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1 **Temporal matches between monarch butterfly and milkweed population changes over the past**
2 **25,000 years**

3
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25 **Summary**

26 In intimate ecological interactions, the interdependency of species may result in correlated demographic
27 histories. For species of conservation concern, understanding the long-term dynamics of such interactions
28 may shed light on the drivers of population decline. Here we address the demographic history of the
29 monarch butterfly, *Danaus plexippus*, and its dominant host plant, the common milkweed, *Asclepias*
30 *syriaca*, using broad-scale sampling and genomic inference. Because genetic resources for milkweed have
31 lagged behind those for monarchs, we first release a chromosome-level genome assembly and annotation
32 for common milkweed. Next, we show that despite its enormous geographic range across eastern North
33 America, *A. syriaca* is best characterized as a single, roughly panmictic population. Using Approximate
34 Bayesian Computation via Random Forests (ABC-RF), a machine learning method for reconstructing
35 demographic histories, we show that both monarchs and milkweed experienced population expansion
36 during the most recent recession of North American glaciers 10,000-20,000 years ago. Our data also
37 identify concurrent population expansions in both species during the large-scale clearing of eastern forests
38 (~200 years ago). Finally, we find no evidence that either species experienced a reduction in effective
39 population size over the past 75 years. Thus, the well-documented decline of monarch abundance over the
40 past 40 years is not visible in our genomic dataset, reflecting a possible mismatch of the overwintering
41 census population to effective population size in this species.

42 **Introduction**

43 Despite the critical importance of understanding past population dynamics, especially for species of
44 conservation concern, inferring demographic histories can be extremely challenging. Novel genomic
45 methodologies based on sampling extant individuals and interpretation of genomic patterns of diversity
46 have recently provided insight into the demographic histories of species ranging from protists to
47 humans^{1,2}. Over the past 25 years, conservationists have become increasingly alarmed by the decline of
48 the monarch butterfly's overwintering population^{3,4,5}. Despite significant academic and public energy
49 focused on understanding and reversing this, the exact cause of this decline is still a matter of debate.
50 Multiple factors have been proposed to underlie the monarch's decline, including a decrease in the
51 abundance of the monarch's food source (primarily a single species of milkweed: common milkweed),
52 reduced abundance or quality of nectar plants, climate change, and destruction of their overwintering
53 sites⁶⁻⁹.

54 Here we address correlated demographic changes of monarchs and milkweeds over three hypothesized
55 critical events during the Holocene. Placing this recent decline in a historical context will help us begin to
56 address fundamental questions about the relationship between milkweed, monarchs, and humans. For
57 instance, did colonizing Europeans inadvertently increase the size of the monarch population by
58 massively expanding common milkweed habitat through deforestation and ploughing of prairies (as
59 suggested by (10) and (11))? Does the recent decline of the overwintering census population follow from
60 an artificial high? Does it represent a decline to levels lower than those seen before European
61 colonization? And finally, are monarch and common milkweed population demographics matched,
62 perhaps indicating that common milkweed is the limiting resource for monarch butterfly populations?
63 Providing insight into these questions has remained intractable to date. However, recent advances in
64 population genetic approaches and machine learning now allow us unprecedented ability to reconstruct
65 demographic histories of populations.

66 To reconstruct the demographic histories of monarchs and milkweed, here we use Approximate Bayesian
67 Computation with Random Forests (ABC-RF)¹². Briefly, ABC modeling uses simulated data sets to
68 estimate posterior probabilities when the likelihoods of observed data given specific models are difficult

69 to calculate^{13,14}. Genetic data sets are simulated under a number of different demographic models, and the
70 simulated data sets closest to the observed data are used to estimate the posterior probabilities of
71 individual models and distributions of parameters of interest. The Random Forest approach described by
72 Pudlo et al.¹² and Raynal et al.¹⁵, implements a machine learning algorithm to do model selection and
73 parameter estimation. The RF approach improves upon traditional ABC modelling in that ABC-RF is
74 insensitive to the choice of summary statistics, and less computationally expensive as well. This approach
75 has recently been employed by a number of population genetic studies on a diverse array of organisms,
76 including insects¹⁶, plants¹⁷, chordates¹⁸ including humans¹⁹, and pathogens¹, and it has been used to
77 reconstruct biological invasions and other demographic events happening within the past few decades or
78 centuries^{20,21,22}.

79 Accordingly, we use the ABC-RF approach to test how the last glacial retreat, the ploughing-up of the
80 prairie and deforestation, and finally expansion of industrial agriculture impacted monarch and milkweed
81 populations. Specifically, we addressed the following questions: (1) Have *A. syriaca* and *D. plexippus*
82 populations expanded in prior millennia (5-25 kya), potentially due to the retreat of the glaciers after the
83 last glacial maximum²³? (2) Have *A. syriaca* and *D. plexippus* populations expanded in the past centuries
84 (1751-1899), potentially due to the conversion of native forests and prairies to agriculture land, as suggest
85 by, e.g., L.P. Brower (1995)¹¹? (3) Have *A. syriaca* and *D. plexippus* populations experienced a bottleneck
86 along with the industrialization of agriculture within past decades (1945-2015), potentially due to the
87 increased use of herbicide in crop fields^{24,25}?

88 To facilitate answering these questions, we assembled a new genome for *A. syriaca*. Previously existing
89 genomic resources were limited to low coverage assemblies and transcriptomes²⁶. Next, we sampled and
90 conducted genomic analyses for 231 milkweed isolates from across the entire native range. Finally, using
91 this data set, we test a series of explicit hypotheses using ABC-RF to ask how these climate and
92 anthropogenic events have impacted population change of these iconic species. We conducted these
93 analyses in parallel on milkweed and monarchs, using previously published whole-genome sequencing
94 data from Zhan et al. (2014) for the latter²⁷. As such, our analysis addresses whether the demographic
95 histories of this intimate species interaction are matched or independent.

96 **Results**

97 *Genome Assembly*

98 PacBio sequencing resulted in over 300X coverage of the expected genome size of 420 Mb. The
99 sequence was assembled into 748 contigs with a total length of 362 Mbp and an N50 of 1.9 Mbp. Kmer
100 analysis supports this genome size. After haplotig removal, approximately 91% of the sequence was
101 scaffolded into 11 sequences representing pseudomolecules. The final assembly has a length of 317 Mbp
102 and captures 96.8% of the BUSCO set.

