



TITLE:

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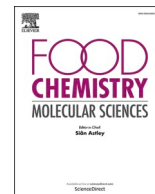
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Insertion of ten amino acids into 13S globulin zero-repeat subunit improves trypsin digestibility in common buckwheat (*Fagopyrum esculentum* Moench) seeds

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ABSTRACT

The 13S globulin zero-repeat subunit is resistant to trypsin and may have higher allergenicity than the 1–6 tandem repeat subunits in common buckwheat (*Fagopyrum esculentum* Moench). To explore alleles useful for lowering allergenicity, amplicon deep sequencing targeting the zero-repeat subunit gene was conducted in bulked genomic DNA from eight cultivars and landraces. The analysis identified a unique allele encoding a zero-repeat subunit with 10 amino acid insertion (10aa) at a position equivalent to the tandem repeat insertion. Prediction of its 3-D structure suggested that 10aa changes the β -hairpin structure in the non-10aa (native) subunit to a random coil, which is also found in 1- and 3- repeat subunits. Homozygotes of the 10aa allele were developed and showed that the 10aa subunit was more digestible than the native subunit. However, the 10aa subunit was still less digestible than the 1–6 repeat subunits, suggesting needs to explore unfunctional alleles.

1. Introduction

Buckwheat is a historically important crop in not only the eastern and southern Asia but also the central and eastern Europe, owing to its beneficial features, such as rapid growth rates, low agronomical costs, and high adaptability to infertile lands (Katsube-Tanaka, 2016). Buckwheat is traditionally eaten as noodles, jellies, pancakes, porridge, and pasta. It is also consumed in western countries for gluten-free diets (Heffler et al., 2014; Wieslander & Norbäck, 2001). Although buckwheat has nutritionally and physiologically beneficial properties, such as anti-hypercholesterolemia, anti-hypertension, anti-inflammation, anti-carcinogenesis, and a balanced amino acid composition (Giménez-Bastida & Zielinski, 2015; Huda et al., 2020; Zhang et al., 2012), allergy issues remain to be resolved (Katsube-Tanaka & Monshi, 2022).

The most significant allergens in common buckwheat are Fag e 1 and Fag e 2, which are major seed storage proteins, 13S globulin and 2S albumin, respectively (Katayama et al., 2018). 13S globulin belongs to the 11S globulin superfamily, which is typically a hexameric protein that is widely found in seed plants (Adachi et al., 2003). Like 11S globulins, 13S globulin subunit consists of two polypeptides, α (acidic) and β (basic) (Radović et al., 1996) which are translated as a single pre-protein containing a signal peptide (Fig. 1). The signal peptide is

removed during translocation across the endoplasmic reticulum membrane, and then the proprotein is processed into α - and β -polypeptides, which are disulfide-bonded in a mature form. The α polypeptides have larger variations in size and charge than β polypeptides (Khan et al., 2008a, 2008b). 13S globulin contains methionine (Met)-rich and Met-poor subunits. The Met-poor subunits have different number (zero and 1–6) of tandem repeats inserted in α polypeptides, forming zero-repeat and 1–6-repeat subunits. The tandemly repeated insert, consisting of a unit of 15 amino acid residues, is hydrophilic and arginine-rich, and thus, susceptible to trypsin digestion (Khan et al., 2012).

In previous studies, 17 open reading frames for 13S globulin, including *GlbNA* and *GlbNB* encoding trypsin-resistant zero-repeat subunits were isolated (Sano et al., 2014), using the genomic DNA (gDNA) library developed from a cross between common buckwheat strain numbers XIF1999 and *dwE1999* by Yasui et al. (2008). The other open reading frames included 12 types of 1–4-repeat subunit genes and 3 types of methionine-rich subunit genes. Furthermore, for the zero-repeat subunit, six new alleles (*GlbNA1*, *GlbNC1*, *GlbND*, *GlbNA2*, *GlbNA3*, and *GlbNC*) were identified in elite Japanese cultivars and Pakistani landraces (Katsube-Tanaka et al., 2014; Monshi et al., 2020). Notably, the identified alleles, *GlbNA2*, *GlbNA3*, and *GlbNC* contain an about 200-bp-long sequence like a miniature inverted-repeat transposable element

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(MITE). Tandem repeats and MITE-like insertion can change the function of the 13S globulin zero-repeat subunit. However, useful alleles of 13S globulin for hypoallergenic buckwheat production have not been identified yet.

