

## Accepted Manuscript

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Author: Pingping Bie Peng Liu Long Yu Xiaoxi Li Ling Chen Fengwei Xie



PII: S0144-8617(13)00687-5  
DOI: <http://dx.doi.org/doi:10.1016/j.carbpol.2013.07.004>  
Reference: CARP 7902

To appear in:

Received date: 14-4-2013  
Revised date: 1-7-2013  
Accepted date: 2-7-2013

Please cite this article as: Bie, P., Liu, P., Yu, L., Li, X., Chen, L., & Xie, F., The Properties of Antimicrobial Films Derived from Poly(lactic acid)/Starch/Chitosan Blended Matrix, *Carbohydrate Polymers* (2013), <http://dx.doi.org/10.1016/j.carbpol.2013.07.004>

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# The Properties of Antimicrobial Films Derived from Poly(lactic acid)/Starch/Chitosan Blended Matrix

Pingping Bie<sup>a,e</sup>, Peng Liu<sup>a,b</sup>, Long Yu<sup>a,c</sup>, Xiaoxi Li<sup>a</sup>, Ling Chen<sup>a\*</sup>, Fengwei Xie<sup>d</sup>

<sup>a</sup> ERCSPP, College of Light Industry and Food Sciences, South China University of Technology,

Guangzhou 510640, China

<sup>b</sup> School of Chemistry and Chemical Engineering, Guangzhou University, Guangzhou 510006,

China

<sup>c</sup> CSIRO Materials Science and Engineering, Melbourne, Vic 3168, Australia

<sup>d</sup> Australian Institute for Bioengineering and Nanotechnology, The University of Queensland,

Brisbane, Qld 4072, Australia

<sup>e</sup> Foshan Huahao Huafeng Amylum Co., Ltd., Foshan, 528000, China

**Abstract:** An antimicrobial material with a slow release property was developed based on poly(lactic acid)/starch/chitosan blends, in which chitosan acted as an antimicrobial agent while PLA and starch together were used as a slow-releasing device. An increase in the starch content drastically improved the hydrophilicity of the blends, which was favorable for the diffusion of the embedded chitosan. Moreover, the release of chitosan was observed to occur in two stages, with a very fast release stage initially and a slow but durable release stage as the latter. These two stages

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\*Corresponding author. Address: ERCSPP, College of Light Industry and Food Sciences, South China University of Technology, Guangzhou 510640, China, Fax: +86-20-87113848, Email: felchen@scut.edu.cn

21 exhibited the effectiveness and long residual action of antimicrobial property of the  
22 blends respectively, demonstrating the suitability to be used for foods with high water  
23 activity, such as fresh meat. The tensile and thermal properties further verified the  
24 promising use of the blend material in packaging.

25

26 **Keywords:** poly(lactic acid)/starch/chitosan blends; antimicrobial packaging; slow  
27 release property

28

## 29 **1. Introduction**

30 Over the last two decades, there has been a considerably growing interest in  
31 developing food packaging materials with an antimicrobial property. This kind of  
32 materials are considered as one of the most promising active packaging systems, as  
33 they are highly effective in killing or inhibiting spoilage and pathogenic  
34 microorganisms that contaminate food, and can limit the possible undesirable flavors  
35 that are caused by the direct addition of additives into foods (Appendini & Hotchkiss,  
36 2002; Balasubramanian, Rosenberg, Yam, & Chikindas, 2009). Consequently, they  
37 can be used to control the microbiological decay of perishable food products, to  
38 maintain the food quality, and to extend the shelf-life of foods. However, although  
39 some materials can exhibit an excellent antimicrobial property, their activity cannot  
40 last for a long time because their antimicrobial agents are always consumed easily by  
41 microorganisms, the environment, and even the food components. Therefore, the  
42 development in food antimicrobial packaging expects them to have both effectiveness

43 and long residual action (Suppakul, Miltz, Sonneveld, & Bigger, 2003; Kerry,  
44 O'Grady, & Hogan, 2006).

45 Many researchers have tried to develop slow-release (also known as time-release)  
46 devices for food antimicrobial packaging (Quintavalla & Vicini, 2002; Joerger, 2007).  
47 The idea of this design is using the packaging material as a reservoir matrix and a  
48 delivery vehicle for efficient migration of the agent(s) from the packaging matrix to  
49 the surface of the product at a specific slow rate over a prolonged period. In this case,  
50 the concentration(s) of the agent(s) can be maintained where they are needed, and the  
51 activity can also be extended.

52 Various food antimicrobial packaging systems with a slow-release property have  
53 been developed, with different polymer matrices used including protein (Oussallah,  
54 Caillet, Salmieri, Saucier, & Lacroix, 2004), chitosan (Pranoto, Rakshit, & Salokhe,  
55 2005), zein (Li, Yin, Yang, Tang, & Wei, 2012), poly(vinyl alcohol) (Leimann,  
56 Goncalves, Machado, & Bolzan, 2009), low-density polyethylene (LDPE) (Han,  
57 Castell-Perez, & Moreira, 2008), cellulose acetate (Gemili, Yemenicioglu, &  
58 Altinkaya, 2009), poly(lactic acid) (PLA) (Liu et al., 2007; Jin, Liu, Zhang, & Hicks,  
59 2009), etc. The release mechanisms include swelling induction, thickness induction,  
60 and the reservoir system (Mastromatteo, Mastromatteo, Conte, & Del Nobile, 2010).

61 Among the above polymer matrices, PLA has the most attractive prospect as it is  
62 derived from agricultural crops, and is biodegradable, renewable, and environmental-  
63 friendly (Yu, Dean, & Li, 2006). Moreover, their mechanical properties, such as  
64 tensile modulus and impact strength, are similar to those of LDPE and polypropylene.