103

104 *Genome annotation of A. syriaca:*

105 Approximately 57% of the genome consists of repetitive sequences. A total of 42,111 genes were
106 predicted with an average length of 2,578 bp. Approximately 93% of the BUSCO protein set was
107 identified in the annotation. Putative functions were assigned to 99% of the gene set.

108 *SNP Calling*

109 We gathered five different population genetic data sets for *D. plexippus* and *A. syriaca*. Collection sites
110 and sample sizes for each data set are shown in Figure 1A. The number of individuals and SNPs, and the
111 amount of missing data for each SNP data set is shown in Table 1.

112 For common milkweed the final datasets following rigorous SNP filtering were:

113 (1) Core Range GBS: the GBS approach sequenced and called approximately 900 SNPs from 87 plants.

114 (2) Broad Range GBS: the GBS approach sequenced and called approximately 900 SNPs from 96 plants.

115 (3) Broad Range WGR: the WGR approach identified approximately 900 SNPs from 48 plants.

116 For monarch butterflies:

117 (4) We called approximately 11,700 SNPs from 28 butterflies from Zhan et al. 2014²⁷. These samples
118 were collected between 2006-2007.

119 (5) The Talla et al. dataset we analyzed consisted of 29 individuals collected in October 2016 and
120 4509 SNPs²⁸.

121 *Population Genetic Analysis*

122 All three of our milkweed data sets showed little genetic structure across their ranges. Heterozygosities,
123 both observed and expected, varied little across our populations (Table 1). Global F_{ST} ranged from -0.002
124 (Broad Range WGR data set) to 0.039 (Core Range GBS data set), indicating a low amount of
125 geographically sorted population structure. F_{ST} values between pairs of populations were similarly low,
126 with the exception that the invasive European population was more distinct from the North American
127 populations, with pairwise F_{ST} values around 0.08 (Table 2). We further interrogated this genetic structure
128 using two approaches.

129 In the first approach, we used STRUCTURE to assign each individual ancestry to 2 or more
130 subpopulations. It is important to note that STRUCTURE cannot be used to evaluate the fit of a single
131 panmictic population as the optimal number of genetic clusters is determined based on the change in the
132 log-likelihood between k-values [see ⁷⁶]. Regardless of the number of subpopulations chosen *a priori*, for
133 every subpopulation, STRUCTURE assigned all individuals roughly the same degree of ancestry in that
134 subpopulation, regardless of their geographic location (visualized in Figure 1B for the Broad Range GBS
135 data set). This was true across all three data sets; the one major exception was that in the Core Range
136 GBS data set, the invasive European population was quite distinct from the North American populations.
137 STRUCTURE results for all three data sets are provided in the Supporting Information.

138 Secondly, to circumvent the inability of STRUCTURE to evaluate $k=1$, we took a less-
139 parameterized approach by performing a Principal Components Analysis (PCA) on the allele frequencies
140 of the SNPs in each data set (Figure 1C). This approach identifies groups of covarying SNPs. For all
141 three data sets, none of the first six PC axes clearly separate any population from any other(s); although
142 some PC axes show some degree of geographic structure, there is always a considerable degree of overlap
143 between the PC values of the various populations. For instance, in the Broad Range GBS data set
144 (visualized in Figure 1C), PC1 largely separates several northwestern individuals from the remainder of
145 the data set, possibly indicating introgression from *A. speciosa*, which is known to hybridize with *A.*
146 *syriaca* in the northwestern part of the *A. syriaca* range. PC2 shows a slight amount of geographic signal,
147 with western populations tending toward positive values and eastern populations tending toward negative
148 values, but individuals from all four regions are well mixed in principal component space, indicating that
149 this geographic signal is quite weak.

150 All three datasets support the conclusion that, in North America, *A. syriaca* is a single large
151 metapopulation with little geographic structure. Our results for *A. syriaca* parallel findings for the
152 monarch butterflies which show a lack of geographic population genetic structure in North America^{77,78}.

153 *Demographic modelling*

154 Projecting our observed data onto the LDA axes of our simulated data indicated that our set of
155 demographic models were realistic, as the observed data fell within or near the cloud of simulated data
156 points along all LDA axes (Figure S3). Also, per Pudlo *et al.* (2016), we also confirmed that we produced
157 enough simulations, as a preliminary analysis showed that the prior error rate decreased only slightly by
158 the addition of the last 20% of simulations¹² (Table S1). In fact, we found a few cases in which error rates
159 went up slightly after adding the final 20% of the data (by 0.3% or less), indicating that we are in the
160 regime in which changes in error rate are determined by random fluctuations, and confirming that adding
161 more simulations will not further improve the accuracy of this method. Furthermore, we followed the
162 recommendation of Pudlo *et al.* (2016) for determining whether we had used enough decision trees in our
163 Random Forest algorithm¹². To do this, we repeated the RF algorithm several times using fewer trees,
164 recalculating the prior error rate each time. If the error rate stays nearly flat as we approach the maximum
165 number of trees, this means that we used an appropriate number of trees, which was indeed the case for
166 all three data sets (Figure S3). Finally, we also confirmed that our random forests were not overfitting to
167 their training data set by comparing performance on testing and training datasets. We found similar
168 accuracies when comparing testing and training datasets for all random forests (Table S2).

169 Our random forest results were consistent across all three milkweed data sets and between
170 monarchs and milkweeds (Figure 2). All 20 runs for each of the five data sets predicted the presence of a
171 post-glacial expansion in population size, with an average posterior probability between 0.64 and 0.85. All
172 20 runs for each data set also predicted the presence of a more recent population expansion alongside 18th
173 and 19th century agriculture, with an average posterior probability between 0.71 and 0.97.

174 There was more uncertainty with respect to the presence or absence of a recent bottleneck
175 alongside the industrialization of agriculture. All 20 runs for the Broad Range GBS and Core Range GBS
176 milkweed data sets predicted the absence of a recent bottleneck, though with less confidence:
177 posterior probabilities were between 0.47 and 0.67. Both monarch datasets indicated the lack of a recent
178 bottleneck, though with differing confidences. The monarch dataset collected from 2006-2007 had a
179 posterior probability of 0.47 while the more recently collected Talla *et al.* monarchs had a posterior
180 probability of 0.85. Broad Range WGR data set had 15 runs predicting the absence of a bottleneck (0.47
181 average posterior probability), and 5 runs predicting its presence (0.55 posterior probability). Model
182 parameters estimated with the ABC-RF approach were nearly identical to their prior distributions,
183 suggesting that our dataset does not have sufficient resolution for parameter estimation (results not
184 shown).

