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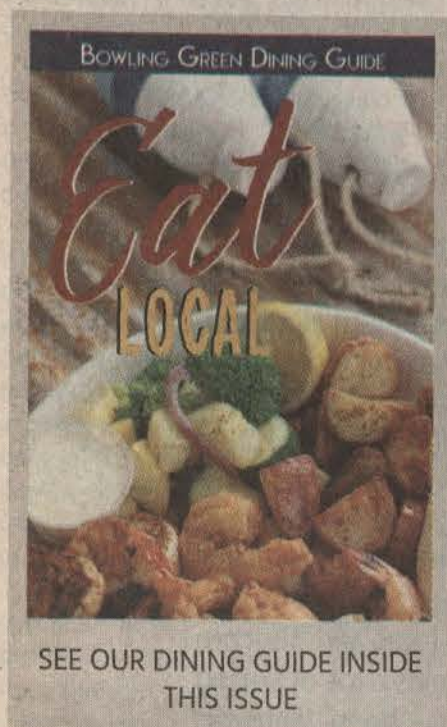


# College Heights Herald

TUESDAY, APRIL 10, 2018

WESTERN KENTUCKY UNIVERSITY

VOLUME 93, ISSUE 37



## Cuts leave Honors College without two employees

BY EMILY DELETTER

HERALD.NEWS@WKU.EDU

In a period of a few weeks, WKU's Mahurin Honors College announced that one of its two academic advisers had been fired and its executive director had accepted a fellowship position and will be gone for the upcoming academic year.

Academic adviser Sharon Leone was removed from her position earlier this March in WKU's first round of layoffs. Craig Cobane, the executive director of the Honors College, announced in an email March 22 that he will be temporarily stepping down for the 2018-19 school year to accept a fellowship with the American Councils for Education. An office associate in the Honors College was also removed, according to a list of eliminated positions.

Cobane was contacted for comment about the changes, but he did not respond in time for publication.

It was announced on Monday that Nancy Rice, a biology faculty member, will serve as the acting executive di-



Nancy Rice

Acting executive director

SEE HONORS COLLEGE • PAGE A3



CHRIS KOHLEY • HERALD

Junior Francis Wilson began visiting the Office of Sustainability's food pantry during his sophomore year. "We shouldn't be nervous about or not talking about the food we need," Wilson said. The goal of the food pantry is to aid students experiencing food insecurity, or "the state of being without reliable access to a sufficient quantity of affordable, nutritious food," Wilson said.

## FIGHT FOR FOOD

Food pantry provides for students

BY SPENCER HARSH

HERALD.NEWS@WKU.EDU

When he goes to the food pantry at the Office of Sustainability, Francis Wilson usually takes items like peanut butter, canned peas, rice and produce. Wilson said he visits the pantry a few times a month, but there was period of time during his sophomore year when he had to visit more regularly.

"Something like a food pantry can relieve stress in a student's life," Wilson, now a junior, said.

Wilson is just one of many people who visit the food pantry every month. According to the Office of Sustainability's annual report from 2017, their food pantry had over 300 distinct visits by students, faculty and staff at WKU.

Food pantries like the one at WKU are used to help students experiencing "food insecurity," which can be

caused by a lack of access to food or healthy foods. Food insecurity is becoming an increasing issue at universities throughout the United States, according to Journalist Resource, an

**"We shouldn't be nervous about or not talking about the food we need."**

WKU Junior  
FRANCIS WILSON

organization committed to examining news topics.

Christian Ryan, WKU's sustainability coordinator, said food insecurity is a complicated issue.

"Food insecurity can be very lonely," Ryan said. "A lot of times students share meals with each other, which is

part of the college experience."

Ryan said students who want to get some food just need to bring their WKU ID with them when they visit the office during open hours. She said customers are limited to around two grocery bags of foods and goods.

Junior Noelle LeGrand, a student ambassador at the Office of Sustainability, said food insecurity isn't just a "singular problem, it's a system."

"Food insecurity isn't just about the lack of food," LeGrand said. "Teaching students ways to grow their food is a way to beat the system."

LeGrand said WKU's food pantry is unique because it's coordinated with Project Grow, which allows for students to grow and harvest their own produce. She said that produce is also stored in the food pantry when it is available.

Wilson said he thinks the average student does struggle with the issues

SEE FOOD INSECURITY • PAGE A3

## Kentucky Street Apartments set rent to increase

BY MATT STAHL

HERALD.NEWS@WKU.EDU

Students living at the WKU Kentucky Street Apartments will see an increase in rent, starting next semester.

The apartments, which are already one of the most expensive options for students, will be increasing by \$34 a month for a one bedroom, \$47 a month for a married couple in a one bedroom and \$41 a month for a two bedroom,

starting in July, according to WKU's website and an email that was sent to students currently living in the apartments by the WKU apartment staff.

"It's really frustrating," senior Rachel McClain, who lives in the apartments said. "For people who have any sort of financial aid, through the school, or through FAFSA, this is a good resource, but I feel like they're kind of taking advantage of it because they know that it's easier to live there because of the funds being transferrable."

McClain has lived in the apartments since January 2017, and her rent also went up last summer. She said she stays in the apartments despite the rent increase due to it being the easiest option.

"My loan transfers there better ... than it would to any other apartment complexes," McClain said. "Since I can't really afford to work and pay rent and do school."

WKU's financial aid packages transfer to the university owned apartments

easier than they do for other off-campus housing options.

Senior Rebecca Zimberg said while her overall experience with living in the apartments has been overwhelmingly positive, she was not happy about the rent increase. She said while her friends in other apartment complexes had their rents drop after a certain amount of time, the rent at the Kentucky Street Apartments continued to

SEE APARTMENTS • PAGE A3

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# College Heights Herald

## What I've

## Learned

I came to the Herald as a freshman and haven't left. I found my way here because I lost a Student Government Association election my first semester, but joke's on them because everything worked out better than I could have imagined. Reflecting back on four years, it's difficult to nail down everything the Herald has given me. Focusing on professional skills there's the obvious: writing, reporting, editing, interviewing, communicating. But there's personal skills as well: kindness, caring, understanding, empathy. A lot of blood, sweat, tears and popcorn salt go into making the Herald; plus a lot of yelling and panic. But working here has been fantastic, coming into college I never imagined I would be part of something like the Herald. The experience I've gained here has prepared me for everything that lies ahead.

Editor-in-Chief  
**ANDREW HENDERSON**



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**WKUHERALD**





# Permit prices could increase due to budget cuts

BY MATT STAHL

HERALD.NEWS@WKU.EDU

A line in the budget council's recommendations that proposes changing revenue-producing units into revenue-dependent units may drive up the price of parking permits and parking tickets if the suggestion is applied to the Department of Parking and Transportation Services.

Jennifer Tougas, director of Parking and Transportation Services, said PTS was not guaranteed to become revenue dependent, but it was something that was being discussed.

"If we were to become classified as a revenue-dependent operation, one thing that would happen was that we would be able to keep our carry forward [funds], which would allow us to save for capital projects, and that would be a positive," Tougas said. "A potential detriment would be that any revenue dependent [department] would be required to pay a tax back to the university of 7 percent."

The budget council's recommendation also included implementing a 7 percent tax on all revenue from revenue-dependent units.

Tougas said if PTS had to make up revenue in the future, then a change in prices for parking tickets and parking permits may become a possibility.

Sophomore Austin Parrish said he did not want to see a parking price increase, even with the budget cuts in effect.

"I would not be happy about paying more for my parking," Parrish said. "Getting a parking spot right now, the prices are a little outrageous if you ask me."



NIC HUEY • HERALD

A vehicle pulls into the Pearce Ford Lot on April 9. Part of the budget council's recent recommendations could result in increasing the price of parking passes next semester.

Parrish said he felt increasing parking prices would put an unnecessary hardship on him because he already struggles to pay for school.

"Right now I'm relying on FAFSA money..." Parrish said. "I'll have to get two jobs next semester to pay out my rent for an apartment. It wouldn't be good."

Sophomore Riley Slaughter said an increase in the price of parking passes or in parking ticket costs would have a

serious negative effect on him, but he understands that budget cuts are a campus-wide issue.

"I feel like if they do bring parking passes and tickets up in price, they should guarantee spots as an incentive instead of just staying with the old method," Slaughter said. "That is a problem, I understand that, but to do that to students is hard for us to understand when we're already having trouble finding parking spots in the first place."

Tougas said PTS is also planning to reduce bus services, dropping several buses from the white and red lines and keep them on the reserve fleet. Changes in the bus routes mean those buses will no longer be needed, and keeping them on reserve will save money, she said.

News reporter Matt Stahl can be reached at 270-745-6011 and [matthew.stahl551@topper.wku.edu](mailto:matthew.stahl551@topper.wku.edu). Follow Matt on Twitter at @mattstahl97.

## APARTMENTS

CONTINUED FROM FRONT

climb.

"I actually asked them why they're increasing so much," Zimberg said. "They told me that it's to compete with other apartments."

Zimberg said that she was later told that the changes were also due to economic reasons.

"They said other people are raising their price too," Zimberg said. "I mean, now, what I'm paying here is \$200 more than what I would be paying at the Registry or the Columns."

Zimberg said while she likes living at the apartments due to the amenities, proximity to campus, safety and the fact that they offer one semester rentals, which is important to her since she will be graduating in December and

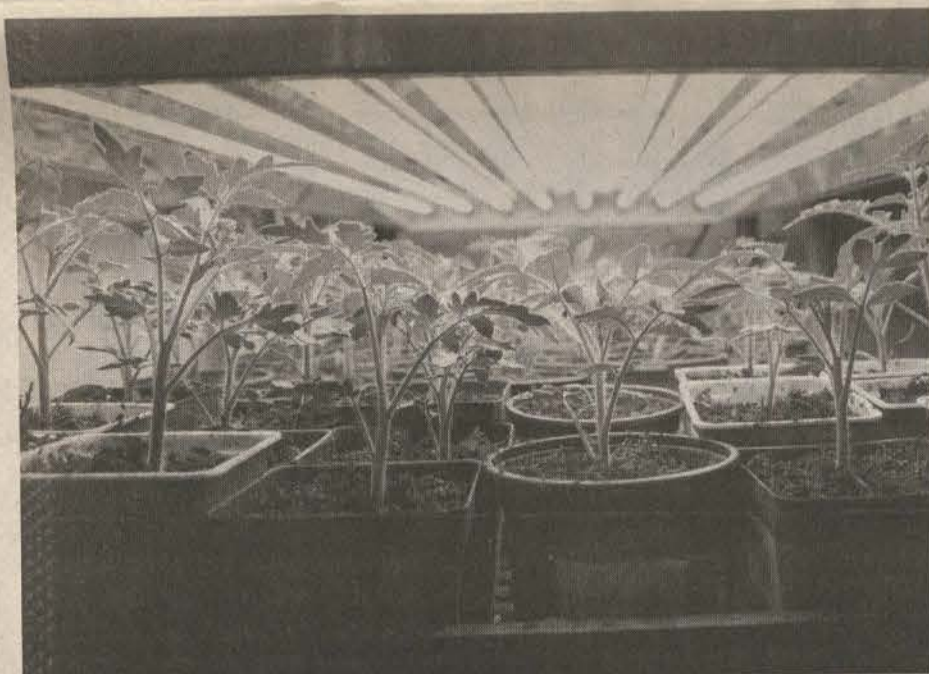
she doesn't want to pay a premium to leave the apartments early.