65 There are lots of publications on PLA-based packaging and drug delivery systems,  
66 and the release mechanism of PLA matrix is mostly based on its degradation (Liu et  
67 al., 2007). Namely, with the gradual degradation of PLA molecules into water and  
68 CO<sub>2</sub>, the matrix become loose and the embedded drugs can then be released.  
69 However, the application of PLA matrix as the antimicrobial carrier for food  
70 packaging is rare. This is because, while most food components are hydrophilic, the  
71 hydrophobicity of PLA makes it unfavorable for the migration of hydrophilic  
72 antimicrobial agents, and thus a prominent antimicrobial activity cannot be expected  
73 (Rhim, Honh, & Ha, 2009). In order to improve the hydrophilicity of PLA matrix, the  
74 introduction of hydrophilic components might help to some extent. For instance, some  
75 studies showed that the incorporation of pectin as a hydrophilic component into the  
76 PLA matrix could contribute to the acceleration of the release rate of nisin (Liu et al.,  
77 2007; Jin et al., 2009).

78 Starch is a hydrophilic, biodegradable, renewable, and cheap material (Liu, Xie, Yu,  
79 Chen, & Li, 2009; Liu et al., 2011). It has been used as a controlled release matrix for  
80 a long time, especially in drug delivery systems (Chen, Pu, Li, & Yu, 2011; Li, Liu,  
81 Chen, & Yu, 2011). The release mechanism of it regards the sensitivity to water and  
82 the degradability. However, the application of starch matrix for food antimicrobial  
83 packaging remains unpopular because of the poor and instable mechanical properties,  
84 as well as the short active period with a fast release of agents.

85 In recent ten years, PLA/starch blends have attracted much interest because the  
86 blends are biodegradable and renewable, and can reduce the expensive price of PLA

87 (Yu, Petinakis, Dean, Liu, & Yuan, 2011). Former work have been mainly focused on  
88 the compatibility between PLA and starch, and it is found that, without compatibilizer,  
89 the hydrophilic starch would separate from the hydrophobic PLA, and exist as  
90 aggregations in the PLA matrix. In this case, the mechanical properties of blends were  
91 poor, and, in contact with water, starch could be released out easily (Wang, Sun, &  
92 Seib, 2001; Xie et al., 2007). In contrast, the addition of a compatibilizer into the  
93 blends, such as the methylenediphenyl diisocyanate (MDI) and the maleic anhydride  
94 (MA), could improve the miscibility between PLA and starch and thus the mechanical  
95 properties of the blends (Jang, Shin, Lee, & Narayan, 2007). Unfortunately, the  
96 toxicity of MDI and MA restricted the use of them in materials that were in close  
97 contact with food.

98 To the best of our knowledge, the application of the PLA/starch blend as an  
99 antimicrobial matrix has not been reported before. In fact, since starch is a hydrophilic  
100 polymer, just as pectin (Yu et al., 2011), the introduction of it into PLA can change the  
101 hydrophobicity of PLA, which is favorable for the release of hydrophilic agents.  
102 Therefore, it is interesting to understand the release property of antimicrobial films  
103 based on the PLA/starch blends.

104 Chitosan is a nontoxic, biodegradable, biocompatible, and antimicrobial material,  
105 and can be used both as a matrix or an additive for packaging (Dutta, Tripathi,  
106 Mehrotra, & Dutta, 2009). Some papers have already discussed the properties of  
107 PLA/chitosan blends and starch/chitosan blends respectively. Briefly speaking, the  
108 starch/chitosan blends displayed a good antimicrobial property, but poor mechanical

109 properties (Xu, Kim, Hanna, & Nag, 2005). Regarding PLA/chitosan blends, since  
110 chitosan could not migrate from the PLA matrix to the surface of food, the  
111 antimicrobial activity could only take place when the blend was in tight contact with  
112 the food (Sébastien, Stéphane, Copinet, & Coma, 2006). The properties of  
113 PLA/starch/chitosan blends have not been reported yet.

114 In this work, the PLA/starch/chitosan blends were fabricated as antimicrobial  
115 packaging materials. In the blended films, chitosan was as the antimicrobial agent,  
116 PLA was the continuous phase in the matrix, starch acted as the filler to improve the  
117 hydrophilicity of the blends, and glycerol was used as the plasticizer to prepare  
118 thermoplastic starch (TPS). Firstly, the hydrophilic behaviors, the microstructures,  
119 and the chitosan release behaviors of the blends were determined to predict the  
120 antimicrobial property of the blends. After that, the actual antimicrobial activity was  
121 evaluated. And based on these results, the effectiveness and long residual action of  
122 antimicrobial activity were discussed in detail regarding the application of the blends.  
123 At last, the mechanical and thermal properties were also determined.

## 124 **2. Material and methods**

### 125 *2.1. Materials*

126 The PLA resin (REVODE 101) was purchased from Zhejiang Hisun Biomaterials  
127 Co., Ltd. (Zhejiang, China). The number-average molecular weight was  $9.89 \times 10^4$  Da,  
128 the molecular weight distribution index was 1.52, and the crystalline degree was  
129 25.24%. Maize starch was purchased from Huanglong Food Industry Co., Ltd. (Jilin,  
130 China). Its moisture content was 13.4%, and the amylose/amylopectin ratio was

131 26/74. Water soluble chitosan was purchased from Jinan Haidebei Marine  
132 Bioengineering Co., Ltd. (Shandong, China). Its deacetylation degree was 85.13, its  
133 molecular weight was  $7.01 \times 10^4$  Da, and its molecular weight distribution index was  
134 8.525. Glycerol was chemically pure and was supplied by Tianjin Damao Chemical  
135 Reagent Factory (Tianjin, China).

136 Two microorganisms were chosen, i.e., *Escherichia coli* (ATCC 25922) and  
137 *Staphylococcus aureus* (ATCC 6538). They were both activated before experiments.

### 138 2.2. Preparation of PLA/starch/chitosan films

139 Following previous research work (Yu et al., 2011; Liu, Gu, Zeng, & Liu, 2012),  
140 the PLA/starch/chitosan blends were prepared by a Haake twin-screw extruder  
141 (Rheomex PTW 24/40p, Ø30, screw diameter  $D = 24$  mm, screw length  $L = 28D$ ).

