

OPEN

# The Influence of Long-Acting Somatostatin Analogs on $^{68}\text{Ga}$ -DOTATATE Uptake in Patients With Neuroendocrine Tumors

Youssef Chahid, PharmD,\*† Khaled Hashimi, PharmD,\* Ewoudt M.W. van de Garde, PharmD, PhD,‡ Heinz-Josef Klumpen, MD, PhD,§ N. Harry Hendrikse, PharmD, PhD,|| Jan Booij, MD, PhD,\* and Hein J. Verberne, MD, PhD\*

**Purpose:** A high  $\text{SUV}_{\text{max}}$  tumor-to-liver ratio (TLR) of  $^{68}\text{Ga}$ -DOTATATE can be used to select patients with neuroendocrine tumors (NETs) for peptide receptor radionuclide therapy (PRRT). In addition, an  $\text{SUV}_{\text{max}}$  TLR  $\geq 8.1$  is associated with increased progression-free survival in NET patients treated with somatostatin analogs (SSAs). To avoid a theoretical interaction, several guidelines recommend performing PET/CT just before the monthly administration of long-acting SSAs. We aimed to investigate the effect of SSA on the  $\text{SUV}_{\text{max}}$  of  $^{68}\text{Ga}$ -DOTATATE in patients with NET and to identify independent predictors for high  $\text{SUV}_{\text{max}}$  TLR.

**Patients and Methods:** For this retrospective study, 192  $^{68}\text{Ga}$ -DOTATATE PET/CT scans of 165 patients without ( $n = 115$ ) and with ( $n = 77$ ) SSA (octreotide or lanreotide) in the 3 months before PET/CT were collected and reviewed. The effect of SSA on  $\text{SUV}_{\text{max}}$  values was analyzed by a maximum likelihood mixed model.

**Results:** Patients with SSA had a significantly higher median  $\text{SUV}_{\text{max}}$  TLR than patients without SSA (4.7 [IQR, 3.1–7.7] versus 3.2 [IQR, 2.0–5.4];  $P < 0.001$ ). Multivariable logistic regression analysis showed that SSA use was an independent predictor for  $\text{SUV}_{\text{max}}$  TLR  $\geq 8.1$  (odds ratio, 2.91; 95% confidence interval, 1.26–6.72;  $P = 0.012$ ).

**Conclusions:** Our data suggest that higher SSA concentrations do not have a negative effect on  $^{68}\text{Ga}$ -DOTATATE uptake in tumor lesions. In addition, we found that only SSA use was associated with  $\text{SUV}_{\text{max}}$  TLR  $\geq 8.1$ . Our results are consistent with previously conducted studies and in line with the recently published guideline that suggests that the relatively recent use of SSA does not necessitate any delay in  $^{68}\text{Ga}$ -DOTATATE PET/CT imaging.

**Key Words:**  $^{68}\text{Ga}$ -DOTATATE, PET/CT, neuroendocrine tumors, somatostatin receptor imaging, somatostatin analogs

(*Clin Nucl Med* 2023;48: 757–762)

Neuroendocrine tumors (NETs) are a heterogeneous group of rare tumors, with an increasing incidence of approximately 1.1 to 7.0 per 100,000 subjects in the United States in 1973 and 2012, respectively.<sup>1</sup> Although NET can arise from any neuroendocrine cell throughout the body, the gastrointestinal tract and pancreas (GEP-NET) are the most affected organs.<sup>1</sup> Approximately 70%–100% of all NETs are characterized by the overexpression of somatostatin receptor subtypes 2 (SSTR-2) and 5 (SSTR-5) on these tumor cells.<sup>2</sup> Because of the high expression of SSTR, synthetic somatostatin analogs (SSAs) with high affinity for SSTR-2 and SSTR-5 are used for symptom control and to improve progression-free survival (PFS). Initially, SSAs were limited in their clinical use by their half-life of several minutes.<sup>3</sup> The subsequently developed slow-release depot injections overcame that problem and significantly improved patient convenience. In Europe and the United States, 2 long-acting SSAs are approved for the treatment of GEP-NET: octreotide (Sandostatin LAR; Novartis, Switzerland) and lanreotide (Somatuline; Ipsen, France).<sup>4,5</sup>

