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Donald Trump's contribution to the study of politics and the life sciences

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Abstract

If the life sciences are to have much to say about politics, there needs to be a universal element to political orientations. In this essay, I argue that the recent prominence of nativist, law-and-order, populist politicians reveals the nature of this universal element. All social units have to address bedrock dilemmas about how to deal with norm violators and how welcoming to be to outsiders as well as to proponents of new lifestyles. Might differences on these core dilemmas be the universal element of political life? Using the followers of one of the most prominent examples of a nativist political leader—Donald Trump—as an example, I present data showing that Trump's most earnest followers are different from others—even those who share their general ideological leanings—not on traditional economic or social issues, but rather on the group-based security issues that grow out of the bedrock dilemmas of social life.

Keywords: bedrock dilemmas; Donald Trump; insiders; immigrants; authoritarianism; negativity bias

Social scientists who resist the application of biological principles to politics frequently do so because they believe that politics is uniquely human and entirely attributable to the specific, highly variable environmental circumstances existing in a given place at a given time (see, e.g., Charney, 2008). In such a view, politics is comprehensible not by drawing on evolutionary or biological principles that have shaped psychological and physiological predispositions, but by acquiring a detailed understanding of the relevant societal nuances of that particular locale and era—perhaps the writings of an influential political theorist, perhaps the actions of a bellicose neighboring polity, or perhaps the fallout from a devastating natural disaster. At first blush, the evidence seems to support the “all politics is idiosyncratic” school of thought. After all, the politics of ancient Egypt seems to share little with the politics of modern France, just as the politics of modern Canadian Inuit communities seems totally unrelated to the politics of Aristotelean Athens.

On the other hand, despite wide variation in the issues of the day that confront different polities at different times, clear commonalities occasionally show through, thereby increasing the odds that deeper psychological and physiological differences could be in evidence across cultures. One of the best recent illustrations of parallel politics is the widespread salience and often success of a strikingly similar type of political movement across wildly diverse political contexts. This type of movement champions anti-immigrant, nativist sentiments along with related policy positions, and it tends to be led by tough-talking populist politicians who insist on putting their country first. Owing to the United States' position in the

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world, Donald Trump's dizzying rise to power in 2016 has received the most attention, but scores of political figures around the world are cut from remarkably similar political cloth, have inspired remarkably similar political followers, and have generated remarkably similar opposition.

The virtually interchangeable nature of the language and actions of Rodrigo Duterte in the Philippines, Jarosław Kaczyński in Poland, Narendra Modi in India, Viktor Orbán in Hungary, Giorgia Meloni in Italy, Recep Tayyip Erdoğan in Turkey, Marine Le Pen in France, Jair Bolsonaro in Brazil, Geert Wilders in the Netherlands, Makoto Sakurai in Japan, Vladimir Putin in Russia, Pauline Hanson in Australia, Benjamin Netanyahu in Israel, and Jimmie Åkesson in Sweden are impossible to write off as coincidental. Earlier incarnations of this same political approach can be found in individuals such as Francisco Franco in Spain, Oswald Mosley in Britain, Robey Leibbrandt in South Africa, Nicolás Rodríguez Carrasco in Mexico, Fumimaro Konoe in Japan, and Andrew Jackson, Charles Lindbergh, and George Wallace in the United States. Opposition to all these individuals and the movements they led has also been notably similar around the world and across time. How can this similarity be explained if politics is merely skin deep and context dependent?

Those who claim that evolutionary biology imprints people's political orientations regardless of setting expect there to be some degree of political commonality, even though the nature of this commonality is sometimes challenging to discern. Seen in this light, the recurring, perhaps timeless, struggle between nativists and their left-of-center opponents could offer valuable clues to the psychological and even physiological factors that divide political systems everywhere. In other words, whatever might be thought of the political positions advocated by the leaders listed in the previous paragraph, their widespread presence could afford an opportunity to delineate the forces underlying political conflict in social units around the world. It just may be that uncovering the specific appeal of a leader such as Donald Trump will reveal the biological and deep psychological forces that animate—and often polarize—politics everywhere and always.

