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AML=acute myeloid leukemia; FLT3=FMS-like tyrosine kinase 3; ITD=internal tandem duplication.

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#### SHORT REPORT

Haematological Malignancy - Clinical



# Death from mantle cell lymphoma limits sequential therapy, particularly after first relapse: Patterns of care and outcomes in a series from Australia and the United Kingdom

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#### Summary

Mantle cell lymphoma (MCL) is a B-cell non-Hodgkin lymphoma characterised by a heterogeneous clinical course. Patients can often receive sequential treatments, yet these typically yield diminishing periods of disease control, raising questions about optimal therapy sequencing. Novel agents, such as chimeric antigen receptor T-cell therapies and bispecific antibodies, show promise in relapsed MCL, but are often reserved for later treatment lines, which may underserve patients with aggressive disease phenotypes who die early in the treatment journey. To assess the problem of patient attrition from lymphoma-related death limiting sequential treatment, we performed a multicentre retrospective cohort analysis of 389 patients treated at Australian and UK centres over a 10-year period. Deaths from MCL increased after each treatment line, with 7%, 23% and 26% of patients dying from uncontrolled MCL after first, second and third lines respectively. Patients with older age at diagnosis and early relapse after induction therapy were at particular risk of death after second-line treatment. This limitation of sequential treatment by lymphoma-related death provides support for the trial of novel therapies in earlier treatment lines, particularly in high-risk patient populations.

#### K E Y W O R D S

lymphoid malignancies, lymphomas, new drugs for lymphoma

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## INTRODUCTION

Mantle cell lymphoma (MCL) is a B-cell non-Hodgkin lymphoma characterised by dysregulation of cyclin genes, which contributes to oncogenesis. Despite therapeutic advances and the ability to induce long remissions, MCL is generally considered an incurable malignancy. Patients may receive multiple therapies throughout their treatment course; however, the journey is often characterised by progressively shorter periods of disease control.<sup>1</sup> New treatments are continually emerging, yet the optimal sequencing of these therapies is not defined. Most recently, novel targeted and immunotherapeutic agents have shown significant promise in inducing complete responses in patients with multiply relapsed disease. CAR T-cell therapies, such as brexucabtagene autoleucel and lisocabtagene maraleucel, are reported to achieve deep remission in the majority of patients failing bruton tyrosine kinase inhibitor (BTKi) therapy.<sup>2,3</sup> T-cell redirecting bispecific antibodies have similarly shown promise in this context.<sup>4</sup> Currently, however, the use of novel immunotherapeutics is mostly limited to later lines of treatment, which potentially misses an opportunity to utilise these effective agents in patients with more aggressive disease phenotypes.<sup>5</sup> In particular, patients who die early from uncontrolled MCL are underserved by this paradigm as they do not reach later treatment lines.

While real-world retrospective studies have been pivotal in defining areas of need in MCL,<sup>6–10</sup> very few examine patient attrition after each line of treatment. Where information is available, it suggests that a significant proportion of patients die from MCL prior to reaching a third line of therapy.<sup>10,11</sup> This is an important consideration when determining the optimal sequencing of novel therapies to obtain the most benefit from these agents. In this multicentre retrospective study, we aim to describe the longitudinal experience of 389 patients diagnosed with MCL over a 10-year period. We describe event rates following each line of therapy and subsequent treatment patterns, and focus on the proportion of patients not proceeding to a further treatment and the reasons for this.

