



# **Overview of Gas Sensors Focusing on Chemoresistive Ones for Cancer Detection**

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Abstract: The necessity of detecting and recognizing gases is crucial in many research and application fields, boosting, in the last years, their continuously evolving technology. The basic detection principle of gas sensors relies on the conversion of gas concentration changes into a readable signal that can be analyzed to calibrate sensors to detect specific gases or mixtures. The large variety of gas sensor types is here examined in detail, along with an accurate description of their fundamental characteristics and functioning principles, classified based on their working mechanisms (electrochemical, resonant, optical, chemoresistive, capacitive, and catalytic). This review is particularly focused on chemoresistive sensors, whose electrical resistance changes because of chemical reactions between the gas and the sensor surface, and, in particular, we focus on the ones developed by us and their applications in the medical field as an example of the technological transfer of this technology to medicine. Nowadays, chemoresistive sensors are, in fact, strong candidates for the implementation of devices for the screening and monitoring of tumors (the second worldwide cause of death, with ~9 million deaths) and other pathologies, with promising future perspectives that are briefly discussed as well.

Keywords: gas sensors; chemoresistive; nanostructures; biomarkers; tumor

# 1. Introduction

The necessity of detecting and recognizing gases is crucial in many research and application fields: industry [1–3], environment [4], automotive [3], biomedicine [5–8], space [9], homeland security [10–12], and agri-food [13]. Due to continuously evolving technology and increasing human needs, the growth of the gas sensors market is expected to reach 3 billion USD in 2027, as published in many reports [14,15].

The basic detection principle of gas sensors relies on the conversion of gas concentration changes in the surrounding atmosphere into a readable signal by the transducer that can be analyzed to calibrate sensors to detect specific gases or mixtures. The large variety of gas sensor types is here examined in detail, along with an accurate description of their fundamental characteristics and functioning principles, classified based on their working mechanisms: electrochemical [16], resonant [17], optical [18], chemoresistive (treated here in detail) [19,20], capacitive [21], and catalytic [22].

This review is focused on chemoresistive sensors, whose electrical resistance changes as a result of chemical reactions (reduction or oxidation) between the gas and the active sensor surface. Chemoresistive sensors are based on semiconductor nanostructured films; depending on the film and/or substrate's physical and geometrical characteristics, they can be classified as: thick-film (with a thickness of tens of  $\mu$ m) [23–25], thin-film (with a thickness of 0.1  $\mu$ m or smaller) [26], or flexible (generally a single or a few sensor material layers on flexible substrates, e.g., to be wearable) [27].



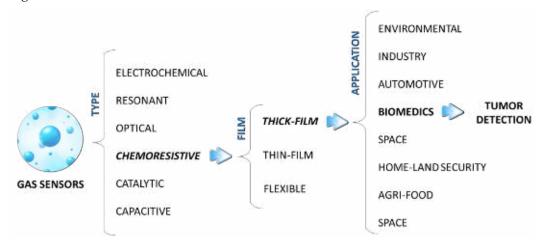
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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Among the various applications, the progresses of the last decades in the tumor detection field are analyzed here, from the basic research on volatile tumor markers to the realization of oncological screening and monitoring devices based on a core of gas sensors. The focus of this work in the complex panorama of gas sensor technology is exemplified in Figure 1.



**Figure 1.** Scheme of gas sensor technology panorama. This review is focused on the tumor detection biomedical application of thick-film chemoresistive gas sensors.

Among solid-state semiconductor gas sensors, devices based on semiconductor metal oxide (or metal sulfide) nanostructured films are the most promising, due to their small dimensions, low cost, versatility, high sensitivity (as low as tens of ppb), fast and repeatable responses, portability, low power consumption, cheapness, and easy interfacing with electronic devices [28,29]. After the first observation of the gas-sensing effects in metaloxide by Seiyama et al. in 1962 [30], these materials began to be widely studied to develop gas sensors. Despite the above-mentioned great advantages, the intrinsic limitation of chemoresistive sensors is their selectivity (i.e., the discrimination capability among different gases), which has, however, been progressively improved thanks to the continuous progress in microelectronic technology and in nanomaterial science. Moreover, to overcome this problem, new sensing materials (with and without doping) have been implemented, as well as grouping different sensors into arrays (i.e., the combination of two or more gas sensors working together). Another important issue is the realization of sensors with highly reproducible responses to meet commercial and industrial requirements [24,31,32]. Reproducibility is indeed fundamental for the application of the same recognition algorithm to different sensors of the same type, guaranteeing univocal results, and being paramount especially in medical screening/monitoring applications. In this respect, this review is centered on the progressive development of suitable materials for biomedical applications and the realization of devices for oncological screening and monitoring (by the detection of tumor volatile biomarkers).

# 2. Gas Sensors

### 2.1. Main Sensor Types

A high-performing gas sensor should satisfy the following main requirements:

- High sensitivity (low detection limit of the gas target concentration in the surrounding environment);
- Selectivity (high discrimination power of the gas target from the surrounding atmosphere);
- Repeatability of response in the short, medium, and long term (stability);
- Production reproducibility;
- Cheapness;
- Low power consumption;
- Ease of use;

- Durability;
- Possibility of miniaturization;
- Ease of interfacing with electronic devices.

Among the different gas sensors, the main categories listed in Figure 1 are detailed in this subsection.

Electrochemical gas sensors are devices that are able to determine a target gas concentration by measuring the current resulting from the gas oxidation (or reduction) at an electrode. Electrochemical sensors can be classified into several categories, e.g., amperometric, potentiometric, impedimetric, photoelectrochemical, and electrogenerated chemiluminescent. The operation principle of electrochemical sensors is based on the production of an electrical signal thanks to their reaction with the target analyte. Most of them are amperometric, i.e., capable of generating a current that is linearly proportional to the gas concentration. In practice, the target gas molecules conveyed towards the sensor are first pretreated by an anti-condensation membrane, which also filters dust (Figure 2). Then they diffuse through a capillary, then through a second filter, and finally through a hydrophobic membrane before reaching the sensing electrode surface; the latter is maintained to a fixed voltage, which is applied between the reference electrode and itself. There, the molecules being reduced or oxidized on active catalytic sites acquire or release electrons, thus generating an electric current flowing between the sensing and the counter electrode through the electrolyte filling the cell. This current is conveyed outside the cell through wires terminated with pin connectors, and it is usually measured by means of a potentiostatic circuit [33].

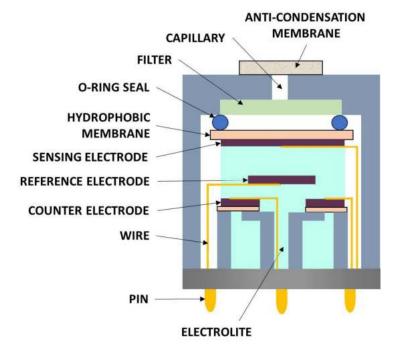
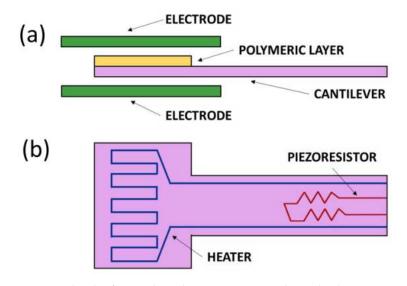


Figure 2. Scheme of an electrochemical sensor. Modified from [33].

One of the major limitations of electrochemical sensors is the confined temperature range; therefore, they are usually temperature compensated in order to maintain a stable sensor temperature. Another limitation is their short shelf life, typically of six months to one year, and their life span, which could be between one and three years, depending upon their usage and the measured gas type [34].

