexander 2012).
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23 In short, NIDA fostered the creation of a separate, neurobiological etiological
24 explanation of white drug use by raising up addiction neuroscience as *the* future of
25 addiction research, making “the neuroscientists’ laboratory ... an obligatory passage point
26 for the production of truths about addiction” (Vrecko 2010: 58), but only for those groups
27 whose addiction is already managed by doctors in clinics, rather than in criminal justice
28 settings.
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30 **The Translation of Addiction Neuroscience into Racialized Biotechnologies**

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33 Theories and discourses about a brain disease model alone did not accomplish the
34 (selectively white) medicalization of addiction, however. A concrete medical intervention
35 was needed (, 2010). The ability of addiction neuroscience to prevent, diagnose, or treat
36 addiction was thus far limited. While brain imaging was being widely used in addiction
37 research, it had not yet been employed in clinical practice (e.g. Koob and Simon 2009).
38 So the next step in propagating the **neuroscientific/brain** model of addiction was to
39 translate neuroscientific research into new pharmaceuticals and biotechnologies for
40 treatment. In keeping with the implicit racialization of addiction neuroscience, these new
41 treatments were also racially coded and deployed for white middle class consumption.
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44 In terms of treatment, as an editorial in *Nature* put it: “our understanding of the
45 neurobiology of disease has progressed substantially... [but] researchers have been less
46 successful in translating this knowledge into effective therapies” (Kosten, 2005: 1413).
47 In 2015, respected drug researchers Wayne Hall and colleagues took the brain disease
48 model and NIDA to task in an article entitled “The brain disease model of addiction: is it
49 supported by the evidence and has it delivered on its promises?” (Hall, Carter & Forlini,
50 2015). On this backdrop, NIDA has largely looked to pharmaceuticals that can address
51 the physiological symptoms of addiction that are increasingly understood in neurological
52 terms. A medication to treat addiction would place it squarely within the medical model,
53 and scientists, with support from NIDA, have pursued this goal vigorously.
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3 Nestler (2005) highlights the three pharmaceutical approaches being pursued by
4 addiction researchers: 1) medications that block the effects of drugs; 2) medications that
5 “mimic” drugs; and 3) medications that directly influence the processes of addiction.
6 Methadone maintenance was introduced in the 1970’s, but in highly regulated clinics
7 with daily observed dosing as President Nixon’s first weapon in the War on Drugs, for a
8 population of Black and Latino heroin dependent people that was symbolically linked to
9 urban crime and race riots, a setting in which control of unruly populations was a primary
10 goal rather than molecular, individually tailored, privately consumed products for a
11 chronic brain disease. There have been few psychopharmaceutical treatments for
12 addiction introduced since. Aside from naltrexone and naloxone (which block and reverse
13 the effects of opiates), buprenorphine, an opioid that works by the same mechanism as
14 methadone, is the only medication for opiate dependence to enter into widespread usage
15 in the past 40 years. The medicalization of addiction through this limited number of
16 pharmaceuticals has been pervasive and far from racially neutral.
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19 20 *New Biotechnologies – Developing and Marketing White Drugs*

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22 The disease model of addiction calls forth biomedical techniques, rather than either
23 intervening on the social environment to reduce the appeal of drug use, or enhancing law
24 enforcement and criminal justice responses in order to punish and suppress drug use. The
25 ‘brain disease’ concept of addiction involving genetically and physiologically determined
26 neuroreceptors calls for molecular safeguards and treatments, opening racially segmented
27 marketing opportunities for new pharmaceuticals.
28