In this essay, I suggest that the deeper motivation of intense supporters of Donald Trump serves as a window into the deeper, universal nature of politics. But what exactly is this motivation? As it turns out, the motivations of Trump's base are frequently misunderstood. I first focus on two popular accounts of the biological/psychological bases of Trump support that do not seem to hold up and then turn to the explanation that is more consistent with casual observation as well as systematic data.

Do variations in authoritarianism explain the left-right divide?

The first frequently asserted but erroneous account of the psychological/biological roots of the Trump movement is that people who are predisposed to authoritarianism are also attracted to leaders such as Donald Trump. Authoritarians prefer “blind submission to authority” or “obedience over liberty” (Norris & Inglehart, 2019, p. 69), and at least since the 1950s (Adorno et al., 1950), this desire to obey authority and to have authority obeyed has been associated with status quo rightists. Claims of an authoritarian-conservative connection were popularized by the work of Robert Altemeyer (1981, 1988). In fact, Altemeyer probably took things a step too far by baking conservatism into his conceptualization and measurement of an authoritarian, as his preferred label—“right-wing authoritarian” (RWA)—implies. RWA items such as “You have to admire those who challenged the law by protesting for women's abortion rights, for animal rights, or to abolish school prayer” do not so much tap who is and who is not authoritarian as who is and who is not conservative on hot-button social issues such as abortion and school prayer. By attaching authoritarian attitudes to particular political beliefs, authoritarianism is assured of being related to political ideology, just as this relationship is assured of being tautological and largely meaningless.

To make matters worse, the behavioral tendencies of Donald Trump and similar nativists around the world have encouraged scholars and pundits to dredge up the older literature on authoritarianism in order to apply the label to Trump's most dedicated followers. A few of the many works making such a claim include “Trump's America and the Rise of the Authoritarian Personality” (Linden, 2017); “The

Rise of Trump: America's Authoritarian Spring" (MacWilliams, 2016); "Group-Based Dominance and Authoritarian Aggression Predict Support for Donald Trump" (Womick et al., 2018); "The Rise of American Authoritarianism" (Taub, 2016); and "Authoritarian Nightmare: Trump and His Followers" (Dean & Altemeyer, 2020).

Why are these claims mistaken? To begin anecdotally, Trump's most ardent followers—the ones who stormed the U.S. Capitol on January 6, 2021, and the ones who wanted to tar, feather, and perhaps kill authority figures such as Anthony Fauci, Mike Pence, and Gretchen Whitmer—hardly appear to be authoritarians. In fact, they recoil in the presence of authority. They physically attack rather than adopt a respectful and subservient posture toward police officers and government officials. Many of those who venerate Trump, it would seem, do not value obedience over liberty; if anything, they value liberty over obedience. As has been noted elsewhere, they are much closer to being anti-authoritarians than authoritarians (Lutjen, 2022).

Systematic evidence comes to the same conclusion. The best empirical studies find little evidence of a link between Trump supporters and authoritarianism. Drawing on a large national survey conducted in 2017, a team of psychologists led by Steven Ludeke found no relationship between Trump support and either authoritarian submission or conventionalism. In fact, the signs of the relationships were in the opposite direction—and in some cases significantly so, suggesting that, if anything, Trump supporters were *less* authoritarian (Ludeke et al., 2018). A second study, this one led by Jake Womick and based on three separate surveys, confirmed Ludeke et al.'s conclusion that there is no relationship between Trump support and either authoritarian submission or conventionalism (Womick et al., 2018).

In a related vein, a national survey conducted for me in 2019 reveals how contingent the desire for authority is (Hibbing, 2020). It showed that Trump supporters only favor authority figures if those authority figures are committed to pursuing a particular set of policies—and, as will be described in detail shortly, the pertinent policies are those that protect societal insiders from the threats believed to be posed by outsiders. One of the survey items asked respondents whether they agreed with the following statement: "Our country desperately needs a forceful, mighty leader who will keep us safe from criminal elements and from foreign powers." Just 33% of self-identified liberals agreed with that statement, but fully 84% of those who could be considered members of Trump's base agreed. If we focused only on the result from this single item, it would seem that Trump supporters are indeed authoritarians—after all, they are the ones expressing a desire for "forceful, mighty leaders."

