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Preeclampsia in pregnant women with polycystic ovary syndrome: risk factor analysis based on a retrospective cohort study

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ORIGINAL PAPER / OBSTETRICS

Preeclampsia in pregnant women with polycystic ovary syndrome: risk factor analysis

based on a retrospective cohort study

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ABSTRACT

Objectives: To compare the clinical characteristics of pregnant women with polycystic ovary

syndrome (PCOS) and perinatal outcomes with or without preeclampsia (PE) and to factors

that are potentially associated with the onset of PE.

Material and methods: This was a retrospective study of pregnant women diagnosed with

PCOS from January 2017 to December 2021. Eligible patients were divided into two groups

based on the presence or absence of preeclampsia: a PE group and a non-PE group.

Demographics, clinical characteristics, maternal and perinatal outcomes, and potential factors

linked to disease recurrence were analyzed.

Results: In total, 616 patients were enrolled and respectively classified into the PE group (n

= 51) and the non-PE group (n = 565). The incidence of PE in pregnant women with PCOS

was 8.28%; this was significantly higher than that in non-PCOS pregnant women (3.22%, p <

0.001). Logistic regression analysis of the predictive factors for PE in women with PCOS

revealed that the combination of maternal hyperandrogenism, a pre-pregnancy BMI ≥ 24

kg/m², and a family history of cardiovascular disease (CVD) and assisted reproductive

techniques (ART) exhibited the steepest receiver-operating characteristic (ROC) curve value

at 0.797 [95% confidence interval (CI): 0.733–0.862].

Conclusions: Patients with PCOS have a higher incidence of PE. We identified a series of significant and independent factors associated with PE in PCOS: maternal hyperandrogenism, a pre-pregnancy BMI $\geq 24 \text{ kg/m}^2$, and a family history of CVD and ART.

Keywords: PCOS; obstetric outcomes; predictors; preeclampsia; hyperandrogenism

INTRODUCTION

Polycystic ovary syndrome (PCOS) is a disorder that is characterized by hyperandrogenism, ovulatory dysfunction, and polycystic ovaries [1] and leads to several health complications, including menstrual dysfunction, infertility, hirsutism, acne, obesity, and metabolic syndrome [2]. The estimated prevalence of PCOS varies from 3–20% depending on the diagnostic criteria used [3].

Pregnant women with PCOS are at increased risk for pregnancy complications and neonatal complications. Previous meta-analyses on pregnancy and delivery complications report an increased risk for miscarriage, gestational diabetes mellitus (GDM), pregnancy-induced hypertension (PIH), preterm birth and caesarean section (CS) in women with PCOS [4]. After controlling for all potential confounding effects, Mills reported that women with PCOS have a 50% increased risk for the development of PIH and a 30% increased risk of developing preeclampsia (PE) than women without PCOS; these authors also concluded that PCOS is an independent risk factor for GDM and PIH [5]. A stronger association between PCOS and hypertensive disorders has also been reported [6]. PCOS in pregnancy was also shown to be associated with the increased risk of PIH and PE [7]. Collectively, these studies indicated that PCOS may be one of the risk factors of PIH or PE.

PE is one of the most feared and challenging complications of pregnancy and a significant focus of our research. In a previous study, we found that the incidence of PE in PCOS was 6.9–9.6%, much higher than the incidence of PE in the general population reported in previous studies (1.4–2.1%) [8, 9]. In addition to the risk factors for PE that have been described in previous guidelines (e.g., previous pregnancy with preeclampsia, multifetal gestation, renal disease, autoimmune disease, type 1 or type 2 diabetes mellitus, and chronic

hypertension), some studies have found that hyperandrogenemia [10] and obesity [11] might also be high-risk factors for PCOS complicated with PE.

In the present study, we performed a systematic analysis of the risk factors for PE in pregnant women with PCOS based on a retrospective cohort study. Our intention was to provide guidance for the prevention of PE in patients with PCOS.