Zimberg also said while the financial aid aspect was not a concern for her, she could see where it might be a major problem for other students.

"I could understand where someone could feel trapped," Zimberg said. "I know that it has driven some people away from the apartments. That price increase is utterly ridiculous."

Heather Thomas, WKU's apartments coordinator, declined to comment for this story. Mike Reagle, director of housing and dining, did not respond to phone calls, email or an office visit in time for publication.

News reporter Matt Stahl can be reached at 270-745-6011 and [matthew.stahl551@topper.wku.edu](mailto:matthew.stahl551@topper.wku.edu). Follow Matt on Twitter at @mattstahl97.



CHRIS KOHLEY • HERALD

The Office Of Sustainability has offered a food pantry to any WKU students or faculty in need. The office offers refrigerated, non-perishable and produce foods. All goods are available free of charge.

## FOOD INSECURITY

CONTINUED FROM FRONT

of food insecurity.

"We shouldn't be nervous about or not talking about the food we need," Wilson said. "I had to break my misconceptions with food insecurity ... a lot of us are just ignorant to it, and it just isn't really talked about."

Junior Taylor Peters, a nutrition and dietetics major, said food insecurity also comes from the uncertainty of getting a meal.

"Food insecurity is when people don't know where their next meal is going to come from," Peters said.

Peters said she feels lucky that she hasn't personally experienced food insecurity, but she still takes opportunities to help those who do experience it through her work with Wholesome WKU, a support group for WKU's

Restaurant Group, and through some volunteering at the Office of Sustainability.

"Obviously it's a serious problem, and a lot of people face not being able to feed themselves or their families," Peters said. "We should work together as a country to change the issue."

LeGrande said Project Grow accepts any volunteers at their office from 2-4 p.m. every Friday at 503 Regents Ave.

Ryan said the Office of Sustainability does accept checks and cash donations. Checks for donations may be made out to the WKU Restaurant Group so that the Office of Sustainability can purchase meal tickets to give to students.

Reporter Spencer Harsh can be reached at 270-745-6011 and [spencer.harsh755@topper.wku.edu](mailto:spencer.harsh755@topper.wku.edu). Follow him on Twitter at @ActualSparsh.

## HONORS COLLEGE

CONTINUED FROM FRONT

rector of the Honors College.

Cobane said in an email to students in the Honors College he will be placed at another institution for the duration of his fellowship where a university president will mentor him.

"I look forward to returning to the Mahurin Honors College in 2019 with new ideas, increased leadership skills, and a plan to help propel the Mahurin Honors College and WKU into a renewed path of growth and success," Cobane said in the email. "Our goals in the College will not change, and we will remain focused on helping you attain your big dreams."

Leone announced the loss of her job in an email sent to the students she ad-

vised. In the email, Leone said she was sad to leave her job when "good work is being done," but she will still be on campus this semester finishing graduate work.

"I have immensely enjoyed my time here at WKU and especially the relationships I've made with you all," Leone said in the email. "I've had amazing conversations and can confidently say I've learned as much from you as you have from me."

The college is currently operating with one adviser, Siera Bramschreiber.

Erlanger sophomore Cassidy Townsend had Leone as an advisor. Townsend said she enjoyed working with Leone and viewed her as a valuable professional resource.

"She has had experience with English abroad, which is something I'm plan-

ning on doing," Townsend said.

Leone left her position on March 31, a week before students in the Honors College were scheduled to register during priority registration on April 6. Students in the Honors College are required to meet with an academic adviser in the Honors College before being granted priority registration.

To allow students in the Honors College to still be able to register during priority registration, the Honors College sent out an email to all students telling them they had automatically been granted priority registration regardless of whether they had met with their advisor.

Townsend said she believes the Honors College is doing the best it can under the circumstances.

"I think next year will be more indic-

ative of how well they're really going to handle the changes," Townsend said.

Bloomfield freshman Parker Carwile said he is confident in the Honors College's ability to handle these changes.

"I think the Honors College has handled it as well as they can so far," Carwile said.

Carwile said he was also one of Leone's advisees, and he found out about Leone's job loss through an email.

"I only met with her once," Carwile said. "But I felt as if she genuinely cared about my college experience and about me taking advantage of all the opportunities I had available for me."

News reporter Amelia Hicks can be reached at 270-745-6011 and [amelia.hicks852@topper.wku.edu](mailto:amelia.hicks852@topper.wku.edu).

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OPINION

EDITORIAL

FIGHT NIGHT

Tensions loom over upcoming SGA election

BY HERALD EDITORIAL BOARD  
HERALD.OPINION@WKU.EDU

**The Issue:** Tensions ran high on the night of Tuesday, March 27 in the Student Government Association senate chambers when Senator Dallas McKinney cited his belief in the Bible as to why he voted not to fund stoles for the Lavender Recognition Ceremony: an event that supports LGBTQ graduates. Several of the verses he referenced stated those who are "wicked" deserved death. This is just one of many issues SGA has experienced this academic year where the current president, Andi Dahmer, has already announced she plans on not seeking reelection.

**Our Stance:** The issue is not that McKinney shared his faith, but rather he used his personal beliefs to dehumanize an entire group of people who already experience discrimination on a regular basis. Given the toxic environment SGA finds itself in, a major election could either turn the tides toward peace, or further the current divide.

SGA has experienced far more inner conflict this year than it has in recent history. According to an article recently published in the College Heights Herald, the current members of SGA have experienced "longer debates," "more proposed constitutional amendments," "'controversial' resolutions" and an "emergency judicial council meeting" which had not finished before former Public Relations Committee Chair Will Hurst walked out. Not exactly signs of a well-oiled machine.

Of course every organization has to deal with conflict every now and then. However, according to Dahmer, debates have begun hitting people on a more personal level. In a recent interview with the Herald, Dahmer stated "People do a lot to not only attack other people's viewpoints, but issue personal attacks against individuals, and that was

never part of the culture in SGA previously."

This all comes at a very critical time as Dahmer has already announced she will not run for president again, creating a vacuum for a new leader to take her place. This individual would be given a chance to begin making peace between the different factions of the senate, or perhaps continue to fuel the fire of anger and distrust.

Conner Hounshell, who Dahmer has already publicly endorsed, and Kenan Mujkanovic, who finished as runner-up to Dahmer in the most recent presidential election, have already expressed interest in filling the vacuum created by Dahmer's absence.

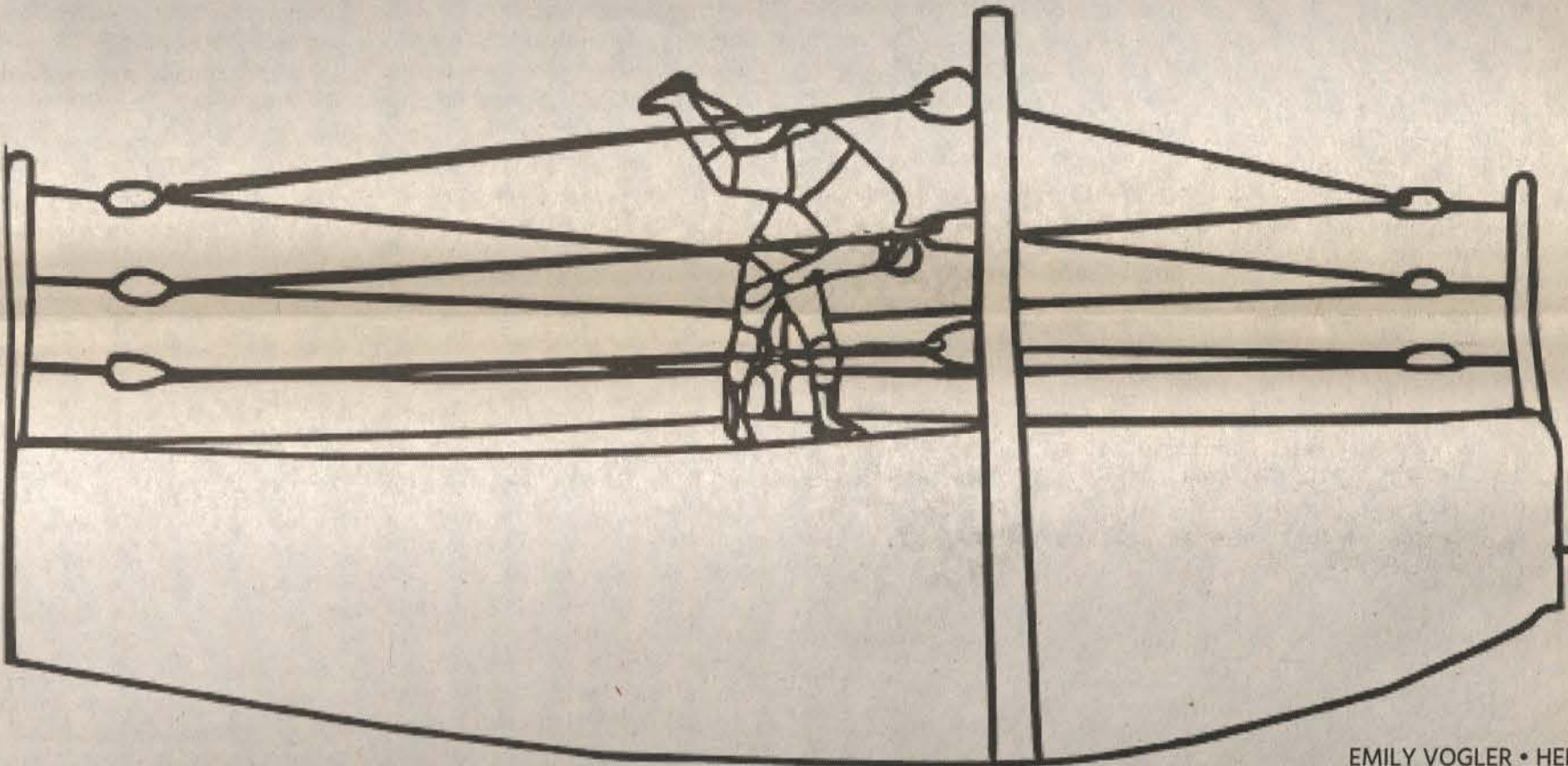
Whoever it is that ends up winning the next election, he or she needs to prioritize prohibiting attacks against minority groups, starting within SGA. This incident this

past month was not an issue of senator McKinney sharing his faith, but it was the fact that he used snippets from his personal beliefs, seemingly out of context, to dehumanize an entire group of people who already experience discrimination on a regular basis. Even if it's against someone who doesn't necessarily experience discrimination regularly, spouting off verses that intend to demonize that person is wrong and only serves the purpose of furthering the current divide in SGA.