185 Note that posterior probabilities can be relatively low even when all 20 runs produce the same
186 results. The agreement of the different runs shows that the random forest method produces similar
187 predictions for the same observed data sets; however, it does not show how conclusively a particular data
188 set can rule in or out a particular demographic event; posterior probabilities are an attempt to capture this
189 latter.

190 **Discussion**

191 Understanding the impact of the Anthropocene on the natural world is of fundamental importance for
192 conservation efforts. Until recently, elucidating patterns of population change in the recent past has been

193 very difficult. In this study we employ an ABC-RF approach to study the near-term demographic history
194 of monarchs and milkweeds. This approach was chosen in part because it has proven useful in other
195 systems in elucidating very recent demographic events, within decades or centuries^{21,22}. In addition, this
196 approach requires fewer simulated datasets to train the classifier than are necessary for traditional ABC,
197 and it is much more robust to choices of summary statistics^{12,79}.

198 We tested for changes in effective population size of the monarch butterfly and its primary food
199 source, common milkweed, during three events: the most recent retreat of the glaciers, European
200 settlement in North America, and industrial agriculture. Previously, using a PSMC (Pairwise Sequentially
201 Markovian Coalescent) model, a method capable of testing for ancient events but less fit for resolving
202 recent events, researchers demonstrated a population expansion of monarch butterflies after the last
203 glaciation²⁷. Using ABC-RF, we likewise detect this expansion in monarch effective population sizes and
204 also observe an expansion of common milkweed post-glaciation; we hypothesize that both are likely due
205 to the large increase in ranges available to these species with the retreat of the glaciers. The low levels of
206 population structure in common milkweed likely occur because the modern range of *A. syriaca* is a result
207 of rapid (i.e., in the last 5-25 kya) invasion of central and eastern North America after the retreat of the
208 glaciers. In this scenario, the rapid expansion, combined with *A. syriaca* being an obligate outcrosser with
209 long-distance dispersal ability, has prevented the formation of extensive population structure. It is also
210 possible that milkweed existed in a single refugium during the last glaciation, resulting in a
211 homogenization of genetic variation.

212 We provide population genetic evidence that common milkweed increased in abundance during the
213 18th and 19th centuries. The most obvious cause for this is the clearing of forests and prairies to make
214 way for agricultural land, a disturbance-rich environment in which *A. syriaca* thrives (at least, until the
215 advent of herbicides). The increase observed in our data has previously been suspected, and there are two
216 major hypotheses for how this increase affected monarch butterflies. The first hypothesis posits that *A.*
217 *syriaca* has always been the most important host plant for monarchs, even before *A. syriaca*'s population
218 boom. As *A. syriaca* increased in abundance in a newly-disturbed landscape, monarchs increased in
219 abundance alongside them. Thus, according to this hypothesis, the current size (and possible geographic
220 extent) of the monarch migration was greater in the 18th-20th centuries than in the 17th century and
221 prior¹¹; a more radical form of this hypothesis suggests that the migratory behavior itself was absent
222 before the 18th century¹⁰. However, although *A. syriaca* has increased in abundance due to disturbance, it
223 is likely that other species of milkweeds, less tolerant of anthropogenic changes, have declined in
224 abundance over the same period. The second hypothesis suggests that monarchs transitioned from a wider
225 array of host plant species to become more reliant on common milkweed over this period of increase in
226 common milkweed populations. If this occurred, then the newly-increased population sizes of *A.*
227 *syriaca* did not represent a net increase in food resources for monarchs, and so we would not expect the
228 monarch abundances in the 18th-20th centuries to be higher (or lower) than previously¹¹.

229 Regarding the fact that we found no evidence for a reduction in the effective population sizes of the
230 monarchs or milkweed over the past 75 years, the simplest explanation for these results is that the
231 demographic event in question did not occur. A second possibility is that the demographic event did
232 occur, but it had an effect size that is too small to leave a signal in our data set. Unfortunately, our data set
233 was not sensitive enough to estimate posterior distributions for the strength of these expansions or
234 bottlenecks, so we are not able to quantify absolutely the minimum detectable event size. However, we
235 can be confident that detected events are larger than undetected ones: i.e., if there was an undetected
236 decline in monarch population size since 1945, it was less than the detected increase that occurred in the
237 18th and 19th centuries. A third possibility, relevant to the hypothesized bottleneck with agriculture in past
238 decades, is that the demographic event has occurred, but too recently to produce a detectable, population

239 genetic signal. In this case, bottlenecks reduce diversity not only directly (via the elimination of the
240 majority of lineages in the population when the bottleneck event occurs), but also indirectly, after the
241 bottleneck, as the new, smaller population size means that fixation at a particular locus is more likely,
242 thus eliminating even more genetic diversity after the bottleneck event. It is possible that a bottleneck has
243 occurred in the past decades, but we are unable to see it because there has not yet been enough time for
244 alleles to be driven to fixation in the new, reduced populations. This effect is likely to be stronger in
245 milkweeds, which have a roughly tenfold longer generation time than do monarchs. This is one possible
246 explanation for why the well documented recent declines in monarch and milkweed population sizes are
247 not reflected in our data³⁻⁵.

248
249 The monarchs sampled for our *D. plexippus* analysis were collected by Zhan *et al.* (2014) between
250 2007-2009, several years before the all-time low of the Mexican overwintering population in the winter of
251 2013-2014^{27,80}. One possible explanation for why our population genetic data do not show clear signals
252 of a recent decline is that our samples were collected before the lowest population sizes occurred. At the
253 request of a reviewer, we ruled out this possibility by examining monarchs collected after the lowest point
254 of the Mexican overwintering population. To do this, we used the sequences published by Talla *et*
255 *al.* (2020)²⁸, which were collected in 2016, and repeated our analyses with these samples (details provided
256 in Table S3). The results of these analyses were the same as for the monarch sequences from Zhan *et al.*,
257 showing that our results were not being affected by missing the tail end of the monarch decline in 2013-
258 2014.