MATERIAL AND METHODS

Patients

This retrospective study was conducted in the Women's Hospital, Zhejiang University School of Medicine, China. We analyzed the clinical characteristics, laboratory indices, and maternal-fetal and neonatal complications of patients who had a history of PCOS and delivered in our hospital between January 2017 and Dec 2021. The inclusion criteria were as follows: (1) PCOS was diagnosed in our hospital before pregnancy, and (2) delivery in our hospital with a complete dataset and postpartum follow-up. Patients were excluded if they had chronic hypertension. Patients who met the inclusion and exclusion criteria were enrolled in the study and separated into two groups based on the presence or absence of PE.

The diagnosis of PCOS was made according to the Rotterdam criteria (2003) and at least two of the following three criteria were met: clinical and/or biochemical signs of hyperandrogenism, oligo-ovulation and/or anovulation, and a polycystic ovary on ultrasonography, with the exclusion of any related diseases, such as adrenal congenital hyperplasia, Cushing syndrome, androgen-secreting tumors, or Hashimoto's thyroiditis [1]. Preeclampsia was defined as systolic blood pressure \geq 140 mmHg and/or diastolic blood pressure \geq 90 mmHg on two recordings four hours apart and proteinuria of at least 300 mg/24 hours or at least 1+ or more on dipstick testing in a random urine sample on at least two occasions [12]. Gestational diabetes was, according to a one-step approach, defined as any single threshold value that met or exceeded a fasting value of 92 mg/dL, a 1-hour value of 180 mg/dL, or a 2-hour value of 153 mg/dL) [13]. Intrahepatic cholestasis of pregnancy (ICP) was diagnosed according to the following criteria: bile acid \geq 10 μ mol/L and pruritus, with or without elevated transaminase [14].

Clinical assessment

We collected a range of anthropometric measurements, including weight, height, along with the levels of follicle-stimulating hormone (FSH) (mIU/mL), luteinizing hormone (LH) (mIU/mL), prolactin (PRL) (ng/mL), estradiol (E2) (pg/mL), progesterone (ng/mL), total testosterone (TT) (ng/mL), dehydroepiandrosterone sulfate (DHEA-S) (μ g/dL) and sex hormone-binding globulin(SHBG) (nmol/L) obtained on the morning of the third to fifth day of the menstrual cycle.

Maternal age (years) at birth was recorded and the women were categorized as advanced age if aged \geq 35 years. Body mass index was also calculated [weight (kg)/ (height (m)²]. Parity was classified as nulliparous or parous. The medical birth registers also contained information on whether the pregnancy was conceived by assisted reproductive technology (ART), ovarian stimulation, artificial insemination or not, and information was acquired relating to concurrent diseases such as pregestational diabetes mellitus, autoimmune disease, thyroid dysfunction and medication during pregnancy. Infants born small for gestational age were defined as having birth weights of less than 2 standard deviations below the mean for gestational age and sex of the infant. Preterm birth at delivery that was less than 37 weeks of gestation, was classified as moderate (32 + 0 to 36 + 6 weeks) and very preterm birth (< 32 weeks). Perinatal mortality was defined as intrauterine fetal death after 28 weeks of gestation or death of the infant from 0 to 27 days after birth.

Ethics statement

The current study was approved by the ethics committee of Women's Hospital, Zhejiang University School of Medicine (Ethics NO. IRB-20220220-R). This study is a retrospective study of medical records and archived samples with no harm to patients' interests and no harm to patients' privacy. We ensure that we have discussed whether all data were fully anonymized before you accessed them, and the ethics committee waived the requirement for informed consent. And our study did not include minors.