If you're going to refer to an entire group of people as "wicked" and claim they deserve death and use that as your reasoning for not providing \$250 to allow students to be proud of who they are and the work they've done to get here, then don't sign up for a leadership position where you work to enhance opportunities for all students. Ask any student and they'll tell you they just want a safe environment where they can work hard to create a better future for themselves.

This upcoming SGA election could hold great influence over whether this environment will be available to students from all walks of life.

FIGHT NIGHT:  
SGA EDITION



EMILY VOGLER • HERALD

ADVENTURE

Rock Climbing: a quest toward a healthier lifestyle

BY SPENCER HARSH  
HERALD.OPINION@WKU.EDU

In July 2016, a couple of friends took me out to the Red River Ski Area in northern New Mexico for my first-ever day of outdoor climbing. Up until that day, I always had a fear of heights.

I watched my friends knock out a lead climb, which involves the climber "leading" the rope up the rock face and clipping it into pre-bolted anchor points along the way. They reached the top of this route, set up an anchor point at the top, and then before I knew I had thrown on borrowed climbing shoes, was tied onto the line and made my way up the wall.

I had never thought I would be on a climb. At one point as I was making my small ascent, I looked down at my friends, saw that they were now visibly smaller than my feet, and I began to panic. I thought "Why am I up here?"

Humans shouldn't be doing this at all."

I completely froze in place. My legs shook and my arms tensed.

"You okay up there?" my friends shouted up at me. "Wanna come down?"

"No," I yelled back.

After another brief pause, I looked straight up and moved a hand to the next good hold. Then I moved the appropriate foot, then another hand, another foot and so on and so on. Soon after, I found myself at the top of my first climb.

Before my belayer lowered me down, I sat back into my harness and looked around me. I could feel the cool breeze of oncoming New Mexico evening wash over me. The close horizon of pine trees and exposed rock of the mountains looked like something out of a dream.

That experience has always stuck with me. Ever since that moment that summer, I was hooked to the sport. I took any opportunity I could to go out and climb with friends.

When I came back to WKU for my sophomore year, I got word that an indoor climbing gym was set to open.

Once they did, I found myself going at any spare moment, constantly training and trying to better myself.

Climbing is very much an individual sport. At the core of it, you are really only competing against yourself. While there is definitely a climbing community and there are certainly ways to compete against other climbers, most long-time climbers aren't in the sport to be better than others. It's all about personal achievement and goal setting.

Climbing teaches you a lot about your body. I am continually learning my limits, both physically and mentally. You learn just how much you can contort yourself around a wall or how much trust you can place in your own hands as your feet dangle in the air. Or even how much trust you can place in your own feet as you hang upside down on a bouldering route.

It may sound sappy, but I believe that climbing has done a lot to improve my own health. Many online sources and experts say climbing for around an

hour with few breaks can burn upwards of 500 calories, which is of course depending on intensity and other factors.

Climbing also improved my overall diet. The more I climbed, the more I wanted to improve my eating habits. I started taking out junk or unnecessary foods from my diet. I kicked smoking to make sure I can always breathe clearly when I am on the rope. Even my overall posture improved because of the muscle development throughout my back.

The reason that I wanted to rant to you about climbing and the experience is because it's done a lot to improve several aspects of my life. To think that it was all because some friends randomly invited me to tag along one day during the summer makes it all the more special.

I encourage you to take up your friends' next invitation into their weird hobby, or try out that new experience you've always wanted to look into. If you're lucky and you play your cards right, you might just find that life-changing hobby.

CONTACT US

Advertising: 270.745.2653  
Editor: 270.745.5044  
Opinion: 270.745.4874  
Newsroom: 270.745.6011

herald.advertising@wku.edu  
herald.news@wku.edu  
herald.opinion@wku.edu

1906 College Heights Blvd  
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### Godfathers and Gangsters

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1. In *Goodfellas*, Henry and Tommy pull off a robbery at what airline?  
(a) Air France (b) United (c) Alitalia
2. What was the name of the social club in *Donnie Brasco*?  
(a) Palm Pavilion (b) King's Court (c) Rooster's Cove
3. Steve Buscemi plays what character in the film *Reservoir Dogs*?  
(a) Mr Orange (b) Mr White (c) Mr Pink
4. Who does Michael Corleone marry in the 1972 film *The Godfather*?  
(a) Sophia (b) Apollonia (c) Emiliana
5. What passage of the Bible does Jules 'preach' to his victims in *Pulp Fiction*?  
(a) Ezekiel 25:17 (b) Exodus 20:15 (c) Judges 15:19
6. In *The Departed*, Billy Costigan is killed by Italian mobsters from what city?  
(a) Boston (b) Worcester (c) Providence
7. Who plays attorney David Kleinfield in the movie *Carlito's Way*?  
(a) Sean Penn (b) Charlie Sheen (c) Robert de Niro
8. *American Gangster*, based on a true story, takes place during what war?  
(a) World War II (b) Vietnam (c) Korean
9. At what club does Tony Montana party in the film *Scarface*?  
(a) The Midnight Club (b) El Morocco (c) The Babylon
10. Sam Rothstein is based on a real life gangster in the film *Casino*. Who is he?  
(a) Frank Rosenthal (b) Joseph Bonanno (c) Bugs Siegel

#### Solution

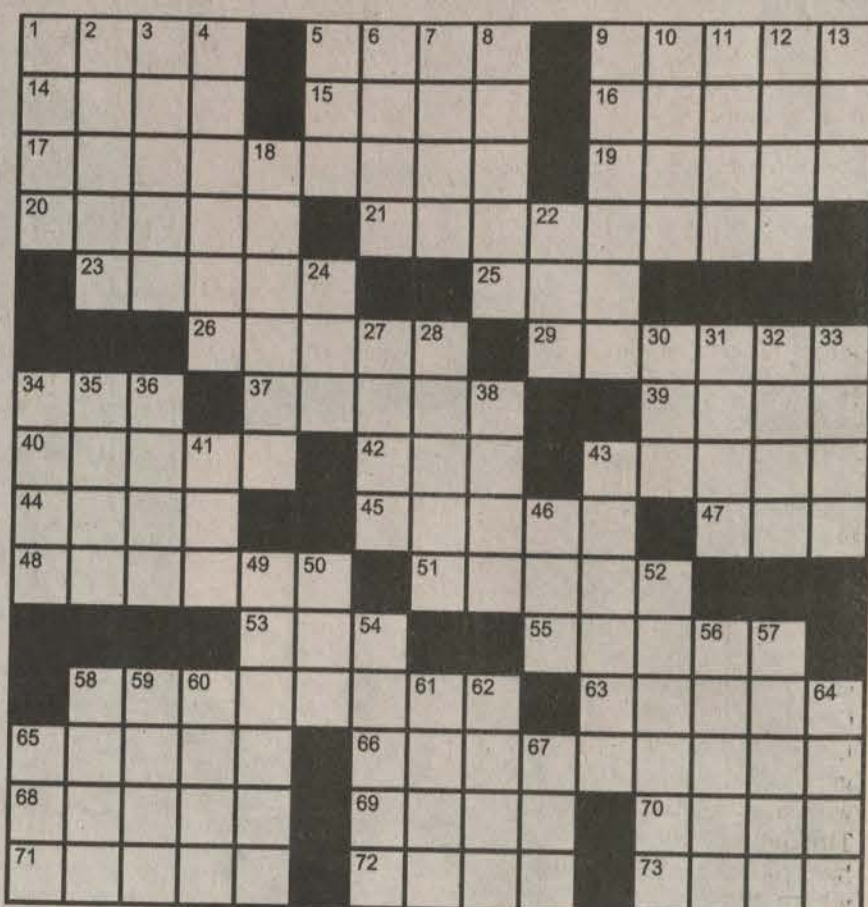
1. a 6. c
2. b 7. a
3. c 8. b
4. b 9. c
5. a 10. a

### PREVIOUS SOLUTION

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#### Across

- 1 Fringe benefit
- 5 Colorful fish
- 9 Military installations
- 14 Doing business
- 15 Low-lying area
- 16 Oranjestad's island
- 17 Work garments
- 19 Eagle's claw
- 20 Eyes
- 21 Aura
- 23 Serf
- 25 Go wrong
- 26 Winter warmer
- 29 Shouted
- 34 Give in to gravity
- 37 Improve
- 39 Calendar span
- 40 Transparent
- 42 Harem room
- 43 Tortellini topping
- 44 Food thickener
- 45 Time being
- 47 Recipe amt.
- 48 Kind of sauce
- 51 Consider
- 53 Twosome
- 55 Spills
- 58 Bouffe
- 63 Author Jong
- 65 Convex molding
- 66 Last Supper chalice
- 68 Iranian language
- 69 Fencing sword
- 70 Data
- 71 Admiral's command
- 72 Musical mark
- 73 "Go ahead, I dare you!"



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#### Down

- 1 Somewhat, in music
- 2 Geologic period
- 3 Musical show
- 4 Death tolls?
- 5 Reproductive cells
- 6 Oil source
- 7 Comrade in arms
- 8 "Steppenwolf" author
- 9 Lampoon
- 10 Mideast hot spot
- 11 Lollapalooza
- 12 Slender reed
- 13 \_\_\_ Quentin
- 18 Water cannon target
- 22 Encouraging word
- 24 Mr. Turkey
- 27 Writer Uris
- 28 Back, in a way
- 30 Soap ingredient
- 31 "\_\_\_ we forget..."
- 32 Diner sign
- 33 Discontinue
- 34 Ella Fitzgerald specialty
- 35 Pond organism
- 36 Equipment
- 38 Alborg native
- 41 Gallery display
- 43 Disney's "\_\_\_ Pete"
- 46 U.S.S.R. successor
- 49 Quick-witted
- 50 French way
- 52 Dreadful
- 54 Catchall category
- 56 Nero's instrument
- 57 Video store section
- 58 Racer's path
- 59 Sweat source
- 60 "What \_\_\_ is new?"
- 61 Hit the bottle
- 62 Stout relatives
- 64 "Thanks \_\_\_!"
- 65 Wide of the mark
- 67 "Is it soup \_\_\_?"

To solve the Sudoku puzzle, each row, column and box must contain the numbers 1 to 9.

		1	9			2	8		
			3	1	6				
2		7							
				3		5			
			2				6		
8			7						
			9			4			
		8		7				3	
5	3	2	6			7		9	

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To solve the Sudoku puzzle, each row, column and box must contain the numbers 1 to 9.