Another class of gas sensors is the resonant class, consisting of a cantilever that is electrostatically actuated by a couple of electrodes in a resonant mode; the cantilever properties of resonance frequency, vibration amplitude, or quality factor, are measured by means of piezoresistors connected in a Wheatstone bridge configuration (Figure 3). Only the beam tip is coated with a thin layer of a sorbent polymer. The cantilever beam is coated with a chemically sensitive layer, able to adsorb gas molecules from the surrounding atmosphere. Once the gas is adsorbed, the vibrating mass of the cantilever increases, leading to a negative shift in its resonance frequency: the mass resolution of this sensor, working as a microbalance, could be better than 0.4 pg [35,36]. These sensors have been employed to detect humidity, mercury vapors, or a combination of different gases. Sensitive analyte detection in the surrounding atmosphere has been achieved by using a variety of sensing techniques, besides the piezoresistor employment, such as the optical, the mass-sensitive or gravimetric, the calorimetric, and the capacitive techniques.



**Figure 3.** Sketch of a cantilever beam gas sensor. Electrodes (in green in panel (**a**)) are used for the electrostatic actuation of the beam (in pink in panels (**a**,**b**)), while the piezoresistor transduces the cantilever movement into an electrical signal (panel (**b**)); the heater is sketched in blue.

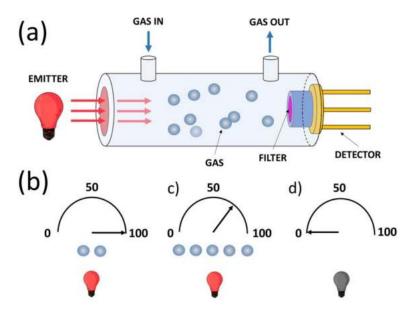
The main limitation of resonant gas sensors is the progressive resolution decrease as the noise increases. Although the environmental and readout noise can be cancelled or greatly reduced, the thermomechanical noise at finite temperatures, intrinsic to the resonator, cannot be eliminated [37].

Gas concentrations can be easily detected and measured utilizing, for instance, the characteristic optical absorption, emission, or scattering of gas species. By using these physical properties, optical gas sensors have been carefully designed to detect analytes with high sensitivity, specificity, repeatability, and responsivity (even faster than 1 s, allowing in situ, real-time analyte detection). For instance, many gases exhibit high absorption mainly in the ultraviolet–visible (200–400 nm, due to electronic transitions), near-infrared (700 nm to 2.5  $\mu$ m, due to first harmonic molecular vibrations and rotations), and mid-infrared (2.5–14  $\mu$ m, due to fundamental molecular vibration and rotation) ranges of the electromagnetic spectrum, with a unique set of absorption bands (Figure 4). Therefore, optical sensors must take advantage of the wavelength and intensity of these bands to be able to detect the analytes and quantify their concentrations [18,38]. Other sensors detect, instead, the fluorescence light emission of the analytes or their light scattering properties, but because of their less common use, they are not reviewed here.

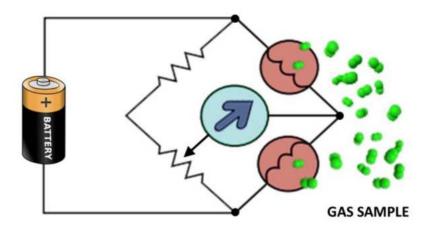
The main limitations of optical sensors are: the interference of ambient light with their operation; the photobleaching or leaching of the indicator, which could impair their long-term stability; and the physical characteristics of the indicator, which limit their dynamic range and selectivity. Finally, the mass transfer of the sample analyte into the indicator phase, which is necessary to obtain an analytical signal, in the end, could contaminate the indicator, compromising its performances [39,40].

The combustible gases and vapors are mainly detected by catalytic diffusion sensors, usually consisting of two matched "sensing" and "reference" coils: the first one is doped

with a catalytic material and is sensitive to combustible gases, the other one is doped with an inert material (i.e., it is "blind" to target gases). A fixed voltage is applied across both coils inserted in a Wheatstone bridge, causing them to heat up to very high temperatures. Combustible gases will burn on the sensing coil only, causing a rise in its temperature and therefore in its resistance, while the temperature and resistance of the reference coil remain unchanged in the presence of the target gases (Figure 5). The bridge is balanced by adjusting a variable resistor (VR) in the presence of clean air. When combustible gases are present, the resistance of the sensing coil will increase, causing an imbalance in the bridge circuit, thus producing an output voltage signal (Vout) which is proportional to the concentration of combustible gases [41].



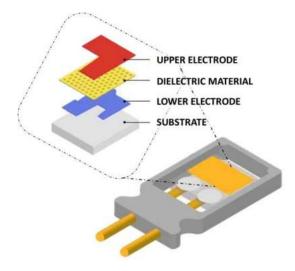
**Figure 4.** Sketch of a typical optical gas sensor. (a) Global view of the sensing apparatus, comprising a light emitter (usually a laser beam or an LED, sketched with the light bulb), a chamber in which the gas (blue spheres) is fluxed, and a detector, endowed with a light filter to select the desired wavelength; (b) maximal sensor signal (shown by the sketched meter) in the presence of low gas concentration (a few blue spheres) with the light emitter on (red light bulb); (c) lower sensor signal in the presence of higher gas concentration, (d) sensor signal in the absence of light (grey bulb).



**Figure 5.** Sketch of a typical catalytic gas sensor inserted into a Wheatstone bridge. The green spheres represent the target gas; the pink coils are the "sensing" and "reference" ones; the light blue circle with the arrow represents the voltage meter; the variable resistance balances the Wheatstone bridge.

The main limitation of these sensors is the lack of selectivity towards the flammable gases. Moreover, these sensors could be poisoned by: several elemental organic vapors; some lead compounds (especially tetraethyl lead); sulfur, silicon, and phosphorus compounds; hydrogen sulfide; and halogenated hydrocarbons. Finally, to ensure that combustion happens, the detection environment must contain sufficient oxygen (therefore, they are unable to detect any flammable gas in an oxygen-free environment) [42].

Capacitive type sensors (Figure 6) are able to detect different target gases through the capacitance variations caused by a change in their dielectric constant or a change in their plate thickness induced by the target gas.



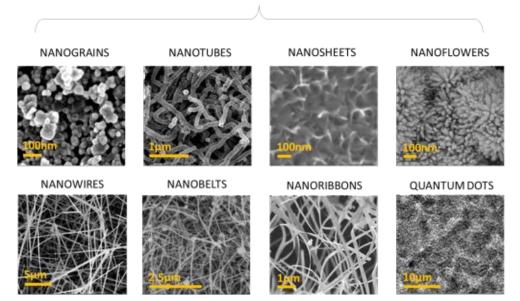
**Figure 6.** Sketch of a typical capacitive gas sensor, with an expanded view of its interior. Modified from [43].

Capacitive gas sensors typically detect humidity, CO, hydrocarbons, and CO<sub>2</sub>: in particular, due to the high water dielectric constant, these sensors are very sensitive to humidity variations because they dramatically change the permittivity of the dielectric material. In particular, the permittivity changes occur in polymers and ceramics, which are the most used material in capacitive type humidity sensors; aluminophosphate-5(AIPO) with pores of uniform size is employed for CO and CO<sub>2</sub> detection (the latter is also sensed by 3-amino-propyl-trimethoxysilane and propyl-trimethoxysilane); zeolite is mainly used for hydrocarbon detection. Capacitive sensors also detect analytes by the gas-induced thickness change in their dielectric material, resulting in a change in the electrode distance as well; more rarely, the analyte detection occurs by changing the electrode surface area (as in humidity sensors) [44].