The SSTR overexpression in NET makes these tumors suitable candidates for  $^{68}\text{Ga}$ -DOTATATE ( $^{68}\text{Ga}$ -DOTA-octreotate) PET/CT imaging. Indeed, the radiotracer  $^{68}\text{Ga}$ -DOTATATE has a high affinity, especially for SSTR-2, and can be used for staging, restaging, identification of unknown primary tumor location, and selection of patients for peptide receptor radionuclide therapy (PRRT).<sup>6</sup> PRRT with  $^{177}\text{Lu}$ -DOTATATE (7.4 GBq  $^{177}\text{Lu}$ -DOTATATE every 8 weeks [4 cycles] plus 30 mg octreotide every 4 weeks) has been shown to improve the PFS and quality of life compared with high-dose SSA (60 mg octreotide every 4 weeks) in patients with metastatic midgut NET.<sup>7,8</sup> The  $\text{SUV}_{\text{max}}$  of  $^{68}\text{Ga}$ -DOTATATE can be used as a predictive marker to select patients for PRRT because the effectiveness of PRRT correlates to an  $\text{SUV}_{\text{max}} > 16.4$  and an  $\text{SUV}_{\text{max}}$  tumor-to-liver ratio (TLR)  $> 2.2$ .<sup>9</sup> Because an  $\text{SUV}_{\text{max}}$  TLR  $\geq 8.1$  is associated with a longer PFS in patients with GEP-NET, this parameter can also be used to predict the effectiveness of SSA.<sup>10</sup>

However, it is well known that SSA and  $^{68}\text{Ga}$ -DOTATATE bind preferentially to SSTR-2 in NET. To avoid a theoretical SSTR-2 drug interaction, the manufacturer and several guidelines recommend performing  $^{68}\text{Ga}$ -DOTATATE PET/CT just before the scheduled monthly administration of the SSA.<sup>6,11–13</sup> In recent publications, including an updated guideline and a systematic review by Morland et al, it has been suggested that the interval between administrations of SSA may be less crucial for patients receiving stable doses of long-acting SSA than previously believed.<sup>14,15</sup> This is based on data from some small studies, suggesting that this potential interaction of SSA has no effect on the diagnostic outcome of

Received for publication February 20, 2023; revision accepted June 5, 2023.

From the Departments of \*Radiology and Nuclear Medicine, and †Clinical Pharmacy, Amsterdam UMC, University of Amsterdam, Amsterdam; ‡Division of Pharmacoepidemiology and Clinical Pharmacology, Department of Pharmaceutical Sciences, Utrecht University, Utrecht; §Department of Medical Oncology, Amsterdam UMC, University of Amsterdam; and ||Department of Radiology and Nuclear Medicine, Amsterdam UMC, Vrije Universiteit Amsterdam, Amsterdam, the Netherlands.

Conflicts of interest and sources of funding: none declared.

**Author Contributions:** All authors contributed to the study conception and design. Material preparation, data collection, and analysis were performed by Y.C. and K.H. The first draft of the manuscript was written by Y.C., and all authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

**Data Availability:** The data sets analyzed during the current study are available from the corresponding author on reasonable request.

**Ethics Approval:** This was a retrospective observational study. The Amsterdam UMC, location AMC Ethics Committee, has confirmed that no ethical approval is needed.

**Correspondence to:** Youssef Chahid, PharmD, Department of Radiology and Nuclear Medicine, Amsterdam UMC, University of Amsterdam, Meibergdreef 9, 1105AZ Amsterdam, the Netherlands. E-mail: y.chahid@amsterdamumc.nl.

Copyright © 2023 The Author(s). Published by Wolters Kluwer Health, Inc. This is an open access article distributed under the Creative Commons Attribution License 4.0 (CCBY), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

ISSN: 0363-9762/23/4809-0757

DOI: 10.1097/RLU.0000000000004776

<sup>68</sup>Ga-DOTATATE PET/CT.<sup>16–20</sup> Unfortunately, these studies were too small to perform a multivariable analysis on patient and tumor characteristics to identify independent factors associated with high SUV<sub>max</sub> TLR (ie, ≥8.1) in patients with NET.

Therefore, the primary aim of this study was to investigate the effect of long-acting SSA on the SUV<sub>max</sub> of <sup>68</sup>Ga-DOTATATE in tumor lesions in a larger patient population diagnosed with NET. In addition, potential independent predictors of a high SUV<sub>max</sub> TLR were evaluated.

## PATIENTS AND METHODS

### Patient Population and Data Extraction

This study was retrospectively conducted at the Amsterdam University Medical Centers (Amsterdam UMC), University of Amsterdam, Amsterdam, the Netherlands. The design of the study was evaluated by the Medical Ethics Assessment Committee of the Amsterdam UMC and was approved (ie, due to the retrospective nature of the study, patient consent was waived; the official letter of Medical Ethics Assessment Committee is available on request). Patients with NET were eligible to be included if they had received <sup>68</sup>Ga-DOTATATE PET/CT during the period from May 2016 until January 2023.