			5				7	1	
	4	3							
			4						
								4	
	9	7			1	3	6		
		6	2				1		
8		9			2		5		
3		1							
7	5		6						3

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## PHOTO



SILAS WALKER • HERALD

Zhock Mason, the head coach at BGKY Boxing, looks to a friend in between rounds of his fight versus Christian Fitzgerald during the Sigma Chi fraternity fight night event at the Sloan Convention Center on Saturday.

## THROWING PUNCHES

Sigma Chi fraternity hosts annual Fight Night

BY SILAS WALKER

HERALD.PHOTO@WKU.EDU

Mixed motives and dreams collided during the 12 boxing matches which took place over two nights at Sigma Chi fraternity's Fight Night. 24 boxers with ages ranging from 17 to 24 came

to compete in front of a crowd of 1,000 people.

The proceeds from this annual event are given to the Huntsman Cancer Institute, but the charitable aspects of the event are not widely known.

"There's a lot of people out there, they all get pretty drunk and yell," Brandon Powers said before his fight on Saturday.

With the large attendance of the

event, around 30 security guards were actively patrolling the facilities.

"We just want everyone to have a good time as well as be safe," said Charles Wethington, the head of Metro Public Safety which was contracted for the event's security.

WKU graduate Zhock Mason, the head coach at BGKY Boxing, participated in the event last year and said he hoped the event would be entertaining

as well as spark some interest in the sport of boxing.

"It'll be good to put on a show in front of people here in Bowling Green," Mason said. "It would be awesome to get more people interested and involved."

Other fighters were just looking for a fun activity to do.

"I'm not really fighting for the people, it just sounded like something fun to do," Powers said.



SILAS WALKER • HERALD

A boxer holds out his hand after a fight to thank his opponent during the Sigma Chi fraternity Fight Night event.



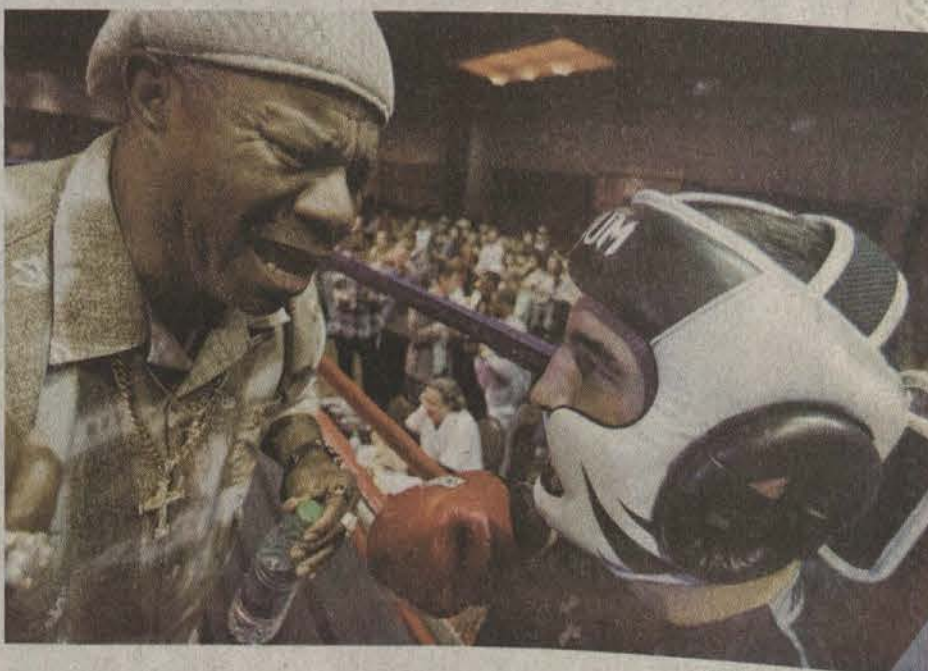
SILAS WALKER • HERALD

Colby Tucker (left) prepares to throw a punch at Leron Williams during the Sigma Chi Fight Night on Friday.



SILAS WALKER • HERALD

Ring girls dance in-between fights at the Sigma Chi Fraternity Fight Night event.



SHABAN ATHUMAN • HERALD

Anthony Wimpy, of Hopkinsville Boxing Club, talks to Murray State sophomore Colby Tucker before his bout against Leron Williams during Sigma Chi fraternity's annual fight night on Friday.



# SPORTS



WKU running back Quinton Baker (3) rushes the ball past L.A. Tech's Deldrick Canty (50) on Saturday, September 16, 2017 at LT. Smith Stadium.

CHRIS KOHLEY • HERALD

## Football team dissmisses Quinton Baker

BY JEREMY CHISENHALL  
HERALD.SPORTS@WKU.EDU



Rising junior running back Quinton Baker has been removed from the WKU football team for violating team rules, the program announced Saturday.

"Due to consistent violation of team rules, running back Quinton Baker is no longer a member of the WKU football program and was removed from the team's roster on Friday," the program said in a statement.

Baker was apart of an altercation at the Pi Kappa Alpha fraternity house at WKU last year, which resulted in a one-game suspension for him at the beginning of his sophomore season. Tyler Obee and rising redshirt sophomore Xavier Lane were also involved, and both were suspended one game. Drew O'Bryan, Cecil Stallings, Jahcour Pearson and Chris Johnson were also team members involved in the incident. Baker was charged with, and pleaded guilty to, second-degree wanton endangerment and fourth-degree assault under extreme emotional distress.

With Baker's dismissal, only two of the players involved in the altercation remain on the team. Four of them have left the program early, which includes Obee, O'Bryan, Stallings and Baker. Chris Johnson completed his senior season in 2017.

Baker was also arrested in April 2016 prior to his freshman season on charges that included operating a motor vehicle under the influence of alcohol or drugs and possession of marijuana.

Baker announced his intention to transfer from WKU Saturday before the program released its statement.

"Attending WKU was an honor and a privilege," Baker said on Twitter Saturday. "I learned a lot about myself as well as the game of football and life. I'm walking away a better athlete athlete and a better young man. Looking forward to opening my recruitment back up and for the next

SEE QUINTON BAKER • PAGE B2

## UP TO SPEED

### Hilltoppers making strides in run game

BY ALEC JESSIE  
HERALD.SPORTS@WKU.EDU



WKU's first season under head coach Mike Sanford was a turbulent one. The change in staff was made worse by a loss of star power from the Hilltoppers' roster, and that was made even worse by the fact that the Hilltoppers had the worst run game in the nation.

The Hilltoppers ranked dead last out of 130 teams in FBS in total rushing yards. They had only 791 for the season. WKU only averaged 60 rushing yards per game and 2 yards per carry. The Hilltoppers were also the only team in the country without a single run of 20 yards or more last year.

With no rushing attack to speak of,

**"We push each other every day to get better. It's not as much of a selfish thing. It's more like when someone makes a play, go congratulate them. If you're pushing someone else, we're all getting better."**

Running back  
MARQUEZ TRIGG

senior quarterback Mike White held the burden of having to do it all on the offensive end, resulting in predictable play calling.

"Coming off last season, it wasn't what we wanted," rising redshirt junior running back Marquez Trigg said. "We weren't satisfied with what went on. But we definitely worked on it throughout the offseason. We watched film, worked on alignments in practices and working with the

linemen to get our chemistry down."

Rising redshirt senior running back D'Andre Ferby said that Sanford has made the ground game much more of an emphasis in spring practice, and fixes are being made throughout the practices.

"Things we watched on film from last year that can easily be fixed, they are being fixed during the spring," Ferby said. "It's been a great improvement."

SEE SPRING FOOTBALL • PAGE B2

## Hilltoppers get series win with comeback victory

BY CASEY MCCARTHY  
HERALD.SPORTS@WKU.EDU

The WKU softball team clawed its way back to win on Sunday against Texas-El Paso to secure a second straight Conference USA series win.

On a cold weekend that saw the Hilltoppers and Miners trading runs and leads, WKU (23-14, 7-5 C-USA) pushed its way up what's currently a crowded conference standings.

"Anytime we can get a conference series win it's huge for us," head coach Amy Tudor said in a press release. "When our backs were against the wall today I thought we really stepped up and performed well both offensively and in the circle. The crowd played a huge role in this victory for us today. I've never heard this place get that loud and we certainly appreciate everyone coming out and being as vocal as

they were."

The Hilltoppers continue to lead C-USA in doubles, triples, RBIs and on-base percentage. WKU pushed its home run total to 28 on the year, with bombs from freshman Jordan Thomas and sophomore Paige Carter in the weekend series. Carter, whose homer on Sunday helped WKU retake the lead, is also second in C-USA in RBIs with 33 on the season.

Carter said she never doubted the team could come back to win Sunday's game.

"I had faith in our team putting up runs," Carter said. "We put up 14 runs yesterday, so I didn't really think it was an issue."

The Hilltoppers took the first game of the weekend 10-8 after only a combined two runs through the first three innings. With UTEP

SEE SOFTBALL • PAGE B2



WITTNEY HARDIN • HERALD

Sophomore pitcher Haylee Towers prepares to pitch during the Spring Fling tournament at the softball complex on March 2. Towers has played a wide variety of positions in her short time so far on the team. The Lady Toppers lost the game against Austin Peay 5-0.

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## SPRING FOOTBALL

CONTINUED FROM PAGE B1

Sanford has keyed in on the fundamentals of the run game in order to get the most out of his backs.

"The main thing for the running backs is our alignments and making sure we're getting our eyes and shoulders square," Ferby said. "Also part of it is physicality and winning one-on-one battles. We want to go out there and win the day."

"Hitting the hole has been emphasized," Trigg said. "Actually hitting the hole when you see it rather than hesitating."

One aspect of the running game that will play to the Hilltoppers advantage next year is numbers. With the position's physically demanding nature, it's important to have multiple impact players that can run the football. The Hilltoppers currently have seven running backs on the roster.

"It's always great to have bodies," Ferby said. "At the running back position, you're taking a hit almost every single play. So it's good to have two or three guys back there who are reliable."

Trigg says that rather than one guy dominating the touches in the backfield, most of the Hilltopper

running backs will be called on to carry the ball throughout 2018.

"I think everyone will pitch in when given the opportunity," Trigg said. "We push each other every day to get better. It's not as much of a selfish thing. It's more like when someone makes a play, go congratulate them. If you're pushing someone else, we're all getting better."

After an injury derailed him in the 2016 season, Ferby said he feels as healthy as ever and is ready to lead the running back group in his final season on the Hill.

"I feel like now I've gotten over that mental hump," Ferby said. "The injury I had was a serious one and mentally

it might defer you a little bit. But now getting that year under my belt, I'm ready to attack this."

The Hilltoppers' rushing attack will have to improve without the help of rising junior Quinton Baker. Baker, who was a member of the Conference USA All-Freshman team in 2016, was dismissed from the team for a repeated violation of team rules, the program announced Saturday night.

Reporter Alec Jessie can be reached at 270-745-6291 and [ajessie97@gmail.com](mailto:ajessie97@gmail.com). Follow him on Twitter at @Alec\_Jessie.