Recently, unfunctional alleles were isolated in standard cultivars of common buckwheat for 2S albumin g03 and g13 (Katsube-Tanaka & Monshi, 2022; Monshi & Katsube-Tanaka, 2022), suggesting that common buckwheat could help conserve extensive genetic diversity because of its outcrossing nature. In the present study, we hypothesized that novel allele of the 13S globulin zero-repeat subunit, that is useful for developing hypoallergenic buckwheat, can be found in natural common buckwheat populations. Therefore, we employed amplicon deep sequencing to evaluate the genetic diversity and analyzed the structure and function of isolated zero-repeat subunits by comparing them with the higher-order structures of 11S globulin.

2. Materials and methods

2.1. Buckwheat flours and DNA extraction

Four common buckwheat varieties from Japan, Miyazaki Wase Kaori, Botansoba, Shinano 1, and Harunoibuki and four common buckwheat landraces from Bangladesh, Nepal, Pakistan, and Hokkaido (Japan) were subjected to the extraction of gDNA (Monshi & Katsube-Tanaka, 2022). Buckwheat flours were made by independently grinding matured seeds (>15 g). Seed flour (4 g each of the eight cultivars and landraces) was used for gDNA extraction with the DNAs-ici!S reagent (Rizo, Tsukuba, Japan). Because common buckwheat plant has an outcrossing nature and is heterogeneous within a single cultivar, large amount of seed flour was processed to retain the genetic diversity.

2.2. Amplicon deep sequencing

The coding region of the zero-repeat subunit gene was divided into four regions, Orep-1 to Orep-4 (Fig. 1). Each gDNA region was amplified using PCR primers (Table 1) designed to overlap the terminals of the amplified fragments. Pre-PCR was conducted with KOD FX neo DNA polymerase (TOYOBO, Osaka, Japan) and the following PCR conditions: one cycle of 94 °C for 2 min, 30 cycles of 98 °C for 10 s, 63 °C for 30 s, 68 °C for 30 s, and one cycle of 68 °C for 7 min. The first and second PCRs were performed with ExTaq DNA polymerase (TaKaRa, Kusatsu, Japan) and the following PCR conditions: one cycle of 94 °C for 2 min, 25 cycles (1st PCR) or 10 cycles (2nd PCR) of 94 °C for 30 s, 60 °C for 30 s, 72 °C for 30 s, and one cycle of 72 °C for 5 min. The concentrations of the 1st and 2nd PCR products were measured using a BioTek Synergy H1 microplate reader (Agilent, Santa Clara, CA, USA) and QuantiFluorDNA System (Promega, Madison, WI, USA). Library quality was measured using a Fragment Analyzer and dsDNA 915 Reagent Kit [Advanced Analytical Technologies (Agilent), Santa Clara, CA, USA]. Amplicon deep

sequencing was performed using MiSeq (2 × 300 bp, Illumina, San Diego, CA, USA). Quality filtering and merging of reads were conducted with the FASTQ/A Barcode splitter of FASTX-Toolkit (http://hannonlab.cshl.edu/fastx_toolkit/index.html), sickle tools, and FLASH (<http://www.cbcb.umd.edu/software/flash>). The amplicon deep sequencing was performed only once without biological or technical replicates. The oligonucleotides for PCR analysis were column-purified grade and obtained from a DNA synthesis company (Eurofins Genomics, Tokyo, Japan).

2.3. Development of 10aa homozygote line

The 10 amino acid insertion (10aa) allele-containing plants were screened out in Harunoibuki using PCR. Crude gDNA was prepared from a leaf disk punched with a 2-cc microtube lid and ground using Mixer-Mill (QIAGEN K.K., Tokyo, Japan) in 100 µL of DNA extraction buffer (0.1 M Tris pH 9.5, 1 M KCl, and 10 mM EDTA pH 8.0). The genotypes were determined using the following PCR primers: Orep_137Ins10_F, 5'-TCACCACGACAAACAATCTTCGGG-3' and M13R_Orep_4R_new, 5'-cagaacagctatgacAAGGACGTCGTATCTCTC-3' for the 10aa allele and GlnNAB_N, 5'-TACCTCGCCACCACGAAGGC-3' and Orep_137normal-R, 5'-GGTGCTCATCGCTTATCGATCTTG-3' for the native allele. The primer Orep_137Ins10.F anneals to the nucleotide sequence encoding 10aa and the primer Orep_137normal-R anneals to the nucleotide sequence before and after that encoding 10aa. The 10aa allele-containing plants were naturally pollinated in isolated areas to enrich the frequency of the 10aa allele. Successive generations were also genotyped and screened for 10aa allele homozygotes.