### **METHODS**

Patients aged ≥18 years with MCL diagnosed between 1 January 2010 and 1 January 2020 were identified from local and multi-institutional databases at 11 Australian and 1 UK sites. Three hundred and four patients were identified from Australia and 85 from the United Kingdom. The study was undertaken by independent investigators collaborating via the Australasian Lymphoma Alliance, a working group of lymphoma clinicians and scientists. Data were sourced from a mixture of treatment settings, including local hospitals, major metropolitan services and quaternary referral centres. Data collected included baseline patient characteristics, stage, histological subtype, Mantle Cell Lymphoma Prognostic Index (MIPI), treatment and response details, dates of relapse or progression, date of death or last followup and cause of death. Responses were assessed according to Lugano 2014 criteria by local site investigators.<sup>12</sup>

Progression-free survival (PFS) was defined as the time from treatment commencement to progression or death from any cause. Overall survival (OS) was defined as the time from treatment commencement to death from any cause. Survival analyses were performed for each treatment phase individually using the Kaplan-Meier method with censoring at time of last follow-up. Median follow-up was calculated using the reverse Kaplan-Meier method. A subset of patients were the focus of comparative statistical tests, namely those that were free from death from MCL (n = 127) and those that died from MCL (n=23) after second-line therapy. For the variables of interest, statistical tests were conducted to assess differences between these two groups. Categorical variables were compared using the chi-squared test, continuous variables using the Wilcoxon rank sum and survival analyses using the logrank test. Multivariate analysis of clinically and statistically significant variables on univariate analysis was performed using logistic regression. All statistical analyses were performed using STATA v16 (College Station, TX). The study was conducted under the approval of the Peter MacCallum Cancer Centre Human Research Ethics Committee.

### RESULTS

A total of 389 patients were included in the study, with a median age of 64 (range 40–90) years and median follow-up of 5.1 (range 0.1–11.4) years (Table 1). Eleven per cent had blastoid morphology; *TP53* and Ki67 expression data were not available. Treatment details, events and patient flow are presented in the consort diagram (Figure 1).

# Treatment patterns and outcomes of first-line treatment

In total, 362 patients received induction treatment. Cytarabine-containing regimens were the most frequently utilised induction (43%), followed by R-CHOP (25%) and bendamustine-rituximab (12%). Fifty-eight patients (16%) were initially managed with a 'watch and wait' approach before receiving active therapy, with median time to treatment in this group of 343 days (range 16–2231 days). One hundred and seventy-seven (49%) patients received autologous stem cell transplant (ASCT) in first response. Twenty-seven patients (7%) received no induction treatment; 6 patients received initial palliative care and the remaining 21 were monitored and did not receive therapy with a median of 4.4 years of observation.

The overall response rate to induction therapy was 82%, with 66% of patients achieving complete response. Median PFS after induction therapy was 3.9 years and median overall survival was 8.5 years (Figure 2A,B). There were a total of

TABLE 1 Characteristics of treated patients and comparison of patients treated with second-line therapy.

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		Patients who received second-line treatment $N=150$		
Characteristic	All treated patients <i>N</i> =362	Free from death from MCL (n=127)	Death from MCL before third-line treatment (n = 23)	p-Value
Age at diagnosis Median years (Range)	64 (40-90)	63 (40-87)	72 (53–88)	0.001 <sup>a</sup>
Female sex, <i>n</i> (%)	101 (28%)	29 (23%)	6 (26%)	0.7
Histology, n (%)				
Nodular	26 (11%)	12 (13%)	1 (6%)	0.2
Diffuse	18 (8%)	5 (5%)	6 (35%)	0.001
Pleomorphic	13 (6%)	5 (5%)	2 (11%)	0.2
Blastoid	26 (11%)	14 (15%)	2 (11%)	0.4
NOS	152 (65%)	56 (61%)	6 (35%)	0.03
Not available	127	35	6	
MIPI category at diagnosis, n (%)				
Low	58 (25%)	24 (29%)	0 (0%)	0.01
Int	73 (31%)	32 (38%)	3 (18%)	0.1
High	105 (45%)	28 (33%)	14 (82%)	0.001 <sup>a</sup>
Unknown	126	43	6	
Initial watch and wait approach, n (%)	58 (16%)	25 (20%)	2 (9%)	0.2
Type of induction, $n$ (%)				
ARA-C containing	168 (46%)	53 (42%)	5 (22%)	0.04 <sup>a</sup>
R-CHOP-like	97 (27%)	42 (33%)	10 (43%)	0.2
Bendamustine-rituximab	44 (12%)	14 (11%)	4 (17%)	0.2
BTKi containing	23 (6%)	4 (3%)	1 (4%)	0.4
Other	30 (8%)	14 (11%)	3 (13%)	0.4
Complete response after induction, $n(\%)$	238 (66%)	76 (60%)	11 (48%)	0.3
ASCT in first response, $n$ (%)	177 (49%)	48 (38%)	4 (17%)	0.003 <sup>a</sup>
Median PFS after induction, months (95% CI)	45 (41–54)	26 (20–34)	10 (6–19)	0.001
POD12, n (%)	85 (23%)	31 (24%)	12 (52%)	0.007
POD24, <i>n</i> (%)	144 (40%)	58 (46%)	18 (78%)	$0.004^{a}$
Type of second-line therapy, <i>n</i> (%)	-			
Chemotherapy		40 (32%)	6 (26%)	0.3
BTKi monotherapy		56 (44%)	14 (61%)	0.07
BTKi combination		23 (18%)	2 (9%)	0.1
CD20 antibody alone		4 (4%)	0 (0%)	0.2
Radiotherapy		3 (2%)	0 (0%)	0.2
Other		1 (1%)	1 (4%)	0.08
Median PFS after second-line therapy, months (95% CI)	-	17 (12–35)	4 (1-8)	0.001