## SOFTBALL

CONTINUED FROM PAGE B1

taking 2-1 advantage in the top of the fourth in the bottom of the inning. The Hilltoppers added three more in the fifth inning.

Thomas had a career-high four RBIs in the game, including a two-run homer in the fifth, her third home run of the year. Sophomore Kelsey Aikey (9-4) picked up the win, tossing the opening 4.1 innings with three strikeouts and six runs allowed. Freshman Shelby Nunn picked up her third save of the season, the first WKU pitcher to do so since 2008, coming in for the final 2.2 innings.

After going scoreless through four innings in game two, the Hilltoppers managed to take a 4-0 lead into the sixth. UTEP responded with a huge six-run seventh inning to take the advantage late. The Hilltoppers were unable to respond in the bottom of the

**"I thought we really stepped up and performed well both offensively and in the circle. The crowd played a huge role in this victory for us today. I've never heard this place get that loud and we certainly appreciate everyone coming out and being as vocal as they were."**

Head Coach  
AMY TUDOR

inning, dropping the second game of the doubleheader Saturday, 6-4.

Starting her second game of the day, Aikey pitched a one-hit shutout through six innings before the Miners struck three runs. Nunn (13-9) picked up the loss, surrendering three runs in relief.

In Sunday's series rubber match, the Hilltoppers jumped out to an early

2-0 lead in the bottom of the first. The Miners responded with a pair of runs in the top of the third before adding four additional runs in the fourth to go up 6-2. WKU responded with five runs in the fifth inning, including a two-RBI single from junior Jordan Vorbrink and a three-run shot over center field by Carter to retake the lead 7-6.

WKU held onto the lead through the

final two innings behind a two-hit effort from Aikey in the final 3.1 innings. Aikey secured the win in the game, with Nunn getting the start, surrendering six runs on eight hits through 3.2 innings.

Next up for the Hilltoppers is a weekday doubleheader at home against Eastern Kentucky on Wednesday. WKU's next conference action will be Saturday in Birmingham, Alabama, against UAB. Going into the final month of the regular season, one thing Tudor said she'd like to see her team work on is maturity.

"We are still young," Tudor said. "Cutting down on mental mistakes I think is huge. And continuing to focus on hitting, obviously in the circle. We want to see how much life we have left at the end of the season."

Reporter Casey McCarthy can be reached at 270-745-6291 and [casey.mccarthy573@topper.wku.edu](mailto:casey.mccarthy573@topper.wku.edu)

## QUINTON BAKER

CONTINUED FROM PAGE B1

step in life."

Along with the tweet was an image of Baker's letter for release from John McCammon, the associate athletic director for compliance, and the WKU Athletic Compliance Department.

"In accordance with NCAA Bylaw 13.1.1.3, Western Kentucky University is granting all institutions, except those that may be listed below, permission to talk with Quinton Baker regarding his interest in transferring

and possibly participating in the sport of football," the letter said.

Per Baker's release from WKU, he is not allowed to be in contact with or transfer to any Conference USA school, or any of WKU's non-conference football opponents for the 2018 season. That includes Alabama-Birmingham, Florida Atlantic, Florida International, Louisiana Tech, Marshall, Middle Tennessee State, UNC Charlotte, University of Maine, Ball State, North Texas, Old Dominion, Rice, Southern Mississippi, Texas-El Paso, Texas-San Antonio, University of Wisconsin and University of

Louisville.

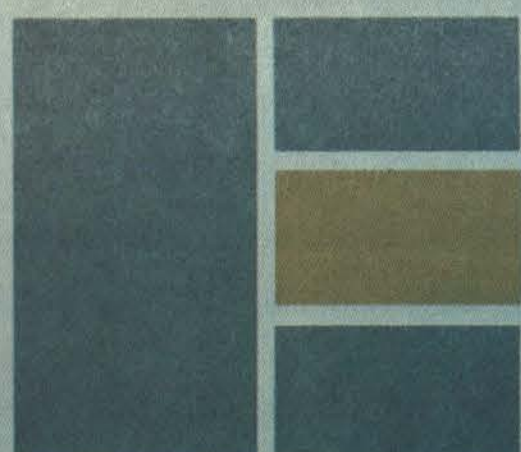
Baker ran for 233 yards and one touchdown as a sophomore in 2017. He averaged 3.6 yards per carry, which was the second highest average on the team behind rising sophomore Jakairi Moses, who averaged four yards per carry. After his suspension kept him out of the first game of the year against Eastern Kentucky, injuries caused Baker to only play seven games. He missed the last four games of the season, including the Cure Bowl against Georgia State.

In 2016, Baker was a member of the C-USA All-Freshman team after

running for 542 yards and four touchdowns.

Baker's exit leaves the Hilltoppers with seven running backs on the roster. WKU's run game will have to look to improve without Baker. WKU's rushing struggled a season ago, as it ranked dead last in rushing yards in Division I FBS.

Sports Editor Jeremy Chisenhall can be reached at 270-745-6291 and [jeremy.chisenhall921@topper.wku.edu](mailto:jeremy.chisenhall921@topper.wku.edu). Follow him on Twitter at @JSChisenhall.



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# Lady Toppers drop final C-USA match of season

BY JEREMY CHISENHALL  
HERALD.SPORTS@WKU.EDU



WKU tennis fell to number-41 ranked Florida International, dropping the match 4-1 in the Lady Toppers' final Conference USA match of the regular season.

The Lady Toppers were up against some of the top players in the nation in a neutral site match hosted by Lipscomb in Nashville. WKU's doubles tandem of freshman Moka Ito and sophomore Monica Malinen took on the number 21 doubles team in the country in FIU's Maryna Veksler and Ulyana Grib. Malinen and Ito fell to Veksler and Grib 6-4.

Ito also took on the number five player in the nation in singles play. She had FIU's Andrea Lazaro on the ropes, as she led 7-6, 4-1. She was just two games away from defeating Lazaro in straight sets before the final set went unfinished as FIU had already clinched the match win.

The Lady Toppers dropped two out of three doubles matches, as seniors Elpida Malamou and Violetta Shatalova also dropped their doubles match to FIU's Lazaro and Nerma Caluk. Sophomores Natalia De Ugarte and Cindy Oest were down 4-5 against FIU's Mina Markovic and Sandra Bozinovic, but the matchup went unfinished.

In singles matches, WKU recorded one victory. De Ugarte defeated Markovic 6-3 6-2. FIU won the other three singles matches that actually finished, as Grib defeated Malamou 6-0, 6-0, Bozinovic

defeated Shatalova 6-3, 7-6 (7-1) and Caluk defeated Oest 6-3, 7-5. In addition to Ito's unfinished result against Lazaro, Malinen's matchup against Veksler also went unfinished. Malinen trailed 4-6, 4-5

at the time.

The Lady Toppers' final match of the regular season is Saturday. WKU will hit the road again to take on the University of Memphis.

Sports Editor Jeremy Chisenhall can be reached at 270-745-6291 and [jeremy.chisenhall921@topper.wku.edu](mailto:jeremy.chisenhall921@topper.wku.edu). Follow him on Twitter at @JSChisenhall.



BROOK JOYNER • HERALD

Cindy Oest competes in a singles match during the last match of the season against East Tennessee State University on April 13, 2017 at the WKU tennis courts. The Lady Toppers faced off against Florida International University in Nashville on Sunday and came out with a 4-1 loss against the Panthers.

# Hilltoppers drop series to 13th-ranked Southern Miss

BY MATT STAHL  
HERALD.SPORTS@WKU.EDU



WKU baseball played an up and down weekend series at Southern Mississippi, dropping two of the three games against the 13th-ranked Golden Eagles.

The series did see several positive aspects for the Hilltoppers, who got their first win against a ranked team since April 2015, when they beat third-ranked University of Louisville. Jacob Rhinesmith hit his 10th home run of the season and stole his 10th base of the season during the series, becoming only the second player in NCAA Division I baseball to do both this season, the first being Bren Spillane from University of Illinois.

The first game of the series was a sloppy affair for WKU as the Hilltoppers had four errors, which the Golden Eagles took advantage of to score their first six runs of the game. Junior pitcher Evan Acosta got the start for the Hilltoppers and pitched three scoreless innings to start the game, before USM opened the scoring in the fourth.

Trailing 5-0 in the top of the sixth inning, WKU broke the scoring drought, as a single by sophomore first baseman Richard Constantine scored Rhinesmith and senior left fielder Colie Currie.

WKU was unable to do any more damage. The game, which already had its start

time delayed for lightning, was delayed even further in the eighth inning. The end of the game was then moved to Saturday, when Southern Miss. took the 8-2 victory.

After the delayed game ended, senior Ryan Thurston got the start for the Hilltoppers in the second game of the day. Thurston went six innings, only allowing one run and striking out seven batters to move into second place in program history in strikeouts.

Offensively, WKU had a great day, scoring seven runs in the first five innings and holding on to the lead to get the 7-1 victory, with senior Austin Tibbs going the final 2.2 innings on the mound to end the game.

"After playing that first game, we talked about how we didn't handle the ball very well and didn't play very well," WKU head coach John Pawlowski said in a press release. "But I thought we did a tremendous job today. I'm proud of the way we played, coming back after losing that first game."

Pawlowski also spoke highly of both his team's offensive play and the play of his pitchers in the second game.

"Ryan Thurston has continually gone out there and done what he's capable of doing," Pawlowski said. "Austin Tibbs did a tremendous job out of the bullpen. Offensively, we took some really good swings against some really good arms of Southern Miss."

In the third game of the series, things could not have gone worse for the Hilltop-

pers. Southern Miss. scored seven runs by the end of the third inning and WKU was only able to manage one run.

The game ended 14-1 after 6.5 innings, due to Conference USA's Sunday 10-run rule, dropping the Hilltoppers to 15-16 and 5-7 in C-USA.

"Disappointing loss," Pawlowski said in a radio interview after the game. "Long bus trip back, but, you know, a lot more

baseball to go."

The Hilltoppers will be on the road against Vanderbilt on Tuesday before coming home to play Marshall in a week-end series.

Reporter Matt Stahl can be reached at 270-745-6291 and [matthew.stahl551@topper.wku.edu](mailto:matthew.stahl551@topper.wku.edu). Follow him on Twitter at @mattstahl97.



SILAS WALKER • HERALD

Second baseman Steven Kraft (1) tries to catch a throw from catcher Colin Butkiewicz (9) during WKU's baseball game vs. UTSA on March 31 at Nick Denes Field. WKU defeated UTSA 9-5.

# Hilltoppers record 11 first-place finishes in home meet

BY TORY BOWLING  
HERALD.SPORTS@WKU.EDU

WKU track and field hosted the Hilltopper Relays this past weekend at the Charles M. Rueter Track and Field Complex, where the Hilltoppers took home 11 first-place finishes.

It was also senior day. The men's team celebrated Jonathan Hayden, Eli Minor, Desmond Mobley, Charles Shimukowa and Julius Morris. Every senior that competed took home a first-place finish except for Morris, who did not compete this weekend.