2.4. Extraction of protein and gDNA from a single seed

A single seed was crushed using MixerMill (QIAGEN K.K., Tokyo, Japan); albumin and globulin fractions were extracted using 300 µL of protein extraction buffer (35 mM potassium phosphate buffer pH 7.6, 0.4 M NaCl). After protein extraction, gDNA was extracted from the residue using 300 µL of DNAs-ici!S (Rizo, Tsukuba, Japan).

2.5. Digestion of extracted protein with trypsin

The extracted protein samples [50 µL; 10aa heterozygote and a mixture of 10aa homozygote and non-10aa (native) homozygote] were digested in vitro with 2.5 µL of 50 mM NH₄HCO₃, 40.5 µL of sterilized distilled water, and 6.4 µL of trypsin (2.5 g/L-Trypsin Solution #35555-54, Nacalai, Kyoto, Japan) at 37 °C for up to 8 h. During and after the digestion, 25 µL of the sample solution was mixed with 25 µL of 2 × SDS buffer [100 mM Tris pH 6.8, 4% (w/v) SDS, 20% (w/v) glycerol], 2.5 µL of 2-mercaptoethanol, and 2.0 µL of 0.1% (w/v) bromophenol blue, followed by the digestion termination by boiling (100 °C, 5 min). Trypsin digestion was repeated using at least six biologically

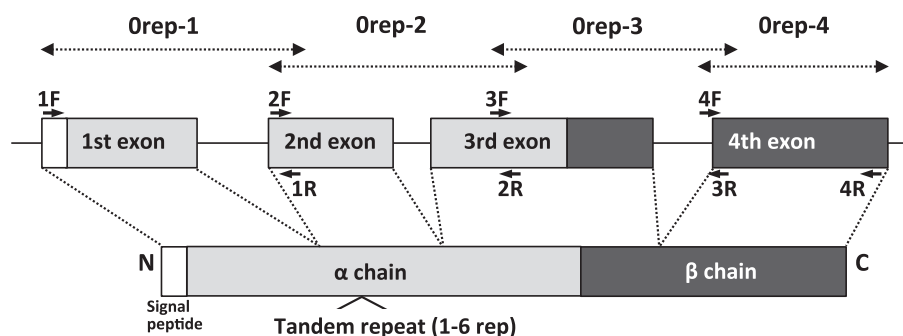


Fig. 1. Schematic representation of 13S globulin zero-repeat subunit and its genomic DNA. Boxes represent exons for gDNA and polypeptides for protein. Short horizontal arrows indicate PCR primers for amplicon deep sequence. Dotted horizontal arrows indicate four amplified regions. The equivalent position for the tandem repeat insertion of 1–6 repeat subunits is indicated in the α polypeptide chain.

Table 1
PCR primers used in amplicon deep sequencing.

Pre-PCR	M13F_0rep_1F M13F_0rep_2F M13F_0rep_3F M13F_0rep_4F	gtaaaacgacggccagtcactaagccaccacaacatg gtaaaacgacggccagtggtatataccaggatctccg gtaaaacgacggccagtggtatcagaggtgctgac gtaaaacgacggccagtaaacggagtgtaakgatccg	M13R_0rep_1R M13R_0rep_2R M13R_0rep_3R M13R_0rep_4R_new	caggaaacagctatgacAAAACCTCCGATTTGGAAAG caggaaacagctatgacTCCGAAATCTTGGCTGATCG caggaaacagctatgacCACGTTCCATTTAGGTCC caggaaacagctatgacAACGACCGTCGCTATCTCTC
1st PCR	1st-FagopyrumF	ACACTCTTTCCCTACAGCGGCTCTTCCGATCTTAAACAGCGCCAGT	1st-FagopyrumR	GTGACTGGAGTTCAGACGCTGTGCTCTTCCGATCTCAGGAAACAGCTATGAC
2nd PCR*	2ndF	AATGATACGGGGACACCGAGATCTACAC-Index2-ACACTCTTCCCTACAGCAGC	2ndR	CAAGCAGAAAGCGGCATACGAGAT-Index1-GTGACTGGAGTTCAGACGCTGTG

*Index1: TGCCTCTT. Index2: AGGGGAAG for 0rep-1, TAACTCTTA for 0rep-2, CAGGACCT for 0rep-3, and GTACTGAC for 0rep-4.

independent materials in a single technical replicate. The band intensity was measured using ImageJ software (U. S. National Institutes of Health, <https://imagej.nih.gov/ij/>).

