



**University of Dundee**

## **Experiencing Microaggressions**

Murray, Chris; Nabizadeh, Golnar; Guo, Kitty; Islam, Mohammad; Ding, Clio ; Herd, Damon

*Publication date:*  
2023

*Licence:*  
CC BY-NC-ND

*Document Version*  
Publisher's PDF, also known as Version of record

[Link to publication in Discovery Research Portal](#)

*Citation for published version (APA):*  
Murray, C., Nabizadeh, G., Guo, K., Islam, M., Ding, C., & Herd, D. (2023). *Experiencing Microaggressions: Four stories of racial microaggressions based on examples from staff and students working on dental clinics.* (1 ed.) UniVerse.

### **General rights**

Copyright and moral rights for the publications made accessible in Discovery Research Portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from Discovery Research Portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain.
- You may freely distribute the URL identifying the publication in the public portal.

### **Take down policy**

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

An illustration of a person with curly hair, wearing a blue shirt, covering their face with their hands in a gesture of distress or embarrassment. The background is white with several red, jagged speech bubble shapes scattered around. A large yellow hexagon is behind the person's head. The text 'EXPERIENCING MICROAGGRESSIONS' is written in large, bold, black letters with a white outline, positioned across the lower half of the image.

**EXPERIENCING  
MICROAGGRESSIONS**

## EXPERIENCING MICROAGGRESSIONS

A microaggression is ‘a statement, action, or incident regarded as an instance of indirect, subtle, or unintentional discrimination or prejudice against members of a marginalized group such as a racial minority’ (OED). Sometimes it’s hard to respond to microaggressions because individuals may feel uncertain whether a microaggression has occurred, leaving them unsure about how to respond or if doing so will help. Responding directly to a microaggression may bring about negative consequences, including accusations of being oversensitive or paranoid, or being told that such responses confirm stereotypes about minorities. This can result in these real experiences becoming invalidated, which is harmful for all concerned.

This comic is designed to start conversations about microaggression by presenting four stories from staff and students from our community based on their experiences of racist microaggressions. We hope these stories will lead to more conversations about microaggressions generally, and racist microaggressions, leading to a greater understanding of how microaggressions can detrimentally impact people. Identifying racial microaggressions allows us to consider our own behaviour and that of others to help create a community that is fair and inclusive.

The examples illustrated in these stories have been adapted from real stories provided by staff and students at Dundee Dental Hospital and Research School. These are an amalgamation of experiences and are not a direct representation of any individual example. Consent was obtained for use of these stories.

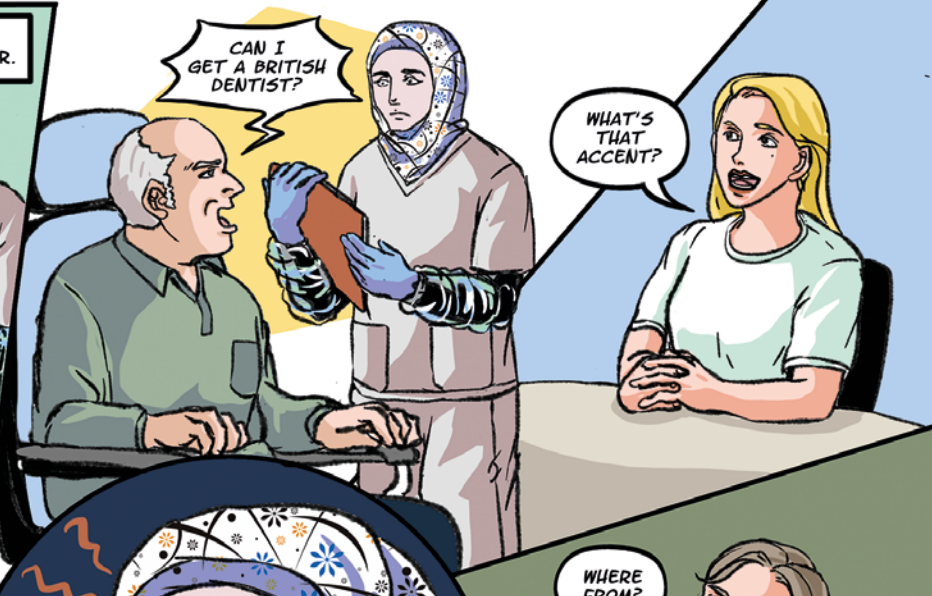
---

This comic was written by Chris Murray, Golnar Nabizadeh, Kitty Guo, and Mohammad Islam. The artwork was created by Clio Ding, with production by Damon Herd.

This project was funded by The Quality Assurance Agency for Higher Education.