Statistical analysis

Descriptive data are presented as medians and interquartile ranges for continuous variables and as numbers and percentages for categorical variables. Binary logistic regression analysis was performed to determine the significant independent contribution of those variables yielding a p-value < 0.05. Logistic regression analysis was subsequently used to investigate the significant factors as predictors. Receiver-operating characteristic (ROC) curves were constructed, and the area under the curve (AUC) was used to compare the predictive value. Then, we estimated the sensitivity, specificity, predictive values, and likelihood ratios. A two-sided alpha level of < 0.05 was selected to represent statistical significance. The statistical software packages SPSS 26.0 (SPSS Inc., Chicago, IL, USA), GRAPHPAD (GraphPad Software, San Diego, CA, USA) and MEDCALC (MedCalc Software, Mariakerke, Belgium) were used for data analyses.

Results

A total of 887 pregnant patients with PCOS were diagnosed in our gynecological clinic between January 2017 and December 2021. In total, 616 cases were included in this study once the inclusion and exclusion criteria had been applied. Of the 616 patients, 51 cases were diagnosed with PE. During the same period, 96532 deliveries took place in our hospital, and PE was diagnosed in 3148 patients between January 2017 and December 2021. The incidence of PE in PCOS pregnant women was 8.28%, significantly higher than that in non-PCOS pregnant women (3.22%, p < 0.001). The screening process of cases according to the inclusion and exclusion criteria is shown in Figure 1.

The demographic and laboratory characteristics of pregnant women diagnosed PCOS are described in Table 1. There were no significant differences between the two groups in terms of multipara, natural conception, ovarian stimulation, artificial insemination (AI), or medication during pregnancy. Similarly, there were no significant differences in the incidences of complications of pregnancy, including thyroid dysfunction, autoimmune disease. As shown in Table 1, the mean age of pregnant women in the PE group was significantly higher than that in the non-PE group $(31.71 \pm 3.64 \text{ vs } 29.79 \pm 3.58 \text{ years, p} < 1.00 \text{ medication}$

0.001). The rate of maternal hyperandrogenism in the PE group was 27.45% (14 cases); this was significantly higher than that in the non-PE group (5.66%; 32 cases; p < 0.001). The incidence of a family history of cardiovascular disease (CVD) in the PE group was 31.37% (16 cases); this was significantly higher than that in the non-PE group (7.79%; 44 cases; p < 0.001). Pre-pregnancy BMI in the PE group was significantly higher than that in the non-PE group (24.07 \pm 3.72 vs 22.05 \pm 3.45 kg/m², p < 0.001). We also found that the proportion of cases involving ART in the PE group was significantly higher than that in the non-PE group (43.14% vs 23.54%, p < 0.001). The rate of multifetal gestation in the PE group was significantly higher than that in the non-PE group (25.49% vs 12.92%, p = 0.040). The prevalence of pregestational diabetes mellitus (PGDM) in the PE group was 7.84% (4 cases); this was significantly higher than in the non-PE group (2.12%; 12 cases; p = 0.014). With regards to the outcome of complications of pregnancy, this study showed that the incidence of FGR in the PE group was significantly higher than that in the non-PE group (9.80% vs 1.42%, p < 0.001), and the rate of cesarean section in the PE group was significantly higher than that in the non-PE group (80.39% vs 43.36%, p < 0.001).

Furthermore, we compared perinatal outcomes between the two groups. Compared to the non-PE group, the number of gestational weeks for newborns in the PE group was significantly lower (257.57 \pm 17.68 vs. 268.44 \pm 18.26 days, p = 0.001) and the probability of premature delivery was significantly higher (43.14% vs 16.28%, p = 0.001). The incidence of SGA in the PE group was significantly higher than that in the non-PE group (7.81% vs 1.88%, p = 0.003). In addition, newborns in the PE group had a significantly lower birth weight than those in the non-PE group (2589.76 \pm 721.04 vs 3012.50 \pm 700.73 g, p < 0.001), as well as a higher risk of admission to the neonatal unit (23.43% vs 14.24%, p = 0.050) (Tab. 2).