That conclusion would be premature, however. A parallel survey item asked whether respondents agreed that "our country desperately needs a forceful, mighty leader who will help the poor and save the Earth's environment." This focus on helping the poor and saving the environment elicits a radically different attitude toward authoritarian leadership than a focus on keeping us safe from criminals and foreign powers. Liberals suddenly become authoritarians, and Trump supporters cease being authoritarians. Only 35% of Trump supporters want a "forceful, mighty leader" who helps the poor, while 70% of liberals do. Clearly, the key factor is not an indiscriminate desire for a forceful, mighty, authoritarian leader so much as a focused desire for particular policy goals. Trump supporters are hardly authoritarians who favor obedience over liberty regardless of the issues involved.

Do variations in blanket negativity bias explain the left-right divide?

The second, somewhat inaccurate account of the biological underpinnings of the left-right divide that is tempting to apply to the Trump movement is that, compared with people on the political left, those on the right simply are more responsive to negative stimuli generally (for a summary, see Hibbing et al., 2014a). This argument holds that, compared with people on the political left, conservatives are more attuned and responsive to negative stimuli, perhaps because they tend to feel more threatened by them. This notion that there are variations in negativity bias across the ideological spectrum certainly squares with the observation that people on the right often seem more sensitive to disgusting and/or threatening stimuli (Castelli & Cararro, 2011; Dodd et al., 2012; Inbar et al., 2009; Oxley et al., 2008). Donald Trump,

after all, proudly admits to being a “germaphobe” (Adams, 2016; Lippman, 2019), and his followers have been found to score unusually high on measures of “sexual disgust” (Billingsley et al., 2018).

On the other hand, the negativity bias thesis does not always fit. Despite their alleged focus on the negative, individuals on the right are consistently found to be happier than those on the left (Napier & Jost, 2008; Schlenker et al., 2012), they are significantly less, not more, fearful of nearly all stimuli, including natural disasters, clowns, heights, the dark, and the grid collapsing (Hibbing, 2020, pp. 40–42), and they are less, not more, responsive to negative situations such as environmental degradation and the threat posed by COVID-19 (Klein, 2020). None of these results seems consistent with the claim that people on the right are more responsive to the negative aspects of life.

On top of this, a key finding of this research stream—that, compared with people on the left, people on the right display a more noticeable sympathetic nervous system response to negative stimuli, as measured by electrodermal activity—has not replicated well (Bakker et al., 2020; Knoll et al., 2015). This inconsistent replication, in combination with the problems mentioned earlier, raises questions about the broad generalization that people on the political right are more fearful of the negative aspects of life and serves as a caution against applying the negativity bias thesis to a particularly salient group of people on the right: Trump supporters. A reconsideration seems to be in order.

If Trump’s strongest supporters are not authoritarians, and if they do not have a blanket negativity bias, then what does characterize them in terms of a deeper psychological/biological orientation? Some background regarding the human condition will be beneficial in setting the stage for answering this question.

Bedrock dilemmas of social life

All social units, whether they are relatively primitive hunter-gatherer tribes of a few dozen members or massive, technologically sophisticated, highly developed modern nation-states, must resolve certain bedrock dilemmas (see, e.g., Hibbing et al., 2014b), else they would not be able to function. Given that there are distinct and competing ways of solving these various bedrock dilemmas, intrasocietal disputes over how best to address them will inevitably occur, and the recurring, recognizable nature of these disputes gives politics a commonality quite likely traceable to the universal biological factors characterizing *Homo sapiens*.