The main limitation of capacitive sensors lies in their high sensitivity to environmental conditions changes (as in humidity, temperature, etc.) and in the complexity of the capacitance measurement with respect to the resistance one. Moreover, the sensor performance can be compromised by the chemical contamination of the polymer composing the dielectric by the sensor hysteresis, which can occur at low temperatures [45].

# 2.2. Chemoresistive Sensors

Chemoresistive sensors are devices capable of converting an analyte concentration variation into a sensor film resistance change thanks to chemical reactions (reduction and/or oxidation) occurring on the film. For this reason, it is important to maximize the surface-to-volume ratio of the sensing material (e.g., metal oxide or sulfide) by nanostructuring it. These nanostructures can be grown in many different geometries, depending on the specific requirements, such as grains, tubes, sheets, wires, belts, or even more complex ones such as flowers or quantum dots (Figure 7).



### NANOSTRUCTURES

**Figure 7.** Main chemoresistive sensor nanostructures. All the SEM images are taken from SnO<sub>2</sub> sensor films published in different papers; modified from [28,46–48,48–52].

Moreover, these nanoshaped films could be manufactured with different thicknesses, usually named "thick" (tens of  $\mu$ m) or "thin" (equal or smaller than 0.1  $\mu$ m) ones, or printed onto a flexible substrate (to become, for instance, wearable). These semiconductor films are synthesized with different techniques and the most common ones are:

- The hydrothermal method [53], which employs an aqueous solution as a reaction system in a dedicated closed vessel that is heated and pressurized in a controlled mode;
- The "sol-gel" method [54], which involves the conversion of monomers into a colloidal solution (sol) acting as the precursor for an integrated network (gel) of either discrete particles or network polymers; this process has been chosen by the Sensor Laboratory (SL) team of the University of Ferrara for gas sensor production.

After synthesis, the film is deposited onto a substrate with different technologies depending on the materials employed and the application. These technologies can be divided into contact and non-contact techniques (Figure 8; [55]): contact techniques (e.g., screen-printing, soft lithography, gravure printing, and flexography) involve the printing plate physically touching the substrate; non-contact techniques (e.g., aerosol printing, spin-coating, laser direct writing, and inkjet printing) involve the substrate solely touching the deposition material and not the printing plate. The most widely used technique for sensing film deposition is the serigraphic one [56] (usually by employing a screen-printing machine; Figure 9), in which the semiconductor paste is printed as a film on a substrate (that has the double function of insulator and support), usually made of alumina or silicon.

In the case of sensors employed in SL, the film is a square  $(1 \times 1 \text{ mm}^2)$  of 30  $\mu$ m thickness, while the alumina substrate is  $2.5 \times 2.5 \text{ mm}^2$ .

The substrate hosts, on the front side, two comb-shaped gold electrodes and a heather on the backside (e.g., a platinum meander) to heat the sensor at a desired temperature. Finally, the sensor is bonded with 0.06 mm diameter golden wires by thermocompression onto a TO39 support (by using a bonding machine; Figure 10) [7]. Thermal treatments such as drying (to eliminate volatile organic solvents, usually at 100–150 °C) and firing (to eliminate organic additives and to fix nanostructured dimensions, up to 850 °C), carried out in specific ovens, are fundamental to guarantee sensor stability over time and at high working temperatures (necessary to maximize the thermionic effect but avoid grain coalescence, see below).

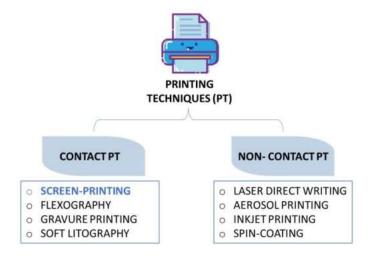
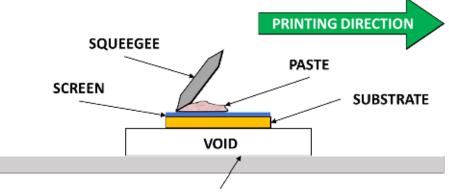
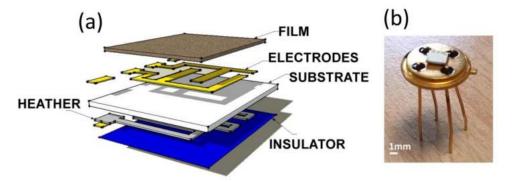


Figure 8. Scheme of printing technologies. The technique employed by SL is in blue.



SUBSTRATE ACCOMODATION

Figure 9. Scheme of the screen-printing process.

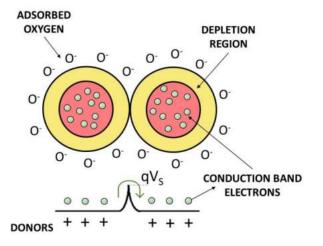


**Figure 10.** Typical structure of a chemoresistive gas sensor. (**a**) The layers composing the sensor; (**b**) photograph of the assembled sensor on a TO39 support.

Thermal activation is fundamental to activate the sensing film properties and to promote the electrons in the conduction band to create a current among the nanostructures, generated by the potential difference applied between the two electrodes. The working temperatures of a typical metal oxide material range from 300 to 500 °C. However, in those applications in which the sensor cannot be heated at high temperatures, the film activation at room temperature is attained by photoactivation [57] under illumination at specific wavelengths, providing the material with more active sites for gas–surface reactions. Not all the sensing materials can be photoactivated, and only a subclass of semiconductor

materials exhibit both chemoresistive and photoconductive properties (e.g., WO<sub>3</sub> [58], ZnO [59], CdS [60], and SnS<sub>2</sub> [61]).

For the applications treated in this review, the focus is on thick-film sensors made of nanograins, synthesized using the sol–gel technique, then screen-printed and thermally activated. Since the sensing material is a semiconductor, it can be n-type or p-type (depending upon the carrier type: electrons or holes, respectively). Figure 11 represents, schematically, the absorption effect of oxidizing chemical species (atmospheric oxygen) on the semiconductor grain surface. The latter form a region depleted of electrons (depletion region), creating an intergranular potential barrier  $qV_S$  that electrons must overcome to move from grain to grain, generating a current. This potential barrier is typically parabolic (Figure 11); however, the observed changes in resistance cannot be accounted for solely by thermionic emission because there is also a tunneling contribution [62–64]. Therefore, the conductance changes depend not only on the barrier height but also on its width, as tunneling depends on both, and, in general, on the entire barrier shape, which changes as oxygen diffuses into the grain [65].



**Figure 11.** Sketch of the conduction mechanism between nanograins. Top, two grains are schematically represented with their structure composed of a bulk at the center (in pink), the depletion region (in yellow), and the surface occupied by oxygen ions; bottom, the level of the potential barriers  $qV_S$  between grains is indicated by the dashed line.

The conductance *G* of the material depends on the potential barrier height as follows:

$$G = G_0 e^{-\frac{qV_S}{kT}} \tag{1}$$

where  $G_0$  is the bulk conductance (*k* and *T* have the usual meaning). The interaction of a gaseous species with the oxygen ions occupying the surface states of the sensing material leads to different reaction types that can: (i) release electrons to the conduction band of the material, decreasing the depletion layer width (and so the barrier height and the sensor resistance); (ii) or take electrons from the material bulk, increasing the depletion layer width (and therefore the barrier height and the sensor resistance).

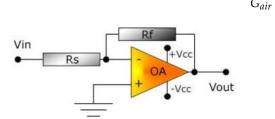
The changes of *G* are detected by an acquisition circuit comprising an operational amplifier in the inverting configuration (Figure 12) in which the sensor is connected to the negative entrance of the amplifier and is polarized by  $V_{in}$ .