Patients were divided into 2 groups based on SSA use. The first group of patients was not treated with SSA. The second group consisted of patients who had at least 1 dose of long-acting SSA (octreotide or lanreotide) administered in the 3 months before <sup>68</sup>Ga-DOTATATE PET/CT. This period of 3 months was chosen because of the pharmacokinetic profile of the octreotide depot, which has a long and slow drug release. The concentration of octreotide is stable during the first weeks after administration, but after approximately 6 weeks, the concentration of octreotide decreases slowly, concomitant with the terminal degradation phase of the polymer matrix of the depot.<sup>4</sup> However, it is not known how long the depot of octreotide will remain active. For this reason, we chose a period of 3 months, but we also performed a subgroup analysis of recent SSA users (ie, patients who used SSA in the 3 weeks before <sup>68</sup>Ga-DOTATATE PET/CT) compared with nonrecent SSA users (ie, patients who used SSA between 3 weeks and 3 months before PET/CT). To evaluate independent factors that may be associated with high SUV<sub>max</sub> TLR, we collected the following data from the electronic health records database: sex, age, body mass index (BMI), primary tumor location, primary tumor resection, WHO NET grade, tumor stage, Ki-67 values, injected dose of <sup>68</sup>Ga-DOTATATE, injected amount peptide of <sup>68</sup>Ga-DOTATATE, treatment with <sup>177</sup>Lu-DOTATATE, and treatment with SSA (type SSA, dose, and last administration before PET/CT imaging). To estimate the serum SSA concentration during <sup>68</sup>Ga-DOTATATE PET/CT, we used the pharmacokinetics data from the respective Summaries of Product Characteristics (SmPCs).<sup>4,5</sup>

### Labeling of <sup>68</sup>Ga-DOTATATE

Labeling of <sup>68</sup>Ga-DOTATATE was performed using a kit preparation method. First, 1.1 mL <sup>68</sup>Ga-solution in 0.1 M HCl was generated from a <sup>68</sup>Ge/<sup>68</sup>Ga generator (GalliAd; IRE-Elit, Belgium). Then, 50 µg DOTATATE (ABX, Germany) was dissolved in 3.0 mL of sodium acetate buffer dilution, which was made from 5.0 mL European Pharmacopoeia sodium acetate buffer solution pH 4.5 (Fischer Chemical, United Kingdom) and 95.0 mL NaCl 0.9% (B. Braun, Germany), and added to the 1.1 mL <sup>68</sup>Ga solution. The solution was heated for 7 minutes at 95°C. Quality control was performed using a radio high-performance liquid chromatography system. The radiochemical purity of the final product was at least 95%.

### PET/CT Procedure

PET/CT image acquisition was performed 45 to 60 minutes after IV administration of approximately 40 µCi/kg <sup>68</sup>Ga-DOTATATE. Patients were instructed to drink at least 500 mL of water and to urinate before the scan. Until October 2017, the Gemini Time-of-Flight PET/CT scanner (Philips, the Netherlands) was used. Diagnostic contrast-enhanced (100 mL IV Ultravist 300; Bayer, Germany) CT was performed in the portal phase from the skull base to the thigh (120 kV, 150 mAs, 16 × 1.5 collimation, 0.8013 pitch). Then, PET acquisition was performed with a scan time of 2.5 minutes per bed. From October 2017, a Biograph mCT Flow PET/CT scanner (Siemens, Germany) equipped with an enhanced axial field of view (TrueV) scanner was used. Diagnostic contrast-enhanced CT was performed in the portal phase with automatic modulation in current and voltage. Reference values were set at 120 kV and 160 mA, 128 × 0.6 collimation, and 0.9 pitch. CT was performed after administration of 90 mL IV iodinated contrast medium (Xenetix 350; Guerbet, France). PET was performed with continuous bed motion at 1.5 mm/s.

For both scanners, CT data were used for PET attenuation correction and PET data reconstruction. Iodinated contrast medium was only administered on clinical indication and when there were no contraindications for administration.

### Image Analysis

The <sup>68</sup>Ga-DOTATATE PET/CT images were analyzed using Hybrid Viewer software (version 5.1.0; Hermes Medical Solutions, Sweden). The SUV<sub>max</sub> was calculated with a spherical volume of interest (VOI) tool. The VOI was drawn manually in the primary tumor, the liver (ie, physiological uptake), and the left psoas major muscle (ie, background). The VOI for the primary tumor was dependent on the tumor size. A fixed VOI of 4 cm<sup>3</sup> was used for the right lower lobe of the liver, and a fixed VOI of 2 cm<sup>3</sup> was used for the middle of the left psoas major muscle. If multiple tumor lesions were present, for practical reasons, the lesion with the highest <sup>68</sup>Ga-DOTATATE uptake was chosen to calculate the SUV<sub>max</sub>. Independent of the scanner used, we determined the following <sup>68</sup>Ga-DOTATATE PET/CT parameters:

- SUV<sub>max</sub> tumor-to-background ratio (SUV<sub>max</sub> TBR) = SUV<sub>max</sub> tumor/SUV<sub>max</sub> psoas major muscle
- SUV<sub>max</sub> liver-to-background ratio (SUV<sub>max</sub> LBR) = SUV<sub>max</sub> liver/SUV<sub>max</sub> psoas major muscle
- SUV<sub>max</sub> tumor-to-liver ratio (SUV<sub>max</sub> TLR) = (SUV<sub>max</sub> tumor – SUV<sub>max</sub> psoas major muscle)/(SUV<sub>max</sub> liver – SUV<sub>max</sub> psoas major muscle)