According to one account, the three bedrock dilemmas that are most foundational to politics are how to deal with in-group norm violators, how open to be toward nontraditional ideas and lifestyles, and how to relate to members of other social units (Hibbing, 2020). Every social entity, regardless of latitude or era, must address these three dilemmas. Moreover, group members’ positions on these dilemmas are likely to follow predictable patterns, thus forming “packages.” Individuals who favor harsh punishment for norm violators also are likely to look askance at new lifestyles and at immigrants from other social groups, just as individuals who want to welcome outsiders are also likely to be open to novel lifestyles and to want to rehabilitate rather than punish norm violators. These logical packages of stances on timeless bedrock dilemmas explain the astounding consistency of what we refer to today as the left-right ideological divide (see Bobbio, 1996; Jost, 2006), with one side of the division welcoming new approaches such as lifestyles involving agriculture and an improved lot for women and the other side championing a more static, militaristic, and traditional approach. Reputable scholars have traced this division not just to post-revolutionary France, but all the way back to Iroquois tribes circa 1,000 CE and even to Neolithic societies in the Mideast more than 10,000 years ago (Graeber & Wengrow, 2021, p. 487). If evidence on intrasocietal divisions were available earlier than the Neolithic period, it would almost certainly reveal the same familiar split between those who feel quite secure in the face of outsiders, norm violators, and new lifestyle devotees and those who feel less secure or even threatened. The particular norms, outgroups, and lifestyles at issue will vary over time and space (e.g., in the United States, Roman Catholics used to be viewed as outsiders, but now they mostly are not; interracial marriage used to be viewed as a

dangerous new lifestyle, but now is mostly accepted), but the division between supporters and opponents of whatever out-groups, norm violators, and new lifestyles are salient is a constant.

If this line of thinking is correct, if what is universal is the core division between supporters of out-groups, norm violators, and new lifestyles and opponents of out-groups, norm violators, and new lifestyles, and if Trump supporters and opponents are emblematic of this core division, then issues concerning outsiders and security should be what fundamentally divides Trump supporters and their opponents. Are they?

What distinguishes Trump's followers?

The issue positions of intense Trump supporters seem to differ in all sorts of ways from the issue positions of others. Of course, if the comparison group is individuals who are well to the left of political center, their issue differences with Trump venerateds will be massive and unsurprising. But the more interesting comparison group consists of those who, like Trump supporters, are self-proclaimed conservatives but who are not part of Trump's base. What are the issues on which ardent Trump supporters differ from their fellow conservatives? Answers can be found using the 2019 U.S. national survey mentioned earlier, which should help us acquire more accurate expectations of the deeper psychological and physiological characteristics that separate people on bedrock dilemmas.

To identify Trump's most impassioned supporters, I used the following item: "Donald Trump is one of the very best presidents in the entire history of our country." Respondents could either strongly disagree, disagree, neither agree nor disagree, agree, or strongly agree with this statement. Note that the item sets a high bar. Agreement requires respondents not just to support Trump or to have voted for him but to place him, presumably along with George Washington and Abraham Lincoln, in the pantheon of "best ever" presidents. Even so, in the summer of 2019, 12% of all respondents agreed with this statement and another 17% strongly agreed. Given that my goal is to identify Trump's most fervent supporters, I classify those who strongly agreed that Trump is one of the best presidents ever as "Trump venerateds" and compare their issue positions with those of conservatives who do not venerate Trump (that is, those who do not think he is one of the best ever).

If the theory described here is correct, the kinds of issues that really distinguish fervid Trump supporters will be those relevant to norm violators, new lifestyles, and protection from the threats posed by outsiders. Differences on standard economic and social issues—issues that have not had the same presence throughout the course of human social life—will not be as noticeable. This hypothesis can be tested by grouping policy issues into three categories—economic, social, and nativist/protectionist—and employing three sample issues for each category. The results are presented in [Table 1](#).