142 Since PLA molecules were very sensitive to water, TPS plasticized by glycerol was  
143 prepared firstly. Maize starch was dried under vacuum at 120°C for 3 hours to remove  
144 the moisture. The dried maize starch was blended with glycerol immediately at a ratio  
145 of 70/30, and then extruded using the extruder with a rod die. The highest barrel  
146 temperature of the extruder was set at 170°C.

147 Then the pellets of TPS were mixed with the PLA resin and chitosan (powder in  
148 200 mesh) to prepare blended films by the extruder. The chitosan was introduced  
149 during the extrusion process in the melted blend. The highest temperature on extruder  
150 barrel was set to be 160 °C, in order to prevent the decomposition of chitosan. The  
151 thickness of films was about 0.15~0.18 mm. The components and abbreviations of  
152 samples were listed in Table 1.



153 *2.3. Determination of the hydrophilic property*

154 Dynamic contact angles (DCA), which were determined by a contact angle meter  
155 (OCA 40, Data physics Co. Ltd, German), were used to evaluate the hydrophilicity of  
156 PLA/starch blended films. The sample was placed on the platform of the facility; 3  $\mu$ L  
157 of water was dropped on its surface; and a camera was used to record the spreading of  
158 water. The DCAs were determined automatically by the OAC imaging analysis  
159 software under a frequency of 2 Hz. The evaluation time was 100 s.

160 *2.4. Microstructure characterization*

161 A scanning electron microscope (SEM) (S3400N, Hitachi, Japan) was used to  
162 examine the morphologies of the normal surface and the freeze-fracture section of the  
163 sample S-40/5. The freeze-fracture section was obtained by immersing the sample in  
164 liquid nitrogen for 3 min followed by manually fracturing it. In order to reflect the  
165 release of chitosan, the whole film was immersed in water for 24 hours under room  
166 temperature, and then was fractured similarly. All the samples were mounted and  
167 carbon-coated and a voltage of 15 kV was used for the SEM imaging.

168 *2.5. Determination of the release property*

169 The potential application of the PLA/starch/chitosan blends as antimicrobial films  
170 is for foods with high water activity, such as fresh meat. Consequently, an agar culture  
171 medium was used to simulate that application environment. Specifically, the agar  
172 culture medium was prepared in 1.5% solution.

173 An integrated and homogeneous blend was placed on the surface of agar culture  
174 medium tightly, and then stored in an environment of 90% relative humidity at room

175 temperature. After specific periods of time (0 hour, 2 hours, 12 hours, 24 hours, and  
176 72 hours), small pieces were cut off from the whole film to detect the total  
177 concentration of chitosan ( $C_T$ ) and the residual concentration of chitosan ( $C_R$ ).  
178 Specifically, since only chitosan contained nitrogen element in the film, the  
179 concentration of nitrogen element was measured by a Kjeldahl apparatus (8200, Foss,  
180 Sweden) to reflect the concentration of chitosan. The release ratio of chitosan was  
181 calculated as:

$$182 \text{ Release ratio} = (C_T - C_R) / C_T \times 100\%.$$

183 All results were the averages of triplicate parallel experiments.

#### 184 2.6. Evaluation of the antimicrobial property

185 The antimicrobial properties of blends were evaluated by the agar diffusion method  
186 and the accelerated-release method respectively.

187 For the agar diffusion method, the blends were cut into  $15.0 \pm 0.1$  mm diameter  
188 disks using a circular knife. Film disks were then placed on agar plates that had  
189 previously been seeded with 0.1 mL of a bacterial suspension containing  $10^6$  CFU/mL  
190 of the target microorganism. The control sample was placed in the center of agar  
191 media to contrast the antimicrobial properties of blends. The plates were incubated at  
192  $37^\circ\text{C}$  for 24 h. Afterwards, the zones of inhibition of the film disks on the plates were  
193 observed.

194 Regarding the accelerated-release method, the growth curves of microorganisms  
195 that were restrained by the blends after an accelerated release were used to evaluate  
196 the long residual action of antimicrobial property. Specifically, the bacterial

197 suspensions were formed by the activated microorganisms. The films were sterilized  
198 by an ultraviolet lamp for 30 min, and then immersed into bacteria-free water for 24  
199 hours. After that, the films and the bacterial suspensions (1 mL) were added into  
200 culture solutions (lysogeny broth) immediately. The solutions were placed in an  
201 environment of 37°C temperature and 90% relative humidity. The optical density  
202 (OD) values of solutions, which were measured by a spectrophotometer under the  
203 light of a wavelength of 620 nm, were recorded after 3, 6, 9, and 12 hours. The  
204 growth curves of microorganisms were stippled and linked up by these OD values.  
205 The growth curves of the controlled samples were based on bacterial culture solutions  
206 without any film sample.

207 As the possible release of starch and chitosan from the blends would disturb the  
208 results, the sample OD values ( $OD_s$ ) and the empty OD values ( $OD_e$ ) were  
209 determined. The former ones were the OD values of bacterial suspension with the  
210 antimicrobial films, and the latter ones were the values with the empty blends  
211 (PLA/starch blends). The final OD values ( $OD_f$ ) were the results by subtraction of  
212  $OD_e$  from  $OD_s$ .

### 213 *2.7. Evaluation of the tensile properties*

214 The tensile properties of blended films were evaluated in accordance with the  
215 ASTM D5938 Standard on an Instron tensile testing apparatus (5566). The tensile  
216 strength and the elongation were measured at a crosshead speed of 10 mm/min.

### 217 *2.8. Evaluation of the thermal property*

218 A Perkin-Elmer DSC Diamond-I with an internal coolant (Intercooler 1P) and

219 nitrogen purge gas was used to evaluate the thermal properties of blends. The  
220 instrument was calibrated for the temperature and heat flow using indium and zinc as  
221 the standards. A baseline for an empty pan was established at the corresponding  
222 heating rate. Samples were cut into tiny pieces of about 2 mg, and sealed in an  
223 aluminium pan (PE No. 0219-0041). The temperature program was set as: firstly,  
224 samples were heated from 0°C to 200°C under 20°C/min, hold for 1 min and then  
225 cooled to 0°C, in order to clear up their thermal history; after that, samples were  
226 heated to 200°C under 20°C/min again, to evaluate the thermal property. All results  
227 were the averages of triplicate parallel experiments.