259 Our results indicate an increase in monarch populations alongside those of common milkweed in the
260 18th and 19th centuries. How should biologists and conservationists react to this new data? This depends
261 largely on which hypothesis about the monarch response to this increase is correct. If the 20th century
262 population size of the monarch was anthropogenically inflated due to elevated common milkweed
263 abundance, this puts contemporary declines in a less worrisome light, as they may simply represent
264 returns to pre-modern population sizes. Monarch population sizes and migratory behavior were
265 presumably sustainable for centuries before the clearing of the forests and prairies of Eastern North
266 America. However, if monarchs responded to increased common milkweed abundance by shifting their
267 diets without increasing the total population, then contemporary declines may well have put the monarchs
268 at their lowest population size since the retreat of the glaciers. It is also important to note, that while
269 monarch and milkweed populations experienced correlated increases in the 18th and 19th centuries, this
270 correlated increase does not necessarily imply that increase in milkweed populations is completely causal
271 for driving monarch population growth. Rather, it is possible that the ecological factors that drove
272 milkweed growth also resulted in other changes that were beneficial to the monarch. For instance
273 deforestation and spread of agricultural fields could result in an increase in nectar bearing plants which
274 would be beneficial to migrating monarchs.

275 The results presented here suggest that the recent decline of the monarch butterfly may be (at least in
276 part) a return to pre-modern population sizes. That said, we encourage restraint in the interpretation of
277 these results and encourage parallel studies to test these ideas further. Fully answering this question using
278 population genetics will probably require improvements in our current techniques for demographic
279 modelling and/or denser sequencing of *Asclepias* and *D. plexippus* individuals than is currently available.
280 However, there are other potential data sets that could shine light on this question. As a start, population
281 genomic analyses for other important milkweed species could reveal whether or not they declined during
282 the period of common milkweed's increase: lack of such declines would suggest that the expansion of *A.*
283 *syriaca* in particular could only have increased the monarch population. Brower (1995) suggested
284 sampling cardenolide profiles from museum specimens of monarchs captured in the 19th and 20th
285 centuries¹¹. These profiles can indicate the specific milkweed species those individuals used as larvae, and

286 thus show whether or not monarchs experienced a shift in their host species as humans cleared forests and
287 prairies. Shifts to more diversity in milkweed hosts might also be detectable in more recent specimens
288 collected on the East Coast of North America, as farming has become less prevalent in this region over
289 past decades. The presence of such recent shifts (e.g., on to *A. incarnata*) would support the notion that
290 changes in the availability of some hosts causes shifts in use of others, as hypothesized above.

291 We emphasize that our results do not directly bear on current efforts to support monarch butterfly
292 conservation. Regardless of how many monarchs were in North America in 1600, the current monarch
293 population brings delight to people across North America and serves as a key conservation icon which
294 introduces many non-scientists to the importance of invertebrate conservation, pollination biology,
295 migratory behavior, and more. Having fewer of these charismatic insects present would be a loss to
296 humankind regardless of how many of them were present a few centuries ago.

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299 Foundation (Jander), Jeffress Trust Awards Program in Interdisciplinary Research (Puzey), Dominion
300 Education Partnership (Puzey and Dalglish), and National Geographic Society GR-000000959 (Puzey
301 and Dalglish).

302 **Author Contributions:** This project was conceived of by JB, GJ, AA, and JP. The assembly and
303 annotation of the milkweed genome was performed by SS, AP, JZ, GJ, and HX. Collection of milkweed
304 samples, DNA extractions, and DNA library preparation was done by AR, HD, HX, and AT. Design of
305 ABC portion of the project was overseen by JB and JP. JB conducted the population genetic analyses.
306 The paper was primarily written by JB and JP with significant editing input from AA and AT. All authors
307 approved the final text. ChatGPT was used as an editor to suggest revisions for textual clarity.

308

309 **Declaration of Interests:** The authors declare no competing interests.

310

311 **Figure/table legends:**

312 **FIGURE 1 Population genetic structure of *A. syriaca*:** A: Our sampling scheme covers most of the
313 North American range of *A. syriaca*. Circles represent sites sampled for the Broad Range data sets, while
314 squares represent sites sampled for the Core Range data sets. Sites are colored according to the rough
315 geographic zones to which we assigned them for the purposes of calculating F_{st} . We assigned the Core
316 Range site in Illinois to the southeastern population instead of the southwestern population, since
317 otherwise we would have only one locality representing a population in that data set. The gray region is
318 an approximation of the range of *A. syriaca* based on specimen records in Global Biodiversity
319 Information Facility⁷⁵. B: STRUCTURE found no evidence of population structure among our milkweed
320 specimens. The thin vertical bars represent individual milkweeds, and the four geographic zones are
321 separated by thin white bars. Each bar is colored according to the cluster(s) to which it belongs. We
322 present the results for the simplest analysis, in which STRUCTURE assumes $K=2$ clusters, and the
323 analysis chosen by the Evanno method as optimal, $K=11$ ⁶⁸. These results show strong genetic
324 homogeneity across milkweed's range. These data are from the Broad Range GBS data set; our other data
325 sets produced similar results and are shown in the Supporting Information for all K -values from 2-20. C:
326 PCA demonstrates weak geographic signal among some subsets of SNPs. Shown here are the first
327 two principal components axes of allele frequencies, with each point representing an individual
328 milkweed from the Broad Range GBS data set. Points are colored according to origin using the same
329 color scheme as in Fig. 1A. These two PC axes capture about 4% of the total variation. The inset
330 shows the eigenvalues for each principal component; these decline quite slowly, indicating that

331 each individual PC axis explains relatively little of the variation in genotype. PC plots for additional
332 axes, and for other data sets, show similarly weak levels of geographic signal, and are given in the
333 Supporting Information. See also Figure S1.

334

335 **FIGURE 2 Population demographic modeling of *A. syriaca* and *D. plexippus*:** Support for each of our
336 hypothesized demographic events in our three milkweed and one monarch data sets. The Random
337 Forest consensus on whether each event is present in the population history of that species is
338 given, along with the estimated posterior probability of each in parentheses. The post-2013
339 Monarch dataset was added post-hoc at the suggestion of a reviewer. See also Table S3.