Minor ran a personal record of 10.32 seconds in the 100-meter dash. He took first place in the event. Minor spoke about what his senior day accomplishment meant to him.

"It's a great experience for me," Minor said. "Western gave me a chance coming out of junior college, so running here my last time I wanted to go out with a bang, and I won the 100-meter, so it was a good day."

Fellow senior Desmond Mobley also had a big day Friday, when he set a personal record of 7.84 meters in the long jump, which was also good enough for first place. Mobley later went on to set another personal record in the high jump at 2.11 meters, which also earned him a first-place finish.

The Hilltopper 4x100 relay team set a new season best with a time of 39.97 seconds, which earned first place. That

team was composed of Minor, juniors Oliver Alexandre, Austin Hayes and Kymari Gates. Hayes would go on to win the 200 dash with a personal best time of 21.20 seconds. Shimukowa ran a personal best time of 1:53.28 in the 800 dash, which earned him first place.

In the men's hurdling events, junior Maor Seged finished first in the 400 hurdles with a time of 52.80 seconds. Hayden ran a time of 14.09 in the 110 hurdles, giving WKU yet another first-place finish.

On the women's side, Morgan McIntyre marked a personal record of 4.17 meters in the pole vault, notching her first-place finish. She commented on the feeling of setting a personal record in her last meet on the Hill.

"I was so excited at the time, I didn't really know what was going on because it was such a huge PR," McIntyre said. "I hadn't had very good meets coming into this, so I was like, 'I need to come in here, do what I need to do,' this is my last meet at Western, so I was really excited."

The Lady Toppers celebrated four seniors: McIntyre, Khadijah Valentine, Savannah Ames and Ariel Terrell. Terrell set a personal record in the 400 hurdles at 59.84 seconds, which was also first place. Ames finished fourth in the 800 relay with a time of 2:16.53. Valentine placed 11th in the 100 dash with a time of 12.49 seconds. Junior Juannae Lewis wrapped up the first-place finishes for WKU as she set a personal record of 55.92 seconds in the 400 dash.

Head coach Erik Jenkins said he was very happy for his seniors Friday.

"We had quite a few things happen for

some great people," Jenkins said. "Whenever you can come out and perform in front of your family and friends as a senior, that's a very good day for you."

WKU's next meet will be this Friday and

Saturday in the APSU Invitational.

Reporter Tory Bowling can be reached at 270-745-6291 and [tory.bowling437@topper.wku.edu](mailto:tory.bowling437@topper.wku.edu). Follow him on Twitter at @Tory\_Bowling24.

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# SPORTS



SILAS WALKER • HERALD

An official fires the starting pistol at the Hilltopper Relays on Friday at the Ruter Track and Field Complex. The Hilltoppers tied or bested 20 personal records.



SILAS WALKER • HERALD

Freshman Nicole Ogorek attempts a pole vault at the Hilltopper Relays on Friday at the Ruter Track and Field Complex. Ogorek placed 8th.



SILAS WALKER • HERALD

Freshman Alec Tanksley lands after a long jump attempt. The Hilltopper Relay event took place on Friday. Tanksley placed 3rd in the men's long jump.



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# COMMUNITY SERVICE



MHARI SHAW • HERALD

Sam Fugate is the co-founder and president of Global Brigades, a nonprofit that focuses on sustainable development in Nicaragua, Honduras and Ghana. Fugate is head of the WKU branch, which is a medical chapter. The group brings in doctors, dentists and pharmacists to rural areas to provide them with access to healthcare. "We get to show the residents of these rural communities that they are not alone and that there are people who care about them even when the government doesn't," Fugate said.

## GIVING BACK

WKU junior works to bring medical assistance to Latin America

BY NOAH MOORE

HERALD.FEATURES@WKU.EDU



Junior Sam Fugate shaped his college experience by choosing to make cross-continental change through a medical organization, Global Brigades.

Global Brigades is a nonprofit health and sustainability organization that works to positively shape the lives of those in impoverished environments in Central America and East Africa, Fugate said. He said he was inspired to bring a chapter to campus in Spring 2016 because of its reliance on student volunteers.

Fugate is majoring in pre-med. He is also an admissions ambassador and volunteer through Best Buddies, a

volunteer organization for those with developmental and intellectual disabilities. Though he is involved with many organizations, he built Global Brigades from the ground up at WKU.

"Global Brigades provides the funding and assistance to support the doctors and bring these clinics to the rural communities of Nicaragua, Panama, Honduras and Ghana," Fugate said. "We recognized that both the students here on the Hill, and the individuals in these rural communities could benefit by just bringing this group to campus."

Since its beginning, Global Brigades has aimed to give its participants a way to give back through unique, intercultural experiences. The organization took members to Nicaragua from Aug. 1-9 in 2016 and to Panama from June 3-9 in 2017. This summer, they will be

**"We recognized that both the students here on the Hill, and the individuals in these rural communities could benefit by just bringing this group to campus."**

WKU junior  
SAM FUGATE

returning to Nicaragua from July 28 to Aug. 5.

The work done on the trips has included tasks like pouring concrete, working in medical clinics and dental offices, helping in pharmacies

and teaching the communities about health and wellbeing.

Junior Katie Wilmes, a Global Brigades member, knows firsthand what hands on service means. She traveled with the group to Panama in 2017, and she said she can barely describe the beauty of the place and the amazing work she did.

"We were mixing concrete to build sanitary bathrooms that had concrete floors with running water for a shower and a sink, and a chambered bathroom," Wilmes said. "The importance of helping build these was to limit the spread of disease. Interacting with everyone in the community was so memorable."

The trips also serve as a bonding

SEE FUGATE • PAGE C4

## Fraternity's philanthropy provides mentorship

BY SARAH YAACOB AND  
OLIVIA MOHR

HERALD.FEATURES@WKU.EDU

Big Brothers Big Sisters is the primary philanthropy of Sigma Phi Epsilon, a national fraternity which has WKU chapter.

The organization is a nonprofit dedicated to improving children's lives by pairing at-risk kids, nicknamed "littles," with older mentors, called "bigs," who typically spend time with them on a weekly basis discussing the children's interests and questions and participating in games and activities together.

Hunter Hatfield is a White House, Tennessee, freshman and Sigma Phi Epsilon member who began volunteering with Big Brothers Big Sisters about two months ago. He works with the school-based program, which functions as a partnership between the local Bowling Green elementary school where Hatfield's little attends.

The program allows bigs to eat lunch with their littles once a week during school hours. Hatfield's little is a fourth grader who doesn't have a father figure at home, which is why Hatfield said it's so important to have a program like Big Brothers Big Sisters available.



MICHAEL BLACKSHIRE • HERALD

(From Left to Right) Freshman Noah Moore (who is also a Herald reporter), Hunter Hatfield and Cameron Buckman, are members of the fraternity Sigma Phi Epsilon. In their spare time they work with students with big brother big sister. "Serving as a Big through Big Brother Big Sister allowed me to get a better perspective of not only myself but the community as well," Noah Moore said.

SEE FRATERNITY • PAGE C4



# Local activism group focuses on community service

BY LAUREL DEPPEN

HERALD.FEATURES@WKU.EDU



Something that is common among the staff and volunteers of Community Action of Southern Kentucky, or CASOKY, is a desire to help people.

The CASOKY website defines their mission as creating partnerships with the community to help improve the lives of residents of southern Kentucky by helping them reach stability and financial security.

Leslie Talley, CASOKY's chief operations officer, said there is always a place to volunteer.

"If you just want to help people, come be involved with us," she said.

The organization offers programs designed for helping people of all ages with different skills. Talley said that within the organization she's able to work with people from before they're born until the time they die.

With branches in 10 counties, CASOKY functions as a resource for people in need. Its programs include assistance through several programs focusing on providing different resources.

One of its services, known as the Garden Program, provides low income families with the materials they need to start their own vegetable garden. CASOKY also offers a Low-Income Home Energy Assistance Program, which focuses on helping low-income families heat their houses.

The organization also has programs

designed to cater to refugees, children and seniors.

CASOKY's Refugee Employment Program helps refugees entering the American workforce. Through the program, it connects refugees to local employers.

CASOKY is also involved with Head Start, a program that helps children from low-income families. According to the website, 10 percent of the funded enrollment is for children with documented disabilities.

According to the website, Head Start is federally funded through an annual grant from the Administration for Children and Families, a division of the Department of Health and Human Services.

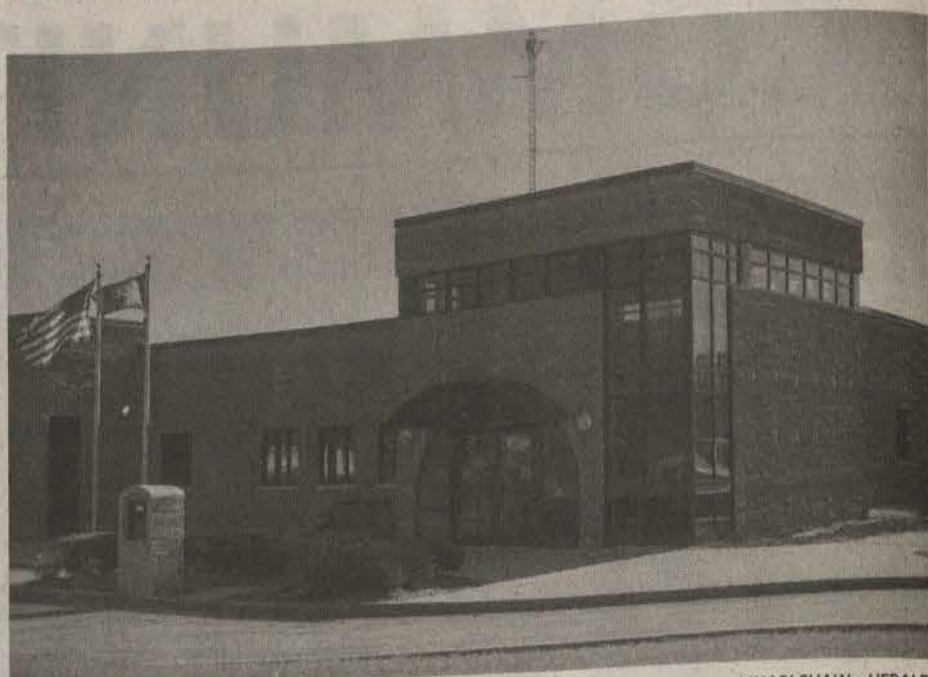
CASOKY also has multiple programs focused on providing food and other goods to families in need.

According to their website, CASOKY runs a senior center in every county they cover, and they strive to help the social and nutritional aspects of elderly members of the community.

Sandi Knight, the director of the Foster Grandparent Program, said CASOKY also helps people file taxes.

"People are always surprised at how much we do," Knight said.