Although SUV<sub>max</sub> TLR is most clinically relevant due to the physiological high uptake and the frequent presence of metastases in the liver, an SUV<sub>max</sub> TLR ≥ 8.1 appears to be associated with a longer PFS in patients treated with SSA and was therefore also included in our multivariable analysis.<sup>10,19</sup>

### Statistical Analysis

Patient, tumor, and medication characteristics were evaluated using descriptive statistics. The results are shown as frequencies with percentages for categorical variables and means ± standard deviations (SDs) or medians with interquartile ranges (IQRs) for continuous variables. Pearson  $\chi^2$  exact test or Fisher exact test was used for categorical variables, and the unpaired *t* test or Mann-Whitney *U* test was used for quantitative variables. The original SUV<sub>max</sub> values follow a log-normal distribution. The effect of SSA on the log-transformed SUV<sub>max</sub> values was analyzed by fitting a mixed model as implemented in IBM SPSS Statistics (version 28; IBM, USA). This mixed model uses a compound symmetry covariance matrix and

**TABLE 1.** Patient Characteristics of the Study Population

Characteristic	115 PET/CT Scans Without SSA (%)	77 PET/CT Scans With SSAs (%)	P
Sex			0.553
Male	67 (58.3)	41 (53.2)	
Female	48 (41.7)	36 (46.8)	
Age, y†	63.2 ± 11.7	65.1 ± 10.2	0.260#
BMI, kg/m <sup>2</sup> †	25.8 ± 4.9	25.3 ± 5.2	0.538#
Ki-67 value (%)*	3.0 (1.0–7.5)	3.3 (1.0–7.5)	0.953¶
Primary tumor location			0.117**
Small bowel	40 (34.8)	40 (51.9)	
Pancreas	55 (47.8)	23 (29.9)	
Rectum	5 (4.3)	4 (5.2)	
Stomach	3 (2.6)	2 (2.6)	
Other/unknown	12 (10.4)	8 (10.4)	
Primary tumor resection			0.135
Resected	41 (35.7)	36 (46.8)	
Not resected‡	74 (64.3)	41 (53.2)	
WHO NETs grade			0.349**
I	52 (45.2)	33 (42.9)	
II	53 (46.1)	39 (50.9)	
III	6 (5.2)	1 (1.3)	
Unknown	4 (3.5)	4 (5.2)	
Tumor stage			0.185**
I	9 (7.8)	4 (5.2)	
II	24 (20.9)	16 (20.8)	
III	20 (17.4)	5 (6.5)	
IV	5 (4.3)	6 (7.8)	
Unknown	57 (49.6)	46 (59.7)	
Metastasis			<0.001**
Yes	87 (75.7)	75 (97.4)	
No	28 (24.3)	2 (2.6)	
PET/CT			<0.001**
Initial	56 (48.7)	0 (0.0)	
Follow-up	59 (51.3)	77 (100.0)	
PET/CT scanner			0.568
Philips	22 (19.1)	12 (15.6)	
Siemens	93 (80.9)	65 (84.4)	
Activity, μCi/kg†	56 ± 12	58 ± 12	0.214#
Peptide, ng/kg†	147 (105–218)	124 (101–175)	0.063¶
<sup>177</sup> Lu-DOTATATE therapy			0.069**
Yes	4 (3.5)	8 (10.4)	
No	111 (96.5)	69 (89.6)	
SSAs treatment			
Lanreotide	NA	55 (71.4)	
Octreotide	NA	22 (28.6)	
Last injection, days*,§	NA	30 (19–35)	
Estimated concentration, ng/mL*	NA	2.03 (1.42–3.89)	

\*Median (IQR).

†Mean ± standard deviation.

‡Including patients with an unidentified primary tumor.

§Days between the last administration of SSAs and <sup>68</sup>Ga-DOTATATE PET/CT.

||Pearson χ<sup>2</sup> exact test.

¶Mann-Whitney U test.

#Unpaired t test.

\*\*Fisher exact test.

NA, not applicable.

Downloaded from https://journals.lww.com/nuclearmed by BhDMf5ePHkav1Zuq1t1Qn4a+KLnHZEZgsiHd4XMI0hCy WCCX1AWNYQpII0IHDI3ID00QRyTTSF4C13VCA/OA VpDDa8KKGKVOYmy+78= on 10/23/2023

is fitted using maximum likelihood. In the absence of missing values, this method results in the same  $P$  values as multiple comparisons tests (eg, repeated-measures analysis of variance) that are less able to deal with missing values. Variables with a  $P$  value below 0.20 in the univariate analysis were included in the multivariable logistic regression models. All statistical tests were 2-tailed, and a  $P$  value below 0.05 was considered statistically significant. Odds ratios (ORs) of significant predictors of  $SUV_{max}$  TLR  $\geq 8.1$  are presented with 95% confidence intervals (CIs).