Compared with conservatives who might not be considered part of Trump's base, Trump venerateds, at best, are only marginally more conservative on economic issues. They are very slightly more supportive of lower taxes across the board and small government, and somewhat less supportive of higher taxes on the rich, but none of these differences is statistically significant at traditionally accepted ($p < .05$) levels. Differences are even more muted on social issues such as birth control, abortion, and sex education. In fact, on all these issues, Trump venerateds are actually slightly (but not significantly) less likely than conservatives who do not venerate Trump to adopt the conservative position, but the bottom line is that the differences in stances on social and economic issues tend to be slight and do not distinguish Trump venerateds from other conservatives.

The story is markedly different, however, when attention shifts to nativist/protectionist policies, as it does in the bottom third of the table. Here we find that Trump venerateds are significantly more conservative than non-Trump-venerating conservatives. Even though non-Trump-venerating conservatives are solidly supportive of the death penalty, reducing immigration, and increasing defense spending, Trump venerateds are much more likely to embrace these stances. To be specific, compared to their fellow conservatives, Trump venerateds are 18 points more supportive of the death penalty, 18 points more supportive of reducing immigration, and 26 points more supportive of increasing defense

Table 1. What policy stances distinguish Trump venerator?

	% Agreeing/ <u>NTVCs</u>	% Agreeing/ <u>Trump Venerators</u>	Points More <u>Conservative</u>
<u>Economic policy goals</u>			
Lower taxes for all	80	82	+2
Small government	71	76	+5
Higher taxes on rich	33	24	+9
<u>Social policy goals</u>			
Birth control	51	49	-2
Abortion rights	21	26	-5
Abstinence-only sex education	41	39	-2
<u>Nativist/protectionist policy goals</u>			
Death penalty	61	79	+18*
Reduce immigration	65	83	+18*
Increase defense spending	59	85	+26*

Notes: NTVCs = non-Trump-venerating conservatives; Trump venerator are those strongly agreeing that Trump is one of the “best presidents ever.”

* $p < .05$. $N = 187$ NTVCs, 170 Trump venerator.

Source: 2019 YouGov survey of a demographically representative sample of U.S. adults.

spending. Consistent with the hypothesis I am advancing, what really distinguishes Trump’s most avid supporters is not their positions on socioeconomic policies but rather their positions on issues that involve in-groups, out-groups, and security from other human beings, especially those human beings who are different from the in-group.

Trump’s politics promise to protect insiders—white, straight, Christian, English-speaking, pledge-reciting Americans—from the threats that he and his followers believe are posed by outsiders—non-heterosexual, non-Christian, non-White, non-anthem-respecting, non-law-abiding, non-Americans. These security, preserve-the-core, identity, in-group/out-group issues are the ones on which Trump’s base differs from the rest of American society—even from many self-identified conservatives (see Table 1). Issues of economic distribution and social behavior are less likely to differentiate—though note that the line between socioeconomic issues on the one hand and nativist/security issues on the other is not always well defined. Some social issues (think trans rights) and economic issues (think distributing government benefits to recent immigrants) are clearly relevant to defending the traditional insider societal core against the intrusions of outsiders and new lifestyles.

The predisposition that undergirds Trump’s base is not a blanket desire for a strong leader—in fact, many Trump supporters worry deeply about centralized power and authority—and it is not a blanket fear of the negative aspects of life—in fact, many Trump supporters are quite sanguine about some negative events such as pandemics and environmental degradation. Rather, the distinguishing predisposition is a desire for their social unit to be homogeneous, united, strong, impervious to outsiders, and well defended against the threats posed by human beings who are outsiders, different, novel, and not beholden to the in-group’s traditional norms, mores, customs, and laws.

A tale of three studies

How did the extensive literatures connecting Trump’s base to authoritarianism and to blanket negativity bias go wrong? With regard to authoritarianism, the explanation is fairly straightforward. Trump and

other leaders of his ilk have clear authoritarian tendencies, including a willingness to abuse the judicial system, to constrain the media, to challenge free and fair elections, and to encourage the military to become politically active, so it was natural to assume that the followers of these leaders must crave authoritarianism. Upon further review, it is clear that the followers of these leaders are actually averse to all authority except that which happens to share their policy biases.