29 The implicit whiteness of neuroscientific framings of addiction itself played a
30 significant role in the creation of the current white “opioid crisis,” starting with newly
31 patented opioid pain relievers in the 1990’s. While neuroscientists engaged in the avowed
32 color-blind (but implicitly white) neuro-ideology described above believed themselves to
33 be developing universal biological models of addiction, their work unwittingly supported
34 the more deliberately racial strategies of the pharmaceutical industry. Building on a
35 neuroscientific ideology of technological solutions to previously sociopolitical problems,
36 in 1996, Purdue pharmaceuticals got FDA approval for OxyContin as a “minimally
37 addictive opioid pain reliever” suitable for chronic management of moderate pain such as
38 in lower back injuries. This was based on its patented sustained release capsule
39 technology, which in theory lowered the reward for drug abusers by preventing an initial
40 rush. Note that the social context of addiction is again erased in this neurotechnological
41 solution to addiction risk, an erasure consistent with the universalizing logic of
42 neuroscience - that addiction is molecular process that is the same across time and place –
43 that left no room for regulators to ask what OxyContin users would do with the sustained
44 release capsule in real world conditions.
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46 The designation of “minimally addictive,” based on the fiction that OxyContin
47 use on the open market would mirror its use in the three month randomized controlled
48 trial of terminal cancer patients upon which OxyContin’s FDA approval was based,
49 enabled Purdue to aggressively pursue an opioid market that had previously been
50 restricted to those with severe acute pain like post surgical or cancer pain. They defined a
51 new, much larger market of patients with moderate, chronic pain like lower back pain,
52 hiring almost 700 drug representatives who canvassed a call list of nearly 100,000
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3 primary care doctors in primarily white suburban and rural areas, leading to a ten-fold
4 increase in prescription of opioids nationally (Van Zee 2009).

5 Of course, what its model of addiction-proof biotechnology left out was social
6 innovation in drug use. Oxycontin users interested in a rush quickly learned to crush and
7 snort or inject the oxycodone in each capsule, oxycodone being more potent than
8 morphine. Unprecedented prescription opioid overdose was followed by heroin overdose
9 as crushable pills became harder to find: as regulators clamped down on prescribers and
10 manufacturers, instituting Prescription Drug Monitoring Programs in 49 states requiring
11 physicians and pharmacists to check patient data bases to reduce duplicate prescriptions,
12 and as manufacturers patented tamper-resistant formulations of opioids that turned into
13 polymer “gummies” should users try to dissolve and inject them.

14 A biotechnology developed specifically in response to the white suburban and
15 rural prescription opioid epidemic was buprenorphine itself, branded Suboxone and
16 actively distinguished from its stigmatized pharmacological cousin, methadone, which
17 has been symbolically linked to Black and Latino urban heroin since 1971, when it
18 became the first weapon in President Nixon’s War on Drugs. Methadone clinics are DEA
19 regulated and oriented towards patient control, requiring daily observed dosing and
20 frequent urine checks, followed by lowered or increased doses of methadone if illegal
21 drug use is detected (Bourgois 2000). Methadone **clinicals** are almost exclusively located
22 low income neighborhoods, far away from other clinical services. Even accounting for
23 white methadone patients, this geographic segregation of methadone clinics fosters
24 another mechanism of racialization: locating methadone clinics in low-income Black
25 and Latino neighborhoods also cements the public identity and visibility of patients
26 who live in the community, while it protects and anonymizes the patients who travel
27 to it, which by definition includes those who are higher income and (given
28 residential racial segregation) disproportionately. As a result, methadone clinics are
29 “of color” to a greater extent than methadone users are.