The voltage output of the operational amplifier  $V_{out}$  is proportional to the film conductance changes, given by:

$$V_{out} = -\frac{R_f}{R_S} V_{in} \tag{2}$$

where  $R_S$  and  $R_f$  are the sensor and the feedback resistors. In order to normalize the sensor response to the test gas (labeled as "gas" in Equation (3)) with respect to the baseline

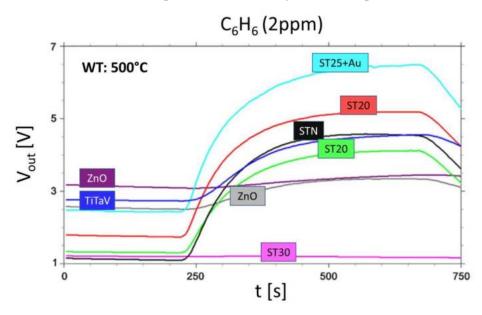
acquired in the presence of air only (synthetic or environmental, labeled as "air"), the sensor response *R* is defined as:



$$R = \frac{G_{gas}}{G_{air}} = \frac{V_{gas}}{V_{air}}$$
(3)

Figure 12. Inverting operational amplifier.

The responses are then analyzed by means of custom algorithms, depending on the study aims (for instance, by using machine learning techniques or a general artificial intelligence algorithm, as in the biomedical applications described below in Chapter 3 [66,67]). Figure 13 shows an example of output voltage curves of eight chemoresistive sensors of different materials in a dry synthetic airflow with benzene at 2 ppm (all the sensors are set at a WT of 500 °C) [68]. Here are visible both the baseline of each sensor and the plateau values, from which the response is calculated by means of Equation (3).



**Figure 13.** Example of sensor output voltage curves to 2 ppm  $C_6H_6$ .  $V_{out}$  (measured in Volts) is plotted vs. time (measured in seconds); the sensors are all heated at a WT of 500 °C and are: ST25 + Au (mixture of tin and titanium oxide at 25% with addition of gold nanoparticles); two ST20 (mixture of tin and titanium oxide at 20%); STN (mixture of tin, titanium, and niobium oxide); ST30 (mixture of tin and titanium oxide at 20%); two ZnO (zin oxide); and TiTaV (solid solution of titanium oxide with addition of tantalum and vanadium). Modified from [68].

A limitation of chemoresistive sensors is their sensitivity to humidity, which strongly affects their response; therefore, many studies are focused on evaluating humidity interference with target analyte sensing. However, in some studies carried out at SL, it was found that tin oxide-based chemoresistive sensors were able to detect gases such as CO concentrations as low as 1 ppm and at humidity degrees up to 40% with high repeatability [24]. It is possible to conveniently illustrate humidity interference with gas detection by defining a two-dimensional sensitivity, which quantifies the dependence of sensors' responses to the analyte concentration, the humidity change, and their non-linear combination. The

partial derivative of the fitting function with respect to CO concentration not only returns information about the response dependence on the gas concentration, but also on water vapor, even at constant partial pressure, and vice versa [24,25].

# 3. Main Chemoresistive Sensor Applications

Chemoresistive sensors are very versatile; therefore, they can be employed in a wide range of different applications. One of the main uses of chemoresistive sensors is the detection of air pollutants. The rapid advancements in industrialization have, in fact, led to the release of large amounts of toxic gases into the environment, which have a negative impact both on the planet [69] (e.g., with a decline in plant and animal species diversity [70]) and on human health (e.g., nearly 3.8 million people annually face severe illnesses because of air pollution [71]). Moreover, the presence of sulfur and nitrogen oxides in the atmosphere can cause acid rain and smog that lead to a negative impact on plants and marine organisms [72]. For these reasons, the detection and monitoring of hazardous gases and volatile organic compounds (VOCs) is essential in different working and household environments for promoting occupational and residential health and safety and for protecting the environment. For instance, besides the multitude of toxic gases exhaled by heaters, spray propellants, cleaning products, furniture (such as formaldehyde), glues, etc., at least 420 people die, and more than 100,000 visit the emergency department in the U.S. just from accidental CO poisoning each year [73]. Moreover, the monitoring, through chemoresistive sensors, of the presence of hazardous levels of explosive gases is pivotal in preventing accidents and fire in domestic residences. Moreover, due to their low cost, small size, and ease of use, chemoresistive sensors are also employed in devices for industrial emission control, automotive (e.g., vehicle emission control) and agricultural monitoring, and agri-food processing [74–77]. Another noticeable application of chemoresistive sensors is in security safeguarding, due to the early and efficient detection of chemical warfare agents (CWAs) that can cause irreversible health damages [12,22]. The last but not least of the main chemoresistive sensor applications is in the biomedical field. In fact, the treatment of diseases at their earliest stages significantly increases survival chances, with additional important savings in treatment costs. The goal of medical diagnostics is to find non-invasive techniques capable of monitoring cancer (e.g., lung cancer, breast cancer, colorectal cancer, etc.) or other diffused pathologies (e.g., diabetes [78], Alzheimer's [79,80], and Parkinson's [80]) at their very earliest stages [81]. In the last decades, breath analysis has been one of the most promising candidates [82,83]; in fact, breath can contain volatile biomarkers (e.g., due to metabolic alterations [84]) similar to other human body fluids (e.g., blood, feces, urine, etc.). The use of chemoresistive sensors in specific diagnostic devices will be detailed below.

# 3.1. Tumor Screening

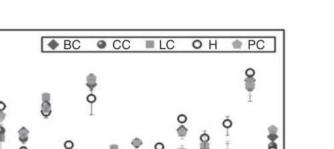
Chemoresistive sensors can offer promising non-invasive (or minimally invasive) methods to identify cancer [6,85,86]. It has been well known since the last decades that volatile organic compound (VOC) emissions, produced by the peroxidation of the cell membrane and alteration of cellular metabolism (for instance, by accelerated glycolysis activity), [87–93] are strictly related to the presence and growth of a tumor. These VOCs are therefore identified as tumor biomarkers, which can, in principle, be detected both directly (from cancer cells [7,94,95]) and indirectly (e.g., in blood [6,85,91], and from exhaled breath [92,96–100], feces [101,102], urine [103,104], or sweat [105,106]). Vascularized tumor VOCs can, in fact, lead to significant modifications of the blood chemistry, which, in turn, affect the breath composition once the bloodstream reaches the pulmonary alveoli (several VOC concentrations typically range from 20 to 100 ppb [107]). One of the earliest studies performed by Peng et al. [107] on the breath composition with gas chromatography–mass spectrometry (CG-MS) [100,108] identified a pattern of fifteen VOCs of different tumor types (e.g., lung cancer, colon cancer, breast cancer, prostate cancer; Figure 14).