### 228 **3. Results and discussions**

#### 229 *3.1. Hydrophilic behavior*

230 Since the PLA/starch blends were neither soluble nor swollen in water, their water  
231 contact angles influenced the soaking rate of water into the blends, which was the  
232 initial factor for the diffusion of components embedded in the blends. In other words,  
233 the more hydrophilic the blend is, the more easily do the embedded components  
234 diffuse out (Helmroth, Dekker, & Hankemeier, 2002).

235 The DCAs of PLA/starch blends were shown in Fig. 1. The lines were the fitting  
236 curves based on the scattered points to show the change trends more clearly. Firstly, it  
237 could be seen that, while the DCA of the sample S-0 (pure PLA film) was very stable  
238 and linear, the results of blended films (S-30, S-40, and S-50) dispersed distinctly. The  
239 reason for this is that the surface of the PLA film was much smoother than those of  
240 the blends (seen in Fig. 2a), and the rough surface could cause the variation in the

241 DCAs results.

242 The initial DCA of the PLA film (S-0) was about 80°, which was decreased slightly  
243 with the increasing time. This indicates that the water drop could be kept on the  
244 surface of film and its soaking rate was slow. The DCAs of the blends (S-30, S-40,  
245 and S-50) were much lower than those of the PLA film, meaning the improved  
246 hydrophilicity. And their DCAs declined much more sharply than that of the PLA  
247 film, suggesting the fast soaking rate of water. Moreover, the DCAs of blends dropped  
248 much more abruptly with an increase in the starch content (S-50>S-40>S-30), which  
249 means that the soaking rate of water became faster with a higher starch content.

250 The results of DCAs show that, with the introduction of starch, the hydrophilic  
251 property of blends was improved distinctly and water could immerse into the blends.  
252 Since the migration of the embedded chitosan is caused by the hydrophilicity and the  
253 immersion of water, theoretically, the release of chitosan and the antimicrobial ability  
254 of blends can be improved by the introduction of starch.

### 255 3.2. Microstructures

256 The morphologies of the surface and the freeze-fracture section of the sample S-  
257 40/5 before and after the release could be seen in Fig. 2.

258 In Fig. 2a, the surface of the blend was rough, which could be the reason for the  
259 fluctuation of the DCA in Fig. 1. In Fig. 2b, as expected, the inner structure of the  
260 blend was not integrated and homogeneous, and some aggregations could be  
261 observed, especially in the center of the blend. These aggregations were the blend of  
262 chitosan and starch, as both starch and chitosan were hydrophilic and thus be miscible

263 with each other. Fig. 2c shows the film freeze-fractured surface after immersion in  
264 water for 24 hours, so the holes represented the removed starch/chitosan aggregations  
265 from the surface. It could be seen that the holes mainly appeared in the center of the  
266 film, and fewer holes existed closer to the surface.

267 Fig. 2 shows that, without compatibilizer, starch and PLA were just blended  
268 physically. The hydrophobic PLA occupied the surface of blends and the hydrophilic  
269 starch/chitosan aggregations were mainly embedded in the centre of PLA matrix.  
270 Moreover, when the blend contacted water, the immersion of water made the  
271 aggregations of starch/chitosan near the surface leach out, leaving channels to the  
272 inner of the blend, so the embedded aggregations could be released gradually.  
273 Nonetheless, only limited channels could be formed as there were fewer aggregations  
274 near the surface. Therefore, it can be deduced that the release rate of chitosan should  
275 be slow.

### 276 *3.3. Release Behavior*

277 The percentage of release of chitosan from the blends could be seen in Fig. 3. For  
278 the sample S-0/5 (PLA matrix with chitosan), there were two release stages, namely  
279 an initial fast stage and a following stable stage. In the former one, the release was  
280 mainly ascribed to the chitosan that located on or near the film surface. In this case,  
281 when the chitosan contacted water, they could diffuse out immediately. Only within  
282 an hour, its release percentage reached about 15%. But in the later stable stage, the  
283 release percentage was kept at about 15%, suggesting that no further diffusion of  
284 chitosan. These results indicate that the hydrophobic PLA matrix blocked the

285 diffusion of chitosan that located in the inner of the material.

286 The release process of the samples S-30/5, S-40/5 and S-50/5 could also be divided  
287 into two stages, an initial fast stage and a following slow stage. The first stage was  
288 similar to that of S-0/5, involving the release of chitosan locating near the surface. In  
289 the second stage, the release percentage also increased with time, but at a slower rate.  
290 During the period from 12 hours to 72 hours, the release percentage only increased  
291 from 24.5% to 47.5% for the sample S-40/5. This means that chitosan could diffuse  
292 out gradually and slowly, which was in accordance with the deduction from Fig. 2.  
293 These release percentage results directly demonstrate the slow release of chitosan  
294 from the blends.

295 Moreover, since chitosan was used as the antimicrobial agent in the blends, its  
296 release behavior could be used to forecast the antimicrobial behavior of the blends.  
297 Namely, in the initial fast stage, the chitosan could diffuse out quickly with the  
298 effectiveness in the antimicrobial ability. In the slow stage, chitosan could diffuse out  
299 slowly but durably and thus its antimicrobial activity could be kept for a long period.  
300 Therefore, the antimicrobial property of the blends could be both effective and  
301 durable.

### 302 *3.4. Antimicrobial behavior*

303 Both the effectiveness and long residual action of antimicrobial property of the  
304 blends were evaluated as shown in Fig. 4 and Fig. 5.