30 Not coincidentally, buprenorphine was approved for private physician office-
31 based use at the same time that **suburban** communities were dealing with an increase in
32 heroin and the abuse of prescription opioids was just beginning to rise. Buprenorphine
33 was not a new scientific discovery that transformed understandings of addiction
34 neuroscience. Rather, it was an old drug, developed in the late 1960’s, that had failed to
35 sell as a “minimally addictive” opioid pain reliever because it was only moderately
36 effective for pain and was found to have significant addictive potential. Buprenorphine
37 was re-introduced in the late 1990’s as an evolving opioid crisis among “suburban youth”
38 (**coded language for white users**) became visible. NIDA subsidized the manufacturer,
39 Reckitt-Benckiser Pharmaceuticals, with \$23 million for clinical trials of buprenorphine
40 for opioid dependence (SAMHSA 2000) for this growing cohort of white opioid users
41 that the popular press sympathetically referred to as patients with a treatable disease of
42 “drug dependence” rather than addicts or criminals (**Netherland and Hansen DATE**).
43 Buprenorphine was **re-framed** in neuroscientific terms as a targeted “smart drug” that, as
44 a partial opioid agonist, caused less euphoria **that** other opioids and less risk of overdose
45 because it did not depress respiration to the degree that other opioids did. In addition, to
46 reassure regulators with further technological safeguards against its abuse, Reckitt-
47 Benckiser manufactured buprenorphine in combination with naloxone, an opioid
48 antagonist (reversal agent) that causes withdrawal in people who attempt to inject it but
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3 not in those who take it as prescribed, under the tongue, where the naloxone is not
4 absorbed into the bloodstream. Congressional lobbying by addiction treatment advocates
5 and pharmaceutical industry leaders that highlighted these features of buprenorphine
6 persuaded congress to pass the Drug Abuse Treatment Act of 2000, legalizing office-
7 based treatment of opioid dependence using schedule III opioid medications. This move
8 reversed an 80-year prohibition on general physician treatment of narcotic dependence
9 using narcotics dating to the 1914 Harrison Act. In order to make buprenorphine eligible
10 for office based treatment, advocates also lobbied the DEA to re-classify buprenorphine
11 to the federal Controlled Substance Schedule III (meaning it poses a low to moderate risk
12 of creating dependence, along with codeine cough syrup), thereby downgrading it from
13 its classification on Schedule II (meaning it poses a high risk of creating dependence,
14 along with methadone and OxyContin) (Jaffe & O’Keeffe, 2003). Buprenorphine
15 bolstered the chronic, relapsing brain disease model that was increasingly being used as
16 the unifying conceptual framework for addiction science, the basis for a significant
17 proportion of NIDA’s appropriations, and a source of scientific legitimacy for the field
18 (Campbell 2007).

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21 In the late 1990’s congressional debates that led to to the legalization of monthly
22 Suboxone prescriptions in private doctors offices, as opposed to daily observed dosing in
23 DEA regulated methadone clinics, there was a clear emphasis on a “new kind of drug
24 user,” one who was young, suburban and “not hardcore” and, implicitly, white. Alan
25 Leshner, then director of NIDA, testified that buprenorphine, as opposed to methadone,
26 was uniquely appropriate for this new kind of opioid user. As Leshner said, methadone
27 “tends to [be?] concentrated in urban areas, is a poor fit for the suburban spread of
28 narcotic addiction” (Congressional Record 1999:S1092). In a subsequent congressional
29 hearing, then Health & Human Services Director Secretary Donna Shalala noted that
30 buprenorphine, as an alternative to methadone, would serve a new kind of addict,
31 “including citizens who would not normally be associated with the term addiction”
32 (Congressional Record 2000:S9113). Adding the potent term “citizen” further bolstered
33 the respectability and implicit whiteness of the burgeoning new cohort of white, middle
34 class opioid dependent people.

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37 The DEA was reassured that Suboxone, itself a potentially abusable opioid,
38 would not be diverted to street markets because of the requirement that a physician
39 undergo 8 hours of certification training and register with the DEA as a Suboxone
40 prescriber. Since public sector doctors working in Black and Brown inner cities did not
41 have incentives to undergo this training, certified prescribers were largely private
42 practitioners who, in NYC for example, charge \$1000 for an initial Suboxone induction
43 visit, and whose largely white, affluent patients often pay out of pocket to keep addiction
44 out of their medical record (Mendoza, Rivera and Hansen 2016). They find prescribers
45 through online advertising and internet referral services on websites with racial coding
46 such as images of clean cut white patients in ironed button-down shirts (fig. 2).