2.6. SDS-PAGE and western blotting

SDS-polyacrylamide gel electrophoresis (SDS-PAGE) was conducted according to Laemmli (1970) using a 14% T acrylamide gel at 200 V for 60 min. Western blotting and immuno-detection were performed according to Khan et al. (2012). The primary antibodies against the α -polypeptide of zero-repeat subunit (epitope: CSSKHQESPEFGIGG, GlnNA, GenBank: AB828117.1) and against that of 1–6 repeat subunits (epitope: CEEGSDRQSRESDDDEALLE, 5rep, GenBank: D87980.1) were used (Sigma-Aldrich Japan, Tokyo, Japan). The secondary antibody was goat anti-rabbit IgG alkaline phosphatase conjugate (Promega, Madison, WI, USA). Unless otherwise mentioned, all chemical reagents were analytical grade and obtained from a chemical reagent manufacturer (Nacalai Tesque, Kyoto, Japan).

2.7. Statistical analyses

Tukey's test was employed to evaluate the difference in mean values of the relative content between the 10aa and non-10aa (native) bands after trypsin digestion. Six biologically independent samples were analyzed with a single technical replicate. The statistical analysis software Bell Curve for Excel (ver. 3.21, Social Survey Research Information, Tokyo, Japan) was used.

3. Results

3.1. Amplicon deep sequence

The gene of 13S globulin zero-repeat subunit consists of four exons (Fig. 1), spanning 1722 bp (*GlnNA*, GenBank accession no. AB828117). Four regions (0rep-1 to 0rep-4) were amplified for amplicon deep sequencing to examine the allelic diversity of the gene in four elite Japanese cultivars adapted to the northern (Botansoba), central (Shinano 1), and southern (Miyazaki Wase Kaori and Harunoibuki) regions in Japan, as well as diversified landraces obtained from Bangladesh, Nepal, Pakistan, and Hokkaido (Japan). A large number of raw reads (37,000–45,000), more than 86% of which had >99.9% accuracy [Q30 (%)], were obtained. The deduced amino acid sequences showed that the most dominant allele accounted for 42%, 29%, 28%, and 35% of 0rep-1, 0rep-2, 0rep-3, and 0rep-4, respectively (Fig. 2). The top three alleles collectively shared 62–70%. In the second region (0rep-2), which covers the tandem repeat insertion site of 1–6 repeat subunits (Fig. 1), novel alleles with an extra 10 amino acid sequence were found at 8% frequency (Fig. 2). The 10 amino acids sequence was DHHHDKQSSG (Fig. 3A), the first six amino acids of which are charged, hydrophilic, and contain a lysine residue (target of trypsin).

The 3-D structure predicted by the Phyre2 program (Kelley et al., 2015) (<https://www.sbg.bio.ic.ac.uk/~phyre2/html/page.cgi?id=iindex>) showed that the β -hairpin at the position equivalent to the tandem repeat insertion in the native zero-repeat subunit was changed to random coils in the 10aa subunit, which was also observed in the 1-repeat and 3-repeat subunits (Fig. 3B).

3.2. Development of 10aa homozygote

PCR amplification using specific primers (Fig. 4A) for genotyping of zero-repeat subunit alleles showed ~1200 bp and ~430 bp bands for the 10aa and non-10aa (native) alleles, respectively (Fig. 4B). From the 10aa allele-enriched population, 12 and 10 seeds were obtained for the 10aa allele homozygote and heterozygote, respectively. Nine native allele homozygote seeds were obtained from Harunoibuki. Western blotting of the corresponding seed proteins with anti-GlnNA (zero-repeat subunit)