## RESULTS

### Study Population

In total, 165 patients were included in this study: 138 patients with 1 PET/CT scan ( $n = 88$  patients without SSA,  $n = 50$  patients with SSA) and 27 patients with 2 PET/CT scans (1 scan without SSA and 1 scan with SSA). The patients' characteristics during the PET/CT scans ( $n = 115$  with SSA and  $n = 77$  without SSA) are summarized in Table 1. The majority of the patients were male ( $n = 108$ , 56.3%), and 63 patients were treated with SSA. Approximately 90% of primary tumor locations were the small bowel ( $n = 80$ , 41.7%), pancreas ( $n = 78$ , 40.6%), rectum ( $n = 9$ , 4.7%), and stomach ( $n = 5$ , 2.6%). A total of 55 patients received lanreotide, and 22 patients received octreotide in the 3 months before  $^{68}\text{Ga}$ -DOTATATE PET/CT. The median last SSA injection was 30 (IQR, 19–35) days before PET/CT imaging. Patients with SSA were more likely to have been diagnosed with metastases and had more follow-up scans than patients without SSA therapy. Patients with and without SSA use did not differ in WHO NET grade, tumor stage, the amount of administered  $^{68}\text{Ga}$ -DOTATATE activity ( $\mu\text{Ci}/\text{kg}$ ), or  $^{68}\text{Ga}$ -DOTATATE peptide amount (ng/kg).

### $^{68}\text{Ga}$ -DOTATATE Uptake

The data in Table 2 show that patients with SSA in the 3 months before  $^{68}\text{Ga}$ -DOTATATE PET/CT had a significantly higher median  $SUV_{max}$  TBR than patients without SSA (32.8 [IQR, 23.2–49.3] vs 26.3 [IQR, 16.9–44.1];  $P < 0.001$ ). The median  $SUV_{max}$  LBR was not significantly different between the groups ( $P = 0.435$ ). The median  $SUV_{max}$  TLR was significantly higher for patients with SSA than for patients without SSA (4.7 [IQR, 3.1–7.7] vs 3.2 [IQR, 2.0–5.4];  $P < 0.001$ ).

### Recent Use of SSA

Patients treated with recent SSA (ie, in the 3 weeks before  $^{68}\text{Ga}$ -DOTATATE PET/CT) did not show significant differences in mean  $SUV_{max}$  TBR,  $SUV_{max}$  LBR, and mean  $SUV_{max}$  TLR compared with nonrecent SSA users. Patients without SSA treatment had a significantly lower mean  $SUV_{max}$  TLR than recent SSA users (3.2 [IQR, 2.0–5.4] vs 4.7 [IQR, 2.9–7.6];  $P = 0.004$ ) and nonrecent

SSA users (3.2 [IQR, 2.0–5.4] vs 4.4 [IQR, 3.2–8.1];  $P < 0.001$ ). The mean  $SUV_{max}$  TLR was not significantly different between the recent and nonrecent SSA users ( $P = 0.932$ ).

### Predictive Factors for $SUV_{max}$ TLR $\geq 8.1$

There were 29 patients with an  $SUV_{max}$  TLR  $\geq 8.1$  (Table 3). Univariate analysis showed that primary tumor location, tumor resection, and SSA treatment were associated with  $SUV_{max}$  TLR  $\geq 8.1$  ( $P < 0.20$ ). Subsequent multivariate logistic regression analysis showed that only the use of SSA (OR, 2.91; 95% CI, 1.26–6.72;  $P = 0.012$ ) was an independent predictor for  $SUV_{max}$  TLR  $\geq 8.1$ .

## DISCUSSION

We found that patients treated with SSA in the 3 months before  $^{68}\text{Ga}$ -DOTATATE PET/CT had a significantly higher median  $SUV_{max}$  TBR and significantly higher  $SUV_{max}$  TLR than patients without SSA. In addition, we showed that patients with recent use of SSA had no significant differences in median  $SUV_{max}$  TBR, median  $SUV_{max}$  LBR, or median  $SUV_{max}$  TLR compared with patients with nonrecent use of SSA.