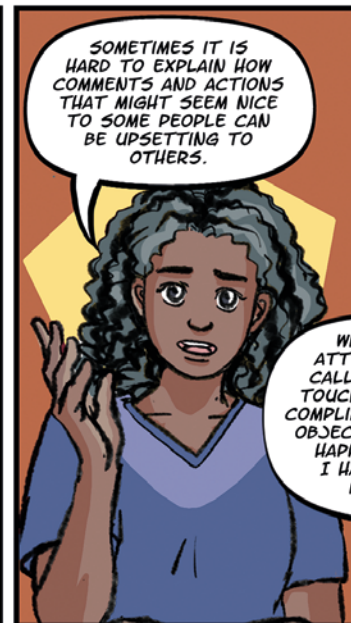
# 'WHERE ARE YOU FROM?' MICROAGGRESSIONS CAN RESULT IN ALIENATION



I'VE MADE MY HOME HERE BUT AM CONSTANTLY QUESTIONED AND JUDGED. WILL THIS EVER END?

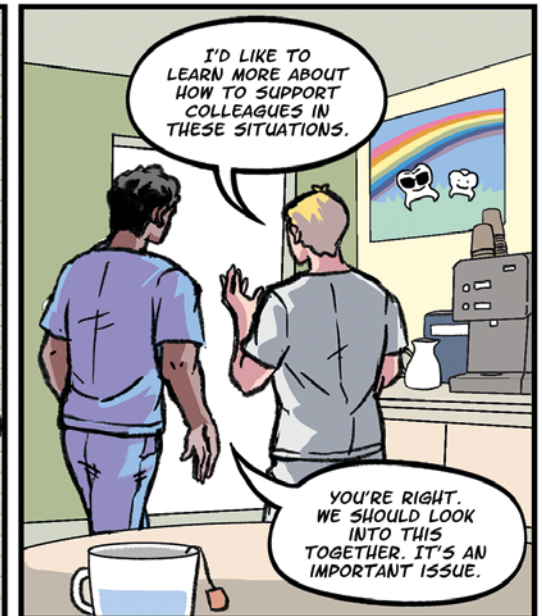
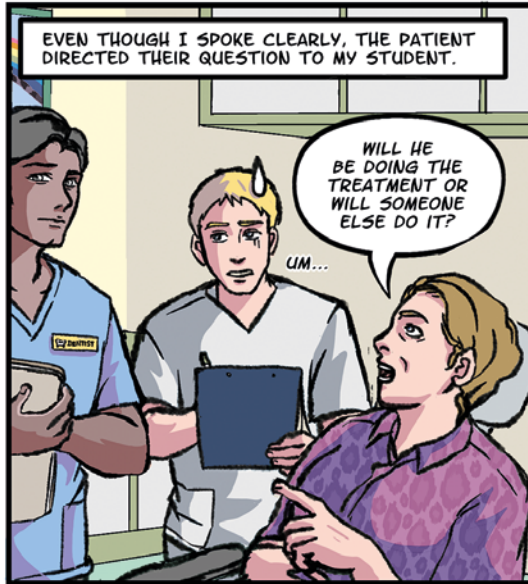
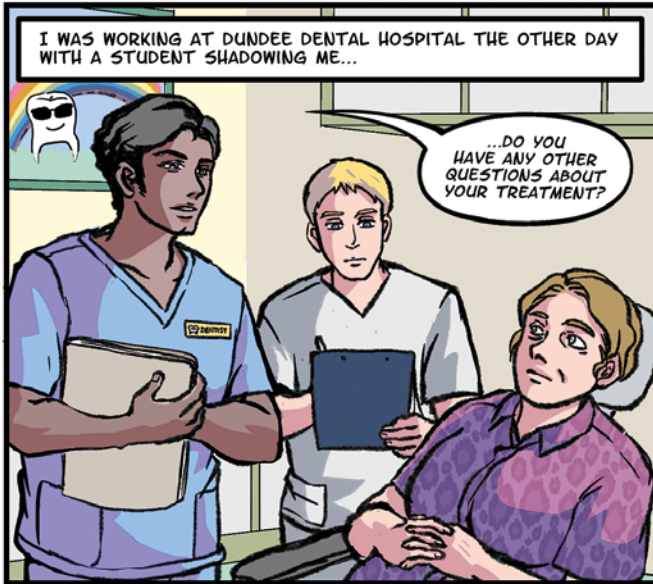