340

341

342 **Table 1 Population genetics of *A. syriaca* and *D. plexippus*:**

343 ¹27 loci had more than 2 alleles and were excluded from the ABC-RF analysis; a further 24 invariant
344 SNPs were excluded from this analysis as well. ²1272 loci had more than 2 alleles and were excluded
345 from the ABC-RF analysis; a further 125 invariant SNP were excluded from this analysis as well. ³566
346 loci had more than 2 alleles and were excluded from the ABC-RF analysis; a further 579 invariant SNP
347 were excluded from this analysis as well. 1: AMOVA, $p < 1 \times 10^{-4}$. 2: AMOVA, $p = 0.47$. n: Sample size.
348 H_o : Observed heterozygosity. H_e : Expected heterozygosity. F_{IS} : Proportion of genetic variation in the
349 population found in an individual. F_{ST} : Proportion of total genetic variance partitioned among
350 populations.

351

352 **Table 2 Population structure of *A. syriaca*:**

353

354 GBS: Data from Genotyping By Sequencing approach. WGR: Data from Whole Genome
355 Resequencing approach.

356

357

358 **STAR Methods**

359

360 Lead contact

361 Requests for additional information or resources should be directed to Joshua Puzey (jrpuzey@wm.edu).

362 Materials availability

363 This study did not generate new unique reagents.

364

365 Data and code availability:

366 All original code has been deposited at Dryad and is publicly available as of the date of publication.

367 <https://doi.org/10.5061/dryad.k98sf7mc4>

368 Raw sequencing data (GBS) used for population genetic analysis of *Asclepias syriaca* are available on
369 SRA (PRJNA975199).

370 Raw sequencing data (WGR) used for population genetic analysis of *Asclepias syriaca* are available on
371 SRA (PRJNA975923).

372 The genome assembly and annotation of *A. syriaca* presented in this paper is available on GenBank
373 (PRJNA787127).

374

375 EXPERIMENTAL MODEL AND STUDY PARTICIPANT DETAILS

376 The GBS milkweed samples used in this study were collected from wild grown plant at locations depicted
377 in Figure 1. Plants for WGS were grown in the W&M greenhouse under ambient conditions prior
378 to collecting a leaf for DNA extraction and sequencing.

379

380 METHOD DETAILS

381 To investigate correlated demographic histories of monarchs and milkweeds, we used five
382 different data sets (Figure 1). In brief, the five data sets were:

383 (1) Core Range GBS: We used a GBS approach to sequence SNPs from 87 plants from 30 sites,
384 primarily collected in the eastern portion of this species' range, with 1-5 plants per site. This data
385 set includes 8 individuals collected from 4 sites in eastern Europe, where *A. syriaca* is an
386 invasive species. Sites are mapped in Figure S1. The GBS approach was adopted to maximize
387 the number of individuals genotyped at a subset of loci across the entire genome.

388 (2) Broad Range GBS: We used a Genotyping by Sequencing (GBS) approach to sequence
389 SNPs from 96 plants from 47 sites across the North American range of this species, with 1-5
390 plants per site. Sites are mapped in Figure S1.

391 (3) Broad Range WGR: We used a skimming Whole Genome Resequencing (WGR) approach at
392 low coverage to identify SNPs from plants collected from 48 sites across the North American
393 range of this species, with 1 plant per site. Sites are mapped in Figure S1. The WGR approach
394 was used to ensure that our results were not dependent on the specific SNP set produced by GBS.
395 We analyzed the two different GBS datasets separately as they were produced in different labs
396 and had different sequencing coverages.

397 For monarch butterflies, we used:

398 (4) the whole genome sequences published by Zhan *et al.* (2014), using 28 butterflies collected
399 in 2006-2007 across the North American migratory range of this species²⁷.

400 (5) A fifth *D. plexippus* dataset was added post-hoc at the suggestion of a reviewer. The reviewer
401 hypothesized that the reason why no recent bottleneck (see Figure 2) was detected in the
402 monarchs was because the Zhan et al. dataset consists of monarchs collected before nadir of the
403 monarch overwintering population in 2013-14. To address this idea, we conducted demographic
404 analyses on a dataset of *D. plexippus* genotypes from individuals collected post-2013²⁸. This
405 dataset consisted of WGS from 29 butterflies collected from the Western North American
406 monarch population (which were genetically indistinguishable from Eastern North American
407 monarchs)²⁸.

408 **Genome Assembly and Annotation**

409 *Genome sequencing and assembly of A. syriaca:*

410 Genomic DNA was prepared from one individual of *Asclepias syriaca* from Stroglach,
411 Austria (46.66N, 14.47E) and sequenced using PacBio CLR technology on six SMRT cells.
412 Illumina sequence was generated from genomic DNA on one lane of Hi-Seq 2 x 150 bp. Kmer
413 analysis was performed using this Illumina sequence, Jellyfish²⁹, and Genomescope³¹. Hi-C
414 libraries were prepared using the Proximo Hi-C kit for plants (Phase Genomics) and sequenced
415 on one lane of Illumina 2 x 150 bp. *A. syriaca* PacBio sequence was assembled using Falcon v
416 2017.11.02-16.04 and falcon-kit 1.3.0 and the configuration file (`fc_run.cfg`)³¹. The assembly
417 was corrected using the Illumina sequence and Pilon v1.23. Redundancy was removed using
418 Purge Haplotigs³². Hi-C was used to scaffold the contigs using 3D-DNA v 180419³³ and gaps
419 were filled with LR_gapcloser³⁴ and corrected PacBio reads.

420 *Genome annotation of A. syriaca:*

421 For repeat identification and masking, LTR_retriever³⁵ was used with outputs from
422 LTRharvest³⁶ and LTR_FINDER³⁷ to identify long terminal repeat retrotransposons (LTRs). The
423 LTR library was then used to hard mask the genome, and RepeatModeler version: open-1.0.11³⁸
424 was used to identify additional repetitive elements in the remaining unmasked segments of the
425 genome. Protein-coding sequences were excluded using blastx v2.7.1+^{36,39} results in conjunction
426 with the ProtExcluder.pl script from the ProtExcluder v1.2 package⁴⁰. The libraries from
427 RepeatModeler and LTR_retriever were then combined and used with RepeatMasker version:
428 open-4.0.7³⁸ to produce the final masked version of the genome.