We found a significantly higher median  $^{68}\text{Ga}$ -DOTATATE tumoral  $SUV_{max}$  in patients with SSA than in patients without SSA (32.8 vs 26.3;  $P < 0.001$ ). A higher  $^{68}\text{Ga}$ -DOTATATE tumoral  $SUV_{max}$  was previously reported by Cherk et al<sup>20</sup>: in 21 patients after initiation of SSA therapy, 61% of 49 metastatic lesions had an increased  $SUV_{max}$  after SSA therapy compared with baseline values at 6 months (range, 2–12 months) before the start of SSA treatment. In addition, Aalbersberg and colleagues<sup>19</sup> described a significant increase in the mean  $SUV_{max}$  in 190 tumor lesions in 31 patients 1 day after administration of lanreotide ( $21.64 \pm 12.63$  vs  $20.96 \pm 12.37$ ;  $P = 0.034$ ). Our results are in line with the findings of both studies and might be explained by the upregulation of SSTR-2 in NET. Froidevaux and coworkers<sup>21</sup> indeed observed, after 7 days of continuous IV administration of SSA, 150% upregulation of SSTR-2 in SSTR-2 tumor cells in AR4-2J tumor-bearing SCID mice compared with controls. Nevertheless, this observation of SSTR-2 upregulation is still disputable because some studies found no significant differences in  $^{68}\text{Ga}$ -DOTATATE tumoral uptake after SSA treatment.<sup>16–18</sup> However, one could wonder whether this difference in uptake of  $^{68}\text{Ga}$ -DOTATATE could also be explained by the functional state of the tumor, that is, expression of differences in hormonal hypersecretion, implying the clinical need for SSA. Although tempting as an explanation, this was not eminent from our retrospective data.

The median  $SUV_{max}$  TLR was also significantly higher in the SSA group. Although Ayati et al<sup>16</sup> did not show significant differences in the mean  $SUV_{max}$  TLR, this observation is in line with the majority of the available literature.<sup>17–20</sup> Kim and coworkers showed that an  $SUV_{max}$  TLR  $\geq 8.1$  is associated with a longer PFS in patients with GEP-NET treated with SSA.<sup>10</sup> To our knowledge, our multivariable logistic regression analysis is the first to show that only the use of SSA (OR, 2.91; 95% CI, 1.26–6.72;  $P = 0.012$ ) is independently associated with  $SUV_{max}$  TLR  $\geq 8.1$ . An interesting approach to deliver higher doses of  $^{177}\text{Lu}$ -DOTATATE into tumors may be pretreatment with SSA. However, further research is needed to provide more insights and to test this postulate.

The steady-state SSA concentration will be achieved after 4 administrations of SSA when given every 4 weeks. The steady-state concentration of 30 mg octreotide is 2.6 ng/mL and remains relatively constant during the first 6 weeks.<sup>4</sup> The steady-state concentration of 120 mg lanreotide is approximately 7.0 ng/mL and has a half-life of 23–30 days.<sup>5</sup> The European guidelines recommend performing  $^{68}\text{Ga}$ -DOTATATE PET/CT just before the scheduled monthly

**TABLE 2.**  $SUV_{max}$  Values of PET/CT Scans With SSA Compared With Those Without SSA

Characteristic	115 PET/CT Scans Without SSA (%)*	77 PET/CT Scans With SSAs (%)*	$P^\dagger$
$SUV_{max}$ TBR	26.3 (16.9–44.1)	32.8 (23.2–49.3)	<0.001
$SUV_{max}$ LBR	9.1 (6.9–10.9)	7.0 (5.6–8.3)	0.435
$SUV_{max}$ TLR	3.2 (2.0–5.4)	4.7 (3.1–7.7)	<0.001

\*Median (IQR).

†Linear mixed model.

TBR, tumor-to-background ratio; LBR, liver-to-background ratio; TLR, tumor-to-liver ratio.

administration of the SSA,<sup>6,12,13</sup> that is, to wait until approximately 50% of the steady-state concentration of lanreotide.<sup>5</sup> However, our data suggest that higher SSA concentrations do not have a negative

effect on <sup>68</sup>Ga-DOTATATE uptake in tumor lesions, which is in line with the suggestion of recently published guideline recommendations.<sup>14</sup> We showed that patients with recent use of SSA had no