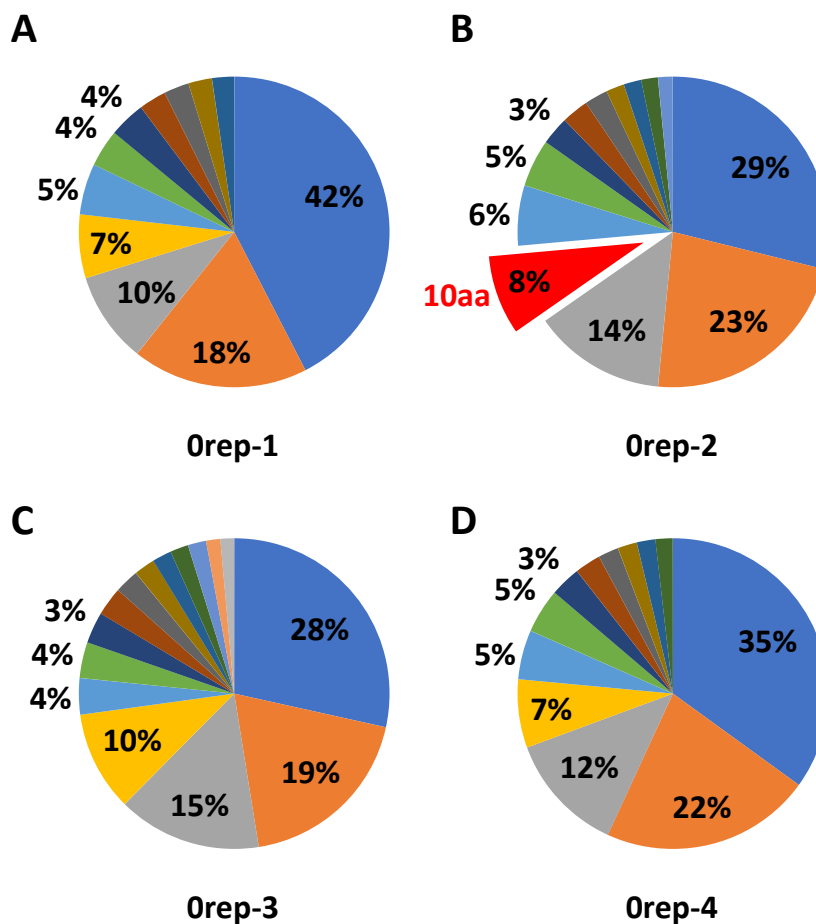


Fig. 2. Allele frequency of zero-repeat subunit gene within the four regions. Alleles with allele frequency of more than 5%, relative to that of the top allele, were compared in each of the four regions (A: Orep-1, B: Orep-2, C: Orep-3, and D: Orep-4). 10aa represents the allele containing an insertion of 10 amino acids.

demonstrated that 10aa homozygotes showed a single band with a uniform size and intensity, while native seeds showed a single band with slightly different sizes and intensities (Fig. 4C). Most heterozygotes showed two bands: a larger band derived from the 10aa subunit and a smaller band derived from the native subunit. Taken together, 10aa homozygotes were successfully developed.

3.3. Digestibility of 10aa homozygotes and heterozygotes

To compare the trypsin digestibility of the zero-repeat subunit between the 10aa and native subunits, globulin fractions extracted from 10aa heterozygote seeds were first digested (Fig. 5A). The results showed that α polypeptides of 1–5 repeat subunits were rapidly (≤ 2 h) digested compared to that of the zero-repeat subunit (10aa and native), which remained undigested for 4 h. No significant difference was observed between the digestibility of the 10aa and native subunits in the 10aa heterozygotes. Meanwhile, the preparation and digestion of mixtures of the 10aa homozygotes and non-10aa (native) homozygotes showed difference in the digestibility of both the proteins (Fig. 5B). The relative content against the initial content at 0 h incubation demonstrated that $\sim 43\%$ of native and $\sim 71\%$ of 10aa bands were digested within 1 h. Approximately 64% and 84% of native and 92% and 96% of 10aa were digested within 3 and 5 h, respectively, indicating that 10aa was digested more rapidly than the native subunit (Fig. 5C).

4. Discussion

4.1. Variable / disordered regions and a β -hairpin structure in 11S globulins

The most significant difference in the predicted 3-D structure between the zero-repeat subunit [GlbNA(native)] and the 1-repeat (Glb1A) or 3-repeat (Glb3A) subunits was the presence or absence of a β -hairpin structure in the tandem repeat region (arrowheads, Fig. 3B). Utsumi et al. (1997) evaluated the modification tolerability of five variable regions (I–V) by protein engineering of soybean glycinin, a member of the 11S globulin family, to which buckwheat 13S globulin belongs. As all five variable regions exist in hydrophilic regions (i.e., the surface of protein molecules), they were considered to have little function in forming and maintaining the protein higher-order structure and to tolerate modification (Utsumi et al., 1997). They demonstrated that variable regions I, IV, and V could tolerate the deletion of ~ 10 amino acid residues, whereas variable regions II, III, IV, and V could not tolerate the deletion of 27–39 amino acid residues. Tandem repeat inserts of 13S globulin exist in variable region II, which corresponds to the disordered region dI of the peanut major allergen Ara h 3 (Piersma et al., 2005). Piersma et al. (2005) showed that the disordered region dI accepts proteolytic processing, as do the other disordered regions dII and dIII, yielding multiple proteolyzed bands in peanuts. Consequently, the variable region II would not tolerate a large deletion but was flexible