Next, univariate, and multivariate regression models were used to determine the relationship between the clinical characteristics of pregnant women with PCOS and the occurrence of PE. Univariate logistic analysis revealed an association between disease occurrence and maternal hyperandrogenism, a family history of CVD, advanced age, a prepregnancy $BMI \ge 24 \text{ kg/m}^2$ and ART. Furthermore, multivariate logistic analysis revealed that

maternal hyperandrogenism [odds ratio (OR) = 7.397, 95% confidence interval (CI): 3.302–16.570, p < 0.001], a family history of CVD (OR = 6.036, 95% CI: 2.857–12.754, p < 0.001), a pre-pregnancy BMI \geq 24 kg/m² (OR = 2.813, 95% CI: 1.464–5.402, p = 0.002) and ART (OR = 2.838, 95% CI: 1.476–5.459, p = 0.002) were independent predictive factors of PE in pregnant women with PCOS (Tab. 3).

Finally, ROC curves were generated for maternal hyperandrogenism, a pre-pregnancy BMI \geq 24 kg/m², a family history of CVD and ART, as well as a combination of these four factors. The AUC values were 0.609 (95% CI, 0.518–0.699) for maternal hyperandrogenism, 0.644 (95% CI, 0.559–0.730) for a pre-pregnancy BMI \geq 24 kg/m², 0.628 (95% CI, 0.538–0.718) for a family history of CVD, 0.598 (95% CI, 0.512–0.684) for ART, and 0.797 (95% CI: 0.733–0.862) for the combination of all four factors, respectively, as shown in Figure 2. The sensitivity of maternal hyperandrogenism was 0.255, and specificity of was 0.943. The sensitivity for a pre-pregnancy BMI \geq 24 kg/m² was 0.490 while the specificity was 0.798. The sensitivity and specificity for a family history of CVD were 0.333 and 0.922, respectively. The sensitivity of ART was 0.431 while the specificity was 0.765. Finally, the sensitivity and specificity of the combination prediction model were 0.902 and 0.531, respectively. These data suggested that the combination of maternal hyperandrogenism, a prepregnancy BMI \geq 24 kg/m², and a family history of CVD and ART, had a moderate predictive value for PE in pregnant women with PCOS.

DISCUSSION

At present, there are many prediction models for PE, such as the prediction model for preterm PE of the Fetal Medicine Foundation (FMF) [7, 15]. Most of these predictive models include maternal risk factors, such as a history of preeclampsia, multifetal gestation, type 1 or 2 diabetes, and renal disease[16–18]; however, PCOS was not included as a high or moderate risk factor. In this study, we found that the incidence of PE in PCOS was much higher than that in the general population. In addition to the maternal risk factors for PE, we also found that maternal hyperandrogenism, a family history of cardiovascular disease, a pre-pregnancy $BMI \ge 24 \text{ kg/m}^2$, and ART were all independent risk factors for PE in pregnant women with

PCOS. This is an interesting phenomenon and may be one of the reasons for the increased risk of PE in pregnant women with PCOS.

Hyperandrogenism is one of the diagnostic features of PCOS and is defined based on clinical and/or biochemical criteria [19]. The clinical features of female hyperandrogenism include hirsutism, acne, and alopecia. Biochemical features (termed hyperandrogenemia) include elevated serum levels of androgens [increased total testosterone, androstenedione, dehydroepiandrosterone (DHEAS), and free androgen index, which is influenced by the suppression of SHBG levels [19]]. It is hypothesized that hyperandrogenism in women with PCOS may be associated with hypertension [20]. We found that pre-pregnancy maternal hyperandrogenism was associated with subsequent preeclampsia (OR = 7.397, 95% CI: 3.302–16.570), as reported previously [11]. In a cross-sectional study of 151 young women with PCOS, Chen et al. found that the serum bioavailable and total testosterone levels were significantly and positively correlated with both systolic pressure and diastolic pressure in young women with PCOS in a manner that was independent of insulin resistance, obesity, and dyslipidemia [21].