**TABLE 3.** Univariate and Multivariable Logistic Regression Analysis of PET/CT Scans With SUV<sub>max</sub> TLR ≥ 8.1

Characteristic	n	PET/CT Scans With SUV <sub>max</sub> TLR ≥ 8.1 (%)	Univariate Analysis		Multivariate Analysis	
			P	Adjusted OR (95% CI)	P	
Sex				0.899		
Male	108	16 (14.8)				
Female	84	13 (15.5)				
Age, y†	192	65.1 ± 10.8		0.537		
BMI, kg/m <sup>2</sup> †	192	25.7 ± 6.0		0.953		
Ki-67 value (%)*	192	3.5 (1.0–5.8)		0.730		
Primary tumor location				0.105		0.100
Pancreas	78	18 (23.1)				
Small bowel	80	8 (10.0)				
Rectum	9	1 (11.1)				
Stomach	5	1 (20.0)				
Other/unknown	20	1 (5.0)				
Primary tumor resection				0.140		0.099
Resected	77	8 (10.4)				
Not resected‡	115	21 (18.3)				
WHO NETs grade				0.587		
I	85	11 (12.9)				
II	92	16 (17.4)				
III	7	1 (14.3)				
Unknown	8	1 (12.5)				
Tumor stage				0.376		
I	13	0 (0.0)				
II	40	4 (10.0)				
III	25	1 (4.0)				
IV	11	2 (18.2)				
Unknown	103	22 (21.4)				
Metastasis				1.000		
Yes	162	25 (15.4)				
No	30	4 (13.3)				
PET/CT				0.839		
Initial	56	8 (14.3)				
Follow-up	136	21 (15.4)				
PET/CT scanner				0.328		
Philips	34	7 (20.6)				
Siemens	158	22 (13.9)				
Activity, μCi/kg†	192	56 ± 14		0.859		
Peptide, ng/kg†	192	151 (113–250)		0.277		
<sup>177</sup> Lu-DOTATATE therapy				0.697		
Yes	12	1 (8.3)				
No	180	28 (15.6)				
SSAs treatment				0.030		0.012
None	115	12 (10.4)			1	
SSAs	77	17 (22.1)			2.91 (1.26–6.72)	
SSAs concentration*§	77	3.74 (1.67–3.89)		0.253		

\*Median (IQR).

†Mean ± standard deviation.

‡Including patients with an unidentified primary tumor.

§Estimate concentration (ng/mL) based on pharmacokinetics data from SmPCs.

||Fisher exact test.

Downloaded from https://journals.lww.com/nuclearmed by BhDM5fHesKavi1ZEUm1QIN4a+KLnEzgbshH04XMI0hCv WCX1AMNvQpI0IHID3ID00RyTTSF4C3VCA/OA VpDDa8KKGK10V0ymy+78= on 10/23/2023

significant differences in median  $SUV_{max}$  in tumors compared with patients with nonrecent use of SSA before PET/CT imaging. In line with our results, Galne and colleagues<sup>17</sup> also showed no association of  $SUV_{max}$  with the interval of SSA administration before PET/CT. In fact, Aalbersberg et al<sup>19</sup> showed only a slightly increased mean  $SUV_{max}$  in tumor lesions 1 day after compared with 1 day before administration of lanreotide (21.64 vs 20.96;  $P = 0.034$ ). Based on the above published studies, our present findings, and the pharmacokinetic profile of SSA, we postulate that there is no need to delay  $^{68}Ga$ -DOTATATE PET/CT until just before the scheduled monthly administration of SSA. Continuation of long-acting SSA has several benefits, including no need to switch to short-acting SSA, clustering and performing  $^{68}Ga$ -DOTATATE PET/CT examinations at any time without regard to individual patient SSA administration schedules.

There are some limitations to this study, including its retrospective design. Second, different PET/CT scanners were used during the study period, making comparison of  $SUV_{max}$  somewhat cumbersome. However, variation between different PET/CT scanners reflects daily practice and is often an expected limitation of multicenter clinical trials. To compensate for this limitation, we used the tumor-to-background and TLRs, reducing variation between different cameras and potentially allowing for extrapolation of our results to other different clinical settings.<sup>22</sup> In addition, the presented SSA concentrations during the  $^{68}Ga$ -DOTATATE PET/CT are not measured but estimated based on the pharmacokinetics data from the respective SmPCs.

## CONCLUSIONS

This study shows that patients with long-acting SSA in the 3 months before  $^{68}Ga$ -DOTATATE PET/CT had a significantly higher median  $SUV_{max}$  TLR than patients without SSA. In addition, we did not find any differences in  $^{68}Ga$ -DOTATATE uptake between patients who recently used SSA and patients with SSA between 3 weeks and 3 months before PET/CT. Based on these data, in combination with the pharmacokinetic profile of SSA and the results of previously conducted studies, we do agree with the recently published suggestion that performing  $^{68}Ga$ -DOTATATE PET/CT just before the scheduled monthly administration of SSA is not a prerequisite for adequate patient management.

## ACKNOWLEDGMENT

The authors would like to thank Edwin Poel for his statistical support.

## REFERENCES

1. Dasari A, Shen C, Halperin D, et al. Trends in the incidence, prevalence, and survival outcomes in patients with neuroendocrine tumors in the United States. *JAMA Oncol*. 2017;3:1335–1342.
2. Srirajskanthan R, Watkins J, Marelli L, et al. Expression of somatostatin and dopamine 2 receptors in neuroendocrine tumours and the potential role for new biotherapies. *Neuroendocrinology*. 2009;89:308–314.
3. Stueven AK, Kayser A, Wetz C, et al. Somatostatin analogues in the treatment of neuroendocrine tumors: past, present and future. *Int J Mol Sci*. 2019;20:3049.