429 Libraries with an insert size of 350 bp were prepared from leaf RNA and sequenced on
430 one lane of 2 x 100 bp Illumina Hi-Seq. RNA-seq reads were mapped to the genome with
431 HISAT2 v2.2.0⁴¹. Portcullis v 1.1.2⁴² and Mikado v 1.2.2⁴³ were used to process and filter the
432 resulting bam files. Augustus v 3.2.0⁴⁴ and Snap v 2006-07-28⁴⁵ were trained and implemented
433 through the Maker v 2.31.10 pipeline⁴⁶, with proteins from Swiss-Prot⁴⁷ and processed RNA-seq
434 added as evidence. Gene models were filtered with the following criteria: 1) at least one match
435 found in the Trembl database (4-17-19)⁴⁷ with an E-value less than 1e-20, 2) InterProScan
436 matches to repeats were removed, 3) genes with an AED score of 1 and no InterPro domain were
437 removed, and 4) single-exon genes with no InterPro domain were removed. Functional
438 annotation and classification were performed using BLASTx v2.7.1+³⁹ and InterProScan v5.36-
439 75.0⁴⁸. Both genome and annotation completeness were assessed by BUSCO v3.1.0⁴⁹ using the
440 embryophyta lineage.

441

442 **SNP Calling**

443 *Genotyping by sequencing (GBS) of the A. syriaca Core Range data set.*

444 Common milkweed plants collected from different places around US and Europe were
445 germinated and cultivated in our greenhouse. Fresh collected tissue was flash frozen in liquid
446 nitrogen. The DNA was extracted from the leaf of individuals using a CTAB (cetyltrimethyl
447 ammonium bromide)-based extraction protocol (adapted from⁵⁰). The DNA was quantified
448 using a CFX384 C1000 Real-Time thermal cycler (BioRad, Hercules, CA) and normalized to
449 30–100 ng/ul using a GBFit Arise Pipetting System (Pacgen Inc., Irvine, CA). Quality checks
450 were performed by agarose gel observation of 300 ng of undigested and *Hind*III digested DNA

451 per sample. Genotyping was performed following the GBS protocol⁵¹, using *ApeKI* as the
452 restriction enzyme. The libraries were sequenced on a HiSeq 2500 system (Illumina Inc., USA)
453 with the single-end mode and read length of 101 bp.

454 *Genotyping by sequencing (GBS) of the A. syriaca Broad Range data set.*

455 DNA was extracted from flash-frozen leaf samples using the Qiagen DNeasy Plant extraction kit.
456 100ng of sample DNA was used for GBS library preparation using the *ApeKI* restriction
457 enzyme, as above. 95 samples and a water control (blank) were pooled per multiplex and
458 sequenced using 100bp single-end mode on the HiSeq 2500 at the University of Rochester
459 Medical Center.

460 *Whole Genome Resequencing (WGR) of the A. syriaca Broad Range data set.*

461 DNA was extracted from *A. syriaca* using Qiagen DNeasy kit, libraries prepared using Illumina
462 library DNA kit, and sequenced using Illumina HiSeq 2x150.

463 *SNP calling of the A. syriaca Core and Broad Range GBS data sets*

464 Genotyping By Sequencing reads were demultiplexed using Stacks 2.2^{52,53}. Reads from
465 each individual were then mapped against the *A. syriaca* genome using Bowtie2 2.3.2⁵⁴, using
466 end-to-end alignment and the “--very-sensitive” alignment settings. Reads with a mapping
467 quality lower than 5 were discarded using samtools 1.5⁵⁵. We then used Stacks in combination
468 with custom scripts to call SNPs and to filter low-quality individuals and loci from our data set.
469 The scripts will be deposited upon acceptance to Dryad. Briefly, several individuals in our data
470 set had been identified as possible *A. speciosa* or *A. syriaca* x *A. speciosa* hybrids. Since *A.*
471 *syriaca* and *A. speciosa* can be difficult to distinguish when they are not in flower, we did an
472 initial clustering of our data using the `find.clusters` function implemented in `adegenet` 2.1.1^{56,57}
473 in R 3.5.2 (R Core Team 2018). This identified several more putative *A. speciosa* individuals,
474 which were removed.

475 Since *A. syriaca* can reproduce asexually, we also screened our data set for clones; i.e.,
476 different ramets of the same genet. To do so, we considered all pairs of individuals, calculating
477 what percentage of their homozygous loci had identical SNP calls. Across all pairs of
478 individuals, this distribution was bimodal. The vast majority of pairs were normally distributed
479 around a sequence identity of 0.898, with a small number of comparisons clearly outside of this
480 distribution, clustered around 0.999. Accordingly, we considered all pairs of individuals with a
481 sequence identity greater than 0.96 to be clones. Where clones were found at the same site, we
482 randomly selected a single exemplar, discarding all its clones from the data set. A few pairs of
483 clones were found in different sites; in this case we discarded both members of the pair.

484 Combining the Broad Range and Core Range GBS Data Sets in subsequent analyses
485 produced strong batch effects between the two data sets (see below), likely because they were
486 sequenced on different machines, at different times, to different read depths. We therefore
487 performed the following analyses separately for the two data sets.

488 After discarding *A. speciosa*, clones, and individuals for which relatively few loci (i.e.,
489 less than 80% of the total number of loci) had been sequenced, we then randomly downsampled
490 the Core Range data set to include a maximum of 5 individuals per site, to homogenize sampling
491 effort across the sites. Finally, we used Stacks to filter SNPs across these individuals, including
492 SNPs with observed heterozygosity less than or equal to 0.6 and present in at least 80% of
493 individuals. Where multiple SNPs were found at the same GBS locus, we randomly excluded all

494 but one. To reduce linkage disequilibrium, we filtered SNPs so that each was at least 50 kb from
495 its nearest neighbor.

496 We also used this data set, after excluding invasive individuals collected from Europe
497 using vcftools 0.1.15⁵⁸, for demographic modelling. This data set was converted to DIYABC
498 format using vcf2diyabc.py⁵⁹.

499 *Identifying batch effects in GBS data sets*

500 We identified SNPs from the combined Cornell and W&M datasets using the same stacks
501 pipeline described above. This resulted in 872 SNP markers from 181 *A. syriaca* individuals.
502 These markers were then used in a STRUCTURE analysis identical to that described below, with
503 the exception that we only analyzed possible numbers of clusters between $K = 2$ and $K = 10$.
504 STRUCTURE results were processed and visualized using the same pipeline described below.

505 For many values of K , the differences between the STRUCTURE results for the Cornell
506 data set and the W&M data set were subtle: for instance, for $K = 2$, Cornell individuals had
507 approximately 25-35% ancestry from Cluster 1, while W&M individuals had around 35-45%
508 ancestry from the same cluster. We therefore also used a second clustering method implemented
509 in the adegenet 2.1.2 package (Jombart 2008, Jombart and Ahmed 2011) in R, which uses a K -
510 means approach to assign individuals to one of K clusters, with the appropriate K chosen based
511 on the Bayesian Information Criterion.