Bold values represent statistically significant values with  $p\!<\!0.05.$ 

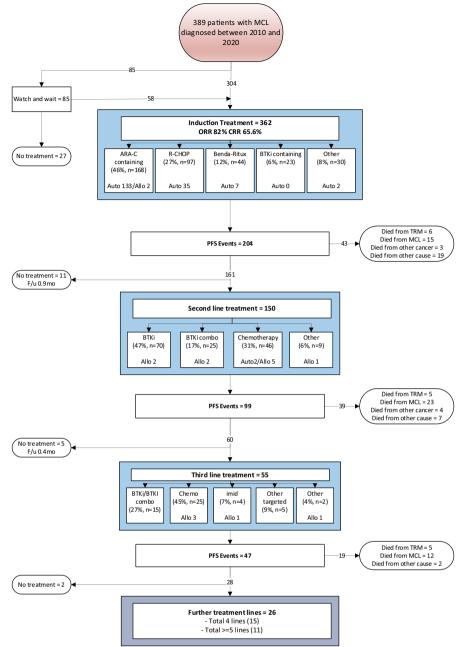
Abbreviations: ARA-C, cytarabine; ASCT, autologous stem cell transplant; BTKi, bruton tyrokine kinase inhibitor; MIPI, mantle cell lymphoma international prognostic index; NOS, not-otherwise specified; PFS, progression free survival; POD12, progression of disease within 12 months; POD24, progression of disease within 24 months; R-CHOP, rituximab, cyclosphosphamide, doxorubicin, vincristine, prednisolone.

<sup>a</sup>Included in multivariate analysis (Table S1).

204 events following commencement of induction treatment (56% of patients), consisting of 161 instances of progressive disease and 43 deaths (Figure 1). A total of 150 patients

received a second-line therapy. Eleven patients progressed post-induction treatment but had not required a subsequent treatment at the time of data cut-off, with median





**FIGURE 1** Consort diagram summarising patterns of treatment, relapse and survival. ARA-C, cytarabine; BTKi, bruton tyrosine kinase inhibitor; CRR, complete response rate; MCL, mantle cell lymphoma; ORR, overall response rate; PFS, progression-free survival; R-CHOP, rituximab, cyclophosphamide, doxorubicin, vincristine, prednisolone; TRM, treatment-related mortality.

post-progression follow-up in this group of 0.9 months. Causes of death were MCL in 15 patients (35%), toxicity from treatment in 6 patients (14%), other malignancy in 3 patients (7%) and other causes in 19 (44%).