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49 In a race-and –class stratified healthcare system such as that in the U.S., where
50 access to generalist doctors is often limited to those who can pay, patented technologies
51 designed for private office delivery in themselves encode white race and middle class.
52 Ultimately these whitening strategies created an exclusive yet lucrative segment of the
53 market for Suboxone, by 2013 a blockbuster drug at over \$1.5 billion a year in sales in
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3 the U.S. in alone, second only OxyContin®, which had reported sales of \$3 billion in the
4 same year (Drugs.com 2014).
5

6 **Conclusion**

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9 The flip side of these spectacular sales is the haunting specter of overdose. The whitening
10 capitalization of opioid science and marketing, a process that, as we have shown, depends
11 on racial and socioeconomic inequalities in access to treatment and an individual model
12 of addiction risk and behavior, has obscured social contextual understandings of the
13 causes of, and potential institutional interventions for, overdose epidemics. The brain
14 disease model of addiction, based on seemingly universal, disembodied brains devoid of
15 social or environmental influences, led to “context free” neuroscience that made the
16 social hierarchies of addiction and its consequences invisible to, and thus exacerbated by,
17 the national policies that translated this neuroscience into intervention. The brain disease
18 model thus reinforced hierarchies of blame and punishment as it was selectively deployed
19 to apply to the white middle class population while excluding from its purview low
20 income non-white populations that have long been relegated to illicit sources of narcotics,
21 and thus to law enforcement and criminal justice-based responses to narcotics use. The
22 white, middle-class population was already disproportionately able to access—indeed
23 targeted for **distribution** of—biomedical sources of narcotics and pharmaceutical treatment
24 for narcotics dependence. **In the era of recently patented new opioids**, these hierarchies of
25 blame and punishment take the form of configuring some (white) addicted people as
26 patients who have lost their free will as a complication of seeking prescribed, legitimate
27 treatments for pain, while figuring other (non-white) addicted people as criminals who
28 are seeking the pleasure of an opiate high. In turn, the treatments developed as
29 interventions for opioid addiction were racially marketed to the same white clientele to
30 which newly patented opioid analgesics were selectively and aggressively marketed,
31 tapping into a circumscribed but highly lucrative consumer base that has long benefitted
32 from a legally protected, racially segregated safe space for white narcotics consumption.
33 **Yet, in the end, this protected space has not proven to be safe, even for its intended**
34 **middle class white clientele. The profit-driven, racialized healthcare system through**
35 **which new opioids were disseminated has proven harmful to whites and non-whites alike,**
36 **as the very accessibility to opioid pain relievers that it provided whites led to**
37 **unprecedented overdose rates.** And the profit-driven nature of its racialized capital has
38 created barriers to population wide overdose prevention measures that have been
39 successfully implemented in less capitalized and racialized public health campaigns of
40 other countries.
41