With regard to blanket negativity biases, the explanation is more involved, but it can be told by reference to three studies that were conducted in our lab. The first study employed something called the “face-in-the-crowd” paradigm (Mills et al., 2014). It works like this: Research participants are shown a computer screen with a large number of small images—perhaps 40 of them—arranged in a grid. With one exception, these images are all of the same thing and that is a human face with a neutral expression. The exception is that in one of the images, the person’s face has a non-neutral expression. In some iterations, this “oddball” expression is angry, and in others, it is happy. Each participant sees dozens of these screens and each time is tasked with hitting the space bar as soon as the oddball expression is spotted. One consistent finding of research employing this protocol is that, on average, participants are faster to hit the space bar when the oddball expression is angry than when it is happy, presumably because from an evolutionary point of view, being able to quickly spot angry people facilitates survival in a way that rapid identification of happy faces does not. Still, there is substantial variation around this average tendency, with some participants being much quicker to spot angry rather than happy faces and others being about the same speed. We wondered what might account for this variation and found a strong correlation with political orientation. Those participants who endorsed a standard array of right-of-center issue positions turned out to be much faster to identify angry faces relative to happy faces than were those participants who preferred left-of-center policy positions.

The second study employed a device known as an eye-tracker that measures precisely where a person’s eyes are looking and thus is an indicator of directed attention. For each participant and for dozens of iterations, we placed four very different smaller images on a computer screen, with each taking up exactly one-fourth of the screen (Dodd et al., 2012). Some of these sub-images (beach balls, birthday cakes, people having fun, etc.) previously had been rated positively by a separate group of raters, and some of the images (used toilets, people in distress, wrecked cars, etc.) had been rated negatively by those same raters. We were curious to know whether people devoted more attention to (that is, whether their eyes “dwelled” longer on) the negative than the positive images and found out that they did. But our real interest was in whether, compared to participants with left-of-center policy preferences, participants on the political right were more likely to direct their attention to the negative images, and the evidence indicates that this was indeed the case.

The third study took things a step further and, in retrospect, perhaps a step too far. This study employed a device capable of measuring electrodermal activity (EDA), which is the best and most frequently employed indicator of the sympathetic nervous system—colloquially known as the “fight-or-flight”—response (Oxley et al., 2008). We showed people positive and negative images one at a time and recorded the degree to which their EDA changed when viewing each image. Our results indicated that although participants with left-of-center political preferences tended to respond physiologically nearly as much to the positive as to the negative images, participants with right-of-center political preferences tended to have significantly larger EDA responses to the negative than to the positive images.

At first blush, these three studies seem quite similar in that they all are consistent with the notion that conservatives have more of a negativity bias: they spot negative faces more quickly, they spend more time attending to negative images, and they have a larger “fight of flight” response to negative images, suggesting that they are more fearful of negative stimuli. Upon closer inspection, however, each study indicates something quite different and revealing. The results of the first two studies encourage the conclusion that conservatives are particularly attuned and attentive to negative images such as angry facial expressions. Note that these results do not mean there is a fear response attached, as it is possible to be attentive without being fearful, and in fact this is quite likely the type of response that conservatives display. It is only the third study that claims to find an actual fear response, and, as mentioned previously, the findings reported in this study have not been replicated consistently.

Integrating the findings of these three studies and their follow-ups raises the distinct possibility that what really distinguishes conservatives is not that they have a blanket fear response to anything negative, but only that they are more attuned and attentive to negative stimuli without necessarily being fearful. Rather than engaging in fight or flight, the response instead appears to be to engage in sight and might—to attend and deter rather than to fear and flee.