#### **Outcomes following second-line treatment**

Second-line treatments were administered in 150 patients and included BTKis in the majority (63%), 70 as monotherapy (47%) and 25 (17%) in combination (predominantly with venetoclax, n = 17). The remaining patients received cytotoxic chemotherapy (31%) or other various treatments (6%), including lenalidomide or single agent rituximab. Two patients received ASCT in second response, while 10 patients received allogeneic transplantation.

Median PFS after second-line treatment was 1.2 years and OS 2.5 years (Figure 2A,B). In patients who received chemotherapy as first line, the use of BTKi second line was associated with improved overall survival (Figure 2C; p = 0.047). Following second-line treatment, there were 99 events, consisting of 60 progression events and 39 deaths. Causes of death were predominantly due to MCL (23/39; 59%), with the remainder of deaths attributed to treatment-related

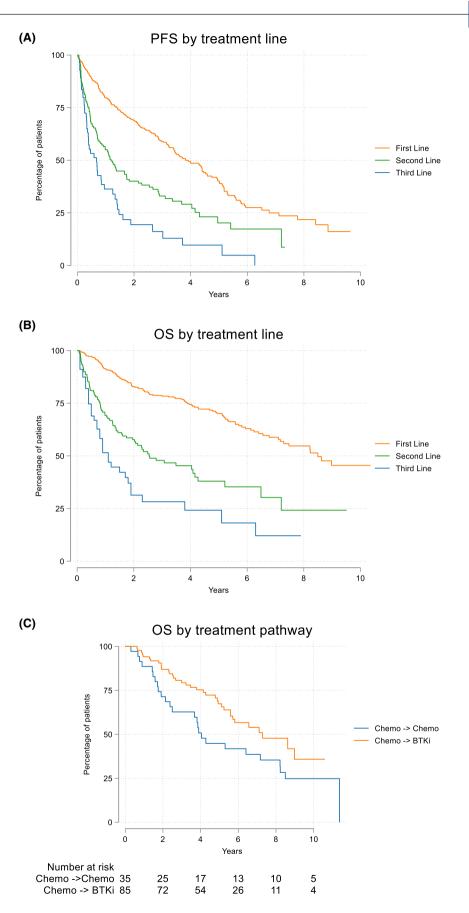


FIGURE 2 (A) Progression-free and (B) overall survival by treatment line. (C) Overall survival by the treatment pathway.

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mortality in 5/39 (13%), other malignancies in 4/39 (10%) and other causes in 7/39 (18%).

#### **Outcomes following subsequent therapies**

Of the 60 surviving patients with progressive disease, 55 received third-line therapy, with 47 experiencing an event. Median PFS was 8.4 months and OS 14 months (Figure 2A,B). Deaths accounted for 19 of the 47 events (40%), and death from MCL was the most common cause (12/19; 63%). Twenty-six patients were able to receive a subsequent line of treatment with median PFS of 8.4 months.

#### Deaths from mantle cell lymphoma

As a proportion of all events occurring after a treatment line, deaths from MCL progressively increased with each therapeutic intervention (Figure S1). Following induction treatment, death from MCL accounted for 7.3% (14/204) of events. The vast majority of events post induction were progression events and most patients were able to receive a subsequent treatment (150/204; 74%). Following second-line treatment, the proportion of deaths from MCL accounted for 23% (23/99) of events and only 55% (55/99) of patients experiencing an event received a subsequent treatment. This was similar after third-line therapy, with 25% of patients experiencing death from MCL and 55% (26/47) receiving a subsequent treatment.

Exploring specifically the 150 patients who embarked on second-line treatment, patients who died from MCL prior to receiving further therapy were older, had higher MIPI scores at baseline and were less likely to have received cytarabine containing first induction or ASCT (Table 1). This patient group also had significantly inferior outcomes after induction treatment, with PFS of 9.6 months versus 2.2 years and proportions of POD12 (progression of disease within 12 months) and POD24 (progression of disease within 24 months) were significantly higher. On multivariate analysis, only age and POD24 remained predictive of death from MCL (Table S1). Despite receiving similar second-line therapies, clinical deterioration and death occurred early at a median of 3.6 months.