# OBJECTIFICATION - 'OH, WHAT LOVELY HAIR YOU HAVE'



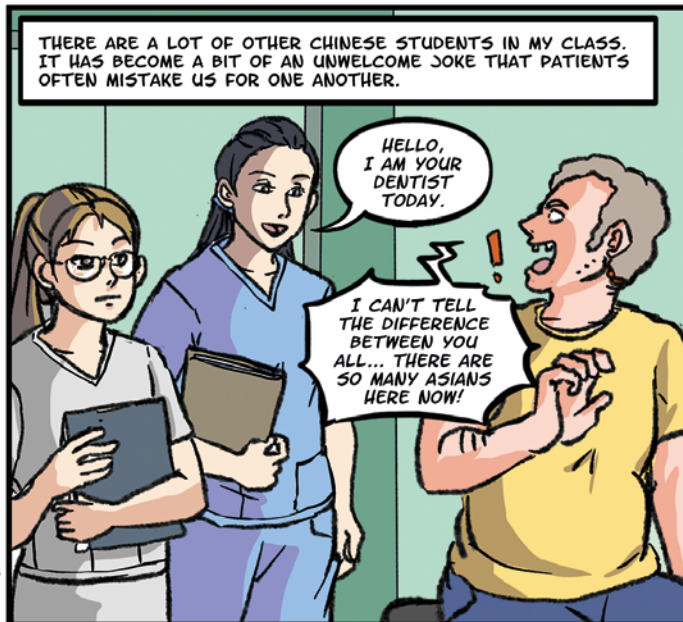
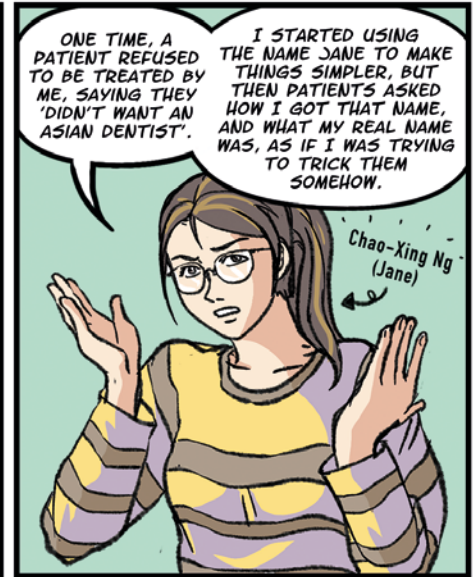
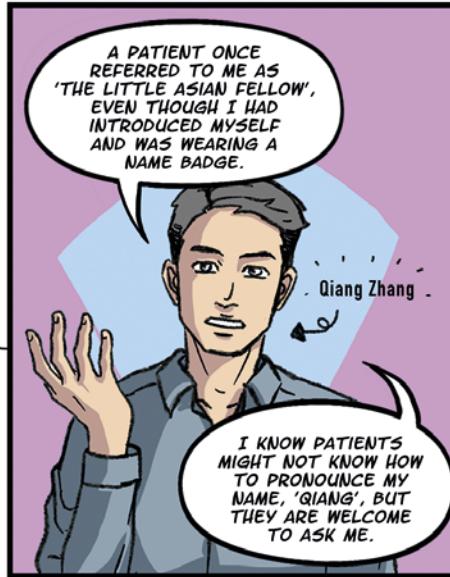
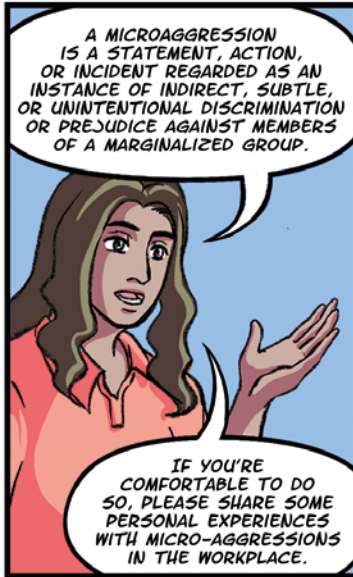


# MICROAGGRESSIONS OFTEN HAVE THE EFFECT OF MAKING A PERSON FEEL INFERIOR





# WHAT'S IN A NAME? MICROAGGRESSIONS AND IDENTITY





# CONTRIBUTOR BIOS



**Clio Ding** (@clio.ding) is a graduate of the Comics & Graphic Novel MLitt course from University of Dundee. Based in Singapore, Clio teaches art, draws and writes about comics when not being preoccupied with snacks and goldfish.



**Kitty Guo** is a Clinical Lecturer in the School of Dentistry and obtained funding from the Quality Assurance Agency for Higher Education to support this project.



**Mohammad Islam** is a Lecturer in Preclinical Sciences and the Equality, Diversity and Inclusion lead for the School of Dentistry, University of Dundee. He loves travelling and gardening.



**Chris Murray** is Professor of Comics Studies at the School of Humanities, Social Sciences and Law at the University of Dundee. He is the director of the Scottish Centre for Comics Studies and has written and edited several comics for research and public engagement purposes.



**Golnar Nabizadeh** is Senior Lecturer in English and Equality, Diversity and Inclusion Lead for the School of Humanities, Social Sciences and Law at the University of Dundee.

With thanks to all those who participated in the microaggressions survey.

A microaggression is 'a statement, action, or incident regarded as an instance of indirect, subtle, or unintentional discrimination or prejudice against members of a marginalized group such as a racial minority' (Oxford English Dictionary). It is important to realise that while a microaggression is, by definition, a 'small' transgression, perhaps even one that might go unnoticed by many, their impact may not be small. Microaggressions can have devastating consequences. This comic features stories that demonstrate the nature and effect of microaggressions in a clinical setting, drawing on the experiences of staff and students in the School of Dentistry.



University  
of Dundee

UniVerse