The Foster Grandparent Program is designed to benefit both the children and grandparents involved. According to the CASOKY website, the program matches seniors with children who have been neglected, abused or have disabilities. The seniors spend 15 to 40 hours a week with their foster grandchildren and provide wisdom and positive interaction.



MHARI SHAW • HERALD

CASOKY, Community Action of Southern Kentucky, is a nonprofit based in 11 counties around southern Kentucky. The organization offers many different services in order to help people in southern Kentucky reach stability and economic security.

"There is such a bond and a connection with the kids that the foster grandparents hate to miss," Knight said.

Knight said that several of the kids don't get the kind of individual attention without what the grandparents give them.

"When the foster grandparent is able to give them that attention, they help them succeed," Knight said.

Knight recalled receiving annual letters from a parent of someone who was in the Foster Grandparent Program. She said that the letters involved the parent talking about how the program helped her son until he graduat-

ed from high school. Knight said that the parent said that she didn't believe that her son would have graduated if it hadn't been for his foster grandparent.

Knight said the story gave her goosebumps.

Talley urged anyone who was interested in serving the community to volunteer with CASOKY.

"The more we can do together to help people," she said. "That's what we should do."

Features reporter Laurel Deppen can be reached at 270-745-6291 and laur.deppen774@topper.wku.edu.

## American Red Cross to host blood drive at WKU

BY GRIFFIN FLETCHER

HERALD.FEATURES@WKU.EDU



The annual Greek Week Blood Drive, hosted by the American Red Cross, has been a staple at WKU for about 40 years. Open to all students, faculty and willing donors, the blood drive will take place from 10 a.m. to 6 p.m. April 23-25 at the Preston Center's blue courts.

Interested volunteers may schedule an appointment online at the American Red Cross website or at the Preston Center. Andrew Rash, coordinator of Student Activities for Greek Affairs, said everybody is welcome to donate blood at the drive.

"There's always a constant need for blood," Rash said. "We're very happy to have anybody and everybody help donate to this cause."

Rash said nearly 1,300 pints of usable blood were donated last year, which had the chance to save around 3,600 lives. Rash said he is proud of the blood drive's role in helping others.

"I'm proud that we're doing something that literally impacts, and for the blood drive's case, actually saves people's lives," Rash said.

Brett Crystal, donor recruitment representative at Nashville Area Red Cross, said this drive is the largest within the region, which spans across Kentucky, Tennessee and into Illinois and Missouri. Crystal said he believes

blood drives are a great way to directly impact people in need.

"The direct nature of it is something I'm very passionate about," Crystal said. "There is no replacement of blood, so it depends on volunteer donors."

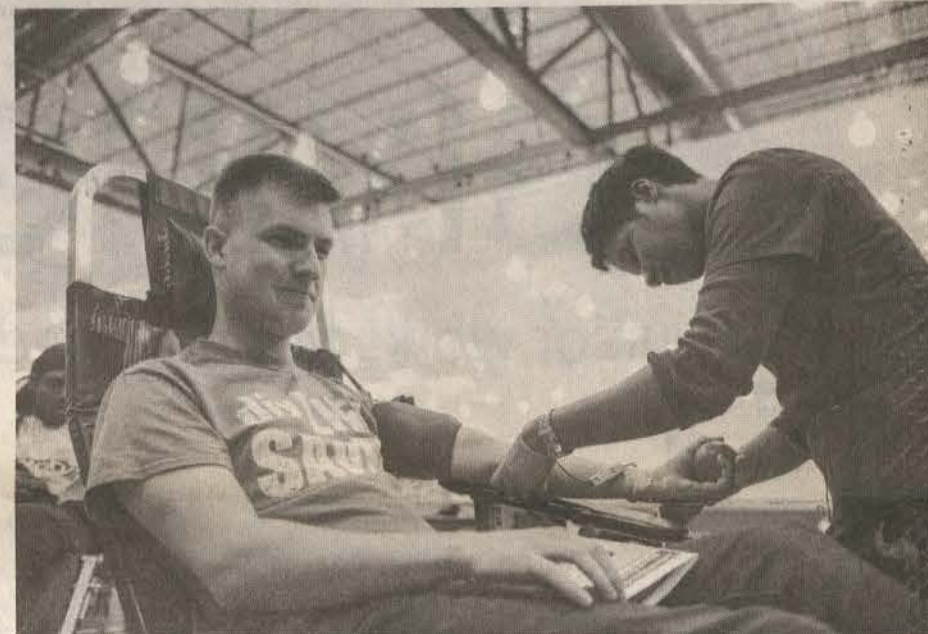
Crystal said all volunteer donors should be mindful of staying hydrated and well-fed in the days before donating. He encourages interested volunteers to check out the American Red Cross RapidPass feature, which allows volunteers to avoid long waiting lines by answering a variety of questions regarding their health and ability to donate prior to their donation appointment. The feature is accessible on the American Red Cross website or Blood Donor American Red Cross app.

Crystal said he believes everybody who donates has the potential to save lives and make an impact.

"The more you do it, the more impact you have," Crystal said. "With just a short investment of your time, you make a difference."

Greek Week Blood Drive chair Kaleb Hampton, 22, a senior from Glasgow and former Phi Delta Theta president, said in a text message that the blood drive is an opportunity for all of WKU and Bowling Green to serve others.

"The blood drive is an event where not only the greek community but the entirety of Western Kentucky University's students, faculty and staff, along with the Bowling Green community, has a chance to make a difference,"



NIC HUEY • HERALD

Jack Martin cringes as a nurse adjusts his needle during a blood drive last year. "I've given blood quite a few times now. It doesn't hurt as much as it used to," Martin said.

Hampton said in the text message.

Greek Week Blood Drive chair and Hopkinsville senior Sally Smith, 22, representing Chi Omega sorority, said she believes the blood drive is a great way for WKU and Bowling Green to work together, despite the competitive nature of Greek Week.

"It's just a time for everyone to come together," Smith said.

On March 26, Greek members affiliated with the Greek Week Tug event participated in a one-day blood drive at

Preston. Smith said 126 pints of blood were donated at the drive, capable of saving 298 lives.

Smith said she believes the success of the Tug drive is something the Greek Week drive can expand on.

"That was just a taste of what we're capable of doing for American Red Cross," Smith said.

Features reporter Griffin Fletcher can be reached at 270-745-2655 and griffin.fletcher398@topper.wku.edu.

## WKU to receive award for study abroad opportunities

BY GRIFFIN FLETCHER

HERALD.FEATURES@WKU.EDU

For its recent expansion in study abroad opportunities for diverse students, WKU will be named Diversity and Inclusion Champion in the 2018 Excellence in Diversity and Inclusion International Education Awards at an event scheduled to take place today in Miami.

Diversity Abroad, a leading network of academic and government institutions and for-profit and nonprofit organizations committed to broadening opportunities for underrepresented students will host the awards at its sixth annual Diversity Abroad Conference, according to Diversity Abroad's website.

Executive director of Mahurin Honors College, Craig Cobane, who served as WKU's chief international officer from 2012 to 2017, will represent WKU at the conference. Cobane said he believes the award validates the work WKU has put into increasing study abroad participation among diverse students.

"It's validation that we're doing the right thing," Cobane said. "It tells the university that we're on the right path."

In the five years Cobane served as chief international officer, WKU saw a 110 percent growth in minority stu-

dents who participated in study abroad programs, including a 190 percent growth in African-American students who studied abroad, Cobane said.

Cobane said this was made possible by increasing study abroad providers and programs at WKU, which led to cheaper and more accessible study abroad options for all students, and by creating various supplemental and alternate scholarships, such as the Alternate Gilman Grant and the Supplemental Gilman Grant.

Such grants are alterations of the Gilman Scholarship, a grant awarded to U.S. citizens of limited financial means who wish to study abroad, offered through the Benjamin A. Gilman International Scholarship Program, which is sponsored by the U.S. Department of State's Bureau of Educational and Cultural Affairs, according to the Benjamin A. Gilman International Scholarship Program website. WKU's alternate and supplemental Gilman Grants may be awarded to students who are not selected for a standard Gilman scholarship but still merit financial support for their study abroad experience, Cobane said.

According to WKU Coordinator of Nationally Competitive Opportunities at the WKU Office of Scholar Development (OSD), Cory Dodds, Gilman Scholarship recipients at WKU have grown exponentially in recent years.

This past year, nearly 20 WKU stu-

dents received a Gilman Scholarship, which Dodds said is the most of any public institution in Kentucky.

"From last year to this year, there is a tremendous amount of growth," Dodds said. "I think it's all about creating a culture on campus."

Dodds said he believes such growth was partly the result of a partnership between OSD and the Department of Student Financial Assistance, which Dodds said expedited the study abroad scholarship application process for all students.

A WKU graduate himself, Dodds studied abroad twice as a student. On account of his experience with studying abroad through programs offered at WKU, Dodds said he's excited to continue working with students who are also interested in studying abroad.

"Studying abroad is an incredibly transformative experience," Dodds said. "I'm excited that I get to help others have those experiences."

Bowling Green junior Deven Richardson, a political science and international affairs major at WKU, won a Gilman Scholarship last year, which enabled him to study abroad for six months in Osaka, Japan, where he studied Japanese and international political economy.

Richardson said WKU was instrumental in helping him study abroad, citing Dodds and Cobane specifically, who both wrote letters of recommen-

dation for Richardson during his study abroad scholarship application process, Richardson said.

"It was a dream come true," Richardson said. "I would not have been able to achieve that dream without coming here."

In order to help a greater diversity of students at WKU earn financial assistance to study abroad, Cobane created the Enhancing Diversity in Global Education (EDGE) Grant, a financial scholarship receivable by first-generation, non-traditional, LGBTQ and students in majors that don't typically generate study abroad activity, Cobane said.

Cobane said since its 2013 creation, EDGE has invested nearly \$200,000 in over 80 students.

In receiving the Diversity & Inclusion Champion Award, Cobane said the award is a celebration not of WKU, but of each student who has been gifted the opportunity to study abroad. For the future, Cobane said he hopes many other students may encounter similar study abroad opportunities.

"We want more and a greater diversity of students studying abroad at WKU," Cobane said. "Who can disagree with that?"

Reporter Griffin Fletcher can be reached at 270-745-2655 and griffin.fletcher398@topper.wku.edu.



# ArtWorks seeks to create community through art

BY NOAH MOORE  
HERALD.FEATURES@WKU.EDU

It's been said that the beauty of art is in the eye of the beholder, but for some, the beauty of art is actually within the beholders themselves.

At ArtWorks, Inc., artists are utilizing art to empower people through their work in the Bowling Green community. ArtWorks is a nonprofit visual arts coalition that empowers visual artists through exhibition, educational and professional opportunities, ArtWorks secretary Cheree Federico said.

"We are a nonprofit organization that covers a variety of different aspects, from photography to painting to pottery," Federico said. "We also offer several exhibits that our members can participate in, and some are even judged for awards."