305 The effectiveness of antimicrobial activity was evaluated using the agar diffusion  
306 method (Fig. 4). The *E. coli* and *S. aureus*, which are the common putrefying bacteria

307 for fresh meat, were used as the indicator bacteria. In Fig. 4, all the central film in the  
308 agar media was the control sample. Namely, in Fig. 4a and Fig. 4b, the central film  
309 was the pure PLA film (S-0), and, in Fig. 4c and Fig. 4d, it was the sample S-40. The  
310 behavior of these control samples could contrast the antimicrobial properties of  
311 blends. From Fig. 4a and Fig. 4b, no antimicrobial zones were seen for S-0/10,  
312 meaning that not enough chitosan diffused out to restrain the growth of bacteria. This  
313 ineffectiveness was the main drawback of the PLA/chitosan antimicrobial blends. In  
314 Fig. 4c and Fig. 4d, the antimicrobial zones surrounding the circular film strips were  
315 very clear compared with those of the controls, indicating the effectiveness of  
316 PLA/starch/chitosan blends.

317 The long residual action of antimicrobial property of the blends was evaluated by  
318 the accelerated-release method. From the growth curves of the control samples in Fig.  
319 5, the  $OD_f$  increased very fast, meaning that the microorganisms were active and the  
320 culture solutions were suitable. Besides, since the sterilized blends had already been  
321 immersed in bacteria-free water for 24 hours before it was used to restrain the growth  
322 of microorganisms, the initial fast-release stage for chitosan had already passed, so it  
323 was the chitosan that located in the center of the materials diffused out to show an  
324 antimicrobial behavior. It can be seen that the growth curves of S-40/5 and S-40/10  
325 located below that of the control while either of the microorganisms was used,  
326 suggesting that the theses samples still had the antimicrobial property. Consequently,  
327 these results proved that the diffusion of chitosan was slow but durable, and the  
328 antimicrobial ability of the blends could be maintained for a long period.



329 *3.5. Discussion*

330 From the above results, the slow-release property of chitosan offered the blends the  
331 effectiveness and the long residual action of antimicrobial property, which is  
332 advantageous in practical application. On the other hand, since water is the key issue  
333 for the diffusion of chitosan, the suitable application of such a blend material is  
334 protecting foods with high water activity, such as fresh meat.

335 When the PLA/starch/chitosan blend contacts fresh meat, the fast-release stage for  
336 chitosan takes place immediately. The chitosan at or near the surface of the material  
337 diffused out immediately to reach a certain concentration. Therefore, the most active  
338 putrefying bacteria, which accumulate on the surface of fresh meat, are restrained and  
339 the effectiveness of antimicrobial property can be achieved.

340 Besides the active bacteria, which directly cause the deterioration of meat, the  
341 inactive spores also exist in fresh meat, which influence the preservation of fresh meat  
342 as well. After the fast-release stage, the slow-release stage takes place, resulting in a  
343 continuous diffusion of the chitosan locating in the center of the material, for  
344 compensating the deactivated chitosan that is consumed by microorganisms, the  
345 environment, and the food components. Consequently, the chitosan concentration in  
346 the food can be maintained, the breeding of spores can be restrained, and the long  
347 residual action of antimicrobial property could thus be achieved.

348 In this paper, the water soluble chitosan played as the antimicrobial agent. It is  
349 worth to be mentioned here that, as the release and antimicrobial behaviors of  
350 chitosan are based on the hydrophilicity of PLA/starch matrix, addition of other

351 hydrophilic antimicrobial agents other than chitosan into the PLA/starch matrix is  
352 expected to achieve similar behaviors.

### 353 *3.6. Tensile properties*

354 The elongation at break, tensile strength, and tensile modulus of the  
355 PLA/starch/chitosan antimicrobial materials could be seen in Table2. As expected,  
356 without compatibilizer, the addition of starch and chitosan caused a decrease in the  
357 tensile strength and an increase in the elongation at break of the blends. Specifically,  
358 the tensile strength of antimicrobial films was about only half of that of pure PLA film  
359 (S-0). A former paper has shown that, with the addition of a compatibilizer, the tensile  
360 properties of PLA/starch blends could be remained as those of pure PLA (Huneault &  
361 Li, 2007). Nevertheless, the current work shows that the tensile properties of the  
362 blends were consumed partly, with the release of chitosan and the maintaining of the  
363 antimicrobial property.

364 As the aggregations of starch/chitosan could migrate from the blends to water, only  
365 porous PLA matrices were left after the release. Namely, the physical state of the  
366 blend films was turned into a porous state. The films became more and more brittle  
367 during the release, as the blends turned into pure PLA which is inherently brittle.  
368 While this paper is focused on the a model of slow-release devices, future research is  
369 necessary to investigate the mechanical properties of the blends as influenced by the  
370 release which are important for the actual application period of such materials.

371 Although the results here show that the tensile properties of the antimicrobial  
372 blends became less strong with the addition of starch and chitosan, the remaining PLA

373 was still in a continuous phase and thus its tensile properties could be expected to be  
374 better than some other materials based on protein or polysaccharides (Yu et al., 2006).

### 375 *3.7. Thermal property*

376 The DSC heat flow curves of the samples could be seen in Fig. 6. For all curves, a  
377 clear step change (peak G) could be observed in the range of 40°C to 60°C, signifying  
378 the glass transition. Besides, for the samples S-0 and S-0/5, an obvious exothermal  
379 peak (peak C) emerged in the range of 100°C to 120°C, which was the signal of  
380 annealing. But this peak did not appear for the samples S-30/5, S-40/5, and S-40/10.  
381 The reasons for this might be that, after the glass transition, the recrystallization  
382 occurred for the continuous PLA matrix due to the elimination of the stress between  
383 molecular chains, while the addition of starch and chitosan destroyed the continuous  
384 PLA matrix, which compressed the recrystallization process. Moreover, an apparent  
385 endothermic peak (peak M) emerged in the range of 140°C to 150°C, which  
386 represents the melting of PLA crystallinity. As expected, the M peaks of the samples  
387 S-0 and S-0/5 were much larger than those of the blends, which can be explained by  
388 the thermal event of annealing.

389 On the other hand, it should be noted that the glass transition temperature ( $T_g$ ) of  
390 antimicrobial blends was around 50°C. As the application of the blend material is for  
391 fresh meat as mentioned before, the thermal property shown here supports such  
392 application.