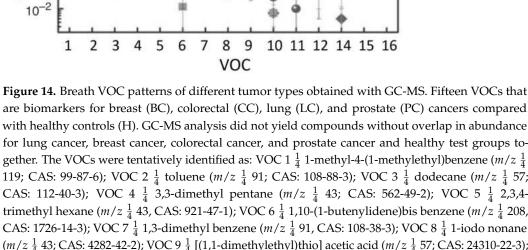
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**ABUNDANCE (%** 



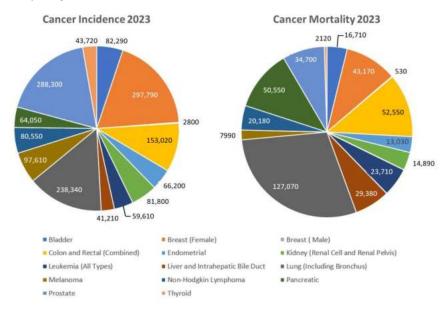


are biomarkers for breast (BC), colorectal (CC), lung (LC), and prostate (PC) cancers compared with healthy controls (H). GC-MS analysis did not yield compounds without overlap in abundance for lung cancer, breast cancer, colorectal cancer, and prostate cancer and healthy test groups together. The VOCs were tentatively identified as: VOC 1  $\frac{1}{4}$  1-methyl-4-(1-methylethyl)benzene ( $m/z \frac{1}{4}$ 119; CAS: 99-87-6); VOC 2  $\frac{1}{4}$  toluene ( $m/z \frac{1}{4}$  91; CAS: 108-88-3); VOC 3  $\frac{1}{4}$  dodecane ( $m/z \frac{1}{4}$  57; CAS: 112-40-3); VOC 4  $\frac{1}{4}$  3,3-dimethyl pentane (m/z  $\frac{1}{4}$  43; CAS: 562-49-2); VOC 5  $\frac{1}{4}$  2,3,4trimethyl hexane ( $m/z \frac{1}{4}$  43, CAS: 921-47-1); VOC 6  $\frac{1}{4}$  1,10-(1-butenylidene)bis benzene ( $m/z \frac{1}{4}$  208, CAS: 1726-14-3); VOC 7  $\frac{1}{4}$  1,3-dimethyl benzene ( $m/z \frac{1}{4}$  91, CAS: 108-38-3); VOC 8  $\frac{1}{4}$  1-iodo nonane  $(m/z \frac{1}{4} 43; CAS: 4282-42-2); VOC 9 \frac{1}{4} [(1,1-dimethylethyl)thio] acetic acid <math>(m/z \frac{1}{4} 57; CAS: 24310-22-3);$ VOC 10  $\frac{1}{4}$  4-(4-propylcyclohexyl)-40-cyano[1,10-biphenyl]-4-yl ester benzoic acid ( $m/z \frac{1}{4}$  257; CAS: 82406-83-5); VOC 11  $\frac{1}{4}$  2-amino-5-isopropyl-8-methyl-1-azulenecarbonitrile ( $m/z \frac{1}{4}$  224; CAS: 93946-48-6); VOC 12  $\frac{1}{4}$  5-(2-methylpropyl)nonane ( $m/z \frac{1}{4}$  57; CAS: 62185-53-9); VOC 14  $\frac{1}{4}$  2,3,4-trimethyl decane  $(m/z \frac{1}{4} 43; \text{CAS: } 62238-15-7); \text{VOC } 14 \frac{1}{4} 6$ -ethyl-3-octyl ester 2-trifluoromethyl benzoic acid  $(m/z \frac{1}{4} 173; \text{NIST: } 282650); \text{VOC } 15 \frac{1}{4} \text{ p-xylene} (m/z \frac{1}{4} 91; \text{CAS: } 106-42-3); \text{ and } \text{VOC } 15 \frac{1}{4} 2,2-\text{dimethyl}$ decane ( $m/z \pm 57$ ; CAS: 17302-37-3). m/z indicates the major target mass. Modified from [107].

A useful platform cataloguing 450 different VOCs as biomarkers of diverse cancer types, extrapolated from the literature, is the Cancer Odor Database (COD) [109], containing more than 1300 records with 19 critical features for each record, such as the structural and chemical properties (e.g., boiling point, molecular formula, and molecular weight) of VOCs and their origins (as an example, VOCs can be found in breath [110], blood [91], feces [111], urine [112], and sweat [105]). This database is useful for researchers who are developing sensors or electronic nose systems for cancer detection [113] (such as, for instance, a selective chemoresistive sensor for hexanal detection, listed in COD as a biomarker for lung cancer [114]).

Many research studies are focused on the realization of a preventive screening and diagnosis technique for lung cancer through the identification of its biomarkers in breath. This tumor type, in fact, showed over 2.2 million cases and approximately 1.8 million deaths in US, based on the data of "Global Cancer Statistics 2020" on 36 major cancers from 185 countries or regions worldwide [115] and 238,340 cases and 127,070 deaths (see Figure 15 and Table 1) [116,117].

These studies have been focused on the following main goals: the identification of a single VOC as the unique biomarker of lung cancer (such as acetone as an indicator of lung cancer and other illnesses) [118], and the development of medical device prototypes and electronic noses with MOX materials with different structures [119,120], improving their sensitivity and selectivity [121]. However, despite the potential of MOX gas sensors in detecting VOCs in exhaled breath [122,123], there is currently no universal marker for lung cancer [124]. As an example, a set-up based on a ZnO nanosheet chemoresistive sensor, an Arduino system, and a Bluetooth module connected to a smartphone that was realized by Salimi et al. [123] has been conceived to detect VOCs in breath (Figure 16). This device was tested by simulating the breath affected by lung cancer by injecting the biomarkers known from the literature (diethyl ketone, acetone, and isopropanol) [98] into the measurement chamber equipped with the ZnO sensor. These systems, once developed in a functional device, could potentially be used as a non-invasive diagnostic method for lung cancer in its early stage.



**Figure 15.** Estimated numbers of new cases and deaths for each common cancer type in 2023 in the US, related to Table 1. The male breast cancer incidence (2800 cases) and mortality (530 cases) that should be in light grey are so small that they are not visible in both pie charts.

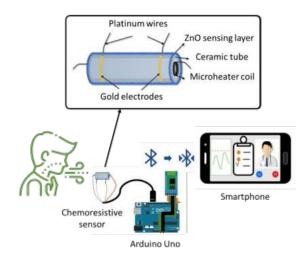
Cancer Type	Estimated New Cases	<b>Estimated Deaths</b>
Bladder	82,290	16,710
Breast (female)	297,790	43,170
Breast (male)	2800	530
Colorectal	153,020	52,550
Endometrial	66,200	13,030
Kidney	81,800	14,890
Leukemia	59,610	23,710
Liver and Intrahepatic Bile Duct	41,210	29,380
Lung (Including Bronchus)	238,340	127,070
Melanoma	97,610	7990

Table 1. Estimated numbers of new cases and deaths for each common cancer type in 2023 in the US.

Another vehicle of volatile cancer biomarkers can be also human urine, e.g., for the investigation of bladder cancer [125,126], but also, potentially, for other cancer types (e.g., lung, breast, prostate, colorectal, gastric, hepatic, pancreatic, renal, and testicular [103]), as urine is a human body fluid rich in metabolites that easy to handle and available in large amounts without requiring invasive and expensive treatments for collection. Sweat analysis can also be a potential method to detect illnesses by means of the use of specific wearable gas sensors [106]; however, these research studies are still in their preliminary phase and do not lead to any practical results at this time.