512 Runs with $K = 2$ and $K = 3$ produced the two lowest BICs, which were nearly equal. Both
513 runs produced similar results, with the cluster assignments almost exactly mirroring membership
514 in the Cornell or W&M datasets (Table S4). The difference between the two is that at $K = 3$,
515 some European individuals from the Cornell data set were split off from the remainder of the
516 Cornell individuals.

517 *SNP Calling of the A. syriaca Broad Range WGR data set*

518 We called SNPs using the Genome Analysis Toolkit (GATK) pipeline⁶⁰⁻⁶². Reads from
519 each individual were mapped against the *A. syriaca* genome using Bowtie2 2.3.2, with an
520 expected range of inter-mate-pair distances of 100-2000 and the "--very-sensitive-local"
521 alignment settings. Indices of the genome were first built using both bowtie2 and samtools, and
522 a sequence dictionary created using Picard 2.18.15 from the Genome Analysis Toolkit⁶⁰⁻⁶².

523 We further used Picard to fix mate pair information, mark and remove duplicate reads,
524 and replace read group names; we then used samtools to index the alignments for each
525 resequenced individual. We then called polymorphisms for each individual with the
526 HaplotypeCaller tool, then combined the outputs from each scaffold using GenomicsDBImport.
527 We then used GenotypeGVCFs to do joint genotyping on all individuals simultaneously. Indels
528 were removed with the SelectVariants tool, and the remaining SNPs were filtered using the
529 VariantFiltration tool, discarding SNPs for which any of the following were true: quality by
530 depth (QD) less than 2; phred-scaled p-value of Fisher's Exact Test for strand bias (FS) greater
531 than 60; root mean square of the mapping quality (MQ) less than 35; mapping quality rank sum
532 test (MQRankSum) less than -12.5; read position rank sum test (ReadPosRankSum) less than -8.
533 We also filtered out loci with greater than 5% missing data or a minimum read depth of less than
534 5, as well as removing individual genotypes with a minimum quality 5 or less. Finally, SNPs

535 were thinned to be 50 kb apart or more, so as to match the amount of thinning done for the GBS
536 data set.

537 *SNP Calling of the D. plexippus WGR data set*

538 We used the whole genome sequencing data of Zhan *et al.* (2014) to gather genomic data from
539 29 monarch butterflies collected in North America (which individual specimens we used are
540 given in Table S5; we chose migratory individuals from the continental United States and
541 Mexico, excluding non-migratory individuals from South Florida)²⁷. We called SNPs using the
542 pipeline described above, aligning reads from each individual to the *D. plexippus* genome of
543 Zhan *et al.* (2011), GenBank accession GCA_000235995.2⁶³. SNPs were filtered using the same
544 criteria as for the *A. syriaca* WGR data, except that SNPs were thinned to be one per contig of
545 the *D. plexippus* genome in order to produce a roughly similar number of SNPs to those found in
546 the *A. syriaca* data sets. Average read depth at genotyped SNPs was calculated for each of our
547 datasets and are as follows: Broad Range GBS: 300; Core-range GBS: 217; WGR: 17; *Danaus*
548 from Zhan *et al.* (2014)²⁷: 10; *Danaus* from Talla *et al.* (2020)²⁸: 12.

549 *Filtering of genotypes from the Talla *et al.* 2020 D. plexippus dataset*

550 We used the final set of SNP genotypes used by Talla *et al.* (2020)²⁸, available at
551 https://github.com/venta380/Monarch_genomics. From this data set, we chose the 29 Western
552 North American monarch individuals. SNPs were filtered using the same parameters as used for
553 the Zhan *et al.* (2014) monarch data set²⁷.

554 QUANTIFICATION AND STATISTICAL ANALYSIS

555 **Population Genetic Analysis**

556 *F_{ST} analysis and basic population genetic statistics*

557 Using all three *A. syriaca* data sets, and the two *D. plexippus* data sets, we estimated
558 several population genetic statistics in R, using the adegenet and hierfstat packages^{56,57,64}. We
559 assigned each individual to one of five broad geographic populations based on its location
560 (Figure 1A). Population assignments are shown in Figure 1A. We tested whether this
561 arrangement captured significant genetic structuring using an AMOVA test, using the pegas
562 method⁶⁵ as implemented in poppr 2.8.2⁶⁶ with 10,000 permutations.

563 Population genetic statistics for each of the populations are shown in Tables 1 and 2 of
564 the main text. The genetic differentiation of the subpopulations was low, but statistically
565 significant for the GBS data sets ($F_{ST} = 0.008$ for Broad Range; 0.052 for Core Range; AMOVA
566 $p < 1 \times 10^{-4}$ for both). For the Broad Range WGR data set, genetic differentiation was even lower,
567 and not significant ($F_{ST} = -0.002$, or effectively zero, AMOVA $p = 0.47$), possibly due to the
568 smaller number of individuals in each population. In the Core Range GBS data set, the greatest
569 pairwise F_{ST} was between the invasive European population and native populations; pairwise F_{ST}
570 was lower between the northeast and southeast populations by a factor of 10. In the Broad Range
571 GBS data set, the greatest pairwise F_{ST} was between the Northwest population and the two
572 eastern populations, although even this was relatively low, at 0.02. Within each dataset,
573 heterozygosity was relatively constant among populations, with the exception that both observed
574 and expected heterozygosity were lower in Europe than in the other populations in the Core

575 Range data set, showing reduced genetic diversity in the invasive range of *A. syriaca*. The *A.*
576 *syriaca* specimen chosen for genome sequencing was an invasive, European milkweed, on the
577 logic that the invasion process had likely led to more inbreeding than is usual in other *A. syriaca*
578 populations, and the reduced heterozygosity of this population suggests that this was indeed the
579 case. The reduced heterozygosity is beneficial for genome assembly.