### DISCUSSION

Our data suggest that the majority of patients who progress after first-line chemoimmunotherapy are able to receive a subsequent treatment. Death from MCL prevents the initiation of further treatment in only a small minority of patients who progress after induction therapy. However, once a patient moves on to a second treatment, up to a quarter of patients may die from MCL without being able to receive further treatment, and a similar proportion after subsequent lines. Results from our cohort largely support those from a similar Nordic/European collaboration, in which 28% of patients embarking on second-line therapy died from MCL prior to receiving a third treatment.<sup>11</sup> We argue that the high death rate from MCL after second-line treatment, often very early after treatment initiation, represents a particular area of need and provides a rationale to evaluate earlier use of novel agents that are associated with high rates of deep and durable response. We hypothesise the area of need will be even higher in patients who progress after front-line BTKi, which may become a new standard of care.<sup>13</sup> In patients embarking on second-line treatment, possible predictive factors for death from MCL included older age, a high baseline MIPI score, use of less intensive first-line induction regimen and a history of early disease progression (POD12 and POD24). In particular, older age and POD24 were significant on multivariate analysis. These factors may be useful in defining the patient group who may benefit the most from trials of novel treatments in the second line.

Our study is retrospective in nature and carries the caveats of this design. We did not have access to molecular studies, such as *TP53* mutations, which are an established mechanism to identify patients at risk of early treatment failure.<sup>14</sup> Further examination of prospective studies would be useful in this respect. Nonetheless, this longitudinal survey of patient treatment journeys serves to describe the treatment patterns in Australia and United Kingdom and highlight the considerable issue of high rates of lymphoma-associated death after first relapse, which may limit the applicability and ultimately the potential benefit of novel therapies if they were to only remain available in later lines of therapy.

#### AUTHOR CONTRIBUTIONS

Adrian Minson and Michael Dickinson conceived of the study, and Adrian Minson, Michael Dickinson and Eliza Hawkes designed the analysis. Adrian Minson performed the analysis, and Adrian Minson and Michael Dickinson wrote the paper. Eliza Hawkes, Nada Hamad, Pietro Di Ciaccio, Dipti Talaulikar, Matthew Ku, Sumita Ratnasingam, Chan Cheah, Costas K. Yannakou, Mark Bishton, Zi Yun Ng, Shivam Agrawal, Andrew McQuillan, Ashley Beekman, Anna Johnston, Emily Choong, Kimberly Wong and James McQuillan compiled patient data. All authors contributed to review and approval of the manuscript.

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#### CONFLICT OF INTEREST STATEMENT

AM has received travel support from Novartis, honoraria from Roche and research funding from Roche, AbbVie and Novartis. MD has received honoraria and consulting fees from Roche, BMS, Novartis, Kite, Gilead, NKARTA, AdiCet Bio, Interius, Janssen, and research funding from Roche, Novartis, Kite, Gilead, MSD, Takeda and Celgene. EH served on an advisory board for Roche, Antengene, BMS, Gilead, Astra Zeneca, Janssen, Novartis, MSD, Specialist Therapeutics has received research funding from BMS, Merck, Astra Zeneca, Roche and travel funding from Astra Zeneca. CYC has received honoraria from BMS, Roche, Novartis, AstraZeneca, MSD, Janssen, Eli Lilly, TG therapeutics and Beigene and has received research funding from BMS and Roche. MB has received honoraria from Tevapharma, Celltrion, consulting fees from Lilly, Incyte, Roche and Beigene and travel support from Roche. PDC has received honoraria from Janssen. NH has served on an advisory board for Novartis. DT has received honoraria from Janssen, Beigene, Roche, EUSA, CSL, Amgen, Takeda, Novartis and Antengene, and research funding from Roche, Janssen and Takeda. The remaining authors declare no conflicts of interest.

#### ETHICS STATEMENT

The study was conducted under the approval of the Peter MacCallum Cancer Centre Human Research Ethics Committee.

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#### SUPPORTING INFORMATION

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