At the SL of UNIFE, a research line aimed at identifying colorectal cancer (CRC) using its biomarkers taken from the literature began in 2013. Colorectal cancer (CRC) has the highest incidence (in both sexes) and the second highest mortality after lung cancer [127], showing 153,020 and 52,550 expected new cases and deaths in 2023 (Table 1 and Figure 15). Nonetheless, if promptly diagnosed, CRC is also one of the most curable

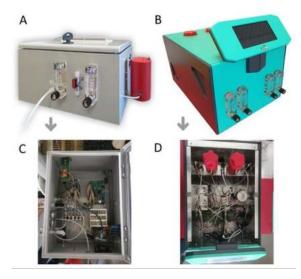
cancers (approx. 90% at stage I), and prevention is fundamental to avoid further lesion advancement [128]. A set of different chemoresistive sensor materials, combined into arrays, has been employed in the identification of VOCs listed as CRC-biomarkers in breath (e.g., 1-iodo-nonane [107], decanal [108], and benzene [107] as a representative of VOCs containing benzene rings) in the hypothesis that they may also affect the flatus composition. An artificial intestine has been reproduced in the laboratory [68] by employing a hermetically sealed sensor chamber, a pneumatic system of Teflon tubes, standard gas bottles, and mass flow regulators (controlled by a PC unit running a dedicated software). The sensor responses to the selected CRC-biomarkers were analyzed both singularly and mixed with interferers that are representative digestion products (e.g., H<sub>2</sub>, CH<sub>4</sub>, H<sub>2</sub>S,  $SO_2$ ,  $N_2$ ,  $NO_2$ , and NO in typical average concentrations [129]) to assess if the chosen arrays are capable of discriminating biomarkers in a normal intestinal atmosphere. It has been demonstrated in other proof of concept studies employing dog smell [130], gaschromatography, and a commercial electronic nose [101,131], that fecal odor can be altered by CRC volatile emissions. Based on this consideration, the preliminary studies performed at SL paved the way for the implementation of a tailored device for CRC preventive screening through fecal exhalation analysis. The device, named SCENT A1, has been patented in Italy, Germany, and the UK [132], and the first prototype was composed of a microfluidic system, specific electronics, a sensing core with five MOX sensors, and a sensing unit (Figure 17A,C; the basic functioning scheme is reported in Figure 18).



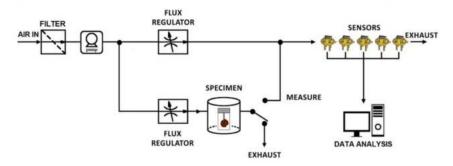
**Figure 16.** Schematic diagram of the VOCs detection system. VOCs (typically present in breath of lung cancer patients) were injected at a known concentration in a system composed of a chemoresistive sensor made of ZnO nanosheets, an Arduino Uno-based device to monitor the resistance changes, and a smartphone, plotting on-screen the VOC concentration vs. time.

Nowadays, in many countries, the fecal occult blood test (FOBT) is employed in the preventive screening of CRC. As an example, in the Italian region of Emilia-Romagna (as in many other regions of Italy), the Department of Public Health invites all individuals aged between 50 and 69 years to undergo an FIT (the immunochemical version of FOBT) every two years. All FIT positives are subsequently invited to undergo a colonoscopy to further evaluate their health status [86,102]. However, even if FIT is fundamental for prevention, there are many side effects due to the presence of about 65% false positives, inasmuch that the presence of blood in the stool can be due to numerous non-tumor diseases (e.g., inflammatory diseases, diverticula, hemorrhoids, and fissures) [133]. For this reason, a screening method based on the detection of tumor biomarkers, not directly related to occult blood (e.g., VOCs), can be useful to discriminate between CRC false and true positives resulting from FIT. A preliminary study, used to finalize the device, the best sensor array (shown in Table 2), and the analysis protocol, has been performed (in collaboration with the Department of Radiology and Section of General and Thoracic Surgery of the

S. Anna Hospital of Ferrara) on fecal samples from CRC-affected patients (extracted during surgery) and from healthy volunteers [134]. As an example, the chosen sensors were successfully able to discriminate the health status of the subjects according to the Principal Component Analysis (PCA; Figure 19). PCA is a multivariate statistical technique that allows to reduction of the data space dimensions without any significant data information loss. It consists of a linear transformation of the original data pool (n-dimensional) (in this case, the sensor responses to each sample exhalations) into a new data pool (n-dimensional), projected in a new Cartesian system in which the data variance is maximized along the main axes (PC1). PC2 is chosen to be perpendicular to PC1, and it is the second axis for variance magnitude. The other axis, containing less and less variance, is often neglected. PCA is useful in those cases in which a system dimensionality reduction is fundamental to improve data visualization as it removes most of the noise and redundancy [135].



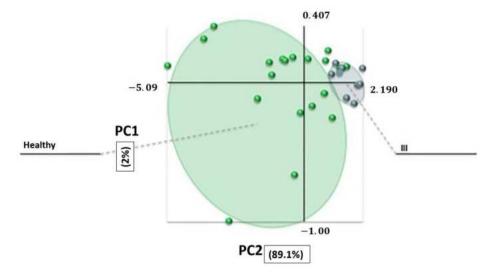
**Figure 17.** Device for CRC screening. (**A**) First prototype for CRC preventive screening with a single sensing core and sampling box (in red, on the right) that requires an external computer; (**B**) the current device version; (**C**) internal detail of the first prototype showing the electronics and pneumatics; (**D**) internal detail of the current device version, hosting a Raspberry computer, a touch screen display as the user interface, and two sensing cores and sampling boxes (in red). This arrangement allows the simultaneous analysis of two different samples by two identical sensing cores, thus doubling the number of tests, or the same sample could be analyzed by two different sensor arrays in order to identify the one that exhibits the largest sensitivity to the sample under test.



**Figure 18.** Functioning scheme of the patented prototype SCENT A1. The environmental airflow is filtered by a carbon filter to stabilize humidity and conveyed by a pump and two flowmeters to the sensors either directly or after passing through the sample box hosting the fecal sample in its standard container. The data are then collected and processed via a computer (a Raspberry integrated with the CE-certified version of the device). The first prototype hosted five sensors, while the latest version hosted just two of them. The CE-certified SCENT A1 is composed of two identical systems working in parallel, with a common pump and flowmeters, and managed by the same Raspberry.

Code	WT (°C)	Materials	Nanostructure Average Size (nm)
SmFeO <sub>3</sub>	350	Iron and Samarium oxides	63
TiTaV	450	Titanium, tantalum, and vanadium oxides	52
ST20	450	Tin and Titanium oxide (20%)	36
In <sub>2</sub> O <sub>3</sub>	350	Indium Oxide	53
ST25 + Au	450	Tin and Titanium oxide (25%) with the addition of gold nanoparticles	30

**Table 2.** List of the best performing sensors for the SCENT A1 array. These sensors were selected following a feasibility study and they were employed in the clinical validation protocol.



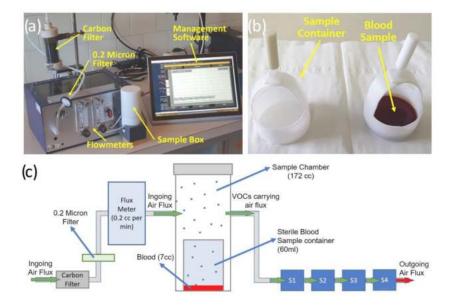
**Figure 19.** Discrimination between healthy and CRC-affected subjects through PCA (Section 3.2) on the responses of a suitable array. Green dots represent 18 control (healthy) samples and blue dots represent 10 samples from subjects with CRC; the healthy subjects are located in the green area, while the CRC-affected patients are in the grey area; the overlap between the two classes is minimal. Modified from [134].

On this basis, SCENT A1 and the analysis methods were subjected to a three-year clinical validation protocol (2016–2019), following its approval by the Ethics Committee (number: 151298), involving the following partners from Ferrara: S. Anna Hospital, UNIFE, the Department of Public Health, and SCENT S.r.l. All the participants who had a positive result in the FIT screening program in Ferrara (men and women aged 50–69 who were not CRC diagnosed in the past) were also invited to this experimental trial before colonoscopy investigation (about 1000 subjects). The specificity and sensitivity of this portable device prototype, employing just two selected sensors, resulted in 82.4% and 84.1%, respectively, by means of double-blind tests. The number of sensors was reduced thanks to Support Vector Machine analysis, making the device more easily reproducible and reliable for commercial purposes [86]. This clinical trial was suspended during summer (July and August) to parallel the suspension of the FIT because the chemoresistive sensors do not perform well at high temperatures and humidity and the FIT decreases its specificity in the warmer months [136]. The device was then extensively upgraded in the electronics, pneumatics, packaging (panels B and D of Figure 17), and in the managing software; this strongly improved the user-friendliness of the device, which then obtained CE certification in 2023. The analysis procedure is standardized, simple, and partially automated: firstly, the feces are collected by the patients into a specific standard container and kept in a domestic freezer (-18 °C). The user inserts the defrosted sample in the sample box and starts the measurement by pressing on a virtual button on a touchscreen; the measurements end after about ten minutes giving the result (positive or negative) on the screen by means of an

algorithm specifically realized by the SL team, which is able to register and analyze the sensor response curves.