4. Novartis. SmPC Sandostatin LAR Depot. Available at: [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2004/21008scs010\\_sandostatin\\_lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2004/21008scs010_sandostatin_lbl.pdf). Accessed May 16, 2023.
5. Pharma I. SmPC Somatuline Depot. Available at: [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2018/022074s022lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2018/022074s022lbl.pdf). Accessed May 16, 2023.
6. Virgolini I, Ambrosini V, Bomanji JB, et al. Procedure guidelines for PET/CT tumour imaging with  $^{68}Ga$ -DOTA-conjugated peptides:  $^{68}Ga$ -DOTA-TOC,  $^{68}Ga$ -DOTA-NOC,  $^{68}Ga$ -DOTA-TATE. *Eur J Nucl Med Mol Imaging*. 2010;37:2004–2010.
7. Strosberg J, El-Haddad G, Wolin E, et al. Phase 3 trial of (177)Lu-Dotatate for midgut neuroendocrine tumors. *N Engl J Med*. 2017;376:125–135.
8. Strosberg J, Wolin E, Chasen B, et al. Health-related quality of life in patients with progressive midgut neuroendocrine tumors treated with (177)Lu-Dotatate in the phase III NETTER-1 trial. *J Clin Oncol*. 2018;36:2578–2584.
9. Kratochwil C, Stefanova M, Mavriopoulou E, et al. SUV of [ $^{68}Ga$ ]DOTATOC-PET/CT predicts response probability of PRRT in neuroendocrine tumors. *Mol Imaging Biol*. 2015;17:313–318.
10. Kim YI, Yoo C, Oh SJ, et al. Tumour-to-liver ratio determined by [(68)Ga]Ga-DOTA-TOC PET/CT as a prognostic factor of lanreotide efficacy for patients with well-differentiated gastroenteropancreatic-neuroendocrine tumours. *EJNMMI Res*. 2020;10:63.
11. AAA. SmPC Netspot. Available at: [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2016/208547s000lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2016/208547s000lbl.pdf). Accessed May 16, 2023.
12. Kwekkeboom DJ, Krenning EP, Scheidhauer K, et al. ENETS consensus guidelines for the standards of care in neuroendocrine tumors: somatostatin receptor imaging with (111)in-pentetreotide. *Neuroendocrinology*. 2009;90:184–189.
13. Bozkurt MF, Virgolini I, Balogova S, et al. Guideline for PET/CT imaging of neuroendocrine neoplasms with (68)Ga-DOTA-conjugated somatostatin receptor targeting peptides and (18)F-DOPA. *Eur J Nucl Med Mol Imaging*. 2017;44:1588–1601.
14. Hope TA, Allen-Auerbach M, Bodei L, et al. SNMMI procedure standard/EANM practice guideline for SSTR PET: imaging neuroendocrine tumors. *J Nucl Med*. 2023;64:204–210.
15. Morland D, Laures N, Triumbari EKA, et al. Impact of cold somatostatin analog administration on somatostatin receptor imaging: a systematic review. *Clin Nucl Med*. 2023;48:467–473.
16. Ayati N, Lee ST, Zakavi R, et al. Long-acting somatostatin analog therapy differentially alters  $^{68}Ga$ -DOTATATE uptake in normal tissues compared with primary tumors and metastatic lesions. *J Nucl Med*. 2018;59:223–227.
17. Galne A, Almquist H, Almquist M, et al. A prospective observational study to evaluate the effects of long-acting somatostatin analogs on (68)Ga-DOTATATE uptake in patients with neuroendocrine tumors. *J Nucl Med*. 2019;60:1717–1723.
18. Haug AR, Rominger A, Mustafa M, et al. Treatment with octreotide does not reduce tumor uptake of (68)Ga-DOTATATE as measured by PET/CT in patients with neuroendocrine tumors. *J Nucl Med*. 2011;52:1679–1683.
19. Aalbersberg EA, de Wit-van der Veen BJ, Versleijen MWJ, et al. Influence of lanreotide on uptake of  $^{68}Ga$ -DOTATATE in patients with neuroendocrine tumours: a prospective intra-patient evaluation. *Eur J Nucl Med Mol Imaging*. 2019;46:696–703.
20. Cherk MH, Kong G, Hicks RJ, et al. Changes in biodistribution on (68)Ga-DOTA-Octreotate PET/CT after long acting somatostatin analogue therapy in neuroendocrine tumour patients may result in pseudoprogression. *Cancer Imaging*. 2018;18:3.
21. Froidevaux S, Hintermann E, Torok M, et al. Differential regulation of somatostatin receptor type 2 (SST 2) expression in AR4-2J tumor cells implanted into mice during octreotide treatment. *Cancer Res*. 1999;59:3652–3657.
22. Bodei L, Sundin A, Kidd M, et al. The status of neuroendocrine tumor imaging: from darkness to light? *Neuroendocrinology*. 2015;101:1–17.