42 With its overwhelming focus on individual risk and response, the US has
43 developed **little public health mechanism** to stem the tide of overdose. This is most
44 visible through comparison with France, a country with universal healthcare and
45 government pricing and purchasing of medications. There, buprenorphine was widely
46 promoted and adopted among primary care doctors in poor immigrant communities for
47 prevention of overdose and HIV starting in 1996. The opioid overdose rate in France
48 dropped 80% in the seven years after buprenorphine’s approval (Auriacombe et al 2004).
49 Contrast this with the US, where drug overdose rates have tripled in the first ten years
50 after buprenorphine’s approval (Rudd 2016). **The public health potential of**
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3 buprenorphine is limited by its whiteness in our racially segregated and market driven
4 healthcare system, which orphans patients that have patchy insurance coverage and
5 tenuous access to prescribers.
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7 Racially segregated drug policies and lucrative yet lethal prescription narcotic
8 marketing can only be sustained if there is a separate route to categorize and discipline
9 drug use among whites, and that route must appear, at least on its face, to be race neutral.
10 Consistent with Marx's predictions, the technologies that whiten opioids deny the social
11 relations that underlie commodities, transforming human producers of commodities into
12 ghosts, and in this case, also transforming the consumers into ghosts.
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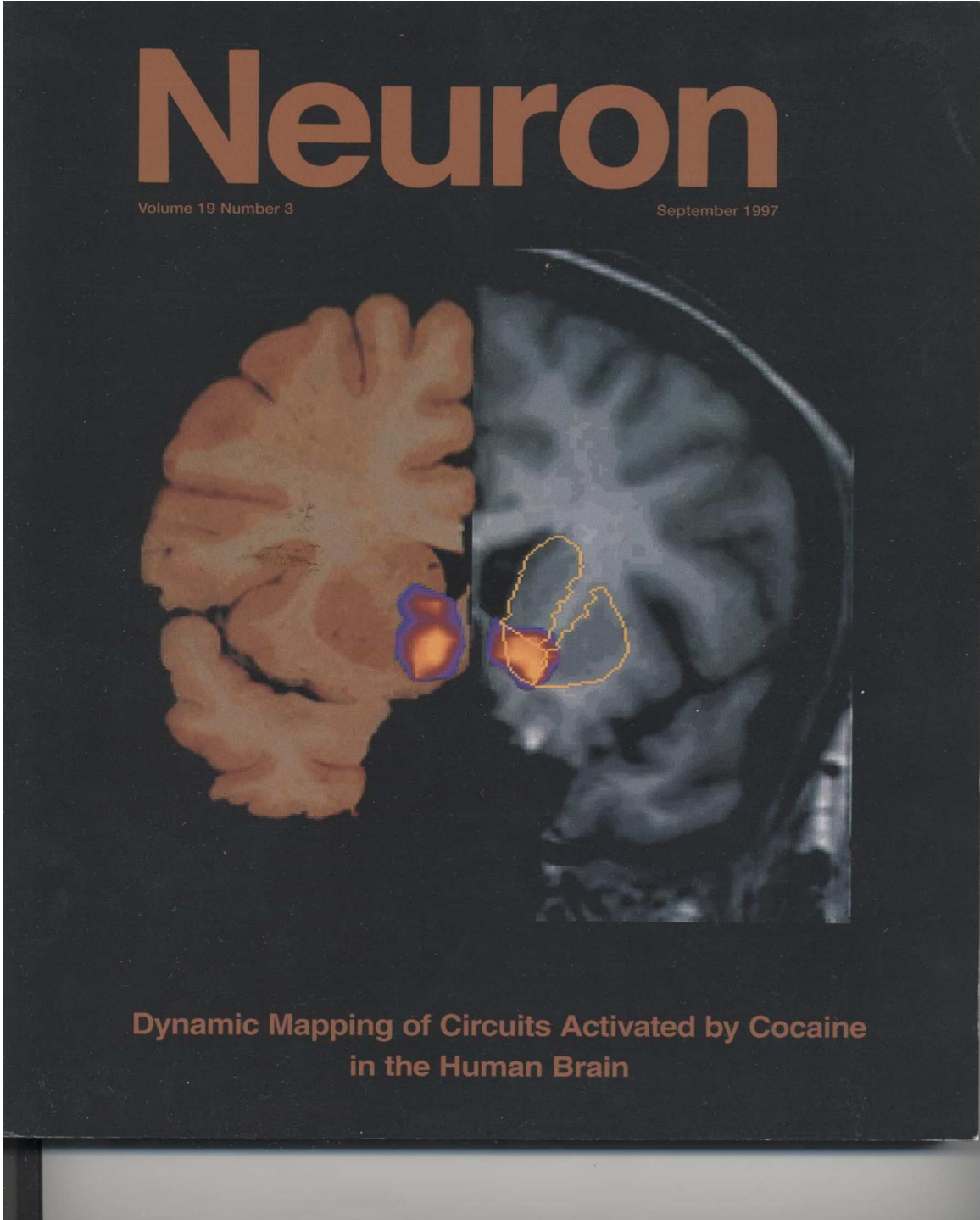
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The National Alliance of Advocates for Buprenorphine Treatment

Buprenorphine (Suboxone®, Subutex®, Zubsolv®, Bunavail™, Probuphine®) is an opioid medication used to treat opioid addiction in the privacy of a physician's office.¹ Buprenorphine can be dispensed for take-home use, by prescription.¹ This, in addition to the pharmacological and safety profile of buprenorphine, makes it an attractive treatment for patients addicted to opioids.²

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The Purpose of Buprenorphine Treatment:
 To suppress the debilitating symptoms of cravings and withdrawal, enabling the patient to engage in therapy, counseling and support, so they can implement positive long-term changes in their lives which develops into the new healthy patterns of behavior necessary to achieve sustained addiction remission. - [explain](#) -