## 393 **4. Conclusions**

394 Food antimicrobial packaging materials require not only the effectiveness of

395 antimicrobial ability, but also the long-lasting performance of such ability. Based on  
396 this requirement, an antimicrobial material with a slow-release property was  
397 developed based on PLA/starch/chitosan blends.

398 Specifically, the DCA results showed that the addition of starch into the PLA  
399 matrix obviously improved the hydrophilicity of the blends, which was favorable for  
400 the diffusion of the embedded chitosan. The microstructure of the blends illustrated  
401 that the embedded aggregations of starch/chitosan could diffuse out from the surface.  
402 Moreover, the release procedure for chitosan could be divided into two stages, an  
403 initial fast stage and a following slow stage. In the first stage, the release rate of  
404 chitosan was very fast, while in the slow-release stage, chitosan was released slowly  
405 but durably. These two stages exhibited the effectiveness and long residual action of  
406 the antimicrobial property of blends respectively, and showed that the blend material  
407 was very suitable for foods with high water activity, such as fresh meat. At last, the  
408 tensile and thermal properties also supported the suitability of the PLA/starch/chitosan  
409 antimicrobial material for application.

#### 410 **Acknowledgement**

411 The authors acknowledge the financial support by the Natural Science  
412 Foundation of China (NSFC: 31071503, 21106023).

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Table 1 Abbreviation and components of samples

507

508

Samples	TPS (%)	PLA (%)	Chitosan (%)
S-0	0	100	0
S-30	30	70	0
S-40	40	60	0
S-50	50	50	0
S-0/5	0	95.0	5.0
S-0/10	0	90.0	10.0
S-30/5	28.5	66.5	5.0
S-40/5	38.0	57.0	5.0
S-50/5	47.5	47.5	5.0
S-40/10	36.0	54.0	10.0

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510

Table 2 Tensile properties of blends

	Elongation at break (%)	Tensile strength (MPa)	Tensile modulus (GPa)
S-0	2.5±1.0	34.1±3.8	3.3±0.3
S-0/5	1.8±0.7	19.3±7.0	2.6±0.7
S-30/5	4.5±1.4	14.5±1.9	1.4±0.1
S-40/5	7.3±1.7	13.3±0.6	1.2±0.1
S-40/10	9.9±1.4	14.6±3.9	1.0±0.1

511

512

512 Fig. 1 The dynamic contact angles of PLA/starch blend materials

513

514 Fig. 2 The morphologies of the surface and fracture of PLA/starch/chitosan  
515 antimicrobial materials (S-40/5) before and after releasing:(a) is the surface before  
516 releasing; (b) is the fracture before releasing; and (c) is the fracture after releasing.

517

518 Fig. 3 The chitosan releasing ratio in starch/PLA antimicrobial materials as a function  
519 of time (for S-30/5, the standard deviations are  $\leq 9\%$  of the experimental value; for S-  
520 40/5,  $\leq 10\%$ ; for S-50/5,  $\leq 8\%$ ; for S-0/5,  $\leq 20\%$ ).

521

522 Fig. 4 The antimicrobial ability of blends against microorganisms. (a) and (b) were the  
523 S-0/10 blend versus *E.coli* and *S.aureus*, respectively; (c) and (d) were the S-40/10  
524 blend versus *E.coli* and *S.aureus*, respectively.

525

526 Fig. 5 The growth curves of microorganisms (*E. coli*, left; and *S. aureus*, right) that  
527 were restrained by the blends during the accelerated release .

528

529 Fig. 6 The DSC heat flows of blended materials

530

530 **Highlights**

531 ● PLA and starch blended matrix can be acted as a slow-releasing device.

532 ● The release of chitosan occurred in initial fast stage and slow durable stage.

533 ● The antimicrobial property of blends was both effective and durable.

534 ● The tensile and thermal properties supported blends' actual application.

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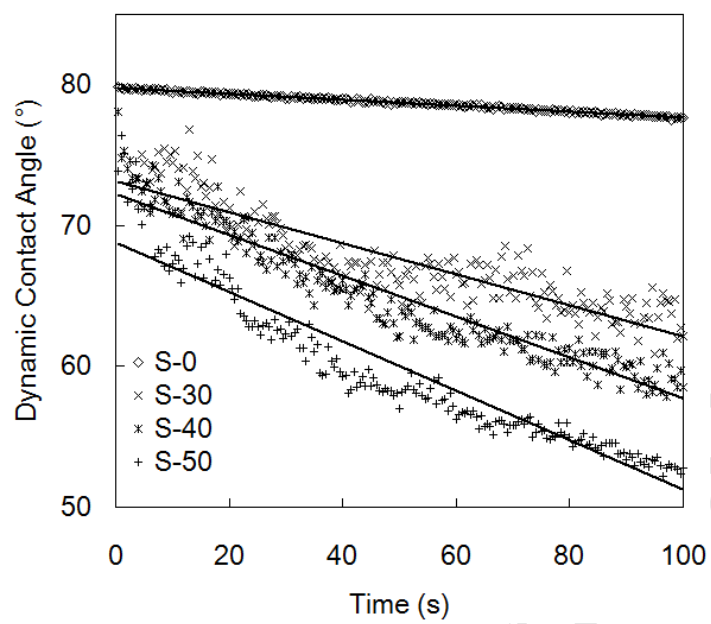