Beyond arts classes and community outreach, ArtWorks also offers young artist grants for middle and high school students. Schools in 10 counties can apply for \$1,000 every year, which can be used if an art teacher wants students to create a display. The scholarships are used for many things, including one group who created an exhibit and set it up for a gallery hop with a mixture of poetry readings and art as well.

ArtWorks also conducts field trips throughout the year to exhibits to observe artwork. It also serves as a way for members to view other art and get the chance to listen to guest speakers. But the main duties of the organization are done by the board, Federico said.

"We all volunteer and are unpaid," she said.

Federico said all things are organized by the board. The money raised from paying for membership, which is \$20 for students and \$35 for single membership per year to \$60 per year for two people, goes back to the program.

Many take advantage of this unique opportunity to hone in on their craft



TYGER WILLIAMS • HERALD

Cheree Federico, 47, of Russelville Ky., is the secretary of the Artworks coalition where local artists in the community come together. The organization does several exhibitions throughout the year, host field trips and give grants to young artists in school. Federico is a fine arts photographer and has been for almost 15 years. She does a lot macro photography, pets and other commercial work.

and put their art in the public's eye. One of the many members includes Lorie Short, who has been a member of ArtWorks for five years as an acrylic paint artist. Acrylic paint is just one of the many mediums practiced in art by the members of the organization. Short says she has gained knowledge to step up her skills and push her idea of what she is capable of.

"I like that ArtWorks is truly a professional organization where there is community over competition within the group," Short said. "I can use other members of ArtWorks to gauge where I am with my art and can continue to grow where needed."

Short also noted that ArtWorks works

well within the community to get art into the public eye with exhibits and projects such as the Shake Rag Park art installation project. She said such opportunities are not offered by most other area guilds.

Members vary in experience and skill sets, but many also operate local businesses, like Federico. She runs a fine art photography and pet portrait company called Cheree Federico Photography. Member Kathleen Downs also runs her own pottery business on the side called Pots Place Co-op Studio and Gallery where she creates and displays her artwork.

Beyond reaching out to local artists, ArtWorks also embodies what it means

to be involved in the community through its cooperation with sponsors, such as Bowling Green Junior Woman's Club and Ellis Walker Gallery.

Though ArtWorks is made of a large group of artists, Federico says they are always looking for new members. To join ArtWorks, applications are on a rolling admission basis and are available online at [www.artworksinc.org](http://www.artworksinc.org), where patrons can also donate and view the artwork of the participants.

Features reporter Noah Moore can be reached at 270-745-6291 and [noah.moore786@topper.wku.edu](mailto:noah.moore786@topper.wku.edu). Follow him on Twitter at @noah\_moore18.

## Changing my attitude about community service

BY JULIE SISLER  
HERALD.FEATURES@WKU.EDU

Editor's note: This is a personal essay by Julie Sisler.

While in high school, we as students were barraged with reminders that community service looks good on college applications, opens doors for scholarships and sets you apart from other potential candidates. So much emphasis is placed on what you can tangibly get out of your service. Will it make you look better? Will it get you more money? Will it help you knock out competitors?

But what about what others get from your service?

Since middle school, my parents enforced the rule that Wednesday nights are to be spent volunteering at church. Maybe it was to make me a good Christian, maybe it was to look good to our fellow parishioners or maybe it was because they knew how good it would look on my college applications. Whatever it was, it was the rule that got me involved in volunteering.

Once I entered high school, I began working toward 50 hours of service

each year in order to receive the silver service cord at graduation. This meant Wednesday nights at church, Saturdays spent at retreats, weeknights baking and organizing events and many summer days working at camps.

The older I got, the more obligations to service hours I had. I needed hours for Advanced Placement Government, National Honor Society and various other clubs and activities I participated in. Double dipping on hours wasn't permitted, so it became a mad dash to find the quickest and easiest way to get as many hours as possible.

After each service experience, I was required to fill out a form detailing what I did, how it was beneficial and what I gained from it. Of course, I couldn't write "I gained the service hours needed to get this cord," or "I got my hours done for this grade." Instead, I said things about the importance of helping others and how it was an eye opening experience. These are all true answers, though they weren't coming from a genuine place.

The more I thought about it, I was giving back to get the cord, the grade or the recognition. When I was really honest with myself, I realized that I was giving back not for others, but for my

self.

Sure, that probably sounds terrible. But to be honest, it was. I was acting as the epitome of a hardened, selfish, success-driven individual. I only gave for the purpose of gain. Which, in reality, isn't really giving at all.

It wasn't that I didn't see the benefits of my actions on others. I knew the work I did was important and that community service is good for a wealth of reasons. It's just that I let those reasons take a backseat to the reasons I could benefit from the community service.

Upon this epiphany, I realized I needed a change.

I challenged myself to take on even more community service. Not for the recognition or extra credit, but for the opportunity to validate all the feigned answers I wrote about what I got out of my community service. I wanted to truly open my eyes, learn from others and make a positive impact on the lives of those less fortunate.

I picked up more hours at church, found new organizations and spent extra time working with the charities I was already affiliated with.

Not to fulfill a cliché, but it was a truly eye-opening experience. Once I stopped viewing community service as

a chore or task, it became something I began looking forward to each week.

I don't think that community service is something that must be completely selfless, all the time. Your experiences can give you great networking opportunities, teach you important skills that you can put on your resume, and of course, they are sometimes needed to fulfill a grade or activity requirement.

However, those are benefits that should simply be a bonus in the grander scheme of things.

After altering my mindset, my involvement in community service became more genuine and, in reality, I got more out of it by focusing on what I could give, not get.

The point of community service is to give back to others. Once you see, and I mean genuinely see, the benefits of giving back, your own benefits will fall into place.

Until then, follow the words of Confucius and remember: "He who wishes to secure the good of others, has already secured his own."

Features reporter Julie Sisler can be reached at 270-745-6291 and [julie.sisler389@topper.wku.edu](mailto:julie.sisler389@topper.wku.edu). Follow Julie on social media at @julie\_sisler.



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# Finding fulfillment in varied community service

BY SARAH YAACOUB  
HERALD.FEATURES@WKU.EDU

*Editor's note: This is a personal essay by Sarah Yaacoub.*

Last year, nearly 63 million Americans, or about a quarter of the nation, did community service, volunteering for local nonprofits and initiatives to better the world around them, according to the United States Census Bureau.

Some of them did it out of idealism, hoping to change the world, while others had a passion for what they were doing and a specialized skill set to offer. Many more, though, did it out of duty: service hours are often a requirement

for joining organizations, applying for awards and even graduating high school. Community service can also replace all or part of a jail sentence as punishment for less heinous offenses.

It makes sense that so many organizations require service of their members. Working without compensation teaches selflessness and work ethic and it can be a great introduction to a field of work. It allows even untrained people to gain real life experience in areas that interest them, and it's a morally fulfilling activity, even if performed by mandate of court or other higher council.

I've done both mandatory and voluntary community service, and both gave me the same sense of satisfaction and the same level of work experience. In

both situations, I donated my time to help however I was able, which is what really counts when it comes to volunteering. Many nonprofits just need an extra set of hands to contribute to the work that needs to be done, and motive is irrelevant.

My community service experience is wide and varied - I've volunteered as a summer camp counselor, as a tutor, as an office assistant and most recently, as a reporter. Most of the time, I truly enjoy the work I'm doing, which makes it easy to engage with each activity. Whether I'm doing it for hours or for personal enjoyment, I've found that picking a project you're passionate about makes the hours fly by faster and the work seem less like drudgery. It's generally not a good idea to volunt-

teer to do something you don't find interesting, purely to accumulate service hours, just as it's not a good idea to join a club simply because it looks good on a resume. Both would be acceptable reasons if combined with actual interest in the activity, but alone, they offer little motivation for commitment.

In short, community service is beneficial, whether assigned or voluntary. The important thing is finding something you love to do and using it to help others, and volunteer work is great for everyone, regardless of the ulterior motives held.

Features reporter Sarah Yaacoub can be reached at 270-745-6291 and sarah.yaacoub214@topper.wku.edu. Follow her on Twitter at @SarahYaacoub1.

## FUGATE CONTINUED FROM PAGE C1

experience for WKU students to meet people with similar interests who they didn't know attended the same university.

Wilmes said Fugate had a profound impact on her experience as a leader

in the organization with a great deal of duties on his plate.

"Sam is a responsible and professional person who successfully led more than 20 students to a foreign country and back with no injuries," Wilmes said. "He works hard to have everything organized and communicated with every member to make sure

every aspect is explained. He always remains calm with a smile on his face."

Through Global Brigades, Fugate and the members of the organization have been able to provide medical assistance to the global community. Wilmes said Global Brigades is not solely for future health professionals, but also for teachers and anyone who

wants to provide necessary health care to struggling communities through embodying service, much like Fugate does.

Features reporter Noah Moore can be reached at 270-745-6291 and noah.moore786@topper.wku.edu. Follow him on Twitter at @noah\_moore18.

## FRATERNITY CONTINUED FROM PAGE C1

"It gives them a role model to look up to, to talk about how to live their life," Hatfield said. "[Bigs] also give advice."

Sycamore, Illinois, sophomore Aidan Hickey is vice president of programming for Sigma Phi Epsilon. While Hickey does not currently have a little, he supports the organization in other ways. This year, he helped to organize Sweets Week, an annual philanthropic fundraiser with springtime activities like a pageant, a dunking booth and a bowling alley. The fraternity was able to raise \$2,700 through the event to be

donated directly to Big Brothers Big Sisters of South Central Kentucky. He also helps coordinate regular bowling nights throughout the year where littles can enjoy downtime with mentors in a safe environment.

"It's a great organization," Hickey said. "It gives opportunities for kids needing role models to interact with college kids."

Hickey described his experience with the nonprofit as "really humbling." He said that it provides a learning experience for both the kids and the mentors.

Hatfield agreed that mentoring for Big Brothers Big Sisters is important for everyone involved.

"It's given me a different outlook on children and how they're raised," Hatfield said.

Karen Hardin, the CEO of Big Brothers Big Sisters of South Central Kentucky, said she appreciates Sigma Phi Epsilon's Sweets Week, which she described as a week's worth of activities during which Big Brothers Big Sisters of South Central Kentucky benefitted.

"They were just amazing," Hardin said.

Hardin said mentorship is the key aspect of Sigma Phi Epsilon's involvement with Big Brothers Big Sisters. He said bigs help give littles confidence and act as role models for the littles.

"That creates this wonderful relationship," she said.


Hardin said the fraternity's involvement with Big Brothers Big Sisters impacts children's lives and that through the members enrolling as bigs, the littles benefit from their mentorship.

"It's incredible, the impact they can have on a child's life," Hardin said.

Features reporter Sarah Yaacoub can be reached at 270-745-6291 and sarah.yaacoub214@topper.wku.edu. Follow her on Twitter at @SarahYaacoub1.

Features editor Olivia Mohr can be reached at 270-745-6011 or olivia.mohr564@topper.wku.edu.


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