### 3.2. Tumor Monitoring

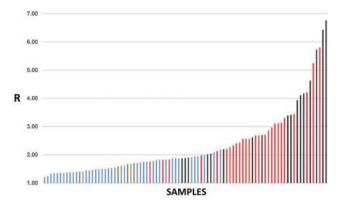
Besides the tumor screening, it is important to monitor the health status, the progress of therapeutic pathways, and in general the long-term follow-up of cancer patients. Highly vascularized lesions discharge volatile substances in the bloodstream that could be used as tumor biomarkers; therefore, specific gas sensors, employed in a tailored device, could be successfully devoted to tumor monitoring by sensing the exhalations of human body fluids (such as blood, urine, sweat, etc.). By employing specific sensor arrays, determined by an iterative "trial and error" calibration, it is possible to discriminate tumor-affected patients from healthy subjects by means of two main methods: the identification of a sensor response threshold separating the two classes or with PCA. In the research carried out at the SL and at the Department of Neuroscience and Rehabilitation of UNIFE, a patent prototype (SCENT B1, Figure 20) has been used to perform blood exhalation analysis on tumor-affected patients and on healthy subjects as a control. SCENT B1 [6,8,85] (Figure 20a) comprises a pneumatic system, an electronic unit, and a sensing core. The pneumatic system draws air from the environment and conveys it at a constant pressure, by means of an electronic pump, through a carbon filter (to stabilize the air humidity and temperature) and a 0.2-micron filter (to remove pollutants, such as aerosols, particulate matter, bacteria, and other organic interferers). This clean air flux can be guided directly to the sensors (whose response in this condition is considered the "baseline", detailed below), or into the sample chamber containing a reusable Teflon container (Figure 20b) filled with a blood sample. The airflow carries the sample headspace VOCs to the sensors by means of a three-way valve. The electronic circuit converts the resistance change of each sensor active film into a voltage that is plotted vs. time by employing a specific software developed by SCENT S.r.l. running on an external PC. The voltage is then transformed into a response R(t) vs. time exploiting Equation (3), which gives results independent of the measured physical quantity and the baseline amplitude, which are generally diverse for each sensor [6,8,85,137].



**Figure 20.** B1 prototype. (a) The device connected to a touch-screen PC; (b) the reusable Teflon containers: an empty one (left) and a blood-filled one (right); (c) block scheme of SCENT B1 pneumatic system. Modified from [6,85].

As an example, the ST25 650 + Au sensor proved to be very effective for tumor marker detection, giving a progressively increasing response with an increase of size and vascularization of the tumor mass and its metastasis (Figure 21). Notably, non-vascularized tumors,

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not being in contact with the bloodstream, are not detected by the sensor, emphasizing the correlation between the presence of blood tumor markers and sensor response.

**Figure 21.** Distribution of the responses of a single sensor (ST25 650 + Au) to all the blood samples taken from all the donors (total = 89 samples). Color legend: healthy subjects = light blue, 42 cases; subjects with cancer without metastasis = red, 26 cases; patients with metastasis = black, 17 cases; patients with tumors not vascularized = gold, 4 cases. Modified from [7].

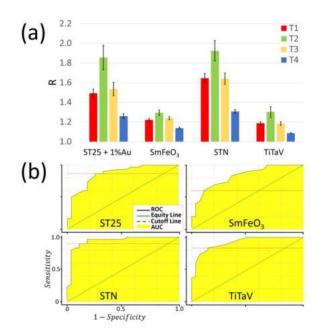
Blood samples collected from CRC-affected patients at different stages of their preand post-surgery therapeutic path were also analyzed by SCENT B1 to assess its capability of discriminating among these samples. The stages considered were the following ones: T1, the same day of the surgical treatment; T2, before the hospital discharge; T3, after one month from surgery; T4, after 10–12 months from surgery (Figure 22). The four MOX sensors equipping SCENT B1 were all able to discern between T1 and T4, but with different amplitudes (Figure 22a), sensitivities, and specificities (Figure 22b).

The sensor array, composed of these four sensors, resulted in a sensitivity and specificity towards CRC of 93% and 82%, respectively, making the device suitable for patients' health status monitoring to detect possible post-therapeutic relapses and, more generally, in clinical follow-up protocols.

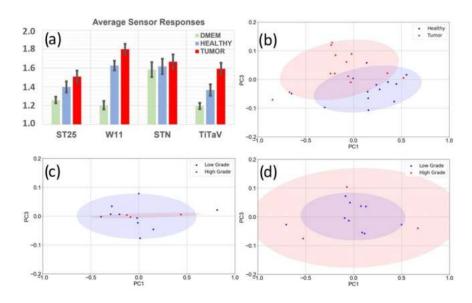
### 3.3. Basic Research on Biomarkers

The development of sensors that are more and more specific for CRC detection requires testing them directly on the tumor cell exhalations and on healthy cells as a control. To this aim, the sensor responses to the exhalation of a primary cancer sample and of a healthy sample (both of the same weight, collected during colorectal surgery from the intestine of the same patient, and kept in Dulbecco Modified Eagle Medium, DMEM) were at first statistically analyzed. The employed sensors were: ST25 (based on tin and titanium oxides), STN (based on tin, titanium, and niobium oxides), and TiTaV (based on titanium, tantalum, and vanadium oxides). Preliminary results obtained using PCA indicate that the sensors were able to distinguish between healthy and tumor tissue samples (removed from 13 patients) with coherent responses (the discrimination power of the most sensitive sensor was about 17%), highlighting their strong potential for clinical practice (Figure 23).

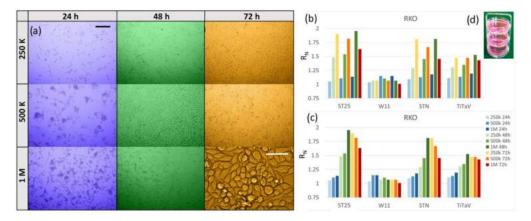
This project was further developed to distinguish the VOC patterns of different tumor, immortalized, and healthy cell lines exhalations, by statistically analyzing the sensor responses to them (by employing the same sensors used in the analysis of the explanted tissues described above). The device's suitability for identifying the cell types and monitoring their growth was determined by analyzing the device output to the VOCs of various cell lines, exhaled at different initial plating concentrations and incubation times. The sensor responses progressively increased along with the cell density and incubation time, except for the sensor W11, which gave unreliable responses to all the tested cell lines (listed in Table 3). All sensors (but W11) gave large and consistent responses to RKO (Figure 24) and HEK293 cells, while they were less responsive to CHO, A549, CACO-2, and fibroblast ones (Figure 25).



**Figure 22.** Sensor response analysis to the blood collected during patient follow-up. (**a**) Response R averaged on all patients and relative standard error of each sensor at the different blood collection times (red, T1, number of patients n = 30; green, T2, n = 22; yellow, T3, n = 29; blue, T4, n = 28); (**b**) evaluation of the sensor sensitivity and specificity in discriminating between T1 and T4; the ROC curves of the four sensors results from 1000 iterations. Modified from [85].