580

581 *STRUCTURE* analysis

582 To examine clustering and admixture within the *A. syriaca* populations, we used
583 STRUCTURE 2.3.4⁶⁷. We analyzed all three data sets using an admixture model within
584 STRUCTURE and all possible values for the number of clusters (k) between 1 and 20; running
585 10 replicates for each k value. For each run we did 1 million iterations beginning after an initial
586 burn-in period of 100,000 iterations. We chose the best number of clusters using the Evanno
587 method⁶⁸ as implemented in Structure Harvester 0.6.94⁶⁹. We also used Structure Harvester to
588 convert STRUCTURE output files for use with CLUMPP 1.1.2⁷⁰. We used CLUMPP to assign
589 consistent cluster identities across our multiple replicates for each k value above 1, using the
590 LargeKGreedy algorithm with 1000 random input orders and the G' matrix similarity statistic.

591 *PCA* analysis

592 To complement our STRUCTURE analysis, we also performed a PCA analysis to
593 examine geographic distribution of genetic structure in a less parameterized way using the
594 ade4^{71,72} and adegenet^{56,57} packages in R. We first scaled each genotype using the scaleGen()
595 function, replacing missing data with the mean allele frequency for that SNP, and then performed
596 a Principle Components Analysis on these scaled allele frequencies.

597 Applying the Evanno method to our STRUCTURE results resulted in an optimal number
598 of $k = 5$ (Figure S2) for the Core Range Data Set. Examination of the STRUCTURE results
599 shows a very similar pattern for all values between $k = 2$ and $k = 5$: a single cluster dominates all
600 individuals from North America, and a second cluster is found in a number of invasive *A. syriaca*
601 collected from Europe (Figure S2). Other clusters, when present, account for very little of the
602 ancestry of any *A. syriaca* specimens. For the Broad Range data sets, the Evanno method
603 selected $k = 11$ for the GBS data set and $k = 2$ for the WGR data set (Figure S2). However, the
604 Evanno method is unable to consider $k = 1$ as the best cluster, since it uses changes in the
605 likelihood of the data between $k = x$ and $k = x-1$. Visualizing the cluster results showed patterns
606 in which each genetic cluster was found in every individual to a similar extent, which suggests
607 that there is minimal geographic structuring within the Broad Range data set (Figures S2).

608

609 **Demographic modelling**

610 We next used all five data sets (3 milkweed and 2 monarch) to estimate the recent demographic
611 history of the two species. To investigate the recent demographic history of monarchs and
612 common milkweed, we used an ABC-RF algorithm for model selection and parameter
613 estimation.

614 As our observed data, we used the five monarch and milkweed data sets described above.
615 Guided by the results of our STRUCTURE analysis, we treated *A. syriaca* as a single population.
616 We simulated data sets using DIYABC 2.1.0⁷³ to test the following hypotheses (visualized in
617 Figure 2):

- 618 1. Have *A. syriaca* populations experienced a bottleneck within past decades, potentially
619 due to the increased use of herbicide in crop fields as described by, e.g., Pleasants
620 (2017)²⁵?
- 621 2. Have *A. syriaca* populations expanded in the past centuries, potentially due to the
622 conversion of native forests and prairies to agriculture land, as suggest by, e.g., Brower
623 (1995)¹¹?
- 624 3. Have *A. syriaca* populations expanded in prior millennia, potentially due to the retreat of
625 the glaciers after the last glacial maximum²³?

626 Considering every possible combination of the three hypotheses produced 8 demographic
627 scenarios (visualized in Figure 2). We used DIYABC to simulate 80,000 data sets across all 8
628 demographic scenarios. For each scenario, population sizes were selected from uninformative
629 prior distributions, while event times were chosen from uniform distributions. We chose event
630 times to correspond to 1945-2015 for the recent bottleneck, 1751-1899 for the recent expansion,
631 and 5-12 thousand years ago for the ancient expansion. *A. syriaca* plants flower in their second
632 growing season⁷⁴, so we assumed a 2 year generation time for this species. *D. plexippus* has 4-5
633 generations per year, so we assumed a 0.2-0.25 year generation time for that species, which
634 produces the values shown in Table Db. We outputted all 4 summary statistics calculated by
635 DIYABC, which would be used for ABC-RF model selection, alongside the linear discriminant
636 axes that were the combinations of those summary statistics that best distinguished the
637 demographic models (one variable, “Proportion of zero values”, was invariant across our
638 simulations since only variable SNPs were used; this variable was not used in the following
639 analyses). We repeated this process 20 additional times, producing a total of 105 simulation sets,
640 21 for each of our three milkweed and two monarch data sets.

641 Following Pudlo *et al.* (2016)¹², and using the `abcrf` package in R, we performed a
642 number of validations of our ABC-RF approach: We first tested the compatibility of our models
643 with our observed data by projecting our observed data, along with the simulations, along the
644 linear discriminant (LD) axes that best distinguished the 8 models given the set of summary
645 statistics (Figure S2)^{12,15}. We then constructed a random forest of 1000 decision trees, each of
646 which provided a prediction of which demographic model produced a given set of summary
647 statistics. To test whether we had produced a sufficient number of simulations, we compared the
648 error rate of this random forest to that of a second random forest constructed using only 80% of
649 the 80,000 simulations. Finally, to test whether 1000 decision trees was a sufficient number, we
650 calculated the prior error rate using forests of different size, from 40-1000 (Table S1).

651 Preliminary analyses showed that using the default settings for constructing the random
652 forest produced substantial overfitting, so based on these analyses we reduced the maximum
653 depth of each tree in the forest to 8 (for random forests to determine the overall model) or 16 (for
654 random forests to determine the presence of a single demographic event) to minimize overfitting
655 (results not shown).

656 For each of our three milkweed and the two monarch data sets, we then produced 20 different
657 random forests using 20 different simulation sets. For each random forest, we then measured its
658 accuracy in predicting the training data set used to produce the random forest. We also measured

659 its accuracy in predicting the 21st data set, which was our testing data set, to ensure that training
660 and testing accuracy were similar (i.e., the model was not overfitting our data) (Table S2).

661 We then fed our observed data set into these 20 random forests in order to estimate the best
662 model and approximate its posterior probability. Because the posterior probability of any single
663 model was low, we followed the same procedure to produce separate random forests to
664 approximate posterior probabilities for each of the three hypotheses listed above, i.e., by
665 grouping together all models that had a recent bottleneck vs all models that did not, etc.

666 We then used the approach of Raynal *et al.* (2019), employing the ABC-RF approach to
667 estimate parameter values¹⁵. We first used DIYABC to simulate 10,000 data sets for the
668 single best demographic scenario. We then used this simulation set to estimate posterior
669 medians and quantiles of a number of demographic parameters using ABC-RF with a
670 maximum tree depth of 8.

671

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