These studies were all done prior to the political rise of Donald Trump but if they had been conducted later and had attempted to distinguish Trump supporters from non-Trump supporters (rather than generic conservatives from generic liberals), I hypothesize that, pursuant to the face-in-the-crowd study, Trump supporters would be significantly quicker to spot angry faces (and think of how much quicker they would have been if the person with the angry expression was an obvious outsider, perhaps a person with a turban). I further hypothesize that, pursuant to the eye-tracking study, Trump supporters would be more likely than non-Trump supporters to attend to negative images and that this difference would be even starker if the negative images depicted human-induced societal turmoil (e.g., gang violence rather than hurricane damage). With regard to the study on physiological response, however, consistent with the replication findings on conservatives generally, I hypothesize that Trump supporters would not give evidence of a greater fear (EDA) response, perhaps even to threatening outsiders, because much of what drives Trump supporters is not an outright fear of outsiders (though some Trump supporters are clearly threatened) but rather a sense that outsiders simply do not belong and must be detected and attended to.

The theory here is that the physiological study is not replicating because conservatives, and especially Trump supporters, do not have a fight-or-flight sympathetic nervous response to negative stimuli generally and perhaps even to outsider human beings in threatening postures. They are simply keenly aware of and attentive to outsiders. Wariness does not have to include fear. Given that EDA resulting from periods of intense concentration or vigilance has been found to be quite different from EDA resulting from fearful or threatening situations, it is also a mistake to assume that, just because EDA tends to increase under threat, it will increase when participants are paying attention and being vigilant (Davies & Parasuraman, 1982). If I am correct that conservatives, and especially Trump venerator, concentrate intently on outsiders, there may be little reason to expect EDA to go up, and this is precisely what the totality of the literature suggests.

In sum, rather than exposing generically conservative individuals to generically negative images and expecting a generically heightened response, research would be more productive if it instead specified a key type of conservative (fervid Trump supporters), exposed them to a particular type of negative image (one that involved human outsiders), and expected a specific and narrow response (one that involved directed attention rather than a sympathetic nervous system response).

Erstwhile Fox News personality and denizen of the political right Tucker Carlson once said, “The U.S. has too many new people. It doesn’t matter whether they’re good people or bad people. They’re strangers and there are too many of them” (Carlson, 2023). The sentiment Carlson expresses is revealing and puzzling to those on the political left, who assume that Trump supporters must want to cut outsiders out of American society because they fear or hate outsiders. To be sure, some Trump supporters are driven by fear and hatred of outsiders, but many more are driven simply by a deeply ingrained preference for a society that is dominated by insiders who are well protected from challengers. As Michelle Malkin, another right-of-center personality, stated, “Diversity is not our strength; unity is” (Malkin, 2019). Research on the motivations of Trump’s intense supporters would benefit from incorporating this observation.

Conclusion

Societal divisions between what could be described as a political right and a political left are so universal and harmful that if we are to come to grips with the underlying nature of politics, scholars need to explain what is at the core of this timeless division. The recent prominence of nativist, traditionalist, populist, law-and-order politicians and parties holds the key to understanding this timeless division. These parties

and politicians highlight the centrality of issues focusing on identity, security, and groups—issues that I argue reflect the key bedrock dilemmas of human social life in a way that issues such as taxation, center-periphery relations, and even abortion policies do not.

The evidence I marshal here draws only on the fervent supporters of a single nativist politician, former U.S. president Donald Trump, so my claim that the followers of Trump-like politicians around the world are similar must be regarded as speculative; still, the resemblance in rhetoric and issues stressed is so obvious that I am confident the eventual evidence will support this speculation. The goals of all these movements and politicians is vigilance-provided security for insiders in the face of threats posed by outsiders.

What underpins the distinction between the right and the left around the world is not support for a social welfare net, a desire for authoritarian leadership, or different degrees of a blanket negativity biases, but rather distinct attitudes toward outsiders, norm violators, and supporters of new lifestyles. One side of the core divide wants to embrace outsiders, nurture norm violators, and welcome those practicing new lifestyles; the other side wants to turn outsiders away, punish norm violators, and discourage new lifestyles. This is true of the divide in the United States between supporters and opponents of Donald Trump, and it is likely true of the divide in India, Brazil, Hungary, Italy, Australia, and elsewhere. To encourage diversity or to promote unity—that is the fundamental political question, now and always. Trump did not create this division, but he did make it apparent, and students of politics and the life sciences should take advantage of the fact that the unifying thread of all politics is now revealed.

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