The mechanisms by which androgens initiate hypertension have not been clearly elucidated. A previous study reported that androgen may directly upregulate the proximal tubule renin-angiotensin system and increase the volume resorptive rate, thereby increasing extracellular volume and blood pressure [22]. Furthermore, androgens may contribute to abnormal placental morphology and may be related to adverse pregnancy outcomes [23]. Palomba et al. compared the placentas of pregnant women with PCOS with those of healthy controls and observed a number of microscopic alterations including utero-placental vascular lesions, chronic villitis, intervillositis, and abnormal villus maturity, along with an absence of physiological change in the spiral vessels [24]. These authors also found that microscopic placental lesions were significantly influenced by the basal free androgen index (FAI) [testosterone (nmol/L)/SHBG × 100], thus suggesting a potential for hyperandrogenism in the underlying pathogenesis [24]. A recent study of a select group of women from Hvidovre University Hospital showed that women with PCOS and hyperandrogenemia had a more than two-fold increased risk of pre-eclampsia when compared with the background population,

whereas normoandrogenic women with PCOS were not at an increased risk, thus indicating hyperandrogenemia rather than PCOS as a marker of PE [25].

In our study, the women were categorized as underweight (BMI $\leq 18.5 \text{ kg/m}^2$), normal weight (18.5 kg/m² \leq BMI \leq 24 kg/m²), overweight (24 kg/m² \leq BMI \leq 28 kg/m²), or obese $(BMI \ge 28 \text{ kg/m}^2)$ [26]. Obesity and features of metabolic syndrome are associated with hypertensive disorders during pregnancy [25, 27]. There is a common misconception that all women with PCOS are obese. However, the mean BMI before pregnancy in women with PCOS in our study was 22.22 kg/m² and were within the normal weight range; this concurs with previous reports [28, 29]. The mean BMI before pregnancy in PE group was 24.07 kg/m²; this was significantly higher than that in the non-PE group. Previous studies of PCOS and hypertensive disorders in pregnancy have addressed possible associations with BMI, although conclusions have been inconsistent. Lønnebotn found a significant association between PCOS and hypertensive disorders in pregnancy among those who were underweight (BMI < 18.5 kg/m²) and obese (BMI \geq 30 kg/m²) but not among those of normal weight or slightly overweight when stratifying by BMI [29]. Nevertheless, Khomami concluded that PE was not associated with PCOS by comparing BMI-matched studies in a meta-analysis [30]. In this study, we found that for Chinese pregnant women with PCOS, the pre-pregnancy BMI ≥ 24 kg/m² of those with PE was significantly higher than that in women without PE. This finding suggests that a BMI \geq 24 kg/m² may be an independent risk factor for PE in pregnant women with PCOS. Under this condition, both obese PCOS patients and those who are overweight should be admitted into pre-pregnancy weight control management to prevent obstetric complications. It is well documented that modest weight loss improves an array of abnormal factors in pre-pregnancy PCOS women, including reducing the incidence of PE during pregnancy. Obstetricians should consider the well-established benefits of exercise training and its recommendation as a cornerstone of PCOS pregnancy management.

A view prevails among some experts that pregnancies following ART are associated with a higher risk of hypertensive disorders of pregnancy [31–33]. Regardless of ovulation induction, mild mono/bi-follicular stimulation and ART, or multiple follicular stimulation and ART, PCOS women have been shown to have an increased risk of PIH [34]. However, some

researchers have the opposite opinion. Liu also found that the incidence of PIH or PE was not significantly different when compared between groups with and without ART, thus suggesting that ART is a relatively safe and effective method with which to address infertility problems in women with PCOS [35]. We found that ART increased the incidence of PE in PCOS women, although ovarian stimulation did not increase this risk; this may be related to the medication given after ART or the modes of ovulation induction. We also found that a family history of CVD is also a risk factor for PE, thus suggesting that we should also consider family susceptibility, the influence of diet, and genetic factors.