Fig. 1 The dynamic contact angles of PLA/starch blend materials

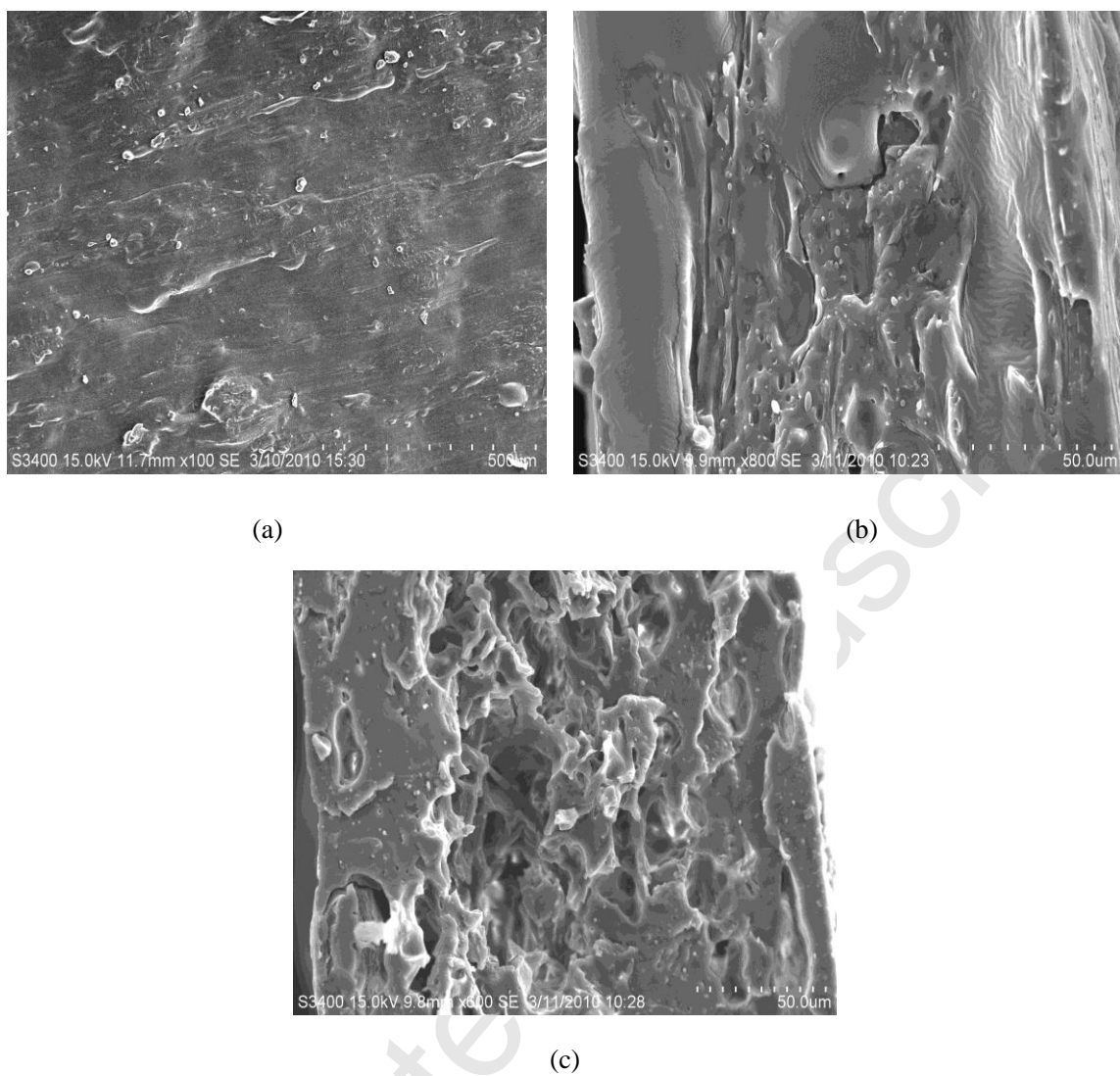


Fig. 2 The morphologies of the surface and fracture of PLA/starch/chitosan antimicrobial materials (S-40/5) before and after releasing:(a) is the surface before releasing; (b) is the fracture before releasing; and (c) is the fracture after releasing.

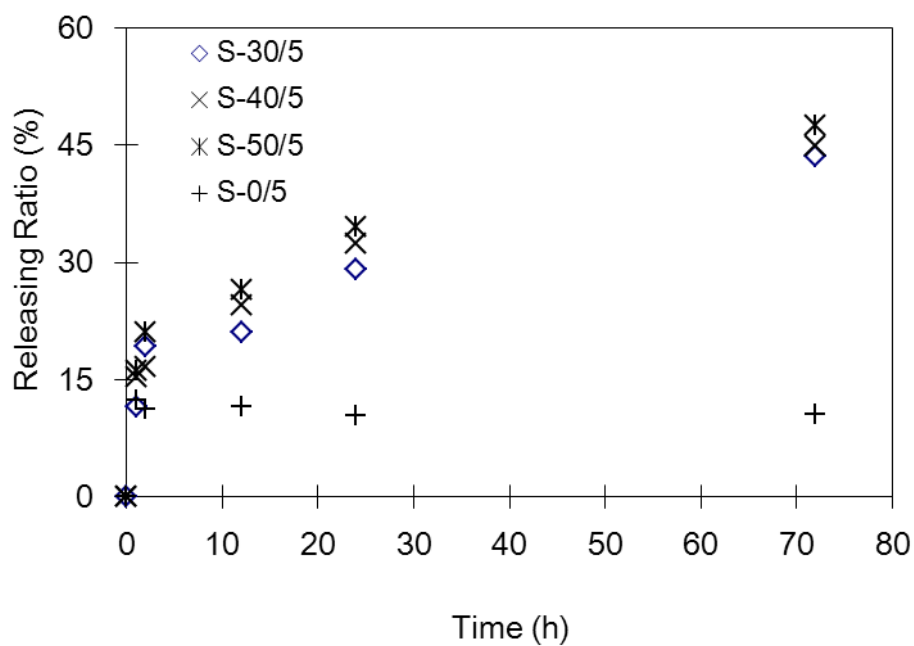


Fig. 3 The chitosan releasing ratio in starch/PLA antimicrobial materials as a function of time (for S-30/5, the standard deviations are  $\leq 9\%$  of the experimental value; for S-40/5,  $\leq 10\%$ ; for S-50/5,  $\leq 8\%$ ; for S-0/5,  $\leq 20\%$ ).