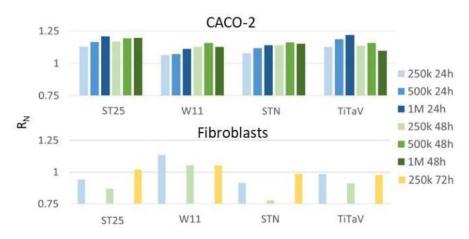


**Figure 23.** Average sensor responses to healthy and tumor tissues and relative PCAs. (**a**) Bar graph of the average ratio (n = 13) between the sensor response to a flux of air containing the gasses exhaled by DMEM (as a control; green bars), healthy tissue (light blue), and CRC tissue (red), and its response to a flux of clean air (baseline); error bars represent the standard error; (**b**) PCA of sensor responses, i.e., PC1 vs. PC3. PCA score plot (blue points and blue confidence ellipse: healthy tissues; red points and pink confidence ellipse: tumor tissues) constructed with the responses (n = 13) of the ST25, W11, and TiTaV sensors only; (**c**) PCA of sensor responses related to tumor grade index: PC1 vs. PC3 score plot constructed with the responses (n = 13) of the low-grade tumors (blue points) and to the high-grade ones (red points); (**d**) PC1 vs. PC3 score plot constructed with the responses (n = 13) of the same sensors to the low-grade tumor samples (blue points) and to the high-grade ones (red points). Modified from [7].



**Figure 24.** Analysis of RKO exhalation at different incubation times and plating concentrations. (a) Microphotograph of RKO cells plated at various times of withdrawal from the incubator and at different densities; cells plated at 250 K, 500 K, and 1 M cells/dish withdrawn from the incubator after 24 h (blue background), 48 h (green), and 72 h (orange); black scale bar is 200  $\mu$ m and it applies to all microphotographs, but the white scale bar (50  $\mu$ m) applies to its microphotograph only; sensor responses to RKO cell line. Cells plated at 250 K (light colors), 500 K (medium dark colors), and 1 M (dark colors) cells/dish, measured after being withdrawn from the incubator at 24 h (blue), 48 h (green), and 72 h (orange); (b) cells sorted for the same concentration at different incubation times; (c) cells sorted for the same incubation time but at different concentrations; (d) three Petri dishes containing the cells, or the culture medium only, positioned in the holding tray to be placed in the SCENT B1 sample chamber. Modified from [95].

The small responses to human skin fibroblasts were expected since they are healthy; therefore, their metabolism is believed to emit VOCs at a lower rate with respect to the cancerous cells (Figure 25, top panel). The CACO-2, derived from human colorectal adenocarcinoma, could also be expected to emit a lower amount of VOCs with respect to more invasive cancer cell lines, as was indeed found (Figure 25, lower panel). Indeed, it is a poorly aggressive tumor, and it has been widely adopted as a model of the intestinal epithelial barrier in order to study the mechanisms implicated in early-stage cancer progression and to test radiation therapeutic efficacy [138].



**Figure 25.** Sensor responses to CACO-2 and fibroblast cell lines. Cells plated at 250 K (light colors), 500 K (medium dark colors), and 1 M (darkest colors) cells/dish, measured after being withdrawn from the incubator at 24 h (blue), 48 h (green), and 72 h (orange); cells sorted for the same concentration at different times of incubation. The sensor responses not visible in the histograms were smaller than 0.75. Modified from [95].

Different sensors gave different response amplitudes to the same cell line, while the same sensor gave different response amplitudes to different cell lines [95], illuminating the

high potential of MOX sensors to discriminate among various cell types when working inside an array [95]. On this basis, it is possible to construct a matrix that represents the responses of the sensors to different cell lines (with comparable cell densities), so that each set of sensors is able to univocally identify a particular cell line. For example, the entries in this table could be all the sensor responses divided by the response of the less responsive sensor (whose amplitude, reported in red in Table 3, is therefore kept unvaried) to each cell line. W11 was excluded in this computation since it gave unreliable responses.

**Table 3.** Responses of ST25, STN, and TiTaV sensors to different cell culture types. W11 was excluded from this computation for its unreliability. Red numbers represent the smallest response given by one of the three sensors to the VOCs exhaled by a particular cell line. Cell cultures analyzed are the following: fibroblasts, human healthy control cells [139]; CACO-2, human colorectal adenocarcinoma cell line; RKO, human colorectal cancer cells; HEK293, specific immortalized cell line originally derived from human embryonic kidney; CHO, epithelial cell line derived from the ovary of the Chinese hamster; A549, explant culture of lung carcinomatous tissue. Modified from [95].

Cell Type	ST25	STN	TiTaV
Fibroblasts	1.11	0.78	1.17
CACO-2	1.03	1.00	1.14
RKO	1.14	1.29	1.01
HEK-293	1.12	1.12	1.15
СНО	1.08	1.33	1.20
A549	1.35	1.06	1.30

The resulting matrix could be regarded as a "fingerprint response" of the three-sensors array because each cell line is univocally identified by it. The reliability of this strategy depends on the hypothesis that as the cell number increases (but avoiding the cell confluence), the responses of all the sensors increase by the same amount, so that the matrix entries are independent of the number of cells, as, in fact, roughly occurs (Figure 24). To develop a reliable test protocol to discriminate cell cultures by using MOX sensors, it will be paramount to grow three-dimensional cell cultures from healthy and tumor tissues (surgically removed from the same individual). This would allow us to search for the most suitable sensors able to discriminate as well as possible between healthy and tumor tissues (as close as possible to the natural ones) among different cancer types, stages, and grades, and to test the efficacy of antitumor drugs and radiations.

### 4. Conclusions and Future Perspectives

The present review aimed to present a complete and updated description of the complex gas sensor panorama. The main gas sensor types have been illustrated, along with an accurate description of their fundamental characteristics and functioning principles, focusing on chemoresistive sensors and their applications, and, in particular, in the medical field by the SL of UNIFE. Chemoresistive sensors are, in fact, strong candidates nowadays for the implementation of devices for tumor (and other pathologies) screening and monitoring. The presence of specific biomarkers (correlated to specific pathologies) in human body fluids (e.g., blood, breath, feces, urine, and sweat) is useful for pathology detection. The SL group has developed, in the last years, two main devices: the first one (patented in Italy, Germany, and the UK, clinically validated and CE-certified) is used for colorectal cancer screening by means of fecal exhalations analysis, and the second one (patented in Italy) is used for tumor monitoring through blood exhalations analysis and for basic research on tumor cells. These devices have been described in detail in this review as an example of a strongly transversal technological transfer of gas sensor technology applied to medicine. All the studies could represent a starting point for future research to improve screening and monitoring techniques for cancer detection (being non-invasive or minimally invasive), with great advantages both for population wellbeing and the savings of worldwide Health Services. The basic research on the odor fingerprint of cell cultures (at different tumor

stages and grades) could pave the way for different research branches. One of the main future applications could be represented by monitoring the growth of three-dimensional cell lines (derived from surgically removed biopsies), as well as the testing specific drugs before using them on laboratory animals or human test subjects.

### 5. Patents

- C. Malagù; G. Zonta; S. Gherardi; A. Giberti; N. Landini; A. Gaiardo, Dispositivo per lo screening preliminare di adenomi al colon-retto (2014), National #: RM2014A000595, European #: 3210013 (Germany, UK);
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Author Contributions: Conceptualization, writing—original draft preparation, writing—review and editing, supervision, G.Z., G.R., C.M. and M.A. All authors have read and agreed to the published version of the manuscript.

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Conflicts of Interest: The authors declare no conflict of interest.

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