Our study also has some limitations that need to be considered. Because this was a single-center, retrospective cohort study, we were unable to acquire a complete set of relevant information for analysis. For instance, data relating to the clinical features of female hyperandrogenic issues (such as hirsutism, acne and alopecia) were incomplete; therefore, biochemical features were used as a diagnostic basis in this study. Furthermore, we are planning to conduct a prospective study to study the risk of PE in patients with different phenotypes of hyperandrogenic PCOS, and to verify the prediction of PE in PCOS patients. In addition, the selection of ovarian stimulation should be further investigated.

CONCLUSIONS

Patients with PCOS have a higher rate of PE, in which maternal hyperandrogenism, a pre-pregnancy BMI \geq 24 kg/m², a family history of CVD and ART are significant independent factors.

Article information and declarations

Data availability statement

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

Ethics statement

Compliance with ethical standards. Informed consent Informed consent was obtained from all individual participants included in the study. This study is a retrospective study of medical

records and archived samples with no harm to patients' interests and no harm to patients' privacy. We ensure that we have discussed whether all data were fully anonymized before you accessed them, and the ethics committee waived the requirement for informed consent. And our study did not include minors. It has been approved by the Ethics Committee of Women's Hospital Zhejiang University School of Medicine, ethics Number IRB-20220220-R.

Author contributions

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Drafting of the manuscript: Ruoan Jiang, Yingsha Yao, Peiyue Jiang.

Critical revision of the manuscript for important intellectual content: Fan Qu.

Statistical analysis: Ruoan Jiang, Yingsha Yao, Baohua Li.

Supervision: Fan Qu.

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Competing interests

The authors declare that they have no conflict of interest.

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Table 1. Demographic and clinical characteristics of pregnant women diagnosed PCOS with PE and non-PE

	PE (n = 51)	non-PE (n = 565)	p-value	
Age (mean \pm SD) (year)	31.71 ± 3.64	29.79 ± 3.58	0.000	
Parity(n,%)			0.235	
Nulliparous	46 (90.20)	474 (83.89)		
Multiparous (n, %)	5 (9.80)	91 (16.11)		
Hyperandrogenism (n, %)	14 (27.45)	32 (5.66)	0.000	
Family history of CVD (n,%)	16 (31.37)	44 (7.79)	0.000	
Pre-pregnancy BMI (kg/m²)	24.07 ± 3.72	22.05 ± 3.45	0.000	
Pregnancy method (n, %)				
Natural conception	21 (41.18)	315 (55.75)	0.346	
Ovarian stimulation	29 (56.86)	250 (44.25)	0.083	
AI	2 (5.88)	26 (4.60)	0.823	
ART	22 (43.14)	133 (23.54)	0.000	
Type of pregnancy (n, %)			0.040	
Singleton	38 (74.51)	492 (87.08)		
Twin	13 (25.49)	72 (12.74)		
Triplet	0 (0.00)	1 (0.18)		
Medication during pregnancy (n, %)				

Aspirin	12 (23.53)	88 (15.57)	0.140
Metformin	3 (5.88)	18 (3.19)	0.309
Complications of pregnancy (n, %)			
PGDM	4 (7.84)	12 (2.12)	0.014
Thyroid dysfunction	7 (13.73)	45 (7.96)	0.156
Autoimmune disease	1 (1.96)	7 (1.24)	0.663
Delivery outcome			
GDM	6 (11.76)	74 (13.10)	0.786
ICP	3 (5.88)	15 (2.65)	0.190
PROM	5 (9.80)	115 (20.35)	0.068
FGR	5 (9.80)	8 (1.42)	0.000
Delivery way (n,%)			0.000
Vaginal delivery	10 (19.61)	320 (56.64)	
CS	41 (80.39)	245 (43.36)	

Data are presented as mean \pm SD, median (interquartile range) and n (%)

AI — artificial insemination; ART —assisted reproductive techniques; CS — caesarean section; CVD — cardiovascular disease; FGR — fetal growth restriction; GDM — gestational diabetes mellitus; ICP — intrahepatic cholestasis of pregnancy; PE — preeclampsia; PGDM — pregestational diabetes mellitus; PROM — premature rupture of membranes