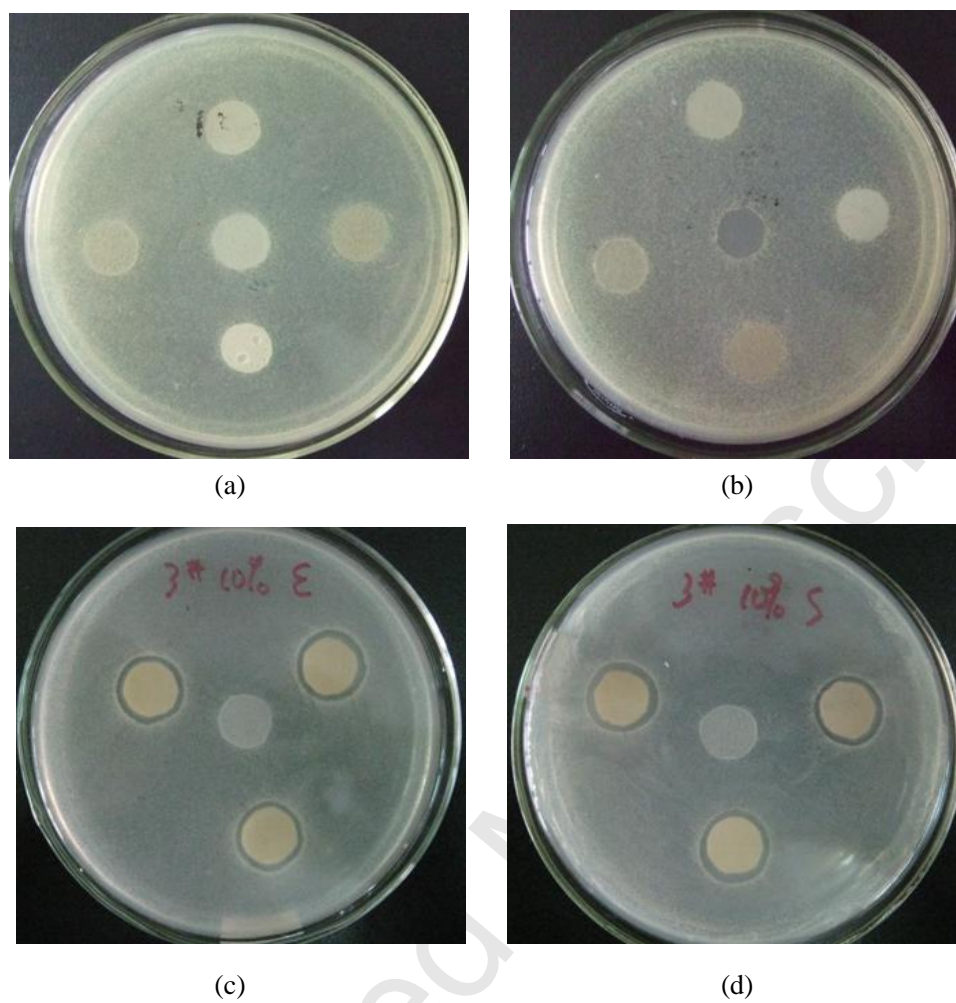


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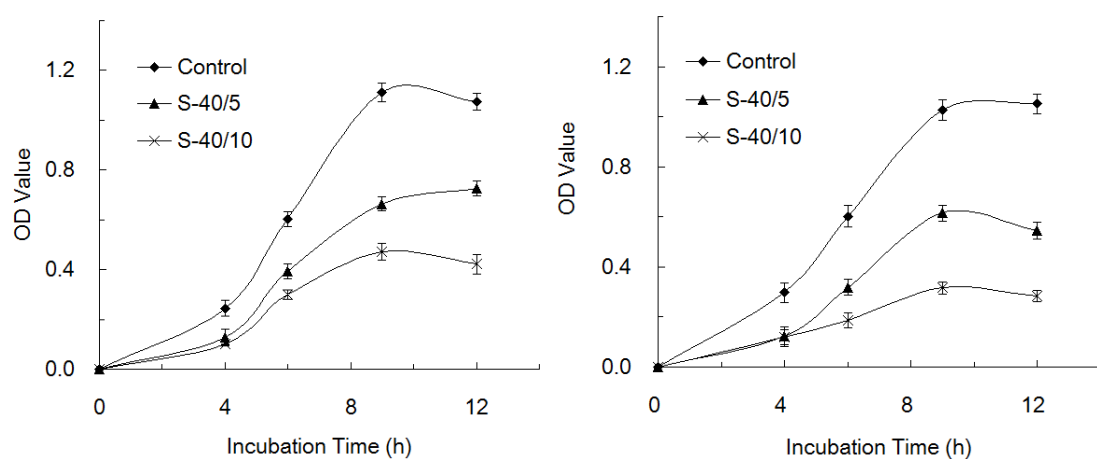


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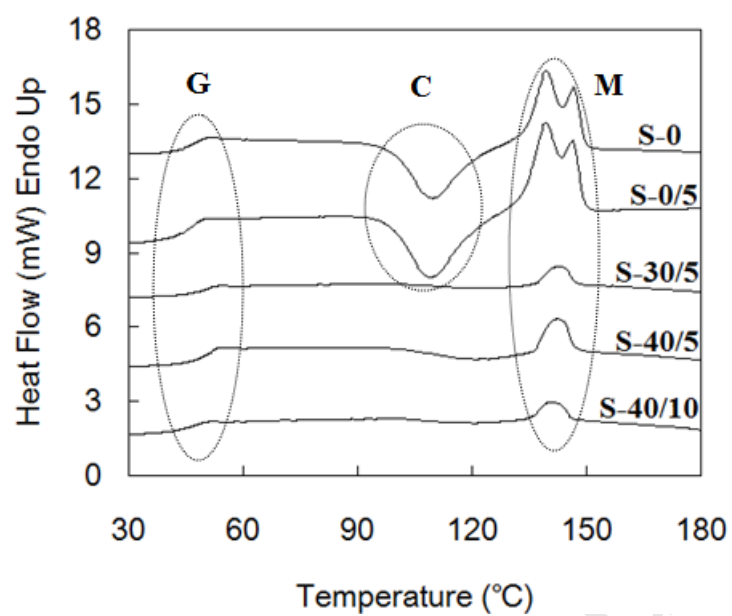


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