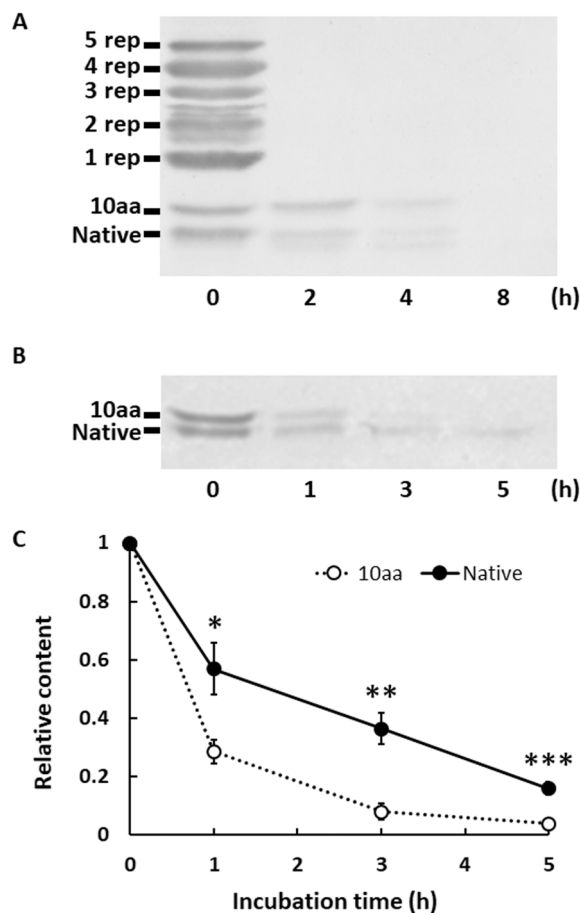


Fig. 5. Comparison in trypsin digestibility between the α polypeptides of native and 10aa zero-repeat subunits. Globulin fractions extracted from 10aa heterozygotes (A) and a mixture of 10aa homozygotes (10aa) and native subunits (Native) (B) were incubated with trypsin for 8 h. The digested samples were analyzed by SDS-PAGE and western blotting, using anti-5rep and anti-GlbNA antibodies. (A, B) Representative images of western blot data (α polypeptide of 13S globulin). Estimated molecular size is 28.3, 29.4, 33.5, 35.9, 37.4, 39.4, and 41.3 kDa for Native, 10aa, and 1–5 rep, respectively. (C) Time course of trypsin digestion in the mixture of 10aa and native subunits. Asterisks indicate significant differences between 10aa and Native at each incubation time (Student's t-test: * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$). $n=6$; error bars represent SE.

5. Conclusion

13S globulin of common buckwheat is an important allergen in buckwheat-sensitized patients. There is large variation in the molecular size of the protein caused by the insertion of tandem repeats of various lengths. As the tandem repeat is hydrophilic and contains many arginine residues, 1–6 repeat subunits containing the tandem repeat are more digestible with trypsin than zero-repeat subunits containing no tandem repeats. In this study, we found a new zero-repeat subunit, which contains additionally inserted ten amino acid residues (10aa) at the equivalent position to the tandem repeat region by amplicon deep sequencing. The 10aa subunit was predicted to possess no β -hairpin structure, which was found in the zero-repeat (non-10aa, native) subunit but not in the 1–6 repeat subunits. The 10aa subunit was more digestible with trypsin than the non-10aa (native) subunit. However, the trypsin digestibility of zero-repeat subunits, even the 10aa allele homozygote, was still much lower than that of the 1–5 repeat subunits. Thus, another new zero-repeat allele, for example, a non-functional allele, would be required to develop hypoallergenic buckwheat.

Declaration of Competing Interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Tomoyuki Katsube-Tanaka reports financial support was provided by Japan Society for the Promotion of Science. Fakhru Islam Monshi reports financial support was provided by Japan Society for the Promotion of Science. Fakhru Islam Monshi reports financial support was provided by Tojuo Iijima Foundation for Food Science and Technology.

Data availability

Data will be made available on request.

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