Table 2. Neonatal outcomes of pregnant women diagnosed PCOS with PE and non-PE

	PE $(n = 64)$	non-PE $(n = 639)$	p-value
Gestational age at delivery (mean \pm	257.57 ± 17.68	268.44 ± 18.26	0.001
SD) (day)			
Preterm birth (n, %)	22 (43.14)	92 (16.28)	0.000
SGA(n, %)	5 (7.81)	12 (1.88)	0.003
Neonate birth weight (mean ± SD)	2589.76 ±	3012.50 ± 700.73	0.000
(g)	721.04		0.766
Neonatal asphyxia(n, %)		24 (3.75)	
Mild neonatal asphyxia	3 (4.69)	4 (0.63)	

Severe neonatal asphyxia	0 (0)		
Perinatal mortality (n, %)	0 (0)	3 (0.47)	0.583
Neonatal unit admission (n, %)	15 (23.43)	91 (14.24)	0.050
Intubation (n, %)	4 (6.25)	16 (2.50)	0.086

Data are presented as mean \pm SD, median (interquartile range) and n (%)

PE — preeclampsia; SGA — small for gestational age

Table 3. Univariate and multivariate logistic regression analysis for the prediction of PE in PCOS pregnant women

n, %	Univariate OR∏95% CI∏ p		Multivariate OR∏95% CI∏ p-value			
Hyperandrogenism	6.302	(3.096–	p 0.000	7.397	(3.302–	p-value 0.000
Tryperunar ogeniom		(5.050	0.000		(5.502	0.000
	12.831)			16.570)		
Family history of CVD	5.920	(3.065–	0.000	6.036	(2.857–	0.000
	11.438)			12.754)		
Advanced age	2.174	(1.033–	0 041	2.087	(0.897–	0.088
riavaneca age	2.17	(1.055	0.041	2.007	(0.057	0.000
	4.572)			4.856)		
Pre-pregnancy BMI ≥ 24	3.804	(2.117–	0.000	2.813	(1.464–	0.002
kg/m ²	6.836)		0.003	5.402)		0.002
ART	2.464	(1.370–	0.030	2.838	(1.476–	0.489
PGDM	4.433)		0.015	5.459)		0.205
Multifetal gestation	3.614	(1.133–		1.606	(0.420–	
	11.522)			6.141)		
	2.306(1.173-4.533)			1.743	(0.739–	
				4.114)		

ART — assisted reproductive techniques; BMI — body mass index; CI — confidence interval; CVD — cardiovascular disease; OR — odds ratio; PE — preeclampsia; PGDM — pregestational diabetes mellitus

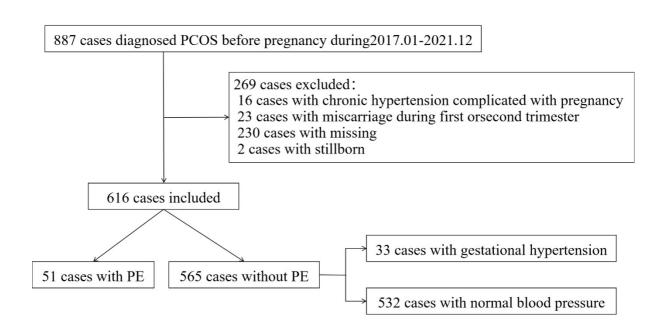


Figure 1. Case screening flowchart of this study

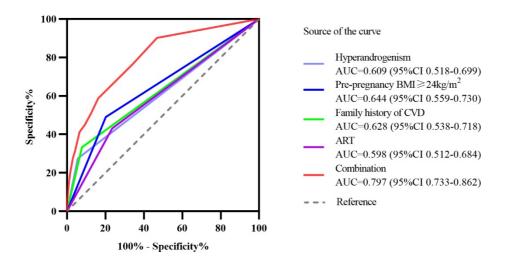


Figure 2. ROC curves of the predictive factors for PE in PCOS pregnant women